

**Wellbrooke of South Bend  
Assisted Living**

# May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>C</b> - Connections <b>CC</b> - Creative Cooking <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp <b>MR</b> - Mindful Moments <b>M</b> - Music to My Ears <b>O</b> - Out &amp; About <b>S</b> - Signature Events <b>V</b> - Vitality</p>	<p>HC Health Center (1st Floor) SD Shamrock Dining (2nd Floor) LD Legends Dining (1st Floor) FS Fireside (1st Floor) MT Morris Theatre (2nd Floor) AR Activity Room (2nd Floor) IP Irish Pub (2nd Floor) UR Union Room (1st Floor)</p>	<p><b>1</b> <b>May Day</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>O</b> 11:00 Lunch Bunch (Logans Roadhouse) <b>C</b> 2:30 Chef Circle (Poker Room) <b>A</b> 3:30 Pixy Stix May Day Craft (AR) <b>K</b> 5:30 Euchre Tuesday</p>	<p><b>2</b> <b>I</b> 9:00 Communion with John <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>MR</b> 11:00 Toss &amp; Talk (Fireside) <b>O</b> 1:30 Outing: Downtown Walk <b>V</b> 2:30 Wii Bowling (AR)</p>	<p><b>3</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>A</b> 11:00 Kaleidoscope Coloring (HC) <b>C</b> 1:30 Movie Thursday (MT) <b>S</b> 3:00 Potawatomi Zoo To You (Fireside)</p>	<p><b>4</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>I</b> 10:30 Community Congregational Bible Study (Library) <b>K</b> 1:30 Group Crossword Puzzle (HC) <b>S</b> 3:00 Cinco De Mayo Happy Hour (Studebaker Pub)</p>	<p><b>5</b> <b>Cinco de Mayo</b> <b>C</b> 10:00 Donut Holes &amp; Coffee (HC) <b>K</b> 10:30 News To You (HC) <b>M</b> 11:00 Sorry! (HC) <b>K</b> 1:30 Bingo (Library)</p>
<p><b>6</b> <b>K</b> 10:00 News to You (Library) <b>I</b> 10:30 Sunday Mass (Ch. WNDU) <b>K</b> 11:00 Games with Friends (HC) <b>I</b> 2:00 Chapel Service with Calvary Baptist (Fireside)</p>	<p><b>7</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>MR</b> 11:00 Balloon Volleyball (HC) <b>K</b> 1:30 Bingo (Library) <b>C</b> 3:30 Popcorn Social (HC) <b>C</b> 4:00 Activity Meeting (AR)</p>	<p><b>8</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>O</b> 11:00 Lunch Bunch (Cheddars) <b>K</b> 1:30 Shabby Queen Card Game (HC) <b>C</b> 2:30 Chef Circle (Poker Room) <b>K</b> 3:30 Jeopardy (Fireside)</p>	<p><b>9</b> <b>I</b> 9:00 Communion with John <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>MR</b> 11:00 Toss &amp; Talk (Fireside) <b>O</b> 1:30 Outing: Downtown Walk <b>V</b> 2:30 Wii Bowling (AR)</p>	<p><b>10</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>A</b> 11:00 Kaleidoscope Coloring (HC) <b>S</b> 1:30 Resident Council Meeting <b>K</b> 3:30 Spelling Bee (Fireside)</p>	<p><b>11</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>I</b> 10:30 Bible Study with Joanna <b>K</b> 1:30 Group Crossword Puzzle (HC) <b>S</b> 3:00 Happy Hour (Studebaker Pub) <b>C</b> 5:30 Game Night (HC)</p>	<p><b>12</b> <b>C</b> 10:00 Donut Holes &amp; Coffee (HC) <b>K</b> 10:30 News To You (HC) <b>K</b> 11:00 Card Game: UNO (HC) <b>K</b> 1:30 Bingo (Library)</p>
<p><b>13</b> <b>Mother's Day</b> <b>K</b> 10:00 News to You (Library) <b>I</b> 10:30 Sunday Mass (Ch. WNDU) <b>K</b> 11:00 Games with Friends (HC) <b>I</b> 2:00 Chapel Service with Calvary Baptist (Fireside)</p>	<p><b>14</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>MR</b> 11:00 Ring Toss (HC) <b>K</b> 1:30 Bingo (Library) <b>C</b> 3:30 Popcorn Social (HC) <b>K</b> 4:00 Trivia (HC)</p>	<p><b>15</b> <b>Ramadan Begins</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>O</b> 11:00 Lunch Bunch (SoHo) <b>CC</b> 1:30 Cooking In A Dash (SD) <b>C</b> 2:30 Chef Circle (Poker Room) <b>K</b> 3:30 Family Feud (Fireside) <b>K</b> 5:30 Euchre Tuesday</p>	<p><b>16</b> <b>I</b> 9:00 Communion with John <b>K</b> 9:45 News To You (Library) <b>M</b> 10:30 Entertainment: Swing Sisters <b>O</b> 1:30 Outing: Downtown Walk <b>V</b> 2:30 Wii Bowling (AR)</p>	<p><b>17</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>A</b> 11:00 Kaleidoscope Coloring (HC) <b>C</b> 1:30 Movie Thursday (MT) <b>K</b> 3:00 Spelling Bee (Fireside) <b>S</b> 5:00 Theme Dinner: Sound Of Music</p>	<p><b>18</b> 9:00 WEAR SUNGLASSES DAY! <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>I</b> 10:30 Bible Study with Joanna <b>K</b> 1:30 Group Crossword Puzzle (HC) <b>S</b> 3:00 Happy Hour (Studebaker Pub)</p>	<p><b>19</b> <b>C</b> 10:00 Donut Holes &amp; Coffee (HC) <b>K</b> 10:30 News To You (HC) <b>K</b> 11:00 Boardgame: Clue (HC) <b>K</b> 1:30 Bingo (Library)</p>
<p><b>20</b> <b>K</b> 10:00 News to You (Library) <b>I</b> 10:30 Sunday Mass (Ch. WNDU) <b>K</b> 11:00 Games with Friends (HC) <b>I</b> 2:00 Chapel Service with Calvary Baptist (Fireside)</p>	<p><b>21</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>MR</b> 11:00 Balloon Volleyball (HC) <b>K</b> 1:30 Bingo (Library) <b>C</b> 3:30 Popcorn Social (HC)</p>	<p><b>22</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>O</b> 11:00 Lunch Bunch (Salsa's Mexican Grill) <b>K</b> 1:30 Whist Card Game (HC) <b>C</b> 2:30 Chef Circle (Poker Room) <b>K</b> 3:30 Jeopardy (Fireside) <b>K</b> 5:30 Euchre Tuesday</p>	<p><b>23</b> <b>I</b> 9:00 Communion with John <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>MR</b> 11:00 Talk And Toss (HC) <b>O</b> 1:00 Potawatomi Zoo Trip</p>	<p><b>24</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>A</b> 11:00 Kaleidoscope Coloring (HC) <b>C</b> 1:30 Movie Thursday (MT) <b>K</b> 3:00 Spelling Bee (Fireside)</p>	<p><b>25</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>I</b> 10:30 Bible Study with Joanna <b>K</b> 1:30 Group Crossword Puzzle (HC) <b>S</b> 3:00 Happy Hour (Studebaker Pub) <b>C</b> 5:30 Game Night (HC)</p>	<p><b>26</b> <b>C</b> 10:00 Donut Holes &amp; Coffee (HC) <b>K</b> 10:30 News To You (HC) <b>K</b> 11:00 Yahtzee! (HC) <b>M</b> 11:00 Name That Tune (HC) <b>K</b> 1:30 Bingo (Library)</p>
<p><b>27</b> <b>K</b> 10:00 News to You (Library) <b>I</b> 10:30 Sunday Mass (Ch. WNDU) <b>K</b> 11:00 Games with Friends (HC) <b>S</b> 11:30 Sunday Brunch <b>I</b> 2:00 Chapel Service with Calvary Baptist (Fireside)</p>	<p><b>28</b> <b>Memorial Day</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>MR</b> 11:00 Ringtoss (HC) <b>K</b> 1:30 Bingo (Library) <b>C</b> 3:30 Popcorn Social (HC) <b>K</b> 4:00 What War Was It? (Fireside)</p>	<p><b>29</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>O</b> 11:00 Lunch Bunch (Applebee's) <b>K</b> 1:30 London Scavenger Hunt (HC) <b>C</b> 2:30 Chef Circle (Poker Room) <b>K</b> 3:30 Family Feud (Fireside)</p>	<p><b>30</b> <b>I</b> 9:00 Communion with John <b>K</b> 9:45 News To You (Library) <b>O</b> 10:00 Blue Chip Casino Trip <b>V</b> 10:00 Stretch and Tone (AR) <b>MR</b> 11:00 Talk And Toss (HC) <b>K</b> 1:30 Bingo (Library)</p>	<p><b>31</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>MR</b> 11:00 Kaleidoscope Coloring (HC) <b>V</b> 1:30 Wii Bowling (AR) <b>C</b> 2:00 Just For Guys (MT) <b>K</b> 3:00 Spelling Bee (Fireside)</p>	<p>HAPPY BIRTHDAY Carolyn R, 05/08 Marcelle N.</p>	<p>Reminder: Please sign out for our outings at Guest Relations</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>C</b> - Connections <b>CC</b> - Creative Cooking <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp <b>MR</b> - Mindful Moments <b>M</b> - Music to My Ears <b>O</b> - Out &amp; About <b>S</b> - Signature Events <b>V</b> - Vitality</p>	<p>HC Health Center (downstairs) SD Shamrock Dining (upstairs) LD Legends Dining (downstairs) FS Fireside (downstairs) MT Morris Theatre (upstairs) AR Activities Room (upstairs) IP Irish Pub (upstairs) TU The Union (downstairs)</p>	<p><b>1</b> <b>May Day</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>O</b> 11:00 Lunch Bunch (Logans Roadhouse) <b>C</b> 2:30 Chef Circle (Poker Room) <b>A</b> 3:30 Pixy Stix May Day Craft (AR) <b>K</b> 5:30 Euchre Tuesday</p>	<p><b>2</b> <b>I</b> 9:00 Communion with John <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>MR</b> 11:00 Toss &amp; Talk (Fireside) <b>O</b> 1:30 Outing: Downtown Walk <b>V</b> 2:30 Wii Bowling (AR)</p>	<p><b>3</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>A</b> 11:00 Kaleidoscope Coloring (HC) <b>S</b> 1:30 Resident Council Meeting (TU) <b>S</b> 3:00 Potawatomi Zoo To You (Fireside)</p>	<p><b>4</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>I</b> 10:30 Community Congregational Bible Study (Library) <b>K</b> 1:30 Group Crossword Puzzle (HC) <b>S</b> 3:00 Cinco De Mayo Happy Hour (Studebaker Pub)</p>	<p><b>5</b> <b>Cinco de Mayo</b> <b>C</b> 10:00 Donut Holes &amp; Coffee (HC) <b>K</b> 10:30 News To You (HC) <b>M</b> 11:00 Sorry! (HC) <b>K</b> 1:30 Bingo (Library)</p>
<p><b>6</b> <b>K</b> 10:00 News to You (Library) <b>I</b> 10:30 Sunday Mass (Ch. WNDU) <b>K</b> 11:00 Games with Friends (HC) <b>I</b> 2:00 Chapel Service with Calvary Baptist (Fireside)</p>	<p><b>7</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>MR</b> 11:00 Balloon Volleyball (HC) <b>K</b> 1:30 Bingo (Library) <b>C</b> 3:30 Popcorn Social (HC) <b>C</b> 4:00 Activity Meeting (AR)</p>	<p><b>8</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>O</b> 11:00 Lunch Bunch (Cheddars) <b>K</b> 1:30 Shabby Queen Card Game (HC) <b>C</b> 2:30 Chef Circle (Poker Room) <b>K</b> 3:30 Jeopardy (Fireside)</p>	<p><b>9</b> <b>I</b> 9:00 Communion with John <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>MR</b> 11:00 Toss &amp; Talk (Fireside) <b>O</b> 1:30 Outing: Downtown Walk <b>V</b> 2:30 Wii Bowling (AR)</p>	<p><b>10</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>A</b> 11:00 Kaleidoscope Coloring (HC) <b>C</b> 1:30 Movie Thursday (MT) <b>K</b> 3:30 Spelling Bee (Fireside)</p>	<p><b>11</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>I</b> 10:30 Bible Study with Joanna <b>K</b> 1:30 Group Crossword Puzzle (HC) <b>S</b> 3:00 Happy Hour (Studebaker Pub) <b>C</b> 5:30 Game Night (HC)</p>	<p><b>12</b> <b>C</b> 10:00 Donut Holes &amp; Coffee (HC) <b>K</b> 10:30 News To You (HC) <b>K</b> 11:00 Card Game: UNO (HC) <b>K</b> 1:30 Bingo (Library)</p>
<p><b>13</b> <b>Mother's Day</b> <b>K</b> 10:00 News to You (Library) <b>I</b> 10:30 Sunday Mass (Ch. WNDU) <b>K</b> 11:00 Games with Friends (HC) <b>I</b> 2:00 Chapel Service with Calvary Baptist (Fireside)</p>	<p><b>14</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>MR</b> 11:00 Ring Toss (HC) <b>K</b> 1:30 Bingo (Library) <b>C</b> 3:30 Popcorn Social (HC) <b>K</b> 4:00 Trivia (HC)</p>	<p><b>15</b> <b>Ramadan Begins</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>O</b> 11:00 Lunch Bunch (SoHo) <b>CC</b> 1:30 Cooking In A Dash (SD) <b>C</b> 2:30 Chef Circle (Poker Room) <b>K</b> 3:30 Family Feud (Fireside) <b>K</b> 5:30 Euchre Tuesday</p>	<p><b>16</b> <b>I</b> 9:00 Communion with John <b>K</b> 9:45 News To You (Library) <b>M</b> 10:30 Entertainment: Swing Sisters <b>O</b> 1:30 Outing: Downtown Walk <b>V</b> 2:30 Wii Bowling (AR)</p>	<p><b>17</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>A</b> 11:00 Kaleidoscope Coloring (HC) <b>C</b> 1:30 Movie Thursday (MT) <b>K</b> 3:00 Spelling Bee (Fireside) <b>S</b> 5:00 Theme Dinner: Sound Of Music</p>	<p><b>18</b> 9:00 WEAR SUNGLASSES DAY! <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>I</b> 10:30 Bible Study with Joanna <b>K</b> 1:30 Group Crossword Puzzle (HC) <b>S</b> 3:00 Happy Hour (Studebaker Pub)</p>	<p><b>19</b> <b>C</b> 10:00 Donut Holes &amp; Coffee (HC) <b>K</b> 10:30 News To You (HC) <b>K</b> 11:00 Boardgame: Clue (HC) <b>K</b> 1:30 Bingo (Library)</p>
<p><b>20</b> <b>K</b> 10:00 News to You (Library) <b>I</b> 10:30 Sunday Mass (Ch. WNDU) <b>K</b> 11:00 Games with Friends (HC) <b>I</b> 2:00 Chapel Service with Calvary Baptist (Fireside)</p>	<p><b>21</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>MR</b> 11:00 Balloon Volleyball (HC) <b>K</b> 1:30 Bingo (Library) <b>C</b> 3:30 Popcorn Social (HC)</p>	<p><b>22</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>O</b> 11:00 Lunch Bunch (Salsa's Mexican Grill) <b>K</b> 1:30 Whist Card Game (HC) <b>C</b> 2:30 Chef Circle (Poker Room) <b>K</b> 3:30 Jeopardy (Fireside) <b>K</b> 5:30 Euchre Tuesday</p>	<p><b>23</b> <b>I</b> 9:00 Communion with John <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>MR</b> 11:00 Talk And Toss (HC) <b>O</b> 1:00 Potawatomi Zoo Trip</p>	<p><b>24</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>A</b> 11:00 Kaleidoscope Coloring (HC) <b>C</b> 1:30 Movie Thursday (MT) <b>K</b> 3:00 Spelling Bee (Fireside)</p>	<p><b>25</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>I</b> 10:30 Bible Study with Joanna <b>K</b> 1:30 Group Crossword Puzzle (HC) <b>S</b> 3:00 Happy Hour (Studebaker Pub) <b>C</b> 5:30 Game Night (HC)</p>	<p><b>26</b> <b>C</b> 10:00 Donut Holes &amp; Coffee (HC) <b>K</b> 10:30 News To You (HC) <b>K</b> 11:00 Yahtzee! (HC) <b>M</b> 11:00 Name That Tune (HC) <b>K</b> 1:30 Bingo (Library)</p>
<p><b>27</b> <b>K</b> 10:00 News to You (Library) <b>I</b> 10:30 Sunday Mass (Ch. WNDU) <b>K</b> 11:00 Games with Friends (HC) <b>S</b> 11:30 Sunday Brunch <b>I</b> 2:00 Chapel Service with Calvary Baptist (Fireside)</p>	<p><b>28</b> <b>Memorial Day</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>MR</b> 11:00 Ringtoss (HC) <b>K</b> 1:30 Bingo (Library) <b>C</b> 3:30 Popcorn Social (HC) <b>K</b> 4:00 What War Was It? (Fireside)</p>	<p><b>29</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>O</b> 11:00 Lunch Bunch (Applebee's) <b>K</b> 1:30 London Scavenger Hunt (HC) <b>C</b> 2:30 Chef Circle (Poker Room) <b>K</b> 3:30 Family Feud (Fireside)</p>	<p><b>30</b> <b>I</b> 9:00 Communion with John <b>K</b> 9:45 News To You (Library) <b>O</b> 10:00 Blue Chip Casino Trip <b>V</b> 10:00 Stretch and Tone (AR) <b>MR</b> 11:00 Talk And Toss (HC) <b>K</b> 1:30 Bingo (Library)</p>	<p><b>31</b> <b>K</b> 9:45 News To You (Library) <b>V</b> 10:00 Stretch and Tone (AR) <b>MR</b> 11:00 Kaleidoscope Coloring (HC) <b>V</b> 1:30 Wii Bowling (AR) <b>C</b> 2:00 Just For Guys (MT) <b>K</b> 3:00 Spelling Bee (Fireside)</p>	<p>HAPPY BIRTHDAY</p>	<p>Reminder; Please sign up for our outings at Guest Relations</p>