



**Wellbrooke of Avon
Life Enrichment Activities - Assisted Living**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|---|--|--|
| <p>A - Artisans C - Connections CC - Creative Cooking I - Inspirations K - Keeping it Sharp L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p> | <p>KEY</p> <p>G - GATHERING ROOM B - BISTRO T - THEATRE MDR - MAIN DINING ROOM R - RENAISSANCE 1 AL/DR - AL DINING ROOM</p> | <p>DAILY</p> <p>NEWSPAPER DELIVERY</p> <p>MAIL DELIVERY</p> <p>WORD PUZZLES</p> <p>ROOM VISITS</p> | <p>ALL ACTIVITIES ARE SUBJECT TO CHANGE.</p> <p>PLEASE VIEW THE COMMUNITY LIFE SHARE MONITORS IN THE LOBBY, BISTRO AND LIFE SHARE CHANNEL ON YOUR TV FOR DAILY PROGRAMMING</p> | <p>HAPPY BIRTHDAY</p> <p>Mary K. 12/1 Marjorie G. 12/13 Darrel J. 12/16</p> <p>STONE: Turquoise FLOWER: Narcissus COLORS: Indigo, S. Green</p> | <p>1</p> <p>V 9:45 Trilogy Fit: Sit Down, Tone Up - B O 10:00 Shopping to Meijer - See Life Enrichment C 10:00 Nail Painting by Donna - B K 1:30 Wheel of Fortune - B M 3:00 Music with Scott Strange - B</p> | <p>2</p> <p>M 10:30 Glee Club - G K 2:00 Bingo - G K 3:15 Coffee & Conversation - B</p> |
| <p>3</p> <p>M 10:30 Hymns - B I 2:00 SUNDAY SERVICE with Pastor and Mrs. Grose - G A 3:00 Adult Color - B</p> | <p>4</p> <p>V 9:45 TrilogyFit: Tai Chi - T C 10:00 Nail Painting by Donna - B S 11:00 AL Community Council - G M 2:00 SUNDAY MONDAY - B K 2:30 Name That Croon - B K 4:15 Fireplace Fun - Lobby</p> | <p>5</p> <p>V 9:45 Trilogy Fit: Brain Fit - T I 10:45 Bible Study with Bob & Susan - G A 2:00 Creative Crafts - B CC 3:00 Fresh Popcorn - B K 4:15 Fireplace Fun - Lobby K 6:00 Euchre Club - B</p> | <p>6</p> <p>V 9:45 Trilogy Fit: Yoga - T CC 10:30 Otis Spunkmeyer Cookie Day - B I 11:00 RC Communion - B O 11:30 Lunch Out to - See Life Enrichment O 11:30 Lunch Out to Bob Evans - See Life Enrichment</p> | <p>7</p> <p>K 9:45 Trilogy Fit: Brain Fit - B L 10:30 Pearl Harbor Remembered - B S 11:00 Chef's Circle - B CC 2:00 Baking Crew "Brownies" - B C 2:30 Therapy Dog 'Zoey' & DeeDee</p> | <p>8</p> <p>V 9:45 Trilogy Fit: Sit Down, Tone Up - B C 10:00 Nail Painting by Donna - B K 1:30 Categories - B M 3:00 Music with Doug Debaun - B S 3:00 HAPPY HOUR - B</p> | <p>9</p> <p>M 10:30 Holiday Glee Club - G K 2:00 Bingo - G K 3:15 Coffee & Conversation - B</p> |
| <p>10</p> <p>M 10:30 Hymns - B I 1:30 WEST PINES BAPTIST CHURCH SERVICE - G A 3:00 Adult Color - B</p> | <p>11</p> <p>V 9:45 TrilogyFit: Tai Chi - T C 10:00 Nail Painting by Donna - B K 10:30 Word Puzzles - B K 2:00 MILK SHAKE MONDAY - B K 2:30 UNO! - B K 4:15 Fireplace Fun - Lobby</p> | <p>12</p> <p>V 9:45 Trilogy Fit: Brain Fit - T I 10:45 Bible Study with Bob & Susan - G O 11:45 Lunch Out to Apple Bees - See Life Enrichment A 2:00 Water Colors with Pat - B CC 3:00 Fresh Popcorn - B K 4:15 Fireplace Fun - Lobby</p> | <p>13 Hanukkah Begins</p> <p>O 9:30 INDIANA GRAND CASINO - See Life Enrichment V 9:45 Trilogy Fit: Yoga - T CC 10:30 Otis Spunkmeyer Cookie Day - B I 11:00 RC Communion - B K 2:00 Bingo with Stephanie from Elite Home Health- G</p> | <p>14</p> <p>K 9:45 Trilogy Fit: Brain Fit - B S 11:00 Chef's Circle - B M 2:00 Drive In Matinee "White Christmas" - T C 2:30 Therapy Dog 'Zoey' & DeeDee K 2:30 Silly Sayings Day - B</p> | <p>15</p> <p>V 9:45 Trilogy Fit: Sit Down, Tone Up - B O 10:00 Shopping to Wal Mart - Meet at the Fireplace C 10:00 Nail Painting by Donna - B K 1:30 Word Game - B M 3:00 Piano by Carol - B S 3:00 HAPPY HOUR - B</p> | <p>16</p> <p>M 10:30 Holiday Glee Club - G K 2:00 Bingo - G K 3:15 Coffee & Conversation - B</p> |
| <p>17</p> <p>M 10:30 Hymns - B S 11:00 FAMILY BRUNCH - Both Dining Rooms S 11:30 Pictures with Santa - Lobby I 2:00 SUNDAY SERVICE with Pastor and Mrs. Grose - G A 3:00 Adult Color - B</p> | <p>18</p> <p>V 9:45 TrilogyFit: Tai Chi - T C 10:00 Veteran's Huddle With Col. Danny Nelson - B C 10:00 Nail Painting by Donna - B M 2:00 ICE CREAM CONES - B K 2:30 Finish the Lyrics - B K 4:15 Fireplace Fun - Lobby</p> | <p>19</p> <p>V 9:45 Trilogy Fit: Brain Fit - T I 10:30 St. Malachy Catholic Church Mass - G I 10:45 Bible Study with Bob & Susan - G A 2:00 Creative Crafts - B CC 3:00 Fresh Popcorn - B K 4:15 Fireplace Fun - Lobby</p> | <p>20</p> <p>V 9:45 Trilogy Fit: Yoga - T CC 10:30 Otis Spunkmeyer Cookie Day - B I 11:00 RC Communion - B K 2:00 Bingo - G L 3:15 "A Visit from St. Nicholas" - B</p> | <p>21 Winter Begins</p> <p>K 9:45 Trilogy Fit: Brain Fit - B S 11:00 Chef's Circle - B CC 2:00 Baking Crew "Sugar Cookies" - B C 2:30 Therapy Dog 'Zoey' & DeeDee K 4:00 Fire Place Fun</p> | <p>22</p> <p>V 9:45 Trilogy Fit: Sit Down, Tone Up - B C 10:00 Nail Painting by Donna - B K 1:30 UNO - B M 3:00 Music with Don White - B S 3:00 HAPPY HOUR - B</p> | <p>23</p> <p>K 2:00 Bingo - G K 3:15 Coffee & Conversation - B</p> |
| <p>24</p> <p>M 10:30 Hymns - B I 1:30 CHAPEL ROCK CHRISTIAN SERVICE - G A 3:00 Adult Color - B</p> | <p>25 Christmas Day</p> <p>K 9:00 Christmas Puzzle Pack - B C 10:00 Nail Painting by Donna - B S 12:00 Christmas Holiday Feast - DR C 12:00 Holiday Visits - Dining Rooms</p> | <p>26 Kwanzaa Begins</p> <p>V 9:45 Trilogy Fit: Brain Fit - T I 10:45 Bible Study with Bob & Susan - G A 2:00 Creative Crafts - B CC 3:00 Fresh Popcorn - B K 4:15 Fireplace Fun - Lobby K 6:00 Euchre Club - B</p> | <p>27</p> <p>V 9:45 Trilogy Fit: Yoga - T CC 10:30 Otis Spunkmeyer Cookie Day - B I 11:00 RC Communion - B O 11:30 Lunch Out to Fu Yuan Chinese Buffet - See Life Enrichment C 2:00 Price is Right with Heather</p> | <p>28</p> <p>K 9:45 Trilogy Fit: Brain Fit - B S 11:00 Chef's Circle - B K 2:00 Drive In Matinee "Home Alone" - B K 2:30 Word Game - B C 2:30 Therapy Dog 'Zoey' & DeeDee</p> | <p>29</p> <p>V 9:45 Trilogy Fit: Sit Down, Tone Up - B O 10:00 Shopping to Wal Mart - See Life Enrichment C 10:00 Nail Painting by Donna - B S 3:00 NEW YEAR HAPPY HOUR - B M 3:00 Music with Tom Wright - B</p> | <p>30</p> <p>K 2:00 Bingo - G K 3:15 Coffee & Conversation - B</p> |
| <p>31 New Year's Eve</p> <p>M 10:30 Hymns - B I 2:00 Sunday Sermon with Pastor Grose - G K 3:00 Resolutions - B</p> | <p>MERRY CHRISTMAS EVERYONE!! and a HAPPY & HEALTHY NEW YEAR!!</p> | | <p>QUOTABLE QUOTE</p> <p>"May you have...</p> <p>The gladness of Christmas which is Hope, The spirit of Christmas which is Peace, The heart of Christmas which is...</p> | | | <p>Going into the New Year...</p> <p>"Learn from Yesterday Live for Today Hope for Tomorrow" - Albert Einstein</p> |

December 2017

Wellbrooke of Avon
Life Enrichment Activities - Health Center

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|--|---|
| <p>A - Artisans C - Connections CC - Creative Cooking I - Inspirations K - Keeping it Sharp L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events</p> | <p>KEY G - GATHERING ROOM B - BISTRO T - THEATRE MDR - MAIN DINING ROOM R - RENAISSANCE 1</p> | <p>DAILY NEWSPAPER DELIVERY MAIL DELIVERY WORD PUZZLES</p> | <p>ALL ACTIVITIES ARE SUBJECT TO CHANGE PLEASE VIEW THE COMMUNITY SHARE MONITORS IN THE MAIN LOBBY AND BISTRO FOR ANY DAILY CHANGES</p> | <p>HAPPY BIRTHDAY Mary K. 12/1 Marjorie G. 12/13 Darrel J. 12/16 STONE: Turquoise FLOWER: Narcissus COLORS: Indigo, S. Green</p> | <p>1 MM 9:15 Move to Music - R MM 9:30 Reminisce - R O 10:00 Shopping to Meijer - See Life Enrichment C 10:00 Nail Painting by Donna - B K 1:30 Wheel of Fortune - B M 3:00 Music with Scott Strange - B</p> | <p>2 MM 9:15 Move to Music - R MM 9:30 Reminisce - R M 10:30 Glee Club - G K 2:00 Bingo - G K 3:15 Coffee & Conversation - B</p> |
| <p>3 MM 9:15 Move to Music - R MM 9:30 Reminisce - R M 10:30 Hymns - B I 2:00 SUNDAY SERVICE with Pastor and Mrs. Grose - G A 3:00 Adult Color - B</p> | <p>4 MM 9:15 Move to Music - R MM 9:30 Reminisce - R C 10:00 Nail Painting by Donna - B O 10:00 SUNDAY SERVICE with Pastor and Mrs. Grose - G M 2:30 Name That Croon - B K 4:15 Fireplace Fun - Lobby</p> | <p>5 MM 9:15 Move to Music - R MM 9:30 Reminisce - R I 10:45 Bible Study with Bob & Susan - G A 2:00 Creative Crafts - B CC 3:00 Fresh Popcorn - B K 4:15 Fireplace Fun - Lobby K 6:00 Euchre Club - B</p> | <p>6 MM 9:15 Move to Music - R MM 9:30 Reminisce - R CC 10:30 Otis Spunkmeyer Cookie Day - B I 11:00 RC Communion - B O 11:30 Lunch Out to - See Life Enrichment O 11:30 Lunch Out to Bob Evans -</p> | <p>7 MM 9:15 Move to Music - R MM 9:30 Reminisce - R L 10:30 Pearl Harbor Remembered - B S 11:00 Chef's Circle - B CC 2:00 Baking Crew "Brownies" - B C 2:30 Therapy Dog 'Zoey' &</p> | <p>8 MM 9:15 Move to Music - R MM 9:30 Reminisce - R C 10:00 Nail Painting by Donna - B K 1:30 Categories - B M 3:00 Music with Doug Debaun - B S 3:00 HAPPY HOUR - B</p> | <p>9 MM 9:30 Move to Music - R MM 9:30 Reminisce - R M 10:30 Holiday Glee Club - G K 2:00 Bingo - G K 3:15 Coffee & Conversation - B</p> |
| <p>10 MM 9:15 Move to Music - R MM 9:30 Reminisce - R M 10:30 Hymns - B I 1:30 WEST PINES BAPTIST CHURCH SERVICE - G A 3:00 Adult Color - B</p> | <p>11 MM 9:15 Move to Music - R MM 9:30 Reminisce - R C 10:00 Nail Painting by Donna - B S 11:00 Resident Council - G O 2:00 MILK SHAKE MONDAY - B K 2:30 UNO! - B K 4:15 Fireplace Fun - Lobby</p> | <p>12 MM 9:15 Move to Music - R MM 9:30 Reminisce - R I 10:45 Bible Study with Bob & Susan - G O 11:45 Lunch Out to Apple Bees - See Life Enrichment A 2:00 Water Colors with Pat - B CC 3:00 Fresh Popcorn - B</p> | <p>13 Hanukkah Begins MM 9:15 Move to Music - R O 9:30 INDIANA GRAND CASINO - See Life Enrichment MM 9:30 Reminisce - R CC 10:30 Otis Spunkmeyer Cookie Day - B I 11:00 RC Communion - B K 2:00 Bingo with Stephanie from</p> | <p>14 MM 9:15 Move to Music - R MM 9:30 Reminisce - R S 11:00 Chef's Circle - B M 2:00 Drive In Matinee "White Christmas" - T C 2:30 Therapy Dog 'Zoey' & DeeDee K 2:30 Silly Sayings Day - B</p> | <p>15 MM 9:15 Move to Music - R MM 9:30 Reminisce - R O 10:00 Shopping to Wal Mart - Meet at the Fireplace C 10:00 Nail Painting by Donna - B K 1:30 Word Game - B M 3:00 Piano by Carol - B S 3:00 HAPPY HOUR - B</p> | <p>16 MM 9:30 Reminisce - R MM 9:30 Move to Music - R M 10:30 Holiday Glee Club - G K 2:00 Bingo - G K 3:15 Coffee & Conversation - B</p> |
| <p>17 MM 9:15 Move to Music - R MM 9:30 Reminisce - R M 10:30 Hymns - B S 11:00 FAMILY BRUNCH - Both Dining Rooms S 11:30 Pictures with Santa - Lobby I 2:00 SUNDAY SERVICE with</p> | <p>18 MM 9:15 Move to Music - R MM 9:30 Reminisce - R C 10:00 Veteran's Huddle With Col. Danny Nelson - B C 10:00 Nail Painting by Donna - B O 2:00 ICE CREAM CONES - B M 2:30 Finish the Lyrics - B K 4:15 Fireplace Fun - Lobby</p> | <p>19 MM 9:15 Move to Music - R MM 9:30 Reminisce - R I 10:30 St. Malachy Catholic Church Mass - G I 10:45 Bible Study with Bob & Susan - G A 2:00 Creative Crafts - B CC 3:00 Fresh Popcorn - B</p> | <p>20 MM 9:15 Move to Music - R MM 9:30 Reminisce - R CC 10:30 Otis Spunkmeyer Cookie Day - B I 11:00 RC Communion - B K 2:00 Bingo - G L 3:15 "A Visit from St. Nicholas" - B</p> | <p>21 Winter Begins MM 9:15 Move to Music - R MM 9:30 Reminisce - R S 11:00 Chef's Circle - B CC 2:00 Baking Crew "Sugar Cookies" - B C 2:30 Therapy Dog 'Zoey' & DeeDee K 4:00 Fire Place Fun</p> | <p>22 MM 9:15 Move to Music - R MM 9:30 Reminisce - R C 10:00 Nail Painting by Donna - B K 1:30 UNO - B M 3:00 Music with Don White - B S 3:00 HAPPY HOUR - B</p> | <p>23 MM 9:30 Reminisce - R MM 9:30 Move to Music - R K 2:00 Bingo - G K 3:15 Coffee & Conversation - B</p> |
| <p>24 MM 9:15 Move to Music - R MM 9:30 Reminisce - R M 10:30 Hymns - B I 1:30 CHAPEL ROCK CHRISTIAN SERVICE - G A 3:00 Adult Color - B</p> | <p>25 Christmas Day K 9:00 Christmas Puzzle Pack - B C 10:00 Nail Painting by Donna - B S 12:00 Christmas Holiday Feast - DR C 12:00 Holiday Visits - Dining Rooms</p> | <p>26 Kwanzaa Begins MM 9:15 Move to Music - R MM 9:30 Reminisce - R I 10:45 Bible Study with Bob & Susan - G A 2:00 Creative Crafts - B CC 3:00 Fresh Popcorn - B K 4:15 Fireplace Fun - Lobby K 6:00 Euchre Club - B</p> | <p>27 MM 9:15 Move to Music - R MM 9:30 Reminisce - R CC 10:30 Otis Spunkmeyer Cookie Day - B I 11:00 RC Communion - B O 11:30 Lunch Out to Fu Yuan Chinese Buffet - See Life Enrichment</p> | <p>28 MM 9:15 Move to Music - R MM 9:30 Reminisce - R S 11:00 Chef's Circle - B K 2:00 Drive In Matinee "Home Alone" - B K 2:30 Word Game - B C 2:30 Therapy Dog 'Zoey' & DeeDee</p> | <p>29 MM 9:15 Move to Music - R MM 9:30 Reminisce - R O 10:00 Shopping to Wal Mart - See Life Enrichment C 10:00 Nail Painting by Donna - B S 3:00 NEW YEAR HAPPY HOUR - B M 3:00 Music with Tom Wright - B</p> | <p>30 MM 9:30 Reminisce - R MM 9:30 Move to Music - R K 2:00 Bingo - G K 3:15 Coffee & Conversation - B</p> |
| <p>31 New Year's Eve MM 9:15 Move to Music - R MM 9:30 Reminisce New Years Past - R M 10:30 Hymns - B I 2:00 Sunday Sermon with Pastor Grose - G K 3:00 Resolutions - B</p> | <p>MERRY CHRISTMAS EVERYONE!! and a HAPPY & HEALTHY NEW YEAR!!</p> | | | <p>QUOTABLE QUOTE "May you have.... The gladness of Christmas which is Hope, The spirit of Christmas which is Peace The best of Christmas which is</p> | | <p>Going into the New Year..... "Learn from Yesterday Live for Today Hope for tomorrow" -Albert Einstein</p> |