

**Senior Living at Forest Ridge  
Life Enrichment Calendar**

# November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>GC</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>M</b> - Music to My Ears <b>O</b> - Out &amp; About <b>S</b> - Signature Events <b>V</b> - Vitality</p>	<p>DEPARTMENT LEADERS:  LauraLisa Stamper, ED Debbie Godfrey, BOM Norma Kriner, LED Dyanna Abner, DFS Vickie Taylor, DES Herbert Taylor, DPO</p>	<p>CAMPUS ACTIVITY LOCATION ABBRVS.: UC = Under Canopy Outside DR = Dining Room CR = Café Room 1 = 1st Floor Family Room 2 = 2nd Floor Family Room 3 = 3rd Floor Kitchen Area</p>	<p>EMPLOYEE BIRTHDAYS:  LauraLisa S. 11/4 Nancy M. 11/13</p>	<p><b>1</b> <b>V</b> 10:30 Moming Stretch (2) <b>O</b> 1:00 Outing: Kennedy Wooden Bridges Tour <b>K</b> 1:00 10 Penny Card Game (2) <b>V</b> 3:30 Trilogy Fit: Balance (2) <b>M</b> 4:10 Bell Choir (2) <b>M</b> 6:00 Double Blessings Duo Gospel Music (2)</p>	<p><b>2</b> <b>O</b> 9:30 Outing: Wal-Mart Trip <b>S</b> 1:00 Campus Chat (2) <b>K</b> 1:30 Bingo (2) <b>A</b> 2:30 Holiday Art (3) <b>M</b> 4:00 Social Hour with The Cord of "G" (2)</p>	<p><b>3</b> <b>I</b> 10:00 Gospel Videos (2) <b>K</b> 1:00 Sequence Card Game (2) <b>K</b> 1:00 Phase 10 Card Game (2) <b>K</b> 2:00 Hearts Card Game (2) <b>K</b> 3:30 Spinner Domino Game (2)</p>
<p><b>4 Daylight Savings Ends</b></p> <p><b>K</b> 1:00 Euchre Card Game (2) <b>K</b> 1:00 Resident's Choice Card Game (2) <b>M</b> 3:00 Sunday Devotions with Good News Ministry from Muncie (2) <b>K</b> 3:30 Skip Bo Card Game (2)</p>	<p><b>5</b> <b>V</b> 10:30 Moming Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Pokeno (2) <b>S</b> 2:00 Inspired Living Committee (Activity Circle) (2) <b>V</b> 2:30 Trilogy Fit: Stretching (2) <b>K</b> 3:00 Golf (2)</p>	<p><b>6 Election Day</b></p> <p><b>V</b> 10:30 Moming Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Phase 10 Card Game (2) <b>V</b> 2:30 Trilogy Fit: Strengthening (2) <b>A</b> 6:00 Knitting Club (3)</p>	<p><b>7</b> <b>V</b> 10:30 Moming Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Chicken Foot Domino Game (2) <b>V</b> 2:30 Trilogy Fit: Cardio (2) <b>K</b> 3:00 Bingo (2)</p>	<p><b>8</b> <b>V</b> 10:30 Moming Stretch (2) <b>O</b> 11:30 Outing: Sahn's Restaurant/Pendleton Restaurant (2) <b>K</b> 1:00 10 Penny Card Game (2) <b>V</b> 3:30 Trilogy Fit: Balance (2) <b>M</b> 4:10 Bell Choir (2) <b>L</b> 6:00 Movie Night:</p>	<p><b>9</b> <b>O</b> 9:30 Outing: Wal-Mart Trip <b>S</b> 12:20 Veteran's Day Appreciation Ceremony <b>K</b> 1:30 Bingo (2) <b>A</b> 2:30 Holiday Art (3) <b>M</b> 4:00 Social Hour with Paul White (2)</p>	<p><b>10</b> <b>I</b> 10:00 Gospel Videos (2) <b>K</b> 1:00 Sequence Card Game (2) <b>K</b> 1:00 Phase 10 Card Game (2) <b>K</b> 2:00 Hearts Card Game (2) <b>K</b> 3:30 Spinner Domino Game (2)</p>
<p><b>11 Veterans Day</b></p> <p><b>O</b> 11:00 Outing: Veteran's Free Lunch at Applebee's Restaurant <b>K</b> 1:00 Euchre Card Game (2) <b>K</b> 1:00 Resident's Choice Card Game (2) <b>M</b> 3:00 Sunday Devotions with Ralph Franklin &amp; Associates (2)</p>	<p><b>12</b> <b>V</b> 10:30 Moming Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Pokeno (2) <b>V</b> 2:30 Trilogy Fit: Stretching (2) <b>K</b> 3:00 Golf (2)</p>	<p><b>13</b> <b>V</b> 10:30 Moming Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Phase 10 Card Game (2) <b>V</b> 2:30 Trilogy Fit: Strengthening (2) <b>A</b> 6:00 Knitting Club (3)</p>	<p><b>14</b> <b>V</b> 10:30 Moming Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Chicken Foot Domino Game (2) <b>V</b> 2:30 Trilogy Fit: Cardio (2) <b>K</b> 3:00 Bingo (2)</p>	<p><b>15</b> <b>V</b> 10:30 Moming Stretch (2) <b>O</b> 11:30 Outing: The Pancake House/Greenfield House (2) <b>K</b> 1:00 10 Penny Card Game (2) <b>V</b> 3:30 Trilogy Fit: Balance (2) <b>M</b> 4:10 Bell Choir (2)</p>	<p><b>16</b> <b>O</b> 9:30 Outing: Wal-Mart Trip <b>L</b> 1:00 Out Reach Library Program With Keegan (2) <b>K</b> 1:30 Bingo (2) <b>A</b> 2:30 Holiday Art (3) <b>M</b> 4:00 Social Hour with Martha Bowman (2)</p>	<p><b>17</b> <b>S</b> 10:00 Holiday Bazaar 10am - 4pm <b>I</b> 10:00 Gospel Videos (2) <b>K</b> 1:00 Sequence Card Game (2) <b>K</b> 1:00 Phase 10 Card Game (2) <b>K</b> 2:00 Hearts Card Game (2) <b>K</b> 3:30 Spinner Domino Game (2)</p>
<p><b>18</b></p> <p><b>S</b> 10:00 Holiday Bazaar 10am - 4pm <b>K</b> 1:00 Euchre Card Game (2) <b>K</b> 1:00 Resident's Choice Card Game (2) <b>M</b> 3:00 Sunday Devotions with Pastor Phil Brown &amp; Associates (2) <b>K</b> 3:30 Skip Bo Card Game (2)</p>	<p><b>19</b> <b>V</b> 10:30 Moming Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Pokeno (2) <b>V</b> 2:30 Trilogy Fit: Stretching (2) <b>K</b> 3:00 Golf (2)</p>	<p><b>20</b> <b>V</b> 10:30 Moming Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Phase 10 Card Game (2) <b>V</b> 2:30 Trilogy Fit: Strengthening (2) <b>A</b> 6:00 Knitting Club (3)</p>	<p><b>21</b> <b>V</b> 10:30 Moming Stretch (2) <b>I</b> 11:00 Reflections (2) <b>O</b> 11:30 Outing: Famous Recipe Restaurant <b>K</b> 1:00 Chicken Foot Domino Game (2) <b>V</b> 2:30 Trilogy Fit: Cardio (2) <b>K</b> 3:00 Bingo (2) <b>L</b> 6:00 American Folk Art</p>	<p><b>22 Thanksgiving</b></p> <p><b>V</b> 10:30 Moming Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 10 Penny Card Game (2) <b>V</b> 3:30 Trilogy Fit: Balance (2) <b>M</b> 4:10 Bell Choir (2)</p>	<p><b>23</b> <b>O</b> 9:30 Outing: Wal-Mart Trip <b>S</b> 11:00 Chef's Circle (DR) <b>O</b> 11:30 Outing: New Castle Bank Trip <b>K</b> 1:30 Bingo (2) <b>A</b> 2:30 Holiday Art (3) <b>M</b> 4:00 Social Hour with Jimmy Priest (2)</p>	<p><b>24</b> <b>I</b> 10:00 Gospel Videos (2) <b>K</b> 1:00 Sequence Card Game (2) <b>K</b> 1:00 Phase 10 Card Game (2) <b>K</b> 2:00 Hearts Card Game (2) <b>K</b> 3:30 Spinner Domino Game (2)</p>
<p><b>25</b></p> <p><b>S</b> 11:00 Family Brunch (DR) 11AM - 1PM <b>K</b> 1:00 Euchre Card Game (2) <b>K</b> 1:00 Resident's Choice Card Game (2) <b>M</b> 3:00 Sunday Devotions with Danny Shelton &amp; Associates (2) <b>K</b> 3:30 Skip Bo Card Game (2)</p>	<p><b>26</b> <b>V</b> 10:30 Moming Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Pokeno (2) <b>V</b> 2:30 Trilogy Fit: Stretching (2) <b>K</b> 3:00 Golf (2)</p>	<p><b>27</b> <b>V</b> 10:30 Moming Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Phase 10 Card Game (2) <b>V</b> 2:30 Trilogy Fit: Strengthening (2) <b>A</b> 6:00 Knitting Club (3)</p>	<p><b>28</b> <b>V</b> 10:30 Moming Stretch (2) <b>I</b> 11:00 Reflections (2) <b>K</b> 1:00 Chicken Foot Domino Game (2) <b>GC</b> 1:30 Cate's Hearing Aide (1) <b>V</b> 2:30 Trilogy Fit: Cardio (2) <b>K</b> 3:00 Bingo (2)</p>	<p><b>29</b> <b>V</b> 10:30 Moming Stretch (2) <b>K</b> 1:00 10 Penny Card Game (2) <b>O</b> 3:00 Outing: Steak N Shake Happy Hour <b>V</b> 3:30 Trilogy Fit: Balance (2) <b>M</b> 4:10 Bell Choir (2) <b>GC</b> 6:00 Euchre Tournament (2)</p>	<p><b>30</b> <b>O</b> 9:30 Outing: Wal-Mart Trip <b>O</b> 1:00 Outing: Four Square Church Bazaar <b>K</b> 1:30 Bingo (2) <b>A</b> 2:30 Holiday Art (3) <b>M</b> 4:00 Social Hour with Sharon Day Playing the Dulcimer (2)</p>	<p>RESIDENT BIRTHDAY'S:  Virginia R. 11/2 Gloria S. 11/3 Jim M. 11/14 Hal R. 11/23 Thelma M. 11/25</p>