

March ~ Assisted Living



March 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Valley View company store March 30th- Come spend your bingo money and have some fun!	Daily Chronicles will be daily @ 9:00 am	Chef's circle will be held every Friday @ 1:15, please come share your suggestions.	March Birthday's Audrey K. 3/3 James F. 3/3 Kenneth C. 3/5 Elizabeth D. 3/14 Dorothy P. 3/20	1 9:15 Yoga stretches 10:00 Morning Mind Joggers 11:00 Walking club 1:30 Manicures W/ Melissa 1:30 Table top & music 6:30 Cardo	2 9:15 Trilogy Fit 10:00 Spelling Bee 11:00 Walking club 11:15 Making book marks 11:45 Jokes & Riddles 12:30 Visits W/ Jane 1:00 Bible circle 2:30 Happy Hour-Music W/ Jimmy	3 10:00 Whoga Exercise Video 10:30 Current events 11:00 Walking club 1:30 Bingo 2:30 Mozart Concert- Toledo Symphony
4 10:00 Catholic Communion visits 10:00 Brain Quest 11:00 Family Brunch #1 12:30 Family Brunch #2 2:00 Church Service W/ Rev. Tucker 2:45 Hymn Sing along W/ Dave	5 9:15 Trilogy Fit 10:00 Brain Games 10:30 Manicures 11:00 Walking club 11:45 Jokes & Riddles 2:00 Cooking Club 2:45 Taste Testing/Reminisce Circle	6 9:15 Exercise class 10:00 Crockpot sensations 11:00 Walking club 11:45 Jokes & Riddles 2:00 Monthly B-Day Bash W/ John P. 6:30 Bingo W/ VFW	7 9:15 Trilogy Fit 10:00 Catholic Communion 10:00 Cranium Crunches 11:00 Walking club 2:30 Rosary Services 2:45 Root beer floats	8 9:15 Yoga stretches 10:00 Morning Mind Joggers 11:00 Lunch Bunch @ Denny's & Shopping 11:00 Walking club 1:30 Manicures W/ Melissa 1:30 Table top & music 6:30 Cardo	9 9:15 Trilogy Fit 10:00 Spelling Bee 11:00 Walking club 11:15 Making book marks 11:45 Jokes & Riddles 12:30 Visits W/ Jane 1:00 Bible circle 2:30 Happy Hour-Music W/ Dave	10 10:00 Whoga Exercise Video 10:30 Spelling Bee 11:00 Walking club 1:30 Bingo 2:30 Root Beer Floats
11 Daylight Savings Begins 10:00 Sunday Drive 10:00 Catholic Communion visits 11:00 Walking club 2:00 Church Service W/ Rev Tucker & Friends 2:45 Hymn Sing along W/ Dave & Friends	12 9:15 Trilogy Fit 10:00 Brain Games 10:30 Manicures 11:00 Walking club 11:45 Jokes & Riddles 2:00 Bracelet making	13 9:15 Exercise class 10:00 Crockpot sensations 11:00 Walking club 11:45 Jokes & Riddles 12:00 TOT- Jimmie G's 1:30 Bingo 7:00 Pop com & A Movie	14 9:15 Trilogy Fit 10:00 Catholic Communion 10:00 Cranium Crunches 10:30 Leaving for Casino 11:00 Walking club 12:30 National Pie Day- Dessert 2:30 Rosary Services 2:45 Root beer floats	15 9:15 Yoga stretches 10:00 Morning Mind Joggers 11:00 Walking club 1:30 Manicures W/ Melissa 1:30 Table top & music 6:30 Family Night	16 9:15 Trilogy Fit 10:00 Spelling Bee 11:00 Walking club 11:15 Making book marks 11:45 Jokes & Riddles 12:30 Visits W/ Jane 1:00 Bible circle 2:30 Happy Hour-Gathering of Friends	17 St. Patrick's Day 10:00 Shamrock trivia 11:00 Walking club 1:30 Bingo 2:30 Snack & Chat
18 9:30 Church services W/ Bob Chrisman 10:00 Catholic Communion visits 11:00 Walking club 1:30 Sunday Drive	19 9:15 Trilogy Fit 10:00 Brain Games 10:30 Manicures 11:00 Walking club 11:45 Jokes & Riddles 2:00 Making Blankets W/ Action Angels	20 Spring Begins 9:15 Exercise class 10:00 Communion W/ Good Shepard 10:00 Crockpot sensations 11:00 Walking club 11:45 Jokes & Riddles 1:30 Bingo 7:00 Pop com & A Movie	21 9:15 Trilogy Fit 10:00 Catholic Communion 10:00 Cranium Crunches 11:00 Walking club 2:30 Rosary Services 2:45 Root beer floats	22 9:15 Yoga stretches 10:00 Morning Mind Joggers 11:00 Leaving for lunch @ Lagoon Saloon 11:00 Walking club 1:30 Manicures W/ Melissa 6:30 Cardo	23 9:15 Trilogy Fit 10:00 Inspired Living meeting 11:00 Walking club 11:15 Making book marks 11:45 Jokes & Riddles 12:30 Visits W/ Jane 1:00 Bible circle 2:30 Happy Hour-Music W/ Music man & The lady	24 10:00 Get Fit 10:30 Remember When 11:00 Walking club 1:30 Bingo 2:30 Snack & Chat
25 10:00 Keeping it sharp 10:00 Catholic Communion visits 11:00 Walking club 2:00 Church Service W/ Fremont Baptist	26 9:15 Trilogy Fit 10:00 Brain Games 10:30 Manicures 11:00 Walking club 11:45 Jokes & Riddles 2:00 Creative Cooking	27 9:15 Exercise class 10:00 Spelling Bee 10:30 Resident Council 11:00 Walking club 11:45 Jokes & Riddles 1:30 Bingo 7:00 Pop com & A Movie	28 9:15 Trilogy Fit 10:00 Catholic Communion 10:00 Cranium Crunches 11:00 Walking club 2:30 Rosary Services 2:45 Root beer floats	29 9:15 Yoga stretches 10:00 Morning Mind Joggers 11:00 Lunch Bunch @ Cracker Barrel 11:00 Walking club 1:30 Manicures W/ Melissa 6:30 Cardo	30 Passover Begins 9:15 Trilogy Fit 10:00 Spelling Bee 11:00 Walking club 11:15 Making book marks 11:45 Jokes & Riddles 12:30 Visits W/ Jane 1:00 Bible circle 2:00 Bingo Company store 2:30 Happy Hour-Gathering of	31 10:00 Exercise Video 10:30 Name 10 if you can 11:00 Walking club 1:30 Bingo 2:30 Snack & Chat



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<p>March Birthday's</p> <p>Phyllis L. 3/7 Kathy D. 3/8 Hazel F. 3/18 Rebekah S. 3/30 Agnes B. 3/31</p>	<p>March Brunch. Brunch times will be at 11:00 & 12:30</p>	<p>Valley View company store March 30th- Come spend your bingo money and have some fun!</p>	<p>Chef's circle will be held every Tuesday @ 1:00 p.m., please come share your suggestions.</p>	<p>1</p> <p>10:00 Senior Fit 10:30 Creative writing 11:00 Daily Chronicles 11:30 Mindful Moments 1:30 Manicures W/ Melissa 1:30 Table top & music 6:30 Cardo</p>	<p>2</p> <p>10:00 Bend & Stretch 10:30 News you can use 11:00 Daily Chronicles 11:30 Mindful Moments 12:30 Visits W/ Jane 1:00 Bible Circle 2:30 Happy Hour-Music W/ Jimmy</p>	<p>3</p> <p>10:00 Whoga Exercise Video 10:30 Current events 11:00 Daily Chronicles 11:30 Mindful Moments 1:30 Bingo</p>
<p>4</p> <p>9:30 Catholic Communion Visits 10:00 Brain Quest 11:00 Family Brunch #1 12:30 Family Brunch #2 2:00 Church Service W/ Rev. Tucker 2:45 Hymn Sing along W/ Dave</p>	<p>5</p> <p>10:00 Bend & Stretch 10:30 Senior trivia 11:00 Daily Chronicles 11:30 Mindful Moments 2:00 Creative Cooking 2:45 Taste testing/Reminisce Circle</p>	<p>6</p> <p>10:00 Name that tune 10:30 Sittercise 11:00 Daily Chronicles 11:30 Mindful Moments 1:00 Chef's Circle 2:00 Monthly B-Day Bash W/ John P. 6:30 Bingo W. VFW</p>	<p>7</p> <p>9:30 Catholic Communion Visits 10:00 Bend & Stretch 10:45 Daily Chronicles 11:00 Lunch Bunch @ Pagliais Pizza 2:30 Rosary Services</p>	<p>8</p> <p>10:00 Senior Fit 10:30 Creative writing 11:00 Daily Chronicles 11:30 Mindful Moments 1:30 Manicures W/ Melissa 1:30 Table top & music 6:30 Cardo</p>	<p>9</p> <p>10:00 Bend & Stretch 10:30 News you can use 11:00 Daily Chronicles 11:30 Mindful Moments 12:30 Visits W/ Jane 1:00 Bible Circle 2:30 Happy Hour-Music W/ Dave</p>	<p>10</p> <p>10:00 Whoga Exercise Video 10:30 Spelling Bee 11:00 Daily Chronicles 11:30 Mindful Moments 1:30 Bingo 2:30 Root Beer Floats</p>
<p>11 Daylight Savings Begins</p> <p>9:30 Catholic Communion Visits 10:00 Sunday Drive 11:00 Daily Chronicles 11:30 Mindful Moments 2:00 Church Service W/ Rev Tucker & Friends 2:45 Hymn Sing along W/ Dave & Friends</p>	<p>12</p> <p>10:00 Bend & Stretch 10:30 Senior trivia 11:00 Daily Chronicles 11:30 Mindful Moments 2:00 Bracelet making</p>	<p>13</p> <p>10:30 Sittercise 11:00 Daily Chronicles 11:30 Mindful Moments 12:00 TOT- Jimmie G's 1:00 Chef's Circle 1:30 Bingo 6:30 Pop com cart</p>	<p>14</p> <p>9:30 Catholic Communion Visits 10:00 Bend & Stretch 10:30 Leaving for Casino 10:45 Daily Chronicles 12:30 National Pie Day- Dessert 2:30 Rosary Services</p>	<p>15</p> <p>10:00 Senior Fit 10:30 Creative writing 11:00 Daily Chronicles 11:30 Mindful Moments 1:30 Manicures W/ Melissa 1:30 Table top & music 6:30 Family Night</p>	<p>16</p> <p>10:00 Bend & Stretch 10:30 News you can use 11:00 Daily Chronicles 11:30 Mindful Moments 12:30 Visits W/ Jane 1:00 Bible Circle 2:30 Happy Hour-Gathering of Friends</p>	<p>17 St. Patrick's Day</p> <p>10:00 Shamrock trivia 11:00 Daily Chronicles 11:30 Mindful Moments 1:30 Bingo 2:30 Snack & Chat</p>
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