

# February 2018

## The Meadows of Leipsic Life Enrichment - Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>A</b> - Artisans <b>C</b> - Connections <b>CC</b> - Creative Cooking <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp <b>L</b> - Lifelong Learning <b>M</b> - Music to My Ears <b>O</b> - Out & About <b>S</b> - Signature Events <b>V</b> - Vitality	Location Key: #1 Main Dining Room #2 Edwards Dining Room #3 Friendship Room #4 Activity Room #5 Health Center Activity Room	Location Key Continued: #6 Room Visits #7 Independent Activity #8 Outdoors #9 Pavillion Area	Activities are subject to change. Any changes will be posted on Community LifeShare monitors.	<b>1</b> <b>K</b> 10:00 Bingo #1 <b>L</b> 11:15 Daily Chronicle #5 <b>K</b> 12:30 Pool Time #3 <b>C</b> 1:00 Card Group #1 <b>V</b> 3:30 Fitness w/Dena #3 <b>K</b> 6:00 Night at the Movies (CH4)#4	<b>2</b> <b>Groundhog Day</b> <b>L</b> 11:15 Daily Chronicle #5 <b>K</b> 1:30 Jenga #4 <b>I</b> 2:00 Catholic Mass #2 <b>I</b> 2:40 Rosary #2 <b>M</b> 3:00 Entertainment with Texas T. #1 <b>S</b> 3:00 Happy Hour #1 <b>K</b> 6:00 Dominoes #4	<b>3</b> <b>A</b> 10:00 Open Art Table #4 <b>L</b> 11:15 Daily Chronicle #5 <b>K</b> 1:00 Afternoon Matinee (CH 4) <b>K</b> 2:15 Rummikub #4
<b>4</b> <b>I</b> 9:15 Catholic Communion <b>9:30</b> Church Pick-Up <b>L</b> 11:15 Daily Chronicle #5 <b>I</b> 1:30 Sugar Coat Hour #4 <b>I</b> 2:00 Methodist Communion <b>K</b> 6:00 Reading & Reflecting #3 <b>I</b> 6:30 Grace Fellowship #1	<b>5</b> <b>K</b> 10:00 Rummikub #4 <b>L</b> 11:15 Daily Chronicle #5 <b>O</b> 12:45 Walmart (Ottawa) <b>K</b> 2:15 Bingo #2 <b>V</b> 3:30 Trilogy Fit! #3 <b>A</b> 6:00 Open Art Table #4	<b>6</b> <b>A</b> 9:30 Stitching Memories #4 <b>O</b> 10:30 Olive Garden <b>L</b> 11:15 Daily Chronicle #5 <b>K</b> 12:30 Sequence #4 <b>K</b> 12:30 Pool Time #3 <b>S</b> 2:00 Inspired Living Meeting #4 <b>A</b> 2:30 Artist Cove #4 <b>K</b> 6:00 Game Night #4	<b>7</b> <b>I</b> 10:30 Devotions-#3 <b>L</b> 11:15 Daily Chronicle #5 <b>S</b> 12:30 Chef's Circle #1 <b>A</b> 1:00 Stamping w/ Jane #4 <b>V</b> 3:30 Trilogy Fit! #3 <b>K</b> 5:15 Yahtzee #4	<b>8</b> <b>K</b> 10:00 Bingo #1 <b>L</b> 11:15 Daily Chronicle #5 <b>K</b> 12:30 Pool Time #3 <b>C</b> 1:00 Card Group #1 <b>V</b> 3:30 Nu Step Exercise #3 <b>K</b> 6:00 Night at the Movies (CH4)#4	<b>9</b> <b>L</b> 11:15 Daily Chronicle #5 <b>V</b> 1:00 Zumba with Corrina C. #1 <b>K</b> 1:30 Jenga #4 <b>S</b> 3:00 Happy Hour #1 <b>K</b> 6:00 Pinochle #4	<b>10</b> <b>A</b> 10:00 Open Art Table #4 <b>L</b> 11:15 Daily Chronicle #5 <b>K</b> 1:00 Afternoon Matinee (CH 4) <b>K</b> 2:15 Rummikub #4
<b>11</b> <b>I</b> 9:15 Catholic Communion <b>9:30</b> Church Pick-Up <b>L</b> 11:15 Daily Chronicle #5 <b>I</b> 1:30 Sugar Coat Hour #4 <b>K</b> 6:00 Reading & Reflecting #3	<b>12</b> <b>K</b> 10:00 Rummikub #4 <b>L</b> 11:15 Daily Chronicle #5 <b>O</b> 12:45 Kohls Market (Ottawa) <b>K</b> 2:15 Bingo #2 <b>I</b> 3:00 Catholic Rosary #2 <b>V</b> 3:30 Trilogy Fit! #3 <b>A</b> 6:00 Open Art Table #4	<b>13</b> <b>Mardi Gras</b> <b>A</b> 9:30 Stitching Memories #4 <b>L</b> 11:15 Daily Chronicle #5 <b>K</b> 12:30 Sequence #4 <b>K</b> 12:30 Pool Time #3 <b>A</b> 2:30 Artist Cove #4 <b>K</b> 6:00 Game Night #4	<b>14</b> <b>Valentine's Day</b> <b>I</b> 10:30 Devotions-#3 <b>L</b> 11:15 Daily Chronicle #5 <b>S</b> 12:30 Chef's Circle #1 <b>K</b> 2:30 Creative Cuisine#4 <b>V</b> 3:30 Trilogy Fit! #3 <b>K</b> 5:15 Yahtzee #4	<b>15</b> <b>K</b> 10:00 Bingo #1 <b>L</b> 11:15 Daily Chronicle #5 <b>S</b> 12:30 Resident Council Mtg #4 <b>K</b> 12:30 Pool Time #3 <b>C</b> 1:00 Card Group #1 <b>V</b> 3:30 Fitness w/Dena #3 <b>K</b> 6:00 Night at the Movies (CH4)#4	<b>16</b> <b>Chinese New Year</b> <b>O</b> 10:30 Juliet Club- Touches <b>L</b> 11:15 Daily Chronicle #5 <b>S</b> 1:00 Stainglass with Mike #4 <b>K</b> 1:30 Jenga #4 <b>S</b> 3:00 Happy Hour #1 <b>K</b> 6:00 Dominoes #4	<b>17</b> <b>A</b> 10:00 Open Art Table #4 <b>L</b> 11:15 Daily Chronicle #5 <b>K</b> 1:00 Afternoon Matinee (CH 4) <b>K</b> 2:15 Rummikub #4
<b>18</b> <b>I</b> 9:15 Catholic Communion <b>9:30</b> Church Pick-Up <b>L</b> 11:15 Daily Chronicle #5 <b>S</b> 11:30 Sunday Brunch <b>I</b> 1:30 Sugar Coat Hour #4 <b>K</b> 6:00 Reading & Reflecting #3	<b>19</b> <b>Presidents' Day</b> <b>K</b> 10:00 Rummikub #4 <b>L</b> 11:15 Daily Chronicle #5 <b>O</b> 12:45 Walmart (Ottawa) <b>K</b> 2:15 Bingo #2 <b>V</b> 3:30 Trilogy Fit! #3 <b>A</b> 6:00 Open Art Table #4	<b>20</b> <b>A</b> 9:30 Stitching Memories #4 <b>L</b> 11:15 Daily Chronicle #5 <b>K</b> 12:30 Sequence #4 <b>I</b> 12:30 Massage Therapy #4or6 <b>K</b> 12:30 Pool Time #3 <b>A</b> 2:30 Artist Cove #4 <b>K</b> 6:00 Game Night #4	<b>21</b> <b>I</b> 10:30 Devotions-#3 <b>L</b> 11:15 Daily Chronicle #5 <b>S</b> 12:30 Chef's Circle #1 <b>CC</b> 12:30 Culinary Comer with Matt #1 <b>C</b> 12:45 Library Mobile #3 <b>M</b> 2:00 Entertainment with Jody A. #2 <b>V</b> 3:30 Trilogy Fit! #3	<b>22</b> <b>K</b> 10:00 Bingo #1 <b>L</b> 11:15 Daily Chronicle #5 <b>K</b> 12:30 Pool Time #3 <b>C</b> 1:00 Card Group #1 <b>M</b> 3:00 Entertainment with Ray C. #1 <b>S</b> 3:00 Happy Hour and Hors d'oeuvres #1 <b>S</b> 4:30 "My Fair Lady" Theme	<b>23</b> <b>L</b> 11:15 Daily Chronicle #5 <b>S</b> 11:30 Taste of the Town #1 <b>V</b> 1:00 Zumba with Corrina C. #1 <b>S</b> 1:30 Romeo Club #4 <b>S</b> 3:00 Happy Hour #1 <b>K</b> 6:00 Pinochle #4	<b>24</b> <b>A</b> 10:00 Open Art Table #4 <b>L</b> 11:15 Daily Chronicle #5 <b>K</b> 1:00 Afternoon Matinee (CH 4) <b>K</b> 2:15 Rummikub #4
<b>25</b> <b>I</b> 9:15 Catholic Communion <b>9:30</b> Church Pick-Up <b>L</b> 11:15 Daily Chronicle #5 <b>I</b> 1:30 Sugar Coat Hour #4 <b>K</b> 6:00 Reading & Reflecting #3	<b>26</b> <b>K</b> 10:00 Rummikub #4 <b>I</b> 11:00 Protestant Communion#2 <b>L</b> 11:15 Daily Chronicle #5 <b>O</b> 12:45 Dollar General <b>K</b> 2:15 Bingo #2 <b>I</b> 3:15 Catholic Rosary #2 <b>V</b> 3:30 Trilogy Fit! #3 <b>A</b> 6:00 Open Art Table #4	<b>27</b> <b>A</b> 9:30 Stitching Memories #4 <b>L</b> 11:15 Daily Chronicle #5 <b>K</b> 12:30 Sequence #4 <b>K</b> 12:30 Pool Time #3 <b>A</b> 2:30 Artist Cove #4 <b>K</b> 6:00 Game Night #4	<b>28</b> <b>I</b> 10:30 Devotions-#3 <b>L</b> 11:15 Daily Chronicle #5 <b>S</b> 12:30 Chef's Circle #1 <b>K</b> 2:30 Creative Cuisine#4 <b>V</b> 3:30 Trilogy Fit! #3 <b>K</b> 5:15 Yahtzee #4			

# February 2018

The Meadows of Leipsic  
Life Enrichment - Health Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>A</b> - Artisans <b>C</b> - Connections <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp <b>L</b> - Lifelong Learning <b>MM</b> - Mindful Moments <b>M</b> - Music to My Ears <b>O</b> - Out & About <b>S</b> - Signature Events <b>V</b> - Vitality	Location Key: #1 Main Dining Room #2 Edwards Dining Room #3 Friendship Room #4 Activity Room #5 Health Center Activity Room	Location Key Continued: #6 Room Visits #7 Independent Activity #8 Outdoors #9 Pavillion Area	Activities are subject to change. Any changes will be posted to the LifeShare monitors. Trivia Challenge is held Monday-Friday at 11:45am in the Edward's Dining Room. Come join us!!	<b>1</b> <b>K</b> 9:30 Current Events #5 <b>MM</b> 10:00 Hand Massages #5 <b>K</b> 11:45 Trivia Challenge #2 <b>S</b> 1:15 Chef's Circle #2 <b>S</b> 1:15 Resident Council #2 <b>K</b> 2:15 Bingo #2 <b>K</b> 3:15 Memory Game #5 <b>MM</b> 4:00 Mindful Moments #5 <b>L</b> 6:00 Sentimental Journey #5	<b>2 Groundhog Day</b> <b>K</b> 9:30 Current Events #5 <b>I</b> 10:00 Sugar Coat Hour #5 <b>K</b> 11:45 Trivia Challenge #2 <b>I</b> 2:00 Catholic Mass #2 <b>I</b> 2:40 Rosary #2 <b>M</b> 3:00 Entertainment with Texas T. #1 <b>S</b> 3:00 Happy Hour #1	<b>3</b> <b>K</b> 9:30 Current Events #5 <b>V</b> 10:00 ROM Exercise #5 <b>K</b> 11:45 Trivia Challenge #2 <b>K</b> 1:00 Afternoon Matinee (CH 4) <b>A</b> 1:15 Crafty Hands #5 <b>C</b> 2:15 Good Company #6
<b>4</b> <b>I</b> 9:15 Catholic Communion <b>M</b> 11:30 Hymn Music #2 <b>I</b> 2:00 Methodist Communion <b>MM</b> 2:30 Hand Massages #5 <b>C</b> 4:00 Good Company #6 <b>MM</b> 4:30 Mindful Moments #5 <b>I</b> 6:30 Grace Fellowship #1	<b>5</b> <b>K</b> 9:30 Current Events #5 <b>K</b> 10:00 Kitchen Corner #5 <b>V</b> 11:00 Batons & Balloons #5 <b>O</b> 12:45 Walmart (Ottawa) <b>C</b> 1:15 Good Company #6 <b>K</b> 2:15 Bingo #2 <b>C</b> 3:45 Euchre #5 <b>MM</b> 4:00 Mindful Moments #5 <b>K</b> 6:00 Movie & Popcom #2	<b>6</b> <b>K</b> 9:30 Current Events #5 <b>V</b> 10:00 Sit & Fit #5 <b>MM</b> 10:30 Mindful Moments #5 <b>K</b> 11:45 Trivia Challenge #2 <b>K</b> 1:15 Hangman #4 <b>S</b> 2:00 Inspired Living Meeting #4 <b>C</b> 2:30 Good Company #6	<b>7</b> <b>K</b> 9:30 Current Events #5 <b>V</b> 10:00 Moming Stretch #5 <b>I</b> 11:00 Devotions #1 <b>S</b> 11:15 Chef Circle #2 <b>MM</b> 11:30 Mindful Moments #5 <b>K</b> 11:45 Trivia Challenge #2 <b>A</b> 1:00 Stamping w/ Jane #4 <b>V</b> 2:30 Bowling #5 <b>K</b> 3:30 Coupon Clipping #5	<b>8</b> <b>K</b> 9:30 Current Events #5 <b>MM</b> 10:00 Hand Massages #5 <b>K</b> 11:45 Trivia Challenge #2 <b>K</b> 2:15 Bingo #2 <b>K</b> 3:15 Memory Game #5 <b>MM</b> 4:00 Mindful Moments #5 <b>L</b> 6:00 Sentimental Journey #5 <b>M</b> 6:30 Instrument Playing #5	<b>9</b> <b>K</b> 9:30 Current Events #5 <b>I</b> 10:00 Sugar Coat Hour #5 <b>K</b> 11:45 Trivia Challenge #2 <b>V</b> 1:00 Zumba with Corina C. #1 <b>S</b> 3:00 Happy Hour #1	<b>10</b> <b>K</b> 9:30 Current Events #5 <b>V</b> 10:00 ROM Exercise #5 <b>K</b> 11:45 Trivia Challenge #2 <b>K</b> 1:00 Afternoon Matinee (CH 4) <b>A</b> 1:15 Crafty Hands #5 <b>C</b> 2:15 Good Company #6
<b>11</b> <b>I</b> 9:15 Catholic Communion <b>M</b> 11:30 Hymn Music #2 <b>MM</b> 2:30 Hand Massages #5 <b>C</b> 4:00 Good Company #6 <b>MM</b> 4:30 Mindful Moments #5	<b>12</b> <b>K</b> 9:30 Current Events #5 <b>K</b> 10:00 Kitchen Corner #5 <b>V</b> 11:00 Batons & Balloons #5 <b>O</b> 12:45 Kohls Market (Ottawa) <b>C</b> 1:15 Good Company #6 <b>K</b> 2:15 Bingo #2 <b>I</b> 3:00 Catholic Rosary #2 <b>C</b> 3:45 Euchre #5 <b>MM</b> 4:00 Mindful Moments #5	<b>13 Mardi Gras</b> <b>K</b> 9:30 Current Events #5 <b>V</b> 10:00 Sit & Fit #5 <b>MM</b> 10:30 Mindful Moments #5 <b>K</b> 11:45 Trivia Challenge #2 <b>A</b> 1:30 Wii Bowling #4 <b>C</b> 2:30 Good Company #6	<b>14 Valentine's Day</b> <b>K</b> 9:30 Current Events #5 <b>V</b> 10:00 Moming Stretch #5 <b>I</b> 11:00 Devotions #1 <b>S</b> 11:15 Chef Circle #2 <b>MM</b> 11:30 Mindful Moments #5 <b>K</b> 11:45 Trivia Challenge #2 <b>A</b> 1:30 Awakening Minds #5 <b>V</b> 2:30 Parachute #5 <b>K</b> 3:30 Coupon Clipping #5	<b>15</b> <b>K</b> 9:30 Current Events #5 <b>MM</b> 10:00 Hand Massages #5 <b>K</b> 11:45 Trivia Challenge #2 <b>K</b> 2:00 Sharon & Carol Birthday Party #2 <b>K</b> 3:15 Memory Game #5 <b>MM</b> 4:00 Mindful Moments #5 <b>L</b> 6:00 Sentimental Journey #5 <b>M</b> 6:30 Instrument Playing #5	<b>16 Chinese New Year</b> <b>K</b> 9:30 Current Events #5 <b>I</b> 10:00 Sugar Coat Hour #5 <b>O</b> 10:30 Juliet Club- Touches <b>K</b> 11:45 Trivia Challenge #2 <b>S</b> 1:00 Stainglass with Mike #4 <b>C</b> 2:00 UNO #5 <b>S</b> 3:00 Happy Hour #1	<b>17</b> <b>K</b> 9:30 Current Events #5 <b>V</b> 10:00 ROM Exercise #5 <b>K</b> 11:45 Trivia Challenge #2 <b>K</b> 1:00 Afternoon Matinee (CH 4) <b>A</b> 1:15 Crafty Hands #5 <b>C</b> 2:15 Good Company #6
<b>18</b> <b>I</b> 9:15 Catholic Communion <b>S</b> 11:30 Sunday Brunch <b>M</b> 11:30 Hymn Music #2 <b>MM</b> 2:30 Hand Massages #5 <b>C</b> 4:00 Good Company #6 <b>MM</b> 4:30 Mindful Moments #5	<b>19 Presidents' Day</b> <b>K</b> 9:30 Current Events #5 <b>K</b> 10:00 Kitchen Corner #5 <b>V</b> 11:00 Batons & Balloons #5 <b>O</b> 12:45 Walmart (Ottawa) <b>C</b> 1:15 Good Company #6 <b>K</b> 2:15 Bingo #2 <b>C</b> 3:45 Euchre #5 <b>MM</b> 4:00 Mindful Moments #5 <b>K</b> 6:00 Movie & Popcom #2	<b>20</b> <b>I</b> 9:30 Massage Therapy #6 <b>K</b> 9:30 Current Events #5 <b>V</b> 10:00 Sit & Fit #5 <b>MM</b> 10:30 Mindful Moments #5 <b>K</b> 11:45 Trivia Challenge #2 <b>K</b> 1:15 Hangman #4 <b>C</b> 2:30 Good Company #6	<b>21</b> <b>K</b> 9:30 Current Events #5 <b>V</b> 10:00 Moming Stretch #5 <b>I</b> 11:00 Devotions #1 <b>S</b> 11:15 Chef Circle #2 <b>MM</b> 11:30 Mindful Moments #5 <b>K</b> 11:45 Trivia Challenge #2 <b>C</b> 12:45 Library Mobile #3 <b>M</b> 2:00 Entertainment with Jody A. #2	<b>22</b> <b>K</b> 9:30 Current Events #5 <b>MM</b> 10:00 Hand Massages #5 <b>K</b> 1:30 Bingo #2 <b>M</b> 3:00 Entertainment with Ray C. #1 <b>S</b> 3:00 Happy Hour and Hors d'oevres #1 <b>MM</b> 4:00 Mindful Moments #5 <b>S</b> 5:00 "My Fair Lady" Theme	<b>23</b> <b>K</b> 9:30 Current Events #5 <b>I</b> 10:00 Sugar Coat Hour #5 <b>K</b> 11:45 Trivia Challenge #2 <b>S</b> 12:00 Taste of the Town #2 <b>V</b> 1:00 Zumba with Corina C. #1 <b>S</b> 1:30 Romeo Club #4 <b>S</b> 3:00 Happy Hour #1	<b>24</b> <b>K</b> 9:30 Current Events #5 <b>V</b> 10:00 ROM Exercise #5 <b>K</b> 11:45 Trivia Challenge #2 <b>K</b> 1:00 Afternoon Matinee (CH 4) <b>A</b> 1:15 Crafty Hands #5 <b>C</b> 2:15 Good Company #6
<b>25</b> <b>I</b> 9:15 Catholic Communion <b>M</b> 11:30 Hymn Music #2 <b>MM</b> 2:30 Hand Massages #5 <b>C</b> 4:00 Good Company #6 <b>MM</b> 4:30 Mindful Moments #5	<b>26</b> <b>K</b> 9:30 Current Events #5 <b>K</b> 10:00 Kitchen Corner #5 <b>I</b> 11:00 Protestant Communion #2 <b>V</b> 11:00 Batons & Balloons #5 <b>O</b> 12:45 Dollar General <b>C</b> 1:15 Good Company #6 <b>K</b> 2:15 Bingo #2 <b>I</b> 3:15 Catholic Rosary #2	<b>27</b> <b>K</b> 9:30 Current Events #5 <b>O</b> 10:00 Out to Lunch - Steve's Dakota Grill <b>V</b> 10:00 Sit & Fit #5 <b>MM</b> 10:30 Mindful Moments #5 <b>K</b> 11:45 Trivia Challenge #2 <b>A</b> 1:30 Wii Bowling #4 <b>C</b> 2:30 Good Company #6	<b>28</b> <b>K</b> 9:30 Current Events #5 <b>V</b> 10:00 Moming Stretch #5 <b>I</b> 11:00 Devotions #1 <b>S</b> 11:15 Chef Circle #2 <b>MM</b> 11:30 Mindful Moments #5 <b>K</b> 11:45 Trivia Challenge #2 <b>V</b> 2:30 Parachute #5 <b>K</b> 3:30 Coupon Clipping #5			