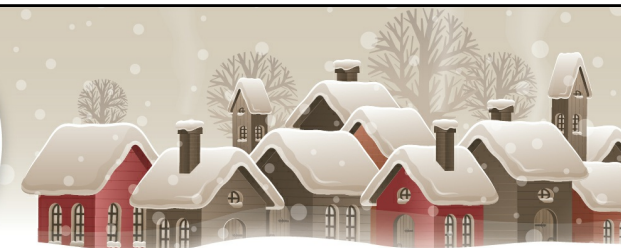


January 2019

The Lakes of Sylvania
Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events</p>	<p>AL R.R.- Assisted Living Recreation Room HC R.R.- Health Center Recreation Room AL S.A.- Assisted Living Sitting Area MS D.R.- Main Street Dining Room</p>	<p>1 New Year's Day</p> <p>V 9:45 Light & Lively-AL SA L 10:15 News Scoop-AL S.A A 1:30 Watercolor-AL S.A K 3:30 Cards-AL R.R</p>	<p>2</p> <p>V 9:45 "Stay Fit" Exercises-ALSA L 10:15 News Scoop-AL S.A O 10:30 Out to Lunch S 1:30 Resident Council-AL S.A I 3:15 Bible Study-AL S.A K 6:00 Cards</p>	<p>3</p> <p>GF 9:00 Christmas Tree Take Down M 10:30 Bell Choir- AL S.A. CC 10:30 Communion A 1:30 Snowman Clothespin-AL Rec Room S 3:30 Inspired Living-AL S.A K 6:00 Random Trivia-AL S.A</p>	<p>4</p> <p>L 9:45 News Scoop-MS D.R CC 10:00 In the Kitchen-Strawberry & Cream Cake-MS D.R. I 1:30 Guided Imagery HC R.R M 3:00 Music w/ Don B-MS Dining Room S 3:00 Happy Hour-MS D.R.</p>	<p>5</p> <p>V 9:45 Balloon Tennis-AL S.A. L 10:15 News Scoop-AL S.A K 10:30 Yatzee GC 1:30 Pokeno-HC R.R. GC 2:30 Card Club-AL R.R.</p>
<p>6</p> <p>M 9:45 Hymn Sing-AL S.A. I 10:15 Inspirations & Devotions-AL S.A. L 10:15 News Scoop-AL S.A K 1:30 Who Am I?- AL R.R. GC 2:30 Games-AL R.R.</p>	<p>7</p> <p>CC 9:45 Book Club-AL R.R S 10:30 Just the Guys-AL S.A. GF 1:30 Bingo S 2:30 Chefs Circle-HC R.R. A 3:30 Craft Corner-Coco Mug-AL Rec Room</p>	<p>8</p> <p>V 9:45 Light & Lively-AL SA L 10:15 News Scoop-AL S.A GF 1:30 Movie Time-AL S.A</p>	<p>9</p> <p>V 9:45 "Stay Fit" Exercises-ALSA L 10:15 News Scoop-AL S.A M 10:30 Bell Choir- AL S.A. V 1:45 Bowling-MS D.R I 3:15 Bible Study-AL S.A K 6:00 Trivia-AL S.A</p>	<p>10</p> <p>V 9:45 Yoga-AL R.R L 10:15 News Scoop-AL S.A CC 10:30 Communion O 1:00 Casino A 1:30 Art Class-Newspaper Polar Bear-AL Rec Room K 6:00 Uno-AL R.R.</p>	<p>11</p> <p>CC 9:45 In the Kitchen-Churro Sticks-MS D.R. CC 10:30 Catholic Mass-HC R.R. I 1:30 Guided Imagery HC R.R M 3:00 Music w/Laurie S 3:00 Happy Hour-MS D.R.</p>	<p>12</p> <p>V 9:45 Balloon Tennis-AL S.A. L 10:15 News Scoop-AL S.A K 10:30 Yatzee GC 1:30 Pokeno-HC R.R. GC 2:30 Card Club-AL R.R.</p>
<p>13</p> <p>M 9:45 Hymn Sing-AL S.A. I 10:15 Inspirations & Devotions-AL S.A. L 10:15 News Scoop-AL S.A M 11:00 Music w/Ben S 11:00 Sunday Brunch K 1:30 Who Am I?- AL R.R. GC 2:30 Games-AL R.R.</p>	<p>14</p> <p>V 9:45 Tai Chi-AL S.A L 10:15 News Scoop-AL S.A GF 1:30 Bingo S 2:30 Chefs Circle-HC R.R. A 3:30 Craft Corner-Snowflake Ornament-AL Rec Room</p>	<p>15</p> <p>V 9:45 Light & Lively-AL SA L 10:15 News Scoop-AL S.A O 10:30 Out to Lunch GF 1:30 Movie Time-AL S.A K 6:00 Bend in the River-AL S.A</p>	<p>16</p> <p>V 9:45 "Stay Fit" Exercises-ALSA L 10:15 News Scoop-AL S.A M 10:30 Bell Choir- AL S.A. S 12:00 Taste of the Town Stained Glass Snowman-AL R.R A 1:30 Bible Study-AL S.A I 3:15 Cards K 6:00 Cards</p>	<p>17</p> <p>V 9:45 Yoga-AL R.R L 10:15 News Scoop-AL S.A CC 10:30 Communion L 2:00 Toledo Library-AL Rec Room K 6:00 Hangman-AL R.R.</p>	<p>18</p> <p>L 9:45 News Scoop-MS D.R CC 10:00 In the Kitchen-Funfetti Shortbread Bites-MS D.R. I 1:30 Guided Imagery HC R.R M 3:00 Music w/David P S 3:00 Happy Hour-MS D.R.</p>	<p>19</p> <p>V 9:45 Balloon Tennis-AL S.A. L 10:15 News Scoop-AL S.A K 10:30 Yatzee GC 1:30 Pokeno-HC R.R. GC 2:30 Card Club-AL R.R.</p>
<p>20</p> <p>M 9:45 Hymn Sing-AL S.A. I 10:15 Inspirations & Devotions-AL S.A. L 10:15 News Scoop-AL S.A K 1:30 Who Am I?- AL R.R. GC 2:30 Games-AL R.R.</p>	<p>21 Martin Luther King Day</p> <p>CC 9:45 Book Club-AL R.R S 10:30 Ladies Chat-AL S.A GF 1:30 Bingo S 2:30 Chefs Circle-HC R.R. K 3:30 Martin Luther King Day Trivia-AL Rec Room</p>	<p>22</p> <p>V 9:15 Light & Lively-AL SA L 9:45 News Scoop-AL S.A O 10:00 Shopping GF 1:30 Movie Time-AL S.A K 6:00 Sequence-AL R.R</p>	<p>23</p> <p>V 9:45 "Stay Fit" Exercises-ALSA L 10:15 News Scoop-AL S.A M 10:30 Bell Choir- AL S.A. A 1:30 Craft Corner-Beaded Snowflake-AL R.R I 3:15 Bible Study-AL S.A K 6:00 Cards</p>	<p>24</p> <p>V 9:15 Yoga-AL R.R L 9:45 News Scoop-AL S.A CC 10:30 Communion K 1:30 4-Suit Bingo-AL Rec Room A 6:00 Watercolor-AL R.R.</p>	<p>25</p> <p>L 9:45 News Scoop-AL S.A CC 10:00 In the Kitchen-Snickerdoodle Cupcakes-MS D.R. I 1:30 Guided Imagery HC R.R S 3:00 Happy Hour-MS D.R. M 3:00 Music w/Gene MS DR</p>	<p>26</p> <p>V 9:45 Balloon Tennis-AL S.A. L 10:15 News Scoop-AL S.A K 10:30 Yatzee GC 1:30 Pokeno-HC R.R. GC 2:30 Card Club-AL R.R.</p>
<p>27</p> <p>M 9:45 Hymn Sing-AL S.A. I 10:15 Inspirations & Devotions-AL S.A. L 10:15 News Scoop-AL S.A K 1:30 Who Am I?- AL R.R. GC 2:30 Games-AL R.R.</p>	<p>28</p> <p>V 9:45 Tai Chi-AL S.A L 10:15 News Scoop-AL S.A S 10:30 Just the Guys-AL SA GF 1:30 Bingo S 2:30 Chefs Circle-HC R.R. A 3:30 Craft Corner-Model Magic Snowman-AL Rec Room</p>	<p>29</p> <p>V 9:15 Light & Lively-AL SA L 9:45 News Scoop-AL S.A O 10:00 Shopping GF 1:30 Movie Time-AL S.A K 6:00 Trivia-AL R.R</p>	<p>30</p> <p>V 9:45 "Stay Fit" Exercises-ALSA L 10:15 News Scoop-AL S.A M 10:30 Bell Choir- AL S.A. K 1:30 Mad Science:Bubbles-MS D.R I 3:15 Bible Study-AL S.A K 6:00 Cards</p>	<p>31</p> <p>V 9:15 Yoga-AL R.R L 9:45 News Scoop-AL S.A CC 10:30 Communion A 1:30 Art Class-Watercolor-AL Rec Room K 6:00 Left Right Center-AL R.R.</p>	<p>All groups are subject to change. Please refer to LifeShare for any changes.</p>	<p>Please contact a member of the Life Enrichment Team to sign up for upcoming outings.</p>

January 2019

The Lakes of Sylvania Health Center



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About</p>	<p>AL R.R.- Assisted Living Recreation Room HC R.R.- Health Center Recreation Room AL S.A.- Assisted Living Sitting Area MS D.R.- Main Street Dining Room</p>	<p>1 New Year's Day</p> <p>V 9:45 Light & Lively-AL SA L 10:15 News Scoop-AL S.A MM 11:00 Mindful Moments-HCRR A 1:30 Watercolor-AL S.A K 3:30 Cards-AL R.R</p>	<p>2</p> <p>V 9:45 "Stay Fit" Exercises-ALSA L 10:15 News Scoop-AL S.A MM 11:00 Mindful Moments-HCRR S 2:30 Resident Council-HC R.R I 3:15 Bible Study-AL S.A K 6:00 Cards</p>	<p>3</p> <p>GF 9:00 Christmas Tree Take Down M 10:30 Bell Choir- AL S.A. CC 10:30 Communion MM 11:00 Mindful Moments-HCRR A 1:30 Snowman Clothespin-AL Rec Room S 3:30 Inspired Living-AL S.A K 6:00 Random Trivia-AL S.A</p>	<p>4</p> <p>L 9:45 News Scoop-MS D.R CC 10:00 In the Kitchen-Strawberry & Cream Cake-MS D.R. MM 11:00 Mindful Moments-HCRR I 1:30 Guided Imagery HC R.R M 3:00 Music w/ Don B-MS Dining Room S 3:00 Happy Hour-MS D.R.</p>	<p>5</p> <p>V 9:45 Balloon Tennis-AL S.A. L 10:15 News Scoop-AL S.A K 10:30 Yatzee MM 11:00 Mindful Moments-HCRR GC 1:30 Pokeno-HC R.R. GC 2:30 Card Club-AL R.R.</p>
<p>6</p> <p>M 9:45 Hymn Sing-AL S.A. I 10:15 Inspirations & Devotions-AL S.A. L 10:15 News Scoop-AL S.A MM 11:00 Mindful Moments-HCRR K 1:30 Who Am I?- AL R.R. GC 2:30 Games-AL R.R.</p>	<p>7</p> <p>CC 9:45 Book Club-AL R.R S 10:30 Just the Guys-AL S.A. MM 11:00 Mindful Moments-HCRR GF 1:30 Bingo S 2:30 Chefs Circle-HC R.R. A 3:30 Craft Comer-Coco Mug-AL Rec Room</p>	<p>8</p> <p>V 9:45 Light & Lively-AL SA L 10:15 News Scoop-AL S.A O 10:30 Out to Lunch MM 11:00 Mindful Moments-HCRR GF 1:30 Movie Time-AL S.A</p>	<p>9</p> <p>V 9:45 "Stay Fit" Exercises-ALSA L 10:15 News Scoop-AL S.A M 10:30 Bell Choir- AL S.A. MM 11:00 Mindful Moments-HCRR V 1:45 Bowling-MS D.R I 3:15 Bible Study-AL S.A K 6:00 Trivia-AL S.A</p>	<p>10</p> <p>V 9:45 Yoga-AL R.R L 10:15 News Scoop-AL S.A CC 10:30 Communion MM 11:00 Mindful Moments-HCRR A 1:30 Art Class-Newspaper Polar Bear-AL Rec Room K 6:00 Uno-AL R.R.</p>	<p>11</p> <p>CC 9:45 In the Kitchen-Churro Sticks-MS D.R. CC 10:30 Catholic Mass-HC R.R. MM 11:00 Mindful Moments-HCRR I 1:30 Guided Imagery HC R.R M 3:00 Music w/Laurie S 3:00 Happy Hour-MS D.R.</p>	<p>12</p> <p>V 9:45 Balloon Tennis-AL S.A. L 10:15 News Scoop-AL S.A K 10:30 Yatzee MM 11:00 Mindful Moments-HCRR GC 1:30 Pokeno-HC R.R. GC 2:30 Card Club-AL R.R.</p>
<p>13</p> <p>M 9:45 Hymn Sing-AL S.A. I 10:15 Inspirations & Devotions-AL S.A. L 10:15 News Scoop-AL S.A M 11:00 Music w/Ben MM 11:00 Mindful Moments-HCRR S 11:00 Sunday Brunch K 1:30 Who Am I?- AL R.R. GC 2:30 Games-AL R.R.</p>	<p>14</p> <p>V 9:45 Tai Chi-AL S.A L 10:15 News Scoop-AL S.A MM 11:00 Mindful Moments-HCRR GF 1:30 Bingo S 2:30 Chefs Circle-HC R.R. A 3:30 Craft Comer-Snowflake Ornament-AL Rec Room</p>	<p>15</p> <p>V 9:45 Light & Lively-AL SA L 10:15 News Scoop-AL S.A MM 11:00 Mindful Moments-HCRR GF 1:30 Movie Time-AL S.A K 6:00 Bend in the River-AL S.A</p>	<p>16</p> <p>V 9:45 "Stay Fit" Exercises-ALSA L 10:15 News Scoop-AL S.A M 10:30 Bell Choir- AL S.A. MM 11:00 Mindful Moments-HCRR S 12:00 Taste of the Town A 1:30 Stained Glass Snowman-AL R.R I 3:15 Bible Study-AL S.A</p>	<p>17</p> <p>V 9:45 Yoga-AL R.R L 10:15 News Scoop-AL S.A CC 10:30 Communion MM 11:00 Mindful Moments-HCRR O 1:00 Casino L 2:00 Toledo Library-AL Rec Room K 6:00 Hangman-AL R.R.</p>	<p>18</p> <p>L 9:45 News Scoop-MS D.R CC 10:00 In the Kitchen-Funfetti Shortbread Bites-MS D.R. MM 11:00 Mindful Moments-HCRR I 1:30 Guided Imagery HC R.R M 3:00 Music w/David P S 3:00 Happy Hour-MS D.R.</p>	<p>19</p> <p>V 9:45 Balloon Tennis-AL S.A. L 10:15 News Scoop-AL S.A K 10:30 Yatzee MM 11:00 Mindful Moments-HCRR GC 1:30 Pokeno-HC R.R. GC 2:30 Card Club-AL R.R.</p>
<p>20</p> <p>M 9:45 Hymn Sing-AL S.A. I 10:15 Inspirations & Devotions-AL S.A. L 10:15 News Scoop-AL S.A MM 11:00 Mindful Moments-HCRR K 1:30 Who Am I?- AL R.R. GC 2:30 Games-AL R.R.</p>	<p>21 Martin Luther King Day</p> <p>CC 9:45 Book Club-AL R.R S 10:30 Ladies Chat-AL S.A MM 11:00 Mindful Moments-HCRR GF 1:30 Bingo S 2:30 Chefs Circle-HC R.R. K 3:30 Martin Luther King Day Trivia-AL Rec Room</p>	<p>22</p> <p>V 9:15 Light & Lively-AL SA L 9:45 News Scoop-AL S.A MM 11:00 Mindful Moments-HCRR GF 1:30 Movie Time-AL S.A K 6:00 Sequence-AL R.R</p>	<p>23</p> <p>V 9:45 "Stay Fit" Exercises-ALSA L 10:15 News Scoop-AL S.A M 10:30 Bell Choir- AL S.A. MM 11:00 Mindful Moments-HCRR A 1:30 Craft Comer-Beaded Snowflake-AL R.R I 3:15 Bible Study-AL S.A K 6:00 Cards</p>	<p>24</p> <p>V 9:15 Yoga-AL R.R L 9:45 News Scoop-AL S.A O 10:00 Shopping CC 10:30 Communion MM 11:00 Mindful Moments-HCRR K 1:30 4-Suit Bingo-AL Rec Room A 6:00 Watercolor-AL R.R.</p>	<p>25</p> <p>L 9:45 News Scoop-AL S.A CC 10:00 In the Kitchen-Snickerdoodle Cupcakes-MS D.R. MM 11:00 Mindful Moments-HCRR I 1:30 Guided Imagery HC R.R S 3:00 Happy Hour-MS D.R. M 3:00 Music w/Gene MS DR</p>	<p>26</p> <p>V 9:45 Balloon Tennis-AL S.A. L 10:15 News Scoop-AL S.A K 10:30 Yatzee MM 11:00 Mindful Moments-HCRR GC 1:30 Pokeno-HC R.R. GC 2:30 Card Club-AL R.R.</p>
<p>27</p> <p>M 9:45 Hymn Sing-AL S.A. I 10:15 Inspirations & Devotions-AL S.A. L 10:15 News Scoop-AL S.A MM 11:00 Mindful Moments-HCRR K 1:30 Who Am I?- AL R.R. GC 2:30 Games-AL R.R.</p>	<p>28</p> <p>V 9:45 Tai Chi-AL S.A L 10:15 News Scoop-AL S.A S 10:30 Just the Guys-AL SA MM 11:00 Mindful Moments-HCRR GF 1:30 Bingo S 2:30 Chefs Circle-HC R.R. A 3:30 Craft Comer-Model Magic Snowman-AL Rec Room</p>	<p>29</p> <p>V 9:15 Light & Lively-AL SA L 9:45 News Scoop-AL S.A MM 11:00 Mindful Moments-HCRR GF 1:30 Movie Time-AL S.A K 6:00 Trivia-AL R.R</p>	<p>30</p> <p>V 9:45 "Stay Fit" Exercises-ALSA L 10:15 News Scoop-AL S.A M 10:30 Bell Choir- AL S.A. MM 11:00 Mindful Moments-HCRR K 1:30 Mad Science:Bubbles-MS D.R I 3:15 Bible Study-AL S.A K 6:00 Cards</p>	<p>31</p> <p>V 9:15 Yoga-AL R.R L 9:45 News Scoop-AL S.A O 10:00 Shopping CC 10:30 Communion MM 11:00 Mindful Moments-HCRR A 1:30 Art Class-Watercolor-AL Rec Room K 6:00 Left Right Center-AL R.R.</p>	<p>All groups are subject to change. Please refer to LifeShare for any updates.</p>	<p>Please see a member of the Life Enrichment Team to sign up for outings</p>