

# November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Locations: D = Dining Room C = Community Center L = Library O = Outing RR = Resident Rooms HCHDR=Health Ctr House Dining Room B - Billiard Room		Communion Tuesday mornings in RR	.	<b>1</b> 9:15 Fun With Life Share - 10:30 Color My World - L 12:00 Concierge lunch Cheddars -L 1:15 Soulful Sessions - L 2:00 Bingo - D	<b>2</b> 10:00 Errand Times Available -O 10:30 Bible Study - L 2:00 Sing Fit -L 3:00 HAPPY HOUR - L	<b>3</b> 1:00 Bingo - L 2:00 Movie Matinee - C
<b>4 Daylight Savings Ends</b>	<b>5</b>	<b>6 Election Day</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
2:00 Bible Methodist - MDR 2:30 Upper Room Worship - D	10:00 Errand Times Available -O 10:30 Trilogy Fit - DR 1:15 Wal- Mart- O 3:30 Music To My Ears - DR 7:15 Pokeno - L	9:15 Book Club - L 10:30 wii - D 1:15 Keeping It Sharp - L 2:00 Bingo - D 3:00 Chef's Circle - D 3:30 Culinary Creations - L	10:15 Devotions- HCMDR 10:30 Trilogy Fit - DR 12:00 Taste Of The Town - Panera Bread 2:00 Community Connections - L 3:30 Music to My Ears - D 7:15 Games and Fun	9:15 Travel The World- L 10:30 Color My World - L 1:15 Just The Guys -L 2:00 Bingo - D 3:00 Modern Woodmen Financial Speaker- L	10:00 Errand Times Available -O 10:30 Bible Study - L 2:00 Sing Fit -L 3:00 HAPPY HOUR - L	1:00 Bingo - L 2:00 Movie Matinee - C
<b>11 Veterans Day</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
11:00 Sunday Brunch - DR 2:00 Redeemor's Covenant- MDR 2:30 Upper Room Worship - D	10:00 Errand Times Available -O 10:30 Trilogy Fit - DR 1:15 Buffalo Trading Post -O 3:30 Music To My Ears - DR 7:15 Pokeno - L	9:15 Living Arts- L 10:30 wii - D 1:15 Keeping It Sharp - L 2:00 Bingo - D 3:00 Chef's Circle - D 3:30 Culinary Creations - L	10:15 Devotions- HCMDR 10:30 Trilogy Fit - DR 2:00 Community Connections - L 3:30 Music to My Ears - D 7:15 Games and Fun	9:15 Fun With Life Share 10:30 Color My World - L 12:00 Concierge Lunch- Wilsons - L 1:15 Soulfeel Sessions - L 2:00 Bingo - D 2:40 Bingo Store- L	10:00 Errand Times Available -O 10:30 Bible Study - L 2:00 Sing Fit -L 3:00 HAPPY HOUR - L	1:00 Bingo - L 2:00 Movie Matinee - C
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22 Thanksgiving</b>	<b>23</b>	<b>24</b>
2:00 St. Marks - MDR 2:30 Upper Room Worship - D	10:00 Errand Times Available -O 10:30 Historical Museum - D 2:00 Trilogy Fit 3:30 Polka, Polka, Polka Music- DR 7:15 Pokeno - L	9:15 Cookie Fall Art- L 10:30 wii - D 1:15 Keeping It Sharp - L 2:00 Bingo - D 3:00 Chef's Circle - D 3:30 Culinary Creations - L	10:15 Devotions- HCMDR 10:30 Trilogy Fit - DR 11:00 Bookmobile - RR 2:00 Community Connections - L 3:30 Music to My Ears - D 7:15 Games and Fun	1:00 Bingo - D 2:00 Movie Matinee- C	10:00 Errand Times Available -O 10:30 Bible Study - L 2:00 Sing Fit -L 3:00 HAPPY HOUR - L	1:00 Bingo - L 2:00 Movie Matinee - C
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
2:00 David Fawcett Trinity Baptist Church - MDR 2:30 Upper Room Worship - D	10:00 Errand Times Available -O 10:30 Trilogy Fit -DR 1:15 Scenic Drive- O 3:30 Music To My Ears - DR 7:15 Pokeno - L	9:15 Holiday Wreaths- L 10:30 wii - D 1:15 Keeping It Sharp - L 2:00 Bingo - D 3:00 Chef's Circle - D 3:30 culinary creations - L	10:15 Devotions- HCMDR 10:30 Trilogy Fit - DR 2:00 Community Connections - L 3:30 Music to My Ears - D 7:15 Games and Fun	9:15 Fun With Life Share 10:00 Trilogy Fit- DR 10:30 Color My World - L 1:15 Just The Guys -L 2:00 Bingo - D 3:30 Resident Council -L	10:00 Errand Times Available -O 10:30 Bible Study - L 2:00 Sing Fit -L 3:00 HAPPY HOUR Birthday Bash - L	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Communion in RR on Tuesday Mornings.		Activity Locations: AC = Activity Center HDR = House Dining Room MDR = Manor Dining Room LR = House Living Room CC = Comer Cafe RR = Resident Rooms		<b>1</b> 9:15 Mindful Moments - AC 10:15 Just The Guys - AC 2:00 BINGO - HDR 3:30 Living Arts - AC 4:00 News Talk 4:00 Sensory Stations - H	<b>2</b> 9:15 Mindful Moments - AC 9:30 Wal-Mart - O 10:15 Mass 10:30 Sing Fit 1:00 Activity Cart - RR 2:00 Get Movin' - HDR 3:00 Happy Hour -AC 4:00 Sensory Stations - H	<b>3</b> 10:30 Bingo - AC 4:00 Trivia With Friends- AC 4:30 Sensory Station- H 6:15 Movie Matinee - LR
<b>4</b> Daylight Savings Ends	<b>5</b>	<b>6</b> Election Day	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
2:00 Bible Methodist - MDR 3:30 Sensory Stations - H	9:15 Mindful Moments - AC 9:15 Nail spa - Beauty Shop/appts. 10:15 Chef's Circle- AC 10:45 Cook's Corner - AC 11:00 Activity Cart-MRR 2:00 Bill Figley - HCDR 3:00 Get Movin' - HDR 4:00 Sensory Stations - H	9:15 Mindful Moments - AC 10:15 Resident Council - AC 10:45 Inspired Living-AC 2:00 BINGO - HDR 3:30 Living Arts - AC 4:00 News Talk -AC 4:00 Sensory Stations - H	9:15 Mindful Moments - AC 10:15 Devotions & Sing Along MDR 11:00 Activity Cart-MRR 12:00 Taste Of The Town - Panera Bread 2:00 Get Movin' - HDR 3:00 Travel Log - AC 4:00 News Talk- AC	9:15 Mindful Moments - AC 10:15 Community Connections - AC 2:00 BINGO - HDR 3:30 Living Arts - AC 4:00 News Talk- AC 4:00 Sensory Stations - H	9:15 Mindful Moments - AC 10:00 Buffalo Trading Post-O 10:30 Sing Fit 1:00 Activity Cart - RR 2:00 Get Movin' - HDR 3:00 Happy Hour -AC 4:00 Sensory Stations - H	10:30 Bingo - AC 4:00 Trivia With Friends- AC 4:30 Sensory Station- H 6:15 Movie Matinee - LR
<b>11</b> Veterans Day	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
11:00 Sunday Brunch - DR 2:00 Redeemor's Covenant- MDR 3:30 Sensory Stations - H	9:15 Mindful Moments - AC 9:15 Nail spa - Beauty Shop/appts. 10:15 Chef's Circle- AC 10:45 Cook's Corner - AC 11:00 Activity Cart-MRR 2:00 Music To My Ears-AC 3:00 Get Movin' - HDR 4:00 Sensory Stations - H	9:15 Mindful Moments - AC 10:15 Living Arts - AC 11:00 Reading Roundtable - AC 2:00 BINGO - HDR 3:30 Bingo Store - CC 4:00 News Talk-AC 4:00 Sensory Stations - H	9:15 Mindful Moments - AC 10:15 Devotions & Sing Along MDR 11:00 Activity Cart-MRR 2:00 Get Movin' - HDR 3:00 Lifelong Learning -AC 4:00 Sensory Stations - H 4:00 News Talk- AC 6:00 Millstream Bingo- HCDR	9:15 Mindful Moments - AC 10:15 Community Connections - AC 2:00 BINGO - HDR 3:30 Living Arts - AC 4:00 Sensory Stations - H 4:00 News Talk- AC	9:15 Mindful Moments - AC 10:15 Via Maria- O 10:30 Sing Fit 1:00 Activity Cart - RR 2:00 Get Movin' - HDR 3:00 Happy Hour -AC 4:00 Sensory Stations - H	10:30 Bingo - AC 4:00 Trivia With Friends- AC 4:30 Sensory Station- H 6:15 Movie Matinee - LR
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b> Thanksgiving	<b>23</b>	<b>24</b>
2:00 St. Marks - MDR 3:30 Sensory Stations - H	9:15 Mindful Moments - AC 9:15 Nail spa - Beauty Shop/appts. 10:15 Chef's Circle- AC 10:45 Cook's Corner - AC 11:00 Activity Cart-MRR 2:00 Edmond Fitzgerald Sea Songs-HCDR 3:00 Get Movin' - HDR	9:15 Mindful Moments - AC 11:00 Reading Roundtable - AC 1:30 Share A Pet Visits -RR 2:00 BINGO - HDR 3:30 Living Arts- AC 4:00 Sensory Stations - H 4:00 News Talk-AC	9:15 Mindful Moments - AC 10:15 Devotions & Sing Along MDR 11:00 Bookmobile - RR 11:00 Activity Cart-MRR 2:00 Get Movin' - HDR 3:30 Hancock Museum-AC 4:00 Sensory Stations - H 4:00 News Talk- AC	9:15 Mindful Moments - AC 10:30 Bingo -HCDR 4:00 News Talk- AC	9:15 Mindful Moments - AC 10:30 Sing Fit 1:00 Activity Cart - RR 2:00 Get Movin' - HDR 3:00 Happy Hour -AC 4:00 Sensory Stations - H	10:30 Bingo - AC 4:00 Trivia With Friends- AC 4:30 Sensory Station- H 6:15 Movie Matinee - LR
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
2:00 David Fawcett Trinity Baptist Church - MDR 3:30 Sensory Stations - H	9:15 Mindful Moments - AC 10:15 Chef's Circle- AC 10:45 Cook's Corner - AC 11:00 Activity Cart-MRR 2:00 Music To My Ears - AC 3:00 Get Movin' - HDR 4:00 Sensory Stations - H 4:00 News Talk -AC 6:15 Pokeno- AC	9:15 Mindful Moments - AC 11:00 Reading Roundtable - AC 2:00 BINGO - HDR 3:00 Awakening Minds-AC 4:00 Sensory Stations - H 4:00 News Talk-AC	9:15 Mindful Moments - AC 10:15 Devotions & Sing Along MDR 11:00 Activity Cart-MRR 2:00 Get Movin' - HDR 3:00 Travel Log- AC 4:00 Sensory Stations - H 4:00 News Talk- AC 6:15 cards and games - AC	9:15 Mindful Moments - AC 10:15 Just The Guys- AC 2:00 BINGO - HDR 3:30 Living Arts - AC 4:00 Sensory Stations - H 4:00 News Talk- AC	9:15 Mindful Moments - AC 10:30 Scenic Drive -O 10:30 Sing Fit 1:00 Activity Cart - RR 2:00 Get Movin' - HDR 3:00 Happy Hour Birthday Bash -AC 4:00 Sensory Stations - H	



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>CC</b> - Creative Cooking <b>GG</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>M</b> - Music to My Ears <b>S</b> - Signature Events <b>V</b> - Vitality</p>	<p>Daily "About" Times: 9:00 Past &amp; Present 9:30 Vitality 10:00 Keeping it Sharp 10:15 Morning Refresher 10:30 Housekeeping 10:45 Creative Cooking 11:30 Lunch Prep</p>	<p>Early Afternoon 12:45 Relax &amp; Recharge 1:30 Connections: Reminisce 2:00 Artisans Late Afternoon 3:00 Musical Celebration 3:30 Afternoon Refresher 4:00 Connections: Group Games (Cognitive/Physical) 4:30 Dinner Prep 4:45 Keeping it Sharp</p>	<p>Evening 6:00 Gathering of Friends 7:00 Nighttime Traditions</p>	<p><b>1</b> <b>V</b> A Walk to Grandmother's House <b>K</b> Past &amp; Present <b>K</b> Autumn Word Poem <b>CC</b> Basil Garlic Bread Relax &amp; Recharge <b>A</b> Fall Sensory Collage <b>M</b> Float With Me <b>K</b> Bingo <b>GG</b> Name 3 Toss &amp; Catch</p>	<p><b>2</b> <b>V</b> Parachute Games <b>K</b> Past &amp; Present <b>K</b> Hang the Great Pumpkin <b>CC</b> Pumpkin Streusel Muffins Relax &amp; Recharge <b>A</b> Colorful Sponge Art <b>M</b> A Taste of Autumn Happy Hour <b>GG</b> What's in the Bag Healthy Hands</p>	<p><b>3</b> <b>V</b> A Flex-Kick Saturday <b>K</b> Past &amp; Present <b>K</b> Football Frenzy <b>CC</b> Navy Bean Vegetable Soup Relax &amp; Recharge <b>A</b> Rolling Pin Printmaking <b>M</b> Game Day <b>GG</b> Image Snap Healthy Hands</p>
<p><b>4</b> Daylight Savings Ends</p>	<p><b>5</b></p>	<p><b>6</b> Election Day</p>	<p><b>7</b></p>	<p><b>8</b></p>	<p><b>9</b></p>	<p><b>10</b></p>
<p><b>V</b> The Scientific 7 Workout <b>K</b> Past &amp; Present <b>K</b> Turn Over <b>CC</b> Banana Berry Muffins Relax &amp; Recharge <b>A</b> Personal Collage <b>I</b> Bible Methodist - MDR <b>M</b> Up In The Air <b>GG</b> Turkey Toss</p>	<p><b>V</b> Basketball <b>K</b> Past &amp; Present <b>K</b> Create a Caption <b>CC</b> Apple Walnut Broccoli Salad Relax &amp; Recharge <b>A</b> Cloth Tie Wreath <b>M</b> Workin' Songs <b>GG</b> Roll the Dice &amp; Break the Ice Healthy Hands</p>	<p><b>V</b> Foam BallFit <b>K</b> Past &amp; Present <b>K</b> Sentence Story <b>S</b> Resident Council - AC <b>CC</b> Apple Streusel Bread Relax &amp; Recharge <b>A</b> Cloth Tie Wreath <b>M</b> Let's Dance <b>K</b> Bingo</p>	<p><b>V</b> Balloon Battle <b>K</b> Past &amp; Present <b>K</b> Fall's Common Place <b>CC</b> Chocolate Chip Cookies <b>S</b> Taste Of The Town - Panera Bread Relax &amp; Recharge <b>A</b> Fly Swatter Collaborative Painting</p>	<p><b>V</b> A Walk to Grandmother's House <b>K</b> Past &amp; Present <b>K</b> Autumn Word Poem <b>CC</b> Amish Sugar Cookies Relax &amp; Recharge <b>A</b> Bookmaking <b>M</b> Float With Me <b>K</b> Bingo <b>GG</b> Name 3 Toss &amp; Catch</p>	<p><b>V</b> Parachute Games <b>K</b> Past &amp; Present <b>K</b> Hang the Great Pumpkin <b>CC</b> Pumpkin Spice Cupcakes Relax &amp; Recharge <b>A</b> Bookmaking <b>M</b> A Taste of Autumn Happy Hour <b>GG</b> What's in the Bag Healthy Hands</p>	<p><b>V</b> A Flex-Kick Saturday <b>K</b> Past &amp; Present <b>K</b> Football Frenzy <b>CC</b> Savory Beef Soup Relax &amp; Recharge <b>A</b> Color Collage <b>M</b> Game Day <b>GG</b> Image Snap Healthy Hands</p>
<p><b>11</b> Veterans Day</p>	<p><b>12</b></p>	<p><b>13</b></p>	<p><b>14</b></p>	<p><b>15</b></p>	<p><b>16</b></p>	<p><b>17</b></p>
<p><b>V</b> The Scientific 7 Workout <b>K</b> Past &amp; Present <b>K</b> Turn Over <b>CC</b> Bacon Blueberry Scones <b>S</b> Sunday Brunch - DR Relax &amp; Recharge <b>A</b> Veterans Day Heart Card <b>I</b> Redeemor's Covenant-MDR <b>M</b> A Salute to Veterans</p>	<p><b>V</b> Basketball <b>K</b> Past &amp; Present <b>K</b> Create a Caption <b>CC</b> Candy Bar Apple Salad Relax &amp; Recharge <b>A</b> Creative Storytelling <b>M</b> Workin' Songs <b>GG</b> Roll the Dice &amp; Break the Ice Healthy Hands</p>	<p><b>V</b> Foam BallFit <b>K</b> Past &amp; Present <b>K</b> Sentence Story <b>CC</b> Apple Pie Oatmeal Dessert Relax &amp; Recharge <b>A</b> Awakening Minds <b>M</b> Let's Dance <b>K</b> Bingo <b>GG</b> Lollipop Paddle</p>	<p><b>V</b> Balloon Battle <b>K</b> Past &amp; Present <b>K</b> Fall's Common Place <b>CC</b> Chocolate Dream Cookies Relax &amp; Recharge <b>A</b> Gourd-geous Craft <b>M</b> Pass the Beat <b>GG</b> Animal Bingo Healthy Hands</p>	<p><b>V</b> A Walk to Grandmother's House <b>K</b> Past &amp; Present <b>K</b> Autumn Word Poem <b>CC</b> Oatmeal Bread Relax &amp; Recharge <b>A</b> Poppy Field Collage <b>M</b> Float With Me <b>K</b> Bingo <b>GG</b> Name 3 Toss &amp; Catch</p>	<p><b>V</b> Parachute Games <b>K</b> Past &amp; Present <b>K</b> Hang the Great Pumpkin <b>CC</b> Pumpkin Spice Bread Relax &amp; Recharge <b>A</b> Deck of Wit &amp; Wisdom <b>M</b> A Taste of Autumn Happy Hour <b>GG</b> What's in the Bag Healthy Hands</p>	<p><b>V</b> A Flex-Kick Saturday <b>K</b> Past &amp; Present <b>K</b> Football Frenzy <b>CC</b> Barley Turkey Soup Relax &amp; Recharge <b>A</b> Creative Storytelling <b>M</b> Game Day <b>GG</b> Image Snap Healthy Hands</p>
<p><b>18</b></p>	<p><b>19</b></p>	<p><b>20</b></p>	<p><b>21</b></p>	<p><b>22</b> Thanksgiving</p>	<p><b>23</b></p>	<p><b>24</b></p>
<p><b>V</b> The Scientific 7 Workout <b>K</b> Past &amp; Present <b>K</b> Turn Over <b>CC</b> Pecan Coffee Cake Relax &amp; Recharge <b>A</b> Q-Tip Autumn Tree Painting <b>I</b> St. Marks - MDR <b>M</b> Up In The Air <b>GG</b> Turkey Toss</p>	<p><b>V</b> Basketball <b>K</b> Past &amp; Present <b>K</b> Create a Caption <b>CC</b> Butterscotch Apple Crisp Relax &amp; Recharge <b>A</b> Thumbprint Dandelion <b>M</b> Workin' Songs <b>GG</b> Roll the Dice &amp; Break the Ice Healthy Hands</p>	<p><b>V</b> Foam BallFit <b>K</b> Past &amp; Present <b>K</b> Sentence Story <b>CC</b> Apple Cinnamon Cookies Relax &amp; Recharge <b>A</b> Fall Leaves Prints <b>M</b> Let's Dance <b>K</b> Bingo <b>GG</b> Lollipop Paddle</p>	<p><b>V</b> Balloon Battle <b>K</b> Past &amp; Present <b>K</b> Fall's Common Place <b>CC</b> Oatmeal Kiss Cookies Relax &amp; Recharge <b>A</b> Fall Trees Canvas Painting <b>M</b> Pass the Beat <b>GG</b> Animal Bingo Healthy Hands</p>	<p><b>V</b> A Walk to Grandmother's House <b>K</b> Past &amp; Present <b>K</b> Autumn Word Poem <b>CC</b> Golden Wheat Bread Relax &amp; Recharge <b>A</b> Thankful Tree <b>M</b> Give Thanks <b>K</b> Bingo <b>GG</b> Name 3 Toss &amp; Catch</p>	<p><b>V</b> Parachute Games <b>K</b> Past &amp; Present <b>K</b> Hang the Great Pumpkin <b>CC</b> Pumpkin Pie Pudding Relax &amp; Recharge <b>A</b> Sequin Acorn Magnets <b>M</b> A Taste of Autumn Happy Hour <b>GG</b> What's in the Bag Healthy Hands</p>	<p><b>V</b> A Flex-Kick Saturday <b>K</b> Past &amp; Present <b>K</b> Football Frenzy <b>CC</b> Texas Turkey Soup Relax &amp; Recharge <b>A</b> Button Tree Canvas <b>M</b> Game Day <b>GG</b> Image Snap Healthy Hands</p>
<p><b>25</b></p>	<p><b>26</b></p>	<p><b>27</b></p>	<p><b>28</b></p>	<p><b>29</b></p>	<p><b>30</b></p>	
<p><b>V</b> The Scientific 7 Workout <b>K</b> Past &amp; Present <b>K</b> Turn Over <b>CC</b> Cinnamon Chip Scones Relax &amp; Recharge <b>A</b> Sensory Spice Painting <b>I</b> David Fawcett Trinity Baptist Church - MDR <b>M</b> Up In The Air</p>	<p><b>V</b> Basketball <b>K</b> Past &amp; Present <b>K</b> Create a Caption <b>CC</b> Pecan Bread Pudding Relax &amp; Recharge <b>A</b> Foil Relief Art <b>M</b> Workin' Songs <b>GG</b> Roll the Dice &amp; Break the Ice Healthy Hands</p>	<p><b>V</b> Foam BallFit <b>K</b> Past &amp; Present <b>K</b> Sentence Story <b>CC</b> Apple Streusel Muffins Relax &amp; Recharge <b>A</b> Awakening Minds <b>M</b> Let's Dance <b>K</b> Bingo <b>GG</b> Lollipop Paddle</p>	<p><b>V</b> Balloon Battle <b>K</b> Past &amp; Present <b>K</b> Fall's Common Place <b>CC</b> Peanut Butter Cookies Relax &amp; Recharge <b>A</b> Tissue Paper Leaves <b>M</b> Pass the Beat <b>GG</b> Animal Bingo Healthy Hands</p>	<p><b>V</b> A Walk to Grandmother's House <b>K</b> Past &amp; Present <b>K</b> Autumn Word Poem <b>CC</b> Chocolate Chip Banana Bread Relax &amp; Recharge <b>A</b> Colorful Group Mandala <b>M</b> Float With Me <b>K</b> Bingo <b>GG</b> Name 3 Toss &amp; Catch</p>	<p><b>V</b> Parachute Games <b>K</b> Past &amp; Present <b>K</b> Hang the Great Pumpkin <b>CC</b> Spice Cookies Relax &amp; Recharge <b>A</b> Ink Dyed Coasters <b>M</b> A Taste of Autumn Happy Hour <b>GG</b> What's in the Bag Healthy Hands</p>	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>CC</b> - Creative Cooking <b>GG</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>M</b> - Music to My Ears <b>O</b> - Out &amp; About <b>S</b> - Signature Events <b>V</b> - Vitality</p>	<p>Daily "About" Times: 9:00 Past &amp; Present 9:30 Vitality 10:00 Keeping it Sharp 10:15 Morning Refresher 10:30 Housekeeping 10:45 Creative Cooking 11:30 Lunch Prep</p>	<p>Early Afternoon 12:45 Relax &amp; Recharge 1:30 Connections: Reminisce 2:00 Artisans Late Afternoon 3:00 Musical Celebration 3:30 Afternoon Refresher 4:00 Connections: Group Games (Cognitive/Physical) 4:30 Dinner Prep 4:45 Keeping it Sharp</p>	<p>Evening 6:00 Gathering of Friends 7:00 Nighttime Traditions</p>	<p><b>1</b> <b>V</b> A Walk to Grandmother's House <b>K</b> Past &amp; Present <b>K</b> Autumn Word Poem <b>CC</b> Basil Garlic Bread Relax &amp; Recharge <b>A</b> Fall Sensory Collage <b>M</b> Float With Me <b>K</b> Bingo <b>GG</b> Name 3 Toss &amp; Catch</p>	<p><b>2</b> <b>V</b> Parachute Games <b>K</b> Past &amp; Present <b>K</b> Hang the Great Pumpkin <b>CC</b> Pumpkin Streusel Muffins Relax &amp; Recharge <b>A</b> Colorful Sponge Art <b>M</b> A Taste of Autumn Happy Hour <b>GG</b> What's in the Bag Healthy Hands</p>	<p><b>3</b> <b>V</b> A Flex-Kick Saturday <b>K</b> Past &amp; Present <b>K</b> Football Frenzy <b>CC</b> Navy Bean Vegetable Soup Relax &amp; Recharge <b>A</b> Rolling Pin Printmaking <b>M</b> Game Day <b>GG</b> Image Snap Healthy Hands</p>
<p><b>4</b> Daylight Savings Ends</p>	<p><b>5</b></p>	<p><b>6</b> Election Day</p>	<p><b>7</b></p>	<p><b>8</b></p>	<p><b>9</b></p>	<p><b>10</b></p>
<p><b>V</b> The Scientific 7 Workout <b>K</b> Past &amp; Present <b>K</b> Turn Over <b>CC</b> Banana Berry Muffins Relax &amp; Recharge <b>A</b> Personal Collage <b>M</b> Up In The Air <b>GG</b> Turkey Toss Healthy Hands</p>	<p><b>V</b> Basketball <b>K</b> Past &amp; Present <b>K</b> Create a Caption <b>CC</b> Apple Walnut Broccoli Salad Relax &amp; Recharge <b>O</b> Wal- Mart- O <b>A</b> Cloth Tie Wreath <b>M</b> Bill Figley <b>GG</b> Roll the Dice &amp; Break the Ice</p>	<p><b>V</b> Foam BallFit <b>K</b> Past &amp; Present <b>K</b> Sentence Story <b>CC</b> Apple Streusel Bread Relax &amp; Recharge <b>A</b> Awakening Minds <b>M</b> Let's Dance <b>K</b> Bingo <b>GG</b> Lollipop Paddle</p>	<p><b>V</b> Balloon Battle <b>K</b> Past &amp; Present <b>K</b> Fall's Common Place <b>CC</b> Chocolate Chip Cookies <b>S</b> Taste Of The Town - Panera Bread Relax &amp; Recharge <b>M</b> Music with Brent <b>A</b> Fly Swatter Collaborative</p>	<p><b>V</b> A Walk to Grandmother's House <b>K</b> Past &amp; Present <b>K</b> Autumn Word Poem <b>CC</b> Amish Sugar Cookies Relax &amp; Recharge <b>A</b> Bookmaking <b>M</b> Float With Me <b>K</b> Bingo <b>GG</b> Name 3 Toss &amp; Catch</p>	<p><b>V</b> Parachute Games <b>K</b> Past &amp; Present <b>K</b> Hang the Great Pumpkin <b>CC</b> Pumpkin Spice Cupcakes Relax &amp; Recharge <b>A</b> Bookmaking <b>M</b> A Taste of Autumn Happy Hour <b>GG</b> What's in the Bag Healthy Hands</p>	<p><b>V</b> A Flex-Kick Saturday <b>K</b> Past &amp; Present <b>K</b> Football Frenzy <b>CC</b> Savory Beef Soup Relax &amp; Recharge <b>A</b> Color Collage <b>M</b> Game Day <b>GG</b> Image Snap Healthy Hands</p>
<p><b>11</b> Veterans Day</p>	<p><b>12</b></p>	<p><b>13</b></p>	<p><b>14</b></p>	<p><b>15</b></p>	<p><b>16</b></p>	<p><b>17</b></p>
<p><b>V</b> The Scientific 7 Workout <b>K</b> Past &amp; Present <b>K</b> Turn Over <b>CC</b> Bacon Blueberry Scones <b>S</b> Sunday Brunch - DR Relax &amp; Recharge <b>A</b> Veterans Day Heart Card <b>M</b> A Salute to Veterans <b>GG</b> Turkey Toss</p>	<p><b>V</b> Basketball <b>K</b> Past &amp; Present <b>K</b> Create a Caption <b>CC</b> Candy Bar Apple Salad Relax &amp; Recharge <b>O</b> Buffalo Trading Post <b>A</b> Creative Storytelling <b>M</b> Workin' Songs <b>GG</b> Roll the Dice &amp; Break the Ice</p>	<p><b>V</b> Foam BallFit <b>K</b> Past &amp; Present <b>K</b> Sentence Story <b>CC</b> Apple Pie Oatmeal Dessert Relax &amp; Recharge <b>A</b> Orange You Happy For Thanksgiving! <b>M</b> Let's Dance <b>K</b> Bingo</p>	<p><b>V</b> Balloon Battle <b>K</b> Past &amp; Present <b>K</b> Fall's Common Place <b>CC</b> Chocolate Dream Cookies Relax &amp; Recharge <b>M</b> Music with Brent <b>A</b> Gourd-geous Craft <b>M</b> Pass the Beat <b>GG</b> Animal Bingo</p>	<p><b>V</b> A Walk to Grandmother's House <b>K</b> Past &amp; Present <b>K</b> Autumn Word Poem <b>CC</b> Oatmeal Bread Relax &amp; Recharge <b>A</b> Poppy Field Collage <b>M</b> Float With Me <b>K</b> Bingo <b>GG</b> Name 3 Toss &amp; Catch</p>	<p><b>V</b> Parachute Games <b>K</b> Past &amp; Present <b>K</b> Hang the Great Pumpkin <b>CC</b> Pumpkin Spice Bread Relax &amp; Recharge <b>A</b> Deck of Wit &amp; Wisdom <b>M</b> A Taste of Autumn Happy Hour <b>GG</b> What's in the Bag Healthy Hands</p>	<p><b>V</b> A Flex-Kick Saturday <b>K</b> Past &amp; Present <b>K</b> Football Frenzy <b>CC</b> Barley Turkey Soup Relax &amp; Recharge <b>A</b> Creative Storytelling <b>M</b> Game Day <b>GG</b> Image Snap Healthy Hands</p>
<p><b>18</b></p>	<p><b>19</b></p>	<p><b>20</b></p>	<p><b>21</b></p>	<p><b>22</b> Thanksgiving</p>	<p><b>23</b></p>	<p><b>24</b></p>
<p><b>V</b> The Scientific 7 Workout <b>K</b> Past &amp; Present <b>K</b> Turn Over <b>CC</b> Pecan Coffee Cake Relax &amp; Recharge <b>A</b> Q-Tip Autumn Tree Painting <b>M</b> Up In The Air <b>GG</b> Turkey Toss Healthy Hands</p>	<p><b>V</b> Basketball <b>K</b> Past &amp; Present <b>K</b> Create a Caption <b>CC</b> Butterscotch Apple Crisp Relax &amp; Recharge <b>A</b> Thumbprint Dandelion <b>M</b> Workin' Songs <b>GG</b> Roll the Dice &amp; Break the Ice Healthy Hands</p>	<p><b>V</b> Foam BallFit <b>K</b> Past &amp; Present <b>K</b> Sentence Story <b>CC</b> Apple Cinnamon Cookies Relax &amp; Recharge <b>A</b> Awakening Minds <b>M</b> Let's Dance <b>K</b> Bingo <b>GG</b> Lollipop Paddle</p>	<p><b>V</b> Balloon Battle <b>K</b> Past &amp; Present <b>K</b> Fall's Common Place <b>M</b> Alan Siebert <b>CC</b> Oatmeal Kiss Cookies Relax &amp; Recharge <b>M</b> Music with Brent <b>A</b> Fall Trees Canvas Painting <b>M</b> Pass the Beat</p>	<p><b>V</b> A Walk to Grandmother's House <b>K</b> Past &amp; Present <b>K</b> Autumn Word Poem <b>CC</b> Golden Wheat Bread Relax &amp; Recharge <b>A</b> Thankful Tree <b>M</b> Give Thanks <b>K</b> Bingo <b>GG</b> Name 3 Toss &amp; Catch</p>	<p><b>V</b> Parachute Games <b>K</b> Past &amp; Present <b>K</b> Hang the Great Pumpkin <b>CC</b> Pumpkin Pie Pudding Relax &amp; Recharge <b>A</b> Sequin Acorn Magnets <b>M</b> A Taste of Autumn Happy Hour <b>GG</b> What's in the Bag Healthy Hands</p>	<p><b>V</b> A Flex-Kick Saturday <b>K</b> Past &amp; Present <b>K</b> Football Frenzy <b>CC</b> Texas Turkey Soup Relax &amp; Recharge <b>A</b> Button Tree Canvas <b>M</b> Game Day <b>GG</b> Image Snap Healthy Hands</p>
<p><b>25</b></p>	<p><b>26</b></p>	<p><b>27</b></p>	<p><b>28</b></p>	<p><b>29</b></p>	<p><b>30</b></p>	
<p><b>V</b> The Scientific 7 Workout <b>K</b> Past &amp; Present <b>K</b> Turn Over <b>CC</b> Cinnamon Chip Scones Relax &amp; Recharge <b>A</b> Sensory Spice Painting <b>M</b> Up In The Air <b>GG</b> Turkey Toss Healthy Hands</p>	<p><b>V</b> Basketball <b>K</b> Past &amp; Present <b>K</b> Create a Caption <b>CC</b> Pecan Bread Pudding Relax &amp; Recharge <b>O</b> Scenic Drive <b>A</b> Foil Relief Art <b>M</b> Workin' Songs <b>GG</b> Roll the Dice &amp; Break the Ice</p>	<p><b>V</b> Foam BallFit <b>K</b> Past &amp; Present <b>K</b> Sentence Story <b>CC</b> Apple Streusel Muffins Relax &amp; Recharge <b>A</b> Oil Pastel Resist <b>M</b> Let's Dance <b>K</b> Bingo <b>GG</b> Lollipop Paddle</p>	<p><b>V</b> Balloon Battle <b>K</b> Past &amp; Present <b>K</b> Fall's Common Place <b>CC</b> Peanut Butter Cookies Relax &amp; Recharge <b>M</b> Music with Brent <b>A</b> Tissue Paper Leaves <b>M</b> Pass the Beat <b>GG</b> Animal Bingo</p>	<p><b>V</b> A Walk to Grandmother's House <b>K</b> Past &amp; Present <b>K</b> Autumn Word Poem <b>CC</b> Chocolate Chip Banana Bread Relax &amp; Recharge <b>A</b> Colorful Group Mandala <b>M</b> Float With Me <b>K</b> Bingo <b>GG</b> Name 3 Toss &amp; Catch</p>	<p><b>V</b> Parachute Games <b>K</b> Past &amp; Present <b>K</b> Hang the Great Pumpkin <b>CC</b> Spice Cookies Relax &amp; Recharge <b>A</b> Ink Dyed Coasters <b>M</b> A Taste of Autumn Happy Hour <b>GG</b> What's in the Bag Healthy Hands</p>	