

August ~ Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Valley View company store August 31st @ 1:00 p.m.. Come spend your bingo money and have some fun!	Daily Chronicles will be passed daily @ 9:00 am Taste of Town~ August 21st-Wendy's	Chef's circle will be held every Friday @ 1:15, please come share your suggestions.	1 9:15 Walking Club 9:45 Trivia Challenge 10:15 Yoga 2:00 Catholic Mass 2:45 Root Beer Floats 6:00 Just the Guys	2 9:15 Walking Club 9:45 Spelling Bee 10:15 Bend & Stretch 11:00 Lunch bunch @ Jolly Rogers 1:30 Manicures w/ Melissa 6:30 Cardo	3 9:15 Walking Club 9:45 Community Connections 10:15 Trilogy Fit 11:30 Jokes & Riddles 1:00 Bible Circle-HC 2:30 Happy Hour-Music W/ Russell-HC	4 9:15 Walking Club 10:00 FITGO~Exercise Fun-HC 10:45 Current Events-HC 1:30 Bingo-HC 2:30 Snack & Chat-Gathering of Friends-HC
5 9:15 Walking Club 10:00 Brain Quest-HC 10:00 Catholic Communion Visits 11:00 Family Brunch #1 12:30 Family Brunch #2 2:00 Hymn Sing along W/ Dave 2:15 Church W/ Rev. Tucker	6 9:15 Walking Club 9:45 Patio Games 10:15 Trilogy Fit 11:00 Green Thumbs 1:30 Creative Writing 6:00 Card Club	7 9:15 Walking Club 9:45 Cooking Group 10:15 Cardio Drumming 2:00 Birthday Bash W/ Alana G. 6:30 Bingo W/ VFW	8 9:15 Walking Club 9:45 Brain Quest 10:00 Catholic Communion 10:15 Yoga 11:00 Picnic @ The Park & Fishing trip 2:45 Root Beer Floats 6:00 Just the Guys	9 9:15 Walking Club 10:00 Cardio Drumming-HC 1:30 Cardo-HC 1:30 Manicures w/ Melissa 6:00 Leaving for Sunset Cruise	10 9:15 Walking Club 9:45 Community Connections 10:15 Trilogy Fit 1:00 Bible Circle-HC 2:30 Happy Hour-Music W/ Kevin	11 9:15 Walking Club 10:00 FITGO~Exercise Fun-HC 10:30 Current Events-HC 1:30 Bingo-HC
12 9:15 Walking Club 10:00 Sunday Morning Drive 10:00 Catholic Communion Visits 2:00 Church service W/ Rev. Tucker & Friends	13 9:15 Walking Club 9:45 Patio games 10:15 Trilogy Fit 11:00 Green Thumb 1:30 Making floral bracelets 6:00 Card Club	14 9:15 Walking Club 9:45 Cooking Club~Pineapple upside-down-cake 10:15 Cardio Drumming 1:30 Bingo 2:30 Snack & Chat 6:30 Comhole-HC	15 9:15 Walking Club 9:30 Leaving for Sauder Village 9:45 Brush to canvas W/ Barb 10:00 Catholic Communion 2:45 Root Beer Floats 6:00 Just the Guys	16 9:15 Walking Club 9:45 South Pacific~ spelling bee 10:15 Cardio Drumming 1:30 Cardo-HC 1:30 Manicures w/ Melissa 4:30 South Pacific theme dinner	17 9:15 Walking Club 9:45 Community Connections 10:15 Trilogy Fit 1:00 Bible Circle-HC 2:30 Happy Hour-Music W/ Bill	18 9:15 Walking Club 10:00 FITGO~Exercise Fun 1:30 Bingo 2:30 Root beer floats
19 9:15 Walking Club 9:30 Church services w/ Bob Chrisman 10:00 Catholic Communion Visits 1:30 Sunday Drive	20 9:15 Walking Club 9:45 Patio Games 10:15 Trilogy Fit 11:00 Garden hands 1:30 Art circle 6:00 Card Club	21 Senior Citizens Day 9:15 Walking Club 9:45 Cooking Club 10:00 Communion W/ Good Shepard 10:15 Cardio Drumming 12:00 Taste of Town~Wendy's 1:30 Bingo 2:30 Snack & Chat 6:30 Horse racing	22 9:15 Walking Club 9:45 Brush to canvas W/ Barb 10:00 Catholic Communion 10:15 Yoga 2:45 Root Beer Floats 6:45 Verandah Concert	23 9:15 Walking Club 10:00 Senior Day @ the fair 1:30 Manicures w/ Melissa 6:30 Cardo	24 9:15 Walking Club 9:45 Community Connections 10:15 Trilogy Fit 1:00 Bible Circle-HC 2:30 Happy Hour-Music W/ Kevin	25 9:15 Walking Club 10:00 FITGO~Exercise Fun 10:30 Current events 1:30 Bingo 2:30 Ice cream treats
26 9:15 Walking Club 10:00 Sunday Morning Drive 10:00 Catholic Communion Visits 1:00 Manicures 2:00 Church Service W/ Fremont Baptist	27 9:15 Walking Club 9:45 Patio Games 10:15 Trilogy Fit 11:00 Green Thumbs 1:30 Creative Writing 6:00 Card Club	28 9:15 Walking Club 9:30 yoga Stretches 10:00 Resident Council 10:30 Cardio Drumming 1:30 Bingo 2:30 Snack & Chat 7:00 Pop com & A movie	29 9:15 Walking Club 9:45 Brush to canvas W/ Barb 10:00 Hollywood Casino 10:00 Catholic Communion 2:45 Root Beer Floats 6:00 Just the Guys	30 9:15 Walking Club 10:00 Lyme Village Tour 11:30 Picnic @ The Village 1:30 Patio Games 1:30 Manicures w/ Melissa 6:30 Cardo	31 9:15 Walking Club 9:45 Community Connections 10:15 Trilogy Fit 1:00 Bingo company store 1:00 Bible Circle-HC 2:30 Happy Hour-Music W/ Jimmy	August Birthday's Jean F. 8/1 Kathyrunn R. 8/3



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August Birthdays Norman W. 8/3	August 5th- Brunch Brunch times will be at 11:00 & 12:30	Valley View company store August 31st, Come spend your bingo money and have some fun!	1 10:00 Bend & Stretch 10:45 Daily Chronicles 11:00 Lunch Bunch @ Cleats 2:00 Catholic Mass 3:30 Mindful Moments 6:00 Just the Guys	2 10:00 Senior Fit 10:30 Trivia Fun 11:00 Daily Chronicles 1:30 Cook's comer 1:30 Manicures w/ Melissa 3:30 Mindful Moments 6:30 Cardo	3 10:00 Bend & Stretch 10:30 News you can use 11:00 Daily Chronicles 1:00 Bible Circle 2:30 Happy Hour-Music W/ Russell 3:30 Mindful Moments	4 10:00 FITGO~Exercise Fun-HC 10:45 Current events 11:00 Daily Chronicles 1:30 Bingo 2:30 Snack & Chat
5 9:30 Catholic Communion Visits 10:00 Brain Quest 11:00 Daily Chronicles 11:00 Family Brunch #1 12:30 Family Brunch #2 2:00 Hymn Sing along W/ Dave 2:15 Church W/ Rev. Tucker	6 10:00 Bend & Stretch 10:30 Senior trivia 11:00 Daily Chronicles 1:30 Creative Writing 3:30 Mindful Moments	7 10:00 Name That Tune 10:30 Sittercise 11:00 Daily Chronicles 1:00 Chef's circle 2:00 Birthday Bash W/ Alana G. 3:30 Mindful Moments 6:30 Bingo W/ VFW	8 9:30 Catholic Communion Visits 10:00 Bend & Stretch 10:45 Daily Chronicles 11:00 Picnic @ The Park & Fishing Trip 3:30 Mindful Moments 6:00 Just the Guys	9 10:00 Senior Fit 10:30 Trivia Fun 11:00 Daily Chronicles 1:30 Cardo 1:30 Manicures w/ Melissa 3:30 Mindful Moments 6:00 Leaving for Sunset Cruise	10 10:00 Bend & Stretch 10:30 News you can use 11:00 Daily Chronicles 1:00 Bible Circle 2:30 Happy Hour-Music W/ Kevin 3:30 Mindful Moments	11 10:00 FITGO~Exercise Fun 10:30 Current Events 11:00 Daily Chronicles 1:30 Bingo
12 9:30 Catholic Communion Visits 10:00 Sunday Morning Drive 11:00 Daily Chronicles 2:00 Church service W/ Rev. Tucker & Friends	13 10:00 Bend & Stretch 10:30 Senior trivia 11:00 Daily Chronicles 1:30 Making floral bracelets 3:30 Mindful Moments	14 10:00 Name That Tune 10:30 Sittercise 11:00 Daily Chronicles 1:00 Chef's circle 1:30 Bingo 2:30 Snack & Chat 3:30 Mindful Moments 6:30 Cornhole-HC	15 9:30 Leaving for Sauder Village 9:30 Catholic Communion Visits 10:45 Daily Chronicles 3:30 Mindful Moments 6:00 Just the Guys	16 9:45 South Pacific~ spelling bee 10:30 Senior Fit 11:00 Daily Chronicles 1:30 Cardo 1:30 Manicures w/ Melissa 4:30 South Pacific theme dinner	17 10:00 Bend & Stretch 10:30 News you can use 11:00 Daily Chronicles 1:00 Bible Circle 2:30 Happy Hour-Music W/ Bill 3:30 Mindful Moments	18 10:00 FITGO~Exercise Fun 11:00 Daily Chronicles 1:30 Bingo 2:30 Root beer floats
19 9:30 Catholic Communion Visits 9:30 Church services w/ Bob Chrisman 11:00 Daily Chronicles 1:30 Sunday Drive	20 10:00 Bend & Stretch 10:30 Senior trivia 11:00 Daily Chronicles 1:30 Art circle 3:30 Mindful Moments	21 Senior Citizens Day 10:00 Communion W/ Good Shepard 10:00 Name That Tune 10:30 Sittercise 11:00 Daily Chronicles 12:00 Taste of Town~Wendy's 1:00 Chef's circle 1:30 Bingo 2:30 Snack & Chat	22 9:30 Catholic Communion Visits 10:00 Bend & Stretch 10:45 Daily Chronicles 3:30 Mindful Moments 6:45 Verandah Concert	23 10:00 Senior Day @ the fair 11:00 Daily Chronicles 1:30 Cook's comer 1:30 Manicures w/ Melissa 3:30 Mindful Moments 6:30 Cardo	24 10:00 Inspired Living meeting 10:30 News you can use 11:00 Daily Chronicles 1:00 Bible Circle 2:30 Happy Hour-Music W/ Kevin 3:30 Mindful Moments	25 10:00 FITGO~Exercise Fun 10:30 Current events 11:00 Daily Chronicles 1:30 Bingo 2:30 Ice cream treats
26 9:30 Catholic Communion Visits 10:00 Sunday Morning Drive 11:00 Daily Chronicles 1:00 Manicures 2:00 Church Service W/ Fremont Baptist	27 10:00 Bend & Stretch 10:00 Growing up in the Depression 10:15 Trilogy Fit 10:30 Senior trivia 11:00 Daily Chronicles 1:30 Creative Writing 3:30 Mindful Moments	28 10:00 Name That Tune 10:30 Resident Council 11:00 Daily Chronicles 1:00 Chef's circle 1:30 Bingo 2:30 Pop com 3:30 Mindful Moments 7:00 Pop com & movie	29 9:30 Catholic Communion Visits 10:00 Hollywood Casino 10:00 Bend & Stretch 10:45 Daily Chronicles 3:30 Mindful Moments 6:00 Just the Guys	30 10:00 Lyme Village Tour 10:30 Trivia Fun 11:00 Daily Chronicles 11:30 Picnic @ The Village 1:30 Patio Games 1:30 Manicures w/ Melissa 3:30 Mindful Moments 6:30 Cardo	31 10:00 Bend & Stretch 10:30 News you can use 11:00 Daily Chronicles 1:00 Bingo company store 1:00 Bible Circle 2:30 Happy Hour-Music W/ Jimmy 3:30 Mindful Moments	Chef's circle will be held every Tuesday @ 1:00 p.m., please come share your suggestions. Taste of Town July 17 @ Lunch