

Waterford Place Villas
Activities are subject to change.

JULY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 10:00 10-11 AM Brain Fit With Michelle 7:00 7 PM Cards with Judy	3 3:00 3:00 PM Strengthening Exercise Low Impact	4 Independence Day	5	6 3:00 3 PM Social Time 3:30 3:30 PM Happy Hour BINGO w/ Angie	7
8	9 10:00 10-11 AM Brain Fit With Michelle 7:00 7 PM Cards with Judy	10 11:00 11-2 pm Clubhouse Reserved Altrusa 11:00 11-2 PM St. Anne's Guild Luncheon 3:00 3:00 PM Cardio Exercise Low Impact 5:00 Main Street Christian Church Meal	11 10:30 10:30 AM Biscuits and Gravy 12:00 Card Stamping With Deb & Brenda	12 2:00 2:00 PM Chair Yoga	13 3:00 3 PM Social Time 3:30 3:30 PM Happy Hour	14
15 11:00 11-1 PM Sunday Brunch @ WPHC Main Campus	16 10:00 10-11 AM Brain Fit With Michelle 7:00 7 PM Cards with Judy	17 3:30 3:30 PM Balance Exercise Low Impact	18 5:00 5-9 pm GoldRush Music	19	20 3:00 3 PM Social Time 3:30 3:30 PM Happy Hour Bingo	21
22	23 10:00 10-11 AM Brain Fit With Michelle 6:00 6 PM Carry In 7:00 7 PM Cards with Judy	24 5:00 5-9 pm Reserved Altrusa Dinner Meeting	25 10:00 10-2 PM Clubhouse Reserved 3:00 3:00 PM Cards Resident Lead	26 10:00 10 AM Senior Executive Luncheon at Waterford Place 2:00 2:00 PM Chair Yoga	27 3:00 3 PM Social Time	28 9:00 9-9 Clubhouse Reserved
29	30 10:00 10-11 AM BrainFit with Michelle 7:00 7 PM Cards with Judy	31	Sunday Brunch is complimentary for Villa tenants. 2 or more persons \$7 per meal. Reservations requested.	Major holidays will be split into 2 halves. 6a-4p 5p-10p. Use day planner to reserve clubhouse. Due to our large villa population, please see Paula to insure dates/times are available	Senior Executive Luncheon is held at Waterford Place Assisted Living Dining Room. Program and meal are complimentary	All activities held at Clubhouse . Outings will be location specific