

**Senior Living at Forest Ridge
Life Enrichment Calendar**

May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans C - Connections I - Inspirations K - Keeping it Sharp L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>DEPARTMENT LEADERS: LauraLisa Stamper, ED Debbie Godfrey, BOM Norma Kriner, LED Dyanna Abner, DFS Vickie Taylor, DES Herbert Taylor, DPO</p>	<p>1 May Day V 10:30 Moming Stretch (2) I 11:00 Reflections (2) K 1:00 Phase 10 Card Game (2) V 3:30 Trilogy Fit: Strengthening (2) A 6:00 Knitting Club (3) L 6:00 Movie Night:</p>	<p>2 V 10:30 Moming Stretch (2) I 11:00 Reflections (2) K 1:00 Chicken Foot Domino Game (2) V 2:30 Trilogy Fit: Cardio (2) K 3:00 Bingo (2) O 4:30 Outing: Blue River Valley vs. Centerville Varsity Baseball Game</p>	<p>3 V 10:30 Moming Stretch (2) C 11:00 New Castle 8th Grade Interviews (2) O 12:30 Outing: McDonalds K 1:00 10 Penny Card Game (2) V 3:30 Trilogy Fit: Balance (2) L 4:00 Brain Fit (2) M 6:00 Double Blessings Duo</p>	<p>4 O 9:30 Outing: Wal-Mart Trip V 10:30 Outside Corn Hole (UC) S 1:00 Campus Chat (2) A 2:00 Spring Art (3) M 4:00 Social Hour with Larry Davis (2)</p>	<p>5 Cinco de Mayo O 7:30 Outing: Kiwanis' "All You Can Eat Pancake Breakfast" I 10:00 Gospel Videos (2) K 1:00 Nintendo Wii Bowling (2) K 2:00 Bingo (2) K 3:00 Sequence Card Game (2)</p>
<p>6 K 1:00 Euchre Card Game (2) K 1:00 Resident's Choice Card Game (2) M 3:00 Sunday Devotions with Good News Ministry from Muncie (2) K 3:30 Bridge Card Game (2)</p>	<p>7 V 10:30 Moming Stretch (2) I 11:00 Reflections with Betty S. (2) K 1:00 Pokeno (2) S 2:00 Inspired Living Committee (Activity Circle) (2) V 2:30 Trilogy Fit: Stretching (2)</p>	<p>8 V 10:30 Moming Stretch (2) I 11:00 Reflections (2) K 1:00 Phase 10 Card Game (2) V 3:30 Trilogy Fit: Strengthening (2) A 6:00 Knitting Club (3)</p>	<p>9 V 10:30 Moming Stretch (2) I 11:00 Reflections (2) K 1:00 Chicken Foot Domino Game (2) V 2:30 Trilogy Fit: Cardio (2) K 3:00 Bingo (2)</p>	<p>10 V 10:30 Moming Stretch (2) O 11:30 Outing: Gaither's Restaurant/Alexandria K 1:00 10 Penny Card Game (2) V 3:30 Trilogy Fit: Balance (2) L 4:00 Brain Fit (2) K 6:00 Pot Luck Bingo (2)</p>	<p>11 O 9:30 Outing: Wal-Mart Trip V 10:30 Outside Corn Hole (UC) L 1:00 Outside Chit Chat With Diane (UC) A 2:00 Spring Art (3) M 4:00 Social Hour with Paul White (2)</p>	<p>12 I 10:00 Gospel Videos (2) K 1:00 Nintendo Wii Bowling (2) K 2:00 Bingo (2) K 3:00 Sequence Card Game (2)</p>
<p>13 Mother's Day K 1:00 Resident's Choice Card Game (2) MM 1:30 Mother's Day Tea (DR) M 3:00 Sunday Devotions with Ralph Franklin & Associates (2) K 3:30 Bridge Card Game (2)</p>	<p>14 V 10:30 Moming Stretch (2) I 11:00 Reflections with Betty S. (2) K 1:00 Pokeno (2) V 2:30 Trilogy Fit: Stretching (2) K 3:00 Golf (2)</p>	<p>15 Ramadan Begins V 10:30 Moming Stretch (2) I 11:00 Reflections (2) K 1:00 Phase 10 Card Game (2) V 3:30 Trilogy Fit: Strengthening (2) L 6:00 Sound of Music Movie Night (2) A 6:00 Knitting Club (3)</p>	<p>16 V 10:30 Moming Stretch (2) I 11:00 Reflections (2) K 1:00 Chicken Foot Domino Game (2) V 2:30 Trilogy Fit: Cardio (2) K 3:00 Bingo (2) L 6:00 Pioneer Project (3)</p>	<p>17 V 10:30 Moming Stretch (2) K 1:00 10 Penny Card Game (2) O 2:00 Outing: Dairy Queen V 3:30 Trilogy Fit: Balance (2) L 4:00 Brain Fit (2) S 5:00 Sound of Music Theme Dinner (DR)</p>	<p>18 O 9:30 Outing: Wal-Mart Trip V 10:30 Outside Corn Hole (UC) L 1:00 Out Reach Library Program With Keegan (2) A 2:00 Spring Art (3) M 4:00 Social Hour with Martha Bowman (2)</p>	<p>19 I 10:00 Gospel Videos (2) K 1:00 Nintendo Wii Bowling (2) K 2:00 Bingo (2) K 3:00 Sequence Card Game (2)</p>
<p>20 K 1:00 Euchre Card Game (2) K 1:00 Resident's Choice Card Game (2) M 3:00 Sunday Devotions with Pastor Phil Brown & Associates (2) K 3:30 Bridge Card Game (2)</p>	<p>21 V 10:30 Moming Stretch (2) I 11:00 Reflections with Betty S. (2) K 1:00 Pokeno (2) V 2:30 Trilogy Fit: Stretching (2) K 3:00 Golf (2)</p>	<p>22 V 10:30 Moming Stretch (2) I 11:00 Reflections (2) K 1:00 Phase 10 Card Game (2) V 3:30 Trilogy Fit: Strengthening (2) A 6:00 Knitting Club (3) M 6:00 Marion Hail Plays Piano (2)</p>	<p>23 V 10:30 Moming Stretch (2) I 11:00 Reflections (2) K 1:00 Chicken Foot Domino Game (2) V 2:30 Trilogy Fit: Cardio (2) K 3:00 Bingo (2)</p>	<p>24 V 10:30 Moming Stretch (2) O 11:30 Outing: Muncie Mall/Starbucks K 1:00 10 Penny Card Game (2) V 3:30 Trilogy Fit: Balance (2) L 4:00 Brain Fit (2) O 6:15 Outing: Noteworthy Concert/Indiana Folk</p>	<p>25 O 9:30 Outing: Wal-Mart Trip S 11:00 Chef's Circle (DR) O 11:30 Outing: New Castle Bank Trip L 1:00 Outside Chit Chat With Diane (UC) A 2:00 Spring Art (3) M 4:00 Social Hour with Jimmy Priest (2)</p>	<p>26 I 10:00 Gospel Videos (2) K 1:00 Nintendo Wii Bowling (2) K 2:00 Bingo (2) K 3:00 Sequence Card Game (2)</p>
<p>27 S 11:00 Family Brunch (DR) 11AM - 1PM K 1:00 Euchre Card Game (2) K 1:00 Resident's Choice Card Game (2) M 3:00 Sunday Devotions with Danny Shelton & Associates (2) K 3:30 Bridge Card Game (2)</p>	<p>28 Memorial Day O 9:00 Outing: Memorial Day Parade V 10:30 Moming Stretch (2) I 11:00 Reflections with Betty S. (2) K 1:00 Pokeno (2) V 2:30 Trilogy Fit: Stretching (2) K 3:00 Golf (2)</p>	<p>29 V 10:30 Moming Stretch (2) I 11:00 Reflections (2) K 1:00 Phase 10 Card Game (2) V 3:30 Trilogy Fit: Strengthening (2) A 6:00 Knitting Club (3)</p>	<p>30 V 10:30 Moming Stretch (2) I 11:00 Reflections (2) K 1:00 Chicken Foot Domino Game (2) V 2:30 Trilogy Fit: Cardio (2) K 3:00 Bingo (2)</p>	<p>31 V 10:30 Moming Stretch (2) O 11:30 Outing: Chocolate Moose Restaurant/Farmland K 1:00 10 Penny Card Game (2) V 3:30 Trilogy Fit: Balance (2) L 4:00 Brain Fit (2) K 6:00 Euchre Toumament (2)</p>	<p>CAMPUS ACTIVITY LOCATION ABBRVS.: UC = Under Canopy Outside DR = Dining Room CR = Café Room 1 = 1st Floor Family Room 2 = 2nd Floor Family Room 3 = 3rd Floor Kitchen Area</p>	<p>RESIDENT BIRTHDAYS: Jeanine M. 5/7 Monte G. 5/10 David W. 5/12 Elva F. 5/12 Jacky S. 5/15 EMPLOYEE BIRTHDAYS: Sheila M. 5/9 Norma K. 5/10 Herbert T. 5/21</p>