

**Life Enrichment Calendar  
Assisted Living**

# December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>CC</b> - Community Connections <b>CC</b> - Creative Cooking <b>G</b> - Gathering of Friends <b>GG</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>MM</b> - Mindful Moments <b>M</b> - Music to My Ears <b>O</b> - Out &amp; About</p>	<p>Key Code: DR - Dining Room ICP- Ice Cream Parlor HCRR - Health Care Recreation Room RHLR- Rehab to Home Living Room PCLR - PC Living Room PCRR - PC Recreation Room</p>	<p>Did you know? You can receive a phone call or text reminders about your favorite activities. Sign up with Life Enrichment today.</p>	<p>We love our volunteers! If you're interested in sharing your talents and volunteering with us, contact a member of the Life Enrichment team.</p>	<p>Please sign up for all outings you wish to go on with a member of the Life Enrichment team. Thank you!</p>	<p>All activities are subject to change &amp; all changes will be posted to Life Share.</p>	<p><b>1</b> <b>I</b> 9:30 Communion with Pax Christi - Room to Room <b>V</b> 10:30 Saturday Morning Stretch-HCRR <b>CC</b> 11:00 Visits with Marge and Haylee Ray <b>K</b> 11:15 Daily Chronicle Discussion-HCRR</p>
<p><b>2 Hanukkah Begins</b></p> <p><b>L</b> 10:30 Current Events Discussion- HCRR <b>K</b> 1:30 UNO- HCRR <b>I</b> 2:30 COS Christmas Party - HCRR <b>A</b> 4:00 Coloring for Relaxation- HCRR <b>I</b> 5:15 Lighting of the Menorah-</p>	<p><b>3</b> <b>V</b> 10:00 Trilogy Fit - PCRR <b>V</b> 2:15 Bingocize- HCRR <b>M</b> 3:00 The Greens - HCRR <b>I</b> 5:15 Lighting of the Menorah-PCLR</p>	<p><b>4</b> <b>V</b> 10:00 Ageless Grace Dance Class - HCRR <b>S</b> 11:00 PC Resident Council- PCRR <b>A</b> 2:00 Making Christmas Candy- HCRR <b>L</b> 4:00 Fireside Chats- PCLR <b>I</b> 5:15 Lighting of the Menorah-PCLR</p>	<p><b>5</b> <b>I</b> 10:30 Bible Study with Aurora - HCRR <b>I</b> 1:30 Bible Study with Kim - HCRR <b>V</b> 2:30 Bingocize - HCRR <b>S</b> 3:30 Chef's Circle- HCRR <b>I</b> 5:15 Lighting of the Menorah-PCLR</p>	<p><b>6</b> <b>V</b> 10:00 Trilogy Fit -PCRR <b>K</b> 11:00 Daily Chronicle- HCRR <b>G</b> 2:00 Love on a Leash - Room to Room <b>G</b> 3:00 Guy's Group: Poker &amp; Popcorn- HCRR <b>K</b> 4:00 Cranium Crunches: Concentration Puzzles</p>	<p><b>7</b> <b>L</b> 11:00 Current Events Discussion- PCLR <b>A</b> 1:30 Crafting Corner with Lisa <b>M</b> 3:00 Happy Hour with Dave Butler - DR <b>I</b> 5:15 Lighting of the Menorah-PCLR <b>GG</b> 6:30 Friday Night Flicks: Elf -</p>	<p><b>8</b> <b>I</b> 9:30 Communion with Pax Christi - Room to Room <b>V</b> 10:30 Saturday Morning Stretch-HCRR <b>CC</b> 11:00 Visits with Marge and Haylee Ray <b>K</b> 11:15 Daily Chronicle Discussion-HCRR</p>
<p><b>9</b> <b>L</b> 10:30 Current Events Discussion- HCRR <b>K</b> 1:30 UNO- HCRR <b>I</b> 2:15 Afternoon Devotionals - HCRR <b>L</b> 3:00 Discussion: Learning about Holidays- HCRR <b>I</b> 5:15 Lighting of the Menorah-</p>	<p><b>10</b> <b>V</b> 10:00 Trilogy Fit - PCRR <b>K</b> 11:00 Daily Chronicle Discussion-HCRR <b>V</b> 2:15 Bingocize- HCRR <b>M</b> 4:00 Choir Practice with Sydney - HCRR</p>	<p><b>11</b> <b>V</b> 10:00 Trilogy Fit- PCRR <b>CC</b> 11:00 Holiday Bazaar <b>A</b> 1:30 Learn to draw with artist Gary - HCRR <b>S</b> 3:00 Calendar Planning Committee- HCRR <b>L</b> 4:00 Fireside Chats- PCLR <b>M</b> 5:00 Christmas Carols during</p>	<p><b>12</b> <b>I</b> 10:30 Bible Study with Aurora - HCRR <b>I</b> 1:15 Garden Club of Lexington room visits- time TBD <b>I</b> 1:30 Bible Study with Kim - HCRR <b>V</b> 2:30 Bingocize - HCRR <b>S</b> 3:30 Chef's Circle- HCRR</p>	<p><b>13</b> <b>V</b> 10:00 Trilogy Fit -PCRR <b>K</b> 11:00 Current Events Discussion- HCRR <b>O</b> 1:30 Walmart <b>K</b> 4:00 Cranium Cruches: Change the Last Letter <b>M</b> 4:00 Media Cart- Room Visits <b>M</b> 7:00 Trinity Life Bible Study -</p>	<p><b>14</b> <b>L</b> 11:00 Current Events Discussion- PCLR <b>A</b> 1:30 Crafting Corner with Lisa <b>M</b> 3:00 Happy Hour with Franklin <b>G</b> 6:30 Friday Night Flicks: How the Grinch Stole Christmas - HCRR</p>	<p><b>15</b> <b>I</b> 9:30 Communion with Pax Christi - Room to Room <b>V</b> 10:30 Saturday Morning Stretch-HCRR <b>CC</b> 11:00 Visits with Marge and Haylee Ray <b>K</b> 11:15 Daily Chronicle Discussion-HCRR</p>
<p><b>16</b> <b>L</b> 10:30 Current Events Discussion- HCRR <b>K</b> 1:30 UNO- HCRR <b>I</b> 2:30 Bluegrass Pike Baptist Church Service- HCRR <b>M</b> 3:00 Christmas Carols with Daisy Troop 847- HCRR <b>K</b> 3:30 Joyful Journaling- HCRR</p>	<p><b>17</b> <b>V</b> 10:00 Trilogy Fit - PCRR <b>K</b> 11:00 Daily Chronicle Discussion-HCRR <b>V</b> 2:15 Bingocize- HCRR <b>M</b> 4:00 Choir Practice with Sydney - HCRR</p>	<p><b>18</b> <b>V</b> 10:00 Ageless Grace- HCRR <b>O</b> 10:45 Lunch Outing to Cheddar's <b>M</b> 2:30 Resident Birthday Party with Gary Bertram - DR <b>L</b> 4:00 Fireside Chats- PCLR <b>A</b> 6:30 Making Christmas Ornaments- PCRR</p>	<p><b>19</b> <b>I</b> 10:30 Bible Study with Aurora - HCRR <b>I</b> 1:30 Bible Study with Kim - HCRR <b>V</b> 2:30 Bingocize - HCRR <b>S</b> 3:30 Chef's Circle- HCRR</p>	<p><b>20</b> <b>V</b> 10:00 Trilogy Fit -PCRR <b>K</b> 11:00 Current Events Discussion- HCRR <b>S</b> 12:00 Taste of the Town- DR <b>A</b> 2:00 Decorating Christmas Cookies- HCRR <b>CC</b> 4:00 Media Cart- Room Visits <b>CC</b> 6:30 Baking Christmas Cookies-</p>	<p><b>21 Winter Begins</b> <b>L</b> 11:00 Current Events Discussion- PCLR <b>A</b> 1:30 Crafting Corner with Lisa <b>M</b> 3:00 Happy Hour with Dave Butler - DR <b>GG</b> 6:30 Friday Night Flicks: A Christmas Story - HCRR</p>	<p><b>22</b> <b>I</b> 9:30 Communion with Pax Christi - Room to Room <b>V</b> 10:30 Saturday Morning Stretch-HCRR <b>CC</b> 11:00 Visits with Marge and Haylee Ray <b>K</b> 11:15 Daily Chronicle Discussion-HCRR</p>
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<p><b>30</b> <b>L</b> 10:30 Current Events Discussion- HCRR <b>K</b> 1:30 UNO- HCRR <b>A</b> 2:15 Joyful Journaling- HCRR</p>	<p><b>31 New Year's Eve</b> <b>V</b> 10:00 Trilogy Fit - PCRR <b>K</b> 11:00 New Year's Eve Traditions &amp; Trivia- HCRR <b>V</b> 2:15 Bingocize- HCRR <b>M</b> 4:00 Choir Practice with Sydney - HCRR</p>	<p>Facility Ombudsman: Carol Pruette 859-361-8266</p>	<p>All activities are subject to change &amp; all changes will be posted to Life Share.</p>	<p>Please sign up for all outings you wish to go on with a member of the Life Enrichment team. Thank you!</p>	<p>Key Code: DR - Dining Room ICP- Ice Cream Parlor HCRR - Health Care Recreation Room RHLR- Rehab to Home Living Room PCLR - PC Living Room PCRR - PC Recreation Room</p>	<p>Did you know? You can receive a phone call or text reminders about your favorite activities. Sign up with Life Enrichment today.</p>

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