

# November 2018

| Sunday  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday  |
|---|--|---|--|---|--|---|
| <p><b>A</b> - Artisans<br/> <b>CC</b> - Community Connections<br/> <b>CC</b> - Creative Cooking<br/> <b>G</b> - Gathering of Friends<br/> <b>GC</b> - Group Games<br/> <b>I</b> - Inspirations<br/> <b>K</b> - Keeping it Sharp/Reminisce<br/> <b>L</b> - Lifelong Learning<br/> <b>MM</b> - Mindful Moments<br/> <b>M</b> - Music to My Ears<br/> <b>O</b> - Out &amp; About</p> | <p>Your local Ombudsman is Terry Holz; phone 574-722-4451</p> <p>To view the newsletter &amp; Calendar go to:<br/> <a href="http://www.woodbridgehc.com">www.woodbridgehc.com</a></p>  | <p>** Please sign up in the activity room for outings**</p>   |  | <p><b>1</b><br/> <b>K 9:30</b> Reminiscing with Nancy (ACT)<br/> <b>V 9:30</b> Zumba Gold (TS)<br/> <b>GC 11:00</b> Carey Services passing popcorn<br/> <b>L 2:00</b> Trivia (ACT)<br/> <b>K 6:30</b> Bingo (AL)</p>            | <p><b>2</b><br/> <b>K 9:00</b> Fancy Nails (TS)<br/> <b>S 10:00</b> Chef's Circle<br/> <b>O 1:30</b> Fun Drive***<br/> <b>GC 2:00</b> K-9 Times (AL)<br/> <b>S 3:30</b> Happy Hour with Brad Bahler</p>    | <p><b>3</b><br/> <b>MM 9:30</b> Themed Sensations (TS)<br/> <b>K 10:00</b> Trivia (HC LR)<br/> <b>K 2:00</b> Super Saturday Bingo (HC)</p>            |
| <p><b>4 Daylight Savings Ends</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/> <b>S 11:30</b> Sunday Brunch<br/> <b>I 1:30</b> Anoka Methodist Church (AL)<br/> <b>A 2:30</b> Craft Corner (ACT)</p>   | <p><b>5</b><br/> <b>V 9:30</b> Zumba Gold (TS)<br/> <b>I 10:00</b> Devotions for the Heart (LR)<br/> <b>O 1:30</b> Wal-Mart Shopping**</p>   | <p><b>6 Election Day</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/> <b>I 10:00</b> Hymn Singing with Stan (LR)<br/> <b>CC 1:30</b> "Granny's Kitchen" (ACT)<br/> <b>K 2:30</b> Court Yard Visits<br/> <b>K 6:30</b> Bingo (AL)</p> | <p><b>7</b><br/> <b>V 9:30</b> Zumba Gold (TS)<br/> <b>M 10:00</b> "Name That Tune"-ACT<br/> <b>GC 11:30</b> R.O.M.E.O club ** to Peru<br/> <b>I 1:30</b> Rosary with Mike (LR)<br/> <b>A 1:30</b> Craft Corner (ACT)<br/> <b>CC 2:00</b> Hymn Singing with Viaquest</p> | <p><b>8</b><br/> <b>V 9:30</b> Zumba Gold (TS)<br/> <b>GC 11:00</b> Carey Services passing popcorn<br/> <b>S 1:00</b> Inspired Living Committee(ACT)<br/> <b>L 2:00</b> Trivia (ACT)<br/> <b>K 6:30</b> Bingo (AL)</p>          | <p><b>9</b><br/> <b>K 9:00</b> Fancy Nails (TS)<br/> <b>S 10:00</b> Chef's Circle<br/> <b>M 10:30</b> Harp Therapy<br/> <b>O 1:30</b> Fun Drive***<br/> <b>S 3:30</b> Happy Hour with Tracey</p>           | <p><b>10</b><br/> <b>V 9:30</b> Zumba Gold (TS)<br/> <b>K 10:00</b> Card Club (TS)<br/> <b>K 2:00</b> Super Saturday Bingo (HC)</p>                   |
| <p><b>11 Veterans Day</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/> <b>I 1:30</b> First United Methodist Church (AL)<br/> <b>A 2:30</b> Craft Corner (ACT)</p>  | <p><b>12</b><br/> <b>V 9:30</b> Zumba Gold (TS)<br/> <b>I 10:00</b> Devotions for the Heart (LR)<br/> <b>G 1:30</b> Movie Time "Titanic" (HC LR)</p>   | <p><b>13</b><br/> <b>V 9:30</b> Zumba Gold (TS)<br/> <b>I 10:00</b> Hymn Singing with Stan (LR)<br/> <b>CC 1:30</b> "Granny's Kitchen" (ACT)<br/> <b>K 2:30</b> Court Yard Visits<br/> <b>K 6:30</b> Bingo (AL)</p>               | <p><b>14</b><br/> <b>V 9:30</b> Zumba Gold (TS)<br/> <b>M 10:00</b> "Name That Tune"-ACT<br/> <b>G 11:30</b> Glamour Girls Club**<br/> <b>I 1:30</b> Rosary with Mike (LR)<br/> <b>M 2:00</b> Jj Brooks</p>  | <p><b>15</b><br/> <b>K 9:30</b> Reminiscing with Nancy (ACT)<br/> <b>V 9:30</b> Zumba Gold (TS)<br/> <b>GC 11:00</b> Carey Services passing popcorn<br/> <b>L 2:00</b> Trivia (ACT)<br/> <b>K 6:30</b> Bingo (AL)</p>           | <p><b>16</b><br/> <b>K 9:00</b> Fancy Nails (TS)<br/> <b>S 10:00</b> Chef's Circle<br/> <b>O 1:30</b> Fun Drive***<br/> <b>S 3:30</b> Happy Hour with Roy</p>  | <p><b>17</b><br/> <b>MM 9:30</b> Themed Sensations (TS)<br/> <b>K 10:00</b> Life Share Games (HC LR)<br/> <b>K 2:00</b> Super Saturday Bingo (HC)</p> |
| <p><b>18</b><br/> <b>V 9:30</b> Zumba Gold (TS)<br/> <b>I 1:30</b> Hillcrest Baptist Church (AL)<br/> <b>A 2:30</b> Craft Corner (ACT)</p>  | <p><b>19</b><br/> <b>V 9:30</b> Zumba Gold (TS)<br/> <b>I 10:00</b> Devotions for the Heart (LR)<br/> <b>O 1:00</b> Therapy Outing**<br/> <b>M 1:30</b> Bell Choir (HC LR)<br/> <b>I 2:00</b> Catholic Mass (RD)</p>                                 | <p><b>20</b><br/> <b>V 9:30</b> Zumba Gold (TS)<br/> <b>I 10:00</b> Hymn Singing with Stan (LR)<br/> <b>CC 1:30</b> "Granny's Kitchen" (ACT)<br/> <b>K 2:30</b> Court Yard Visits<br/> <b>K 6:30</b> Bingo (AL)</p>               | <p><b>21</b><br/> <b>V 9:30</b> Zumba Gold (TS)<br/> <b>M 10:00</b> "Name That Tune"-ACT<br/> <b>V 10:30</b> Hand Massages (LR)<br/> <b>I 1:30</b> Rosary with Mike (LR)<br/> <b>A 1:30</b> Craft Corner (ACT)</p>   | <p><b>22 Thanksgiving</b><br/> <b>K 10:00</b> Bingo (AL)<br/> <b>G 2:00</b> Movie Time " Charlie Brown Thanksgiving" (HC LR)</p>  | <p><b>23</b><br/> <b>K 9:00</b> Fancy Nails (TS)<br/> <b>S 10:00</b> Chef's Circle<br/> <b>M 10:30</b> Harp Therapy<br/> <b>O 1:30</b> Fun Drive***<br/> <b>S 3:30</b> Happy Hour with Donna Shaw (AL)</p> | <p><b>24</b><br/> <b>K 10:00</b> Trivia (HC LR)<br/> <b>K 2:00</b> Super Saturday Bingo (HC)</p>  |
| <p><b>25</b><br/> <b>V 9:30</b> Zumba Gold (TS)<br/> <b>A 2:30</b> Craft Corner (ACT)<br/> <b>I 2:45</b> Churchwomen United (AL)</p>  | <p><b>26</b><br/> <b>V 9:30</b> Zumba Gold (TS)<br/> <b>I 10:00</b> Devotions for the Heart (LR)<br/> <b>O 1:30</b> Dollar Store Shopping<br/> <b>S 2:00</b> Resident Council Meeting (AL) ACT<br/> <b>M 3:30</b> Music w/ Ann &amp; Deanna (AL)</p> | <p><b>27</b><br/> <b>V 9:30</b> Zumba Gold (TS)<br/> <b>I 10:00</b> Hymn Singing with Stan (LR)<br/> <b>CC 1:30</b> "Granny's Kitchen" (ACT)<br/> <b>K 2:30</b> Court Yard Visits<br/> <b>K 6:30</b> Bingo (AL)</p>               | <p><b>28</b><br/> <b>V 9:30</b> Zumba Gold (TS)<br/> <b>M 10:00</b> "Name That Tune"-ACT<br/> <b>M 1:30</b> Bell Choir (HC LR)<br/> <b>I 1:30</b> Rosary with Mike (LR)</p>  | <p><b>29</b><br/> <b>K 9:30</b> Reminiscing with Nancy (ACT)<br/> <b>V 9:30</b> Zumba Gold (TS)<br/> <b>GC 11:00</b> Carey Services passing popcorn<br/> <b>G 2:00</b> Bingo Shopping (HC LR)<br/> <b>K 6:30</b> Bingo (AL)</p> | <p><b>30</b><br/> <b>K 9:00</b> Fancy Nails (TS)<br/> <b>S 10:00</b> Chef's Circle<br/> <b>O 1:30</b> Fun Drive***<br/> <b>S 3:30</b> Happy Hour with Gilbert</p>  |   |

# November 2018

| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday   |
|---|--|--|---|--|--|--|
| <p><b>A</b> - Artisans<br/><b>CC</b> - Community Connections<br/><b>CC</b> - Creative Cooking<br/><b>G</b> - Gathering of Friends<br/><b>GC</b> - Group Games<br/><b>I</b> - Inspirations<br/><b>K</b> - Keeping it Sharp/Reminisce<br/><b>L</b> - Lifelong Learning<br/><b>MM</b> - Mindful Moments<br/><b>M</b> - Music to My Ears<br/><b>O</b> - Out &amp; About</p> | <p>Your local Ombudsman is Terry Holz-phone 574-722-4451.</p> <p>To view the newsletter &amp; calendar on line:www.woodbridgehc.com</p>  | <p>** Please sign up in the Activity room for outings**</p>  |   | <p><b>1</b></p> <p><b>K 9:30</b> Reminiscing with Nancy (ACT)<br/><b>V 9:30</b> Zumba Gold (TS)<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>GC 11:00</b> Carey Services passing popcorn<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>L 2:00</b> Trivia (ACT)</p>            | <p><b>2</b></p> <p><b>K 9:00</b> Fancy Nails (TS)<br/><b>S 10:00</b> Chef's Circle<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>O 1:30</b> Fun Drive***<br/><b>GC 2:00</b> K-9 Times (AL)<br/><b>S 3:30</b> Happy Hour with Brad Bahler</p>    | <p><b>3</b></p> <p><b>MM 9:30</b> Themed Sensations (TS)<br/><b>K 10:00</b> Trivia (HC LR)<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>K 2:00</b> Super Saturday Bingo (HC)</p> |
| <p><b>4 Daylight Savings Ends</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>S 11:30</b> Sunday Brunch<br/><b>I 1:30</b> Anoka Methodist Church (AL)<br/><b>A 2:30</b> Craft Corner (ACT)</p>  | <p><b>5</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/><b>I 10:00</b> Devotions for the Heart (LR)<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>O 1:30</b> Wal-Mart Shopping**</p>   | <p><b>6 Election Day</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/><b>I 10:00</b> Hymn Singing with Stan (LR)<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>CC 1:30</b> "Granny's Kitchen" (ACT)<br/><b>K 2:30</b> Court Yard Visits</p> | <p><b>7</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/><b>M 10:00</b> "Name That Tune"-ACT<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>GC 11:30</b> R.O.M.E.O club ** to Peru<br/><b>I 1:30</b> Rosary with Mike (LR)<br/><b>A 1:30</b> Craft Corner (ACT)</p>   | <p><b>8</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>GC 11:00</b> Carey Services passing popcorn<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>S 1:00</b> Inspired Living Committee(ACT)<br/><b>L 2:00</b> Trivia (ACT)</p>          | <p><b>9</b></p> <p><b>K 9:00</b> Fancy Nails (TS)<br/><b>S 10:00</b> Chef's Circle<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>M 10:30</b> Harp Therapy<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>O 1:30</b> Fun Drive***<br/><b>S 3:30</b> Happy Hour with Tracey</p>           | <p><b>10</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/><b>K 10:00</b> Card Club (TS)<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>K 2:00</b> Super Saturday Bingo (HC)</p>        |
| <p><b>11 Veterans Day</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>I 1:30</b> First United Methodist Church (AL)<br/><b>A 2:30</b> Craft Corner (ACT)</p>  | <p><b>12</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/><b>I 10:00</b> Devotions for the Heart (LR)<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>G 1:30</b> Movie Time "Titanic" (HC LR)</p>   | <p><b>13</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/><b>I 10:00</b> Hymn Singing with Stan (LR)<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>CC 1:30</b> "Granny's Kitchen" (ACT)<br/><b>K 2:30</b> Court Yard Visits</p>             | <p><b>14</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/><b>M 10:00</b> "Name That Tune"-ACT<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>G 11:30</b> Glamour Girls Club**<br/><b>I 1:30</b> Rosary with Mike (LR)<br/><b>M 2:00</b> Jj Brooks</p>                 | <p><b>15</b></p> <p><b>K 9:30</b> Reminiscing with Nancy (ACT)<br/><b>V 9:30</b> Zumba Gold (TS)<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>GC 11:00</b> Carey Services passing popcorn<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>L 2:00</b> Trivia (ACT)</p>           | <p><b>16</b></p> <p><b>K 9:00</b> Fancy Nails (TS)<br/><b>S 10:00</b> Chef's Circle<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>O 1:30</b> Fun Drive***<br/><b>S 3:30</b> Happy Hour with Roy</p>   | <p><b>17</b></p> <p><b>MM 9:30</b> Themed Sensations (TS)<br/><b>K 10:00</b> Life Share Games (HC LR)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>K 2:00</b> Super Saturday Bingo (HC)</p>                                 |
| <p><b>18</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>I 1:30</b> Hillcrest Baptist Church (AL)<br/><b>A 2:30</b> Craft Corner (ACT)</p>  | <p><b>19</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/><b>I 10:00</b> Devotions for the Heart (LR)<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>O 1:00</b> Therapy Outing**<br/><b>M 1:30</b> Bell Choir (HC LR)<br/><b>I 2:00</b> Catholic Mass (RD)</p> | <p><b>20</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/><b>I 10:00</b> Hymn Singing with Stan (LR)<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>CC 1:30</b> "Granny's Kitchen" (ACT)<br/><b>K 2:30</b> Court Yard Visits</p>             | <p><b>21</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/><b>M 10:00</b> "Name That Tune"-ACT<br/><b>V 10:30</b> Hand Massages (LR)<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>I 1:30</b> Rosary with Mike (LR)<br/><b>A 1:30</b> Craft Corner (ACT)</p>          | <p><b>22 Thanksgiving</b></p> <p><b>K 10:00</b> Bingo (AL)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>G 2:00</b> Movie Time " Charlie Brown Thanksgiving" (HC LR)</p>   | <p><b>23</b></p> <p><b>K 9:00</b> Fancy Nails (TS)<br/><b>S 10:00</b> Chef's Circle<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>M 10:30</b> Harp Therapy<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>O 1:30</b> Fun Drive***<br/><b>S 3:30</b> Happy Hour with Donna Shaw (AL)</p> | <p><b>24</b></p> <p><b>MM 9:30</b> Themed Sensations (TS)<br/><b>K 10:00</b> Trivia (HC LR)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>K 2:00</b> Super Saturday Bingo (HC)</p>   |
| <p><b>25</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>A 2:30</b> Craft Corner (ACT)<br/><b>I 2:45</b> Churchwomen United (AL)</p>  | <p><b>26</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/><b>I 10:00</b> Devotions for the Heart (LR)<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>O 1:30</b> Dollar Store Shopping<br/><b>M 3:30</b> Music w/ Ann &amp; Deanna (AL)</p>                     | <p><b>27</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/><b>I 10:00</b> Hymn Singing with Stan (LR)<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>CC 1:30</b> "Granny's Kitchen" (ACT)<br/><b>K 2:30</b> Court Yard Visits</p>             | <p><b>28</b></p> <p><b>V 9:30</b> Zumba Gold (TS)<br/><b>M 10:00</b> "Name That Tune"-ACT<br/><b>S 10:00</b> Resident Council HC (HC LR)<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>M 1:30</b> Bell Choir (HC LR)<br/><b>I 1:30</b> Rosary with Mike (LR)</p> | <p><b>29</b></p> <p><b>K 9:30</b> Reminiscing with Nancy (ACT)<br/><b>V 9:30</b> Zumba Gold (TS)<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>GC 11:00</b> Carey Services passing popcorn<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>G 2:00</b> Bingo Shopping (HC LR)</p> | <p><b>30</b></p> <p><b>K 9:00</b> Fancy Nails (TS)<br/><b>S 10:00</b> Chef's Circle<br/><b>MM 10:30</b> Themed Sensations (TS)<br/><b>MM 11:00</b> Healthy Hands (TS)<br/><b>O 1:30</b> Fun Drive***<br/><b>S 3:30</b> Happy Hour with Gilbert</p>   |  |

# November 2018

| Sunday  | Monday   | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday  |
|---|--|---|--|--|--|---|
| <p><b>A</b> - Artisans<br/><b>CC</b> - Community Connections<br/><b>CC</b> - Creative Cooking<br/><b>CC</b> - Group Games<br/><b>I</b> - Inspirations<br/><b>K</b> - Keeping it Sharp/Reminisce<br/><b>M</b> - Music to My Ears<br/><b>S</b> - Signature Events<br/><b>V</b> - Vitality</p> | <p>Every Afternoon (approx times)<br/>1:00 Reminisce<br/>1:45 Creative Hands<br/>2:30 Musical Celebration<br/>3:00 Group Games<br/>3:30 Afternoon Pick Me Up</p>   | <p>Every Evening (approx times)<br/>6:00 Gathering of Friends</p>   | <p>Every Morning (approx times)<br/>9:00 Get up and Go!<br/>9:30 Brain Ticklers<br/>Morning Refresher<br/>Housekeeping<br/>11:00 Creative Cooking<br/>Lunch Preparation</p>  | <p><b>1</b><br/><b>V</b> A Walk to Grandmother's House<br/><b>K</b> Autumn Word Poem<br/><b>CC</b> Basil Garlic Bread<br/>Relax &amp; Recharge<br/><b>A</b> Fall Sensory Collage<br/><b>M</b> Float With Me<br/><b>CC</b> Name 3 Toss &amp; Catch<br/>Healthy Hands<br/><b>CC</b> A Time For Tea</p> | <p><b>2</b><br/><b>V</b> Parachute Games<br/><b>K</b> Hang the Great Pumpkin<br/><b>CC</b> Pumpkin Streusel Muffins<br/>Relax &amp; Recharge<br/><b>A</b> Colorful Sponge Art<br/><b>M</b> A Taste of Autumn Happy Hour<br/><b>S</b> Happy Hour with Brad Bahler<br/><b>CC</b> What's in the Bag<br/>Healthy Hands</p> | <p><b>3</b><br/><b>V</b> A Flex-Kick Saturday<br/><b>K</b> Football Frenzy<br/><b>CC</b> Navy Bean Vegetable Soup<br/>Relax &amp; Recharge<br/><b>A</b> Rolling Pin Printmaking<br/><b>M</b> Game Day<br/><b>CC</b> Image Snap<br/>Healthy Hands<br/><b>CC</b> Inspirational Coloring</p> |
| <p><b>4</b> Daylight Savings Ends</p>   | <p><b>5</b></p>  | <p><b>6</b> Election Day</p>  | <p><b>7</b></p>  | <p><b>8</b></p>  | <p><b>9</b></p>  | <p><b>10</b></p>  |
| <p><b>V</b> The Scientific 7 Workout<br/><b>K</b> Turn Over<br/><b>CC</b> Banana Berry Muffins<br/><b>S</b> Sunday Brunch<br/>Relax &amp; Recharge<br/><b>A</b> Personal Collage<br/><b>M</b> Up In The Air<br/><b>CC</b> Turkey Toss<br/>Healthy Hands</p>                                 | <p><b>V</b> Basketball<br/><b>K</b> Create a Caption<br/><b>CC</b> Apple Walnut Broccoli Salad<br/>Relax &amp; Recharge<br/><b>A</b> Cloth Tie Wreath<br/><b>M</b> Workin' Songs<br/><b>CC</b> Roll the Dice &amp; Break the Ice<br/>Healthy Hands<br/><b>CC</b> Charades</p>  | <p><b>V</b> Foam BallFit<br/><b>K</b> Sentence Story<br/><b>V</b> Parachete<br/><b>CC</b> Apple Streusel Bread<br/>Relax &amp; Recharge<br/><b>A</b> Cloth Tie Wreath<br/><b>M</b> Let's Dance<br/><b>CC</b> Lollipop Paddle<br/>Healthy Hands</p>          | <p><b>V</b> Balloon Battle<br/><b>K</b> Fall's Common Place<br/><b>CC</b> Chocolate Chip Cookies<br/>Relax &amp; Recharge<br/><b>A</b> Fly Swatter Collaborative<br/>Painting<br/><b>CC</b> Hymn Singing with Viaquest<br/><b>M</b> Pass the Beat<br/><b>CC</b> Animal Bingo</p> | <p><b>V</b> A Walk to Grandmother's House<br/><b>K</b> Autumn Word Poem<br/><b>CC</b> Amish Sugar Cookies<br/>Relax &amp; Recharge<br/><b>A</b> Bookmaking<br/><b>M</b> Float With Me<br/><b>CC</b> Name 3 Toss &amp; Catch<br/>Healthy Hands<br/><b>CC</b> A Time For Tea</p>                       | <p><b>V</b> Parachute Games<br/><b>K</b> Hang the Great Pumpkin<br/><b>CC</b> Pumpkin Spice Cupcakes<br/>Relax &amp; Recharge<br/><b>A</b> Bookmaking<br/><b>M</b> A Taste of Autumn Happy Hour<br/><b>S</b> Happy Hour with Tracey<br/><b>CC</b> What's in the Bag<br/>Healthy Hands</p>                              | <p><b>V</b> A Flex-Kick Saturday<br/><b>K</b> Football Frenzy<br/><b>CC</b> Savory Beef Soup<br/>Relax &amp; Recharge<br/><b>A</b> Color Collage<br/><b>M</b> Game Day<br/><b>CC</b> Image Snap<br/>Healthy Hands<br/><b>CC</b> Inspirational Coloring</p>                                |
| <p><b>11</b> Veterans Day</p>   | <p><b>12</b></p>   | <p><b>13</b></p>  | <p><b>14</b></p>   | <p><b>15</b></p>   | <p><b>16</b></p>   | <p><b>17</b></p>  |
| <p><b>V</b> The Scientific 7 Workout<br/><b>K</b> Turn Over<br/><b>CC</b> Bacon Blueberry Scones<br/>Relax &amp; Recharge<br/><b>A</b> Veterans Day Heart Card<br/><b>M</b> A Salute to Veterans<br/><b>CC</b> Turkey Toss<br/>Healthy Hands<br/><b>I</b> Evening Inspirations</p>          | <p><b>V</b> Basketball<br/><b>K</b> Create a Caption<br/><b>CC</b> Candy Bar Apple Salad<br/>Relax &amp; Recharge<br/><b>A</b> Creative Storytelling<br/><b>M</b> Workin' Songs<br/><b>CC</b> Roll the Dice &amp; Break the Ice<br/>Healthy Hands<br/><b>CC</b> Charades</p>   | <p><b>V</b> Foam BallFit<br/><b>K</b> Sentence Story<br/><b>V</b> Parachete<br/><b>CC</b> Apple Pie Oatmeal Dessert<br/>Relax &amp; Recharge<br/><b>A</b> Orange You Happy For<br/>Thanksgiving!<br/><b>M</b> Let's Dance<br/><b>CC</b> Lollipop Paddle</p> | <p><b>V</b> Balloon Battle<br/><b>K</b> Fall's Common Place<br/><b>CC</b> Chocolate Dream Cookies<br/>Relax &amp; Recharge<br/><b>A</b> Gourd-geous Craft<br/><b>M</b> Pass the Beat<br/><b>CC</b> Animal Bingo<br/>Healthy Hands<br/><b>CC</b> Fireside Chats</p>               | <p><b>V</b> A Walk to Grandmother's House<br/><b>K</b> Autumn Word Poem<br/><b>CC</b> Oatmeal Bread<br/>Relax &amp; Recharge<br/><b>A</b> Poppy Field Collage<br/><b>M</b> Float With Me<br/><b>CC</b> Name 3 Toss &amp; Catch<br/>Healthy Hands<br/><b>CC</b> A Time For Tea</p>                    | <p><b>V</b> Parachute Games<br/><b>K</b> Hang the Great Pumpkin<br/><b>CC</b> Pumpkin Spice Bread<br/>Relax &amp; Recharge<br/><b>A</b> Deck of Wit &amp; Wisdom<br/><b>M</b> A Taste of Autumn Happy Hour<br/><b>S</b> Happy Hour with Roy<br/><b>CC</b> What's in the Bag<br/>Healthy Hands</p>                      | <p><b>V</b> A Flex-Kick Saturday<br/><b>K</b> Football Frenzy<br/><b>CC</b> Barley Turkey Soup<br/>Relax &amp; Recharge<br/><b>A</b> Creative Storytelling<br/><b>M</b> Game Day<br/><b>CC</b> Image Snap<br/>Healthy Hands<br/><b>CC</b> Inspirational Coloring</p>                      |
| <p><b>18</b></p>  | <p><b>19</b></p>   | <p><b>20</b></p>  | <p><b>21</b></p>   | <p><b>22</b> Thanksgiving</p>  | <p><b>23</b></p>   | <p><b>24</b></p>  |
| <p><b>V</b> The Scientific 7 Workout<br/><b>K</b> Turn Over<br/><b>CC</b> Pecan Coffee Cake<br/>Relax &amp; Recharge<br/><b>A</b> Q-Tip Autumn Tree Painting<br/><b>M</b> Up In The Air<br/><b>CC</b> Turkey Toss<br/>Healthy Hands<br/><b>I</b> Evening Inspirations</p>                   | <p><b>V</b> Basketball<br/><b>K</b> Create a Caption<br/><b>CC</b> Butterscotch Apple Crisp<br/>Relax &amp; Recharge<br/><b>A</b> Thumbprint Dandelion<br/><b>M</b> Workin' Songs<br/><b>CC</b> Roll the Dice &amp; Break the Ice<br/>Healthy Hands<br/><b>CC</b> Charades</p> | <p><b>V</b> Foam BallFit<br/><b>K</b> Sentence Story<br/><b>V</b> Parachete<br/><b>CC</b> Apple Cinnamon Cookies<br/>Relax &amp; Recharge<br/><b>A</b> Fall Leaves Prints<br/><b>M</b> Let's Dance<br/><b>CC</b> Lollipop Paddle<br/>Healthy Hands</p>      | <p><b>V</b> Balloon Battle<br/><b>K</b> Fall's Common Place<br/><b>CC</b> Oatmeal Kiss Cookies<br/>Relax &amp; Recharge<br/><b>A</b> Fall Trees Canvas Painting<br/><b>M</b> Pass the Beat<br/><b>CC</b> Animal Bingo<br/>Healthy Hands<br/><b>CC</b> Fireside Chats</p>         | <p><b>V</b> A Walk to Grandmother's House<br/><b>K</b> Autumn Word Poem<br/><b>K</b> Bingo (AL)<br/><b>CC</b> Golden Wheat Bread<br/>Relax &amp; Recharge<br/><b>A</b> Thankful Tree<br/><b>M</b> Give Thanks<br/><b>CC</b> Name 3 Toss &amp; Catch<br/>Healthy Hands</p>                            | <p><b>V</b> Parachute Games<br/><b>K</b> Hang the Great Pumpkin<br/><b>CC</b> Pumpkin Pie Pudding<br/>Relax &amp; Recharge<br/><b>A</b> Sequin Acorn Magnets<br/><b>M</b> A Taste of Autumn Happy Hour<br/><b>CC</b> What's in the Bag<br/>Healthy Hands<br/><b>CC</b> LifeShare Games</p>                             | <p><b>V</b> A Flex-Kick Saturday<br/><b>K</b> Football Frenzy<br/><b>CC</b> Texas Turkey Soup<br/>Relax &amp; Recharge<br/><b>A</b> Button Tree Canvas<br/><b>M</b> Game Day<br/><b>CC</b> Image Snap<br/>Healthy Hands<br/><b>CC</b> Inspirational Coloring</p>                          |
| <p><b>25</b></p>  | <p><b>26</b></p>   | <p><b>27</b></p>  | <p><b>28</b></p>   | <p><b>29</b></p>   | <p><b>30</b></p>   |   |
| <p><b>V</b> The Scientific 7 Workout<br/><b>K</b> Turn Over<br/><b>CC</b> Cinnamon Chip Scones<br/>Relax &amp; Recharge<br/><b>A</b> Sensory Spice Painting<br/><b>M</b> Up In The Air<br/><b>CC</b> Turkey Toss<br/>Healthy Hands<br/><b>I</b> Evening Inspirations</p>                    | <p><b>V</b> Basketball<br/><b>K</b> Create a Caption<br/><b>CC</b> Pecan Bread Pudding<br/>Relax &amp; Recharge<br/><b>A</b> Foil Relief Art<br/><b>M</b> Workin' Songs<br/><b>CC</b> Roll the Dice &amp; Break the Ice<br/>Healthy Hands<br/><b>CC</b> Charades</p>           | <p><b>V</b> Foam BallFit<br/><b>K</b> Sentence Story<br/><b>V</b> Parachete<br/><b>CC</b> Apple Streusel Muffins<br/>Relax &amp; Recharge<br/><b>A</b> Oil Pastel Resist<br/><b>M</b> Let's Dance<br/><b>CC</b> Lollipop Paddle<br/>Healthy Hands</p>       | <p><b>V</b> Balloon Battle<br/><b>K</b> Fall's Common Place<br/><b>S</b> Resident Council Meeting (LR)<br/><b>CC</b> Peanut Butter Cookies<br/>Relax &amp; Recharge<br/><b>A</b> Tissue Paper Leaves<br/><b>M</b> Pass the Beat<br/><b>CC</b> Animal Bingo<br/>Healthy Hands</p> | <p><b>V</b> A Walk to Grandmother's House<br/><b>K</b> Autumn Word Poem<br/><b>CC</b> Chocolate Chip Banana Bread<br/>Relax &amp; Recharge<br/><b>A</b> Colorful Group Mandala<br/><b>M</b> Float With Me<br/><b>CC</b> Name 3 Toss &amp; Catch<br/>Healthy Hands<br/><b>CC</b> A Time For Tea</p>   | <p><b>V</b> Parachute Games<br/><b>K</b> Hang the Great Pumpkin<br/><b>CC</b> Spice Cookies<br/>Relax &amp; Recharge<br/><b>A</b> Ink Dyed Coasters<br/><b>M</b> A Taste of Autumn Happy Hour<br/><b>S</b> Happy Hour with Gilbert<br/><b>CC</b> What's in the Bag<br/>Healthy Hands</p>                               |   |