

February 2018

The Oaks at NorthPointe Woods
Life Enrichment-Health Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CD - Clinical Distinction C - Connections CC - Creative Cooking I - Inspirations K - Keeping it Sharp MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>Dining Room- DR Sunroom - SR Facility Wide- FW Outing- O Lobby- L 200 Hall Activity Area- 200 100 Hall Activity Area- 100</p>	<p>February: Birthstone- Amethyst (Sincerity) Flower- Violet (Alt. primrose) Color- Light Blue and Yellow</p>	<p>HAPPY BIRTHDAY: Helen G. - February 7 Bessie M.- February 25 Della R.- February 25</p>	<p>1 I 9:30 Catholic Room Visits (FW) V 10:00 Ball Bop (200) K 10:30 Table Games (200) MM 11:15 Mindful Moments (200) O 1:30 Turkeyville USA (O) K 6:00 Bingo (100)</p>	<p>2 Groundhog Day V 10:00 Noodle Bop (200) A 10:30 Decoration Making Crew (200) K 11:15 Finish The Line (200) S 1:00 Decorating Crew (DR) S 2:30 Superbowl Happy Hour w/ Bob D. (DR) MM 4:15 Mindful Moments (200)</p>	<p>3 V 10:00 Chair Exercises (200) C 10:30 Hot Cocoa and Stories (200) C 11:15 Mindful Moments (200) K 1:30 Bingo (100) I 3:00 Gospel Music w/ Morris (200) CC 3:45 Homemade Fruit Dip (200)</p>
<p>4 V 10:00 Sit and Be Fit (200) K 10:30 Name that Tune (200) C 11:15 Leisure Cart (100) A 1:45 Arts and Craft (200) I 3:00 Methodist Service (Legacy) S 3:45 Popcom Social and Lifeshare Games (100) 6:00 Superbowl LII (TV)</p>	<p>5 V 9:30 Kick Ball (200) C 10:00 Bible Stories (200) MM 10:30 Mindful Moments (200) K 11:00 Finish the Lyrics (200) K 1:45 Bingo (100) M 3:00 Rhythms with Janice (200)</p>	<p>6 V 9:30 Balloon Tennis (200) M 10:00 Sing Along with Jerry (200) C 11:00 Pet Therapy (200) MM 11:45 Mindful Moments (200) O 1:30 Dollar Tree (O) K 4:15 I remember when... (200) C 6:00 Winter Games and</p>	<p>7 V 10:00 Ribbon Dancing (200) MM 10:30 Mindful Moments (200) K 10:45 Word Games (200) S 2:00 Ice Cream Social and Chef Circle (200) CC 3:00 Candy Creations and Inspired Living Meeting (200) C 4:15 Leisure Cart (FW)</p>	<p>8 I 9:30 Catholic Room Visits (FW) V 10:00 Ball Bop (200) K 10:30 Table Games (200) O 11:30 Out to Lunch Bunch (Findley's) K 3:30 Jeopardy (200) MM 4:15 Mindful Moments (200) K 6:00 Bingo (100)</p>	<p>9 V 10:00 Noodle Bop (200) A 10:30 Decoration Making Crew (200) K 11:15 Finish The Line (200) S 1:00 Decorating Crew (DR) M 2:00 Love Happy Hour w/ Paul (DR) MM 4:15 Mindful Moments (200) S 5:00 Taste of the Town</p>	<p>10 V 10:00 Chair Exercises (200) C 10:30 Hot Cocoa and Stories (200) C 11:15 Mindful Moments (200) M 1:00 Music with The Donnell's (L) K 2:00 Bingo (100) CC 3:30 Baking/Cooking (200)</p>
<p>11 V 10:00 Sit and Be Fit (200) K 10:30 Name that Tune (200) C 11:15 Leisure Cart (100) A 1:45 Valentine Craft (200) I 3:00 Methodist Service (Legacy) S 3:45 Popcom Social and Lifeshare Games (100)</p>	<p>12 V 9:30 Kick Ball (200) C 10:00 Bible Stories (200) I 10:30 Rosary and Prayer Group (SR) MM 11:15 Mindful Moments (200) K 1:45 Bingo (100) A 3:30 Painting (200) K 4:15 Finish the Lyrics (200)</p>	<p>13 Mardi Gras V 10:00 Balloon Tennis (200) K 10:30 I remember when... (200) C 11:00 Pet Therapy (200) MM 11:45 Mindful Moments (200) M 1:00 Music w/ Martin (HCL) O 1:30 Casino (O) C 6:00 Mardi Gras Social (200)</p>	<p>14 Valentine's Day I 9:30 Ash Wednesday Catholic Visits (FW) V 10:00 Ribbon Dancing (200) MM 10:30 Mindful Moments (200) K 10:45 Word Games (200) S 2:00 Ice Cream Social and Chef Circle (200) CC 3:00 Valentine Candy Creations (200)</p>	<p>15 V 10:00 Ball Bop (200) K 10:30 Table Games (200) MM 11:15 Mindful Moments (200) O 11:30 Out to Lunch Bunch (Chil's) S 3:30 Birthday Bash (200) K 6:00 Valentine's Bingo (100)</p>	<p>16 Chinese New Year V 10:00 Noodle Bop (200) A 10:30 Decoration Making Crew (200) K 11:15 Finish The Line (200) S 1:00 Decorating Crew (DR) M 2:00 Chinese New Year Happy Hour w/ Paul (DR) C 3:45 Bingo Store (200)</p>	<p>17 V 10:00 Chair Hula w/ Janice (200) C 10:30 Hot Cocoa and Stories (200) C 11:15 Mindful Moments (200) CD 12:00 Men's Club Lunch (SR) K 1:30 Bingo (100) CC 3:30 Baking/Cooking (200)</p>
<p>18 V 10:00 Sit and Be Fit (200) S 10:30 Earl Grey Tea Party (200) C 11:15 Leisure Cart (100) S 12:00 Family Brunch (DR) A 1:45 Arts and Craft (200) I 3:00 Methodist Service (Legacy) S 3:45 Popcom Social and</p>	<p>19 Presidents' Day V 9:30 Kick Ball (200) C 10:00 Bible Stories (200) MM 10:30 Mindful Moments (200) K 11:00 Finish the Lyrics (200) K 1:45 Bingo (100) A 3:30 Flower Arranging (200)</p>	<p>20 V 10:00 Balloon Tennis (200) K 10:30 I remember when... (200) C 11:00 Pet Therapy (200) MM 11:45 Mindful Moments (200) O 1:30 Sweatwater's (O) C 6:00 Penny Auction (200)</p>	<p>21 V 10:00 Ribbon Dancing (200) MM 10:30 Mindful Moments (200) K 10:45 Word Games (200) S 2:00 Mobile Ice Cream Cart (FW) CC 3:30 Candy Creations (200) C 4:15 Leisure Cart (FW)</p>	<p>22 V 10:00 Ball Bop (200) A 10:30 Hat Making (200) MM 11:15 Mindful Moments- Let's Be British (200) C 2:30 Catholic Mass (DR) M 3:30 Music by Tyler (L) S 4:45 My Fair Lady Theme Dinner K 6:00 Bingo (100)</p>	<p>23 V 10:00 Noodle Bop (200) A 10:30 Decoration Making Crew (200) K 11:15 Finish The Line (200) S 1:00 Decorating Crew (DR) I 1:30 Bible Study and Hymns (SR) S 2:30 "Americana" Happy Hour w/ Doug (DR)</p>	<p>24 V 10:00 Chair Exercises (200) C 10:30 Hot Cocoa and Stories (200) C 11:15 Mindful Moments (200) K 1:30 Bingo (100) CC 3:30 Baking/Cooking (200)</p>
<p>25 V 10:00 Sit and Be Fit (200) K 10:30 Name that Tune (200) C 11:15 Leisure Cart (100) A 1:45 Arts and Craft (200) I 3:00 Methodist Service (Legacy) S 3:45 Popcom Social and Lifeshare Games (100)</p>	<p>26 V 9:30 Kick Ball (200) C 10:00 Bible Stories (200) MM 10:30 Mindful Moments (200) K 11:00 Finish the Lyrics (200) K 1:45 Bingo (100) A 3:30 Painting (200)</p>	<p>27 V 10:00 Balloon Tennis (200) K 10:30 I remember when... (200) C 11:00 Pet Therapy (200) MM 11:45 Mindful Moments (200) O 1:30 Meijer (O) C 6:00 Wine and Cheese Social (200)</p>	<p>28 V 10:00 Ribbon Dancing (200) MM 10:30 Mindful Moments (200) K 10:45 Word Games (200) S 2:00 Resident Council (SR) S 3:00 Ice Cream Social and Chef Circle (200) C 4:15 Leisure Cart (FW)</p>	<p>February is... American Heart Month Black History Month Potato Lover's Month</p>	<p>Trilogy My Fair Lady Week Feb. 18-24 Super Bowl LII Feb. 4 XXIII Winter Olympics begin Feb. 8</p>	<p>Entertainment: Feb. 2 Bob DeYoung 2:30 pm Feb. 3 Morris Banks 3pm Feb. 6 Jerry Ball 10am HC 11am Legacy Feb. 9 Paul Freebum 2pm Feb. 10 The Donnell's 1pm Feb. 13 Martin Zyla 1pm Feb. 16 Paul Freebum 2pm Feb. 20 Jerry Ball 11am Legacy</p>

February 2018

Daily Rhythms
Legacy at the Oaks

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans C - Connections CC - Creative Cooking I - Inspirations K - Keeping it Sharp M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>		<p>Follow us on Facebook at The Oaks at NorthPointe Woods</p> <p>Follow us on Twitter at Oaks_NPWoods</p>		<p>1</p> <p>V Balloon Bop K Opposites I Snack & Devotional C Shake Loose A Memory Relax & Recharge CC Pepperoni Pizza Crescents A Watercolor Winterscape M Sing Fit V Fly Swatter Volley</p>	<p>2 Groundhog Day</p> <p>V Mop Hockey K Whose Shadow? I Snack & Devotional Relax & Recharge C Old Wives' Tales M Happy Hour w/ Bob D. (HCDR) A Basketball K Funny Groundhogs I Nighttime Traditions</p>	<p>3</p> <p>V Snowball Fight K Superlatives I Snack & Devotional CC Sweet Coffee & Raisin Bread Relax & Recharge C It's Puzzling! A Inspired Coloring C Word Works K Food for Thought</p>
<p>4</p> <p>V Breathing in Life K Things I Like I Snack & Devotional Relax & Recharge C Penny Ante CC Popcom!! A Inspired Coloring I Church Service K Finishing Lines</p>	<p>5</p> <p>V Winter Olympics K Story Words I Snack & Devotional Relax & Recharge C Good Luck or Not? CC Creamy Caramel Dip A Personal Collage C Break the Ice K Funny Bones</p>	<p>6</p> <p>V Whole Body Fitness K Categories I Snack & Devotional M Sing Along w/ Jerry Relax & Recharge C Discover Winter A Oil Pastel Resist M Sing Fit K Jam Session Detective</p>	<p>7</p> <p>V Valentine Toss K Hangman I Snack & Devotional CC Amish Sugar Cookie Relax & Recharge O Outing to Everything is \$1 C B-I-N-G-O at 3:30 pm K What's Your Guess? C Spelling Bee!</p>	<p>8</p> <p>V Balloon Bop K Opposites I Snack & Devotional Relax & Recharge A Ziploc Painting CC Ice Cream! M Sing Fit! K Double the Fun! C Inspired Coloring</p>	<p>9</p> <p>V Mop Hockey K Card Suit Showdown I Snack & Devotional A Inspired Coloring Relax & Recharge M Happy Hour w/ Paul (HCDR) C Old Wives' Tales C Basketball K Finishing Words</p>	<p>10</p> <p>V Snowball Fight K Superlatives I Snack & Devotional CC Red Velvet Cookies Relax & Recharge C It's Puzzling! A Faux Stain Glass Heart M Saturday Jazz K Food for Thought</p>
<p>11</p> <p>V Breathing in Life K Things I Like I Snack & Devotional Relax & Recharge CC POPCORN! A Inspired Coloring I Church Service K Finishing Lines C Mathematics Mavens!</p>	<p>12</p> <p>V Winter Olympics K Story Words I Snack & Devotional CC Perfect Peanut Butter Pie Relax & Recharge C Good Luck or Not? A Animal Collage M Name That Croon C Break the Ice</p>	<p>13 Mardi Gras</p> <p>V Whole Body Fitness K Categories I Snack & Devotional CC Banana Foster Cake Relax & Recharge M Music w/ Martin (HCL) A Mardi Gras Craft M Sing Fit I Shake Loose A Memory!</p>	<p>14 Valentine's Day</p> <p>V Valentine Toss K Conversation Hearts I Snack & Devotional CC Be Mine Muddy Buddies Relax & Recharge A Valentine Craft C B-I-N-G-O K What's Your Guess?</p>	<p>15</p> <p>V Balloon Bop K Opposites I Snack & Devotional Relax & Recharge A Painting and Drawing to Music C Ice Cream Social M Sing Fit K Double the Fun! C Inspired Coloring</p>	<p>16 Chinese New Year</p> <p>V Mop Hockey K Card Suit Showdown I Snack & Devotional CC Chocolate Chip Cookies Relax & Recharge C Old Wives' Tales M Happy Hour w/ Paul (HCDR) A Bubble Wrap Printmaking K Finishing Words</p>	<p>17</p> <p>V Snowball Fight K Superlatives I Snack & Devotional CC Chocolate Chip Raspberry Bars Relax & Recharge C It's Puzzling! A Colorful Group Mandala M Saturday Jazz C Word Works</p>
<p>18</p> <p>V Breathing in Life K Things I Like I Snack & Devotional Relax & Recharge C Penny Ante A Shaving Cream Marbling I Church Service V Snowflake Toss K Finishing Lines</p>	<p>19 Presidents' Day</p> <p>V Winter Olympics K Story Words I Snack & Devotional CC Spiced Honey Stars Relax & Recharge C Good Luck or Not? A Opposites Collage M Rhythms with Janice C Break the Ice</p>	<p>20</p> <p>V Whole Body Fitness K Categories I Snack & Devotional M Sing Along w/ Jerry Relax & Recharge C Discover Winter A Ball Art Abstraction M Sing Fit I Shake Loose A Memory!</p>	<p>21</p> <p>V 80's Flashback K Hangman I Snack & Devotional CC Chocolate Cherry Cake Relax & Recharge C Fun with Fabrics A Complete The Picture K What's Your Guess? C Spelling Bee!</p>	<p>22</p> <p>V Balloon Bop K Opposites I Snack & Devotional Relax & Recharge C Shake Loose A Memory A Paint and Draw to Music C Catholic Mass (DR) M "My Fair Lady" entertainment by Tyler (HCL)</p>	<p>23</p> <p>V Noodle Hockey K Card Suit Showdown I Snack & Devotional CC Snowball Cookies Relax & Recharge C Old Wives' Tales M Happy Hour w/ Doug S. (HCDR) C Basketball K Finishing Words</p>	<p>24</p> <p>V Snowball Fight K Superlatives I Snack & Devotional CC Lemon Bread Relax & Recharge C It's Puzzling! A Group Quilt M Saturday Jazz C Word Works</p>
<p>25</p> <p>V Breathing in Life K Things I Like I Snack & Devotional CC Apple Brown Betty Relax & Recharge CC POPCORN! I Church Service K Finishing Lines C Mathematics Mavens!</p>	<p>26</p> <p>V Winter Olympics K Story Words I Snack & Devotional CC Butterscotch Pecan Bread Pudding Relax & Recharge C Good Luck or Not? A Sensory Collage M Name That Croon</p>	<p>27</p> <p>V Whole Body Fitness K Categories I Snack & Devotional CC Oatmeal Bread Relax & Recharge C Discover Winter M Sing Fit K Jam Session Detective I Shake Loose A Memory!</p>	<p>28</p> <p>V 80's Flashback K Hangman CC Oatmeal Cookies Relax & Recharge C Fun with Fabrics I Hymns w/ Nancy M Get Up and Dance K What's Your Guess? C Spelling Bee!</p>	<p>February is...</p> <p>American Hearth Month Black History Month Potato Lover's Month Superbowl LII Feb. 4 XXIII Olympic Winter Games Feb.8 Lent Begins Feb. 14</p>	<p>Birthdays: none</p>	<p>Entertainment:</p> <p>Feb.2 Bob DeYoung 2:30 pm Feb. 3 Morris Banks 3pm Feb. 6 Jerry Ball 10am HC 11am Legacy Feb. 9 Paul Freebum 2pm Feb. 10 The Donnell's 1pm Feb. 13 Martin Zyla 1pm Feb. 16 Paul Freebum 2pm Feb. 20 Jerry Ball 11am Legacy</p>