

St. Mary Healthcare Center
Activity Calendar

October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Creative Cooking GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>1 V 10:15 Senior Health and Fitness Class MM 11:00 Theme Sensations V 11:30 Ce Ce at the Piano V 1:30 Afternoon Workout K 2:30 Quarter Bingo L 3:30 Waltz Lessons</p>	<p>2 V 10:15 Senior Health and Fitness Class MM 11:00 Theme Sensations - Baby K 11:45 Tuesday Trivia V 1:30 Afternoon Workout CC 2:30 Creative Cooking S 3:30 Inspired Living Committee</p>	<p>3 V 10:15 Senior Health and Fitness Class MM 11:00 Theme Sensations V 1:30 Afternoon Workout S 2:00 Chefs Circle M 2:30 VCC Singers A 3:30 Artistic Flare</p>	<p>4 V 10:15 Senior Health and Fitness Class MM 11:00 Theme Sensations - Aroma Therapy A 1:00 Oil Painting Class w/ Bill Pattison V 1:15 Senior Walking Club O 2:35 Senior Scenic Travels</p>	<p>5 I 10:00 Mass K 10:15 Daily News and Donuts V 1:30 Balloon Volley MM 2:15 Theme Sensations - Aroma Therapy M 3:00 Happy Hour w/ Jerry Vernon</p>	<p>6 V 10:00 Morning Stretch K 10:30 Tea, Toast and Trivia MM 10:35 Theme Sensations GG 1:15 Table Games K 2:00 Quarter Bingo S 3:15 Bingo Auction</p>
<p>7 K 10:15 Theme Sensations - Aroma Therapy V 11:00 Morning Stretch GG 1:15 Table Games I 2:30 Worship Services S 3:35 Ice Cream Social</p>	<p>8 Columbus Day V 10:15 Senior Health and Fitness Class MM 11:00 Theme Sensations V 11:30 Ce Ce at the Piano V 1:30 Afternoon Workout K 2:30 Quarter Bingo L 3:30 Waltz Lessons</p>	<p>9 V 10:15 Senior Health and Fitness Class MM 11:00 Theme Sensations - Baby K 11:45 Tuesday Trivia CC 2:30 Creative Cooking K 6:30 Quarter Bingo</p>	<p>10 V 10:15 Senior Health and Fitness Class MM 11:00 Theme Sensations V 1:30 Afternoon Workout S 2:00 Chefs Circle A 3:30 Lala Pottery classes w/ Angela</p>	<p>11 V 10:15 Senior Health and Fitness Class MM 11:00 Theme Sensations - Aroma Therapy A 1:00 Oil Painting Class w/ Bill Pattison V 1:15 Senior Walking Club O 2:35 Senior Scenic Travels</p>	<p>12 I 10:00 Mass K 10:15 Daily News and Donuts V 1:30 Balloon Volley MM 2:15 Theme Sensations - Aroma Therapy M 3:00 Happy Hour w/ Donna Shaw</p>	<p>13 V 10:00 Morning Stretch K 10:30 Tea, Toast and Trivia MM 10:35 Theme Sensations GG 1:15 Table Games K 2:00 Quarter Bingo S 3:15 Bingo Auction</p>
<p>14 K 10:15 Theme Sensations - Aroma Therapy V 11:00 Sunday Brunch GG 1:15 Table Games I 2:30 Worship Services w/ Donna Shaw S 3:35 Ice Cream Social</p>	<p>15 V 10:15 Senior Health and Fitness Class MM 11:00 Theme Sensations V 11:30 Ce Ce at the Piano K 1:30 Movie Time - Beauty and the Beast Part 1 K 2:30 Quarter Bingo L 3:30 Waltz Lessons</p>	<p>16 V 10:15 Senior Health and Fitness Class MM 11:00 Theme Sensations - Baby K 11:45 Tuesday Trivia K 1:30 Movie Time - Beauty and the Beast Part 2 CC 2:30 Creative Cooking K 6:30 Quarter Bingo</p>	<p>17 V 10:15 Senior Health and Fitness Class MM 11:00 Theme Sensations V 1:30 Afternoon Workout S 2:00 Chefs Circle M 2:30 Monthly Birthday Bash w/ Kent A 3:30 Artistic Flare - Paint Your Own Tea Set</p>	<p>18 V 10:15 Senior Health and Fitness Class MM 11:00 Theme Sensations - Aroma Therapy A 1:00 Oil Painting Class w/ Bill Pattison V 1:15 Senior Walking Club O 2:35 Senior Scenic Travels S 5:00 Theme Dinner - Beauty</p>	<p>19 I 10:00 Mass K 10:15 Daily News and Donuts K 11:45 This was the Year V 1:30 Pass the Enchanted Rose MM 2:15 Theme Sensations - Aroma Therapy M 3:00 Happy Hour w/ Dan</p>	<p>20 V 10:00 Morning Stretch K 10:30 Tea, Toast and Trivia MM 10:35 Theme Sensations GG 1:15 Table Games K 2:00 Quarter Bingo S 3:15 Bingo Auction</p>
<p>21 K 10:15 Theme Sensations - Aroma Therapy V 11:00 Morning Stretch GG 1:15 Table Games I 2:30 Worship Services w/ Sue S 3:35 Ice Cream Social</p>	<p>22 V 10:15 Senior Health and Fitness Class MM 11:00 Theme Sensations V 11:30 Ce Ce at the Piano V 1:30 Afternoon Workout K 2:30 Quarter Bingo L 3:30 Waltz Lessons</p>	<p>23 V 10:15 Senior Health and Fitness Class MM 11:00 Theme Sensations - Baby K 11:45 Tuesday Trivia CC 2:30 Creative Cooking K 6:30 Quarter Bingo</p>	<p>24 M 10:30 Shirley at the Piano MM 11:30 Theme Sensations V 1:30 Afternoon Workout S 2:00 Chefs Circle 2:30 Resident Council A 3:30 Artistic Flare - Pumpkin Painting</p>	<p>25 V 10:15 Senior Health and Fitness Class MM 11:00 Theme Sensations - Aroma Therapy A 1:00 Oil Painting Class w/ Bill Pattison V 1:15 Senior Walking Club O 2:35 Senior Scenic Travels</p>	<p>26 I 10:00 Mass K 10:15 Daily News and Donuts V 1:30 Balloon Volley MM 2:15 Theme Sensations - Aroma Therapy M 3:00 Happy Hour w/ Surprise Guest</p>	<p>27 V 10:00 Morning Stretch K 10:30 Tea, Toast and Trivia MM 10:35 Theme Sensations GG 1:15 Table Games K 2:00 Quarter Bingo S 3:15 Bingo Auction</p>
<p>28 K 10:15 Theme Sensations - Aroma Therapy V 11:00 Morning Stretch GG 1:15 Table Games I 2:30 Worship Services w/ Pastor Darlene S 3:35 Ice Cream Social</p>	<p>29 V 10:15 Senior Health and Fitness Class MM 11:00 Theme Sensations V 11:30 Ce Ce at the Piano O 1:40 Lunch at MCL K 2:30 Quarter Bingo L 3:30 Waltz Lessons</p>	<p>30 V 10:15 Senior Health and Fitness Class MM 11:00 Theme Sensations - Baby K 11:45 Tuesday Trivia V 1:30 Afternoon Workout CC 2:30 Creative Cooking 6:30 Haunted House and Trick or Treat</p>	<p>31 Halloween V 10:15 Senior Health and Fitness Class MM 11:00 Theme Sensations V 1:30 Afternoon Workout M 2:00 Halloween Party A 3:30 Artistic Flare</p>	<p>Ombudsman: Andrea Smothers (765) 423-5327 Theme of the Month - Beauty and the Beast Activities may change date and/or location due to unforeseen circumstances. Please watch Life Share for announcements and updates!</p>	<p>Resident Mail is delivered Monday - Saturday to resident rooms. The Life Enrichment team would be happy to assist with outgoing mail, or it can be taken to the front office during regular business hours.</p>	<p>Resident Birthdays: Connie A. - 10/13 Helen S. - 10/15 Bernice M. - 10/18 Shirley L. - 10/25 Barb H. - 10/28</p>

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<p>A - Artisans CC - Creative Cooking GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>1</p> <p>V Basketball K Create a Caption CC Mixed Fresh Fruit Relax & Recharge A Fall Sensory Collage M Workin' Songs GG Roll the Dice & Break the Ice Healthy Hands GG Charades</p>	<p>2</p> <p>V Foam BallFit K Sentence Story CC Pumpkin Streusel Relax & Recharge A Paint and Draw to Music M Let's Dance GG Lollipop Paddle Healthy Hands GG Mathematic Mavens</p>	<p>3</p> <p>V Balloon Battle K Fall's Common Place CC Bake Cupcakes Relax & Recharge A Stained Glass Painting M VCC Singers M Pass the Beat GG Animal Bingo Healthy Hands</p>	<p>4</p> <p>V Enchanted Rose Pass K Autumn Word Poem CC Apple Pie Oatmeal Dessert CC Fruited Jello Relax & Recharge V Senior Walking Club A Fall Shaving Cream Marbling I Worship Services - HC O Senior Scenic Travels</p>	<p>5</p> <p>V Parachute Games K Hang the Great Pumpkin I Mass CC Bake Cookies Relax & Recharge V Balloon Volley A Colorful Fall Sponge Art M Happy Hour w/ Jerry Vernon GG What's in the Bag</p>	<p>6</p> <p>V A Flex-Kick Saturday K Football Frenzy CC Bake Cake Relax & Recharge A Paint and Draw to Music M Game Day GG Image Snap Healthy Hands GG Inspirational Coloring</p>
<p>7</p> <p>V The Scientific 7 Workout K Turn Over CC Bake Muffins Relax & Recharge A Personal Collage I Worship Services - HC M October GG Turkey Toss Healthy Hands</p>	<p>8 Columbus Day</p> <p>V Basketball K Create a Caption CC Saurkraut Sausage Soup Relax & Recharge A Sensory Discovery Bottles M Workin' Songs GG Roll the Dice & Break the Ice Healthy Hands GG Charades</p>	<p>9</p> <p>V Foam BallFit K Sentence Story CC Cappuccino Muffins Relax & Recharge A Paint and Draw to Music M Let's Dance GG Lollipop Paddle Healthy Hands GG Mathematic Mavens</p>	<p>10</p> <p>V Balloon Battle K Fall's Common Place CC Bake Cupcakes Relax & Recharge A Stained Glass Painting M Pass the Beat GG Animal Bingo Healthy Hands GG Fireside Chats</p>	<p>11</p> <p>V Enchanted Rose Pass K Autumn Word Poem CC Fruited Jello Relax & Recharge V Senior Walking Club A Fall Cloth Tie Wreath I Worship Services - HC O Senior Scenic Travels M Float With Me</p>	<p>12</p> <p>V Parachute Games K Hang the Great Pumpkin I Mass CC Bake Cookies Relax & Recharge V Balloon Volley A Tissue Paper Leaves M Happy Hour w/ Donna Shaw GG What's in the Bag</p>	<p>13</p> <p>V A Flex-Kick Saturday K Football Frenzy CC Bake Cake Relax & Recharge A Paint and Draw to Music M Game Day GG Image Snap Healthy Hands GG Inspirational Coloring</p>
<p>14</p> <p>V The Scientific 7 Workout K Turn Over CC Bake Muffins V Sunday Brunch Relax & Recharge A Tissue Paper Flowers I Worship Services - HC M October GG Turkey Toss</p>	<p>15</p> <p>V Basketball K Create a Caption CC Hash Brown Soup Relax & Recharge A Fall Salt Dough Ornaments M Workin' Songs GG Roll the Dice & Break the Ice Healthy Hands GG Charades</p>	<p>16</p> <p>V Foam BallFit K Sentence Story CC Apple Streusel Muffins Relax & Recharge A Paint and Draw to Music M Let's Dance GG Lollipop Paddle Healthy Hands GG Mathematic Mavens</p>	<p>17</p> <p>V Balloon Battle K Fall's Common Place CC Bake Cupcakes Relax & Recharge A Stamped Pumpkin Placemat M Pass the Beat GG Animal Bingo Healthy Hands GG Fireside Chats</p>	<p>18</p> <p>V Enchanted Rose Pass K Autumn Word Poem CC Fruited Jello Relax & Recharge V Senior Walking Club A Dried Orange Gargland I Worship Services - HC O Senior Scenic Travels M Be Our Guest Tea Party</p>	<p>19</p> <p>V Parachute Games K Hang the Great Pumpkin I Mass CC Bake Cookies Relax & Recharge V Balloon Volley A Pumpkin Rocks M Happy Hour w/ Dan GG What's in the Bag</p>	<p>20</p> <p>V A Flex-Kick Saturday K Football Frenzy CC Bake Cake Relax & Recharge A Paint and Draw to Music M Game Day GG Image Snap Healthy Hands GG Inspirational Coloring</p>
<p>21</p> <p>V The Scientific 7 Workout K Turn Over CC Bake Muffins Relax & Recharge A Painting with Tissue Paper I Worship Services - HC M October GG Turkey Toss Healthy Hands</p>	<p>22</p> <p>V Basketball K Create a Caption CC Vegetable Barley Soup Relax & Recharge A Sun Printing Art M Workin' Songs GG Roll the Dice & Break the Ice Healthy Hands GG Charades</p>	<p>23</p> <p>V Foam BallFit K Sentence Story CC Banana Chip Muffins Relax & Recharge A Paint and Draw to Music M Let's Dance GG Lollipop Paddle Healthy Hands GG Mathematic Mavens</p>	<p>24</p> <p>V Balloon Battle K Fall's Common Place CC Bake Cupcakes Relax & Recharge A Sensory Texture Collage M Pass the Beat GG Animal Bingo Healthy Hands GG Fireside Chats</p>	<p>25</p> <p>V Enchanted Rose Pass K Autumn Word Poem CC Fruited Jello Relax & Recharge V Senior Walking Club A Sensory Spice Painting I Worship Services - HC O Senior Scenic Travels M Float With Me</p>	<p>26</p> <p>V Parachute Games K Hang the Great Pumpkin I Mass CC Butterscotch Bread Pudding CC Bake Cookies Relax & Recharge V Balloon Volley A Foil Relief Art M Happy Hour w/ Surprise Guest</p>	<p>27</p> <p>V A Flex-Kick Saturday K Football Frenzy CC Bake Cake Relax & Recharge A Paint and Draw to Music M Game Day GG Image Snap Healthy Hands GG Inspirational Coloring</p>
<p>28</p> <p>V The Scientific 7 Workout K Turn Over CC Bake Muffins Relax & Recharge A Complete the Picture I Worship Services - HC M October GG Turkey Toss Healthy Hands</p>	<p>29</p> <p>V Basketball K Create a Caption CC Tomato Soup Relax & Recharge A Salty Sand Art M Workin' Songs GG Roll the Dice & Break the Ice Healthy Hands GG Charades</p>	<p>30</p> <p>V Foam BallFit K Sentence Story CC Halloween Brownie Pizza Relax & Recharge A Paint and Draw to Music M Let's Dance GG Lollipop Paddle Healthy Hands GG Mathematic Mavens</p>	<p>31 Halloween</p> <p>V Balloon Battle K Halloween Prompts CC Halloween Crunch Relax & Recharge A Wine Cork Pumpkins M Halloween Party GG Pass the Beat GG Animal Bingo Healthy Hands</p>	<p>Every Morning (approx. times) 9:00 Get Up & Go 9:30 Brain Ticklers 11:00 Creative Cooking</p>	<p>Every Afternoon (approx. times) 1:00 Reminisce 1:30 Creative Hands 2:30 Music Celebration 3:00 Group Games 3:30 Afternoon Pick Me Up</p>	<p>Every Evening (approx. times) 6:00 Gathering of Friends</p> <p>Key Code: HC - Health Center</p>