

Senior Living at Forest Ridge  
Life Enrichment Calendar

# August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>GC</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>M</b> - Music to My Ears <b>O</b> - Out &amp; About <b>S</b> - Signature Events <b>V</b> - Vitality</p>	<p>DEPARTMENT LEADERS:  LauraLisa Stamper, ED Debbie Godfrey, BOM Norma Kriner, LED Dyanna Abner, DFS Vickie Taylor, DES Herbert Taylor, DPO</p>	<p>CAMPUS ACTIVITY LOCATION ABBRVS.: UC = Under Canopy Outside DR = Dining Room CR = Café Room 1 = 1st Floor Family Room 2 = 2nd Floor Family Room 3 = 3rd Floor Kitchen Area</p>	<p><b>1</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Chicken Foot Domino Game (2) <b>V</b> 2:30 Trilogy Fit: Cardio (2) <b>K</b> 3:00 Bingo (2)</p>	<p><b>2</b> <b>V</b> 10:30 Morning Stretch (2) <b>K</b> 1:00 10 Penny Card Game (2) <b>O</b> 1:30 Outing: K &amp; P Farmer's Market <b>V</b> 2:30 Corn Hole (UC) <b>V</b> 3:30 Trilogy Fit: Balance (2) <b>S</b> 4:00 BrainFit (2) <b>M</b> 6:00 Double Blessings Duo</p>	<p><b>3</b> <b>O</b> 9:30 Outing: Wal-Mart Trip <b>A</b> 10:30 Summer Art (3) <b>S</b> 1:00 Campus Chat (2) <b>L</b> 2:30 Current Events (2) <b>M</b> 4:00 Social Hour with Larry Davis (2)</p>	<p><b>4</b> <b>I</b> 10:00 Gospel Videos (2) <b>K</b> 1:00 Skip-Bo Card Game (2) <b>K</b> 2:00 Bingo (2) <b>K</b> 3:00 Spinner Domino Game (2) <b>O</b> 6:00 Outing: New Castle Cruise In/Main Street</p>
<p><b>5</b> <b>K</b> 1:00 Euchre Card Game (2) <b>K</b> 1:00 Resident's Choice Card Game (2) <b>M</b> 3:00 Sunday Devotions with Good News Ministry from Muncie (2) <b>K</b> 3:30 Bridge Card Game (2)</p>	<p><b>6</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections with Betty S. (2) <b>K</b> 1:00 Pokeno (2) <b>S</b> 2:00 Inspired Living Committee (Activity Circle) (2) <b>V</b> 2:30 Trilogy Fit: Stretching (2)</p>	<p><b>7</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Phase 10 Card Game (2) <b>GC</b> 2:30 Sequence Card Game (2) <b>V</b> 3:30 Trilogy Fit: Strengthening (2) <b>A</b> 6:00 Knitting Club (3)</p>	<p><b>8</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Chicken Foot Domino Game (2) <b>V</b> 2:30 Trilogy Fit: Cardio (2) <b>K</b> 3:00 Bingo (2) <b>O</b> 5:30 Outing: Mooreland Free Fair</p>	<p><b>9</b> <b>V</b> 10:30 Morning Stretch (2) <b>K</b> 1:00 10 Penny Card Game (2) <b>V</b> 2:30 Corn Hole (UC) <b>V</b> 3:30 Trilogy Fit: Balance (2) <b>L</b> 6:00 Movie Night:</p>	<p><b>10</b> <b>O</b> 9:30 Outing: Wal-Mart Trip <b>A</b> 10:30 Summer Art (3) <b>L</b> 1:00 Outside Chit Chat With Diane (UC) <b>L</b> 2:30 Current Events (2) <b>M</b> 4:00 Social Hour with Paul White (2)</p>	<p><b>11</b> <b>I</b> 10:00 Gospel Videos (2) <b>K</b> 1:00 Skip-Bo Card Game (2) <b>K</b> 2:00 Bingo (2) <b>K</b> 3:00 Spinner Domino Game (2)</p>
<p><b>12</b> <b>K</b> 1:00 Euchre Card Game (2) <b>K</b> 1:00 Resident's Choice Card Game (2) <b>M</b> 3:00 Sunday Devotions with Ralph Franklin &amp; Associates (2) <b>K</b> 3:30 Bridge Card Game (2)</p>	<p><b>13</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections with Betty S. (2) <b>K</b> 1:00 Pokeno (2) <b>V</b> 2:30 Trilogy Fit: Stretching (2) <b>K</b> 3:00 Golf (2)</p>	<p><b>14</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Phase 10 Card Game (2) <b>GC</b> 2:30 Sequence Card Game (2) <b>V</b> 3:30 Trilogy Fit: Strengthening (2) <b>A</b> 6:00 Knitting Club (3)</p>	<p><b>15</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Chicken Foot Domino Game (2) <b>V</b> 2:30 Trilogy Fit: Cardio (2) <b>K</b> 3:00 Bingo (2) <b>L</b> 6:00 Old Fashioned Toy Demonstration (3) <b>L</b> 6:00 American Folk Art</p>	<p><b>16</b> <b>V</b> 10:30 Morning Stretch (2) <b>O</b> 11:30 Outing: Park's Restaurant <b>K</b> 1:00 10 Penny Card Game (2) <b>V</b> 2:30 Corn Hole (UC) <b>V</b> 3:30 Trilogy Fit: Balance (2) <b>S</b> 5:00 The South Pacific Theme Dinner (DR)</p>	<p><b>17</b> <b>O</b> 9:30 Outing: Wal-Mart Trip <b>A</b> 10:30 Summer Art (3) <b>L</b> 1:00 Out Reach Library Program With Keegan (2) <b>L</b> 2:30 Current Events (2) <b>M</b> 4:00 Social Hour with Martha Bowman (2)</p>	<p><b>18</b> <b>I</b> 10:00 Gospel Videos (2) <b>K</b> 1:00 Skip-Bo Card Game (2) <b>K</b> 2:00 Bingo (2) <b>K</b> 3:00 Spinner Domino Game (2)</p>
<p><b>19</b> <b>K</b> 1:00 Euchre Card Game (2) <b>K</b> 1:00 Resident's Choice Card Game (2) <b>M</b> 3:00 Sunday Devotions with Pastor Phil Brown &amp; Associates (2) <b>K</b> 3:30 Bridge Card Game (2)</p>	<p><b>20</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections with Betty S. (2) <b>K</b> 1:00 Pokeno (2) <b>V</b> 2:30 Trilogy Fit: Stretching (2) <b>K</b> 3:00 Golf (2)</p>	<p><b>21 Senior Citizens Day</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Phase 10 Card Game (2) <b>GC</b> 2:30 Sequence Card Game (2) <b>V</b> 3:30 Trilogy Fit: Strengthening (2) <b>A</b> 6:00 Knitting Club (3)</p>	<p><b>22</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Chicken Foot Domino Game (2) <b>V</b> 2:30 Trilogy Fit: Cardio (2) <b>K</b> 3:00 Bingo (2)</p>	<p><b>23</b> <b>V</b> 10:30 Morning Stretch (2) <b>O</b> 11:30 Outing: Weenee World <b>K</b> 1:00 10 Penny Card Game (2) <b>V</b> 2:30 Corn Hole (UC) <b>V</b> 3:30 Trilogy Fit: Balance (2) <b>S</b> 5:30 Summer BBQ Bingo (UC)</p>	<p><b>24</b> <b>O</b> 9:30 Outing: Wal-Mart Trip <b>A</b> 10:30 Summer Art (3) <b>S</b> 11:00 Chef's Circle (DR) <b>O</b> 11:30 Outing: New Castle Bank Trip <b>L</b> 1:00 Outside Chit Chat With Diane (UC) <b>L</b> 2:30 Current Events (2) <b>M</b> 4:00 Social Hour with Jimmy</p>	<p><b>25</b> <b>I</b> 10:00 Gospel Videos (2) <b>K</b> 1:00 Skip-Bo Card Game (2) <b>K</b> 2:00 Bingo (2) <b>K</b> 3:00 Spinner Domino Game (2)</p>
<p><b>26</b> <b>S</b> 11:00 Family Brunch (DR) 11AM - 1PM <b>K</b> 1:00 Euchre Card Game (2) <b>K</b> 1:00 Resident's Choice Card Game (2) <b>M</b> 3:00 Sunday Devotions with Danny Shelton &amp; Associates (2) <b>K</b> 3:30 Bridge Card Game (2)</p>	<p><b>27</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections with Betty S. (2) <b>K</b> 1:00 Pokeno (2) <b>V</b> 2:30 Trilogy Fit: Stretching (2) <b>K</b> 3:00 Golf (2)</p>	<p><b>28</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Phase 10 Card Game (2) <b>GC</b> 2:30 Sequence Card Game (2) <b>V</b> 3:30 Trilogy Fit: Strengthening (2) <b>A</b> 6:00 Knitting Club (3)</p>	<p><b>29</b> <b>V</b> 10:30 Morning Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Chicken Foot Domino Game (2) <b>V</b> 2:30 Trilogy Fit: Cardio (2) <b>K</b> 3:00 Bingo (2)</p>	<p><b>30</b> <b>V</b> 10:30 Morning Stretch (2) <b>O</b> 11:30 Outing: Fountain City Family Diner/Amish Store <b>K</b> 1:00 10 Penny Card Game (2) <b>V</b> 2:30 Corn Hole (UC) <b>V</b> 3:30 Trilogy Fit: Balance (2) <b>GC</b> 6:00 Euchre Tournament (2)</p>	<p><b>31</b> <b>O</b> 9:30 Outing: Wal-Mart Trip <b>A</b> 10:30 Summer Art (3) <b>L</b> 1:00 Outside Chit Chat With Diane (UC) <b>L</b> 2:30 Current Events (2) <b>M</b> 4:00 Social Hour with Sharon Day Playing the Dulcimer (2)</p>	<p>RESIDENT BIRTHDAYS: Connie C. 8/3 Bobby B. 8/6 Irene G. 8/22 Ethel C. 8/24 Aileen M. 8/29 Bill S. 8/30 Tyera L. 8/5 Tiffany B. 8/14 Nancy B. 8/18</p>