

# October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>CC</b> - Creative Cooking <b>G</b> - Gathering of Friends <b>GG</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>M</b> - Music to My Ears <b>O</b> - Out &amp; About <b>S</b> - Signature Events <b>V</b> - Vitality</p>	<p><b>1</b> <b>K 10:30</b> Monday Morning Coffee and Talk -MPR <b>V 11:30</b> TrilogyFIT-MPR <b>CC 1:30</b> In the Kitchen-MPR <b>I 3:30</b> Inspirations-MPR</p>	<p><b>2</b> <b>O 10:00</b> Morrison Reeves Library Outing <b>K 1:30</b> Mind Puzzles-MPR <b>GG 3:00</b> Games-MPR <b>A 6:30</b> Art-Tastic-MPR</p>	<p><b>3</b> <b>K 10:15</b> Mind Puzzles-MPR <b>V 11:30</b> Wellness Wednesday - MPR <b>CC 1:00</b> In the Kitchen-MPR <b>I 3:45</b> Worship Gathering-MPR</p>	<p><b>4</b> <b>K 10:30</b> Mind Puzzles-MPR <b>O 11:15</b> Ainsley's Cafe Outing <b>G 2:30</b> Movie Matinee-MPR <b>K 6:30</b> Bingo-MPR</p>	<p><b>5</b> <b>V 10:30</b> TrilogyFIT-MPR <b>CC 1:30</b> Wellness Friday-PUB <b>S 2:45</b> Chef's Circle-PUB <b>M 3:00</b> Happy Hour with Gary Steams Live!-PUB <b>S 3:00</b> Happy Hour -PUB</p>	<p><b>6</b> <b>K 10:30</b> Mind Games-MPR <b>K 11:30</b> Wellness Cart <b>A 1:15</b> Art-Tastic-MPR <b>GG 3:00</b> Board Games-MPR</p>
<p><b>7</b> <b>V 10:30</b> Wellness Sunday-MPR <b>I 11:00</b> Daily Devotions-MPR <b>I 2:30</b> Church Service with Pastor Allen-MPR <b>G 4:00</b> Mind Puzzles-MPR</p>	<p><b>8 Columbus Day</b> <b>K 10:30</b> Monday Morning Coffee and Talk -MPR <b>CC 1:30</b> In the Kitchen-MPR <b>I 2:30</b> Inspiration Journal-MPR <b>K 4:00</b> Wellness Cart-SB/TT</p>	<p><b>9</b> <b>V 10:30</b> TrilogyFit-MPR <b>K 11:30</b> Mind Puzzles-MPR <b>O 1:00</b> Daughterys Orchard-O <b>A 6:30</b> Art-Tastic-MPR</p>	<p><b>10</b> <b>K 10:00</b> Mind Puzzles-MPR <b>V 11:30</b> Wellness Wednesday - MPR <b>CC 1:30</b> In the Kitchen-MPR <b>I 3:45</b> Worship Gathering-MPR</p>	<p><b>11</b> <b>O 8:00</b> Breakfast at IHop Outing <b>K 11:30</b> Mind Puzzles-MPR <b>V 1:30</b> TrilogyFit-MPR <b>I 2:30</b> Catholic Communion with Deacon Jim Miller-MPR <b>GG 6:30</b> Bingo-MPR</p>	<p><b>12</b> <b>V 10:30</b> TrilogyFIT-MPR <b>CC 1:30</b> Wellness Friday-PUB <b>S 2:45</b> Chef's Circle-PUB <b>S 3:00</b> Happy Hour -PUB</p>	<p><b>13</b> <b>K 10:00</b> Mind Games-MPR <b>K 11:30</b> Wellness Cart <b>L 1:30</b> Science Fun-MPR <b>GG 3:00</b> Board Games-MPR</p>
<p><b>14</b> <b>I 10:30</b> Daily Devotions-MPR <b>S 11:00</b> Sunday Brunch-DR <b>A 1:30</b> Art-Tastic-MPR <b>G 3:00</b> Social Hour-MPR</p>	<p><b>15</b> <b>K 10:30</b> Monday Morning Coffee and Talk -MPR <b>V 1:15</b> TrilogyFIT-MPR <b>CC 1:30</b> In the Kitchen-MPR <b>A 3:00</b> Art-Tastic-(Paper Roses)-MPR <b>K 4:00</b> Wellness Cart-SB/TT</p>	<p><b>16</b> <b>K 10:30</b> Trivia-MPR <b>O 1:30</b> Pumpkin Patch Outing-O <b>V 3:30</b> Waltz Lesson-PUB <b>A 6:30</b> Art-Tastic-MPR</p>	<p><b>17</b> <b>I 10:15</b> Inspiration Journal-MPR <b>V 11:30</b> Wellness Wednesday - MPR <b>K 1:30</b> BrainFIT-MPR <b>I 3:45</b> Worship Gathering-MPR</p>	<p><b>18</b> <b>O 10:00</b> Meijer Outing <b>A 1:30</b> Art-Tastic-MPR <b>M 4:00</b> Beauty and the Best Live-PUB <b>S 4:30</b> Beauty and the Beast Theme Dinner-MDR</p>	<p><b>19</b> <b>V 10:30</b> TrilogyFIT-MPR <b>CC 1:30</b> Wellness Friday-PUB <b>S 2:45</b> Chef's Circle-PUB <b>M 3:00</b> Rock'n Rod Live-PUB <b>S 3:00</b> Happy Hour -PUB</p>	<p><b>20</b> <b>K 10:30</b> Mind Games-MPR <b>K 11:30</b> Wellness Cart <b>A 1:15</b> Art-Tastic-MPR <b>GG 3:00</b> Board Games-MPR</p>
<p><b>21</b> <b>V 10:30</b> TrilogyFIT-MPR <b>I 11:00</b> Daily Devotions-MPR <b>I 2:30</b> Church Service with Pastor Allen-LOBBY <b>S 3:00</b> Movie Matinee (Beauty and the Beast)-MPR</p>	<p><b>22</b> <b>K 10:30</b> Monday Morning Coffee and Talk -MPR <b>V 11:30</b> TrilogyFIT-MPR <b>CC 1:30</b> In the Kitchen-MPR <b>I 3:00</b> Inspiration Journals-MPR</p>	<p><b>23</b> <b>K 10:00</b> Mind Puzzles-MPR <b>O 11:00</b> Warm Glow Outing <b>G 2:00</b> Social Hour-PUB <b>A 6:30</b> Art-Tastic-MPR</p>	<p><b>24</b> <b>K 10:00</b> In the Kitchen-MPR <b>V 11:30</b> Wellness Wednesday - MPR <b>K 1:30</b> BrainFIT-MPR <b>I 3:45</b> Worship Gathering-MPR</p>	<p><b>25</b> <b>K 10:30</b> Mind Puzzles-MPR <b>O 11:15</b> Cracker Barrell Lunch Outing <b>GG 2:30</b> Board Games-PUB <b>K 6:30</b> Bingo-MPR</p>	<p><b>26</b> <b>V 10:30</b> TrilogyFIT-MPR <b>S 12:00</b> Taste of the Town (Subway)-MDR <b>S 2:45</b> Chef's Circle-PUB <b>S 3:00</b> Happy Hour -PUB</p>	<p><b>27</b> <b>K 10:00</b> Mind Games-MPR <b>K 11:30</b> Wellness Cart <b>A 1:15</b> Art-Tastic-MPR <b>V 3:00</b> TrilogyFit-MPR</p>
<p><b>28</b> <b>I 10:00</b> Morning Chat-MPR <b>I 11:00</b> Daily Devotions-MPR <b>A 2:00</b> Art-Tastic-MPR <b>G 3:00</b> Social Hour-MPR</p>	<p><b>29</b> <b>K 10:30</b> Monday Morning Coffee and Talk -MPR <b>CC 11:30</b> In the Kitchen-MPR <b>L 2:00</b> Cope Environmental Program-PUB <b>K 4:00</b> Wellness Cart-SB/TT</p>	<p><b>30</b> <b>O 10:00</b> Morrison Reeves Library-O <b>K 1:00</b> Trivia-MPR <b>O 3:00</b> TrilogyFit-MPR <b>A 6:30</b> Art-Tastic-MPR</p>	<p><b>31 Halloween</b> <b>V 10:15</b> TrilogyFit-MPR <b>V 11:30</b> Wellness Wednesday - MPR <b>K 1:30</b> BrainFIT-MPR <b>I 3:45</b> Worship Gathering-MPR</p>	<p>Happy October Birthdays! Steven R. 10/2 John P. 10/11 Lewanna C. 10/14 Pamela B. 10/15 Glenda O. 10/22</p>	<p>Theme of the Month- Physical Therapy Month! "Try, Try, Try Again!" All Activities Dates &amp; Times Are Subject To Change!</p>	<p>In the entire circle of the year there are no days so delightful as those of a fine October. - Alexander Smith</p>