

**Life Enrichment - Assisted Living
White Oak Health Campus**

November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Creative Cooking G - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>Happy Birthday 15 Peggy S 16 Floyd H</p>	<p>We appreciate our Volunteers! Please feel free to let Life Enrichment know if you know of anyone who may be interested in being a volunteer here at White Oak.</p>	<p>KEY: AR - Activity Room ADR - Assisted Living Dining Room ALL - Assisted Living Lounge T - Town Square O - Outing HCD - Health Center Dining Room</p>	<p>1 V 9:30 Moming Stretch-AR K 12:00 Pledge of Allegiance-ALD G 2:00 Book Club with Karen-ALL</p>	<p>2 V 9:30 Moming Stretch-AR L 10:30 Jeopardy- 400 Hall Lobby K 12:00 Pledge of Allegiance-ALD A 1:30 Krafters Komer-AR S 3:30 Happy Hour with Lee Hoard-TS GG 6:15 Bunco-AR</p>	<p>3 V 9:30 Exercise Ball-AR K 10:30 Card Club-AR K 12:00 Pledge of Allegiance-ALD K 1:30 Bingo-ALD</p>
<p>4 Daylight Savings Ends</p> <p>I 9:30 Sunday Moming Church-AR GG 10:30 Sunday Crossword Puzzle - AR K 12:00 Pledge of Allegiance-ALD M 2:30 Church Service with Pastor Blakey - ALL GG 3:30 Sunday Sundaes -AR</p>	<p>5 V 9:30 Moming Stretch-AR G 10:15 Inspired Living Committee-AR K 12:00 Pledge of Allegiance-ALD M 1:00 Hymn Sing with ViaQuest-TS GG 2:00 Cards with friends from Delphi-AR</p>	<p>6 Election Day</p> <p>V 9:30 Moming Stretch-AR S 10:30 Chef's Circle-AR K 12:00 Pledge of Allegiance-ALD O 1:30 Walmart-O L 6:00 Brain Benders-AR</p>	<p>7 V 9:30 Moming Stretch-AR L 10:15 Times Past with Kean-ALL K 12:00 Pledge of Allegiance-ALD V 1:15 Walking Club-ALL L 3:00 Reading the Bible with Jerry-ALL L 4:00 LifeShare Games-Bistro</p>	<p>8 V 9:30 Moming Stretch-AR O 11:15 Ladies Lunch Out-O K 12:00 Pledge of Allegiance-ALD G 2:00 Book Club with Karen-ALL GG 3:15 Penny Auction-AR I 6:00 Pastor Roberts-ALL</p>	<p>9 V 9:30 Moming Stretch-AR GG 10:30 Resident Council-AR K 12:00 Pledge of Allegiance-ALD A 1:30 Krafters Komer-AR S 3:30 Happy Hour-Sam Piercy TS GG 6:15 Bunco-AR</p>	<p>10 V 9:30 Exercise Ball-AR K 10:30 Card Club-AR K 12:00 Pledge of Allegiance-ALD K 1:30 Bingo-ALD</p>
<p>11 Veterans Day</p> <p>I 9:30 Sunday Moming Church-AR GG 10:30 Sunday Crossword Puzzle - AR S 11:30 Sunday Brunch K 12:00 Pledge of Allegiance-ALD L 2:30 Gospel Hour with Christine Thayer-AR</p>	<p>12 V 9:30 Moming Stretch-AR I 10:15 Veterans Day Program-TS K 12:00 Pledge of Allegiance-ALD CC 1:30 Cookie Decorating-AR K 2:30 Our Lady of the Lakes Bingo-HC</p>	<p>13 V 9:30 Moming Stretch-AR S 10:30 Chef's Circle-AR K 12:00 Pledge of Allegiance-ALD O 1:30 Dollar General-O GG 3:00 Card Club-AR M 6:00 Music with Kent Lane-T</p>	<p>14 V 9:30 Moming Stretch-AR GG 10:30 Hump Day Hangers-AR K 12:00 Pledge of Allegiance-ALD V 1:15 Walking Club-ALL L 3:00 Reading the Bible with Jerry-ALL L 4:00 LifeShare Games-Bistro GG 6:00 Euchre-AR</p>	<p>15 V 9:30 Moming Stretch-AR K 12:00 Pledge of Allegiance-ALD G 2:00 Book Club with Karen-ALL L 6:00 Night Trivia-Arm Chair Travel-AR</p>	<p>16 V 9:30 Moming Stretch-AR L 10:30 Jeopardy- 400 Hall Lobby K 12:00 Pledge of Allegiance-ALD A 1:30 Krafters Komer-AR M 3:30 Happy Hour- Donna Shaw-T GG 6:15 Bunco-AR</p>	<p>17 V 9:30 Exercise Ball-AR K 10:30 Card Club-AR K 12:00 Pledge of Allegiance-ALD K 1:30 Bingo-ALD</p>
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<p>4 Daylight Savings Ends</p> <p>V The Scientific 7 Workout K Turn Over CC Banana Berry Muffins Healthy Hands Relax & Recharge A Personal Collage M Up In The Air GG Turkey Toss Healthy Hands</p>	<p>5 V Basketball K Create a Caption CC Apple Walnut Broccoli Salad Healthy Hands Relax & Recharge A Cloth Tie Wreath M Workin' Songs GG Roll the Dice & Break the Ice Healthy Hands</p>	<p>6 Election Day</p> <p>V Foam BallFit K Sentence Story CC Apple Streusel Bread Healthy Hands Relax & Recharge O Walmart-O A Cloth Tie Wreath M Let's Dance GG Lollipop Paddle</p>	<p>7 V Balloon Battle K Fall's Common Place CC Chocolate Chip Cookies Healthy Hands Relax & Recharge A Fly Swatter Collaborative Painting M Pass the Beat GG Animal Bingo</p>	<p>8 V A Walk to Grandmother's House K Autumn Word Poem CC Amish Sugar Cookies Healthy Hands Relax & Recharge A Bookmaking M Float With Me GG Name 3 Toss & Catch Healthy Hands</p>	<p>9 V Parachute Games K Hang the Great Pumpkin CC Pumpkin Spice Cupcakes Healthy Hands Relax & Recharge A Bookmaking M Happy Hour with Sam the Piano Man M A Taste of Autumn Happy Hour</p>	<p>10 V A Flex-Kick Saturday K Football Frenzy CC Savory Beef Soup Healthy Hands Relax & Recharge A Color Collage M Game Day GG Image Snap Healthy Hands</p>
<p>11 Veterans Day</p> <p>V The Scientific 7 Workout K Turn Over CC Bacon Blueberry Scones S Sunday Brunch Healthy Hands Relax & Recharge A Veterans Day Heart Card M A Salute to Veterans GG Turkey Toss</p>	<p>12 V Basketball K Create a Caption I Veterans Day Program-TS CC Candy Bar Apple Salad Healthy Hands Relax & Recharge A Creative Storytelling M Workin' Songs GG Roll the Dice & Break the Ice</p>	<p>13 V Foam BallFit K Sentence Story CC Apple Pie Oatmeal Dessert Healthy Hands Relax & Recharge A Orange You Happy For Thanksgiving! M Let's Dance M Music by Kent Lane</p>	<p>14 V Balloon Battle K Fall's Common Place CC Chocolate Dream Cookies Healthy Hands Relax & Recharge A Gourd-geous Craft M Pass the Beat GG Animal Bingo Healthy Hands</p>	<p>15 V A Walk to Grandmother's House K Autumn Word Poem CC Oatmeal Bread Healthy Hands Relax & Recharge A Poppy Field Collage M Float With Me GG Name 3 Toss & Catch Healthy Hands</p>	<p>16 V Parachute Games K Hang the Great Pumpkin CC Pumpkin Spice Bread Healthy Hands Relax & Recharge A Deck of Wit & Wisdom M A Taste of Autumn Happy Hour M Happy Hour: with Ruth GG What's in the Bag</p>	<p>17 V A Flex-Kick Saturday K Football Frenzy CC Barley Turkey Soup Healthy Hands Relax & Recharge A Creative Storytelling Nails by Ruth M Game Day GG Image Snap</p>
<p>18 V The Scientific 7 Workout K Turn Over CC Pecan Coffee Cake Healthy Hands Relax & Recharge A Q-Tip Autumn Tree Painting M Up In The Air GG Turkey Toss Healthy Hands</p>	<p>19 V Basketball K Create a Caption CC Butterscotch Apple Crisp Healthy Hands Relax & Recharge A Thumbprint Dandelion M Workin' Songs GG Roll the Dice & Break the Ice Healthy Hands</p>	<p>20 V Foam BallFit K Sentence Story CC Apple Cinnamon Cookies Healthy Hands Relax & Recharge A Fall Leaves Prints M Let's Dance GG Lollipop Paddle Healthy Hands</p>	<p>21 V Balloon Battle K Fall's Common Place CC Oatmeal Kiss Cookies Healthy Hands Relax & Recharge Creature Comfort Zoo A Fall Trees Canvas Painting M Pass the Beat GG Animal Bingo</p>	<p>22 Thanksgiving</p> <p>V A Walk to Grandmother's House K Autumn Word Poem CC Golden Wheat Bread Healthy Hands Relax & Recharge A Thankful Tree M Give Thanks GG Name 3 Toss & Catch Healthy Hands</p>	<p>23 V Parachute Games K Hang the Great Pumpkin CC Pumpkin Pie Pudding Healthy Hands Relax & Recharge A Sequin Acorn Magnets M A Taste of Autumn Happy Hour M Happy Hour with Kent lane Healthy Hands</p>	<p>24 V A Flex-Kick Saturday K Football Frenzy CC Texas Turkey Soup Healthy Hands Relax & Recharge A Button Tree Canvas M Game Day GG Image Snap Healthy Hands</p>
<p>25 V The Scientific 7 Workout K Turn Over CC Cinnamon Chip Scones Healthy Hands Relax & Recharge A Sensory Spice Painting M Up In The Air GG Turkey Toss Healthy Hands</p>	<p>26 V Basketball K Create a Caption CC Pecan Bread Pudding Healthy Hands Relax & Recharge A Foil Relief Art M Workin' Songs GG Roll the Dice & Break the Ice Healthy Hands</p>	<p>27 V Foam BallFit K Sentence Story CC Apple Streusel Muffins Healthy Hands Relax & Recharge M Music with Mike! A Oil Pastel Resist M Let's Dance GG Lollipop Paddle</p>	<p>28 V Balloon Battle K Fall's Common Place CC Peanut Butter Cookies Healthy Hands Relax & Recharge A Tissue Paper Leaves M Pass the Beat GG Animal Bingo Healthy Hands</p>	<p>29 V A Walk to Grandmother's House K Autumn Word Poem CC Chocolate Chip Banana Bread Healthy Hands Relax & Recharge A Colorful Group Mandala M Float With Me GG Name 3 Toss & Catch Healthy Hands</p>	<p>30 V Parachute Games K Hang the Great Pumpkin CC Spice Cookies Healthy Hands Relax & Recharge A Ink Dyed Coasters M A Taste of Autumn Happy Hour GG What's in the Bag Healthy Hands</p>	<p>Happy Thanksgiving White Oak Family & Friends</p>