



Westlake Health Campus Villas

January 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday Brunch is complimentary for Villa Tenants. 4 or more persons \$7 per meal. Reservations requested.	Paint and Pour Event: Please be sure to sign up before the 16th to ensure a spot!	1 New Year's Day 12:00 Soup & Sandwiches (CH) 2:00 Current Events (CH) 4:00 Board Games (CH)	2 1:00 Chair Yoga (CH) 5:45 Bingo (HC-TS)	3 1:00 Popcorn and a Movie (CH) 4:00 Board Games (CH)	4 11:00 Villa Community Meeting 1:30 Tai Chi (CH) 3:00 Happy Hour (CH)	5 2:00 Bingo (HC-TS)
6 10:00 Nondenominational Church Service (HC-TS)	7 10:00 Walking Club (CH) 1:30 Tai Chi (CH) 4:00 Board Games (CH)	8 9:00 Hot Breakfast 4:00 Board Games (CH)	9 1:00 Chair Yoga (CH) 5:45 Bingo (HC-TS)	10 1:00 Popcorn and a Movie (CH) 1:00 Cider & Doughnuts (CH) 4:00 Board Games (CH)	11 1:30 Tai Chi (CH) 3:00 Happy Hour (CH)	12 2:00 Bingo (HC-TS) 4:00 Dinner Club
13 10:00 Nondenominational Church Service (HC-TS)	14 10:00 Walking Club (CH) 1:30 Tai Chi (CH) 4:00 Board Games (CH)	15 2:00 Senior Executive Club lunch in WLHC dining room 4:00 Board Games (CH)	16 12:00 Lunch & Learn (CH) 1:00 Chair Yoga (CH) 5:45 Bingo (HC-TS)	17 1:00 Popcorn and a Movie (CH) 4:00 Board Games (CH)	18 1:30 Tai Chi (CH) 3:00 Happy Hour (CH)	19 2:00 Bingo (HC-TS)
20 10:00 Nondenominational Church Service (HC-TS) 11:00 Brunch 11-1pm WLHC dining room	21 Martin Luther King Day 10:00 Walking Club (CH) 1:30 Tai Chi (CH) 4:00 Board Games (CH)	22 4:00 Board Games (CH)	23 1:00 Chair Yoga (CH) 2:55 Paint and Pour 5:45 Bingo (HC-TS)	24 1:00 Popcorn and a Movie (CH) 4:00 Board Games (CH)	25 1:30 Tai Chi (CH) 3:00 Happy Hour (CH)	26 2:00 Bingo (HC-TS)
27 10:00 Nondenominational Church Service (HC-TS)	28 10:00 Walking Club (CH) 1:30 Tai Chi (CH) 4:00 Board Games (CH)	29 4:00 Board Games (CH)	30 1:00 Chair Yoga (CH) 5:45 Bingo (HC-TS)	31 1:00 Popcorn and a Movie (CH) 4:00 Board Games (CH)	Activity Location Codes: CH: Club House HC-DR: Health Center Dining Room HC-TS: Health Center Town Square	