

The Springs of Mooresville-AL  
Life Enrichment Opportunities

# JULY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>K</b> 10:00 News <b>GG</b> 10:15 Kings in the Corner <b>M</b> 11:00 Morning Worship <b>G</b> 1:30 Root Beer Floats <b>I</b> 3:30 Sunday Devotions	<b>2</b> <b>GG</b> 9:30 Scrabble <b>S</b> 10:00 Inspired Living Committee <b>V</b> 10:45 Trilogy Fit <b>V</b> 11:00 Kickball <b>K</b> 1:30 LRC <b>A</b> 2:30 Art <b>K</b> 3:00 Brain Fit	<b>3</b> <b>K</b> 9:30 Lifeshare Games <b>GG</b> 10:00 Dice Game <b>V</b> 11:00 Walking Club <b>V</b> 11:15 Meditation Moments <b>V</b> 11:30 Yoga <b>GG</b> 2:00 Bingo <b>GG</b> 3:45 Book Club	<b>4 Independence Day</b> <b>V</b> 9:15 Horseshoes <b>A</b> 10:30 Crafts: July Star Door Hanger <b>A</b> 2:00 Knitting <b>M</b> 3:00 Popcom by the Piano <b>K</b> 3:30 Wheel of Fortune <b>O</b> 6:30 Firework Outing	<b>5</b> <b>GG</b> 9:30 Coffee Bar & Trivia <b>K</b> 9:45 News <b>O</b> 10:15 Country Drive <b>GG</b> 2:00 Bingo:Auction <b>V</b> 3:15 Trilogy Fit	<b>6</b> <b>K</b> 9:15 Crossword Group <b>L</b> 9:30 Learning: Embroidery <b>CC</b> 10:30 Cooking Group: Red, White, Blue Delight <b>S</b> 2:00 Chef's Circle <b>S</b> 3:00 Happy Hour <b>GG</b> 5:30 Movie & Popcom	<b>7</b> <b>G</b> 10:00 Donut Social <b>I</b> 10:20 Bible Study <b>V</b> 11:00 Trilogy Fit <b>V</b> 11:15 Kickball <b>GG</b> 1:30 Pokeno <b>V</b> 2:15 Putt Putt
<b>8</b> <b>K</b> 10:00 News <b>GG</b> 10:15 UNO <b>M</b> 11:00 Morning Worship <b>G</b> 1:30 Popcom Social <b>I</b> 3:30 Sunday Devotions	<b>9</b> <b>GG</b> 9:30 Dominos <b>V</b> 10:45 Trilogy Fit <b>V</b> 11:00 Kickball <b>K</b> 1:30 LRC <b>A</b> 2:30 Art <b>K</b> 3:00 Brain Fit	<b>10</b> <b>K</b> 9:30 Lifeshare Games <b>GG</b> 10:00 Dice Game <b>V</b> 11:00 Walking Club <b>V</b> 11:15 Meditation Moments <b>V</b> 11:30 Yoga <b>S</b> 12:00 TOT: Squealers <b>GG</b> 2:00 Bingo <b>GG</b> 3:45 Book Club	<b>11</b> <b>V</b> 9:15 Twister Toss <b>O</b> 11:00 McAlisters Deli <b>A</b> 2:00 Crafts: Shrinky Dinks <b>M</b> 3:00 Popcom by the Piano <b>K</b> 3:30 Charades <b>GG</b> 5:45 Card Club	<b>12</b> <b>GG</b> 9:30 Coffee Bar & Trivia <b>K</b> 9:45 News <b>O</b> 10:15 Country Drive <b>GG</b> 2:00 Bingo:Auction <b>V</b> 3:15 Trilogy Fit	<b>13</b> <b>K</b> 9:15 Crossword Group <b>L</b> 9:30 Learning: Embroidery <b>CC</b> 10:30 Cooking Group: Cucumber Salad <b>S</b> 2:00 Chef's Circle <b>S</b> 3:00 Happy Hour <b>GG</b> 5:30 Movie & Popcom	<b>14</b> <b>G</b> 10:00 Donut Social <b>I</b> 10:20 Bible Study <b>V</b> 11:00 Trilogy Fit <b>V</b> 11:15 Kickball <b>GG</b> 1:30 Men's Card Club <b>V</b> 2:15 Comhole
<b>15</b> <b>K</b> 10:00 News <b>GG</b> 10:15 Eucher <b>S</b> 11:00 Sunday Brunch <b>M</b> 11:00 Morning Worship <b>G</b> 1:30 Root Beer Floats <b>I</b> 3:30 Sunday Devotions	<b>16</b> <b>GG</b> 9:30 Game of Sequence <b>V</b> 10:45 Trilogy Fit <b>V</b> 11:00 Kickball <b>K</b> 1:30 LRC <b>A</b> 2:30 Art-Canvas Painting Fireside Beach <b>K</b> 3:00 Brain Fit	<b>17</b> <b>K</b> 9:30 Lifeshare Games <b>GG</b> 10:00 Dice Game <b>V</b> 11:00 Walking Club <b>V</b> 11:15 Meditation Moments <b>V</b> 11:30 Yoga <b>GG</b> 2:00 Bingo <b>GG</b> 3:45 Book Club	<b>18</b> <b>V</b> 9:15 Waterballoon Toss <b>A</b> 10:30 Crafts: String Art <b>O</b> 1:30 Walmart Outing <b>GG</b> 5:45 Jingo	<b>19</b> <b>GG</b> 9:30 Coffee Bar & Trivia <b>K</b> 9:45 News <b>O</b> 10:15 Country Drive <b>GG</b> 2:00 Bingo:Auction <b>V</b> 3:15 Trilogy Fit	<b>20</b> <b>K</b> 9:15 Crossword Group <b>L</b> 9:30 Learning: Embroidery <b>CC</b> 10:30 Cooking Group: Summer Berry Trifle <b>S</b> 2:00 Chef's Circle <b>S</b> 3:00 Happy Hour <b>GG</b> 5:30 Movie & Popcom	<b>21</b> <b>G</b> 10:00 Donut Social <b>I</b> 10:20 Bible Study <b>V</b> 11:00 Trilogy Fit <b>V</b> 11:15 Kickball <b>GG</b> 1:30 Pokeno <b>V</b> 2:15 Putt Putt
<b>22</b> <b>K</b> 10:00 News <b>GG</b> 10:15 Rummy <b>M</b> 11:00 Morning Worship <b>G</b> 1:30 Popcom Socials <b>I</b> 3:30 Sunday Devotions	<b>23</b> <b>GG</b> 9:30 Yahtzee <b>V</b> 10:45 Trilogy Fit <b>V</b> 11:00 Kickball <b>K</b> 1:30 LRC <b>A</b> 2:30 Art <b>K</b> 3:15 Brain Fit	<b>24</b> <b>K</b> 9:30 Lifeshare Games <b>GG</b> 10:00 Dice Game <b>V</b> 11:00 Walking Club <b>V</b> 11:15 Meditation Moments <b>V</b> 11:30 Yoga <b>GG</b> 2:00 Bingo <b>GG</b> 3:45 Book Club	<b>25</b> <b>O</b> 9:30 Fishing Trip <b>A</b> 2:00 Crafts: Cloud Light <b>M</b> 3:00 Popcom by the Piano <b>K</b> 3:30 Hangman <b>GG</b> 5:45 Card Club	<b>26</b> <b>GG</b> 9:30 Coffee Bar & Trivia <b>K</b> 9:45 News <b>O</b> 10:15 Country Drive <b>GG</b> 2:00 Bingo:Auction <b>V</b> 3:15 Trilogy Fit	<b>27</b> <b>K</b> 9:15 Crossword Group <b>L</b> 9:30 Learning: Embroidery <b>M</b> 10:00 Doug DeBaun <b>S</b> 2:00 Chef's Circle <b>S</b> 3:00 Happy Hour <b>GG</b> 5:30 Movie & Popcom	<b>28</b> <b>G</b> 10:00 Donut Social <b>I</b> 10:20 Bible Study <b>V</b> 11:00 Trilogy Fit <b>V</b> 11:15 Kickball <b>GG</b> 1:30 Men's Card Club <b>V</b> 2:15 Comhole
<b>29</b> <b>K</b> 10:00 News <b>GG</b> 10:15 Skip Bo <b>M</b> 11:00 Morning Worship <b>G</b> 1:30 Root Beer Floats <b>I</b> 3:30 Sunday Devotions	<b>30</b> <b>GG</b> 9:30 Game of Sorry <b>V</b> 10:45 Trilogy Fit <b>V</b> 11:00 Kickball <b>K</b> 1:30 LRC <b>A</b> 2:30 Art <b>K</b> 3:00 Brain Fit	<b>31</b> <b>K</b> 9:30 Lifeshare Games <b>GG</b> 10:00 Dice Game <b>V</b> 11:00 Walking Club <b>V</b> 11:15 Meditation Moments <b>V</b> 11:30 Yoga <b>GG</b> 2:00 Bingo <b>S</b> 3:45 Resident Council	<b>A</b> - Artisans <b>CC</b> - Creative Cooking <b>G</b> - Gathering of Friends <b>GG</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>M</b> - Music to My Ears <b>O</b> - Out & About <b>S</b> - Signature Events <b>V</b> - Vitality	We are always looking for volunteers to help enrich the lives of our residents if you have any gifts, talents, or time, please see a member of the Life Enrichment team for more information.	Activities are subject to change please check Community Share for daily activities.	The activities on this calendar are a great way to complement your therapy service. Please ask your therapist which might be best for you.

The Springs of Mooresville-NC  
Life Enrichment Opportunities

# JULY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p><b>K 10:00</b> News  <b>GG 10:15</b> Kings in the Corner  <b>M 11:00</b> Morning Worship  <b>G 1:30</b> Root Beer Floats  <b>MM 2:30</b> Reminisce Group  <b>I 3:30</b> Sunday Devotions</p>	<p><b>2</b></p> <p><b>GG 9:30</b> Scrabble  <b>S 10:15</b> Inspired Living Committee  <b>V 10:45</b> Trilogy Fit  <b>V 11:00</b> Kickball  <b>MM 11:30</b> Sensational Senses  <b>K 1:30</b> LRC  <b>A 2:30</b> Art</p>	<p><b>3</b></p> <p><b>K 9:30</b> Lifeshare Games  <b>GG 10:00</b> Dice Game  <b>V 11:15</b> Meditation Moments  <b>V 11:30</b> Yoga  <b>GG 2:00</b> Bingo  <b>MM 3:15</b> Grocery Games  <b>GG 3:45</b> Book Club</p>	<p><b>4 Independence Day</b></p> <p><b>V 9:15</b> Horseshoes  <b>A 10:30</b> Crafts: July Star Door Hanger  <b>A 2:00</b> Knitting  <b>M 3:00</b> Popcom by the Piano  <b>K 3:30</b> Wheel of Fortune  <b>MM 4:00</b> Sensational Senses  <b>O 6:30</b> Firework Outing</p>	<p><b>5</b></p> <p><b>GG 9:30</b> Coffee Bar &amp; Trivia  <b>K 9:45</b> News  <b>O 10:15</b> Country Drive  <b>GG 2:00</b> Bingo:Auction  <b>V 3:15</b> Trilogy Fit  <b>MM 3:45</b> Garden Games</p>	<p><b>6</b></p> <p><b>K 9:15</b> Crossword Group  <b>L 9:30</b> Learning: Embroidery  <b>CC 10:30</b> Cooking Group: Red, White, Blue Delight  <b>MM 1:30</b> Sensational Senses  <b>S 2:00</b> Chef's Circle  <b>S 3:00</b> Happy Hour  <b>GG 5:30</b> Movie &amp; Popcom</p>	<p><b>7</b></p> <p><b>G 10:00</b> Donut Social  <b>I 10:20</b> Bible Study  <b>V 11:00</b> Trilogy Fit  <b>V 11:15</b> Kickball  <b>GG 1:30</b> Pokeno  <b>V 2:15</b> Putt Putt  <b>MM 3:00</b> Sensational Senses</p>
<p><b>8</b></p> <p><b>K 10:00</b> News  <b>GG 10:15</b> UNO  <b>M 11:00</b> Morning Worship  <b>G 1:30</b> Popcom Social  <b>MM 2:30</b> Reminisce Group  <b>I 3:30</b> Sunday Devotions</p>	<p><b>9</b></p> <p><b>GG 9:30</b> Dominos  <b>V 10:45</b> Trilogy Fit  <b>V 11:00</b> Kickball  <b>MM 11:30</b> Sensational Senses  <b>K 1:30</b> LRC  <b>A 2:30</b> Art  <b>K 3:00</b> Brain Fit</p>	<p><b>10</b></p> <p><b>K 9:30</b> Lifeshare Games  <b>GG 10:00</b> Dice Game  <b>V 11:15</b> Meditation Moments  <b>V 11:30</b> Yoga  <b>S 12:00</b> TOT: Squealers  <b>GG 2:00</b> Bingo  <b>MM 3:15</b> Grocery Games  <b>GG 3:45</b> Book Club</p>	<p><b>11</b></p> <p><b>V 9:15</b> Twister Toss  <b>O 11:00</b> McAlisters Deli  <b>A 2:00</b> Crafts: Shrinky Dinks  <b>M 3:00</b> Popcom by the Piano  <b>K 3:30</b> Charades  <b>MM 4:00</b> Sensational Senses  <b>GG 5:45</b> Card Club</p>	<p><b>12</b></p> <p><b>GG 9:30</b> Coffee Bar &amp; Trivia  <b>K 9:45</b> News  <b>O 10:15</b> Country Drive  <b>GG 2:00</b> Bingo:Auction  <b>V 3:15</b> Trilogy Fit  <b>MM 3:45</b> Garden Games</p>	<p><b>13</b></p> <p><b>K 9:15</b> Crossword Group  <b>L 9:30</b> Learning: Embroidery  <b>CC 10:30</b> Cooking Group: Cucumber Salad  <b>MM 1:30</b> Sensational Senses  <b>S 2:00</b> Chef's Circle  <b>S 3:00</b> Happy Hour  <b>GG 5:30</b> Movie &amp; Popcom</p>	<p><b>14</b></p> <p><b>G 10:00</b> Donut Social  <b>I 10:20</b> Bible Study  <b>V 11:00</b> Trilogy Fit  <b>V 11:15</b> Kickball  <b>GG 1:30</b> Men's Card Club  <b>V 2:15</b> Comhole  <b>MM 3:00</b> Sensational Senses</p>
<p><b>15</b></p> <p><b>K 10:00</b> News  <b>GG 10:15</b> Eucher  <b>S 11:00</b> Sunday Brunch  <b>M 11:00</b> Morning Worship  <b>G 1:30</b> Root Beer Floats  <b>MM 2:30</b> Reminisce Group  <b>I 3:30</b> Sunday Devotions</p>	<p><b>16</b></p> <p><b>GG 9:30</b> Game of Sequence  <b>V 10:45</b> Trilogy Fit  <b>V 11:00</b> Kickball  <b>MM 11:30</b> Sensational Senses  <b>K 1:30</b> LRC  <b>A 2:30</b> Art-Canvas Painting Fireside Beach</p>	<p><b>17</b></p> <p><b>K 9:30</b> Lifeshare Games  <b>GG 10:00</b> Dice Game  <b>V 11:15</b> Meditation Moments  <b>V 11:30</b> Yoga  <b>GG 2:00</b> Bingo  <b>MM 3:15</b> Grocery Games  <b>GG 3:45</b> Book Club</p>	<p><b>18</b></p> <p><b>V 9:15</b> Waterballoon Toss  <b>A 10:30</b> Crafts: String Art  <b>O 1:30</b> Walmart Outing  <b>MM 4:00</b> Sensational Senses  <b>GG 5:45</b> Jingo</p>	<p><b>19</b></p> <p><b>GG 9:30</b> Coffee Bar &amp; Trivia  <b>K 9:45</b> News  <b>O 10:15</b> Country Drive  <b>GG 2:00</b> Bingo:Auction  <b>V 3:15</b> Trilogy Fit  <b>MM 3:45</b> Garden Games</p>	<p><b>20</b></p> <p><b>K 9:15</b> Crossword Group  <b>L 9:30</b> Learning: Embroidery  <b>CC 10:30</b> Cooking Group: Summer Berry Trifle  <b>MM 1:30</b> Sensational Senses  <b>S 2:00</b> Chef's Circle  <b>S 3:00</b> Happy Hour  <b>GG 5:30</b> Movie &amp; Popcom</p>	<p><b>21</b></p> <p><b>G 10:00</b> Donut Social  <b>I 10:20</b> Bible Study  <b>V 11:00</b> Trilogy Fit  <b>V 11:15</b> Kickball  <b>GG 1:30</b> Pokeno  <b>V 2:15</b> Putt Putt  <b>MM 3:00</b> Sensational Senses</p>
<p><b>22</b></p> <p><b>K 10:00</b> News  <b>GG 10:15</b> Rummy  <b>M 11:00</b> Morning Worship  <b>G 1:30</b> Popcom Socials  <b>MM 2:30</b> Reminisce Group  <b>I 3:30</b> Sunday Devotions</p>	<p><b>23</b></p> <p><b>GG 9:30</b> Yahtzee  <b>V 10:45</b> Trilogy Fit  <b>V 11:00</b> Kickball  <b>MM 11:30</b> Sensational Senses  <b>K 1:30</b> LRC  <b>A 2:30</b> Art</p>	<p><b>24</b></p> <p><b>K 9:30</b> Lifeshare Games  <b>GG 10:00</b> Dice Game  <b>V 11:15</b> Meditation Moments  <b>V 11:30</b> Yoga  <b>GG 2:00</b> Bingo  <b>MM 3:15</b> Grocery Games  <b>GG 3:45</b> Book Club</p>	<p><b>25</b></p> <p><b>O 9:30</b> Fishing Trip  <b>A 2:00</b> Crafts: Cloud Light  <b>M 3:00</b> Popcom by the Piano  <b>K 3:30</b> Hangman  <b>MM 4:00</b> Sensational Senses  <b>GG 5:45</b> Card Club</p>	<p><b>26</b></p> <p><b>GG 9:30</b> Coffee Bar &amp; Trivia  <b>K 9:45</b> News  <b>O 10:15</b> Country Drive  <b>GG 2:00</b> Bingo:Auction  <b>V 3:15</b> Trilogy Fit  <b>MM 3:45</b> Garden Games</p>	<p><b>27</b></p> <p><b>K 9:15</b> Crossword Group  <b>L 9:30</b> Learning: Embroidery  <b>M 10:00</b> Doug DeBaun  <b>MM 1:30</b> Sensational Senses  <b>S 2:00</b> Chef's Circle  <b>S 3:00</b> Happy Hour  <b>GG 5:30</b> Movie &amp; Popcom</p>	<p><b>28</b></p> <p><b>G 10:00</b> Donut Social  <b>I 10:20</b> Bible Study  <b>V 11:00</b> Trilogy Fit  <b>V 11:15</b> Kickball  <b>GG 1:30</b> Men's Card Club  <b>V 2:15</b> Comhole  <b>MM 3:00</b> Sensational Senses</p>
<p><b>29</b></p> <p><b>K 10:00</b> News  <b>GG 10:15</b> Skip Bo  <b>M 11:00</b> Morning Worship  <b>G 1:30</b> Root Beer Floats  <b>MM 2:30</b> Reminisce Group  <b>I 3:30</b> Sunday Devotions</p>	<p><b>30</b></p> <p><b>GG 9:30</b> Game of Sorry  <b>V 10:45</b> Trilogy Fit  <b>V 11:00</b> Kickball  <b>MM 11:30</b> Sensational Senses  <b>K 1:30</b> LRC  <b>A 2:30</b> Art</p>	<p><b>31</b></p> <p><b>K 9:30</b> Lifeshare Games  <b>GG 10:00</b> Dice Game  <b>V 11:15</b> Meditation Moments  <b>V 11:30</b> Yoga  <b>GG 2:00</b> Bingo  <b>S 3:15</b> Resident Council  <b>MM 4:00</b> Grocery Games</p>	<p><b>A</b> - Artisans  <b>CC</b> - Creative Cooking  <b>G</b> - Gathering of Friends  <b>GG</b> - Group Games  <b>I</b> - Inspirations  <b>K</b> - Keeping it Sharp/Reminisce  <b>L</b> - Lifelong Learning  <b>MM</b> - Mindful Moments  <b>M</b> - Music to My Ears  <b>O</b> - Out &amp; About  <b>S</b> - Signature Events</p>	<p>We are always looking for volunteers to help enrich the lives of our residents. If you have any gifts, talents, or time, please see a member of the Life Enrichment team for more information.</p>	<p>Activities are subject to change please check community share for daily activities.</p>	<p>The activities on this calendar are a great way to complement your therapy services. Please ask your therapist which might be the best for you.</p>