

# November 2018

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday  |
|--|---|--|---|--|---|---|
| <p><b>A</b> - Artisans<br/><b>CC</b> - Community Connections<br/><b>G</b> - Gathering of Friends<br/><b>I</b> - Inspirations<br/><b>K</b> - Keeping it Sharp/Reminisce<br/><b>L</b> - Lifelong Learning<br/><b>M</b> - Music to My Ears<br/><b>O</b> - Out &amp; About<br/><b>S</b> - Signature Events<br/><b>V</b> - Vitality</p> | <p>1 - Assisted Living Activity Room<br/>2 - Riley Lounge<br/>3 - Health Center Activity Room<br/>4 - Health Center Dining Room<br/>6 - Assisted Living Dining Room</p> <p>The number by the activity indicates the location of the activity.</p>   | <p>Calendar is subject to Change.</p>  | <p>* We Now Offer Professional Massage Therapy! Sign Up Now! Ask a Life Enrichment Team Member for More Information.</p>  | <p><b>1</b><br/><b>V 9:15</b> BalanceFit Exercise - 6<br/><b>M 10:15</b> Bell Choir Practice - 1<br/><b>M 2:30</b> Susie Grelle Interactive Music-2<br/><b>L 6:00</b> Lifelong Learning-Who Am I?-2</p>        | <p><b>2</b><br/><b>V 9:15</b> Noodle Balloon Exercise - 6<br/><b>O 10:15</b> Bus Ride - Seek &amp; Find<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>M 3:00</b> Happy Hour - 7</p>  | <p><b>3</b><br/><b>V 9:15</b> Noodle Balloon Exercise - 6<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>K 2:00</b> Bingo - 6<br/><b>K 3:00</b> Euchre Club - 1</p>   |
| <p><b>4 Daylight Savings Ends</b></p> <p><b>V 9:15</b> Body in Motion Exercise - 6<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>I 2:00</b> Worship w/Bible Calvary Methodist Church<br/><b>K 3:00</b> Euchre Club - 1</p>  | <p><b>5</b><br/><b>V 9:15</b> Body in Motion Exercise &amp; Trivia- 6<br/><b>A 10:15</b> Creative Painting - 1<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>S 2:00</b> Resident Council Mtg.- 1<br/><b>I 2:30</b> Inspired Living Committee-1<br/><b>V 3:30</b> Walking Club w/Mary</p> | <p><b>6 Election Day</b></p> <p><b>V 9:15</b> BalanceFit Exercise - 6<br/><b>G 10:15</b> Just The Guys Games - 1<br/><b>K 2:00</b> Bingo - 4<br/><b>G 3:00</b> Bingo Shopping - 1<br/><b>K 6:00</b> LifeShare Games-1</p>                  | <p><b>7</b><br/><b>V 9:15</b> Noodle Balloon Exercise - 6<br/><b>O 10:30</b> Goodwill Shopping<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>K 3:00</b> Euchre Club -1</p>   | <p><b>8</b><br/><b>V 9:15</b> BalanceFit Exercise - 6<br/><b>M 10:30</b> Music w/ Dulcimers - 2<br/><b>A 2:00</b> Fall Picture Art - 1<br/><b>M 6:00</b> Singing Silvers - 2</p>                               | <p><b>9</b><br/><b>V 9:15</b> Noodle Balloon Exercise - 6<br/><b>O 10:15</b> Ride through Fortville<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>M 1:30</b> Singfit - 1<br/><b>M 3:00</b> Happy Hour w/ Bill Roth Music- 2</p>            | <p><b>10</b><br/><b>V 9:15</b> Noodle Balloon Exercise - 6<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>K 2:00</b> Bingo - 6<br/><b>K 3:00</b> Euchre Club - 1</p>  |
| <p><b>11 Veterans Day</b></p> <p><b>V 9:15</b> Body in Motion Exercise - 6<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>I 2:00</b> Worship w/Knightstown United Methodist Youth Group - 4<br/><b>K 3:00</b> Euchre Club - 1</p>  | <p><b>12</b><br/><b>V 9:15</b> Body in Motion Exercise &amp; Trivia- 6<br/><b>A 10:15</b> Creative Painting - 1<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>S 2:00</b> Chef Circle-1<br/><b>V 3:30</b> Walking Club w/Mary</p>   | <p><b>13</b><br/><b>V 9:15</b> BalanceFit Exercise - 6<br/><b>V 10:15</b> Turkey Shoot - 1<br/><b>K 2:00</b> Bingo With Beth-4<br/><b>G 3:00</b> Bingo Shopping - 1<br/><b>I 6:00</b> Inspirational Video w/ Terry &amp; Lynn - 3</p>      | <p><b>14</b><br/><b>V 9:15</b> Noodle Balloon Exercise - 6<br/><b>V 9:30</b> Tai-Chi Exercise w/Chris - 2<br/><b>O 10:30</b> Dollar General Shopping<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>CC 1:45</b> Master Gardeners Presents "All About Beavers" - 1</p> | <p><b>15</b><br/><b>V 9:15</b> BalanceFit Exercise - 6<br/><b>M 10:15</b> Bell Choir Practice - 1<br/><b>A 2:00</b> Turkey Zen Doodle Art- 1<br/><b>K 6:00</b> How Many Words-1</p>                            | <p><b>16</b><br/><b>V 9:15</b> Noodle Balloon Exercise - 6<br/><b>O 10:15</b> Ride Through Pendleton<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>M 1:30</b> SingFit - 1<br/><b>M 3:00</b> Happy Hour w/ Gill Miller Music - 7</p>        | <p><b>17</b><br/><b>V 9:15</b> Noodle Balloon Exercise - 6<br/><b>M 10:00</b> Visions of Faith-Gospel Group-4<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>K 2:00</b> Bingo - 6<br/><b>K 3:00</b> Euchre Club - 1</p> |
| <p><b>18</b><br/><b>G 10:30</b> Pre-Brunch Social Time<br/><b>S 11:00</b> Brunch<br/><b>I 2:30</b> Worship w/Greg-4<br/><b>K 3:00</b> Euchre Club - 1</p>  | <p><b>19</b><br/><b>V 9:15</b> Body in Motion Exercise &amp; Trivia- 6<br/><b>A 10:15</b> Creative Painting - 1<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>K 2:00</b> Pokereno Game-1<br/><b>V 3:30</b> Walking Club w/Mary</p>   | <p><b>20</b><br/><b>V 9:15</b> BalanceFit Exercise - 6<br/><b>L 10:15</b> Travel Club w/Jackie - 1<br/><b>K 2:00</b> Bingo-4<br/><b>G 3:00</b> Bingo Shopping - 1<br/><b>I 6:00</b> Inspirational Video w/Terry &amp; Lynn - 3</p>         | <p><b>21</b><br/><b>V 9:15</b> Noodle Balloon Exercise - 6<br/><b>O 10:30</b> Lunch Outing at Cracker Barrel<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>M 3:00</b> Steve Jefferies Music - 2</p>  | <p><b>22 Thanksgiving</b><br/><b>V 9:15</b> Body in Motion Exercise - 1<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>A 1:30</b> Zen Doodle Art - 1<br/><b>K 3:00</b> Euchre - 1</p>                          | <p><b>23</b><br/><b>V 9:15</b> Noodle Balloon Exercise - 6<br/><b>O 10:15</b> Seek &amp; Find Bus Ride<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>M 1:30</b> Singfit-1<br/><b>M 3:00</b> Happy Hour with Bell Choir Performance - 2</p> | <p><b>24</b><br/><b>V 9:15</b> Noodle Balloon Exercise - 6<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>K 2:00</b> Bingo - 6<br/><b>K 3:00</b> Euchre Club - 1</p>  |
| <p><b>25</b><br/><b>V 9:15</b> Body in Motion Exercise - 6<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>I 2:00</b> Worship w/ Ron -4<br/><b>K 3:00</b> Euchre Club - 1</p>   | <p><b>26</b><br/><b>V 9:15</b> Body in Motion Exercise &amp; Trivia- 6<br/><b>A 10:15</b> Creative Painting - 1<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>S 2:00</b> Chef's Circle-1<br/><b>V 3:30</b> Walking Club w/Mary</p>   | <p><b>27</b><br/><b>V 9:15</b> BalanceFit Exercise - 6<br/><b>I 10:15</b> Inspirational Stories - 1<br/><b>K 2:00</b> Bingo With Beth-4<br/><b>G 3:00</b> Bingo Shopping - 1<br/><b>M 6:00</b> Scott Strange 60's &amp; 70's Music - 2</p> | <p><b>28</b><br/><b>V 9:15</b> Noodle Balloon Exercise - 6<br/><b>O 10:30</b> Cynthia's Halmark Shopping<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>K 2:00</b> Euchre - 1</p>   | <p><b>29</b><br/><b>V 9:15</b> BalanceFit Exercise - 6<br/><b>M 10:15</b> Bell Choir Practice - 1<br/><b>A 2:00</b> Decorating Towne Square Tree - 2<br/><b>A 6:00</b> Decorating Assisted Living Tree - 6</p> | <p><b>30</b><br/><b>V 9:15</b> Noodle Balloon Exercise - 6<br/><b>O 10:15</b> Just the Guys Bus Ride<br/><b>L 11:45</b> Daily Chronicles - 6<br/><b>M 3:00</b> Happy Hour - 7</p>   |   |

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| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday  |
|--|--|---|--|---|---|---|
| <p><b>A</b> - Artisans<br/><b>CC</b> - Community Connections<br/><b>G</b> - Gathering of Friends<br/><b>I</b> - Inspirations<br/><b>K</b> - Keeping it Sharp/Reminisce<br/><b>L</b> - Lifelong Learning<br/><b>MM</b> - Mindful Moments<br/><b>M</b> - Music to My Ears<br/><b>O</b> - Out &amp; About<br/><b>S</b> - Signature Events<br/><b>V</b> - Vitality</p> | <p>The number by the activity indicates the location of the activity.</p> <p>1 - Assisted Living Activity Room<br/>2 - Riley Lounge<br/>3 - Health Center Activity Room<br/>4 - Health Center Dining Room<br/>5 - Health Center Sun Room<br/>6 - Assisted Living Dining Room</p> | <p>*We know offer Professional Massage Therapist, ask a Life Enrichment team member for more information.</p>   | <p>**Families &amp; friends do you have 1 hour a month to volunteer your time? Please contact a Life Enrichment team member for more information.<br/>Your time is a precious gift!</p>  | <p><b>1</b><br/><b>V 9:15</b> Noodle Balloon Exercise - 2<br/><b>M 10:15</b> Bell Choir Practice - 1<br/><b>MM 11:00</b> SingFit Sensory Group-LL<br/><b>M 2:30</b> Susie Grelle Interactive Music-2<br/><b>L 6:00</b> Lifelong Learning-Who Am I?-2</p>                  | <p><b>2</b><br/><b>M 9:15</b> Exercise to Music &amp; Trivia - 2<br/><b>O 10:15</b> Bus Ride - Seek &amp; Find<br/><b>MM 11:00</b> Relax &amp; Recharge Sensory Group-2<br/><b>M 3:00</b> Happy Hour - 7</p>                  | <p><b>3</b><br/><b>V 10:00</b> Noodle Balloon Exercise - 2<br/><b>MM 11:00</b> Multi-Sensory Group - LL<br/><b>L 11:45</b> Daily Chronicles - 4<br/><b>K 2:00</b> Bingo - 6</p>   |
| <p><b>4 Daylight Savings Ends</b></p> <p><b>V 10:00</b> Morning Exercise - 2<br/><b>MM 11:00</b> Multi-Sensory Group - LL<br/><b>L 11:45</b> Daily Chronicles - 4<br/><b>I 2:00</b> Worship w/Bible Calvary Methodist Church</p>   | <p><b>5</b><br/><b>V 9:15</b> Morning Exercise &amp; Trivia - 2<br/><b>A 10:15</b> Creative Painting - 1<br/><b>MM 11:00</b> A-Z Words Sensory Group-LL<br/><b>S 2:00</b> Chef's Circle- 2</p>   | <p><b>6 Election Day</b></p> <p><b>V 9:15</b> Noodle Balloon Exercise - 2<br/><b>G 10:15</b> Just The Guys Games - 1<br/><b>MM 11:00</b> SingFit Sensory Group-LL<br/><b>K 2:00</b> Bingo - 4<br/><b>G 3:00</b> Bingo Shopping - 1<br/><b>K 6:00</b> LifeShare Games-1</p>                  | <p><b>7</b><br/><b>K 9:15</b> Morning Exercise &amp; Trivia - 3<br/><b>O 10:30</b> Goodwill Shopping<br/><b>MM 11:00</b> Scent Sensory Group-LL<br/><b>M 2:00</b> SingFit - 2</p>  | <p><b>8</b><br/><b>V 9:15</b> Noodle Balloon Exercise - 2<br/><b>M 10:30</b> Music w/ Dulcimers - 2<br/><b>MM 11:00</b> SingFit Sensory Group-LL<br/><b>I 11:45</b> Inspirational Poem-4<br/><b>A 2:00</b> Fall Picture Art - 1<br/><b>M 6:00</b> Singing Silvers - 2</p> | <p><b>9</b><br/><b>V 9:15</b> Morning Exercise &amp; Trivia - 2<br/><b>O 10:15</b> Ride through Fortville<br/><b>MM 11:00</b> Relax &amp; Recharge Sensory Group-2<br/><b>M 3:00</b> Happy Hour w/ Bill Roth Music- 2</p>     | <p><b>10</b><br/><b>V 10:00</b> Noodle Balloon Exercise - 2<br/><b>MM 11:00</b> Multi-Sensory Group - LL<br/><b>L 11:45</b> Daily Chronicles - 4<br/><b>K 2:00</b> Bingo - 6</p>  |
| <p><b>11 Veterans Day</b></p> <p><b>V 10:00</b> Morning Exercise - 2<br/><b>MM 11:00</b> Multi-Sensory Group - LL<br/><b>L 11:45</b> Daily Chronicles - 4<br/><b>I 2:00</b> Worship w/Knightstown United Methodist Youth Group - 4</p>   | <p><b>12</b><br/><b>V 9:15</b> Morning Exercise &amp; Trivia - 2<br/><b>A 10:15</b> Creative Painting - 1<br/><b>MM 11:00</b> A-Z Words Sensory Group-LL<br/><b>S 2:00</b> Resident Council Mtg-3<br/><b>I 2:30</b> Inspired Living Committee - 3</p>                            | <p><b>13</b><br/><b>V 9:15</b> Noodle Balloon Exercise - 2<br/><b>V 10:15</b> Turkey Shoot - 1<br/><b>MM 11:00</b> SingFit Sensory Group-LL<br/><b>K 2:00</b> Bingo With Beth-4<br/><b>G 3:00</b> Bingo Shopping - 1<br/><b>I 6:00</b> Inspirational Video w/ Terry &amp; Lynn - 3</p>      | <p><b>14</b><br/><b>V 9:30</b> Tai-Chi Exercise w/Chris - 2<br/><b>O 10:30</b> Dollar General Shopping<br/><b>MM 11:00</b> Scent Sensory Group-LL<br/><b>CC 1:45</b> Master Gardeners Presents "All About Beavers" - 1<br/><b>K 3:30</b> Euchre Club - 3</p> | <p><b>15</b><br/><b>V 9:15</b> Noodle Balloon Exercise - 2<br/><b>M 10:15</b> Bell Choir Practice - 1<br/><b>MM 11:00</b> SingFit Sensory Group-LL<br/><b>A 2:00</b> Turkey Zen Doodle Art-1<br/><b>K 6:00</b> How Many Words-1</p>                                       | <p><b>16</b><br/><b>V 9:15</b> Morning Exercise &amp; Trivia - 2<br/><b>O 10:15</b> Ride Through Pendleton<br/><b>MM 11:00</b> Relax &amp; Recharge Sensory Group-2<br/><b>M 3:00</b> Happy Hour w/ Gill Miller Music - 7</p> | <p><b>17</b><br/><b>M 10:00</b> Visions of Faith-Gospel Group-4<br/><b>V 10:00</b> Noodle Balloon Exercise - 2<br/><b>MM 11:00</b> Multi-Sensory Group - LL<br/><b>L 11:45</b> Daily Chronicles - 4<br/><b>K 2:00</b> Bingo - 6</p> |
| <p><b>18</b><br/><b>G 10:30</b> Pre-Brunch Social Time<br/><b>S 11:00</b> Brunch<br/><b>MM 11:00</b> Multi-Sensory Group - LL<br/><b>I 2:30</b> Worship w/Greg-4<br/><b>MM 3:00</b> Multi-Sensory Group (Listen to the Music)-LL</p>   | <p><b>19</b><br/><b>V 9:15</b> Morning Exercise &amp; Trivia - 2<br/><b>A 10:15</b> Creative Painting - 1<br/><b>MM 11:00</b> A-Z Words Sensory Group-LL<br/><b>S 2:00</b> Chef's Circle - 2</p>   | <p><b>20</b><br/><b>V 9:15</b> Noodle Balloon Exercise - 2<br/><b>MM 11:00</b> SingFit Sensory Group-LL<br/><b>K 2:00</b> Bingo-4<br/><b>G 3:00</b> Bingo Shopping - 1<br/><b>I 6:00</b> Inspirational Video w/Terry &amp; Lynn - 3</p>   | <p><b>21</b><br/><b>K 9:15</b> Trivia &amp; Exercise - 2<br/><b>O 10:30</b> Lunch Outing at Cracker Barrel<br/><b>MM 11:00</b> Scent Sensory Group-LL<br/><b>I 1:30</b> Women Inspiring Women Group - 3<br/><b>M 3:00</b> Steve Jefferies Music - 2</p>      | <p><b>22 Thanksgiving</b><br/><b>V 10:00</b> Morning Exercise - 2<br/><b>MM 11:00</b> Multi-Sensory Sensory Group-LL<br/><b>L 11:45</b> Daily Chronicles - 4<br/><b>A 1:30</b> Zen Doodle Art - 1</p>   | <p><b>23</b><br/><b>M 9:15</b> Music &amp; Exercise - 2<br/><b>O 10:15</b> Seek &amp; Find Bus Ride<br/><b>MM 11:00</b> Relax &amp; Recharge Sensory Group-2<br/><b>M 3:00</b> Happy Hour with Bell Choir Performance - 2</p> | <p><b>24</b><br/><b>V 10:00</b> Noodle Balloon Exercise - 2<br/><b>MM 11:00</b> Multi-Sensory Group - LL<br/><b>L 11:45</b> Daily Chronicles - 4<br/><b>K 2:00</b> Bingo - 6</p>  |
| <p><b>25</b><br/><b>V 10:00</b> Morning Exercise - 2<br/><b>MM 11:00</b> Multi-Sensory Group - LL<br/><b>L 11:45</b> Daily Chronicles - 4<br/><b>I 2:00</b> Worship w/ Ron -4</p>  | <p><b>26</b><br/><b>V 9:15</b> Morning Exercise &amp; Trivia - 2<br/><b>A 10:15</b> Creative Painting - 1<br/><b>MM 11:00</b> A-Z Words Sensory Group-LL<br/><b>K 2:00</b> LifeShare Games-3</p>   | <p><b>27</b><br/><b>V 9:15</b> Noodle Balloon Exercise - 2<br/><b>I 10:15</b> Inspirational Stories - 1<br/><b>MM 11:00</b> SingFit Sensory Group-LL<br/><b>K 2:00</b> Bingo With Beth-4<br/><b>G 3:00</b> Bingo Shopping - 1<br/><b>M 6:00</b> Scott Strange 60's &amp; 70's Music - 2</p> | <p><b>28</b><br/><b>V 9:15</b> Morning Exercise &amp; Trivia - 2<br/><b>O 10:30</b> Cynthia's Halmark Shopping<br/><b>MM 11:00</b> Scent Sensory Group-LL<br/><b>K 2:00</b> Euchre Game-3</p>  | <p><b>29</b><br/><b>V 9:15</b> Noodle Balloon Exercise - 2<br/><b>M 10:15</b> Bell Choir Practice - 1<br/><b>MM 11:00</b> SingFit Sensory Group-LL<br/><b>A 2:00</b> Decorating Towne Square Tree - 2<br/><b>A 6:00</b> Decorating Assisted Living Tree - 6</p>           | <p><b>30</b><br/><b>V 9:15</b> Morning Exercise &amp; Trivia - 2<br/><b>O 10:15</b> Just the Guys Bus Ride<br/><b>MM 11:00</b> Relax &amp; Recharge Sensory Group-2<br/><b>M 3:00</b> Happy Hour - 7</p>                      |   |

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| Sunday  | Monday  | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday   |
|---|---|--|---|--|---|--|
| <p><b>A</b> - Artisans<br/><b>CC</b> - Creative Cooking<br/><b>GG</b> - Group Games<br/><b>I</b> - Inspirations<br/><b>K</b> - Keeping it Sharp/Reminisce<br/><b>M</b> - Music to My Ears<br/><b>O</b> - Out &amp; About<br/><b>V</b> - Vitality</p>                                | <p>Every Morning (approx times)<br/>9:30 Vitality<br/>10:00 Keeping It Sharp<br/>10:45 Creative Cooking<br/>11:30 Lunch Prep</p>  | <p>Every Afternoon (approx. times)<br/>12:45 Relax and Recharge<br/>2:00 Artisans<br/>3:30 Music To My Ears<br/>4:00 Connections<br/>4:45 Keeping It Sharp</p>   | <p>Every Evening (approx. times)<br/>6:00 Gathering of Friends<br/>7:00 Night Time Traditions</p>   | <p><b>1</b><br/><b>V</b> 9:30 A Walk to Grandmother's House<br/><b>K</b> 10:00 Autumn Word Poem<br/><b>CC</b> 10:45 Basil Garlic Bread<br/>12:45 Relax &amp; Recharge<br/><b>M</b> 1:30 Susie G Music<br/><b>GG</b> 3:30 Float With Me<br/><b>GG</b> 4:00 Name 3 Toss &amp; Catch<br/>4:30 Healthy Hands</p> | <p><b>2</b><br/><b>V</b> 9:30 Parachute Games<br/><b>K</b> 10:00 Hang the Great Pumpkin<br/><b>CC</b> 10:45 Pumpkin Streusel Muffins<br/>12:45 Relax &amp; Recharge<br/><b>K</b> 1:30 What Am I?<br/><b>M</b> 2:30 A Taste of Autumn Happy Hour</p>                           | <p><b>3</b><br/><b>V</b> 9:30 A Flex-Kick Saturday<br/><b>K</b> 10:00 Football Frenzy<br/><b>CC</b> 10:45 Navy Bean Vegetable Soup<br/>12:45 Relax &amp; Recharge<br/><b>A</b> 2:00 Quirky Turkey Door Decor<br/><b>M</b> 3:30 Game Day<br/><b>GG</b> 4:00 Image Snap</p>  |
| <b>4 Daylight Savings Ends</b>  | <b>5</b>  | <b>6 Election Day</b>  | <b>7</b>  | <b>8</b>   | <b>9</b>  | <b>10</b>  |
| <p><b>V</b> 9:30 The Scientific 7 Workout<br/><b>K</b> 10:00 Tum Over<br/><b>CC</b> 10:45 Banana Berry Muffins<br/>12:45 Relax &amp; Recharge<br/><b>I</b> 2:00 Worship with Ken and Ron<br/><b>M</b> 3:30 Up In The Air<br/><b>GG</b> 4:00 Turkey Toss</p>                         | <p><b>V</b> 9:30 Basketball<br/><b>K</b> 10:00 Create a Caption<br/><b>CC</b> 10:45 Apple Walnut Broccoli Salad<br/>12:45 Relax &amp; Recharge<br/><b>O</b> 1:30 Bus Ride<br/><b>M</b> 3:30 Workin' Songs<br/><b>GG</b> 4:00 Roll the Dice &amp; Break the Ice</p>                  | <p><b>V</b> 9:30 Foam BallFit<br/><b>K</b> 10:00 Sentence Story<br/><b>CC</b> 10:45 Apple Streusel Bread<br/>12:45 Relax &amp; Recharge<br/><b>A</b> 2:00 November Centerpiece Project<br/><b>M</b> 3:30 Let's Dance<br/><b>GG</b> 4:00 Lollipop Paddle<br/>4:30 Healthy Hands</p>                     | <p><b>V</b> 9:30 Balloon Battle<br/><b>K</b> 10:00 Fall's Common Place<br/><b>CC</b> 10:45 Chocolate Chip Cookies<br/>12:45 Relax &amp; Recharge<br/><b>GG</b> 2:00 Bingo<br/><b>M</b> 3:30 Pass the Beat<br/><b>GG</b> 4:00 Trivia<br/>4:30 Healthy Hands<br/><b>GG</b> 6:00 Fireside Chats</p>              | <p><b>V</b> 9:30 A Walk to Grandmother's House<br/><b>K</b> 10:00 Autumn Word Poem<br/><b>CC</b> 10:45 Amish Sugar Cookies<br/>12:45 Relax &amp; Recharge<br/><b>A</b> 2:00 Gourd-geous Craft<br/><b>M</b> 3:30 Float With Me<br/><b>GG</b> 4:00 Name 3 Toss &amp; Catch<br/>4:30 Healthy Hands</p>          | <p><b>V</b> 9:30 Parachute Games<br/><b>K</b> 10:00 Hang the Great Pumpkin<br/><b>CC</b> 10:45 Pumpkin Spice Cupcakes<br/>12:45 Relax &amp; Recharge<br/><b>M</b> 1:30 Bill Roth Music<br/><b>A</b> 2:00 Bookmaking<br/><b>M</b> 2:30 A Taste of Autumn</p>                   | <p><b>V</b> 9:30 A Flex-Kick Saturday<br/><b>K</b> 10:00 Football Frenzy<br/><b>CC</b> 10:45 Savory Beef Soup<br/>12:45 Relax &amp; Recharge<br/><b>A</b> 2:00 Leather Leaf Charms<br/><b>M</b> 3:30 Game Day<br/><b>GG</b> 4:00 Image Snap<br/>4:30 Healthy Hands<br/><b>GG</b> 6:00 Inspirational Coloring</p>     |
| <b>11 Veterans Day</b>  | <b>12</b>   | <b>13</b>  | <b>14</b>   | <b>15</b>  | <b>16</b>   | <b>17</b>  |
| <p><b>V</b> 9:30 The Scientific 7 Workout<br/><b>K</b> 10:00 Tum Over<br/><b>CC</b> 10:45 Bacon Blueberry Scones<br/>12:45 Relax &amp; Recharge<br/><b>I</b> 2:00 Worshp with Chaz<br/><b>M</b> 3:30 A Salute to Veterans<br/><b>GG</b> 4:00 Turkey Toss<br/>4:30 Healthy Hands</p> | <p><b>V</b> 9:30 Basketball<br/><b>K</b> 10:00 Create a Caption<br/><b>CC</b> 10:45 Candy Bar Apple Salad<br/>12:45 Relax &amp; Recharge<br/><b>O</b> 1:30 Bus Ride<br/><b>M</b> 3:30 Workin' Songs<br/><b>GG</b> 4:00 Roll the Dice &amp; Break the Ice<br/>4:30 Healthy Hands</p> | <p><b>V</b> 9:30 Foam BallFit<br/><b>K</b> 10:00 Sentence Story<br/><b>CC</b> 10:45 Apple Pie Oatmeal Dessert<br/>12:45 Relax &amp; Recharge<br/><b>A</b> 2:00 Orange You Happy For Thanksgiving!<br/><b>M</b> 3:30 Let's Dance<br/><b>GG</b> 4:00 Lollipop Paddle</p>                                 | <p><b>V</b> 9:30 Balloon Battle<br/><b>K</b> 10:00 Fall's Common Place<br/><b>M</b> 10:30 Tai-Chi with Chris<br/>12:45 Relax &amp; Recharge<br/><b>GG</b> 2:00 Bingo<br/><b>M</b> 3:30 Pass the Beat<br/><b>GG</b> 4:00 Trivia<br/>4:30 Healthy Hands<br/><b>GG</b> 6:00 Fireside Chats</p>                   | <p><b>V</b> 9:30 A Walk to Grandmother's House<br/><b>K</b> 10:00 Autumn Word Poem<br/><b>CC</b> 10:45 Oatmeal Bread<br/>12:45 Relax &amp; Recharge<br/><b>A</b> 2:00 Poppy Field Collage<br/><b>M</b> 3:30 Float With Me<br/><b>GG</b> 4:00 Name 3 Toss &amp; Catch<br/>4:30 Healthy Hands</p>              | <p><b>V</b> 9:30 Parachute Games<br/><b>K</b> 10:00 Hang the Great Pumpkin<br/><b>CC</b> 10:45 Pumpkin Spice Bread<br/>12:45 Relax &amp; Recharge<br/><b>M</b> 2:00 Gill Miller Music<br/><b>M</b> 2:30 A Taste of Autumn Happy Hour<br/><b>GG</b> 4:00 What's in the Bag</p> | <p><b>V</b> 9:30 A Flex-Kick Saturday<br/><b>K</b> 10:00 Football Frenzy<br/><b>CC</b> 10:45 Barley Turkey Soup<br/>12:45 Relax &amp; Recharge<br/><b>A</b> 2:00 Coffee Filter Poppies<br/><b>M</b> 3:30 Game Day<br/><b>GG</b> 4:00 Image Snap<br/>4:30 Healthy Hands<br/><b>GG</b> 6:00 Inspirational Coloring</p> |
| <b>18</b>   | <b>19</b>   | <b>20</b>  | <b>21</b>   | <b>22 Thanksgiving</b>   | <b>23</b>   | <b>24</b>  |
| <p><b>V</b> 9:30 The Scientific 7 Workout<br/><b>K</b> 10:00 Tum Over<br/><b>CC</b> 10:45 Pecan Coffee Cake<br/>12:45 Relax &amp; Recharge<br/><b>I</b> 2:00 Worship with Bobby Fisher<br/><b>M</b> 3:30 Up In The Air<br/><b>GG</b> 4:00 Turkey Toss</p>                           | <p><b>V</b> 9:30 Basketball<br/><b>K</b> 10:00 Create a Caption<br/><b>CC</b> 10:45 Butterscotch Apple Crisp<br/>12:45 Relax &amp; Recharge<br/><b>O</b> 1:30 Bus Ride<br/><b>M</b> 3:30 Workin' Songs<br/><b>GG</b> 4:00 Roll the Dice &amp; Break the Ice</p>                     | <p><b>V</b> 9:30 Foam BallFit<br/><b>K</b> 10:00 Sentence Story<br/><b>CC</b> 10:45 Apple Cinnamon Cookies<br/>12:45 Relax &amp; Recharge<br/><b>A</b> 2:00 Thumbprint Dandelion<br/><b>M</b> 3:30 Let's Dance<br/><b>GG</b> 4:00 Lollipop Paddle<br/>4:30 Healthy Hands</p>                           | <p><b>V</b> 9:30 Balloon Battle<br/><b>K</b> 10:00 Fall's Common Place<br/><b>CC</b> 10:45 Oatmeal Kiss Cookies<br/>12:45 Relax &amp; Recharge<br/><b>M</b> 2:00 Steve Jeffries Music<br/><b>GG</b> 3:30 Pass the Beat<br/><b>GG</b> 4:00 Trivia<br/>4:30 Healthy Hands<br/><b>GG</b> 6:00 Fireside Chats</p> | <p><b>V</b> 9:30 A Walk to Grandmother's House<br/><b>K</b> 10:00 Turkey Ticklers<br/><b>CC</b> 10:45 Golden Wheat Bread<br/>12:45 Relax &amp; Recharge<br/><b>A</b> 2:00 Fall Tree Canvas Painting<br/><b>M</b> 3:30 Give Thanks<br/><b>GG</b> 4:00 Name 3 Toss &amp; Catch</p>                             | <p><b>V</b> 9:15 Parachute Games<br/><b>K</b> 10:00 Hang the Great Pumpkin<br/><b>CC</b> 10:45 Pumpkin Pie Pudding<br/>12:45 Relax &amp; Recharge<br/><b>K</b> 1:30 Who Am I?<br/><b>M</b> 2:30 A Taste of Autumn Happy Hour<br/><b>GG</b> 4:00 What's in the Bag</p>         | <p><b>V</b> 9:30 A Flex-Kick Saturday<br/><b>K</b> 10:00 Football Frenzy<br/><b>CC</b> 10:45 Texas Turkey Soup<br/>12:45 Relax &amp; Recharge<br/><b>A</b> 2:00 Button Tree Canvas<br/><b>M</b> 3:30 Game Day<br/><b>GG</b> 4:00 Image Snap<br/>4:30 Healthy Hands<br/><b>GG</b> 6:00 Inspirational Coloring</p>     |
| <b>25</b>   | <b>26</b>   | <b>27</b>  | <b>28</b>   | <b>29</b>  | <b>30</b>   |  |
| <p><b>V</b> 9:30 The Scientific 7 Workout<br/><b>K</b> 10:00 Tum Over<br/><b>CC</b> 10:45 Cinnamon Chip Scones<br/>12:45 Relax &amp; Recharge<br/><b>I</b> 2:00 Worship with Joe Wood<br/><b>M</b> 3:30 Up In The Air<br/><b>GG</b> 4:00 Turkey Toss<br/>4:30 Healthy Hands</p>     | <p><b>V</b> 9:30 Basketball<br/><b>K</b> 10:00 Create a Caption<br/><b>CC</b> 10:45 Pecan Bread Pudding<br/>12:45 Relax &amp; Recharge<br/><b>O</b> 1:30 Bus Ride<br/><b>M</b> 3:30 Workin' Songs<br/><b>GG</b> 4:00 Roll the Dice &amp; Break the Ice<br/>4:30 Healthy Hands</p>   | <p><b>V</b> 9:30 Foam BallFit<br/><b>K</b> 10:00 Sentence Story<br/><b>CC</b> 10:45 Apple Streusel Muffins<br/>12:45 Relax &amp; Recharge<br/><b>A</b> 2:00 Q-tip Autumn Tree<br/><b>M</b> 3:30 Let's Dance<br/><b>GG</b> 4:00 Lollipop Paddle<br/>4:30 Healthy Hands<br/><b>GG</b> 6:00 Paired Up</p> | <p><b>V</b> 9:30 Balloon Battle<br/><b>K</b> 10:00 Fall's Common Place<br/><b>CC</b> 10:45 Peanut Butter Cookies<br/>12:45 Relax &amp; Recharge<br/><b>GG</b> 2:00 Bingo<br/><b>M</b> 3:30 Pass the Beat<br/><b>GG</b> 4:00 Trivia<br/>4:30 Healthy Hands<br/><b>GG</b> 6:00 Fireside Chats</p>               | <p><b>V</b> 9:30 A Walk to Grandmother's House<br/><b>K</b> 10:00 Autumn Word Poem<br/><b>CC</b> 10:45 Chocolate Chip Banana Bread<br/>12:45 Relax &amp; Recharge<br/><b>A</b> 2:00 Tissue Paper Leaves<br/><b>M</b> 3:30 Float With Me<br/><b>GG</b> 4:00 Name 3 Toss &amp; Catch</p>                       | <p><b>V</b> 9:30 Parachute Games<br/><b>K</b> 10:00 Hang the Great Pumpkin<br/><b>CC</b> 10:45 Spice Cookies<br/>12:45 Relax &amp; Recharge<br/><b>K</b> 1:30 What Am I?<br/><b>M</b> 2:30 A Taste of Autumn Happy Hour<br/><b>GG</b> 4:00 What's in the Bag</p>              |  |

# November 2018

| Sunday  | Monday   | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday         |
|---|--|---|---|---|---|------------------|
| <p><b>GC</b> - Group Games<br/><b>K</b> - Keeping it Sharp/Reminisce<br/><b>O</b> - Out &amp; About<br/><b>S</b> - Signature Events<br/><b>V</b> - Vitality</p> | Refer a Friend to be your Neighbor! Call Laura for details.  | We love Volunteers!<br>Contact Laura to find out more.  | You can host YOUR family event in the Club House. Contact Laura for available dates   | <p><b>1</b></p> <p><b>GC 2:00</b> Villa Community Birthday Bash</p> | <p><b>2</b></p> <p><b>V 10:00</b> Walking Club<br/><b>K 2:00</b> GAME TIME-CLUBHOUSE</p>  | <p><b>3</b></p>  |
| <p><b>4</b> Daylight Savings Ends</p>   | <p><b>5</b></p> <p><b>V 10:00</b> Walking Club<br/><b>GC 12:00</b> Villa Community Meeting<br/><b>K 2:00</b> GAME TIME-CLUBHOUSE</p> | <p><b>6</b> Election Day</p> <p><b>O 11:30</b> Lunch Outing<br/><b>K 2:00</b> B.I.N.G.O- Main Campus- HC Dining Room<br/><b>O 2:30</b> Shopping Trip</p>  | <p><b>7</b></p> <p><b>GC 9:30</b> Coffee and Conversation<br/><b>V 10:30</b> Villa Exercise Group</p>   | <p><b>8</b></p>   | <p><b>9</b></p> <p><b>V 10:00</b> Walking Club<br/><b>K 2:00</b> GAME TIME-CLUBHOUSE</p>  | <p><b>10</b></p> |
| <p><b>11</b> Veterans Day</p>   | <p><b>12</b></p> <p><b>V 10:00</b> Walking Club<br/><b>K 2:00</b> GAME TIME-CLUBHOUSE<br/><b>2:00</b> Dessert of the Month</p>       | <p><b>13</b></p> <p><b>O 11:30</b> Lunch Outing<br/><b>K 2:00</b> B.I.N.G.O- Main Campus- HC Dining Room<br/><b>2:20</b> Legacy Family Forum- See Laura for details<br/><b>O 2:30</b> Shopping Trip<br/><b>6:00</b> Family Forum- Legacy Bldg</p> | <p><b>14</b></p> <p><b>GC 9:30</b> Coffee and Conversation<br/><b>V 10:30</b> Villa Exercise Group</p>  | <p><b>15</b></p>  | <p><b>16</b></p> <p><b>V 10:00</b> Walking Club<br/><b>K 2:00</b> GAME TIME-CLUBHOUSE</p> | <p><b>17</b></p> |
| <p><b>18</b></p>  | <p><b>19</b></p> <p><b>V 10:00</b> Walking Club<br/><b>K 2:00</b> GAME TIME-CLUBHOUSE</p>  | <p><b>20</b></p> <p><b>O 11:30</b> Lunch Outing<br/><b>K 2:00</b> B.I.N.G.O- Main Campus- HC Dining Room<br/><b>O 2:30</b> Shopping Trip</p>  | <p><b>21</b></p> <p><b>GC 9:30</b> Coffee and Conversation<br/><b>V 10:30</b> Villa Exercise Group</p>  | <p><b>22</b> Thanksgiving</p>                                       | <p><b>23</b></p> <p><b>V 10:00</b> Walking Club<br/><b>K 2:00</b> GAME TIME-CLUBHOUSE</p> | <p><b>24</b></p> |
| <p><b>25</b></p>  | <p><b>26</b></p> <p><b>V 10:00</b> Walking Club<br/><b>K 2:00</b> GAME TIME-CLUBHOUSE</p>  | <p><b>27</b></p> <p><b>O 11:30</b> Lunch Outing<br/><b>K 2:00</b> B.I.N.G.O- Main Campus- HC Dining Room<br/><b>O 2:30</b> Shopping Trip</p>  | <p><b>28</b></p> <p><b>GC 9:30</b> Coffee and Conversation<br/><b>V 10:30</b> Villa Exercise Group<br/><b>S 6:00</b> Family Night- Club House</p> | <p><b>29</b></p>  | <p><b>30</b></p> <p><b>V 10:00</b> Walking Club<br/><b>K 2:00</b> GAME TIME-CLUBHOUSE</p> |                  |