

February 2018

The Villages at Historic Silvercrest Life Enrichment-Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans C - Connections I - Inspirations K - Keeping it Sharp MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>All outings require advanced sign up with the Life Enrichment Team.</p> <p>If there is a fee associated with the outing, it must be paid in advance. Thank you, Life Enrichment</p>	<p>Attending Activities will get you Funny Money To Spend at Auction Each Month.</p>	<p>Please let nursing staff fill out request forms for transportation for appointments. All appointment should go through Nursing and Life Enrichment.</p>	<p>1 K 9:00 Puzzles, Computers & Coloring available in Bistro V 9:30 Exercise Video: Bistro O 10:30 Out On The Town: Texas Roadhouse S 2:00 Chef's Circle: 5th floor S 2:30 Chef's Circle: Bistro M 6:30 Holiness Band: Bistro</p>	<p>2 Groundhog Day 9:00 Creative Offerings: Bistro MM 9:30 Daily Rhythms: Bistro K 1:30 Bingo: Main Dining Room M 3:00 Happy Hour at Piano Bar: Karaoke V 6:00 Billiards: 2nd floor</p>	<p>3 K 10:30 Word Searches K 1:00 Bingo: Bistro 2:00 General Store: Bistro V 6:00 Billiards: 2nd floor</p>
<p>4 S 11:00 Sunday Brunch I 11:00 Southeast Christian Church on TV - NBC Ch.3 I 1:00 Catholic Mass: Bistro K 1:30 Table Games: 1st floor Community Room I 2:30 Worship Service: Chapel</p>	<p>5 K 9:00 Puzzles, Computers & Coloring available in Bistro V 10:00 Aquatic Exercise: TrilogyFIT O 1:30 Shopping Outing: Wal-Mart V 6:00 Billiards: 2nd floor</p>	<p>6 K 9:00 Puzzles, Computers & Coloring available in Bistro MM 9:30 Daily Rhythms: Bistro V 10:00 Yoga with Jenny in the Bistro I 11:00 Bible Study: Community Room A 1:30 Crafty Creations: Bistro</p>	<p>7 C 8:00 Men's Breakfast Club with Eddie: Main Dining Room K 9:00 Puzzles, Computers & Coloring available in Bistro V 10:00 Aquatic Exercise: TrilogyFIT K 1:30 Bunco: Bistro</p>	<p>8 K 9:00 Puzzles, Computers & Coloring available in Bistro V 9:30 Exercise Video: Bistro O 10:30 Out On The Town: White House Candy Co and Crackerbarrel MM 11:15 Grief Support Group in Clubhouse</p>	<p>9 9:00 Creative Offerings: Bistro MM 9:30 Daily Rhythms: Bistro K 1:30 Bingo: Main Dining Room M 3:00 Happy Hour at Piano Bar V 6:00 Billiards: 2nd floor</p>	<p>10 K 10:30 Word Searches K 1:00 Bingo: Bistro 2:00 General Store: Bistro V 6:00 Billiards: 2nd floor</p>
<p>11 I 11:00 Southeast Christian Church on TV - NBC Ch.3 K 12:00 Brain Games at Lunch I 1:00 Catholic Mass: Bistro K 1:30 Table Games: 1st floor Community Room I 2:30 Worship Service: Chapel</p>	<p>12 K 9:00 Puzzles, Computers & Coloring available in Bistro V 10:00 Aquatic Exercise: TrilogyFIT O 1:30 Shopping Outing: Mustard Seed V 6:00 Billiards: 2nd floor</p>	<p>13 Mardi Gras K 9:00 Puzzles, Computers & Coloring available in Bistro MM 9:30 Daily Rhythms: Bistro V 10:00 Yoga with Jenny in the Bistro I 11:00 Bible Study: Community Room A 1:30 Crafty Creations: Bistro</p>	<p>14 Valentine's Day K 9:00 Puzzles, Computers & Coloring available in Bistro V 10:00 Aquatic Exercise: TrilogyFIT K 1:30 Bunco: Bistro S 3:00 Inspired Living Meeting Health Center -Bistro 3:30 Valentine's Surprise</p>	<p>15 K 9:00 Puzzles, Computers & Coloring available in Bistro V 9:30 Exercise Video: Bistro O 10:30 Out On The Town: Hull & High Water S 2:00 Chef's Circle: 5th floor S 2:30 Chef's Circle: Bistro I 6:00 Evening Bible Study</p>	<p>16 Chinese New Year 9:00 Creative Offerings: Bistro MM 9:30 Daily Rhythms: Bistro K 1:30 Bingo: Main Dining Room M 3:00 Happy Hour at Piano Bar V 6:00 Billiards: 2nd floor</p>	<p>17 K 10:30 Word Searches K 1:00 Bingo: Bistro 2:00 General Store: Bistro V 6:00 Billiards: 2nd floor</p>
<p>18 I 11:00 Southeast Christian Church on TV - NBC Ch.3 K 12:00 Brain Games at Lunch I 1:00 Catholic Mass: Bistro K 1:30 Table Games: 1st floor Community Room I 2:30 Worship Service: Chapel</p>	<p>19 Presidents' Day K 9:00 Puzzles, Computers & Coloring available in Bistro V 10:00 Aquatic Exercise: TrilogyFIT O 1:30 Shopping Outing: Burlington V 6:00 Billiards: 2nd floor</p>	<p>20 K 9:00 Puzzles, Computers & Coloring available in Bistro MM 9:30 Daily Rhythms: Bistro V 10:00 Yoga with Jenny in the Bistro I 11:00 Bible Study: Community Room A 1:30 Crafty Creations: Bistro</p>	<p>21 K 9:00 Puzzles, Computers & Coloring available in Bistro V 10:00 Aquatic Exercise: TrilogyFIT K 1:30 Bunco: Bistro V 3:00 Kickball: Bistro</p>	<p>22 K 9:00 Puzzles, Computers & Coloring available in Bistro V 9:30 Exercise Video: Bistro O 10:30 Out On The Town: A Nice Restaurant S 2:00 Chef's Circle: 5th floor S 2:30 Chef's Circle: Bistro S 5:00 Broadway Theme</p>	<p>23 9:00 Creative Offerings: Bistro MM 9:30 Daily Rhythms: Bistro K 1:30 Bingo: Main Dining Room M 3:00 Happy Hour at Piano Bar V 6:00 Billiards: 2nd floor</p>	<p>24 K 10:30 Word Searches K 1:00 Bingo: Bistro 2:00 General Store: Bistro V 6:00 Billiards: 2nd floor</p>
<p>25 I 11:00 Southeast Christian Church on TV - NBC Ch.3 K 12:00 Brain Games at Lunch I 1:00 Catholic Mass: Bistro K 1:30 Table Games: 1st floor Community Room I 2:30 Worship Service: Chapel</p>	<p>26 K 9:00 Puzzles, Computers & Coloring available in Bistro V 10:00 Aquatic Exercise: TrilogyFIT O 1:30 Shopping Outing: Big Lots & Dollar Tree V 6:00 Billiards: 2nd floor</p>	<p>27 K 9:00 Puzzles, Computers & Coloring available in Bistro MM 9:30 Daily Rhythms: Bistro V 10:00 Yoga with Jenny in the Bistro I 11:00 Bible Study: Community Room S 1:00 Resident Council</p>	<p>28 K 9:00 Puzzles, Computers & Coloring available in Bistro V 10:00 Aquatic Exercise: TrilogyFIT K 1:30 Bunco: Bistro V 3:00 Cornhole: Bistro</p>			

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The Villages at Historic Silvercrest
Life Enrichment-Health Center

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<p>A - Artisans C - Connections I - Inspirations K - Keeping it Sharp MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>All outings require advanced sign up with the Life Enrichment Team.</p> <p>If there is a fee associated with the outing, it must be paid in advance. Thank you, Life Enrichment</p>	<p>Reservations needed for Sunday Brunch</p> <p>2 Guest FREE/ \$7 each add. Guest</p>	<p>Please let Nursing make all of transportation request for all doctors appointments.</p>	<p>1</p> <p>K 9:00 Puzzles, Computers & Coloring available in Bistro</p> <p>V 9:30 Exercise Video: Bistro</p> <p>O 10:30 Out On The Town: Texas Roadhouse</p> <p>S 2:00 Chef's Circle: 5th floor</p> <p>S 2:30 Chef's Circle: Bistro</p> <p>M 6:30 Holiness Band: Bistro</p>	<p>2 Groundhog Day</p> <p>9:00 Creative Offerings: Bistro</p> <p>MM 9:30 Daily Rhythms: Bistro</p> <p>K 1:30 Bingo: Main Dining Room</p> <p>M 3:00 Happy Hour at Piano Bar: Karaoke</p> <p>V 6:00 Billiards: 2nd floor</p>	<p>3</p> <p>K 10:30 Word Searches</p> <p>K 1:00 Bingo: Bistro</p> <p>2:00 General Store: Bistro</p> <p>V 6:00 Billiards: 2nd floor</p>
<p>4</p> <p>S 11:00 Sunday Brunch</p> <p>I 11:00 Southeast Christian Church on TV - NBC Ch.3</p> <p>I 1:00 Catholic Mass: Bistro</p> <p>K 1:30 Table Games: 1st floor Community Room</p> <p>I 2:30 Worship Service: Chapel</p>	<p>5</p> <p>K 9:00 Puzzles, Computers & Coloring available in Bistro</p> <p>V 10:00 Aquatic Exercise: TrilogyFIT</p> <p>O 1:30 Shopping Outing: Wal-Mart</p> <p>V 6:00 Billiards: 2nd floor</p>	<p>6</p> <p>K 9:00 Puzzles, Computers & Coloring available in Bistro</p> <p>MM 9:30 Daily Rhythms: Bistro</p> <p>V 10:00 Yoga with Jenny in the Bistro</p> <p>I 11:00 Bible Study: Community Room</p> <p>A 1:30 Crafty Creations: Bistro</p>	<p>7</p> <p>C 8:00 Men's Breakfast Club with Eddie: Main Dining Room</p> <p>K 9:00 Puzzles, Computers & Coloring available in Bistro</p> <p>V 10:00 Aquatic Exercise: TrilogyFIT</p> <p>K 1:30 Bunco: Bistro</p>	<p>8</p> <p>K 9:00 Puzzles, Computers & Coloring available in Bistro</p> <p>V 9:30 Exercise Video: Bistro</p> <p>O 10:30 Out On The Town: White House Candy Co and Crackerbarrel</p> <p>MM 11:15 Grief Support Group in Clubhouse</p>	<p>9</p> <p>9:00 Creative Offerings: Bistro</p> <p>MM 9:30 Daily Rhythms: Bistro</p> <p>K 1:30 Bingo: Main Dining Room</p> <p>M 3:00 Happy Hour at Piano Bar</p> <p>V 6:00 Billiards: 2nd floor</p>	<p>10</p> <p>K 10:30 Word Searches</p> <p>K 1:00 Bingo: Bistro</p> <p>2:00 General Store: Bistro</p> <p>V 6:00 Billiards: 2nd floor</p>
<p>11</p> <p>I 11:00 Southeast Christian Church on TV - NBC Ch.3</p> <p>K 12:00 Brain Games at Lunch</p> <p>I 1:00 Catholic Mass: Bistro</p> <p>K 1:30 Table Games: 1st floor Community Room</p> <p>I 2:30 Worship Service: Chapel</p>	<p>12</p> <p>K 9:00 Puzzles, Computers & Coloring available in Bistro</p> <p>V 10:00 Aquatic Exercise: TrilogyFIT</p> <p>O 1:30 Shopping Outing: Mustard Seed</p> <p>V 6:00 Billiards: 2nd floor</p>	<p>13 Mardi Gras</p> <p>K 9:00 Puzzles, Computers & Coloring available in Bistro</p> <p>MM 9:30 Daily Rhythms: Bistro</p> <p>V 10:00 Yoga with Jenny in the Bistro</p> <p>I 11:00 Bible Study: Community Room</p> <p>A 1:30 Crafty Creations: Bistro</p>	<p>14 Valentine's Day</p> <p>K 9:00 Puzzles, Computers & Coloring available in Bistro</p> <p>V 10:00 Aquatic Exercise: TrilogyFIT</p> <p>K 1:30 Bunco: Bistro</p> <p>S 3:00 Inspired Living Meeting Health Center -Bistro</p> <p>3:30 Valentine's Surprise</p>	<p>15</p> <p>K 9:00 Puzzles, Computers & Coloring available in Bistro</p> <p>V 9:30 Exercise Video: Bistro</p> <p>O 10:30 Out On The Town: Hull & High Water</p> <p>S 2:00 Chef's Circle: 5th floor</p> <p>S 2:30 Chef's Circle: Bistro</p> <p>I 6:00 Evening Bible Study</p>	<p>16 Chinese New Year</p> <p>9:00 Creative Offerings: Bistro</p> <p>MM 9:30 Daily Rhythms: Bistro</p> <p>K 1:30 Bingo: Main Dining Room</p> <p>M 3:00 Happy Hour at Piano Bar</p> <p>V 6:00 Billiards: 2nd floor</p>	<p>17</p> <p>K 10:30 Word Searches</p> <p>K 1:00 Bingo: Bistro</p> <p>2:00 General Store: Bistro</p> <p>V 6:00 Billiards: 2nd floor</p>
<p>18</p> <p>I 11:00 Southeast Christian Church on TV - NBC Ch.3</p> <p>K 12:00 Brain Games at Lunch</p> <p>I 1:00 Catholic Mass: Bistro</p> <p>K 1:30 Table Games: 1st floor Community Room</p> <p>I 2:30 Worship Service: Chapel</p>	<p>19 Presidents' Day</p> <p>K 9:00 Puzzles, Computers & Coloring available in Bistro</p> <p>V 10:00 Aquatic Exercise: TrilogyFIT</p> <p>O 1:30 Shopping Outing: Burlington</p> <p>V 6:00 Billiards: 2nd floor</p>	<p>20</p> <p>K 9:00 Puzzles, Computers & Coloring available in Bistro</p> <p>MM 9:30 Daily Rhythms: Bistro</p> <p>V 10:00 Yoga with Jenny in the Bistro</p> <p>I 11:00 Bible Study: Community Room</p> <p>A 1:30 Crafty Creations: Bistro</p>	<p>21</p> <p>K 9:00 Puzzles, Computers & Coloring available in Bistro</p> <p>V 10:00 Aquatic Exercise: TrilogyFIT</p> <p>K 1:30 Bunco: Bistro</p> <p>V 3:00 Kickball: Bistro</p>	<p>22</p> <p>K 9:00 Puzzles, Computers & Coloring available in Bistro</p> <p>V 9:30 Exercise Video: Bistro</p> <p>O 10:30 Out On The Town: A Nice Restaurant</p> <p>S 2:00 Chef's Circle: 5th floor</p> <p>S 2:30 Chef's Circle: Bistro</p> <p>S 5:00 Broadway Theme</p>	<p>23</p> <p>9:00 Creative Offerings: Bistro</p> <p>MM 9:30 Daily Rhythms: Bistro</p> <p>K 1:30 Bingo: Main Dining Room</p> <p>M 3:00 Happy Hour at Piano Bar</p> <p>V 6:00 Billiards: 2nd floor</p>	<p>24</p> <p>K 10:30 Word Searches</p> <p>K 1:00 Bingo: Bistro</p> <p>2:00 General Store: Bistro</p> <p>V 6:00 Billiards: 2nd floor</p>
<p>25</p> <p>I 11:00 Southeast Christian Church on TV - NBC Ch.3</p> <p>K 12:00 Brain Games at Lunch</p> <p>I 1:00 Catholic Mass: Bistro</p> <p>K 1:30 Table Games: 1st floor Community Room</p> <p>I 2:30 Worship Service: Chapel</p>	<p>26</p> <p>K 9:00 Puzzles, Computers & Coloring available in Bistro</p> <p>V 10:00 Aquatic Exercise: TrilogyFIT</p> <p>O 1:30 Shopping Outing: Big Lots & Dollar Tree</p> <p>V 6:00 Billiards: 2nd floor</p>	<p>27</p> <p>K 9:00 Puzzles, Computers & Coloring available in Bistro</p> <p>MM 9:30 Daily Rhythms: Bistro</p> <p>V 10:00 Yoga with Jenny in the Bistro</p> <p>I 11:00 Bible Study: Community Room</p> <p>S 1:00 Resident Council</p>	<p>28</p> <p>K 9:00 Puzzles, Computers & Coloring available in Bistro</p> <p>V 10:00 Aquatic Exercise: TrilogyFIT</p> <p>K 1:30 Bunco: Bistro</p> <p>V 3:00 Cornhole: Bistro</p>			