

# January 2019

**Wellbrooke of Kokomo  
Assisted Living**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Terry Holtz is our Long Term Ombudsman for your area. His phone number is: 574-737-2169	Resident Birthday's Mary Lou A. 1/11 Ruth W. 1/17 Betty B. 1/18 Irene O'D. 1/19 Teresa D. 1/19 Pauline K. 1/24 Thomas H. 1/25	<b>1 New Year's Day</b> <b>8:30</b> Library Cart (room to room visits) <b>10:00</b> Granny's Kitchen (B) <b>1:30</b> Rosary with Mike (GR) <b>2:30</b> Bingo (GR)	<b>2</b> <b>9:00</b> Trilogy Fit (TH) <b>10:30</b> Catholic Communion Service (TH) <b>1:30</b> Living Arts (GR) <b>2:45</b> Trivia (B) <b>4:00</b> Bible Study (GR)	<b>3</b> <b>9:00</b> Sittercise (B) <b>11:00</b> Lunch Outing at IHOP** <b>2:00</b> Inspired Living Committee (B) <b>3:30</b> Trivia (Bistro) <b>6:00</b> Black Jack Bingo (GR)	<b>4</b> <b>9:00</b> Trilogy Fit (TH) <b>10:00</b> Name that Tune (B) <b>12:00</b> Men's Club (GR) <b>1:30</b> Living Arts (GR) <b>3:00</b> Happy Hour with Donna	<b>5</b> <b>9:00</b> Trilogy Fit (B) <b>10:00</b> Black Jack Bingo (GR) <b>2:00</b> Euchre (B) <b>2:45</b> Reminiscing (GR)
<b>6</b> <b>9:30</b> Current Events (Bistro) <b>10:30</b> Theme Sensations (TH) <b>1:15</b> Library Cart (room to room) <b>2:00</b> Devotions and Music with Bob (GR) <b>3:00</b> Trivia (Bistro)	<b>7</b> <b>8:30</b> Trilogy Fit <b>9:30</b> Devotions with Tim (Theater Room) <b>10:30</b> Nails with Kate (B) <b>1:00</b> Card Games (B) <b>1:30</b> Chef's Circle <b>2:00</b> Name That Tune (GR) <b>3:00</b> Bingo (GR)	<b>8</b> <b>9:00</b> Pet Visits with Dublin (Room Visits) <b>10:00</b> Joyful Sounds (B) <b>10:00</b> Shopping at Wal-mart** <b>1:30</b> Rosary with Mike (GR) <b>2:00</b> Bible Study (TH) <b>2:30</b> Granny's Kitchen (B) <b>6:00</b> Bingo (GR)	<b>9</b> <b>9:00</b> Trilogy Fit (TH) <b>10:30</b> Catholic Communion Service (TH) <b>1:30</b> Living Arts (GR) <b>2:45</b> Trivia (B) <b>4:00</b> Bible Study (GR)	<b>10</b> <b>9:00</b> Sittercise (B) <b>11:00</b> Lunch Outing Bob Evans** <b>1:30</b> Sports Men's Club (GR) <b>2:00</b> Movie & Popcom <b>3:30</b> Trivia (Bistro) <b>6:00</b> Black Jack Bingo (GR)	<b>11</b> <b>9:00</b> Trilogy Fit (TH) <b>10:00</b> Show and Tell (B) <b>11:00</b> Sittercise (B) <b>1:30</b> Living Arts (GR) <b>3:00</b> Happy Hour with Gil (B)	<b>12</b> <b>9:00</b> Trilogy Fit (B) <b>10:00</b> Black Jack Bingo (GR) <b>2:00</b> Euchre (B) <b>2:45</b> Reminiscing (GR)
<b>13</b> <b>9:30</b> Current Events (Bistro) <b>11:30</b> Sunday Brunch <b>2:00</b> Faith Presbyterian Church (GR) <b>3:00</b> Trivia (Bistro)	<b>14</b> <b>8:30</b> Trilogy Fit <b>9:30</b> Devotions with Tim (Theater Room) <b>1:00</b> Card Games (B) <b>1:30</b> Chef's Circle <b>2:00</b> Name That Tune (GR) <b>3:00</b> Bingo (GR)	<b>15</b> <b>9:00</b> Pet Visits with Dublin (Room Visits) <b>10:00</b> Mystery Drive <b>1:00</b> Resident Council (HC) <b>1:30</b> Rosary with Mike (GR) <b>2:00</b> Bible Study (TH) <b>2:30</b> Granny's Kitchen (B) <b>6:00</b> Bingo (GR)	<b>16</b> <b>9:00</b> Trilogy Fit (TH) <b>10:30</b> Catholic Communion Service (TH) <b>1:30</b> Living Arts (GR) <b>2:45</b> Trivia (B) <b>4:00</b> Bible Study (GR)	<b>17</b> <b>9:00</b> Sittercise (B) <b>11:00</b> Lunch Outing at Martino's** <b>2:00</b> Movie & Popcom <b>3:30</b> Trivia (Bistro) <b>6:00</b> Black Jack Bingo (GR)	<b>18</b> <b>9:00</b> Trilogy Fit (TH) <b>10:00</b> Name that Tune (B) <b>11:00</b> Sittercise (B) <b>1:30</b> Living Arts (GR) <b>3:00</b> Happy Hour with Kent Lane (B)	<b>19</b> <b>9:00</b> Trilogy Fit (B) <b>10:00</b> Black Jack Bingo (GR) <b>2:00</b> Euchre (B) <b>2:45</b> Reminiscing (GR)
<b>20</b> <b>9:30</b> Current Events (Bistro) <b>10:30</b> Theme Sensations (TH) <b>1:15</b> Library Cart (room to room) <b>2:00</b> Calvary Baptist Church Service (GR) <b>3:00</b> Trivia (Bistro)	<b>21 Martin Luther King Day</b> <b>8:30</b> Trilogy Fit <b>9:30</b> Devotions with Tim (Theater Room) <b>11:00</b> Resident Council <b>1:00</b> Card Games (B) <b>1:30</b> Chef's Circle <b>2:00</b> Name That Tune (GR) <b>3:00</b> Bingo (GR)	<b>22</b> <b>9:00</b> Pet Visits with Dublin (Room Visits) <b>10:00</b> Shopping at Meijer's** <b>1:30</b> Rosary with Mike (GR) <b>2:00</b> Bible Study (TH) <b>2:30</b> Granny's Kitchen (B) <b>6:00</b> Bingo (GR)	<b>23</b> <b>9:00</b> Trilogy Fit (TH) <b>10:30</b> Catholic Communion Service (TH) <b>1:30</b> Living Arts with Amorette (GR) <b>2:45</b> Trivia (B) <b>4:00</b> Bible Study (GR)	<b>24</b> <b>9:00</b> Sittercise (B) <b>11:00</b> Lunch Outing at the WindMill Grill** <b>3:30</b> Trivia (Bistro) <b>6:00</b> Black Jack Bingo (GR)	<b>25</b> <b>9:00</b> Trilogy Fit (TH) <b>10:00</b> Name that Tune (B) <b>11:00</b> Sittercise (B) <b>1:30</b> Living Arts (GR) <b>3:00</b> Happy Hour with John Bahler (B)	<b>26</b> <b>9:00</b> Trilogy Fit (B) <b>10:00</b> Black Jack Bingo (GR) <b>2:00</b> Euchre (B) <b>2:45</b> Reminiscing (GR)
<b>27</b> <b>9:30</b> Current Events (Bistro) <b>10:30</b> Theme Sensations (TH) <b>1:15</b> Library Cart (room to room) <b>2:00</b> Devotions and Music with Bob (GR) <b>3:00</b> Trivia (Bistro)	<b>28</b> <b>8:30</b> Trilogy Fit <b>9:30</b> Devotions with Tim (Theater Room) <b>1:00</b> Card Games (B) <b>1:30</b> Chef's Circle <b>2:00</b> Name That Tune (GR) <b>3:00</b> Bingo (GR)	<b>29</b> <b>9:00</b> Pet Visits with Dublin (Room Visits) <b>10:00</b> Mystery Drive <b>1:30</b> Rosary with Mike (GR) <b>2:00</b> Bible Study (TH) <b>2:30</b> Granny's Kitchen (B) <b>6:00</b> Bingo (GR)	<b>30</b> <b>9:00</b> Trilogy Fit (TH) <b>10:30</b> Music with Sam Piercy (B) <b>10:30</b> Catholic Communion Service (TH) <b>1:30</b> Living Arts (GR) <b>2:45</b> Trivia (B) <b>4:00</b> Bible Study (GR)	<b>31</b> <b>9:00</b> Sittercise (B) <b>11:00</b> Lunch Outing at Culver's** <b>2:00</b> Movie & Popcom <b>3:30</b> Trivia (Bistro) <b>6:00</b> Black Jack Bingo (GR)	Staff Birthday Alleigh B. 1/1 Debra G. 1/12 Kelly H. 1/15 Lee Ann G. 1/18 Brandi E. 1/20 Stacey S. 1/25 Bill St.C. 1/29 Anna C. 1/29	Locations Key Code Gathering Room (GR) Theater (TH) Bistro (B) Pub area (Pub)  Wellbrookeofkokomo.com is where you can download your calendar and newsletter.

# January 2019

Wellbrooke of Kokomo  
Health Center



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>GC</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>MM</b> - Mindful Moments <b>M</b> - Music to My Ears <b>O</b> - Out &amp; About <b>S</b> - Signature Events</p>	<p>Terry Holtz is your Long Term Ombudsman for your area. His phone number is: 574-737-2169</p> <p>Staff Birthdays: Alleigh B. 1/1 Debra G. 1/12 Kelly H. 1/15 Lee Ann G. 1/18 Brandi E. 1/20 Cheryl C. 1/25</p>	<p><b>1</b> <b>New Year's Day</b></p> <p><b>8:30</b> Library Cart (room to room visits) <b>10:00</b> Granny's Kitchen (B) <b>I 1:30</b> Rosary with Mike (GR) <b>2:30</b> Bingo (GR)</p>	<p><b>2</b></p> <p><b>I 10:30</b> Catholic Communion Service (TH) <b>S 11:00</b> Theme Sensations <b>S 1:30</b> Living Arts (GR) <b>K 2:45</b> Trivia (B) <b>I 4:00</b> Bible Study (GR)</p>	<p><b>3</b></p> <p><b>9:00</b> Sittercise (B) <b>S 10:00</b> Theme Sensations <b>O 11:00</b> Lunch Outing at IHOP** <b>S 2:00</b> Inspired Living Committee (B) <b>K 3:30</b> Trivia (Bistro) <b>K 6:00</b> Black Jack Bingo (GR)</p>	<p><b>4</b></p> <p><b>10:00</b> Name that Tune (B) <b>S 12:00</b> Men's Club (GR) <b>A 1:30</b> Living Arts (GR) <b>M 3:00</b> Happy Hour with Donna</p>	<p><b>5</b></p> <p><b>S 9:00</b> Trilogy Fit (B) <b>K 10:00</b> Black Jack Bingo (GR) <b>MM 1:00</b> Themed Sensastions (TH) <b>K 2:00</b> Euchre (B) <b>2:45</b> Reminising (GR)</p>
<p><b>6</b></p> <p><b>K 9:30</b> Current Events (Bistro) <b>MM 10:30</b> Theme Sensations (TH) <b>K 1:15</b> Library Cart (room to room) <b>I 2:00</b> Devotions and Music with Bob (GR) <b>K 3:00</b> Trivia (Bistro)</p>	<p><b>7</b></p> <p><b>S 8:30</b> Trilogy Fit <b>I 9:30</b> Devotions with Tim (Theater Room) <b>S 10:30</b> Theme Sensations <b>10:30</b> Nails with Kate (B) <b>1:00</b> Card Games (B) <b>S 1:30</b> Chef's Circle <b>M 2:00</b> Name That Tune (GR) <b>GC 3:00</b> Bingo (GR)</p>	<p><b>8</b></p> <p><b>MM 9:00</b> Pet Visits with Dublin (Room Visits) <b>10:00</b> Joyful Sounds (B) <b>O 10:00</b> Shopping at Wal-mart** <b>I 1:30</b> Rosary with Mike (GR) <b>I 2:00</b> Bible Study (TH) <b>2:30</b> Granny's Kitchen (B) <b>K 6:00</b> Bingo (GR)</p>	<p><b>9</b></p> <p><b>I 10:30</b> Catholic Communion Service (TH) <b>S 11:00</b> Theme Sensations <b>S 1:30</b> Living Arts (GR) <b>K 2:45</b> Trivia (B) <b>I 4:00</b> Bible Study (GR)</p>	<p><b>10</b></p> <p><b>9:00</b> Sittercise (B) <b>S 10:00</b> Theme Sensations <b>O 11:00</b> Lunch Outing Bob Evans** <b>S 1:30</b> Sports Men's Club (GR) <b>I 2:00</b> Movie &amp; Popcom <b>K 3:30</b> Trivia (Bistro) <b>K 6:00</b> Black Jack Bingo (GR)</p>	<p><b>11</b></p> <p><b>10:00</b> Show and Tell (B) <b>11:00</b> Sittercise (B) <b>A 1:30</b> Living Arts (GR) <b>M 3:00</b> Happy Hour with Gil (B)</p>	<p><b>12</b></p> <p><b>S 9:00</b> Trilogy Fit (B) <b>K 10:00</b> Black Jack Bingo (GR) <b>MM 1:00</b> Themed Sensastions (TH) <b>K 2:00</b> Euchre (B) <b>2:45</b> Reminising (GR)</p>
<p><b>13</b></p> <p><b>K 9:30</b> Current Events (Bistro) <b>S 11:30</b> Sunday Brunch <b>2:00</b> Faith Presbyterian Church (GR) <b>K 3:00</b> Trivia (Bistro)</p>	<p><b>14</b></p> <p><b>S 8:30</b> Trilogy Fit <b>I 9:30</b> Devotions with Tim (Theater Room) <b>S 10:30</b> Theme Sensations <b>1:00</b> Card Games (B) <b>S 1:30</b> Chef's Circle <b>M 2:00</b> Name That Tune (GR) <b>GC 3:00</b> Bingo (GR)</p>	<p><b>15</b></p> <p><b>MM 9:00</b> Pet Visits with Dublin (Room Visits) <b>MM 10:00</b> Theme Sensations (B) <b>O 10:00</b> Mystery Drive <b>1:00</b> Resident Council (HC) <b>I 1:30</b> Rosary with Mike (GR) <b>I 2:00</b> Bible Study (TH) <b>2:30</b> Granny's Kitchen (B) <b>K 6:00</b> Bingo (GR)</p>	<p><b>16</b></p> <p><b>I 10:30</b> Catholic Communion Service (TH) <b>S 11:00</b> Theme Sensations <b>S 1:30</b> Living Arts (GR) <b>K 2:45</b> Trivia (B) <b>I 4:00</b> Bible Study (GR)</p>	<p><b>17</b></p> <p><b>9:00</b> Sittercise (B) <b>S 10:00</b> Theme Sensations <b>O 11:00</b> Lunch Outing at Martino's ** <b>I 2:00</b> Movie &amp; Popcom <b>K 3:30</b> Trivia (Bistro) <b>K 6:00</b> Black Jack Bingo (GR)</p>	<p><b>18</b></p> <p><b>10:00</b> Name that Tune (B) <b>11:00</b> Sittercise (B) <b>A 1:30</b> Living Arts (GR) <b>M 3:00</b> Happy Hour with Kent Lane (B)</p>	<p><b>19</b></p> <p><b>S 9:00</b> Trilogy Fit (B) <b>K 10:00</b> Black Jack Bingo (GR) <b>MM 1:00</b> Themed Sensastions (TH) <b>K 2:00</b> Euchre (B) <b>2:45</b> Reminising (GR)</p>
<p><b>20</b></p> <p><b>K 9:30</b> Current Events (Bistro) <b>MM 10:30</b> Theme Sensations (TH) <b>K 1:15</b> Library Cart (room to room) <b>I 2:00</b> Calvary Baptist Church Service (GR) <b>K 3:00</b> Trivia (Bistro)</p>	<p><b>21</b> <b>Martin Luther King Day</b></p> <p><b>S 8:30</b> Trilogy Fit <b>I 9:30</b> Devotions with Tim (Theater Room) <b>S 10:30</b> Theme Sensations <b>1:00</b> Card Games (B) <b>S 1:30</b> Chef's Circle <b>M 2:00</b> Name That Tune (GR) <b>GC 3:00</b> Bingo (GR)</p>	<p><b>22</b></p> <p><b>MM 9:00</b> Pet Visits with Dublin (Room Visits) <b>O 10:00</b> Shopping at Meijer's** <b>MM 10:00</b> Theme Sensations (B) <b>I 1:30</b> Rosary with Mike (GR) <b>I 2:00</b> Bible Study (TH) <b>2:30</b> Granny's Kitchen (B) <b>K 6:00</b> Bingo (GR)</p>	<p><b>23</b></p> <p><b>I 10:30</b> Catholic Communion Service (TH) <b>S 11:00</b> Theme Sensations <b>S 1:30</b> Living Arts with Amorette (GR) <b>K 2:45</b> Trivia (B) <b>I 4:00</b> Bible Study (GR)</p>	<p><b>24</b></p> <p><b>9:00</b> Sittercise (B) <b>S 10:00</b> Theme Sensations <b>O 11:00</b> Lunch Outing at the WindMill Grill** <b>K 3:30</b> Trivia (Bistro) <b>K 6:00</b> Black Jack Bingo (GR)</p>	<p><b>25</b></p> <p><b>10:00</b> Name that Tune (B) <b>11:00</b> Sittercise (B) <b>A 1:30</b> Living Arts (GR) <b>M 3:00</b> Happy Hour with John Bahler (B)</p>	<p><b>26</b></p> <p><b>S 9:00</b> Trilogy Fit (B) <b>K 10:00</b> Black Jack Bingo (GR) <b>MM 1:00</b> Themed Sensastions (TH) <b>K 2:00</b> Euchre (B) <b>2:45</b> Reminising (GR)</p>
<p><b>27</b></p> <p><b>K 9:30</b> Current Events (Bistro) <b>MM 10:30</b> Theme Sensations (TH) <b>K 1:15</b> Library Cart (room to room) <b>I 2:00</b> Devotions and Music with Bob (GR) <b>K 3:00</b> Trivia (Bistro)</p>	<p><b>28</b></p> <p><b>S 8:30</b> Trilogy Fit <b>I 9:30</b> Devotions with Tim (Theater Room) <b>S 10:30</b> Theme Sensations <b>1:00</b> Card Games (B) <b>S 1:30</b> Chef's Circle <b>M 2:00</b> Name That Tune (GR) <b>GC 3:00</b> Bingo (GR)</p>	<p><b>29</b></p> <p><b>MM 9:00</b> Pet Visits with Dublin (Room Visits) <b>MM 10:00</b> Theme Sensations (B) <b>O 10:00</b> Mystery Drive <b>I 1:30</b> Rosary with Mike (GR) <b>I 2:00</b> Bible Study (TH) <b>2:30</b> Granny's Kitchen (B) <b>K 6:00</b> Bingo (GR)</p>	<p><b>30</b></p> <p><b>I 10:30</b> Catholic Communion Service (TH) <b>S 11:00</b> Theme Sensations <b>S 1:30</b> Living Arts (GR) <b>K 2:45</b> Trivia (B) <b>I 4:00</b> Bible Study (GR)</p>	<p><b>31</b></p> <p><b>9:00</b> Sittercise (B) <b>S 10:00</b> Theme Sensations <b>O 11:00</b> Lunch Outing at Culver's** <b>I 2:00</b> Movie &amp; Popcom <b>K 3:30</b> Trivia (Bistro) <b>K 6:00</b> Black Jack Bingo (GR)</p>	<p>Resident Birthdays: Mary Lou A. 1/11 Ruth W. 1/17 Betty B. 1/18 Irene O'D. 1/19 Teresa D. 1/19 Pauline K. 1/24 Thomas H. 1/25</p>	<p>Locations Key Code Gathering Room (GR) Theater (TH) Bistro (B) Pub (P)</p> <p>If you would like to download the calendar or newsletter go to: <a href="http://wellbrookeofkokomo.com">wellbrookeofkokomo.com</a></p>