

# February 2018

## The Willows at Howell Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans  <b>C</b> - Connections  <b>CC</b> - Creative Cooking  <b>I</b> - Inspirations  <b>K</b> - Keeping it Sharp  <b>L</b> - Lifelong Learning  <b>M</b> - Music to My Ears  <b>O</b> - Out &amp; About  <b>S</b> - Signature Events  <b>V</b> - Vitality</p>	<p>Location Key            ML - McPherson Lane            RR - Recreation Room            HC - Honey Sweet Café            GP - Griffith Parkway            TS - Town Square            CC - Cantelope Café            SR - Sun Room</p>	<p>Sign up for Out and About trips in advance in the Honey Sweet Café. Not everyone will be able to go on every outing due to space.</p> <p>Calendars are subject to change. Please see your daily chronicles or Life Share TVs in the halls.</p>	<p>Nails are done by volunteers approximately every other week. Watch your daily schedules to see when they are coming!</p>	<p><b>1</b>  <b>K</b> 10:00 Bingo- RR  <b>O</b> 12:30 Outing: Walmart \$  <b>K</b> 6:30 Game Night- TS</p>	<p><b>2 Groundhog Day</b>  <b>V</b> 10:00 Yoga Studio- ML  <b>S</b> 12:00 Men's Luncheon- RR  <b>V</b> 1:30 Bowling- ML  <b>S</b> 3:00 Happy Hour- CC  <b>M</b> 3:30 Papa Hoot Music &amp; Comedy- TS</p>	<p><b>3</b>  <b>K</b> 10:00 Weekend Bingo- TS  <b>V</b> 1:30 Balloon Volleyball- CC  <b>A</b> 3:00 Artisans- RR  <b>M</b> 4:00 Name that Croon- ML</p>
<p><b>4</b>  <b>L</b> 10:00 Current Events &amp; Coffee- ML  <b>K</b> 10:30 Word Teasers- ML  <b>I</b> 1:30 Grace Lutheran Church with Tom Huff- TS  <b>S</b> 2:30 Movie &amp; Popcom- ML</p>	<p><b>5</b>  <b>V</b> 10:00 Noodle Exercises- ML  <b>C</b> 10:30 Coffee with Diane- RR  <b>S</b> 2:00 Chef's Circle-RR  <b>K</b> 3:00 Bingo- RR</p>	<p><b>6</b>  <b>V</b> 10:00 Trilogy Fit Exercise- ML  <b>I</b> 10:30 Catholic Prayer service- TS  <b>O</b> 12:30 Outing: Salvation Army \$  <b>K</b> 4:00 Bunko -RR  <b>K</b> 6:30 Bingo Night- TS</p>	<p><b>7</b>  <b>V</b> 10:00 Trilogy Fit Exercise- ML  <b>K</b> 10:30 Wheel of Fortune- RR  <b>I</b> 2:00 Bible Study with Deacon Dale HOTS Lutheran Church- TS  <b>A</b> 3:00 Artisans: Mardi Gras Masks- RR  <b>S</b> 6:00 Inspired Living w/Robb- RR</p>	<p><b>8</b>  <b>K</b> 10:00 Bingo- RR  <b>O</b> 12:30 Outing: Livingston Antique Outlet \$  <b>M</b> 3:15 Sing along with 1st Presbyterian- TS  <b>K</b> 6:30 Game Night- TS</p>	<p><b>9</b>  <b>V</b> 10:00 Yoga Studio- ML  <b>V</b> 1:30 Bowling- ML  <b>S</b> 3:00 Happy Hour- CC  <b>M</b> 3:30 Jonathan Dunn Piano Show- TS</p>	<p><b>10</b>  <b>K</b> 10:00 Weekend Bingo- TS  <b>K</b> 1:30 Stipes vs. Solids- CC  <b>A</b> 3:00 Artisans- RR  <b>K</b> 4:00 Uno- RR</p>
<p><b>11</b>  <b>L</b> 10:00 Current Events &amp; Coffee- ML  <b>K</b> 10:30 Trivia Excursions- ML  <b>S</b> 10:30 Sunday Brunch  <b>I</b> 3:00 Church with Deacon Tim from SOTL- TS</p>	<p><b>12</b>  <b>V</b> 10:00 Noodle Exercises- ML  <b>C</b> 10:30 Coffee with Diane- RR  <b>CC</b> 2:00 Chef Circle Cooking Class- RR  <b>K</b> 3:00 Bingo- RR</p>	<p><b>13 Mardi Gras</b>  <b>V</b> 10:00 Trilogy Fit Exercise- ML  <b>I</b> 10:30 Catholic Prayer service- TS  <b>O</b> 11:30 Outing: Applebee's Lunch \$  <b>S</b> 2:30 Movie &amp; Popcom- ML  <b>K</b> 4:00 Kings in the Comer- RR  <b>K</b> 6:30 Bingo Night- TS</p>	<p><b>14 Valentine's Day</b>  <b>V</b> 10:00 Cardio Drumming- ML  <b>S</b> 10:30 HC Resident Council- Lib  <b>K</b> 1:00 Dominoes with Ruth &amp; Bob- HC  <b>S</b> 1:45 Sweetheart Social- TS  <b>M</b> 2:00 Gary Dixon Entertainment- TS  <b>A</b> 3:30 Artisans: Adult</p>	<p><b>15</b>  <b>K</b> 10:00 Bingo- RR  <b>O</b> 12:30 Outing: Bowledrome \$7  <b>I</b> 4:00 Meditation with David- ML  <b>K</b> 6:30 Game Night- TS</p>	<p><b>16 Chinese New Year</b>  <b>V</b> 10:00 Yoga Studio- ML  <b>V</b> 1:30 Bowling- ML  <b>S</b> 3:00 Happy Hour- CC</p>	<p><b>17</b>  <b>K</b> 10:00 Weekend Bingo- TS  <b>V</b> 1:30 Comhole- CC  <b>A</b> 3:00 Artisans- RR  <b>K</b> 4:00 Scattegories- RR</p>
<p><b>18</b>  <b>L</b> 10:00 Current Events &amp; Coffee- ML  <b>K</b> 10:30 What's Next- ML  <b>K</b> 1:30 Match Game- RR  <b>I</b> 3:00 Church with Tim Christonson from Bible Baptist- TS</p>	<p><b>19 Presidents' Day</b>  <b>V</b> 10:00 Noodle Exercises- ML  <b>C</b> 10:30 Coffee with Diane- RR  <b>S</b> 2:00 Chef's Circle-RR  <b>K</b> 3:00 Bingo- RR</p>	<p><b>20</b>  <b>V</b> 10:00 Trilogy Fit Exercise- ML  <b>I</b> 10:30 Catholic Prayer service- TS  <b>O</b> 11:30 Outing: "The Post" at MJR \$  <b>K</b> 4:00 Uno- RR  <b>K</b> 6:30 Bingo Night- TS</p>	<p><b>21</b>  <b>V</b> 10:00 Trilogy Fit Exercise- ML  <b>K</b> 10:30 Wheel of Fortune- RR  <b>I</b> 2:00 Bible Study with Deacon Dale- TS  <b>A</b> 3:00 Artisans- RR  <b>M</b> 6:00 Records w/Robb- RR</p>	<p><b>22</b>  <b>K</b> 10:00 Bingo- RR  <b>S</b> 12:00 Taste of the Town- Red Olive  <b>O</b> 12:30 Outing: Meijer \$  <b>S</b> 5:00 Theme Dinner  <b>M</b> 6:30 Bryan Dixon Crooner Show- TS</p>	<p><b>23</b>  <b>V</b> 10:00 Yoga Studio- ML  <b>V</b> 1:30 Bowling- ML  <b>S</b> 3:00 Happy Hour- CC  <b>I</b> 3:30 Massage with Kelly- SR</p>	<p><b>24</b>  <b>K</b> 10:00 Weekend Bingo- TS  <b>V</b> 1:30 Balloon Volleyball- CC  <b>A</b> 3:00 Artisans- RR  <b>M</b> 4:00 Name that Croon- ML</p>
<p><b>25</b>  <b>L</b> 10:00 Current Events &amp; Coffee- ML  <b>K</b> 10:30 Table Topics- ML  <b>I</b> 1:30 242 Community Church- TS  <b>S</b> 2:30 Movie &amp; Popcom- ML</p>	<p><b>26</b>  <b>V</b> 10:00 Noodle Exercises- ML  <b>C</b> 10:30 Coffee with Diane- RR  <b>CC</b> 2:00 Chef Circle Cooking Class- RR  <b>K</b> 3:00 Bingo- RR</p>	<p><b>27</b>  <b>V</b> 10:00 Trilogy Fit Exercise- ML  <b>I</b> 10:30 Catholic Prayer service- TS  <b>O</b> 11:30 Outing: Bob Evans Lunch \$  <b>S</b> 2:30 Movie &amp; Popcom- ML  <b>K</b> 4:00 Yahtzee-RR  <b>K</b> 6:30 Bingo Night- TS</p>	<p><b>28</b>  <b>V</b> 10:00 Cardio Drumming- ML  <b>S</b> 10:30 AL Resident Council  <b>S</b> 12:00 Taste of Town  <b>K</b> 1:00 Dominos- HC  <b>A</b> 3:00 Artisans- RR</p>			

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