

**St. Mary Healthcare Center
Activity Calendar**

May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans C - Connections CC - Creative Cooking I - Inspirations K - Keeping it Sharp L - Lifelong Learning MN - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>Ombudsman: Andrea Smothers (765) 423-5327 Theme of the Month - The Sound of Music Activities may change date and/or location due to unforeseen circumstances. Please watch Life Share for announcements and updates!</p>	<p>1 V 10:15 Lets Get Fit MN 11:00 Theme Sensations - Baby K 11:45 Tuesday Trivia V 1:30 Afternoon Workout CC 2:30 Creative Cooking K 6:30 Quarter Bingo</p>	<p>2 V 10:15 Dancing with Scarves MN 11:00 Theme Sensations - Cooking V 1:30 Afternoon Workout S 2:00 Chefs Circle M 2:30 VCC Singers 3:30 Inspired Living Committee Meeting</p>	<p>3 V 10:15 Chair Dancing MN 11:00 Theme Sensations - Aroma Therapy L 1:00 Oil Painting Class w/ Bill Pattison V 1:15 Lets Go Walking O 2:35 Spring Travels K 6:30 Candy Bar Bingo</p>	<p>4 I 10:00 Mass K 10:15 Daily News and Donuts V 1:30 Balloon Volley MN 2:15 Theme Sensations - Aroma Therapy M 3:00 Happy Hour w/ Mike Almon</p>	<p>5 Cinco de Mayo A 10:00 Colorama K 10:35 Life Share Games K 11:45 Brain Ticklers K 2:00 Quarter Bingo S 3:15 Bingo Auction</p>
<p>6 K 10:00 Life Share Games A 11:00 Colorama I 2:30 Worship Services w/ Pastor David S 3:35 Ice Cream Sundaes on Sunday</p>	<p>7 May Day V 10:15 Chair Dancing MN 11:00 Theme Sensations - Gardening K 11:45 Dot - to - dot K 2:00 Quarter Bingo L 3:30 Comfort Creatures L 3:30 Life Long Learning - German 101</p>	<p>8 V 10:15 Lets Get Fit MN 11:00 Theme Sensations - Baby K 11:45 Tuesday Trivia S 12:00 "Just the Guys Lunch" CC 2:30 Creative Cooking K 6:30 Quarter Bingo</p>	<p>9 V 10:15 Dancing with Scarves MN 11:00 Theme Sensations - Cooking V 1:30 Afternoon Workout S 2:00 Chefs Circle L 3:30 La La Pottery Class</p>	<p>10 V 10:15 Chair Dancing MN 11:00 Theme Sensations - Aroma Therapy L 1:00 Oil Painting Class w/ Bill Pattison V 1:15 Lets Go Walking O 2:35 Spring Travels K 6:30 Candy Bar Bingo</p>	<p>11 I 10:00 Mass K 10:15 Daily News and Donuts V 1:30 Balloon Volley MN 2:15 Theme Sensations - Aroma Therapy M 3:00 Happy Hour w/ Dave Wilcox</p>	<p>12 C 10:00 Vendor Show A 10:00 The Sound of Music Movie and Popcom K 10:35 Life Share Games K 11:45 Talking about Mother's Day K 2:00 Quarter Bingo S 3:15 Bingo Auction</p>
<p>13 Mother's Day K 10:00 Life Share Games K 10:30 Mother's Day Poetry and Quotes S 11:00 Mother's Day Sunday Brunch A 11:00 Colorama M 11:30 Cathy at the Harp I 2:30 Worship Services w/ Donna Shaw</p>	<p>14 A 10:00 Spring Hats Craft MN 11:00 Theme Sensations - Gardening K 11:45 Dot - to - dot K 2:00 Quarter Bingo L 3:30 Life Long Learning - German 101</p>	<p>15 Ramadan Begins V 10:15 Lets Get Fit MN 11:00 Theme Sensations - Baby K 11:45 Tuesday Trivia V 1:30 Afternoon Workout CC 2:00 Creative Cooking K 3:00 The History of The Sound of Music K 6:30 Quarter Bingo</p>	<p>16 V 10:15 Dancing with Scarves MN 11:00 Theme Sensations - Cooking V 1:30 Afternoon Workout S 2:00 Chefs Circle M 2:30 Monthly Birthday Celebration w/ Kent 3:45 Sound of Music Sing-a-Along</p>	<p>17 V 10:15 Chair Dancing MN 11:00 Theme Sensations - Aroma Therapy L 1:00 Oil Painting Class w/ Bill Pattison V 1:15 Lets Go Walking O 2:35 Spring Travels S 5:00 Theme Dinner - "The Sound of Music"</p>	<p>18 I 10:00 Mass K 10:15 Daily News and Donuts K 11:45 This was the Year V 1:30 Balloon Volley MN 2:15 Theme Sensations - Aroma Therapy M 3:00 Happy Hour w/ Marla</p>	<p>19 A 10:00 Colorama K 10:35 Life Share Games K 11:45 Brain Ticklers K 2:00 Quarter Bingo S 3:15 Bingo Auction</p>
<p>20 K 10:00 Life Share Games A 11:00 Colorama I 2:30 Worship Services w/ Sue Spurling S 3:35 Ice Cream Sundaes on Sunday</p>	<p>21 V 10:15 Chair Dancing MN 11:00 Theme Sensations - Gardening K 11:45 Dot - to - dot K 2:00 Quarter Bingo L 3:30 Life Long Learning - German101</p>	<p>22 V 10:15 Lets Get Fit MN 11:00 Theme Sensations - Baby K 11:45 Tuesday Trivia S 12:00 Red Hat Society Diamond Divas Luncheon V 1:30 Afternoon Workout CC 2:30 Creative Cooking</p>	<p>23 V 10:15 Dancing with Scarves MN 11:00 Theme Sensations - Cooking V 1:30 Afternoon Workout S 2:00 Chefs Circle 10:30 Shirley at the Piano</p>	<p>24 V 10:15 Chair Dancing MN 11:00 Theme Sensations - Aroma Therapy L 1:00 Oil Painting Class w/ Bill Pattison V 1:15 Lets Go Walking O 2:00 Field Trip - Art Tour La La Gallery K 6:30 Candy Bar Bingo</p>	<p>25 I 10:00 Mass K 10:15 Daily News and Donuts V 1:30 Balloon Volley MN 2:15 Theme Sensations - Aroma Therapy M 3:00 Happy Hour w/ Gil</p>	<p>26 A 10:00 Colorama K 10:35 Life Share Games K 11:45 Brain Ticklers K 2:00 Quarter Bingo S 3:15 Bingo Auction</p>
<p>27 K 10:00 Life Share Games A 11:00 Colorama I 2:30 Worship Services w/ Pastor David S 3:35 Ice Cream Sundaes on Sunday</p>	<p>28 Memorial Day V 10:15 Chair Dancing MN 11:00 Theme Sensations - Gardening K 11:45 Dot - to - dot 12:00 Memorial Day Cook Out K 2:00 Quarter Bingo M 3:00 Memorial Day Celebration w/ Jerry Vemon</p>	<p>29 V 10:15 Lets Get Fit MN 11:00 Theme Sensations - Baby K 11:45 Tuesday Trivia V 1:30 Afternoon Workout CC 2:30 Creative Cooking K 6:30 Quarter Bingo</p>	<p>30 V 10:15 Dancing with Scarves MN 11:00 Theme Sensations - Cooking V 1:30 Afternoon Workout S 2:00 Chefs Circle</p>	<p>31 V 10:15 Chair Dancing MN 11:00 Theme Sensations - Aroma Therapy L 1:00 Oil Painting Class w/ Bill Pattison V 1:15 Lets Go Walking O 2:35 Spring Travels K 6:30 Candy Bar Bingo</p>	<p>Resident Mail is delivered Monday - Saturday to resident rooms. The Life Enrichment team would be happy to assist with outgoing mail, or it can be taken to the front office during regular business hours.</p>	<p>Fresh Popcom available in the activity room daily Computer with internet access available in the activity room. Resident Birthdays: John L. 05/19</p>

**St. Mary Healthcare Legacy Lane
Daily Rhythms Program**

May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans C - Connections CC - Creative Cooking I - Inspirations K - Keeping it Sharp L - Lifelong Learning M - Music to My Ears O - Out & About V - Vitality</p>	<p>Every Morning (approx. times) 9:00 Get Up & Go 9:30 Brain Ticklers 11:00 Creative Cooking</p>	<p>1 V Wildflower Tour K Color My World CC Apple Pie Oatmeal Dessert Relax & Recharge A Shaving Cream Marbling M Tambourine Tuesday C Which is Longer? Healthy Hands I Word Play!</p>	<p>2 V Chair Yoga K Yard Sale CC Pepperoni Pizza Soup Relax & Recharge A Rainy Day Abstract Painting M VCC Singers M Scarf Dance C Flip'n Chips Healthy Hands</p>	<p>3 V Garden Dancing K Roll to 20! CC Chocolate Chip Cookie Bars Relax & Recharge L Oil Painting Class w/ Bill Pattison V Lets Go Walking A Spring Theme Collage O Spring Travels M Movin' & Groovin'</p>	<p>4 V Golf Club K Fun with Baby Animals I Mass CC Butterscotch Pecan Br. Pudding Relax & Recharge V Balloon Volley A Tulip Door Decor M Happy Hour w/ M My Sunshine!</p>	<p>5 Cinco de Mayo V Cinco De Mayo Dance K Famous Couples CC Cinco de Mayo Corn Dip Relax & Recharge A Favorite Things Collage M Macarena! C Horseracing Healthy Hands C Saturday Night Jamboree</p>
<p>6 V Sunday Stretch K Remembering Mothers CC Basil Garlic Bread Relax & Recharge A Flower Printmaking M Sunday Choir C Life on the Farm Healthy Hands C Evening Inspirations</p>	<p>7 May Day V Balloon Baseball K Double the Fun CC Milky Way Fudge Relax & Recharge A Cloth Tie Wreath M Shake It Up Baby! V Parachute Fun Healthy Hands C Shake Loose A Memory</p>	<p>8 V Wildflower Tour K Color My World CC Chocolate Chip Raspberry Bars Relax & Recharge A Cosmic Sun Catchers M Tambourine Tuesday C Which is Longer? Healthy Hands I Word Play!</p>	<p>9 V Chair Yoga K Yard Sale CC Italian Cabbage Soup Relax & Recharge A Flyswatter Collaborative Painting M Scarf Dance C Flip'n Chips Healthy Hands C Old Time Theater</p>	<p>10 V Garden Dancing K Roll to 20! CC Peanut Butter Brownies Relax & Recharge L Oil Painting Class w/ Bill Pattison V Lets Go Walking A Ziplock Painting O Spring Travels M Movin' & Groovin'</p>	<p>11 V Golf Club K Fun with Baby Animals I Mass CC Soft Buttermilk Sugar Cookies Relax & Recharge V Balloon Volley A Tulip Door Decor M Happy Hour w/ M My Sunshine!</p>	<p>12 V Ribbon Dance K Famous Couples CC Cheesy Pizza Fondue Relax & Recharge A Relief Printmaking M Name That Croon C Horseracing Healthy Hands C Saturday Night Jamboree</p>
<p>13 Mother's Day V Sunday Stretch K Remembering Mothers CC Banana Wheat Bread Relax & Recharge A Spring Collage M Sunday Choir C Life on the Farm Healthy Hands C Mother's Day Tea</p>	<p>14 V Balloon Baseball K Double the Fun CC Blueberry Muffins Relax & Recharge A Cloth Tie Wreath M Shake It Up Baby! V Parachute Fun Healthy Hands C Shake Loose A Memory</p>	<p>15 Ramadan Begins V Wildflower Tour K Color My World CC Caramel Butter Pecan Bars Relax & Recharge A Spring Collage M Tambourine Tuesday C Which is Longer? Healthy Hands I Word Play!</p>	<p>16 V Chair Yoga K Yard Sale CC Hearty Hash Brown Soup Relax & Recharge A Rainy Day Abstract Painting M Scarf Dance C Flip'n Chips Healthy Hands C Old Time Theater</p>	<p>17 V Sound of Music Moves K My Favorite Things CC Dad's Chocolate Chip Cookies Relax & Recharge L Oil Painting Class w/ Bill Pattison V Lets Go Walking A Favorite Things Collage O Spring Travels M The Sound of Music</p>	<p>18 V Golf Club K Fun with Baby Animals I Mass CC Grandma's Honey Muffins Relax & Recharge V Balloon Volley A Tulip Door Decor M Happy Hour w/ M My Sunshine!</p>	<p>19 V Ribbon Dance K Famous Couples CC Chocolate Lover's Dream Cookies Relax & Recharge A Maracas M Armed Forces Appreciation C Horseracing Healthy Hands</p>
<p>20 V Sunday Stretch K Remembering Mothers CC Golden Wheat Bread Relax & Recharge A Flower Printmaking M Sunday Choir C Life on the Farm Healthy Hands C Evening Inspirations</p>	<p>21 V Balloon Baseball K Double the Fun CC Candy Bar Apple Salad Relax & Recharge A Cloth Tie Wreath M Shake It Up Baby! V Parachute Fun Healthy Hands C Shake Loose A Memory</p>	<p>22 V Wildflower Tour K Color My World CC Creamy Chocolate Cookie Dip Relax & Recharge A Flyswatter Collaborative Painting M Tambourine Tuesday C Which is Longer? Healthy Hands I Word Play!</p>	<p>23 V Chair Yoga K Yard Sale CC Chicken Noodle Soup Relax & Recharge A Flyswatter Collaborative Painting M Scarf Dance C Flip'n Chips Healthy Hands C Old Time Theater</p>	<p>24 V Garden Dancing K Roll to 20! CC Peanut Butter Cup Cupcakes Relax & Recharge L Oil Painting Class w/ Bill Pattison V Lets Go Walking A Ziplock Sensory Painting O Spring Travels M Movin' & Groovin'</p>	<p>25 V Golf Club K Fun with Baby Animals I Mass CC Creamy Lemon Pie Relax & Recharge V Balloon Volley A Tulip Door Decor M Happy Hour w/ M My Sunshine!</p>	<p>26 V Ribbon Dance K Famous Couples CC Taco Joe Dip Relax & Recharge A Essential Oils Diffuser Necklace M Name That Croon C Horseracing Healthy Hands C Saturday Night Jamboree</p>
<p>27 V Sunday Stretch K Remembering Mothers CC Soft Oatmeal Bread Relax & Recharge A Essential Oils Diffuser Necklace M Sunday Choir C Life on the Farm Healthy Hands C Evening Inspirations</p>	<p>28 Memorial Day V Balloon Baseball K A Day to Remember and Honor CC Cinnamon Fr. Toast Casserole Relax & Recharge A Cloth Tie Wreath M America The Beautiful V Parachute Fun Healthy Hands C Shake Loose A Memory</p>	<p>29 V Wildflower Tour K Color My World CC Sweet Cream Cheese Strawberry Bread Relax & Recharge A Cosmic Sun Catcher M Tambourine Tuesday C Which is Longer? Healthy Hands</p>	<p>30 V Chair Yoga K Yard Sale CC Smooth Strawberry Soup Relax & Recharge A Color Collage M Scarf Dance C Flip'n Chips Healthy Hands C Old Time Theater</p>	<p>31 V Garden Dancing K Roll to 20! CC Cinnamon Oatmeal Cookies Relax & Recharge L Oil Painting Class w/ Bill Pattison V Lets Go Walking A Color Collage O Spring Travels M Movin' & Groovin'</p>	<p>Every Afternoon (approx. times) 1:00 Reminisce 1:30 Creative Hands 2:30 Music Celebration 3:00 Group Games 3:30 Afternoon Pick Me Up</p>	<p>Every Evening (approx. times) 6:00 Gathering of Friends</p>