

# January 2019

Waterford Place Health Campus  
Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans  <b>CC</b> - Community Connections  <b>CC</b> - Creative Cooking  <b>GF</b> - Gathering of Friends  <b>GC</b> - Group Games  <b>I</b> - Inspirations  <b>K</b> - Keeping it Sharp/Reminisce  <b>L</b> - Lifelong Learning  <b>MN</b> - Mindful Moments  <b>M</b> - Music to My Ears  <b>O</b> - Out &amp; About</p>	<p>KeyCode:  AL - Assisted Living Dining Room  AR - Activity Room  LB - Library  LR- Health Center Living Room  MD - Main Dining Room  RD - Restorative Dining Room</p>	<p><b>1</b> <b>New Year's Day</b>  <b>V</b> 9:30 Morning Stretches in Dining Room  <b>K</b> 10:30 Reminiscing  <b>M</b> 1:30 2019 Bulb Craft  <b>CC</b> 2:30 Football Treat</p>	<p><b>2</b>  <b>V</b> 9:30 Morning Stretches DR  <b>L</b> 10:30 Chef's Circle in TCS Dining Room  <b>I</b> 1:30 Kingdom Hall Bible Study -LR  <b>GF</b> 2:00 Penguin Plunge  <b>K</b> 3:00 Reminiscing</p>	<p><b>3</b>  <b>V</b> 9:30 Morning Stretches  <b>I</b> 10:00 Catholic Rosary w/Mike -LR  <b>11:00</b> Lunch &amp; Movie Outing  <b>3:30</b> Card Games in DR  <b>GF</b> 6:30 BINGO- MD</p>	<p><b>4</b>  <b>K</b> 12:00 Trivia Day  <b>V</b> 9:30 Morning Stretches &amp; Trivia  <b>K</b> 11:30 Trivia Time  <b>K</b> 2:00 Trivia Game in TCS Dining Room  <b>M</b> 3:00 Happy Hour W/ John Bahler &amp; Trivia</p>	<p><b>5</b>  <b>V</b> 11:00 Healthy Hands  <b>GC</b> 1:45 Bingo Main Dining Room</p>
<p><b>6</b>  <b>MN</b> 11:00 Healthy Hands  <b>I</b> 2:30 Nondenominational Church - AL  <b>GC</b> 3:30 Life Share Games</p>	<p><b>7</b>  <b>V</b> 9:30 Morning Stretches  <b>O</b> 11:00 Lunch out to Burger King  <b>A</b> 2:00 Painting  <b>GC</b> 3:00 Games in Main DR</p>	<p><b>8</b>  <b>V</b> 9:30 Morning Stretches in Dining Room  <b>CC</b> 10:00 Elvis Sandwiches and Trivia  <b>11:15</b> Healthy Hands  <b>L</b> 2:00 Popcom and Parkinson's W/Roger</p>	<p><b>9</b>  <b>V</b> 9:30 Morning Stretches DR  <b>L</b> 10:30 Chef's Circle in TCS Dining Room  <b>MN</b> 11:15 Healthy Hands  <b>I</b> 1:30 Kingdom Hall Bible Study -LR  <b>K</b> 2:00 Dear Abby &amp; Reminiscing in AL Dining Room</p>	<p><b>10</b>  <b>V</b> 9:30 Morning Stretches  <b>A</b> 10:00 T-Shirt Craft in AL Dining Room  <b>I</b> 10:00 Catholic Rosary w/Mike -LR  <b>GC</b> 1:30 Activities w/ P-Kat (ACT)  <b>GC</b> 3:30 Wii Games in TCS Dining Room</p>	<p><b>11</b>  <b>V</b> 9:30 Morning Stretches  <b>V</b> 11:30 Inspired Living Committee (ACT)  <b>GF</b> 2:00 Snow Day Activities in AL Dining Room  <b>M</b> 3:00 Happy Hour W/ Staff Karaoke</p>	<p><b>12</b>  <b>V</b> 11:00 Healthy Hands  <b>GC</b> 1:45 Bingo Main Dining Room</p>
<p><b>13</b>  <b>I</b> 2:30 Nondenominational Church - AL</p>	<p><b>14</b>  <b>V</b> 9:30 Morning Stretches  <b>O</b> 10:30 Lunch Outing to Cracker Barrel  <b>A</b> 2:00 Stocking Cap Craft in Main Dining Room  <b>GC</b> 3:00 Games in Main DR</p>	<p><b>15</b>  <b>V</b> 9:30 Morning Stretches in Dining Room  <b>CC</b> 10:00 Creative Cooking - Cleaning Strawberries  <b>GF</b> 2:00 Strawberry Festival for Residents and Staff in TCS Dining Room</p>	<p><b>16</b>  <b>V</b> 9:30 Morning Stretches DR  <b>L</b> 10:30 Chef Circle in TSC Dining Room  <b>I</b> 1:30 Kingdom Hall Bible Study -LR  <b>GC</b> 2:00 Carnival Day in AL Living Room</p>	<p><b>17</b>  <b>V</b> 9:30 Morning Stretches  <b>A</b> 10:00 Sock Snowman Craft in AL Dining Room  <b>I</b> 10:00 Catholic Rosary w/Mike -LR  <b>MN</b> 11:15 Healthy Hands  <b>GF</b> 6:30 BINGO- MD</p>	<p><b>18</b>  <b>V</b> 9:30 Morning Stretches  <b>MN</b> 11:15 Healthy Hands  <b>M</b> 3:00 Happy Hour W/ Paul Enochs  <b>3:00</b> Iced Coffee and Frappes served at Happy Hour</p>	<p><b>19</b>  <b>V</b> 11:00 Healthy Hands  <b>GC</b> 1:45 Bingo Main Dining Room  <b>I</b> 2:30 Southside Apostolic Church (LR)</p>
<p><b>20</b>  <b>S</b> 11:00 Sunday Brunch 11am to 1pm  <b>I</b> 2:30 Nondenominational Church - AL</p>	<p><b>21</b> <b>Martin Luther King Day</b>  <b>V</b> 9:30 Morning Stretches  <b>O</b> 10:30 Lunch Outing to 5 Guys  <b>K</b> 2:30 Trivia Fun &amp; Reminiscing  <b>GC</b> 3:00 Games in Main DR</p>	<p><b>22</b>  <b>V</b> 9:30 Morning Stretches in Dining Room  <b>GC</b> 2:00 Card Games in AL Dining Room  <b>M</b> 3:30 Name That Croon</p>	<p><b>23</b>  <b>V</b> 9:30 Morning Stretches DR  <b>L</b> 10:30 Chef Circle in TSC Dining Room  <b>I</b> 1:30 Kingdom Hall Bible Study -LR  <b>GF</b> 2:00 Pie Eating Contest (Staff) Pie and Ice Cream (Residents)  <b>GC</b> 3:30 Wii Games in TCS</p>	<p><b>24</b>  <b>V</b> 9:30 Morning Stretches  <b>I</b> 10:00 Catholic Rosary w/Mike -LR  <b>MN</b> 11:15 Healthy Hands  <b>GF</b> 3:00 Eskimo Pie Day in AL Dining Room  <b>GF</b> 6:30 BINGO- MD</p>	<p><b>25</b>  <b>GF</b> 12:00 Fun At Work Day - Fun thruout the building for Staff &amp; Residents  <b>V</b> 9:30 Morning Stretches  <b>GF</b> 10:00 Photo Booth Fun in AL area  <b>GF</b> 11:00 Slime Time in Business Office Hall  <b>GF</b> 1:00 Decorate CakePops in</p>	<p><b>26</b>  <b>V</b> 11:00 Healthy Hands  <b>GC</b> 1:45 Bingo Main Dining Room</p>
<p><b>27</b>  <b>I</b> 2:30 Nondenominational Church - AL</p>	<p><b>28</b>  <b>M</b> 12:00 Kazoo Day  <b>V</b> 9:30 Lifeshare Games (LR)  <b>V</b> 9:30 Morning Stretches  <b>O</b> 10:30 Lunch Outing to Bob Evans  <b>K</b> 10:30 Current Events  <b>K</b> 2:30 Kazoos &amp; Reminiscing  <b>GC</b> 3:00 Games in Main DR</p>	<p><b>29</b>  <b>V</b> 9:30 Morning Stretches in Dining Room  <b>CC</b> 10:00 Creative Cooking  <b>GF</b> 2:00 Afternoon Tea in AL Dining Room  <b>GF</b> 3:00 Trivia &amp; Fun in Main Dining Room</p>	<p><b>30</b>  <b>V</b> 9:30 Morning Stretches DR  <b>L</b> 10:30 Chef Circle in TSC Dining Room  <b>I</b> 1:30 Kingdom Hall Bible Study -LR  <b>O</b> 2:00 Bus leaves to go Bowling at Heritage Lanes</p>	<p><b>31</b>  <b>V</b> 9:30 Morning Stretches  <b>I</b> 10:00 Catholic Rosary w/Mike -LR  <b>MN</b> 11:15 Healthy Hands  <b>CC</b> 2:00 Ping Pong W/Roger in AL Private Dining Room  <b>GC</b> 3:00 Card Games in AL Dining Room  <b>GF</b> 6:30 BINGO- MD</p>	<p>Activities are subject to change. Changes will be posted on the LifeShare screens in the Facility.</p>	<p>Ombudsman - Terry Holtz 574-737-2169  State Survey Results are available in the Library.</p>

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Health Center



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<p><b>A</b> - Artisans <b>CC</b> - Community Connections <b>CC</b> - Creative Cooking <b>GF</b> - Gathering of Friends <b>GC</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>M</b> - Music to My Ears <b>O</b> - Out &amp; About <b>S</b> - Signature Events</p>	<p>KeyCode: AR - Activity Room AL - Assisted Living Dining LB - Library LR - Health Center Living Room TCS - TCS Dining MD - Main Dining RD - Restorative Dining Room</p>	<p><b>1</b> <b>New Year's Day</b></p> <p><b>K</b> 10:30 Reminiscing <b>M</b> 1:30 2019 Bulb Craft <b>CC</b> 2:30 Football Treat</p>	<p><b>2</b></p> <p><b>V</b> 9:30 Sing Fit DR <b>V</b> 9:30 Morning Stretches DR <b>L</b> 10:30 Chef's Circle in TCS Dining Room <b>GF</b> 2:00 Penguin Plunge <b>K</b> 3:00 Reminiscing</p>	<p><b>3</b></p> <p><b>I</b> 10:00 Catholic Rosary w/Mike -LR 11:00 Lunch &amp; Movie Outing 3:30 Card Games in DR <b>GF</b> 6:30 BINGO- MD</p>	<p><b>4</b></p> <p><b>K</b> 12:00 Trivia Day <b>M</b> 9:30 SING FIT &amp; Trivia <b>K</b> 11:00 Trivia Time <b>K</b> 2:00 Trivia Game in TCS Dining Room <b>M</b> 3:00 Happy Hour W/ John Bahler &amp; Trivia</p>	<p><b>5</b></p> <p><b>GC</b> 10:00 Lifeshare Games <b>GC</b> 1:45 Bingo Main Dining Room</p>
<p><b>6</b></p> <p><b>V</b> 9:30 Morning Stretches <b>M</b> 10:00 Name That Croon <b>I</b> 2:30 Nondenominational Church - AL <b>GC</b> 3:00 Life Share Games</p>	<p><b>7</b></p> <p><b>V</b> 9:30 Sing Fit in DR <b>O</b> 11:00 Lunch out to Burger King <b>A</b> 2:00 Painting <b>GC</b> 3:00 Games in Main DR</p>	<p><b>8</b></p> <p><b>V</b> 9:30 Morning Stretches <b>CC</b> 10:00 Elvis Sandwiches and Trivia <b>L</b> 2:00 Popcorn and Parkinson's W/Roger</p>	<p><b>9</b></p> <p><b>V</b> 9:30 Sing Fit DR <b>M</b> 10:00 Name That Croon <b>L</b> 10:30 Chef's Circle in TCS Dining Room <b>K</b> 2:00 Dear Abby &amp; Reminiscing in AL Dining Room <b>GC</b> 3:00 Table Games in TCS Dining Room</p>	<p><b>10</b></p> <p><b>V</b> 9:30 Morning Stretches <b>I</b> 10:00 Catholic Rosary w/Mike -LR <b>GC</b> 1:30 Activities w/ P-Kat (ACT) <b>A</b> 2:30 T-Shirt Craft in TCS Dining Room <b>GC</b> 3:30 Wii Games in TCS Dining Room</p>	<p><b>11</b></p> <p><b>M</b> 9:30 SING FIT <b>V</b> 11:30 Inspired Living Committee (ACT) <b>GF</b> 2:00 Snow Day Activities in AL Dining Room <b>M</b> 3:00 Happy Hour W/ Staff Karaoke</p>	<p><b>12</b></p> <p><b>GC</b> 10:00 Lifeshare Games <b>GC</b> 1:45 Bingo Main Dining Room</p>
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<p><b>20</b></p> <p><b>V</b> 9:30 Morning Stretches <b>M</b> 10:00 Name That Croon <b>S</b> 11:00 Sunday Brunch 11am to 1pm <b>I</b> 2:30 Nondenominational Church - AL <b>GC</b> 3:00 Life Share Games</p>	<p><b>21</b> <b>Martin Luther King Day</b></p> <p><b>V</b> 9:30 Sing Fit in DR <b>O</b> 10:30 Lunch Outing to 5 Guys <b>K</b> 2:30 Trivia Fun &amp; Reminiscing <b>GC</b> 3:00 Games in Main DR</p>	<p><b>22</b></p> <p><b>V</b> 9:30 Morning Stretches <b>CC</b> 10:00 Creative Cooking in Main Dining Room <b>GF</b> 2:00 Afternoon Tea in TCS Dining Room <b>M</b> 3:30 Name That Croon</p>	<p><b>23</b></p> <p><b>V</b> 9:30 Sing Fit DR <b>M</b> 10:00 Name That Croon <b>L</b> 10:30 Chef Circle in TSC Dining Room <b>GF</b> 2:00 Pie Eating Contest (Staff) Pie and Ice Cream (Residents) <b>GC</b> 3:30 Wii Games in TCS Dining Room</p>	<p><b>24</b></p> <p><b>V</b> 9:30 Morning Stretches <b>I</b> 10:00 Catholic Rosary w/Mike -LR <b>GF</b> 2:00 Eskimo Pie Day in TCS Dining Room <b>GF</b> 6:30 BINGO- MD</p>	<p><b>25</b></p> <p><b>GF</b> 12:00 Fun At Work Day - Fun thruout the building for Staff &amp; Residents <b>M</b> 9:30 SING FIT <b>GF</b> 10:00 Photo Booth Fun in AL area <b>GF</b> 1:00 Decorate CakePops in TCS Dining Room <b>GF</b> 2:00 Wheel of Fortune Fun</p>	<p><b>26</b></p> <p><b>GC</b> 10:00 Lifeshare Games <b>GC</b> 1:45 Bingo Main Dining Room</p>
<p><b>27</b></p> <p><b>V</b> 9:30 Morning Stretches <b>M</b> 10:00 Name That Croon <b>I</b> 2:30 Nondenominational Church - AL <b>GC</b> 3:00 Life Share Games</p>	<p><b>28</b></p> <p><b>M</b> 12:00 Kazoo Day <b>V</b> 9:30 Lifeshare Games (LR) <b>V</b> 9:30 Sing Fit in DR <b>O</b> 10:30 Lunch Outing to Bob Evans <b>K</b> 10:30 Current Events <b>K</b> 2:30 Kazoos &amp; Reminiscing <b>GC</b> 3:00 Games in Main DR</p>	<p><b>29</b></p> <p><b>V</b> 9:30 Morning Stretches <b>M</b> 10:00 Name That Croon <b>GC</b> 2:00 Wii Games in TCS Dining Room <b>GF</b> 3:00 Trivia &amp; Fun in Main Dining Room</p>	<p><b>30</b></p> <p><b>V</b> 9:30 Sing Fit DR <b>M</b> 10:00 Name That Croon <b>L</b> 10:30 Chef Circle in TSC Dining Room <b>O</b> 2:00 Bus leaves to go Bowling at Heritage Lanes <b>K</b> 3:30 Short Stories in TCS Dining Room</p>	<p><b>31</b></p> <p><b>V</b> 9:30 Morning Stretches <b>I</b> 10:00 Catholic Rosary w/Mike -LR <b>CC</b> 2:00 Ping Pong W/Roger in AL Private Dining Room <b>GC</b> 3:00 Table Games in TCS Dining Room <b>GF</b> 6:30 BINGO- MD</p>	<p>Activities are subject to change. Changes will be posted on the LifeShare screens in the Facility.</p>	<p>Ombudsman - Terry Holtz 574-737-2169 State Survey Results are available in the Library</p>