

# February 2018

## Senior Living at Forest Ridge Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>C</b> - Connections <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp <b>L</b> - Lifelong Learning <b>M</b> - Music to My Ears <b>O</b> - Out &amp; About <b>S</b> - Signature Events <b>V</b> - Vitality</p>	<p>CAMPUS ACTIVITY LOCATION ABBRVS.: UC = Under Canopy Outside DR = Dining Room CR = Café Room 1 = 1st Floor Family Room 2 = 2nd Floor Family Room 3 = 3rd Floor Kitchen Area</p>	<p>DEPARTMENT LEADERS: LauraLisa Stamper, ED Debbie Godfry, BOM Norma Kriner, LED Dyanna Abner, DFS Vickie Taylor, DES Herbert Taylor, DPO</p>	<p>RESIDENT'S BIRTHDAYS: Don H. 2/2 Max H. 2/3 Virginia B. 2/3 Roberta C. 2/7</p>	<p><b>1</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>O</b> 11:30 Outing: Captain D's/Hobby Lobby/Muncie <b>K</b> 1:00 10 Penny Card Game or Hand and Foot Card Game (2) <b>V</b> 3:30 Trilogy Fit: Balance (2)</p>	<p><b>2</b> <b>Groundhog Day</b> <b>O</b> 9:30 Outing: Wal-Mart Trip <b>A</b> 10:00 Winter Art (3) <b>S</b> 1:00 Campus Chat (2) <b>C</b> 2:00 Holding Hands Forever Generational Hand Holding Pictures (2) <b>S</b> 4:00 Social Hour w/ Southside Gospel Band (1)</p>	<p><b>3</b> <b>I</b> 10:00 Gospel Videos (2) <b>K</b> 1:00 Left, Right, Center Dice Game (2) <b>K</b> 2:00 Bingo (2) <b>K</b> 3:00 Spinner (2) <b>M</b> 6:30 Winter Wonderland Ball (DR)</p>
<p><b>4</b> <b>K</b> 1:00 Residents's Choice (2) <b>K</b> 1:00 Spades Card Game (2) <b>I</b> 3:00 Sunday Devotions with Pastor Danny Shelton (2) <b>K</b> 3:30 Bridge Card Game (2)</p>	<p><b>5</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections with Betty S. (2) <b>K</b> 1:00 Pokeno (2) <b>S</b> 2:00 Inspired Living Committee (Activity Circle) (2) <b>V</b> 2:30 Trilogy Fit: Stretching (2)</p>	<p><b>6</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Chicken Foot/Domino Game (2) <b>V</b> 3:30 Trilogy Fit: Strengthening (2) <b>A</b> 6:00 Knitting Club (3) <b>L</b> 6:00 Movie Night:</p>	<p><b>7</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Tripoly (2) <b>V</b> 2:30 Trilogy Fit: Cardio (2) <b>K</b> 3:00 Bingo (2)</p>	<p><b>8</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>O</b> 11:30 Outing: Parks Restaurant <b>K</b> 1:00 10 Penny or Hand and Foot Card Game (2) <b>V</b> 3:30 Trilogy Fit: Balance (2) <b>M</b> 4:10 Bell Choir Practice (2) <b>A</b> 6:00 Living Color (Coloring)</p>	<p><b>9</b> <b>A</b> 10:00 Winter Art (3) <b>L</b> 1:00 Chit Chat With Diane (2) <b>O</b> 1:30 Outing: Wal-Mart Trip <b>K</b> 2:30 Herbert's Plinko Game (2) <b>S</b> 4:00 Social Hour with Paul White (2)</p>	<p><b>10</b> <b>I</b> 10:00 Gospel Videos (2) <b>K</b> 1:00 Left, Right, Center Dice Game (2) <b>K</b> 2:00 Bingo (2) <b>K</b> 3:00 Spinner (2)</p>
<p><b>11</b> <b>K</b> 1:00 Residents's Choice (2) <b>K</b> 1:00 Spades Card Game (2) <b>I</b> 3:00 Sunday Devotions with Ralph Franklin &amp; Associates (2) <b>K</b> 3:30 Bridge Card Game (2)</p>	<p><b>12</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections with Betty S. (2) <b>K</b> 1:00 Pokeno (2) <b>V</b> 2:30 Trilogy Fit: Stretching (2) <b>K</b> 3:00 Polish Poker (2)</p>	<p><b>13</b> <b>Mardi Gras</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Chicken Foot/Domino Game (2) <b>V</b> 3:30 Trilogy Fit: Strengthening (2) <b>A</b> 6:00 Knitting Club (3)</p>	<p><b>14</b> <b>Valentine's Day</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Tripoly (2) <b>V</b> 2:30 Trilogy Fit: Cardio (2) <b>K</b> 3:00 Valentine's Day Bingo (2) <b>L</b> 6:00 Allen King's "A Year in Turkey" Slideshow (3)</p>	<p><b>15</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 10 Penny or Hand and Foot Card Game (2) <b>O</b> 2:00 Outing: Steak-N-Shake/Milkshakes <b>V</b> 3:30 Trilogy Fit: Balance (2) <b>M</b> 4:10 Bell Choir Practice (2) <b>K</b> 6:00 Euchre Tournament (2)</p>	<p><b>16</b> <b>Chinese New Year</b> <b>A</b> 10:00 Winter Art (3) <b>L</b> 1:00 Out Reach Library Program With Keegan (2) <b>O</b> 1:30 Outing: Wal-Mart Trip <b>K</b> 2:30 Herbert's Plinko Game (2) <b>S</b> 4:00 Social Hour with Martha Bowman (2)</p>	<p><b>17</b> <b>I</b> 10:00 Gospel Videos (2) <b>K</b> 1:00 Left, Right, Center Dice Game (2) <b>K</b> 2:00 Bingo (2) <b>K</b> 3:00 Spinner (2) <b>C</b> 4:00 Good News Children's Ministry Singers (1)</p>
<p><b>18</b> <b>K</b> 1:00 Residents's Choice (2) <b>K</b> 1:00 Spades Card Game (2) <b>I</b> 3:00 Sunday Devotions with Pastor Phil Brown &amp; Associates (2) <b>K</b> 3:30 Bridge Card Game (2)</p>	<p><b>19</b> <b>Presidents' Day</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections with Betty S. (2) <b>K</b> 1:00 Pokeno (2) <b>V</b> 2:30 Trilogy Fit: Stretching (2) <b>K</b> 3:00 Polish Poker (2)</p>	<p><b>20</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>C</b> 2:00 A Tea To Remember: Resident Tea Party (2) <b>V</b> 3:30 Trilogy Fit: Strengthening (2) <b>A</b> 6:00 Knitting Club (3)</p>	<p><b>21</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Tripoly (2) <b>V</b> 2:30 Trilogy Fit: Cardio (2) <b>K</b> 3:00 Bingo (2) <b>L</b> 6:00 Pioneer Project/Genealogy (3)</p>	<p><b>22</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>O</b> 11:30 Outing: Stacks Restaurant <b>K</b> 1:00 10 Penny or Hand &amp; foot Card Games (2) <b>V</b> 3:30 Trilogy Fit: Balance (2) <b>M</b> 4:10 Bell Choir Practice (2) <b>S</b> 5:00 My Fair Lady Theme</p>	<p><b>23</b> <b>A</b> 10:00 Winter Art (3) <b>O</b> 11:00 Outing: New Castle Bank Trip <b>S</b> 11:00 Chef's Circle (DR) <b>L</b> 1:00 Chit Chat With Diane (2) <b>O</b> 1:30 Outing: Wal-Mart Trip <b>K</b> 2:30 Herbert's Plinko Game (2)</p>	<p><b>24</b> <b>I</b> 10:00 Gospel Videos (2) <b>K</b> 1:00 Left, Right, Center Dice Game (2) <b>K</b> 2:00 Bingo (2) <b>K</b> 3:00 Spinner (2)</p>
<p><b>25</b> <b>S</b> 11:00 Family Brunch (DR) 11AM - 1PM <b>K</b> 1:00 Residents's Choice (2) <b>K</b> 1:00 Spades Card Game (2) <b>I</b> 3:00 Sunday Devotions with Danny Shelton &amp; Associates (2) <b>K</b> 3:30 Bridge Card Game (2)</p>	<p><b>26</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections with Betty S. (2) <b>K</b> 1:00 Pokeno (2) <b>V</b> 2:30 Trilogy Fit: Stretching (2) <b>K</b> 3:00 Polish Poker (2)</p>	<p><b>27</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Chicken Foot/Domino Game (2) <b>V</b> 3:30 Trilogy Fit: Strengthening (2) <b>M</b> 6:00 Marion Hail Plays Piano (2) <b>A</b> 6:00 Knitting Club (3)</p>	<p><b>28</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Tripoly (2) <b>V</b> 2:30 Trilogy Fit: Cardio (2) <b>K</b> 3:00 Bingo (2)</p>	<p>EMPLOYEE'S BIRTHDAYS: Charlotte H. 2/2 Linda T. 2/18 Diane C. 2/27</p>		