

The Springs of Mooresville-AL
Life Enrichment Opportunities

October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Creative Cooking G - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>1 GG 9:30 Matching Memory S 10:00 Inspired Living Committee V 10:45 Trilogy Fit-Strength K 1:30 LRC A 2:30 Art</p>	<p>2 K 9:15 Name that Croon I 10:00 Bible study with Toni V 11:00 Yoga V 1:00 Walking Club GG 2:00 Bingo</p>	<p>3 O 9:00 Outing to Mooresville Theater A 1:30 Crafts: Toilet Paper Pumpkins M 3:00 Popcom by the Piano K 3:30 Hangman GG 6:00 Jingo</p>	<p>4 GG 9:00 Coffee Bar & Puzzles K 9:30 News O 10:15 Country Drive GG 2:00 Bingo:Auction V 3:15 Trilogy Fit</p>	<p>5 K 9:15 Crossword Group L 9:30 Learning: Travelogue CC 10:30 Cooking Group: Pumpkin Spice Cookies S 2:00 Chef's Circle S 3:00 Happy Hour GG 5:30 Movie & Popcom</p>	<p>6 G 10:10 Donut Social GG 10:20 Dice Game V 11:15 Trilogy Fit GG 1:30 Pokeno V 2:15 Putt Putt</p>
<p>7 K 10:10 Who, What, When M 11:00 Morning Worship G 1:00 Popcom Social GG 1:30 Kings in the Corner I 3:30 Sunday Devotions</p>	<p>8 Columbus Day GG 9:30 Dominos V 10:45 Trilogy Fit-Strength V 11:00 Kickball K 1:30 LRC A 2:30 Art</p>	<p>9 K 9:15 Lifeshare Games I 10:00 Bible study with Toni V 11:00 Yoga V 1:00 Walking Club GG 2:00 Bingo</p>	<p>10 A 10:00 Crafts: Spooky pumpkin Patch O 1:30 Zoo Boo Outing GG 6:00 Card Club</p>	<p>11 GG 9:00 Coffee Bar & Puzzles K 9:30 News O 10:15 Country Drive GG 2:00 Bingo:Auction V 3:15 Trilogy Fit</p>	<p>12 K 9:15 Crossword Group L 9:30 Learning: Travelogue CC 10:30 Cooking Group: Cider S 2:00 Chef's Circle S 3:00 Happy Hour GG 5:30 Movie & Popcom</p>	<p>13 G 10:10 Donut Social GG 10:20 Dice Game V 11:15 Trilogy Fit GG 1:30 Men's Card Club V 2:15 Comhole</p>
<p>14 K 10:10 Who, What, When M 11:00 Morning Worship G 1:00 Root Beer Floats GG 1:30 UNO I 3:30 Sunday Devotions</p>	<p>15 GG 9:30 Scrabble V 10:45 Trilogy Fit-Strength V 11:00 Kickball K 1:30 LRC A 2:30 Art-Beauty and the Beast Stain Glass</p>	<p>16 K 9:15 Name that Croon I 10:00 Bible study with Toni V 11:00 Yoga V 1:00 Belle's Book Search GG 2:00 Bingo</p>	<p>17 A 10:00 Crafts: Chip Mugs O 1:30 Walmart G 4:00 Sangria by the Fire GG 6:00 Jingo- Beauty & the Beast</p>	<p>18 GG 9:00 Coffee Bar & Puzzles K 9:30 News O 10:15 Country Drive GG 2:00 Bingo:Auction V 3:15 Trilogy Fit S 5:00 Theme Dinner Beauty and the Beast</p>	<p>19 K 9:15 Crossword Group L 9:30 Learning: Travelogue CC 10:30 Cooking Group: Grey Stuff S 2:00 Chef's Circle S 3:00 Happy Hour M 3:00 Beauty & the Beast music GG 5:30 Movie & Popcom</p>	<p>20 G 10:10 Donut Social GG 10:20 Dice Game V 11:15 Trilogy Fit GG 1:30 Pokeno V 2:15 Putt Putt</p>
<p>21 K 10:10 Who, What, When 11:00 Sunday Brunch M 11:00 Morning Worship G 1:00 Popcom Social GG 1:30 Rummy I 3:30 Sunday Devotions</p>	<p>22 GG 9:30 Game of Sorry V 10:45 Trilogy Fit-Strength V 11:00 Kickball K 1:30 LRC A 2:30 Art-Pumpkin Painting</p>	<p>23 K 9:15 Lifeshare Games I 10:00 Bible study with Toni V 11:00 Yoga V 1:00 Walking Club GG 2:00 Bingo</p>	<p>24 O 10:00 Anderson Orchard A 1:30 Crafts: Little pumpkin Vases M 3:00 Popcom by the Piano K 3:30 Jeopardy GG 6:00 Card Club</p>	<p>25 GG 9:00 Coffee Bar & Puzzles K 9:30 News O 10:15 Country Drive GG 2:00 Bingo:Auction V 3:15 Trilogy Fit</p>	<p>26 K 9:15 Crossword Group L 9:30 Learning: Travelogue M 10:00 Doug DeBaun S 2:00 Chef's Circle S 3:00 Happy Hour GG 5:30 Movie & Popcom</p>	<p>27 G 10:10 Donut Social GG 10:20 Dice Game V 11:15 Trilogy Fit GG 1:30 Men's Card Club V 2:15 Comhole</p>
<p>28 K 10:10 Who, What, When M 11:00 Morning Worship G 1:00 Root Beer Floats GG 1:30 Skip Bo I 3:30 Sunday Devotions</p>	<p>29 GG 9:30 Game of Sequence V 10:45 Trilogy Fit-Strength V 11:00 Kickball K 1:30 LRC A 2:30 Art</p>	<p>30 K 9:15 Name that Croon I 10:00 Bible study with Toni V 11:00 Yoga V 1:00 Walking Club GG 2:00 Bingo S 3:15 Resident Council S 6:00 Trick or Treat Night</p>	<p>31 Halloween O 7:30 Blueberry Hill K 11:00 Monster Mad Lib G 1:30 Monster Bash A 3:00 Crafts: Pumpkin Decorating GG 6:00 Monster Jingo</p>	<p>We are always looking for volunteers to help enrich the lives of our residents if you have any gifts, talents, or time, please see a member of the Life Enrichment team for more information.</p>	<p>Activities are subject to change please check Community Share for daily activities.</p>	<p>The activities on this calendar are a great way to complement your therapy service. Please ask your therapist which might be best for you.</p>

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Life Enrichment Opportunities



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Creative Cooking G - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events</p>	<p>1 GG 9:30 Matching Memory S 10:15 Inspired Living Committee V 10:45 Trilogy Fit-Strength MN 11:00 What's Next K 1:30 LRC A 2:30 Art</p>	<p>2 K 9:15 Name that Croon I 10:00 Bible study with Toni V 11:00 Yoga GG 2:00 Bingo MN 3:30 Grocery Games</p>	<p>3 O 9:00 Outing to Mooresville Theater A 1:30 Crafts: Toilet Paper Pumpkins M 3:00 Popcom by the Piano K 3:30 Hangman MN 4:00 Sensational Senses GG 6:00 Jingo</p>	<p>4 GG 9:00 Coffee Bar & Puzzles K 9:30 News O 10:15 Country Drive GG 2:00 Bingo:Auction V 3:15 Trilogy Fit MN 3:45 Garden Games</p>	<p>5 L 9:30 Learning: Travelogue CC 10:30 Cooking Group: Pumpkin Spice Cookies MN 1:30 Sensational Senses S 2:00 Chef's Circle S 3:00 Happy Hour GG 5:30 Movie & Popcom</p>	<p>6 G 10:10 Donut Social GG 10:20 Dice Game V 11:15 Trilogy Fit GG 1:30 Pokeno V 2:15 Putt Putt MN 3:00 Sensational Senses</p>
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