

# January 2019

Life Enrichment-Assisted Living  
St. Elizabeth Healthcare Center



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>CC</b> - Community Connections <b>CC</b> - Creative Cooking <b>G</b> - Generations <b>GC</b> - Group Games <b>I</b> - Inspirations <b>JG</b> - Just the Guys <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>M</b> - Music to My Ears <b>O</b> - Out &amp; About</p>	<p>B-Bistro L-Lobby DR-Dining Room HCDR-Healthcare Dining Room AR-Healthcare Activity Room CH-Chapel</p>	<p><b>1</b> <b>New Year's Day</b> <b>V 10:00</b> Exercise Class-HCDR <b>K 10:30</b> Funny New Year's Resolutions &amp; Jokes-HCDR <b>K 10:45</b> New Year's Fortunes-HCDR <b>K 1:30</b> Happy New Year Around the World-AR <b>A 2:30</b> 2019 Door Burst-AR</p>	<p><b>2</b> <b>V 10:00</b> Exercise Class-HCDR <b>K 10:30</b> January Easy Does It Trivia-HCDR <b>O 1:30</b> Walmart Shopping-FR <b>A 2:00</b> Bookmarks-AR <b>M 3:00</b> Name that Tune-AR <b>K 6:00</b> Point Bingo-AR</p>	<p><b>3</b> <b>V 10:00</b> Exercise Class-HCDR <b>S 10:30</b> IL Calendar Planning-B <b>CC 1:00</b> Nails with Kathy-AR <b>L 2:00</b> LLL with Franklin-AR <b>K 2:30</b> Point Bingo w/Kathy-HCDR <b>CC 7:30</b> Bunco Girls-RD</p>	<p><b>4</b> <b>V 10:00</b> Exercise Class-HCDR <b>K 1:30</b> January IQ-AR <b>M 3:00</b> Happy Hour- HCDR</p>	<p><b>5</b> <b>V 10:00</b> Exercise Class-HCDR <b>K 10:30</b> The Monthly Gazette-HCDR <b>K 1:30</b> A First Time for Everything-HCDR <b>K 2:00</b> Point Bingo-HCDR</p>
<p><b>6</b> <b>V 10:00</b> Exercise Class-HCDR <b>V 10:30</b> Balloon Exercises-HCDR <b>I 11:00</b> Bible Study w/Alice-AR <b>CC 2:00</b> Cooking Class-AR <b>M 3:00</b> Piano with Shirley Robertson-HCDR</p>	<p><b>7</b> <b>V 10:00</b> Exercise Class-HCDR <b>V 10:15</b> Get Fit w/ Amber B.-HCDR <b>O 1:30</b> Fun at White Oaks-FR <b>K 2:00</b> Frost Categories-AR <b>K 3:00</b> Point Bingo-HCDR <b>A 6:00</b> Paint By Number-AR</p>	<p><b>8</b> <b>S 10:00</b> Chef's Circle-B <b>V 10:00</b> Exercise Class-HCDR <b>S 10:15</b> Brain Fit-B <b>I 10:45</b> Lockport Church-CH <b>G 1:30</b> Dilling 3rd grade class-L <b>CC 1:45</b> Zoo Visit-L <b>A 3:30</b> Art Class with Arlene-AR</p>	<p><b>9</b> <b>V 10:00</b> Exercise Class-HCDR <b>K 10:30</b> What Am I?-HCDR <b>O 11:30</b> Church Lunch &amp; Bingo-FR <b>M 1:30</b> Name That Tune-AR <b>K 2:30</b> LifeShare Games-AR <b>L 3:30</b> The Zebra Plant &amp; Pot-AR <b>K 6:00</b> Point Bingo-AR</p>	<p><b>10</b> <b>V 10:00</b> Exercise Class-HCDR <b>S 10:30</b> Resident Council Meeting-B <b>S 12:00</b> Taste of the Town- DR <b>CC 1:00</b> Nails with Kathy-AR <b>K 2:30</b> Point Bingo w/Kathy-HCDR</p>	<p><b>11</b> <b>V 10:00</b> Exercise Class-HCDR <b>O 1:30</b> Scenic Drive-FR <b>M 3:00</b> Happy Hour with Chad Collyer- HCDR</p>	<p><b>12</b> <b>V 10:00</b> Exercise Class-HCDR <b>K 10:30</b> Breakfast Scramble-HCDR <b>K 1:30</b> First Categories-HCDR <b>K 2:00</b> Point Bingo- HCDR</p>
<p><b>13</b> <b>V 10:00</b> Exercise Class-HCDR <b>V 10:30</b> Ring Toss-HCDR <b>I 11:00</b> Bible Study w/Alice-AR <b>CC 2:00</b> Cooking Class-AR <b>I 4:00</b> Lockport Church-CH</p>	<p><b>14</b> <b>V 10:00</b> Exercise Class-HCDR <b>K 10:30</b> Random Trivia-HCDR <b>O 1:30</b> Afternoon Drive-FR <b>K 2:00</b> Cards and Games-AR <b>K 3:00</b> Point Bingo-HCDR <b>M 7:00</b> Cutler Band-HCDR</p>	<p><b>15</b> <b>S 10:00</b> Chef's Circle-B <b>V 10:00</b> Exercise Class-HCDR <b>S 10:15</b> Brain Fit-B <b>K 10:30</b> Eat, Wear, or Drive?-HCDR <b>GC 2:00</b> Fun and Games with White Oaks-AR <b>A 3:30</b> Art Class with Arlene-AR</p>	<p><b>16</b> <b>V 10:00</b> Exercise Class-HCDR <b>K 10:30</b> Teams Categories-HCDR <b>JG 11:30</b> Men's Lunch Outing-FR <b>L 1:30</b> Star of the Month-Oprah Winfrey-AR <b>A 2:30</b> Bubble Wrap Art-AR <b>K 6:00</b> Point Bingo-AR <b>M 7:00</b> Mennonite's Perform-</p>	<p><b>17</b> <b>V 10:00</b> Exercise Class-HCDR <b>CC 1:00</b> Nails with Kathy-AR <b>K 2:30</b> Point Bingo w/Kathy-HCDR</p>	<p><b>18</b> <b>V 10:00</b> Exercise Class-HCDR <b>V 10:30</b> Parachute Fun-HCDR <b>A 1:30</b> Dot-to-dot-AR <b>M 3:00</b> Happy Hour with Sam Piercy- HCDR</p>	<p><b>19</b> <b>V 10:00</b> Exercise Class-HCDR <b>K 10:30</b> Begin Categories-HCDR <b>K 1:30</b> Who Made Us Laugh?-HCDR <b>K 2:00</b> Prize Bingo-HCDR</p>
<p><b>20</b> <b>V 10:00</b> Exercise Class-HCDR <b>V 10:30</b> Ball Toss-HCDR <b>I 11:00</b> Bible Study w/Alice-AR <b>S 11:30</b> Sunday Brunch-DR <b>I 2:00</b> Bible Study w/Alice-AR <b>CC 2:00</b> Cooking Class-AR <b>M 3:30</b> DUMC Wesley Weds Sunday School Class-HCDR</p>	<p><b>21</b> <b>Martin Luther King Day</b> <b>V 10:00</b> Exercise Class-HCDR <b>K 10:30</b> MLK Jr. Quotes-HCDR <b>O 1:30</b> Dollar Tree Shopping-FR <b>L 2:00</b> MLK Jr. History-AR <b>K 3:00</b> Point Bingo-HCDR <b>A 6:00</b> Coloring-AR</p>	<p><b>22</b> <b>S 10:00</b> Chef's Circle-B <b>V 10:00</b> Exercise Class-HCDR <b>S 10:15</b> Brain Fit-B <b>I 10:45</b> Lockport Church- CH <b>G 1:30</b> Kahler 3rd grade class-HCDR <b>A 3:30</b> Art Class with Arlene-AR</p>	<p><b>23</b> <b>V 10:00</b> Exercise Class-HCDR <b>K 10:30</b> Remembering Bubble Songs-HCDR <b>O 11:30</b> Lunch at Stone House-FR <b>M 1:30</b> Name that Tune-AR <b>K 2:30</b> Don't Burst My Bubble-AR <b>K 6:00</b> Point Bingo-AR</p>	<p><b>24</b> <b>V 10:00</b> Exercise Class-HCDR <b>CC 1:00</b> Nails with Kathy-AR <b>K 2:30</b> Point Bingo w/Kathy-HCDR</p>	<p><b>25</b> <b>V 10:00</b> Exercise Class-HCDR <b>I 10:30</b> Pilates with Cheryl-HCDR <b>O 1:30</b> Scenic Drive-FR <b>M 3:00</b> Happy Hour with Ashley Meece- HCDR</p>	<p><b>26</b> <b>V 10:00</b> Exercise Class-HCDR <b>V 10:30</b> Noodle Ball-HCDR <b>K 1:30</b> Prune Categories-HCDR <b>K 2:00</b> Candy Bingo- HCDR</p>
<p><b>27</b> <b>V 10:00</b> Exercise Class-HCDR <b>I 10:30</b> Daily Assurances-HCDR <b>I 11:00</b> Bible Study w/Alice-AR <b>CC 2:00</b> Cooking Class-AR <b>M 3:00</b> Piano with James-HCDR</p>	<p><b>28</b> <b>V 10:00</b> Exercise Class-HCDR <b>K 10:30</b> What's Wrong with this Picture?-HCDR <b>A 1:30</b> Burton Morris Pop Art-AR <b>O 1:30</b> Shopping at Target-FR <b>K 3:00</b> Point Bingo-HCDR <b>JG 6:00</b> Just the Guys-Hobbies Trivia-AR</p>	<p><b>29</b> <b>S 10:00</b> Chef's Circle-B <b>V 10:00</b> Exercise Class-HCDR <b>S 10:15</b> Brain Fit-B <b>K 10:30</b> Jeopardy Trivia-HCDR <b>G 1:30</b> Adams 3rd grade class-HCDR <b>A 3:30</b> Art Class with Arlene-AR</p>	<p><b>30</b> <b>V 10:00</b> Exercise Class-HCDR <b>K 10:30</b> Category Trivia-HCDR <b>O 1:30</b> Afternoon Drive-FR <b>M 2:00</b> Name That Tune-AR <b>L 3:00</b> History of the Bath-AR <b>K 6:00</b> Point Bingo-AR</p>	<p><b>31</b> <b>V 10:00</b> Exercise Class-HCDR <b>CC 1:00</b> Nails with Kathy-AR <b>K 2:30</b> Point Bingo w/Kathy-HCDR</p>	<p>Area IV Agency on Aging 1-800-382-7581 Ombudsman: Andrea Smothers Medicare/Medicaid information located in the main hallway on the wall. State Survey results located in binder in Healthcare Activity Room. Calendar Subject To Change.</p>	<p>Theme of the month: Sparkling Wishes  Taste of the Town: 01/10-The Dock  Mass held daily. Times are posted on the Chapel door.</p>

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<p><b>6</b> <b>V 10:00</b> Exercise Class-DR <b>V 10:30</b> Balloon Exercises-DR <b>I 11:00</b> Bible Study w/Alice-AR <b>MM 11:30</b> Mindful Moments-RD <b>CC 2:00</b> Cooking Class-AR <b>M 3:00</b> Piano with Shirley Robertson-DR</p>	<p><b>7</b> <b>V 10:00</b> Exercise Class-DR <b>V 10:15</b> Get Fit w/ Amber B.-DR <b>MM 11:30</b> Mindful Moments-RD <b>O 1:30</b> Fun at White Oaks-FR <b>K 2:00</b> Frost Categories-AR <b>K 3:00</b> Point Bingo-DR <b>A 6:00</b> Paint By Number-AR</p>	<p><b>8</b> <b>V 10:00</b> Exercise Class-DR <b>I 10:45</b> Lockport Church-CH <b>MM 11:30</b> Mindful Moments-RD <b>G 1:30</b> Dilling 3rd grade class-L <b>CC 1:45</b> Zoo Visit-L <b>A 3:30</b> Art Class with Arlene-AR</p>	<p><b>9</b> <b>K 7:00</b> Finish Phrase w/Sarah- <b>V 10:00</b> Exercise Class-DR <b>K 10:30</b> What Am I?-DR <b>O 11:30</b> Church Lunch &amp; Bingo- <b>MM 11:30</b> Mindful Moments-RD <b>M 1:30</b> Name That Tune-AR <b>K 2:30</b> LifeShare Games-AR <b>L 3:30</b> The Zebra Plant &amp; Pot- <b>K 6:00</b> Point Bingo-AR</p>	<p><b>10</b> <b>V 10:00</b> Exercise Class-DR <b>S 10:30</b> Chefs Circle -DR <b>MM 11:30</b> Mindful Moments-RD <b>S 12:00</b> Taste of the Town- DR <b>CC 1:00</b> Nails with Kathy-AR <b>K 2:30</b> Point Bingo w/Kathy-DR</p>	<p><b>11</b> <b>V 10:00</b> Exercise Class-DR <b>S 10:45</b> Resident Council-AR <b>MM 11:30</b> Mindful Moments-RD <b>O 1:30</b> Scenic Drive-FR <b>M 3:00</b> Happy Hour with Chad Collyer- DR</p>	<p><b>12</b> <b>V 10:00</b> Exercise Class-DR <b>K 10:30</b> Breakfast Scramble-DR <b>MM 11:30</b> Mindful Moments-RD <b>K 1:30</b> First Categories-DR <b>K 2:00</b> Point Bingo- DR</p>
<p><b>13</b> <b>V 10:00</b> Exercise Class-DR <b>V 10:30</b> Ring Toss-DR <b>I 11:00</b> Bible Study w/Alice-AR <b>MM 11:30</b> Mindful Moments-RD <b>CC 2:00</b> Cooking Class-AR <b>I 4:00</b> Lockport Church-CH</p>	<p><b>14</b> <b>V 10:00</b> Exercise Class-DR <b>K 10:30</b> Random Trivia-DR <b>MM 11:30</b> Mindful Moments-RD <b>O 1:30</b> Afternoon Drive-FR <b>K 2:00</b> Cards and Games-AR <b>K 3:00</b> Point Bingo-DR <b>M 7:00</b> Cutler Band-DR</p>	<p><b>15</b> <b>V 10:00</b> Exercise Class-DR <b>K 10:30</b> Eat, Wear, or Drive?-DR <b>MM 11:30</b> Mindful Moments-RD <b>GC 2:00</b> Fun and Games with White Oaks-AR <b>A 3:30</b> Art Class with Arlene-AR</p>	<p><b>16</b> <b>V 10:00</b> Exercise Class-DR <b>K 10:30</b> Teams Categories-DR <b>JG 11:30</b> Men's Lunch Outing-FR <b>MM 11:30</b> Mindful Moments-RD <b>L 1:30</b> Star of the Month-Oprah Winfrey-AR <b>A 2:30</b> Bubble Wrap Art-AR <b>M 7:00</b> Mennonite's Perform-DR</p>	<p><b>17</b> <b>V 10:00</b> Exercise Class-DR <b>S 10:30</b> Chefs Circle -DR <b>MM 11:30</b> Mindful Moments-RD <b>CC 1:00</b> Nails with Kathy-AR <b>K 2:30</b> Point Bingo w/Kathy-DR</p>	<p><b>18</b> <b>V 10:00</b> Exercise Class-DR <b>V 10:30</b> Parachute Fun-DR <b>MM 11:30</b> Mindful Moments-RD <b>A 1:30</b> Dot-to-dot-AR <b>M 3:00</b> Happy Hour with Sam Piercy- DR</p>	<p><b>19</b> <b>V 10:00</b> Exercise Class-DR <b>K 10:30</b> Begin Categories-DR <b>MM 11:30</b> Mindful Moments-RD <b>K 1:30</b> Who Made Us Laugh?-DR <b>K 2:00</b> Prize Bingo-DR</p>
<p><b>20</b> <b>V 10:00</b> Exercise Class-DR <b>V 10:30</b> Ball Toss-DR <b>S 11:30</b> Sunday Brunch-DR <b>MM 11:30</b> Mindful Moments-RD <b>I 2:00</b> Bible Study w/Alice-AR <b>M 3:30</b> DUMC Wesley Weds Sunday School Class-DR</p>	<p><b>21</b> <b>Martin Luther King Day</b> <b>V 10:00</b> Exercise Class-DR <b>K 10:30</b> MLK Jr. Quotes-DR <b>MM 11:30</b> Mindful Moments-RD <b>O 1:30</b> Dollar Tree Shopping-FR <b>L 2:00</b> MLK Jr. History-AR <b>K 3:00</b> Point Bingo-DR <b>A 6:00</b> Coloring-AR</p>	<p><b>22</b> <b>V 10:00</b> Exercise Class-DR <b>I 10:45</b> Lockport Church- CH <b>MM 11:30</b> Mindful Moments-RD <b>G 1:30</b> Kahler 3rd grade class-DR <b>A 3:30</b> Art Class with Arlene-AR</p>	<p><b>23</b> <b>V 10:00</b> Exercise Class-DR <b>K 10:30</b> Remembering Bubble Songs-DR <b>O 11:30</b> Lunch at Stone House- <b>MM 11:30</b> Mindful Moments-RD <b>M 1:30</b> Name that Tune-AR <b>K 2:30</b> Don't Burst My Bubble-AR <b>K 6:00</b> Point Bingo-AR</p>	<p><b>24</b> <b>V 10:00</b> Exercise Class-DR <b>S 10:30</b> Chefs Circle -DR <b>MM 11:30</b> Mindful Moments-RD <b>CC 1:00</b> Nails with Kathy-AR <b>K 2:30</b> Point Bingo w/Kathy-DR</p>	<p><b>25</b> <b>V 10:00</b> Exercise Class-DR <b>I 10:30</b> Pilates with Cheryl-DR <b>MM 11:30</b> Mindful Moments-RD <b>O 1:30</b> Scenic Drive-FR <b>M 3:00</b> Happy Hour with Ashley Meece- DR</p>	<p><b>26</b> <b>V 10:00</b> Exercise Class-DR <b>V 10:30</b> Noodle Ball-DR <b>MM 11:30</b> Mindful Moments-RD <b>K 1:30</b> Prune Categories-DR <b>K 2:00</b> Candy Bingo- DR</p>
<p><b>27</b> <b>V 10:00</b> Exercise Class-DR <b>I 10:30</b> Daily Assurances-DR <b>I 11:00</b> Bible Study w/Alice-AR <b>MM 11:30</b> Mindful Moments-RD <b>CC 2:00</b> Cooking Class-AR <b>M 3:00</b> Piano with James-DR</p>	<p><b>28</b> <b>V 10:00</b> Exercise Class-DR <b>K 10:30</b> What's Wrong with this Picture?-DR <b>MM 11:30</b> Mindful Moments-RD <b>A 1:30</b> Burton Morris Pop Art- <b>O 1:30</b> Shopping at Target-FR <b>K 3:00</b> Point Bingo-DR <b>JG 6:00</b> Just the Guys-Hobbies Trivia-AR</p>	<p><b>29</b> <b>V 10:00</b> Exercise Class-DR <b>K 10:30</b> Jeopardy Trivia-DR <b>MM 11:30</b> Mindful Moments-RD <b>G 1:30</b> Adams 3rd grade class-DR <b>A 3:30</b> Art Class with Arlene-AR</p>	<p><b>30</b> <b>V 10:00</b> Exercise Class-DR <b>K 10:30</b> Category Trivia-DR <b>MM 11:30</b> Mindful Moments-RD <b>O 1:30</b> Afternoon Drive-FR <b>M 2:00</b> Name That Tune-AR <b>L 3:00</b> History of the Bath-AR <b>K 6:00</b> Point Bingo-AR</p>	<p><b>31</b> <b>V 10:00</b> Exercise Class-DR <b>S 10:30</b> Chefs Circle -DR <b>MM 11:30</b> Mindful Moments-RD <b>CC 1:00</b> Nails with Kathy-AR <b>K 2:30</b> Point Bingo w/Kathy-DR</p>	<p>Theme of the Month: Sparkling Wishes  Taste of the Town: 01/10-The Dock  Mass held daily. Times are posted on Chapel door.</p>	<p>Happy Birthday too: 01/04 Marjorie A. 01/05 Eleanor Z. 01/13 Pollie P. 01/14 Mary I. 01/24 Jane P. 01/25 Carolyn Sue A. 01/31 Byron B.</p>