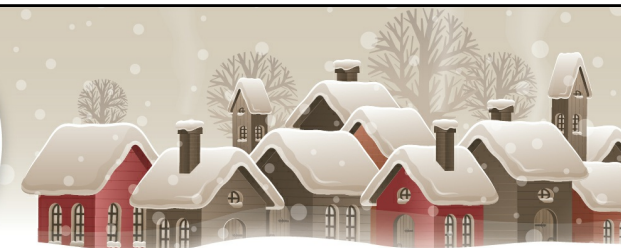


# January 2019

The Oaks at Bethesda  
Assisted Living and Rehab to Home



| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday   |
|--|---|--|--|---|---|--|
| <p><b>A</b> - Artisans<br/><b>CC</b> - Community Connections<br/><b>CC</b> - Creative Cooking<br/><b>GF</b> - Gathering of Friends<br/><b>GC</b> - Group Games<br/><b>I</b> - Inspirations<br/><b>JG</b> - Just the Guys<br/><b>K</b> - Keeping it Sharp/Reminisce<br/><b>L</b> - Lifelong Learning<br/><b>M</b> - Music to My Ears<br/><b>O</b> - Out &amp; About</p> | <p>ALAC- Assisted Living Activity Center<br/>ALDR- Assisted Living Dining Room<br/>CC- Cupcake Comer<br/>CY- Courtyard<br/>ALCafe- Café on AL<br/>HCAC-Health Care Activity Center<br/>ALLR-Assisted Living 400 Hall Living Room</p>  | <p><b>1</b> <b>New Year's Day</b></p> <p><b>V</b> 8:45 TrilogyFit-ALAC<br/><b>GC</b> 9:30 Coffee Klatch<br/><b>S</b> 10:30 Chef's Circle-CC<br/><b>K</b> 11:45 Daily Chronicle-ALDR<br/><b>GC</b> 1:30 Bingo-HCAR<br/><b>K</b> 3:30 Games Galore!</p>            | <p><b>2</b></p> <p><b>K</b> 9:30 Lifeshare Games<br/><b>JG</b> 10:00 Men's Group-HCAC<br/><b>K</b> 11:45 Trivia-DR<br/><b>O</b> 2:00 Shopping at Dollar Tree<br/><b>K</b> 4:45 Daily Chronicle-ALDR<br/><b>K</b> 5:30 Bingo-HCAR</p>     | <p><b>3</b></p> <p><b>V</b> 9:00 TrilogyFit-ALAC<br/><b>GF</b> 10:00 Coffee and Conversations<br/><b>O</b> 11:30 Lunch at Red Lobster<br/><b>M</b> 2:00 Sing~Along with Name that Crune<br/><b>K</b> 4:45 Daily Chronical-DR<br/><b>GC</b> 5:30 Game Night with Popcorn-AC</p>        | <p><b>4</b></p> <p><b>V</b> 9:00 Moving to Music<br/><b>GF</b> 10:30 Nail Spa-ALAR<br/><b>K</b> 11:45 Guess How Many?-ALDR<br/><b>I</b> 1:15 Rosary with Regina-ALAR<br/><b>S</b> 3:00 Happy Hour with Rick &amp; Sue Hildebrand-ALDR<br/><b>K</b> 4:15 Daily Chronicle</p> | <p><b>5</b></p> <p><b>V</b> 9:15 Mind &amp; Body Exercise-HCAR<br/><b>CC</b> 10:00 Snowman Cookies<br/><b>K</b> 11:45 Daily Chronicle-DR<br/><b>K</b> 2:00 Bingo-HCAR<br/><b>K</b> 3:30 Card Table-AL Cafe</p>                     |
| <p><b>6</b></p> <p><b>I</b> 10:00 North Terrace Church Service-HCAR<br/><b>K</b> 11:45 Daily Chronicle-DR<br/><b>A</b> 1:30 Snowman Painting-HCAR<br/><b>GC</b> 4:00 Board Games-ALAR</p>  | <p><b>7</b></p> <p><b>V</b> 9:00 TrilogyFit-ALAC<br/><b>K</b> 9:30 Cranium Crunches-ALAC<br/><b>CC</b> 10:00 Community Bingo-ALAC<br/><b>K</b> 11:45 Daily Chronicle-ALDR<br/><b>I</b> 1:15 Rosary with Regina-ALAR<br/><b>GC</b> 1:45 Card Game Time-AL Cafe</p>   | <p><b>8</b></p> <p><b>V</b> 8:45 TrilogyFit-ALAC<br/><b>GC</b> 9:30 Coffee Klatch<br/><b>S</b> 10:30 Chef's Circle-CC<br/><b>K</b> 11:45 Daily Chronicle-ALDR<br/><b>A</b> 2:00 Crafter's Comer-HCAR<br/><b>K</b> 3:30 Games Galore!</p>                         | <p><b>9</b></p> <p><b>K</b> 9:30 Lifeshare Games<br/><b>K</b> 11:45 Trivia-DR<br/><b>O</b> 2:00 Shopping at Walmart<br/><b>S</b> 4:15 Resident Council-ALAC<br/><b>K</b> 4:45 Daily Chronicle-ALDR<br/><b>K</b> 5:30 Bingo-HCAR</p>      | <p><b>10</b></p> <p><b>V</b> 9:00 TrilogyFit-ALAC<br/><b>GF</b> 10:00 Coffee and Conversations<br/><b>O</b> 11:30 Lunch at Tee Jays<br/><b>M</b> 2:00 Drum Circle-HCAC<br/><b>K</b> 4:45 Daily Chronical-DR<br/><b>GC</b> 5:30 Game Night with Popcorn-AC</p>                         | <p><b>11</b></p> <p><b>V</b> 9:00 Moving to Music<br/><b>GF</b> 10:30 Nail Spa-ALAR<br/><b>K</b> 11:45 Guess How Many?-ALDR<br/><b>I</b> 1:15 Rosary with Regina-ALAR<br/><b>S</b> 3:00 Happy Hour with Class of '62-HCDR<br/><b>K</b> 4:15 Daily Chronicle</p>             | <p><b>12</b></p> <p><b>V</b> 9:15 Mind &amp; Body Exercise-HCAR<br/><b>CC</b> 10:00 S'mores Saturday Desserts<br/><b>K</b> 11:45 Daily Chronicle-DR<br/><b>K</b> 2:00 Bingo-HCAR<br/><b>K</b> 3:30 Card Table-AL Cafe</p>          |
| <p><b>13</b></p> <p><b>I</b> 10:00 North Terrace Church Service-HCAR<br/><b>K</b> 11:45 Daily Chronicle-DR<br/><b>A</b> 1:30 Winter Painting-HCAR<br/><b>GC</b> 4:00 Board Games-ALAR</p>  | <p><b>14</b></p> <p><b>V</b> 9:00 TrilogyFit-ALAC<br/><b>K</b> 9:30 Cranium Crunches-ALAC<br/><b>CC</b> 10:00 Community Bingo-ALAC<br/><b>K</b> 11:45 Daily Chronicle-ALDR<br/><b>S</b> 12:00 Just the Guys Lunch-HCAC<br/><b>I</b> 1:15 Rosary with Regina-ALAR</p>  | <p><b>15</b></p> <p><b>V</b> 8:45 TrilogyFit-ALAC<br/><b>GC</b> 9:30 Coffee Klatch<br/><b>S</b> 10:30 Chef's Circle-CC<br/><b>K</b> 11:45 Daily Chronicle-ALDR<br/><b>A</b> 2:00 Crafter's Comer-HCAR<br/><b>K</b> 3:30 Games Galore!</p>                        | <p><b>16</b></p> <p><b>K</b> 9:30 Lifeshare Games<br/><b>K</b> 11:45 Trivia-DR<br/><b>O</b> 2:00 Out and About on a Bus Cruise<br/><b>K</b> 4:45 Daily Chronicle-ALDR<br/><b>K</b> 5:30 Bingo-HCAR</p>                                   | <p><b>17</b></p> <p><b>V</b> 9:00 TrilogyFit-ALAC<br/><b>GF</b> 10:00 Coffee and Conversations<br/><b>O</b> 11:30 Lunch at Popeyes Chicken<br/><b>GF</b> 2:00 "You be the Judge"-HCAC<br/><b>K</b> 4:45 Daily Chronical-DR<br/><b>GC</b> 5:30 Game Night with</p>                     | <p><b>18</b></p> <p><b>V</b> 9:00 Moving to Music<br/><b>GF</b> 10:30 Nail Spa-ALAR<br/><b>K</b> 11:45 Guess How Many?-ALDR<br/><b>I</b> 1:15 Rosary with Regina-ALAR<br/><b>S</b> 3:00 Happy Hour with Mike Ward-ALDR<br/><b>K</b> 4:15 Daily Chronicle</p>                | <p><b>19</b></p> <p><b>V</b> 9:15 Mind &amp; Body Exercise-HCAR<br/><b>CC</b> 10:00 National Popcorn Dessert Day<br/><b>K</b> 11:45 Daily Chronicle-DR<br/><b>K</b> 2:00 Bingo-HCAR<br/><b>K</b> 3:30 Card Table-AL Cafe</p>       |
| <p><b>20</b></p> <p><b>I</b> 10:00 North Terrace Church Service-HCAR<br/><b>K</b> 11:45 Daily Chronicle-DR<br/><b>A</b> 1:30 Rock Painting-HCAR<br/><b>GC</b> 4:00 Board Games-ALAR</p>  | <p><b>21</b> <b>Martin Luther King Day</b></p> <p><b>V</b> 9:00 TrilogyFit-ALAC<br/><b>K</b> 10:00 Cranium Crunches-ALAC<br/><b>CC</b> 10:00 Community Bingo-ALAC<br/><b>K</b> 11:45 Daily Chronicle-ALDR<br/><b>S</b> 12:00 Taste of Town from Noodles &amp; Company<br/><b>I</b> 1:15 Rosary with Regina-ALAR</p> | <p><b>22</b></p> <p><b>V</b> 8:45 TrilogyFit-ALAC<br/><b>GC</b> 9:30 Coffee Klatch<br/><b>S</b> 10:30 Chef's Circle-CC<br/><b>K</b> 11:45 Daily Chronicle-ALDR<br/><b>A</b> 2:00 Crafter's Comer-HCAR<br/><b>K</b> 3:30 Games Galore!</p>                        | <p><b>23</b></p> <p><b>K</b> 9:30 Lifeshare Games<br/><b>M</b> 10:30 Inspired Living Committee<br/><b>K</b> 11:45 Trivia-DR<br/><b>O</b> 2:00 Shopping at Kohl's<br/><b>K</b> 4:45 Daily Chronicle-ALDR<br/><b>K</b> 5:30 Bingo-HCAR</p> | <p><b>24</b></p> <p><b>V</b> 9:00 TrilogyFit-ALAC<br/><b>GF</b> 10:00 Coffee and Conversations<br/><b>O</b> 11:30 Lunch at Denny's<br/><b>K</b> 4:45 Daily Chronical-DR<br/><b>CC</b> 5:20 HOORAY! It's national Peanut Butter Day!<br/><b>GC</b> 5:30 Game Night with Popcorn-AC</p> | <p><b>25</b></p> <p><b>V</b> 9:00 Moving to Music<br/><b>GF</b> 10:30 Nail Spa-ALAR<br/><b>K</b> 11:45 Guess How Many?-ALDR<br/><b>I</b> 1:15 Rosary with Regina-ALAR<br/><b>S</b> 3:00 Happy Hour with Dave &amp; Cathy Goss-ALDR<br/><b>K</b> 4:15 Daily Chronicle</p>    | <p><b>26</b></p> <p><b>V</b> 9:15 Mind &amp; Body Exercise-HCAR<br/><b>CC</b> 10:00 Make your Favorite Brownie Dessert<br/><b>K</b> 11:45 Daily Chronicle-DR<br/><b>K</b> 2:00 Bingo-HCAR<br/><b>K</b> 3:30 Card Table-AL Cafe</p> |
| <p><b>27</b></p> <p><b>I</b> 10:00 North Terrace Church Service-HCAR<br/><b>K</b> 11:45 Daily Chronicle-DR<br/><b>S</b> 12:00 Sunday Brunch<br/><b>A</b> 1:30 Canvas Art-HCAR<br/><b>GC</b> 4:00 Board Games-ALAR</p>  | <p><b>28</b></p> <p><b>V</b> 9:00 TrilogyFit-ALAC<br/><b>K</b> 10:00 Cranium Crunches-ALAC<br/><b>CC</b> 10:00 Community Bingo-ALAC<br/><b>K</b> 11:45 Daily Chronicle-ALDR<br/><b>I</b> 1:15 Rosary with Regina-ALAR<br/><b>GC</b> 1:45 Card Game Time-AL Cafe</p>   | <p><b>29</b></p> <p><b>V</b> 8:45 TrilogyFit-ALAC<br/><b>GC</b> 9:30 Coffee Klatch<br/><b>S</b> 10:30 Chef's Circle-CC<br/><b>K</b> 11:45 Daily Chronicle-ALDR<br/><b>CC</b> 1:45 Muskingum Community Home Health Bingo-HCAR<br/><b>K</b> 3:30 Games Galore!</p> | <p><b>30</b></p> <p><b>K</b> 9:30 Lifeshare Games<br/><b>K</b> 11:45 Trivia-DR<br/><b>O</b> 2:00 Shopping at TJ Maxx<br/><b>K</b> 4:45 Daily Chronicle-ALDR<br/><b>K</b> 5:30 Bingo-HCAR</p>   | <p><b>31</b></p> <p><b>V</b> 9:00 TrilogyFit-ALAC<br/><b>GF</b> 10:00 Coffee and Conversations<br/><b>O</b> 11:30 Lunch at Ichiban Japanese Steakhouse<br/><b>M</b> 2:00 Drum Circle-HCAC<br/><b>K</b> 4:45 Daily Chronical-DR<br/><b>GC</b> 5:30 Game Night with Popcorn-AC</p>      | <p>Sunday Brunch is on January 27 at noon. The first two guest are complimentary and each additional guest is \$7.00. We hope to see you soon.</p>  | <p>Taste of Town will be Monday, January 21. We will be enjoying Noodles &amp; Company.</p>  |

# January 2019

The Oaks at Bethesda  
Healthcare



| Sunday  | Monday  | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday   |
|---|---|--|---|---|--|--|
| <p><b>A</b> - Artisans<br/><b>CC</b> - Community Connections<br/><b>CC</b> - Creative Cooking<br/><b>GF</b> - Gathering of Friends<br/><b>GC</b> - Group Games<br/><b>I</b> - Inspirations<br/><b>JG</b> - Just the Guys<br/><b>K</b> - Keeping it Sharp/Reminisce<br/><b>L</b> - Lifelong Learning<br/><b>MN</b> - Mindful Moments<br/><b>M</b> - Music to My Ears</p> |   | <p><b>1</b> <b>New Year's Day</b></p> <p><b>GG</b> 9:30 Coffee Klatch<br/><b>S</b> 10:30 Chef's Circle-CC<br/><b>K</b> 11:45 Daily Chronicle-ALDR<br/><b>GG</b> 1:30 Bingo-HCAR<br/><b>K</b> 3:30 Games Galore!<br/><b>K</b> 3:45 Courstey Cart-Zanes Landing</p>            | <p><b>2</b></p> <p><b>V</b> 9:00 Cardio-HCAR<br/><b>JG</b> 10:00 Men's Group-HCAC<br/><b>K</b> 11:45 Trivia-DR<br/><b>S</b> 1:30 Resident Council<br/>1:30 Courtesy Cart-200<br/><b>O</b> 2:00 Shopping at Dollar Tree<br/><b>MN</b> 4:00 Theme Sensations-ALAC<br/><b>K</b> 5:00 Daily Chronicle-MDR</p> | <p><b>3</b></p> <p><b>GF</b> 10:00 Coffee and Conversations<br/><b>O</b> 11:30 Lunch at Red Lobster<br/><b>K</b> 12:00 Trivia-MDR<br/><b>M</b> 2:00 Sing~Along with Name that Crune<br/><b>MN</b> 4:00 Sensory Connection-ALAC<br/><b>K</b> 4:45 Daily Chronical-DR</p>                   | <p><b>4</b></p> <p><b>V</b> 9:00 Moving to Music<br/><b>GF</b> 10:30 Nail Spa-ALAR<br/><b>K</b> 12:00 Guess How Many?-MDR<br/><b>I</b> 1:15 Rosary with Regina-ALAR<br/>1:30 Courtesy Cart-300 Hall<br/><b>S</b> 3:00 Happy Hour with Rick &amp; Sue Hildebrand-ALDR<br/><b>K</b> 4:15 Daily Chronicle</p> | <p><b>5</b></p> <p><b>MN</b> 8:30 Theme Sensations<br/><b>V</b> 9:15 Mind &amp; Body Exercise-HCAR<br/><b>CC</b> 10:00 Snowman Cookies<br/><b>K</b> 11:45 Daily Chronicle-DR<br/><b>K</b> 2:00 Bingo-HCAR<br/><b>K</b> 3:30 Card Table-AL Cafe</p>                     |
| <p><b>6</b></p> <p><b>MN</b> 9:00 Theme Sensations<br/><b>I</b> 10:00 North Terrace Church Service-HCAR<br/><b>K</b> 11:45 Daily Chronicle-DR<br/><b>A</b> 1:30 Snowman Painting-HCAR<br/><b>GC</b> 4:00 Board Games-ALAR</p>   | <p><b>7</b></p> <p><b>K</b> 9:30 Cranium Crunches-ALAC<br/><b>CC</b> 10:00 Community Bingo-ALAC<br/><b>K</b> 11:45 Daily Chronicle-ALDR<br/><b>I</b> 1:15 Rosary with Regina-ALAR<br/><b>A</b> 2:00 Jewelry Making-HCAC<br/><b>S</b> 3:30 Courtesy Cart-Lorena Lane</p>   | <p><b>8</b></p> <p><b>GG</b> 9:30 Coffee Klatch<br/><b>S</b> 10:30 Chef's Circle-CC<br/><b>K</b> 11:45 Daily Chronicle-ALDR<br/><b>A</b> 2:00 Crafter's Comer-HCAR<br/><b>K</b> 3:30 Games Galore!<br/><b>K</b> 3:45 Courstey Cart-Zanes Landing</p>                         | <p><b>9</b></p> <p><b>V</b> 9:00 Cardio-HCAR<br/><b>K</b> 11:45 Trivia-DR<br/>1:30 Courtesy Cart-200<br/><b>O</b> 2:00 Shopping at Walmart<br/><b>MN</b> 4:00 Theme Sensations-ALAC<br/><b>K</b> 5:00 Daily Chronicle-MDR<br/><b>K</b> 5:30 Bingo-HCAR</p>  | <p><b>10</b></p> <p><b>GF</b> 10:00 Coffee and Conversations<br/><b>O</b> 11:30 Lunch at Tee Jays<br/><b>K</b> 12:00 Trivia-MDR<br/><b>M</b> 2:00 Drum Circle-HCAC<br/><b>MN</b> 4:00 Sensory Connection-ALAC<br/><b>K</b> 4:45 Daily Chronical-DR<br/><b>GC</b> 5:30 Game Night with</p> | <p><b>11</b></p> <p><b>V</b> 9:00 Moving to Music<br/><b>GF</b> 10:30 Nail Spa-ALAR<br/><b>K</b> 12:00 Guess How Many?-MDR<br/><b>I</b> 1:15 Rosary with Regina-ALAR<br/>1:30 Courtesy Cart-300 Hall<br/><b>S</b> 3:00 Happy Hour with Class of '62-HCDR<br/><b>K</b> 4:15 Daily Chronicle</p>             | <p><b>12</b></p> <p><b>MN</b> 8:30 Theme Sensations<br/><b>V</b> 9:15 Mind &amp; Body Exercise-HCAR<br/><b>CC</b> 10:00 S'mores Saturday Desserts<br/><b>K</b> 11:45 Daily Chronicle-DR<br/><b>K</b> 2:00 Bingo-HCAR<br/><b>K</b> 3:30 Card Table-AL Cafe</p>          |
| <p><b>13</b></p> <p><b>MN</b> 9:00 Theme Sensations<br/><b>I</b> 10:00 North Terrace Church Service-HCAR<br/><b>K</b> 11:45 Daily Chronicle-DR<br/><b>A</b> 1:30 Winter Painting-HCAR<br/><b>GC</b> 4:00 Board Games-ALAR</p>   | <p><b>14</b></p> <p><b>K</b> 9:30 Cranium Crunches-ALAC<br/><b>CC</b> 10:00 Community Bingo-ALAC<br/><b>K</b> 11:45 Daily Chronicle-ALDR<br/><b>S</b> 12:00 Just the Guys Lunch-HCAC<br/><b>I</b> 1:15 Rosary with Regina-ALAR<br/><b>A</b> 2:00 Jewelry Making-HCAC</p>  | <p><b>15</b></p> <p><b>GG</b> 9:30 Coffee Klatch<br/><b>S</b> 10:30 Chef's Circle-CC<br/><b>K</b> 11:45 Daily Chronicle-ALDR<br/><b>A</b> 2:00 Crafter's Comer-HCAR<br/><b>K</b> 3:30 Games Galore!<br/><b>K</b> 3:45 Courstey Cart-Zanes Landing</p>                        | <p><b>16</b></p> <p><b>V</b> 9:00 Cardio-HCAR<br/><b>K</b> 11:45 Trivia-DR<br/>1:30 Courtesy Cart-200<br/><b>O</b> 2:00 Out and About on a Bus Cruise<br/><b>MN</b> 4:00 Theme Sensations-ALAC<br/><b>K</b> 5:00 Daily Chronicle-MDR<br/><b>K</b> 5:30 Bingo-HCAR</p>                                     | <p><b>17</b></p> <p><b>GF</b> 10:00 Coffee and Conversations<br/><b>O</b> 11:30 Lunch at Popeyes Chicken<br/><b>K</b> 12:00 Trivia-MDR<br/><b>GF</b> 2:00 "You be the Judge"-HCAC<br/><b>MN</b> 4:00 Sensory Connection-ALAC</p>  | <p><b>18</b></p> <p><b>V</b> 9:00 Moving to Music<br/><b>GF</b> 10:30 Nail Spa-ALAR<br/><b>K</b> 12:00 Guess How Many?-MDR<br/><b>I</b> 1:15 Rosary with Regina-ALAR<br/>1:30 Courtesy Cart-300 Hall<br/><b>S</b> 3:00 Happy Hour with Mike Ward-ALDR<br/><b>K</b> 4:15 Daily Chronicle</p>                | <p><b>19</b></p> <p><b>MN</b> 8:30 Theme Sensations<br/><b>V</b> 9:15 Mind &amp; Body Exercise-HCAR<br/><b>CC</b> 10:00 National Popcorn Dessert Day<br/><b>K</b> 11:45 Daily Chronicle-DR<br/><b>K</b> 2:00 Bingo-HCAR<br/><b>K</b> 3:30 Card Table-AL Cafe</p>       |
| <p><b>20</b></p> <p><b>MN</b> 9:00 Theme Sensations<br/><b>I</b> 10:00 North Terrace Church Service-HCAR<br/><b>K</b> 11:45 Daily Chronicle-DR<br/><b>A</b> 1:30 Rock Painting-HCAR<br/><b>GC</b> 4:00 Board Games-ALAR</p>   | <p><b>21</b> <b>Martin Luther King Day</b></p> <p><b>K</b> 10:00 Cranium Crunches-ALAC<br/><b>CC</b> 10:00 Community Bingo-ALAC<br/><b>K</b> 11:45 Daily Chronicle-ALDR<br/><b>S</b> 12:00 Taste of Town from Noodles &amp; Company<br/><b>I</b> 1:15 Rosary with Regina-ALAR<br/><b>A</b> 2:00 Jewelry Making-HCAC</p> | <p><b>22</b></p> <p><b>GG</b> 9:30 Coffee Klatch<br/><b>S</b> 10:30 Chef's Circle-CC<br/><b>K</b> 11:45 Daily Chronicle-ALDR<br/><b>A</b> 2:00 Crafter's Comer-HCAR<br/><b>K</b> 3:30 Games Galore!<br/><b>K</b> 3:45 Courstey Cart-Zanes Landing</p>                        | <p><b>23</b></p> <p><b>V</b> 9:00 Cardio-HCAR<br/><b>M</b> 10:30 Inspired Living Committee<br/><b>K</b> 11:45 Trivia-DR<br/>1:30 Courtesy Cart-200<br/><b>O</b> 2:00 Shopping at Kohl's<br/><b>MN</b> 4:00 Theme Sensations-ALAC<br/><b>K</b> 5:00 Daily Chronicle-MDR</p>                                | <p><b>24</b></p> <p><b>GF</b> 10:00 Coffee and Conversations<br/><b>O</b> 11:30 Lunch at Denny's<br/><b>K</b> 12:00 Trivia-MDR<br/><b>MN</b> 4:00 Sensory Connection-ALAC<br/><b>K</b> 4:45 Daily Chronical-DR<br/><b>CC</b> 5:20 HOORAY! It's national Peanut Butter Day!</p>            | <p><b>25</b></p> <p><b>V</b> 9:00 Moving to Music<br/><b>GF</b> 10:30 Nail Spa-ALAR<br/><b>K</b> 12:00 Guess How Many?-MDR<br/><b>I</b> 1:15 Rosary with Regina-ALAR<br/>1:30 Courtesy Cart-300 Hall<br/><b>S</b> 3:00 Happy Hour with Dave &amp; Cathy Goss-ALDR<br/><b>K</b> 4:15 Daily Chronicle</p>    | <p><b>26</b></p> <p><b>MN</b> 8:30 Theme Sensations<br/><b>V</b> 9:15 Mind &amp; Body Exercise-HCAR<br/><b>CC</b> 10:00 Make your Favorite Brownie Dessert<br/><b>K</b> 11:45 Daily Chronicle-DR<br/><b>K</b> 2:00 Bingo-HCAR<br/><b>K</b> 3:30 Card Table-AL Cafe</p> |
| <p><b>27</b></p> <p><b>MN</b> 9:00 Theme Sensations<br/><b>I</b> 10:00 North Terrace Church Service-HCAR<br/><b>K</b> 11:45 Daily Chronicle-DR<br/><b>S</b> 12:00 Sunday Brunch<br/><b>A</b> 1:30 Canvas Art-HCAR<br/><b>GC</b> 4:00 Board Games-ALAR</p>   | <p><b>28</b></p> <p><b>K</b> 10:00 Cranium Crunches-ALAC<br/><b>CC</b> 10:00 Community Bingo-ALAC<br/><b>K</b> 11:45 Daily Chronicle-ALDR<br/><b>I</b> 1:15 Rosary with Regina-ALAR<br/><b>A</b> 2:00 Jewelry Making-HCAC<br/><b>S</b> 3:30 Courtesy Cart-Lorena Lane</p>   | <p><b>29</b></p> <p><b>GG</b> 9:30 Coffee Klatch<br/><b>S</b> 10:30 Chef's Circle-CC<br/><b>K</b> 11:45 Daily Chronicle-ALDR<br/><b>CC</b> 1:45 Muskingum Community Home Health Bingo-HCAR<br/><b>K</b> 3:30 Games Galore!<br/><b>K</b> 3:45 Courstey Cart-Zanes Landing</p> | <p><b>30</b></p> <p><b>V</b> 9:00 Cardio-HCAR<br/><b>K</b> 11:45 Trivia-DR<br/>1:30 Courtesy Cart-200<br/><b>O</b> 2:00 Shopping at TJ Maxx<br/><b>MN</b> 4:00 Theme Sensations-ALAC<br/><b>K</b> 5:00 Daily Chronicle-MDR<br/><b>K</b> 5:30 Bingo-HCAR</p>   | <p><b>31</b></p> <p><b>GF</b> 10:00 Coffee and Conversations<br/><b>O</b> 11:30 Lunch at Ichiban Japanese Steakhouse<br/><b>K</b> 12:00 Trivia-MDR<br/><b>M</b> 2:00 Drum Circle-HCAC<br/><b>MN</b> 4:00 Sensory Connection-ALAC<br/><b>K</b> 4:45 Daily Chronical-DR</p>                 | <p>Taste of Town will be Monday, January 21. We will be enjoying Noodles &amp; Company.</p>  | <p>Sunday Brunch is on January 27 at noon. The first two guest are complimentary and each additional guest will cost \$7.00. We hope to see you there. :)</p>  |