

# January 2019

Villas  
The Villages at Oak Ridge Villa's



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans  <b>GF</b> - Gathering of Friends  <b>GC</b> - Group Games  <b>I</b> - Inspirations  <b>K</b> - Keeping it Sharp/Reminisce  <b>O</b> - Out &amp; About  <b>S</b> - Signature Events  <b>V</b> - Vitality</p>	<p>If you are planning to go on a scheduled outing You must notify Toni the day before at 812-787-2513</p>	<p><b>1</b> <b>New Year's Day</b></p>	<p><b>2</b>  <b>V 2:00</b> Therapeutic Yoga</p>	<p><b>3</b>  <b>O 10:30</b> Out and About Vincennes/Peafections</p>	<p><b>4</b>  <b>S 1:00</b> Your Villa Happy Hour</p>	<p><b>5</b>  <b>K 1:30</b> Bingo ( main campus)</p>
<p><b>6</b>  <b>A 2:00</b> Wine and Canvas \$30 ( Main Campus)</p>	<p><b>7</b>  <b>V 11:30</b> TrilogyFIT Exercise!  <b>GC 12:00</b> Villa Luncheon  <b>K 1:00</b> Cards in the clubhouse</p>	<p><b>8</b>  <b>S 2:00</b> Senior Executive Club ~ Main Campus</p>	<p><b>9</b>  <b>I 12:30</b> Bible Study with Tom Watson from Bethany Church  <b>V 2:00</b> Therapeutic Yoga  <b>K 3:00</b> Healthy Living with Essential Oils Class</p>	<p><b>10</b>  <b>GF 12:00</b> Lunch Bunch/ main campus ( please RSVP)</p>	<p><b>11</b>  <b>S 1:00</b> Your Villa Happy Hour</p>	<p><b>12</b>  <b>K 1:30</b> Bingo ( main campus)</p>
<p><b>13</b></p>	<p><b>14</b>  <b>V 11:30</b> TrilogyFIT Exercise!  <b>GC 12:00</b> Villa Luncheon  <b>K 1:00</b> Cards in the clubhouse</p>	<p><b>15</b></p>	<p><b>16</b>  <b>I 12:30</b> Bible Study with Tom Watson from Bethany Church  <b>V 2:00</b> Therapeutic Yoga</p>	<p><b>17</b>  <b>O 10:30</b> Out and about Petersburg/ Village INN</p>	<p><b>18</b>  <b>S 1:00</b> Your Villa Happy Hour</p>	<p><b>19</b>  <b>K 1:30</b> Bingo ( main campus)</p>
<p><b>20</b>  <b>S 11:00</b> Sunday Brunch (main campus) RSVP</p>	<p><b>21</b> <b>Martin Luther King Day</b>  <b>V 11:30</b> TrilogyFIT Exercise!  <b>GC 12:00</b> Villa Luncheon  <b>K 1:00</b> Cards in the clubhouse</p>	<p><b>22</b>  <b>1:30</b> Embrace Wellness Massage/ \$10 for 15 minute massage</p>	<p><b>23</b>  <b>I 12:30</b> Bible Study with Tom Watson from Bethany Church  <b>V 2:00</b> Therapeutic Yoga</p>	<p><b>24</b></p>	<p><b>25</b>  <b>S 1:00</b> Your Villa Happy Hour</p>	<p><b>26</b>  <b>K 1:30</b> Bingo ( main campus)</p>
<p><b>27</b></p>	<p><b>28</b>  <b>V 11:30</b> TrilogyFIT Exercise!  <b>GC 12:00</b> Villa Luncheon  <b>K 1:00</b> Cards in the clubhouse</p>	<p><b>29</b></p>	<p><b>30</b>  <b>I 12:30</b> Bible Study with Tom Watson from Bethany Church  <b>V 2:00</b> Therapeutic Yoga</p>	<p><b>31</b>  <b>O 2:00</b> Chilli Cook Off ( main Campus)</p>	<p>Trash Pick up every Tuesday morning. Trash MUST be in bags in your trash container.</p>	<p>Please check for events that we need to RSVP for. Sign up sheet in the clubhouse</p>