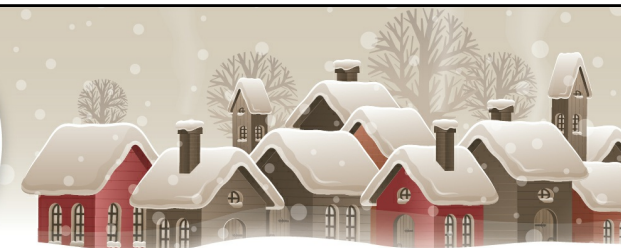


January 2019

The Willows at Harrodsburg Health Center



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans GF - Gathering of Friends I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>Make a difference in a life today-ask a team member how you can become a volunteer!</p>	<p>1 New Year's Day</p> <p>MM 9:15 Mindful Moments 11:00 BINGO K 1:30 New Years Day! Trivia/Word Games S 2:30 Chef's Circle M 3:30 Glee Club with Jane M 6:00 Karaoke with Jim</p>	<p>2</p> <p>MM 9:15 Mindful Moments V 10:00 Balloon Volleyball S 11:00 Calendar Planning Meeting GF 1:30 Men's Group - Native American Culture GF 2:30 Book Club 4:15 Home Again Cart - Room to Room</p>	<p>3</p> <p>MM 9:15 Mindful Moments V 10:00 Chair Yoga 11:00 BINGO I 1:30 Service with Leroy & Carol A 3:00 Mold with Clay K 6:00 Pokeno</p>	<p>4</p> <p>MM 9:15 Mindful Moments O 10:30 Scenic Drive S 3:00 Happy Hour M 4:00 Hymn Sing with the Royaltys 4:15 Home Again Cart - Room to Room</p>	<p>5</p> <p>MM 9:15 Mindful Moments V 11:00 Balloon Volleyball I 1:15 Journaling Joys L 2:00 Let's Travel - IN2L M 3:00 IN2L Sing-A-Long</p>
<p>6</p> <p>MM 9:15 Mindful Moments I 10:30 Service by Salvisa Baptist Youth V 11:30 Sit and Be Fit - IN2L K 2:00 Family Feud - IN2L M 3:00 Hymn Sing</p>	<p>7</p> <p>MM 9:15 Mindful Moments K 10:00 For a Good Cause - IN2L O 1:00 Shopping Trip-Dollar Tree A 3:00 Create Potpourri Bags 4:15 Home Again Cart - Room to Room</p>	<p>8</p> <p>MM 9:15 Mindful Moments 11:00 BINGO S 12:00 Taste of the Town S 2:30 Chef's Circle M 3:30 Glee Club with Jane M 6:00 Karaoke with Jim</p>	<p>9</p> <p>MM 9:15 Mindful Moments V 10:00 Balloon Volleyball I 10:30 Bible Study with Rod & Jill 11:00 Book Mobile GF 2:30 Book Club M 3:00 Music with Mike Mackin Piano Fun 4:15 Home Again Cart -</p>	<p>10</p> <p>MM 9:15 Mindful Moments V 10:00 Chair Yoga 11:00 BINGO I 1:30 Canines 4 Christ I 1:30 Service with Leroy & Carol A 3:00 Snowy Art K 6:00 Rook</p>	<p>11</p> <p>MM 9:15 Mindful Moments O 10:30 Scenic Drive 10:30 BINGO Store S 3:00 Happy Hour M 4:00 Hymn Sing with the Royaltys 4:15 Home Again Cart - Room to Room</p>	<p>12</p> <p>MM 9:15 Mindful Moments V 11:00 Balloon Volleyball I 1:15 Journaling Joys L 2:00 Let's Travel - IN2L M 3:00 IN2L Sing-A-Long</p>
<p>13</p> <p>MM 9:15 Mindful Moments I 9:30 New Providence Church S 11:00 BRUNCH K 2:00 Yahtzee M 3:00 Hymn Sing</p>	<p>14</p> <p>MM 9:15 Mindful Moments K 10:00 What did it Cost? - IN2L GF 11:00 Men's Group - Pizza Party O 1:00 Shopping Trip-Walmart A 3:00 Paint Scrape Art 4:15 Home Again Cart - Room to Room</p>	<p>15</p> <p>MM 9:15 Mindful Moments 11:00 BINGO S 2:30 Chef's Circle M 3:30 Glee Club with Jane V 6:00 Table Bowling</p>	<p>16</p> <p>MM 9:15 Mindful Moments V 10:00 Balloon Volleyball S 1:15 Resident Council-HC 2:00 Bingo Store 2:30 Book Club 4:15 Home Again Cart - Room to Room</p>	<p>17</p> <p>MM 9:15 Mindful Moments I 10:00 St. Phillips Episcopal Church 11:00 BINGO M 1:30 Music with Dave Butler A 3:00 Create Jewelry K 6:00 Left, Right, Center</p>	<p>18</p> <p>MM 9:15 Mindful Moments O 10:30 Scenic Drive S 3:00 Happy Hour - Monthly Birthday Party M 4:00 Hymn Sing with the Royaltys 4:15 Home Again Cart - Room to Room</p>	<p>19</p> <p>MM 9:15 Mindful Moments V 11:00 Balloon Volleyball I 1:15 Journaling Joys L 2:00 Let's Travel - IN2L M 3:00 IN2L Sing-A-Long</p>
<p>20</p> <p>MM 9:15 Mindful Moments K 10:00 IN2L Trivia Time V 11:00 Sit and Be Fit - IN2L K 2:00 UNO I 3:30 Community Church</p>	<p>21 Martin Luther King Day</p> <p>MM 9:15 Mindful Moments K 10:00 MLK Day Trivia & History O 12:00 Lunch Bunch - Clouds Country Cooking A 3:00 Creative Bookmarks 4:15 Home Again Cart - Room to Room</p>	<p>22</p> <p>MM 9:15 Mindful Moments 11:00 BINGO I 2:00 Immanuel Baptist Church S 3:00 Chef's Circle M 3:30 Glee Club with Jane M 6:00 Karaoke with Jim</p>	<p>23</p> <p>MM 9:15 Mindful Moments V 10:00 Balloon Volleyball I 10:30 Bible Study with Rod & Jill 11:00 Book Mobile GF 2:30 Book Club V 3:00 Cornhole 4:15 Home Again Cart - Room to Room</p>	<p>24</p> <p>MM 9:15 Mindful Moments V 10:00 Chair Yoga 11:00 BINGO I 1:30 Canines 4 Christ I 1:30 Service with Leroy & Carol A 3:00 Create Stress Balls K 6:00 Pokeno</p>	<p>25</p> <p>MM 9:15 Mindful Moments O 10:30 Scenic Drive S 3:00 Happy Hour M 4:00 Hymn Sing with the Royaltys 4:15 Home Again Cart - Room to Room M 6:30 MERCER BIBLE FELLOWSHIP</p>	<p>26</p> <p>MM 9:15 Mindful Moments L 11:00 Let's Travel - IN2L I 1:15 Journaling Joys M 2:00 Music with Steve Frazee K 3:00 Dominos</p>
<p>27</p> <p>MM 9:15 Mindful Moments V 10:00 Sit and Be Fit - IN2L K 11:00 Left, Right, Center I 2:00 Service by Steve Sleeper M 3:00 Hymn Sing</p>	<p>28</p> <p>MM 9:15 Mindful Moments K 10:00 What did it Cost? - IN2L O 1:00 Shopping Trip-Walmart A 3:00 Mosaic Art 4:15 Home Again Cart - Room to Room</p>	<p>29</p> <p>MM 9:15 Mindful Moments I 11:00 Harrodsburg Baptist Church S 2:30 Chef's Circle M 3:30 Glee Club with Jane K 6:00 Poker Night</p>	<p>30</p> <p>MM 9:15 Mindful Moments V 10:00 Balloon Volleyball K 11:00 Pokeno GF 2:30 Book Club 4:15 Home Again Cart - Room to Room</p>	<p>31</p> <p>MM 9:15 Mindful Moments V 10:00 Chair Yoga 11:00 BINGO I 1:30 Service with Leroy & Carol A 3:00 LEA Craft Choice K 6:00 Rook</p>	<p>Ombudsman Paula Parks 859-613-4875</p>	<p>All activities are subject to change - any additions or changes will be posted via lifeshare.</p>

January 2019

The Willows at Harrodsburg
AL PC



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans GF - Gathering of Friends GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>Volunteers needed! Please see Life Enrichment for questions about how you can get involved.</p>	<p>1 New Year's Day GC 10:00 Coffee & Current News 11:00 BINGO K 1:30 New Years Day! Trivia/Word Games S 2:30 Chef's Circle M 3:30 Glee Club with Jane M 6:00 Karaoke with Jim</p>	<p>2 V 10:00 Balloon Volleyball S 11:00 Calendar Planning Meeting GF 1:30 Men's Group - Native American Culture GF 2:30 Book Club V 4:00 Trilogy Fit</p>	<p>3 V 10:00 Chair Yoga 11:00 BINGO I 1:30 Service with Leroy & Carol A 3:00 Mold with Clay K 4:00 Group Word Games K 6:00 Pokeno</p>	<p>4 O 10:30 Scenic Drive A 1:30 Sewing Circle S 3:00 Happy Hour M 4:00 Hymn Sing with the Royaltys</p>	<p>5 V 11:00 Balloon Volleyball I 1:15 Journaling Joys L 2:00 Let's Travel - IN2L M 3:00 IN2L Sing-A-Long V 4:00 Trilogy Fit</p>
<p>6 I 10:30 Service by Salvisa Baptist Youth V 11:30 Sit and Be Fit - IN2L K 2:00 Family Feud - IN2L M 3:00 Hymn Sing</p>	<p>7 K 10:00 For a Good Cause - IN2L O 1:00 Shopping Trip-Dollar Tree A 3:00 Create Potpourri Bags V 4:00 Trilogy Fit</p>	<p>8 GC 10:00 Coffee & Current News 11:00 BINGO S 12:00 Taste of the Town M 1:30 Name That Croon S 2:30 Chef's Circle M 3:30 Glee Club with Jane M 6:00 Karaoke with Jim</p>	<p>9 V 10:00 Balloon Volleyball I 10:30 Bible Study with Rod & Jill 11:00 Book Mobile GF 2:30 Book Club M 3:00 Music with Mike Mackin V 4:00 Trilogy Fit</p>	<p>10 V 10:00 Chair Yoga 11:00 BINGO I 1:30 Canines 4 Christ I 1:30 Service with Leroy & Carol A 3:00 Snowy Art K 4:00 Group Crosswords K 6:00 Rook</p>	<p>11 O 10:30 Scenic Drive 10:30 BINGO Store A 1:00 Sewing Circle S 3:00 Happy Hour M 4:00 Hymn Sing with the Royaltys</p>	<p>12 V 11:00 Balloon Volleyball I 1:15 Journaling Joys L 2:00 Let's Travel - IN2L M 3:00 IN2L Sing-A-Long V 4:00 Trilogy Fit</p>
<p>13 I 9:30 New Providence Church S 11:00 BRUNCH K 2:00 Yahtzee M 3:00 Hymn Sing K 4:00 Name 5</p>	<p>14 K 10:00 What did it Cost? - IN2L GF 11:00 Men's Group - Pizza Party O 1:00 Shopping Trip-Walmart A 3:00 Paint Scrape Art V 4:00 Trilogy Fit</p>	<p>15 GC 10:00 Coffee & Current News 11:00 BINGO S 1:30 Resident Council - PC S 2:30 Chef's Circle M 3:30 Glee Club with Jane V 6:00 Table Bowling</p>	<p>16 V 10:00 Balloon Volleyball 2:00 Bingo Store GF 2:30 Book Club V 4:00 Trilogy Fit</p>	<p>17 I 10:00 St. Phillips Episcopal Church 11:00 BINGO M 1:30 Music with Dave Butler A 3:00 Create Jewelry K 3:30 You Be The Judge K 6:00 Left, Right, Center</p>	<p>18 O 10:30 Scenic Drive A 1:00 Sewing Circle S 3:00 Happy Hour - Monthly Birthday Party M 4:00 Hymn Sing with the Royaltys</p>	<p>19 V 11:00 Balloon Volleyball I 1:15 Journaling Joys L 2:00 Let's Travel - IN2L M 3:00 IN2L Sing-A-Long V 4:00 Trilogy Fit</p>
<p>20 K 10:00 IN2L Trivia Time V 11:00 Sit and Be Fit - IN2L K 2:00 UNO I 3:30 Community Church</p>	<p>21 Martin Luther King Day K 10:00 MLK Day Trivia & History O 12:00 Lunch Bunch - Clouds Country Cooking A 3:00 Creative Bookmarks V 4:00 Trilogy Fit</p>	<p>22 GC 10:00 Coffee & Current News 11:00 BINGO I 2:00 Immanuel Baptist S 3:00 Chef's Circle M 3:30 Glee Club with Jane M 6:00 Karaoke with Jim</p>	<p>23 V 10:00 Balloon Volleyball I 10:30 Bible Study with Rod & Jill 11:00 Book Mobile GF 2:30 Book Club V 3:00 Comhole V 4:00 Trilogy Fit</p>	<p>24 V 10:00 Chair Yoga 11:00 BINGO I 1:30 Canines 4 Christ I 1:30 Service with Leroy & Carol A 3:00 Create Stress Balls K 6:00 Pokeno</p>	<p>25 O 10:30 Scenic Drive A 1:00 Sewing Circle S 3:00 Happy Hour M 4:00 Hymn Sing with the Royaltys M 6:30 MERCER BIBLE FELLOWSHIP</p>	<p>26 L 11:00 Let's Travel - IN2L I 1:15 Journaling Joys M 2:00 Music with Steve Frazee K 3:00 Dominos V 4:00 Trilogy Fit</p>
<p>27 V 10:00 Sit and Be Fit - IN2L K 11:00 Left, Right, Center I 2:00 Service by Steve Sleeper M 3:00 Hymn Sing</p>	<p>28 K 10:00 What did it Cost? - IN2L O 1:00 Shopping Trip-Walmart A 3:00 Mosaic Art V 4:00 Trilogy Fit</p>	<p>29 GC 10:00 Coffee & Current News I 11:00 Harrodsburg Baptist Church S 2:30 Chef's Circle M 3:30 Glee Club with Jane K 6:00 Poker Night</p>	<p>30 V 10:00 Balloon Volleyball K 11:00 Pokeno GF 2:30 Book Club V 4:00 Trilogy Fit</p>	<p>31 V 10:00 Chair Yoga 11:00 BINGO I 1:30 Service with Leroy & Carol A 3:00 LEA Craft Choice K 6:00 Rook</p>	<p>Ombudsman Paula Parks 859-613-4875</p>	<p>All activities are subject to change - any additions or changes will be posted via lifeshare.</p>