

**May~ Assisted Living**

# May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Valley View company store May 25th- Come spend your bingo money and have some fun!	Daily Chronicles will be daily @ 9:00 am	<b>1</b> 9:15 Exercise class 10:00 Cooking club 10:30 Spelling Bee 11:00 Walking club 11:30 Jokes & Riddles 2:00 Birthday Party W/ John 6:30 Bingo W/ VFW	<b>2</b> 9:15 Trilogy Fit 10:00 Cranium Crunches 10:30 Current events 11:00 Walking club 2:00 Catholic Mass 2:45 Root beer floats	<b>3</b> 9:15 Yoga stretches 10:00 Morning Mind Joggers 11:00 Lunch Bunch @ Red Lobster 11:00 Walking club 1:30 Manicures W/ Melissa 6:30 Cardo	<b>4</b> 9:15 Trilogy Fit 10:00 Spelling Bee 10:30 Manicures 11:00 Walking club 11:30 Jokes & Riddles 12:30 Visits W/ Jane 1:00 Bible circle 2:30 Happy Hour-Music W/ Ben	<b>5</b> <b>Cinco de Mayo</b> 10:00 Making Mexican Wedding cakes 10:30 Cinco de Mayo trivia 11:00 Walking club 1:30 Bingo 2:30 Snack & Chat
<b>6</b> 10:00 Catholic Communion visits 10:00 Brain Quest 11:00 Family Brunch #1 12:30 Family Brunch #2 2:00 Hymn Sing along W/ Dave 2:15 Church W/ Rev. Tucker	<b>7</b> <b>May Day</b> 9:15 Trilogy Fit 10:00 Brain Games 10:30 Spelling Bee 11:00 Walking club 11:30 Jokes & Riddles 1:30 Art classes 6:00 Card club	<b>8</b> 9:15 Exercise class 10:00 Cooking club 10:30 Spelling Bee 11:00 Walking club 11:30 Jokes & Riddles 1:30 Bingo 2:30 Snack & Chat 6:30 Bowling Fun	<b>9</b> 9:15 Trilogy Fit 10:00 Catholic Communion 10:00 Cranium Crunches 11:00 Hollywood casino outing 11:00 Walking club 2:45 Root beer floats	<b>10</b> 9:15 Yoga stretches 10:00 Morning Mind Joggers 11:00 Lunch Bunch @ Danny Boys 11:00 Walking club 1:30 Manicures W/ Melissa 6:30 Cardo	<b>11</b> 9:15 Trilogy Fit 10:00 Spelling Bee 11:00 Walking club 11:15 Making book marks 11:30 Jokes & Riddles 12:30 Visits W/ Jane 1:00 Bible circle 2:30 Happy Hour-Music W/ Jimmy	<b>12</b> 10:00 Whoga Exercise Video 10:30 You be the Judge 11:00 Walking club 1:30 Bingo 2:30 Ice cream sundaes
<b>13</b> <b>Mother's Day</b> 10:00 Remember when 10:00 Catholic Communion visits 11:00 Walking club 2:00 Mother's Day Tea~Music with Sandy	<b>14</b> 9:15 Trilogy Fit 10:00 Famous German Architecture 10:30 Manicures 11:00 Walking club 11:30 Jokes & Riddles 1:30 Creative Writing/History of von-Trapp 2:00 Sound of Music~Musical	<b>15</b> <b>Ramadan Begins</b> 9:15 Exercise class 10:00 Communion W/ Good Shepard 10:00 Cooking club 11:00 Walking club 11:30 Jokes & Riddles 1:30 Bingo 6:30 Table top games	<b>16</b> 9:00 Leaving for Mud Hens game 9:15 Trilogy Fit 10:00 Catholic Communion 10:00 Cranium Crunches 11:00 Walking club 2:00 Left, Right, Center 2:45 Root beer floats	<b>17</b> 9:15 Yoga stretches 10:00 Sound of music facts 11:00 Walking club 1:30 Manicures W/ Melissa 3:00 Theme photo booth 4:45 Theme dinner~Sound of Music 5:00 Music W/ Ben	<b>18</b> 9:15 Trilogy Fit 10:00 Dog treats for Humane society 11:00 Walking club 11:30 Jokes & Riddles 12:30 Visits W/ Jane 1:00 Bible circle 2:30 Happy Hour-Gathering of Friends	<b>19</b> 10:00 FITGO~exercise fun 10:30 Current events 11:00 Walking club 1:30 Bingo 2:30 Root beer floats
<b>20</b> 9:30 Church services W/ Bob Chrisman 10:00 Catholic Communion visits 11:00 Walking club 2:00 Sunday Drive	<b>21</b> 9:15 Trilogy Fit 10:00 Brain Games 10:30 Manicures 11:00 Walking club 11:30 Jokes & Riddles 1:30 Art station 6:00 Card club	<b>22</b> 9:15 Exercise class 10:00 Resident Council 10:30 Leaving for Toledo Art Museum~Tour of Glass Pavilion Galleries 11:00 Walking club 1:30 Bingo 2:30 Snack & Chat 6:30 Bowling Fun	<b>23</b> 9:15 Trilogy Fit 10:00 Catholic Communion 10:00 Cranium Crunches 11:00 Walking club 1:30 Senior Health & Fitness day 2:30 Music W/ Ben	<b>24</b> 9:15 Yoga stretches 10:00 Morning Mind Joggers 11:00 Walking club 1:30 Cook's corner 1:30 Manicures W/ Melissa 6:30 Memorial Service W/ ProMedica	<b>25</b> 9:15 Trilogy Fit 10:00 Spelling Bee 11:00 Walking club 11:30 Jokes & Riddles 12:30 Visits W/ Jane 1:00 Bible circle 2:00 Bingo company store 2:30 Happy Hour-Gathering of Friends	<b>26</b> 10:00 FITGO~exercise fun 10:30 Current Events 11:00 Walking club 1:30 Bingo 2:30 Snack & Chat
<b>27</b> 10:00 Sunday Drive 10:00 Catholic Communion visits 11:00 Walking club 2:00 Church Service W/ Fremont Baptist	<b>28</b> <b>Memorial Day</b> 9:15 Trilogy Fit 10:00 Memorial Day Parade 11:00 Walking club 11:30 Jokes & Riddles 2:00 Creative Writing 6:00 Card club	<b>29</b> 9:15 Exercise class 10:00 Cooking club 10:30 Spelling Bee 11:00 Walking club 11:30 Jokes & Riddles 1:30 Bingo 6:30 Table Top games	<b>30</b> 9:15 Trilogy Fit 10:00 Catholic Communion 10:00 Cranium Crunches 11:00 Walking club 2:45 Root beer floats	<b>31</b> 9:15 Yoga stretches 10:00 Morning Mind Joggers 11:00 Lunch bunch @ Garrison 11:00 Walking club 1:30 Manicures W/ Melissa 6:30 Cardo	Chef's circle will be held every Friday @ 1:15, please come share your suggestions.  May Birthday's Janice D. 5/3 Ellouise K. 5/14 Dorothy K. 5/24	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May Birthday's  Ruth M. 5/13 John W. 5/21	May Brunch- 5/6 Brunch times will be at 11:00 & 12:30	<b>1</b> 10:00 Name that tune 10:30 Sittercise 11:00 Daily Chronicles 1:00 Chef's circle 2:00 Birthday Party W/ John 3:30 Mindful Moments 6:30 Bingo W/ VFW	<b>2</b> 10:00 Bend & Stretch 10:45 Daily Chronicles 11:00 Lunch Bunch @ Diana's Deli 2:00 Catholic Mass 3:30 Mindful Moments	<b>3</b> 10:00 Senior Fit 10:30 Trivia Fun 11:00 Daily Chronicles 1:30 Cook's comer 1:30 Manicures W/ Melissa 3:30 Mindful Moments 6:30 Cardo	<b>4</b> 10:00 Bend & Stretch 10:30 News you can use 11:00 Daily Chronicles 12:30 Visits W/ Jane 1:00 Bible Circle 2:30 Happy Hour-Music W/ Ben 3:30 Mindful Moments	<b>5</b> <b>Cinco de Mayo</b> 10:00 Making Mexican Wedding cakes 10:30 Cinco de Mayo trivia 11:00 Daily Chronicles 1:30 Bingo 2:30 Snack & Chat
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