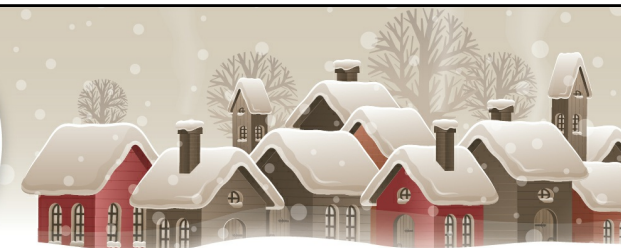


January 2019

The Oaks at NorthPointe Woods
Life Enrichment-Health Center



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GC - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments	Dining Room- DR Sunroom - SR Facility Wide- FW Outing- O Lobby- L Patio- P Restorative Dining Room- RDR 200 Hall Activity Area- 200 100 Hall Activity Area- 100	1 New Year's Day M 10:00 Sing Along with Jerry (200) K 10:30 Putting the Past in Order (200) L 11:00 Happy New Year Around the World (200) GC 2:00 Dress The Baby New Year Race (200) K 3:00 Funny New Years	2 V 10:00 Exercise (200) K 10:30 Day in Review (200) L 11:00 A First Time for Everything (200) MN 11:30 Sensations (200) GF 2:30 Ice Cream Social (200) S 3:30 Chef Circle (SR) I 4:15 Leisure Cart (FW)	3 V 10:00 Ball Bop (200) K 10:30 Daily News (200) K 10:45 Table Games (200) MN 11:30 Sensations (200) O 2:00 Dollar Tree (O) GF 2:30 Snack Social (200) K 5:45 Bingo Club (100)	4 V 10:00 Noodle Bop (200) A 10:30 2019 Door Burst Craft (200) MN 11:30 Norman Visits (200) M 2:30 Happy Hour w/ Bob D. (L) MN 3:30 Norman Visits (100) MN 4:00 Mindful Moment Games (200)	5 V 10:00 Chair Exercises (200) K 10:30 Daily News (200) GC 11:00 January Easy Does It Trivia (200) MN 11:15 Sensations (200) K 1:15 Bingo Club (100) I 3:00 Gospel Music w/ Morris (200) CC 3:30 In the Kitchen (200)
6 V 10:00 Sit and Be Fit (200) M 10:30 LifeShare's Name that Croon (200) S 11:30 Leisure Cart (100) A 1:45 Arts and Craft (200) I 3:00 Methodist Service (Legacy) GF 3:45 Popcom Social (100) MN 4:30 Healthy Hands (200)	7 I 10:00 Bible Stories (200) K 11:00 Finish the Lyrics (200) MN 11:30 Sensations (200) K 1:15 Bingo Club (100) K 1:45 Cozy Up Detective (200) A 3:00 Bubble Art Painting (200) V 4:15 Kick Ball (200)	8 V 10:00 Balloon Tennis (200) K 10:30 I remember Campbell's Soup (200) MN 11:00 Pet Therapy (FW) M 1:00 Music w/ Martin (L) O 2:00 Mindful Moments Drive (200) GC 4:15 Room Visits (FW) CC 6:00 Movie and Popcorn	9 V 10:00 Exercise (200) K 10:30 Day in Review (200) S 11:00 February Calendar Planning Meeting (200) MN 11:30 Sensations (200) GF 2:30 January Birthday Bash (200) S 3:30 Chef Circle (SR) I 4:15 Leisure Cart (FW)	10 O 10:00 Out for coffee and doughnuts (O) V 10:00 Ball Bop (200) K 10:30 Daily News (200) K 10:45 Table Games (200) MN 11:30 Sensations (200) I 2:30 Catholic Mass(RDR) L 4:00 Travelogue (200) K 5:45 Bingo Club (100)	11 V 10:00 Noodle Bop (200) A 10:30 Bloomin' Lollipop Craft (200) MN 11:30 Norman Visits (200) M 2:30 Happy Hour w/ Paul (L) MN 3:30 Norman Visits (100) MN 4:15 Mindful Moments Games (200)	12 V 10:00 Chair Exercises (200) GC 10:30 Eat, Wear or Drive? (200) MN 11:15 Sensations (200) M 1:00 Music with The Donnell's (L) K 2:15 Bingo Club (100) CC 3:30 In the Kitchen (200)
13 V 10:00 Sit and Be Fit (200) M 10:30 LifeShare's Name that Croon (200) S 11:30 Leisure Cart (100) A 1:45 Arts and Craft (200) I 3:00 Methodist Service (Legacy) GF 3:45 Popcom Social (100) MN 4:30 Healthy Hands (200)	14 I 10:00 Bible Stories (200) K 11:00 Finish the Lyrics (200) MN 11:30 Sensations (200) K 1:15 Bingo Club (100) GC 1:45 Can You Picture This? (200) M 2:30 Rhythms w/ Janice (200) V 4:15 Kick Ball (200)	15 V 10:00 Balloon Tennis (200) M 10:30 Remembering Bubble Songs (200) MN 11:00 Pet Therapy (FW) O 2:00 Shopping at Walmart (O) GF 2:30 Snack Social (200) GC 4:15 Room Visits (FW) CC 6:00 Penny Auction (200)	16 V 10:00 Exercise (200) K 10:30 Current Events (200) K 11:00 Category Trivia (200) MN 11:30 Sensations (200) GF 2:30 Ice Cream Social (200) S 3:30 Chef Circle (SR) I 4:15 Leisure Cart (FW)	17 V 10:00 Ball Bop (200) K 10:30 Daily News (200) K 10:45 Table Games (200) MN 11:30 Sensations (200) O 12:00 Out to Lunch- Shwe Mandalay (O) GF 2:30 Snack Social (200) M 3:00 Music and Memories (200)	18 V 10:00 Noodle Bop (200) A 10:30 Burton Morris Pop Art (200) MN 11:30 Norman Visits (200) M 2:30 Happy Hour w/ Paul (L) MN 3:30 Norman Visits (100) MN 4:15 Mindful Moments Games (200)	19 V 10:00 Chair Exercises (200) S 10:30 Accidental Art (200) MN 11:15 Sensations (200) K 1:15 Bingo Club (100) A 1:30 Bookmark Making (200) CC 3:30 In the Kitchen (200)
20 V 10:00 Sit and Be Fit (200) M 10:30 LifeShare's Name that Croon (200) S 11:30 Family Brunch (DR) A 1:45 Arts and Craft (200) I 3:00 Methodist Service (Legacy) GF 3:45 Popcom Social (100) MN 4:30 Healthy Hands (200)	21 Martin Luther King Day I 10:00 Bible Stories (200) L 11:00 MLK Bio and Trivia (200) MN 11:30 Sensations (200) K 1:15 Bingo Club (100) GF 1:30 Dreams (200) A 3:00 Painting by Number (200) V 4:15 Kick Ball (200)	22 V 10:00 Balloon Tennis (200) G 10:30 Who Made Us Laugh? (200) MN 11:00 Pet Therapy (FW) O 2:00 Shop Kohl's (O) GF 2:30 Snack Social (200) GC 4:15 Room Visits (FW) CC 6:00 Movie and Popcorn (200)	23 V 10:00 Exercise (200) K 10:30 Current Events (200) GC 11:00 Random Trivia (200) MN 11:30 Sensations (200) CC 1:00 Resident Council (SR) GF 2:30 Ice Cream Social (200) S 3:30 Chef Circle (SR) I 4:15 Leisure Cart (FW)	24 V 10:00 Ball Bop (200) K 10:30 Daily News (200) K 10:45 Table Games (200) MN 11:30 Sensations (200) O 12:00 Lunch at Pizza Hut (O) GC 3:30 Don't Burst My Bubble Game (200) K 5:45 Bingo Club (100) L 6:00 Experimenting with	25 V 10:00 Noodle Bop (200) A 10:30 Easy Weave Craft (200) MN 11:30 Norman Visits (200) M 2:30 Happy Hour w/ Doug (L) MN 3:30 Norman Visits (100) MN 4:15 Mindful Moments Games (200)	26 V 10:00 Chair Exercises (200) M 10:30 The Champagne Music Maker (200) MN 11:15 Sensations (200) K 1:15 Bingo Club (100) GC 1:30 Bubbly Detective (200) CC 3:30 In the Kitchen (200)
27 V 10:00 Sit and Be Fit (200) M 10:30 LifeShare's Name that Croon (200) S 11:30 Leisure Cart (100) A 1:45 Arts and Craft (200) I 3:00 Methodist Service (Legacy) GF 3:45 Popcom Social (100) MN 4:30 Healthy Hands (200)	28 I 10:00 Bible Stories (200) K 11:00 Finish the Lyrics (200) MN 11:30 Sensations (200) K 1:15 Bingo Club (100) A 2:30 Painting (200) M 4:00 Music by Paul Demick (L)	29 V 10:00 Balloon Tennis (200) K 10:30 I remember College Bowl Games (200) MN 11:00 Pet Therapy (FW) O 12:00 Lunch at Finley's (O) GF 3:30 Food For Thought- Pop-Tarts vs. Popovers (200) GC 4:15 Room Visits (FW)	30 V 10:00 Exercise (200) L 10:30 Splish Splash Discussion (200) GC 11:00 Jeopardy (200) MN 11:30 Sensations (200) GF 2:30 Winter Tea Party (200) S 3:30 Chef Circle (SR) I 4:15 Leisure Cart (FW)	31 V 10:00 Ball Bop (200) K 10:30 Daily News (200) K 10:45 Table Games (200) MN 11:30 Sensations (200) O 1:00 Art Bayou (O) GF 2:30 Snack Social (200) K 5:45 Bingo Club (100)	January: Birthstone- Gamet Flower- Camation Colors- Dark Blue and Black	HAPPY BIRTHDAY: Betty B. 16th Grace M. 20th Vera B. 22nd

January 2019

Daily Rhythms
Legacy at the Oaks



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce MN - Mindful Moments M - Music to My Ears O - Out & About V - Vitality</p>	<p>HAPPY BIRTHDAY: Fannie T. 2nd Jean C. 19th Audrey P. 23rd</p>	<p>1 New Year's Day</p> <p>V Exercise to 80's Music K New Year Trivia M Sing Along w/ Jerry Relax & Recharge A Craft- Pop-Up New Year's Card M On the Road Again GG Basketball Free Throws MN Healthy Hands GF Nighttime Traditions</p>	<p>2</p> <p>V Exercise to 50's Music K Unpack a Winter Bag GG Words That Begin With... Relax & Recharge A 2019 Door Burst O Outing M Goin' to the Chapel GG Color Wheel MN Healthy Hands</p>	<p>3</p> <p>V Fly Swatter Volleyball K Double the Fun CC Baking Relax & Recharge A Baking Soda Painting M A Bicycle Built for Two GG Hangman MN Healthy Hands GF Nighttime Traditions</p>	<p>4</p> <p>V Balloon Bop K Card Suit Showdown GG Famous Faces MN Healthy Hands Relax & Recharge A Bubble Wrap Snowy Tree M Happy Hour GG Animal Bingo GF Nighttime Traditions</p>	<p>5</p> <p>V Snowball Fight K Superlatives! CC Peanut Butter Chippers Relax & Recharge A Bubbly New Year's Fortunes M Saturday Night Fever GG Price is Right MN Healthy Hands GG Movie Night</p>
<p>6</p> <p>V Kick Ball K Spelling Bee GF A Time For Tea! Relax & Recharge A Colorful Mandalas I CHURCH by the Fireplace M Songs of Faith GG Snowflake Toss MN Healthy Hands</p>	<p>7</p> <p>V Chair Exercises K Word Games CC Baking Relax & Recharge M Rhythms w/ Janice GG All About "Birds" MN Healthy Hands GF Fireside Chats</p>	<p>8</p> <p>V Exercise to 80's Music K Categories CC Simple Baking Relax & Recharge A Mondrian-Inspired Bubble Wrap Art M On the Road Again GG Basketball Free Throws MN Healthy Hands</p>	<p>9</p> <p>V Exercise to 50's Music K Unpack a Winter Bag GG Words That Begin With... Relax & Recharge O Outing A Silhouette Winter Tree M Goin' to the Chapel GG Color Wheel MN Healthy Hands</p>	<p>10</p> <p>V Fly Swatter Volleyball K Double the Fun CC Baking Relax & Recharge A Craft M A Bicycle Built for Two GG Hangman MN Healthy Hands GF Nighttime Traditions</p>	<p>11</p> <p>V Balloon Bop K Card Suit Showdown GG Famous Faces MN Healthy Hands Relax & Recharge A Craft M Happy Hour GG Animal Bingo GF Nighttime Traditions</p>	<p>12</p> <p>V Snowball Fight K Superlatives! CC Baking Relax & Recharge A Sparkly Winter Art Scene M Saturday Night Fever GG Price is Right MN Healthy Hands GG Movie Night</p>
<p>13</p> <p>V Kick Ball K Spelling Bee GF A Time For Tea! Relax & Recharge A Sugar Painting Snowflakes I CHURCH by the Fireplace M Songs of Faith GG Snowflake Toss MN Healthy Hands</p>	<p>14</p> <p>V Chair Exercises K Word Games CC Baking Relax & Recharge A Crafts M Marching Music Monday GG All About "Birds" MN Healthy Hands GF Fireside Chats</p>	<p>15</p> <p>V Exercise to 80's Music K Categories M Sing Along with Jerry Relax & Recharge A Winter Sky Mosaic M On the Road Again GG Basketball Free Throws MN Healthy Hands GF Nighttime Traditions</p>	<p>16</p> <p>O Out for Coffee and Doughnuts V Exercise to 50's Music K Unpack a Winter Bag GG Words That Begin With... Relax & Recharge A Snow Painting M Goin' to the Chapel GG Color Wheel MN Healthy Hands</p>	<p>17</p> <p>V Fly Swatter Volleyball K Double the Fun CC Baking Relax & Recharge A Winter Pinecone Trees M A Bicycle Built for Two GG Hangman MN Healthy Hands GF Nighttime Traditions</p>	<p>18</p> <p>V Balloon Bop K Card Suit Showdown GG Famous Faces MN Healthy Hands Relax & Recharge A Tissue Paper Canvas Art M Happy Hour w/ Paul GF Nighttime Traditions</p>	<p>19</p> <p>V Snowball Fight K Superlatives! CC Baking Relax & Recharge A Puzzle Piece Snowflakes M Saturday Night Fever GG Price is Right MN Healthy Hands GG Movie Night</p>
<p>20</p> <p>V Kick Ball K Spelling Bee GF A Time For Tea! Relax & Recharge A Crafts I CHURCH by the Fireplace M Songs of Faith GG Snowflake Toss MN Healthy Hands</p>	<p>21 Martin Luther King Day</p> <p>V Chair Exercises K Word Games CC Baking Relax & Recharge A Crafts M Marching Music Monday GG All About "Birds" MN Healthy Hands GF Fireside Chats</p>	<p>22</p> <p>V Exercise to 80's Music K Categories CC Simple Baking Relax & Recharge A Arts and Crafts M On the Road Again GG Basketball Free Throws MN Healthy Hands GF Nighttime Traditions</p>	<p>23</p> <p>V Exercise to 50's Music K Unpack a Winter Bag GG Words That Begin With... Relax & Recharge O Outing M Goin' to the Chapel GG Color Wheel MN Healthy Hands GF Nighttime Traditions</p>	<p>24</p> <p>V Fly Swatter Volleyball K Double the Fun CC Baking Relax & Recharge A Craft M A Bicycle Built for Two GG Hangman MN Healthy Hands GF Nighttime Traditions</p>	<p>25</p> <p>V Balloon Bop K Card Suit Showdown GG Famous Faces MN Healthy Hands Relax & Recharge A Orange Bird Feeder M Happy Hour GG Animal Bingo GF Nighttime Traditions</p>	<p>26</p> <p>V Snowball Fight K Superlatives! CC Baking Muffins Relax & Recharge A Craft M Saturday Night Fever GG Price is Right MN Healthy Hands GG Movie Night</p>
<p>27</p> <p>V Kick Ball K Spelling Bee GF A Time For Tea! Relax & Recharge A Crafts I CHURCH by the Fireplace M Songs of Faith GG Snowflake Toss MN Healthy Hands</p>	<p>28</p> <p>V Chair Exercises K Word Games CC Baking Relax & Recharge A Salt and Watercolor Winter Scenes M Marching Music Monday GG All About "Birds" MN Healthy Hands</p>	<p>29</p> <p>V Exercise to 80's Music K Categories CC Simple Muffins Relax & Recharge A Foam Fortune Cookies M On the Road Again GG Basketball Free Throws MN Healthy Hands GF Nighttime Traditions</p>	<p>30</p> <p>V Exercise to 50's Music K Unpack a Winter Bag GG Words That Begin With... Relax & Recharge O Outing M Goin' to the Chapel GG Color Wheel MN Healthy Hands GF Nighttime Traditions</p>	<p>31</p> <p>V Fly Swatter Volleyball K Double the Fun CC Baking Relax & Recharge A Craft M A Bicycle Built for Two GG Hangman MN Healthy Hands GF Nighttime Traditions</p>	<p>Follow us on Facebook at The Oaks at NorthPointe Woods</p> <p>Follow us on Twitter at Oaks_NPWoods</p>	