

**Senior Living at Forest Ridge
Life Enrichment Calendar**

OCTOBER 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 K 1:00 Nintendo Wii Bowling (2) K 1:00 Residents's Choice (2) I 3:00 Sunday Devotions with Marian Hail Playing Piano (2) K 3:30 Gin Rummy Card Game (2)	2 V 10:30 Morning Stretch (2) I 11:00 Reflections with Betty S. (2) K 1:00 Pokeno (2) S 2:00 Inspired Living Committee (Activity Circle) (2) V 2:30 Trilogy Fit: Stretching (2)	3 A 8:30 Autumn Art (3) V 10:30 Morning Stretch (2) I 11:00 Reflections (2) O 1:00 Outing: Rush County Wooden Bridge Tour K 1:00 Chicken Foot/Domino Game (2) V 3:30 Trilogy Fit: Strengthening (2)	4 V 10:30 Morning Stretch (2) I 11:00 Reflections (2) K 1:00 Tripoly (2) V 2:30 Trilogy Fit: Cardio (2) K 3:00 Bingo (2)	5 V 10:30 Morning Stretch (2) O 11:30 Outing: Muncie Mall & Lunch K 1:00 10 Penny Card Game (2) V 3:30 Trilogy Fit: Balance (2) M 4:10 Bell Choir Practice (2)	6 O 9:30 Outing: Trip to Walmart A 10:30 Autumn Art (3) S 1:00 Campus Chat with Department Leaders (2) K 2:30 Herbert's Plinko Game (2) S 4:00 Social Hour w/	7 I 10:00 Gospel Videos (2) K 1:00 Left, Right, Center Dice Game (2) K 2:00 Bingo (2) K 3:00 Spinner (2)
8 K 1:00 Nintendo Wii Bowling (2) K 1:00 Residents's Choice (2) I 3:00 Sunday Devotions with Ralph Franklin & Associates (2) K 3:30 Gin Rummy Card Game (2)	9 Columbus Day V 10:30 Morning Stretch (2) I 11:00 Reflections with Betty S. (2) K 1:00 Pokeno (2) V 2:30 Trilogy Fit: Stretching (2) K 3:00 Polish Poker (2)	10 A 8:30 Autumn Art (3) V 10:30 Morning Stretch (2) I 11:00 Reflections (2) K 1:00 Chicken Foot/Domino Game (2) V 3:30 Trilogy Fit: Strengthening (2) M 4:10 Bell Choir Practice (2) A 6:00 Knitting Club (3)	11 V 10:30 Morning Stretch (2) I 11:00 Reflections (2) K 1:00 Tripoly (2) O 1:30 Outing: Dollar Tree V 2:30 Trilogy Fit: Cardio (2) K 3:00 Bingo (2) L 6:00 Allen King's "Wisconsin in the Fall" Slide Show (3)	12 V 10:30 Morning Stretch (2) O 1:00 Outing: Dougherty's Orchard/Cambridge City K 1:00 10 Penny Card Game (2) V 3:30 Trilogy Fit: Balance (2) M 4:10 Bell Choir Practice (2) K 6:00 Pot Luck Bingo (2)	13 O 9:30 Outing: Trip to Walmart A 10:30 Autumn Art (3) K 1:00 Chit Chat Game (Remember When) (2) K 2:30 Herbert's Plinko Game (2) S 4:00 Social Hour with Paul White	14 I 10:00 Gospel Videos (2) K 1:00 Left, Right, Center Dice Game (2) K 2:00 Bingo (2) K 3:00 Spinner (2)
15 K 1:00 Nintendo Wii Bowling (2) K 1:00 Residents's Choice (2) I 3:00 Sunday Devotions with Pastor Phil Brown & Associates (2) K 3:30 Gin Rummy Card Game (2)	16 V 10:30 Morning Stretch (2) I 11:00 Reflections with Betty S. (2) K 1:00 Pokeno (2) V 2:30 Trilogy Fit: Stretching (2) K 3:00 Polish Poker (2)	17 A 8:30 Autumn Art (3) V 10:30 Morning Stretch (2) I 11:00 Reflections (2) K 1:00 Chicken Foot/Domino Game (2) V 3:30 Trilogy Fit: Strengthening (2) M 4:10 Bell Choir Practice (2) A 6:00 Knitting Club (3)	18 V 10:30 Morning Stretch (2) M 11:00 Reflections: John Root Plays Piano (DR) K 1:00 Tripoly (2) V 2:30 Trilogy Fit: Cardio (2) K 3:00 Bingo (2) L 6:00 Pioneer Project/Genealogy (3)	19 V 10:30 Morning Stretch (2) O 11:30 Outing: Bruner's Restaurant/Muncie K 1:00 10 Penny Card Game (2) V 3:30 Trilogy Fit: Balance (2) M 4:10 Bell Choir Practice (2) S 5:00 Serenade on the Seven Seas Themed Dinner	20 O 9:30 Outing: Trip to Walmart A 10:30 Autumn Art (3) K 1:00 Chit Chat Game (Remember When) (2) C 2:00 Tea With Great Lakes Caring (2) K 2:30 Herbert's Plinko Game (2)	21 I 10:00 Gospel Videos (2) K 1:00 Left, Right, Center Dice Game (2) K 2:00 Bingo (2) K 3:00 Spinner (2) C 4:00 Good News Children's Ministry Singers (1)
22 S 11:00 Family Brunch (DR) 11AM - 1PM K 1:00 Nintendo Wii Bowling (2) K 1:00 Residents's Choice (2) I 3:00 Sunday Devotions with Paul Davis & Associates (2) K 3:30 Gin Rummy Card Game	23 V 10:30 Morning Stretch (2) I 11:00 Reflections with Betty S. (2) K 1:00 Pokeno (2) V 2:30 Trilogy Fit: Stretching (2) K 3:00 Polish Poker (2)	24 A 8:30 Autumn Art (3) V 10:30 Morning Stretch (2) I 11:00 Reflections (2) K 1:00 Chicken Foot/Domino Game (2) V 3:30 Trilogy Fit: Strengthening (2) M 4:10 Bell Choir Practice (2) A 6:00 Knitting Club (3)	25 V 10:30 Morning Stretch (2) M 11:00 Reflections: John Root Plays Piano (DR) K 1:00 Tripoly (2) V 2:30 Trilogy Fit: Cardio (2) K 3:00 Bingo (2) K 6:00 Euchre Tournament (2)	26 V 10:30 Morning Stretch (2) O 11:30 Outing: Mancino's Restaurant K 1:00 10 Penny Card Game (2) V 3:30 Trilogy Fit: Balance (2) M 4:10 Bell Choir Practice (2) O 6:00 Outing: Library's Noteworthy Concert	27 O 9:30 Outing: Trip to Walmart A 10:30 Autumn Art (3) S 11:00 Chef's Circle (DR) C 12:00 Taste of Town: L 1:00 Out Reach Library Program (2) K 2:30 Herbert's Plinko Game (2)	28 I 10:00 Gospel Videos (2) K 1:00 Left, Right, Center Dice Game (2) K 2:00 Bingo (2) K 3:00 Spinner (2)
29 K 1:00 Nintendo Wii Bowling (2) K 1:00 Residents's Choice (2) I 3:00 Sunday Devotions with Pastor Matt Masko & Associates (2) (2) K 3:30 Gin Rummy Card Game (2)	30 V 10:30 Morning Stretch (2) I 11:00 Reflections with Betty S. (2) K 1:00 Pokeno (2) V 2:30 Trilogy Fit: Stretching (2) K 3:00 Polish Poker (2)	31 Halloween A 8:30 Autumn Art (3) V 10:30 Morning Stretch (2) I 11:00 Reflections (2) K 1:00 Chicken Foot/Domino Game (2) V 3:30 Trilogy Fit: Strengthening (2) M 4:10 Bell Choir Practice (2) C 6:00 Halloween Candy Pass	A - Artisans C - Connections I - Inspirations K - Keeping it Sharp L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events V - Vitality	CAMPUS ACTIVITY LOCATION ABBRVS.: UC = Under Canopy Outside DR = Dining Room CR = Café Room 1 = 1st Floor Family Room 2 = 2nd Floor Family Room 3 = 3rd Floor Kitchen Area	RESIDENT BIRTHDAYS: EMPLOYEE BIRTHDAYS: Sue F. 10/6 Emily V. 10/17 Debbie G. 10/25	DEPARTMENT LEADERS: Brad Shearer, ED Debbie Godfrey, BOM Norma Kriner, LED Dyanna Abner, DFS Vickie Taylor, DES Herbert Taylor, DPO LauraLisa Stamper, CSR