

January 2019

The Springs of Mooresville-AL Life Enrichment Opportunities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events</p>	<p>We are always looking for volunteers to help enrich the lives of our residents if you have any gifts, talents, or time, please see a member of the Life Enrichment team for more information.</p>	<p>1 New Year's Day</p> <p>GG 2:00 Bingo A 3:30 Nifty Knitters</p>	<p>2</p> <p>O 9:00 Outing to Mooresville Theater A 1:30 Crafts- Weave Coasters M 3:00 Sangria by the Piano K 3:30 Hangman GG 6:00 Jingo</p>	<p>3</p> <p>GG 9:00 Coffee & Word Puzzles K 9:30 Current Events O 10:15 Country Drive GG 2:00 Bingo:Auction V 3:15 Trilogy Fit GF 6:00 Movie Night</p>	<p>4</p> <p>K 9:00 Crossword Group L 9:30 Learning: Travelogue S 10:00 Chef's Circle CC 10:30 Cooking Group S 3:00 Happy Hour</p>	<p>5</p> <p>GF 10:10 Donut Social GG 10:20 Dice Game V 11:15 Trilogy Fit GG 1:30 Pokeno V 2:15 Ring Toss</p>
<p>6</p> <p>K 10:10 Who, What, When M 11:00 Morning Worship GF 1:00 Popcom Social GG 1:30 Rummy I 3:30 Sunday Devotions</p>	<p>7</p> <p>S 9:30 Inspired Living Committee V 10:45 Trilogy Fit-Strength K 1:30 LRC A 2:30 Art- Daisy Flower Garden</p>	<p>8</p> <p>K 9:15 Name that Croon I 10:00 Bible study with Toni I 11:00 Meditation Moments S 12:00 Taste of Town GG 2:00 Bingo A 3:30 Nifty Knitters K 6:00 Euchre Club</p>	<p>9</p> <p>A 10:00 Crafts-Scented Sachet O 11:30 Knuckle Sandwich M 3:00 Popcom by the Piano GG 6:00 Jingo</p>	<p>10</p> <p>GG 9:00 Coffee & Word Puzzles K 9:30 Current Events O 10:15 Country Drive JG 12:00 Men's Luncheon GG 2:00 Bingo:Cover All V 3:15 Trilogy Fit GF 6:00 Movie Night</p>	<p>11</p> <p>K 9:00 Crossword Group L 9:30 Learning: Travelogue S 10:00 Chef's Circle CC 10:30 Cooking Group S 3:00 Happy Hour</p>	<p>12</p> <p>GF 10:10 Donut Social GG 10:20 Dice Game V 11:15 Trilogy Fit GG 1:30 Pokeno V 2:15 Cornhole</p>
<p>13</p> <p>K 10:10 Who, What, When M 11:00 Morning Worship GF 1:00 Root Beer Floats GG 1:30 UNO I 3:30 Sunday Devotions</p>	<p>14</p> <p>GG 9:30 Dominos M 10:30 RJ Sutton K 1:30 LRC A 2:30 Art-Fruit Stamps</p>	<p>15</p> <p>K 9:15 Lifeshare Games I 10:00 Bible study with Toni I 11:00 Meditation Moments GG 2:00 Bingo A 3:30 Nifty Knitters K 6:00 Euchre Club</p>	<p>16</p> <p>A 10:00 Crafts- Pom Pom Door Hanger M 3:45 Sagria by the Piano K 4:00 Pictionary GG 6:00 Jingo</p>	<p>17</p> <p>GG 9:00 Coffee & Word Puzzles K 9:30 Current Events O 10:15 AL Shopping Trip GG 2:00 Bingo:Auction V 3:15 Trilogy Fit GF 6:00 Movie Night</p>	<p>18</p> <p>K 9:00 Crossword Group L 9:30 Learning: Travelogue S 10:00 Chef's Circle CC 10:30 Cooking Group S 3:00 Happy Hour</p>	<p>19</p> <p>GF 10:10 Donut Social GG 10:20 Dice Game V 11:15 Trilogy Fit GG 1:30 Pokeno V 2:15 Basketball</p>
<p>20</p> <p>K 10:10 Who, What, When M 11:00 Morning Worship GF 1:00 Popcom Social GG 1:30 Black Jack I 3:30 Sunday Devotions</p>	<p>21 Martin Luther King Day</p> <p>GG 9:30 Yahtzee V 10:45 Trilogy Fit-Strength V 11:00 Kickball K 1:30 LRC A 2:30 Art- Finger Painting</p>	<p>22</p> <p>K 9:15 Name that Croon I 10:00 Bible study with Toni I 11:00 Meditation Moments GG 2:00 Bingo A 3:30 Nifty Knitters K 6:00 Euchre Club</p>	<p>23</p> <p>O 7:30 Blueberry Hill A 10:00 Crafts- Tissue Jar M 2:30 Popcom by the Piano GG 6:00 Jingo</p>	<p>24</p> <p>GG 9:00 Coffee & Word Puzzles K 9:30 Current Events O 10:15 Country Drive JG 12:00 Men's Luncheon GG 2:00 Bingo:Auction V 3:15 Trilogy Fit GF 6:00 Movie Night</p>	<p>25</p> <p>K 9:00 Crossword Group L 9:30 Learning: Travelogue M 10:00 Doug DeBaun S 11:00 Chef's Circle S 3:00 Happy Hour</p>	<p>26</p> <p>GF 10:10 Donut Social GG 10:20 Dice Game V 11:15 Trilogy Fit GG 1:30 Pokeno V 2:15 Bowling</p>
<p>27</p> <p>K 10:10 Who, What, When M 11:00 Morning Worship GF 1:00 Root Beer Floats GG 1:30 Kings in the Corner I 3:30 Sunday Devotions</p>	<p>28</p> <p>GG 9:30 Game of Sequence V 10:45 Trilogy Fit-Strength V 11:00 Kickball K 1:30 LRC A 2:30 Art- Color Therapy</p>	<p>29</p> <p>K 9:15 Lifeshare Games I 10:00 Bible study with Toni I 11:00 Meditation Moments GG 2:00 Bingo S 3:50 Resident Council-AL K 6:00 Euchre Club</p>	<p>30</p> <p>A 10:00 Scrap Book Club O 1:00 UPaintPottery GG 6:00 Jingo</p>	<p>31</p> <p>GG 9:00 Coffee & Word Puzzles K 9:30 Current Events O 10:15 Country Drive GG 2:00 Bingo:Auction V 3:15 Trilogy Fit GF 6:00 Movie Night</p>	<p>Activities are subject to change please check Community Share for daily activities.</p>	<p>The activities on this calendar are a great way to complement your therapy service. Please ask your therapist which might be best for you.</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments M - Music to My Ears O - Out & About	We are always looking for volunteers to help enrich the lives of our residents. If you have any gifts, talents, or time, please see a member of the Life Enrichment team for more information.	1 New Year's Day MM 1:30 Sensational Senses GG 2:00 Bingo MM 3:30 Grocery Games A 3:30 Nifty Knitters	2 O 9:00 Outing to Mooresville Theater A 1:30 Crafts- Weave Coasters M 3:00 Sangria by the Piano K 3:30 Hangman MM 4:00 Matching Game GG 6:00 Jingo	3 GG 9:00 Coffee & Word Puzzles K 9:30 Current Events O 10:15 Country Drive MN 11:00 Sensational Senses GG 2:00 Bingo:Auction V 3:15 Trilogy Fit MN 3:45 Garden Games GF 6:00 Movie Night	4 L 9:30 Learning: Travelogue S 10:00 Chef's Circle CC 10:30 Cooking Group MM 1:30 Sensational Senses S 3:00 Happy Hour	5 GF 10:10 Donut Social GG 10:20 Dice Game V 11:15 Trilogy Fit GG 1:30 Pokeno V 2:15 Ring Toss MM 3:30 Sensational Senses
6 K 10:10 Who, What, When MN 10:30 Reminisce Group M 11:00 Morning Worship GF 1:00 Popcom Social GG 1:30 Rummy I 3:30 Sunday Devotions	7 S 9:30 Inspired Living Committee V 10:45 Trilogy Fit-Strength MN 11:30 What's Next K 1:30 LRC A 2:30 Art- Daisy Flower Garden	8 K 9:15 Name that Croon I 10:00 Bible study with Toni MM 10:30 Sensational Senses I 11:00 Meditation Moments S 12:00 Taste of Town GG 2:00 Bingo MM 3:30 Grocery Games A 3:30 Nifty Knitters K 6:00 Euchre Club	9 MN 9:15 Sensational Senses A 10:00 Crafts-Scented Sachet O 11:30 Knuckle Sandwich M 3:00 Popcom by the Piano MM 3:30 Matching Game GG 6:00 Jingo	10 GG 9:00 Coffee & Word Puzzles K 9:30 Current Events O 10:15 Country Drive MN 11:00 Sensational Senses JG 12:00 Men's Luncheon GG 2:00 Bingo:Cover All V 3:15 Trilogy Fit MN 3:45 Garden Games GF 6:00 Movie Night	11 L 9:30 Learning: Travelogue S 10:00 Chef's Circle CC 10:30 Cooking Group MM 1:30 Sensational Senses S 3:00 Happy Hour	12 GF 10:10 Donut Social GG 10:20 Dice Game V 11:15 Trilogy Fit GG 1:30 Pokeno V 2:15 Cornhole MM 3:30 Sensational Senses
13 K 10:10 Who, What, When MN 10:30 Reminisce Group M 11:00 Morning Worship GF 1:00 Root Beer Floats GG 1:30 UNO I 3:30 Sunday Devotions	14 GG 9:30 Dominos M 10:30 RJ Sutton MN 11:30 What's Next K 1:30 LRC A 2:30 Art-Fruit Stamps	15 K 9:15 Lifeshare Games I 10:00 Bible study with Toni MM 10:30 Sensational Senses I 11:00 Meditation Moments GG 2:00 Bingo MM 3:30 Grocery Games A 3:30 Nifty Knitters K 6:00 Euchre Club	16 MN 9:15 Sensational Senses A 10:00 Crafts- Pom Pom Door Hanger O 1:30 Shopping Trip- HC M 3:45 Sagria by the Piano K 4:00 Pictionary GG 6:00 Jingo	17 GG 9:00 Coffee & Word Puzzles K 9:30 Current Events MN 11:00 Sensational Senses GG 2:00 Bingo:Auction V 3:15 Trilogy Fit MN 3:45 Garden Games GF 6:00 Movie Night	18 L 9:30 Learning: Travelogue S 10:00 Chef's Circle CC 10:30 Cooking Group MM 1:30 Sensational Senses S 3:00 Happy Hour	19 GF 10:10 Donut Social GG 10:20 Dice Game V 11:15 Trilogy Fit GG 1:30 Pokeno V 2:15 Basketball MN 3:30 Sensational Senses
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