

# January 2019

The Springs of Richmond  
Life Enrichment-TCU



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>CC</b> - Creative Cooking <b>GF</b> - Gathering of Friends <b>GG</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>M</b> - Music to My Ears <b>O</b> - Out &amp; About <b>S</b> - Signature Events <b>V</b> - Vitality</p>	<p>Happy January Birthdays! Betty S. 1/3 Mary G. 1/9 Joyce N. 1/10 Richard C. 1/14 Winford P. 1/20</p>	<p><b>1</b> <b>New Year's Day</b> <b>V</b> 10:30 Chair Yoga-MPR <b>K</b> 11:30 New Years Trivia-PUB <b>M</b> 2:00 New Years Party with Rock'n Rod-PUB <b>GF</b> 6:30 Rummy Club-PUB</p>	<p><b>2</b> <b>V</b> 10:30 TrilogyFIT-MPR <b>V</b> 11:30 Wellness Wednesday - MPR <b>I</b> 3:45 Worship Gathering-MPR <b>A</b> 6:30 Art-Tastic-MPR</p>	<p><b>3</b> <b>K</b> 10:15 Mind Puzzles-MPR <b>O</b> 11:15 Bob Evans Lunch Outing <b>CC</b> 3:00 In the Kitchen-MPR <b>GG</b> 6:30 Bingo-MPR</p>	<p><b>4</b> <b>V</b> 10:30 TrilogyFIT-MPR <b>CC</b> 11:30 Wellness Friday-PUB <b>S</b> 2:45 Chef's Circle-PUB <b>S</b> 3:00 Happy Hour -PUB <b>GF</b> 6:30 Card Club-PUB</p>	<p><b>5</b> <b>M</b> 10:30 Music Trivia-MPR <b>K</b> 11:30 Wellness Cart <b>A</b> 1:15 Art-Tastic-MPR <b>GF</b> 6:30 Euchre Club-PUB</p>
<p><b>6</b> <b>I</b> 10:30 Hymns-MPR <b>I</b> 11:00 Daily Devotions-MPR <b>V</b> 1:00 Wellness Sunday-MPR <b>GF</b> 3:00 Social Hour-MPR</p>	<p><b>7</b> <b>K</b> 10:30 Monday Morning Coffee and Talk -MPR <b>V</b> 10:30 TrilogyFIT-MPR <b>CC</b> 1:30 In the Kitchen-MPR <b>I</b> 3:30 Inspirational Journals-MPR <b>GF</b> 6:30 Card Club-PUB</p>	<p><b>8</b> <b>V</b> 10:30 Chair Yoga-MPR <b>K</b> 11:30 Winter Safety Trivia-MPR <b>O</b> 1:00 Centerville Antique Mall Outing <b>A</b> 6:30 Art-Tastic-MPR</p>	<p><b>9</b> <b>V</b> 10:30 TrilogyFIT-MPR <b>V</b> 11:30 Wellness Wednesday - MPR <b>I</b> 3:45 Worship Gathering-MPR <b>GF</b> 6:30 Rummy Club-PUB</p>	<p><b>10</b> <b>O</b> 10:45 Southern Comfort Bar and Grill Outing <b>K</b> 2:30 Winter Safety Tips-MPR <b>GG</b> 3:30 Games-PUB <b>GG</b> 6:30 Bingo-MPR</p>	<p><b>11</b> <b>V</b> 10:30 TrilogyFIT-MPR <b>CC</b> 11:30 Wellness Friday-PUB <b>S</b> 2:45 Chef's Circle-PUB <b>S</b> 3:00 Happy Hour -PUB <b>GF</b> 6:30 Card Club-PUB</p>	<p><b>12</b> <b>K</b> 10:15 Wellness Cart <b>A</b> 11:00 Art-Tastic-MPR <b>GG</b> 2:00 Board Games-MPR <b>GF</b> 6:30 Euchre Club-PUB</p>
<p><b>13</b> <b>I</b> 10:30 Hymns-MPR <b>S</b> 11:00 Sunday Brunch-MDR <b>I</b> 11:00 Daily Devotions-MPR <b>I</b> 2:30 Church Service with Pastor Allen-LOBBY</p>	<p><b>14</b> <b>K</b> 10:30 Monday Morning Coffee and Talk -MPR <b>V</b> 10:30 TrilogyFIT-MPR <b>CC</b> 1:30 In the Kitchen-MPR <b>I</b> 3:30 Inspirational Journals-MPR <b>GF</b> 6:30 Card Club-PUB</p>	<p><b>15</b> <b>O</b> 10:30 Ponerosa Lunch Outing <b>GF</b> 2:00 Movie Matinee-MPR <b>A</b> 6:30 Art-Tastic-MPR</p>	<p><b>16</b> <b>V</b> 10:30 TrilogyFIT-MPR <b>GF</b> 12:00 Womens Luncheon (Olive Garden) -MPR <b>I</b> 3:45 Worship Gathering-MPR <b>GF</b> 6:30 Rummy Club-PUB</p>	<p><b>17</b> <b>V</b> 10:15 Chair Yoga-MPR <b>K</b> 11:30 Mind Puzzles-MPR <b>O</b> 2:00 Frischs Dessert and Coffee Outing <b>GG</b> 6:30 Bingo-MPR</p>	<p><b>18</b> <b>V</b> 10:30 TrilogyFIT-MPR <b>CC</b> 11:30 Wellness Friday-PUB <b>S</b> 2:45 Chef's Circle-PUB <b>S</b> 3:00 Happy Hour -PUB <b>GF</b> 6:30 Card Club-PUB</p>	<p><b>19</b> <b>K</b> 10:15 Wellness Cart <b>V</b> 11:30 Balloon Toss-MPR <b>A</b> 1:15 Art-Tastic-MPR <b>GF</b> 6:30 Euchre Club-PUB</p>
<p><b>20</b> <b>I</b> 10:30 Hymns-MPR <b>I</b> 11:00 Daily Devotions-MPR <b>V</b> 1:30 Wellness Sunday-MPR <b>GF</b> 3:00 Social Hour-MPR</p>	<p><b>21</b> <b>Martin Luther King Day</b> <b>K</b> 10:30 Monday Morning Coffee and Talk -MPR <b>V</b> 10:30 TrilogyFIT-MPR <b>CC</b> 1:30 In the Kitchen-MPR <b>I</b> 3:30 Inspirational Journals-MPR <b>GF</b> 6:30 Card Club-PUB</p>	<p><b>22</b> <b>K</b> 3:30 Trivia-MPR <b>O</b> 10:00 Meijer Outing <b>CC</b> 1:30 In the kitchen-MPR <b>A</b> 6:30 Art-Tastic-MPR</p>	<p><b>23</b> <b>V</b> 10:30 TrilogyFIT-MPR <b>V</b> 11:30 Wellness Wednesday - MPR <b>I</b> 3:45 Worship Gathering-MPR <b>GF</b> 6:30 Rummy Club-PUB</p>	<p><b>24</b> <b>V</b> 10:30 Chair Yoga-MPR <b>K</b> 11:30 Mind Puzzles-MPR <b>O</b> 1:15 Warm Glow Outing <b>GG</b> 6:30 Bingo-MPR</p>	<p><b>25</b> <b>V</b> 10:30 TrilogyFIT-MPR <b>CC</b> 11:30 Wellness Friday-PUB <b>S</b> 12:00 Taste of the Town-MDR <b>M</b> 3:00 Richard Scott Live-PUB <b>S</b> 3:00 Happy Hour -PUB <b>GF</b> 6:30 Card Club-PUB</p>	<p><b>26</b> <b>A</b> 10:30 Art-Tastic-MPR <b>K</b> 11:30 Wellness Cart <b>GG</b> 1:30 Board Games-MPR <b>GF</b> 6:30 Euchre Club-PUB</p>
<p><b>27</b> <b>I</b> 10:30 Hymns-MPR <b>I</b> 11:00 Daily Devotions-MPR <b>K</b> 1:00 Trivia-MPR <b>I</b> 2:30 Church Service with Pastor Allen-LOBBY</p>	<p><b>28</b> <b>K</b> 10:30 Monday Morning Coffee and Talk -MPR <b>V</b> 10:30 TrilogyFIT-MPR <b>L</b> 2:00 Cope Environmental Program (Owls)-PUB <b>I</b> 3:30 Inspirational Journals-MPR <b>GF</b> 6:30 Card Club-PUB</p>	<p><b>29</b> <b>O</b> 10:15 Morrison Reeves Library Outing <b>M</b> 1:30 Movie Matinee-MPR <b>K</b> 3:00 Charades-MPR <b>A</b> 6:30 Art-Tastic-MPR</p>	<p><b>30</b> <b>V</b> 10:30 TrilogyFIT-MPR <b>S</b> 12:00 Just the Guys Luncheon -MPR <b>I</b> 3:45 Worship Gathering-MPR <b>GF</b> 6:30 Rummy Club-PUB</p>	<p><b>31</b> <b>V</b> 10:25 Chair Yoga-MPR <b>K</b> 11:30 Mind Puzzles-MPR <b>O</b> 1:15 Model T Museum Outing <b>GG</b> 6:30 Bingo-MPR</p>	<p>Theme of the Month- New Year, New You! All Activities Dates &amp; Times Are Subject To Change!</p>	<p>"That grand old poem called Winter" - Henry David Thoreau  "January brings the snow, Makes our feet and fingers glow." - Sara Coleridge, Pretty Lessons in Verse</p>