

# January 2019

## Assisted Living Life Enrichment Calendar of Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>A</b> - Artisans <b>CC</b> - Community Connections <b>CC</b> - Creative Cooking <b>GF</b> - Gathering of Friends <b>GC</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>M</b> - Music to My Ears <b>O</b> - Out & About <b>S</b> - Signature Events	All activities are subject to change to meet Resident needs. Staff will notify of any changes.	<b>1</b> <b>New Year's Day</b> <b>V</b> 9:30 Moming Exercise <b>CC</b> 10:00 Stone Soup <b>L</b> 11:00 New Year's History and Traditions <b>M</b> 1:30 Hymn Sing w/ Gail <b>I</b> 2:00 Daily Devotion	<b>2</b> <b>V</b> 9:30 Moming Exercise <b>I</b> 11:00 Catholic Communion <b>O</b> 1:30 Country Cruise <b>I</b> 4:00 Christian Bible Study	<b>3</b> <b>V</b> 9:30 Moming Exercise <b>A</b> 10:00 Mixed Mediums - Symmetrical butterfly painting <b>S</b> 12:00 Taste of the Town - Hunan Garden <b>S</b> 1:30 Chef Circle w/ Don <b>K</b> 3:00 LifeShare Games	<b>4</b> <b>V</b> 9:30 Moming Exercise <b>K</b> 11:30 Resident Council <b>K</b> 1:30 Challenge BINGO <b>S</b> 3:00 Happy Hour	<b>5</b> <b>CC</b> 9:45 Baker's Dozen - Egg Rolls <b>L</b> 11:30 Who's Got e-Mail <b>GC</b> 1:30 BINGO <b>GC</b> 2:30 Bunco with Joyce
<b>6</b> <b>I</b> 9:30 Sunday Service w/ Pastor Larry <b>V</b> 11:00 Exercise Group <b>K</b> 1:00 Activity Cart Pass <b>A</b> 2:00 Jewelry Making	<b>7</b> <b>V</b> 9:30 Moming Exercise <b>I</b> 10:00 Hymn Sing w/ Pastor Terry and Gigi <b>L</b> 11:30 Monday Chronicles Pass <b>K</b> 1:30 BINGO w/ RSVP <b>A</b> 3:00 Crafting Corner - Birthday Cards	<b>8</b> <b>CC</b> 9:30 Nail Spa w/ Robin <b>V</b> 9:30 Moming Exercise <b>K</b> 11:00 Eat, Wear, or Drive Trivia <b>O</b> 1:30 Walmart <b>I</b> 3:30 Daily Devotion <b>GF</b> 6:00 Oak Ridge Recipe Book	<b>9</b> <b>V</b> 9:30 Moming Exercise <b>I</b> 11:00 Catholic Communion <b>O</b> 1:30 Country Cruise <b>I</b> 4:00 Christian Bible Study <b>GC</b> 6:00 Night Owl Bingo	<b>10</b> <b>V</b> 9:30 Moming Exercise <b>A</b> 10:00 Mixed Mediums - Crystalized Snowflakes <b>V</b> 1:30 Indoor Bowling <b>CC</b> 3:45 Veteran Tales w/ Larry <b>K</b> 4:30 Inspired Living Committee Meeting	<b>11</b> <b>V</b> 9:30 Moming Exercise <b>GC</b> 10:30 Table Games <b>K</b> 1:30 Challenge BINGO <b>M</b> 2:00 Music w/ Larry Russell <b>S</b> 3:00 Happy Hour	<b>12</b> <b>CC</b> 9:45 Baker's Dozen - Veggie Pizza Squares <b>L</b> 11:30 Who's Got e-Mail <b>M</b> 1:00 Cliff the Drifter <b>GC</b> 2:00 BINGO <b>GC</b> 3:00 Bunco with Joyce
<b>13</b> <b>I</b> 9:30 Redemption Christian Church Service <b>V</b> 11:00 Exercise Group <b>K</b> 1:00 Activity Cart Pass <b>GF</b> 2:00 Afternoon Matinee	<b>14</b> <b>V</b> 9:30 Moming Exercise <b>L</b> 11:30 Monday Chronicles Pass <b>K</b> 1:30 BINGO w/ RSVP <b>A</b> 3:00 Crafting Corner - Mitten Door Decor	<b>15</b> <b>V</b> 9:30 Moming Exercise <b>K</b> 11:00 Trivia Tuesday <b>O</b> 11:45 Lunch Outing - Ace's <b>I</b> 3:30 Daily Devotion <b>GF</b> 6:00 Oak Ridge Recipe Book	<b>16</b> <b>V</b> 9:30 Moming Exercise <b>I</b> 11:00 Catholic Communion <b>O</b> 1:30 Country Cruise <b>I</b> 4:00 Christian Bible Study <b>M</b> 6:15 Sonlight Ministries Singers	<b>17</b> <b>V</b> 9:30 Moming Exercise <b>A</b> 10:00 Mixed Mediums - Snow Slime <b>I</b> 11:00 Catholic Mass <b>V</b> 1:30 Indoor Bowling <b>M</b> 5:45 Live Music w/ Wood & Wire	<b>18</b> <b>V</b> 9:30 Moming Exercise <b>GC</b> 10:30 Table Games <b>K</b> 1:30 Challenge BINGO <b>S</b> 3:00 Happy Hour	<b>19</b> <b>CC</b> 9:45 Baker's Dozen - Raspberry Cream Cheese Muffins <b>L</b> 11:30 Who's Got e-Mail <b>GC</b> 1:30 BINGO <b>GC</b> 2:30 Bunco with Joyce
<b>20</b> <b>I</b> 9:00 Christian Church Service w/ Alice <b>S</b> 11:00 Sunday Brunch <b>K</b> 1:00 Activity Cart Pass <b>A</b> 2:00 Jewelry Making	<b>21</b> <b>Martin Luther King Day</b> <b>V</b> 9:30 Moming Exercise <b>I</b> 10:00 Hymn Sing w/ Pastor Terry and GiGi <b>L</b> 11:30 Monday Chronicles Pass <b>K</b> 1:30 BINGO w/ RSVP <b>A</b> 3:00 Crafting Corner - no sew penguin craft	<b>22</b> <b>CC</b> 9:30 Nail Spa w/ Robin <b>V</b> 9:30 Moming Exercise <b>M</b> 10:00 Providence Ladies' Group <b>K</b> 11:00 Trivia Tuesday <b>O</b> 1:30 Dollar General <b>I</b> 3:30 Daily Devotion <b>GF</b> 6:00 Oak Ridge Recipe Book	<b>23</b> <b>V</b> 9:30 Moming Exercise <b>I</b> 11:00 Catholic Communion <b>O</b> 1:30 Country Cruise <b>I</b> 4:00 Christian Bible Study <b>M</b> 5:45 Music w/ Evan Twitty	<b>24</b> <b>V</b> 9:30 Moming Exercise <b>A</b> 10:00 Mixed Mediums - Creative Bookmarks <b>V</b> 1:30 Indoor Bowling <b>CC</b> 3:45 Veteran Tales w/ Larry	<b>25</b> <b>V</b> 9:30 Moming Exercise <b>GC</b> 10:30 Table Games <b>K</b> 1:30 Challenge BINGO <b>S</b> 3:00 Happy Hour	<b>26</b> <b>CC</b> 9:45 Baker's Dozen - Chocolate Marshmallow Cookies <b>L</b> 11:30 Who's Got e-Mail <b>GC</b> 1:30 BINGO <b>GC</b> 2:30 Bunco with Joyce
<b>27</b> <b>I</b> 9:30 Redemption Christian Church Service <b>V</b> 11:00 Exercise Group <b>K</b> 1:00 Activity Cart Pass <b>GF</b> 2:00 Afternoon Matinee	<b>28</b> <b>V</b> 9:30 Moming Exercise <b>L</b> 11:30 Monday Chronicles Pass <b>K</b> 1:30 BINGO w/ RSVP <b>A</b> 3:00 Crafting Corner - Watercolor Paintings	<b>29</b> <b>V</b> 9:30 Moming Exercise <b>L</b> 10:00 Through the Decades <b>K</b> 11:00 Trivia Tuesday <b>O</b> 1:30 Walmart <b>I</b> 3:30 Daily Devotion <b>GF</b> 6:00 Oak Ridge Recipe Book	<b>30</b> <b>V</b> 9:30 Moming Exercise <b>I</b> 11:00 Catholic Communion <b>O</b> 1:30 Country Cruise <b>I</b> 4:00 Christian Bible Study	<b>31</b> <b>V</b> 9:30 Moming Exercise <b>A</b> 10:00 Mixed Mediums - Pinecone Snowglobe <b>V</b> 1:30 Indoor Bowling <b>K</b> 3:00 LifeShare Games	Happy Hour takes place every Friday in the Health Center Recreation Room from 3-4pm. Family and friends welcome!	Please RSVP for Sunday Brunch by 1/17/18. Prize drawing will take place during brunch for those who RSVP.

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<b>6</b> <b>MM</b> 8:45 MM- Morning Spa <b>I</b> 9:30 Sunday Service w/ Pastor Larry <b>V</b> 11:00 Exercise Group <b>K</b> 1:00 Activity Cart Pass <b>A</b> 2:00 Jewelry Making	<b>7</b> <b>MM</b> 8:30 MM- World of Color <b>V</b> 9:30 Morning Exercise <b>I</b> 10:00 Hymn Sing w/ Pastor Terry and Gigi <b>L</b> 11:30 Monday Chronicles Pass <b>K</b> 1:30 BINGO w/ RSVP <b>A</b> 3:00 Crafting Corner - Birthday Cards	<b>8</b> <b>MM</b> 8:30 MM - Play it Again <b>CC</b> 9:30 Nail Spa w/ Robin <b>V</b> 9:30 Morning Exercise <b>K</b> 11:00 Eat, Wear, or Drive Trivia <b>O</b> 1:30 Walmart <b>I</b> 3:30 Daily Devotion <b>GF</b> 6:00 Oak Ridge Recipe Book	<b>9</b> <b>MM</b> 8:30 MM - The Story Tellers <b>V</b> 9:30 Morning Exercise <b>K</b> 10:00 Basic Bingo <b>I</b> 11:00 Catholic Communion <b>O</b> 1:30 Country Cruise <b>I</b> 4:00 Christian Bible Study <b>GC</b> 6:00 Night Owl Bingo	<b>10</b> <b>MM</b> 8:30 MM - Remember When? <b>V</b> 9:30 Morning Exercise <b>A</b> 10:00 Mixed Mediums - Crystalized Snowflakes <b>V</b> 1:30 Indoor Bowling <b>CC</b> 3:45 Veteran Tales w/ Larry	<b>11</b> <b>MM</b> 8:30 MM - Grocery Shopping <b>V</b> 9:30 Morning Exercise <b>GC</b> 10:30 Table Games <b>K</b> 1:30 Challenge BINGO <b>M</b> 2:00 Music w/ Larry Russell <b>S</b> 3:00 Happy Hour	<b>12</b> <b>V</b> 8:45 Morning Stretch <b>MM</b> 9:30 MM - Recipe Box <b>CC</b> 9:45 Baker's Dozen - Veggie Pizza Squares <b>L</b> 11:30 Who's Got e-Mail <b>M</b> 1:00 Cliff the Drifter <b>GC</b> 2:00 BINGO <b>GC</b> 3:00 Bunco with Joyce
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