



**St. Mary Healthcare Center  
Activity Calendar**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans  <b>CC</b> - Creative Cooking  <b>I</b> - Inspirations  <b>K</b> - Keeping it Sharp  <b>L</b> - Lifelong Learning  <b>MM</b> - Mindful Moments  <b>M</b> - Music to My Ears  <b>O</b> - Out &amp; About  <b>S</b> - Signature Events  <b>V</b> - Vitality</p>	<p>Ombudsman: Andrea Smothers            (765) 423-5327            Theme of the Month -            Activities may change date            and/or location due to            unforeseen circumstances.            Please watch Life Share for            announcements and updates!</p>	<p>Resident Mail is delivered Monday            - Saturday to resident rooms.            The Life Enrichment team would            be happy to assist with outgoing            mail, or it can be taken to the            front office during regular            business hours.</p>	<p>Fresh Popcom available in the            activity room daily            Computer with internet access            available in the activity room.            Festive Holidays Fine Art Show            11/01 - 11/03</p>	<p>Resident Birthdays :            Donald McQuisten - 12/30</p> <p>Theme of the Month -            Magic Bells and Merry Elves.</p>	<p><b>1</b>  <b>I</b> 10:00 Mass  <b>K</b> 10:15 Daily News and Donuts  <b>V</b> 1:30 Balloon Volley  <b>MM</b> 2:15 Theme Sensations  <b>M</b> 3:00 Happy Hour w/ Charis</p>	<p><b>2</b>  <b>M</b> 10:00 Holiday Music and Hot            Chocolate  <b>K</b> 10:35 Christmas Movies  <b>K</b> 11:45 Brain Ticklers  <b>K</b> 2:00 Quarter Bingo  <b>S</b> 3:15 Bingo Auction</p>
<p><b>3</b>  <b>K</b> 10:00 Life Share Games  <b>A</b> 11:00 Colorama  <b>K</b> 11:45 Searching for December            Word Search  <b>I</b> 2:30 Worship Services  <b>S</b> 3:35 Ice Cream Sundaes on            Sunday</p>	<p><b>4</b>  <b>V</b> 10:15 Chair Dancing  <b>S</b> 11:00 Holiday Activities w/ Ivy            Tech Students  <b>K</b> 11:45 Dot -to dot  <b>K</b> 2:00 Quarter Bingo  <b>L</b> 3:30 Life Long Learning -</p>	<p><b>5</b>  <b>V</b> 10:15 Lets Get Fit  <b>MM</b> 11:00 Theme Sensations  <b>K</b> 11:45 Tuesday Trivia  <b>V</b> 1:30 Afternoon Workout  <b>CC</b> 2:30 Creative Cooking  <b>K</b> 6:00 Christmas Lights Night            Drive</p>	<p><b>6</b>  <b>V</b> 10:15 Dancing with Scarves  <b>MM</b> 11:00 Theme Sensations  <b>V</b> 1:30 Afternoon Workout  <b>S</b> 2:00 Chefs Circle  <b>M</b> 2:30 VCC Singers  <b>S</b> 3:30 Inspired Living Committee            Meeting</p>	<p><b>7</b>  <b>I</b> 10:00 Jeff Ryker performs  <b>L</b> 1:00 Oil Painting Class w/ Bill            Pattison  <b>V</b> 1:15 Lets Go Walking  <b>O</b> 2:35 Holiday Travels  <b>K</b> 6:30 Candy Bar Bingo</p>	<p><b>8</b>  <b>I</b> 10:00 Mass  <b>K</b> 10:15 Daily News and Donuts  <b>V</b> 1:30 Balloon Volley  <b>MM</b> 2:15 Theme Sensations  <b>M</b> 3:00 Happy Hour w/ Daryl            Loveless</p>	<p><b>9</b>  <b>M</b> 10:00 Holiday Music and Hot            Chocolate  <b>K</b> 10:35 Christmas Movies  <b>K</b> 11:45 Brain Ticklers  <b>K</b> 2:00 Quarter Bingo  <b>S</b> 3:15 Bingo Auction</p>
<p><b>10</b>  <b>K</b> 10:00 Life Share Games  <b>S</b> 11:00 Christmas Sunday Brunch  <b>A</b> 11:00 Colorama  <b>I</b> 2:30 Worship Services w/            Donna Shaw  <b>S</b> 3:35 Ice Cream Sundaes on            Sunday  <b>K</b> 11:45 December IQ</p>	<p><b>11</b>  <b>V</b> 10:15 Chair Dancing  <b>MM</b> 11:00 Theme Sensations  <b>K</b> 11:45 Dot -to dot  <b>S</b> 1:00 Holiday Glamour Shots w/            Via Quest  <b>K</b> 2:00 Quarter Bingo  <b>L</b> 3:30 Life Long Learning -</p>	<p><b>12</b>  <b>V</b> 10:15 Lets Get Fit  <b>MM</b> 11:00 Theme Sensations  <b>K</b> 11:45 Tuesday Trivia  <b>S</b> 12:00 Just the Guys Lunch  <b>CC</b> 2:30 Creative Cooking  <b>K</b> 6:30 Quarter Bingo</p>	<p><b>13 Hanukkah Begins</b>  <b>V</b> 10:15 Dancing with Scarves  <b>MM</b> 11:00 Theme Sensations  <b>V</b> 1:30 Afternoon Workout  <b>S</b> 2:00 Chefs Circle  <b>M</b> 2:30 Monthly Birthday            Celebration w/ Kent Lane  <b>A</b> 3:30 Christmas Crafts -</p>	<p><b>14</b>  <b>V</b> 10:15 Chair Dancing  <b>MM</b> 11:00 Theme Sensations  <b>L</b> 1:00 Oil Painting Class w/ Bill            Pattison  <b>V</b> 1:15 Lets Go Walking  <b>O</b> 2:35 Holiday Travels  <b>K</b> 6:30 Candy Bar Bingo</p>	<p><b>15</b>  <b>I</b> 10:00 Mass  <b>K</b> 10:15 Daily News and Donuts  <b>K</b> 11:45 This was the Year  <b>V</b> 1:30 Balloon Volley  <b>MM</b> 2:15 Theme Sensations  <b>M</b> 3:00 Happy Hour w/ Steve            Michaels</p>	<p><b>16</b>  <b>M</b> 10:00 Holiday Music and Hot            Chocolate  <b>K</b> 10:35 Christmas Movies  <b>K</b> 11:45 Brain Ticklers  <b>K</b> 2:00 Quarter Bingo  <b>S</b> 3:15 Bingo Auction</p>
<p><b>17</b>  <b>K</b> 10:00 Life Share Games  <b>K</b> 11:00 Famous December            Birthdays  <b>A</b> 11:00 Colorama  <b>I</b> 2:30 Worship Services  <b>S</b> 3:35 Ice Cream Sundaes on            Sunday</p>	<p><b>18</b>  <b>V</b> 10:15 Chair Dancing  <b>MM</b> 11:00 Theme Sensations  <b>K</b> 11:45 Dot -to dot  <b>K</b> 2:00 Quarter Bingo  <b>L</b> 3:30 Life Long Learning -</p>	<p><b>19</b>  <b>V</b> 10:15 Lets Get Fit  <b>MM</b> 11:00 Theme Sensations  <b>K</b> 11:45 Tuesday Trivia  <b>V</b> 1:30 Afternoon Workout  <b>CC</b> 2:30 Creative Cooking  <b>K</b> 6:30 Christmas Lights Night            Drive</p>	<p><b>20</b>  <b>V</b> 10:15 Dancing with Scarves  <b>MM</b> 11:00 Theme Sensations  <b>V</b> 1:30 Afternoon Workout  <b>S</b> 2:00 Chefs Circle  <b>A</b> 3:00 Christmas Crafts  <b>M</b> 6:30 Resident/Family Christmas            Party w/ Donna Shaw</p>	<p><b>21 Winter Begins</b>  <b>V</b> 10:15 Chair Dancing  <b>MM</b> 11:00 Theme Sensations  <b>L</b> 1:00 Oil Painting Class w/ Bill            Pattison  <b>V</b> 1:15 Lets Go Walking  <b>O</b> 2:35 Holiday Travels  <b>K</b> 6:30 Candy Bar Bingo</p>	<p><b>22</b>  <b>I</b> 10:00 Mass  <b>K</b> 10:15 Daily News and Donuts  <b>S</b> 12:00 Taste of Town - D&amp;R BBQ  <b>V</b> 1:30 Balloon Volley  <b>MM</b> 2:15 Theme Sensations  <b>M</b> 3:00 Happy Hour w/ Jeff            Anderson</p>	<p><b>23</b>  <b>M</b> 10:00 Holiday Music and Hot            Chocolate  <b>K</b> 10:35 Christmas Movies  <b>K</b> 11:45 Brain Ticklers  <b>K</b> 2:00 Quarter Bingo  <b>S</b> 3:15 Bingo Auction</p>
<p><b>24</b>  <b>K</b> 10:00 Life Share Games  <b>K</b> 11:00 Holiday Puzzles  <b>A</b> 11:00 Colorama  <b>I</b> 2:30 Worship Services  <b>S</b> 3:35 Ice Cream Sundaes on            Sunday</p>	<p><b>25 Christmas Day</b>  <b>V</b> 10:15 Chair Dancing  <b>MM</b> 11:00 Theme Sensations  <b>K</b> 11:45 Dot -to dot  <b>K</b> 2:00 Quarter Bingo  <b>L</b> 3:30 Life Long Learning -</p>	<p><b>26 Kwanzaa Begins</b>  <b>V</b> 10:15 Lets Get Fit  <b>MM</b> 11:00 Theme Sensations  <b>K</b> 11:45 Tuesday Trivia  <b>S</b> 1:50 Red Hat Society Diamond            Divas Luncheon  <b>CC</b> 2:30 Creative Cooking  <b>K</b> 6:30 Quarter Bingo</p>	<p><b>27</b>  <b>V</b> 10:15 Dancing with Scarves  <b>MM</b> 11:00 Theme Sensations  <b>V</b> 1:30 Afternoon Workout  <b>S</b> 2:00 Chefs Circle  <b>S</b> 2:30 Resident Council  <b>A</b> 3:00 Holiday Crafts</p>	<p><b>28</b>  <b>V</b> 10:15 Chair Dancing  <b>MM</b> 11:00 Theme Sensations  <b>L</b> 1:00 Oil Painting Class w/ Bill            Pattison  <b>V</b> 1:15 Lets Go Walking  <b>O</b> 2:35 Holiday Travels  <b>K</b> 6:30 Candy Bar Bingo</p>	<p><b>29</b>  <b>I</b> 10:00 Mass  <b>K</b> 10:15 Daily News and Donuts  <b>V</b> 1:30 Balloon Volley  <b>MM</b> 2:15 Theme Sensations  <b>M</b> 3:00 Happy Hour w/ Roy Carter</p>	<p><b>30</b>  <b>M</b> 10:00 Holiday Music and Hot            Chocolate  <b>K</b> 10:35 Christmas Movies  <b>K</b> 11:45 Brain Ticklers  <b>K</b> 2:00 Quarter Bingo  <b>S</b> 3:15 Bingo Auction</p>
<p><b>31 New Year's Eve</b>  <b>K</b> 10:00 Life Share Games  <b>K</b> 11:00 December Trivia  <b>A</b> 11:00 Colorama  <b>I</b> 2:30 Worship Services  <b>S</b> 3:35 Hair Musical Comedy            Show</p>						

# December 2017

St. Mary Healthcare Legacy Lane Daily Rhythms Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans  <b>C</b> - Connections  <b>CC</b> - Creative Cooking  <b>I</b> - Inspirations  <b>K</b> - Keeping it Sharp  <b>L</b> - Lifelong Learning  <b>M</b> - Music to My Ears  <b>O</b> - Out &amp; About  <b>S</b> - Signature Events  <b>V</b> - Vitality</p>	<p>Every Morning (approx. times)            9:00 Get Up &amp; Go            9:30 Brain Ticklers            11:00 Creative Cooking</p>	<p>Every Afternoon (approx. times)            1:00 Reminisce            1:30 Creative Hands            2:30 Music Celebration            3:00 Group Games            3:30 Afternoon Pick Me Up</p>	<p>Every Evening (approx. times)            6:00 Gathering of Friends</p>	<p>Resident Birthdays:            Bessie A. 12/11            Cathy R. 12/31</p>	<p><b>1</b>  <b>V</b> Jogging in the Jungle  <b>K</b> Christmas Countdown!  <b>I</b> Mass  <b>CC</b> Fruited Jello            Rest &amp; Recharge  <b>C</b> Holiday Celebrations  <b>V</b> Balloon Volley  <b>A</b> Salt and Water Color Winter Scenes</p>	<p><b>2</b>  <b>V</b> 1,2,3,4.. Try Again  <b>K</b> Counting Cards for Christmas  <b>CC</b> Bake Muffins            Rest &amp; Recharge  <b>C</b> Animals &amp; Puppets  <b>A</b> Salt and Watercolor Winter Scenes  <b>M</b> Christmas Movie Sing A long!  <b>C</b> Let's Create A Story</p>
<p><b>3</b>  <b>V</b> Celebration of Life  <b>K</b> Spell It and Use It!  <b>CC</b> Bake Holiday Cookies            Rest &amp; Recharge  <b>C</b> Monday Moments  <b>A</b> Holiday Relief  <b>M</b> Alive and Inspired  <b>C</b> Let's Create A Story</p>	<p><b>4</b>  <b>V</b> Mindful Movements  <b>K</b> How Many Shopping Days Left?  <b>CC</b> Bake Muffins            Rest &amp; Recharge  <b>C</b> Monday Moments  <b>A</b> Painting with Scissors  <b>M</b> Name that Christmas Croon  <b>C</b> Let's Create A Story</p>	<p><b>5</b>  <b>V</b> Christmas Kitchen Moves  <b>K</b> Christmas Countdown Dice Roll  <b>CC</b> Texas Turkey Soup            Rest &amp; Recharge  <b>C</b> Inspired Tales of Winter  <b>A</b> Tie Holiday Wreath  <b>M</b> I Hear Music!  <b>C</b> Let's Create A Story</p>	<p><b>6</b>  <b>V</b> BallFit  <b>K</b> Unpack a Winter Bag  <b>CC</b> Bake Cake            Rest &amp; Recharge  <b>C</b> Jingle Loose A Memory  <b>A</b> Tie Holiday Wreath  <b>M</b> VCC Singers  <b>M</b> Get Up - Dance!</p>	<p><b>7</b>  <b>V</b> DanceFit  <b>K</b> Seasonal Treasures  <b>CC</b> Lemon Bread            Rest &amp; Recharge  <b>L</b> Oil Painting Class w/ Bill Pattison  <b>V</b> Lets Go Walking  <b>C</b> Holiday Celebrations  <b>A</b> Holiday Mystery Drawing</p>	<p><b>8</b>  <b>V</b> Jogging in the Jungle  <b>K</b> Christmas Countdown!  <b>I</b> Mass  <b>CC</b> Fruited Jello            Rest &amp; Recharge  <b>C</b> Holiday Celebrations  <b>V</b> Balloon Volley  <b>A</b> Ziploc Sensory Painting</p>	<p><b>9</b>  <b>V</b> 1,2,3,4.. Try Again  <b>K</b> Counting Cards for Christmas  <b>CC</b> Bake Muffins            Rest &amp; Recharge  <b>C</b> Animals &amp; Puppets  <b>A</b> Rain Stick  <b>M</b> Christmas Movie Sing A long!  <b>C</b> Let's Create A Story</p>
<p><b>10</b>  <b>V</b> Celebration of Life  <b>K</b> Spell It and Use It!  <b>CC</b> Bake Holiday Cookies  <b>S</b> Christmas Sunday Brunch            Rest &amp; Recharge  <b>C</b> Monday Moments  <b>A</b> Rain Stick  <b>M</b> Alive and Inspired</p>	<p><b>11</b>  <b>V</b> Mindful Movements  <b>K</b> How Many Shopping Days Left?  <b>CC</b> Holiday Brownies            Rest &amp; Recharge  <b>S</b> Holiday Glamour Shots w/ Via Quest  <b>C</b> Monday Moments  <b>A</b> Felt Christmas Trees  <b>M</b> Name that Christmas Croon</p>	<p><b>12</b>  <b>V</b> Christmas Kitchen Moves  <b>K</b> Christmas Countdown Dice Roll  <b>CC</b> Barley Turkey Soup  <b>S</b> Just the Guys Lunch            Rest &amp; Recharge  <b>C</b> Inspired Tales of Winter  <b>A</b> Aromatic Holiday Potpourri  <b>M</b> I Hear Music!</p>	<p><b>13</b> <b>Hanukkah Begins</b>  <b>V</b> BallFit  <b>K</b> Unpack a Winter Bag  <b>CC</b> Bake Cake            Rest &amp; Recharge  <b>C</b> Jingle Loose A Memory  <b>A</b> Holiday Memories Personal Collage  <b>M</b> Monthly Birthday Celebration w/ Kent Lane</p>	<p><b>14</b>  <b>V</b> DanceFit  <b>K</b> Seasonal Treasures  <b>CC</b> Poppy Seed Cheese Bread            Rest &amp; Recharge  <b>L</b> Oil Painting Class w/ Bill Pattison  <b>V</b> Lets Go Walking  <b>C</b> Holiday Celebrations  <b>A</b> Winter Hat Tree Ornaments</p>	<p><b>15</b>  <b>V</b> Jogging in the Jungle  <b>K</b> Christmas Countdown!  <b>I</b> Mass  <b>CC</b> Fruited Jello            Rest &amp; Recharge  <b>C</b> Holiday Celebrations  <b>V</b> Balloon Volley  <b>A</b> Cupcake Ornaments</p>	<p><b>16</b>  <b>V</b> 1,2,3,4.. Try Again  <b>K</b> Counting Cards for Christmas  <b>CC</b> Bake Muffins            Rest &amp; Recharge  <b>C</b> Animals &amp; Puppets  <b>A</b> UnWINEd Bottles  <b>M</b> Christmas Movie Sing A long!  <b>C</b> Let's Create A Story</p>
<p><b>17</b>  <b>V</b> Celebration of Life  <b>K</b> Spell It and Use It!  <b>CC</b> Bake Holiday Cookies            Rest &amp; Recharge  <b>C</b> Monday Moments  <b>A</b> Painting and Drawing to Music  <b>M</b> Alive and Inspired  <b>C</b> Let's Create A Story</p>	<p><b>18</b>  <b>V</b> Mindful Movements  <b>K</b> How Many Shopping Days Left?  <b>CC</b> Bake Muffins            Rest &amp; Recharge  <b>C</b> Monday Moments  <b>A</b> Glitter Pinecone Ornaments  <b>M</b> Name that Christmas Croon  <b>C</b> Let's Create A Story</p>	<p><b>19</b>  <b>V</b> Christmas Kitchen Moves  <b>K</b> Christmas Countdown Dice Roll  <b>CC</b> Crock Pot Bean Soup            Rest &amp; Recharge  <b>C</b> Inspired Tales of Winter  <b>A</b> Foil Art  <b>M</b> I Hear Music!  <b>C</b> Let's Create A Story</p>	<p><b>20</b>  <b>V</b> BallFit  <b>K</b> Unpack a Winter Bag  <b>CC</b> Bake Cake            Rest &amp; Recharge  <b>C</b> Jingle Loose A Memory  <b>A</b> Ball Abstraction  <b>M</b> Get Up - Dance!  <b>C</b> Let's Create A Story</p>	<p><b>21</b> <b>Winter Begins</b>  <b>V</b> DanceFit  <b>K</b> Seasonal Treasures  <b>CC</b> Gingerbread Loaf            Rest &amp; Recharge  <b>L</b> Oil Painting Class w/ Bill Pattison  <b>V</b> Lets Go Walking  <b>C</b> Holiday Celebrations  <b>A</b> Sensory Discovery Bottles</p>	<p><b>22</b>  <b>V</b> Jogging in the Jungle  <b>K</b> Christmas Countdown!  <b>I</b> Mass  <b>CC</b> Fruited Jello  <b>S</b> Taste of Town - D&amp;R BBQ            Rest &amp; Recharge  <b>C</b> Holiday Celebrations  <b>V</b> Balloon Volley</p>	<p><b>23</b>  <b>V</b> 1,2,3,4.. Try Again  <b>K</b> Counting Cards for Christmas  <b>CC</b> Bake Muffins            Rest &amp; Recharge  <b>C</b> Animals &amp; Puppets  <b>A</b> Holiday Cards  <b>M</b> Christmas Movie Sing A long!  <b>C</b> Let's Create A Story</p>
<p><b>24</b>  <b>V</b> Celebration of Life  <b>K</b> Twas the Night Before Christmas  <b>CC</b> Bake Holiday Cookies            Rest &amp; Recharge  <b>C</b> Monday Moments  <b>A</b> Felt Christmas Trees  <b>M</b> Alive and Inspired  <b>C</b> Let's Create A Story</p>	<p><b>25</b> <b>Christmas Day</b>  <b>V</b> Mindful Movements  <b>K</b> Christmas Day!  <b>CC</b> Bake and Decorate Sugar Cookies            Rest &amp; Recharge  <b>C</b> Monday Moments  <b>A</b> Bubblewrap Printmaking  <b>M</b> Name that Christmas Croon  <b>C</b> Let's Create A Story</p>	<p><b>26</b> <b>Kwanzaa Begins</b>  <b>V</b> Christmas Kitchen Moves  <b>K</b> 2018 Countdown Dice Roll  <b>CC</b> Creamy Tortellini Soup            Rest &amp; Recharge  <b>C</b> Inspired Tales of Winter  <b>S</b> Red Hat Society Diamond Divas Luncheon  <b>A</b> Sensory Texture Collage</p>	<p><b>27</b>  <b>V</b> BallFit  <b>K</b> Unpack a Winter Bag  <b>CC</b> Bake Cake            Rest &amp; Recharge  <b>C</b> Jingle Loose A Memory  <b>A</b> Warm/Cool Pastel Landscapes  <b>M</b> Get Up - Dance!  <b>C</b> Let's Create A Story</p>	<p><b>28</b>  <b>V</b> DanceFit  <b>K</b> Seasonal Treasures  <b>CC</b> Best Bread Machine Bread            Rest &amp; Recharge  <b>L</b> Oil Painting Class w/ Bill Pattison  <b>V</b> Lets Go Walking  <b>C</b> Holiday Celebrations  <b>A</b> Warm/Cool Pastel Collage</p>	<p><b>29</b>  <b>V</b> Jogging in the Jungle  <b>K</b> Bingo's Birthday!  <b>I</b> Mass  <b>CC</b> Fruited Jello            Rest &amp; Recharge  <b>C</b> Holiday Celebrations  <b>V</b> Balloon Volley  <b>A</b> Oil Pastel Resist</p>	<p><b>30</b>  <b>V</b> 1,2,3,4.. Try Again  <b>K</b> Counting Cards for 2018!  <b>CC</b> Bake Muffins            Rest &amp; Recharge  <b>C</b> Animals &amp; Puppets  <b>A</b> Looking toward the New Year Collage  <b>M</b> Christmas Movie Sing A long!</p>
<p><b>31</b> <b>New Year's Eve</b>  <b>V</b> Celebration of Life  <b>K</b> New Year Word Poem  <b>CC</b> Bake Holiday Cookies            Rest &amp; Recharge  <b>C</b> Monday Moments  <b>A</b> Relief Printmaking  <b>M</b> Alive and Inspired  <b>C</b> Christmas Time Slip</p>						