

# January 2019

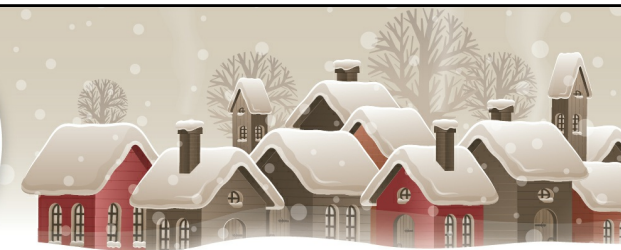
Scenic Hills Care Center  
Health Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>A</b> - Artisans <b>CC</b> - Creative Cooking <b>GF</b> - Gathering of Friends <b>GG</b> - Group Games <b>I</b> - Inspirations <b>JG</b> - Just the Guys <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>MN</b> - Mindful Moments <b>M</b> - Music to My Ears <b>O</b> - Out & About	Family Brunch- January 20th -11:00 a.m.- 1:00p.m Family Forum -January 21 st @ 6:00 p.m. Taste of the Town -January 29 th	<b>1</b> <b>New Year's Day</b> <b>MN</b> 8:15 Sensations Group 1 <b>I</b> 10:10 Rosary and Communion <b>MN</b> 11:00 Sensations-Group 2 <b>K</b> 1:15 Cookies and Mind Teasers <b>GF</b> 2:00 New Year Social	<b>2</b> <b>MN</b> 8:15 Sensations Group 1 <b>V</b> 9:30 Movement and Music <b>I</b> 10:10 Rosary/Comm <b>MN</b> 11:00 Sensations-Group 2 <b>S</b> 2:00 Kitchen Komer and Popcom <b>GG</b> 3:00 Bowling	<b>3</b> <b>MN</b> 8:15 Sensations Group 1 <b>I</b> 10:10 Rosary <b>I</b> 10:30 Mass <b>MN</b> 11:00 Sensations-Group 2 <b>S</b> 2:00 Meeting of the Minds <b>GG</b> 7:00 Thursday Night Turnover	<b>4</b> <b>MN</b> 8:15 Sensations Group 1 <b>V</b> 9:30 Scarf Dancing <b>I</b> 10:10 Rosary/Comm <b>MN</b> 11:00 Sensations-Group 2 <b>GG</b> 2:00 Birthday Bingo <b>S</b> 3:00 Happy Hour/Music with Neil	<b>5</b> <b>MN</b> 8:15 Sensations Group 1 <b>V</b> 9:30 Exercise <b>MN</b> 11:00 Sensations-Group 2 <b>GG</b> 2:30 Bowling
<b>6</b> <b>MN</b> 8:15 Sensations Group 1 <b>I</b> 10:10 Rosary and communion <b>MN</b> 11:00 Sensations-Group 2 <b>K</b> 3:00 Turnover	<b>7</b> <b>MN</b> 8:15 Sensations Group 1 <b>V</b> 8:30 Exercise to Music <b>I</b> 10:10 Rosary and Communion <b>MN</b> 11:00 Sensations-Group 2 <b>K</b> 1:15 Popcorn and Mind Teasers <b>GG</b> 3:00 Monday Mystery <b>GG</b> 7:00 Bingo	<b>8</b> <b>MN</b> 8:15 Sensations Group 1 <b>I</b> 10:10 Rosary and Communion <b>MN</b> 11:00 Sensations-Group 2 <b>JG</b> 12:00 Men's Hour/ Out to Eat with Rick <b>K</b> 1:15 Cookies and Mind Teasers <b>GG</b> 3:00 Bingo	<b>9</b> <b>MN</b> 8:15 Sensations Group 1 <b>V</b> 9:30 Movement and Music <b>I</b> 10:10 Rosary/Comm <b>MN</b> 11:00 Sensations-Group 2 <b>S</b> 1:30 Kitchen Komer and Popcom <b>M</b> 2:00 Music with Bob	<b>10</b> <b>MN</b> 8:15 Sensations Group 1 <b>I</b> 10:10 Rosary <b>I</b> 10:30 Mass <b>MN</b> 11:00 Sensations-Group 2 <b>K</b> 1:15 Popcorn and Trivia <b>M</b> 2:00 Cliff the Drifter <b>GG</b> 7:00 Thursday Night Turnover	<b>11</b> <b>MN</b> 8:15 Sensations Group 1 <b>V</b> 9:30 Scarf Dancing <b>I</b> 10:10 Rosary/Comm <b>MN</b> 11:00 Sensations-Group 2 <b>GG</b> 2:00 Birthday Bingo <b>M</b> 3:00 Happy Hour with Rivercruise	<b>12</b> <b>MN</b> 8:15 Sensations Group 1 <b>V</b> 9:30 Exercise <b>I</b> 10:10 Rosary <b>MN</b> 11:00 Sensations-Group 2 <b>I</b> 3:00 Seventh Day Adventist
<b>13</b> <b>MN</b> 8:15 Sensations Group 1 <b>I</b> 10:10 Rosary and communion <b>MN</b> 11:00 Sensations-Group 2 <b>GF</b> 2:30 Mix and Mingle Social	<b>14</b> <b>MN</b> 8:15 Sensations Group 1 <b>MN</b> 8:15 Sensations Group 1 <b>V</b> 8:30 Exercise to Music <b>I</b> 10:10 Rosary and Communion <b>MN</b> 11:00 Sensations-Group 2 <b>K</b> 1:15 Popcorn and Mind Teasers <b>CC</b> 3:00 Tasteful Foods /Fruit Turnovers	<b>15</b> <b>MN</b> 8:15 Sensations Group 1 <b>I</b> 10:10 Rosary and Communion <b>MN</b> 11:00 Sensations-Group 2 <b>O</b> 1:15 Outing: Movies at Santa Claus UMC <b>K</b> 1:15 Cookies and Mind Teasers <b>V</b> 3:00 Bingo	<b>16</b> <b>MN</b> 8:15 Sensations Group 1 <b>V</b> 9:30 Movement and Music <b>I</b> 10:10 Rosary/Comm <b>MN</b> 11:00 Sensations-Group 2 <b>S</b> 1:30 Kitchen Komer and Popcom <b>GG</b> 3:00 Bowling	<b>17</b> <b>MN</b> 8:15 Sensations Group 1 <b>I</b> 10:10 Rosary <b>I</b> 10:30 Mass <b>MN</b> 11:00 Sensations-Group 2 <b>K</b> 1:15 Popcorn and Trivia <b>S</b> 2:00 Men's Social with Butch <b>GG</b> 6:30 Thursday Night Turnover	<b>18</b> <b>MN</b> 8:15 Sensations Group 1 <b>V</b> 9:30 Music and Movement <b>I</b> 10:10 Rosary/Comm <b>MN</b> 11:00 Sensations-Group 2 <b>S</b> 3:00 Happy Hour and music with Larry	<b>19</b> <b>MN</b> 8:15 Sensations Group 1 <b>V</b> 9:30 Exercise <b>MN</b> 11:00 Sensations-Group 2 <b>GF</b> 1:30 Coffee Social Hour <b>GG</b> 2:30 Bowling
<b>20</b> <b>MN</b> 8:15 Sensations Group 1 <b>I</b> 10:10 Rosary and communion <b>11:00</b> Family Brunch 11:00 a.m. and 12:00 p.m. <b>MN</b> 11:00 Sensations-Group 2 <b>K</b> 3:00 Turnover	<b>21</b> <b>Martin Luther King Day</b> <b>MN</b> 8:15 Sensations Group 1 <b>V</b> 9:30 Movement to Music <b>I</b> 10:10 Rosary and Communion <b>MN</b> 11:00 Sensations-Group 2 <b>K</b> 1:15 Popcorn and Mind Teasers <b>A</b> 3:00 Decopodge/Doilies <b>GG</b> 7:00 Bingo	<b>22</b> <b>MN</b> 8:15 Sensations Group 1 <b>I</b> 10:10 Rosary and Communion <b>MN</b> 11:00 Sensations-Group 2 <b>K</b> 1:30 Cookies and Mind Teasers <b>A</b> 3:00 Canvas Painting	<b>23</b> <b>MN</b> 8:15 Sensations Group 1 <b>V</b> 9:30 Movement and Music <b>I</b> 10:10 Rosary/Comm <b>MN</b> 11:00 Sensations-Group 2 <b>S</b> 1:30 Kitchen Komer and Popcom <b>GG</b> 3:00 Bowling	<b>24</b> <b>MN</b> 8:15 Sensations Group 1 <b>I</b> 10:10 Rosary <b>I</b> 10:30 Mass <b>MN</b> 11:00 Sensations-Group 2 <b>K</b> 1:15 Popcorn and Trivia <b>JG</b> 2:00 Men's Group with Butch <b>GG</b> 7:00 Thursday Night Turnover	<b>25</b> <b>MN</b> 8:15 Sensations Group 1 <b>V</b> 9:30 Scarf Dancing <b>I</b> 10:10 Rosary/Comm <b>MN</b> 11:00 Sensations-Group 2 <b>S</b> 3:00 Happy Hour/ Tail Gating Party	<b>26</b> <b>MN</b> 8:15 Sensations Group 1 <b>V</b> 9:15 Spa Therapy <b>V</b> 9:30 Exercise <b>MN</b> 11:00 Sensations-Group 2 <b>GG</b> 2:30 Bowling
<b>27</b> <b>MN</b> 8:15 Sensations Group 1 <b>I</b> 10:10 Rosary and communion <b>MN</b> 11:00 Sensations-Group 2 <b>I</b> 2:00 Central Christian Church <b>L</b> 3:00 Activity Cart to Rooms	<b>28</b> <b>MN</b> 8:15 Sensations Group 1 <b>MN</b> 8:15 Sensations Group 1 <b>V</b> 8:30 Exercise to Music <b>I</b> 10:10 Rosary and Communion <b>MN</b> 11:00 Sensations-Group 2 <b>K</b> 1:15 Popcorn and Mind Teasers <b>2:00</b> Resident Council Meeting	<b>29</b> <b>MN</b> 8:15 Sensations Group 1 <b>I</b> 10:10 Rosary and Communion <b>MN</b> 11:00 Sensations-Group 2 <b>K</b> 1:15 Cookies and Mind Teasers <b>GF</b> 3:00 Card Games	<b>30</b> <b>MN</b> 8:15 Sensations Group 1 <b>V</b> 9:30 Movement and Music <b>I</b> 10:10 Rosary/Comm <b>MN</b> 11:00 Sensations-Group 2 <b>S</b> 1:30 Kitchen Komer and Popcom <b>GG</b> 3:00 Bowling	<b>31</b> <b>MN</b> 8:15 Sensations Group 1 <b>I</b> 10:10 Rosary <b>I</b> 10:30 Mass <b>MN</b> 11:00 Sensations-Group 2 <b>K</b> 1:15 Popcorn and Trivia <b>GG</b> 2:00 Yahtzee <b>GG</b> 7:00 Thursday Night Turnover	All reschedules and cancellations will be on community share in main hallway. Thank You!	OUTINGS: Week 1-Country Drive Week 2- Lunch out for the Men Week 3-Movies at Santa Claus Week 4- Museum

# January 2019

Scenic Hills Care Center  
Legacy Lane- Daily Rhythms



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Every Morning About 9:30- Vitality About 10:00- Keeping It Sharp About 10:30- Snack About 10:45- Creative Cooking About 11:30- Lunch Prep	Early Afternoon About 1:30- Reminisce Connections About 2:00- Artisans About 2:30- Snacks About 3:00- Music to my Ears About 3:30- Keeping it Sharp About 4:00- Connections Group Games About 4:30- Dinner Prep	<b>1 New Year's Day</b> 80s Flashback Celebrate the New Year! Reuben Spread Relax & Recharge Pop-Up New Year's Card On the Road Again Basketball Healthy Hands Lifeshare Games	<b>2</b> Wednesday Wellness Walk Unpack a Winter Bag Movement and Music Grandma's Honey Muffins Relax & Recharge 2019 Door Burst Goin' to the Chapel Color Wheel Healthy Hands	<b>3</b> Ping Pong Double the Fun Sauerkraut Sausage Soup Relax & Recharge Baking Soda Painting A Bicycle Built for Two Fly Swatter Volleyball Healthy Hands Hangman	<b>4</b> Noodle Hockey Card Suit Showdown Butterscotch Pecan Bread Pudding Relax & Recharge Bubble Wrap Snowy Tree Let's Go To the Hop Happy Hour Animal Bingo Healthy Hands Famous Faces	<b>5</b> Snowball Fight Superlatives! Peanut Butter Chippers Relax & Recharge Bubbly New Year's Fortunes Saturday Night Fever Price is Right Healthy Hands Old Time Theater
<b>6</b> Breathing In Life Spell It! Oatmeal Bread Relax & Recharge Colorful Group Mandala Songs of Faith Snowflake Toss Healthy Hands A Time For Tea!	<b>7</b> Whole Body Fitness Story Words Cinnamon Chip Scones Relax & Recharge Colorful Group Mandala Marching Monday All About "Birds" Healthy Hands Fireside Chats	<b>8</b> 80s Flashback Categories Elvis' Pudding Cake Relax & Recharge Mondrian-Inspired Bubble Wrap Art On the Road Again Basketball Healthy Hands Lifeshare Games	<b>9</b> Wednesday Wellness Walk Unpack a Winter Bag Movement and Music Chocolate Marshmallow Cookies Relax & Recharge Silhouette Winter Tree Goin' to the Chapel Color Wheel Healthy Hands	<b>10</b> Ping Pong Double the Fun Savory Beef Soup Relax & Recharge Group Quilt A Bicycle Built for Two Fly Swatter Volleyball Healthy Hands Hangman	<b>11</b> Noodle Hockey Card Suit Showdown Apple Pudding Cake Relax & Recharge Group Quilt Let's Go To the Hop Happy Hour Animal Bingo Healthy Hands Famous Faces	<b>12</b> Snowball Fight Superlatives! Baby Ruth Cookies Relax & Recharge Sparkly Winter Art Process Saturday Night Fever Price is Right Healthy Hands Old Time Theater
<b>13</b> Breathing In Life Spell It! Oatmeal Crispies Relax & Recharge Sugar Painting Snowflakes Songs of Faith Snowflake Toss Healthy Hands A Time For Tea!	<b>14</b> Whole Body Fitness Story Words S'more Sandwich Cookies Relax & Recharge Tie-Dye Polymer Clay Coasters Marching Monday All About "Birds" Healthy Hands Fireside Chats	<b>15</b> 80s Flashback Categories Soft Oatmeal Bread Relax & Recharge Winter Sky Mosaic On the Road Again Basketball Healthy Hands Lifeshare Games	<b>16</b> Wednesday Wellness Walk Unpack a Winter Bag Movement and Music Caramel Marshmallow Bars Relax & Recharge Snow Painting Goin' to the Chapel Color Wheel Healthy Hands	<b>17</b> Ping Pong Double the Fun Ham and Bean Soup Relax & Recharge Winter Pinecone Trees A Bicycle Built for Two Fly Swatter Volleyball Healthy Hands Hangman	<b>18</b> Noodle Hockey Card Suit Showdown Apple Pie Oatmeal Dessert Relax & Recharge Tissue Paper Canvas Art Let's Go To the Hop Happy Hour Animal Bingo Healthy Hands Famous Faces	<b>19</b> Snowball Fight Superlatives! Peanut Butter Sandwich Cookies Relax & Recharge Puzzle Piece Snowflakes Saturday Night Fever Price is Right Healthy Hands Old Time Theater
<b>20</b> Breathing In Life Spell It! Candy Bar Apple Salad Relax & Recharge Snowflake Window Clings Songs of Faith Snowflake Toss Healthy Hands A Time For Tea!	<b>21 Martin Luther King Day</b> Whole Body Fitness Story Words Homemade Granola Bars Relax & Recharge Group Fleece Blankets 1 Marching Monday All About "Birds" Healthy Hands Fireside Chats	<b>22</b> 80s Flashback Categories Best Bread Machine Bread Relax & Recharge Group Fleece Blankets 2 On the Road Again Basketball Healthy Hands Lifeshare Games	<b>23</b> Wednesday Wellness Walk Unpack a Winter Bag Movement and Music Peanut Butter Cream Pie Relax & Recharge Snowflake Wreath 1 Goin' to the Chapel Color Wheel Healthy Hands	<b>24</b> Ping Pong Double the Fun Pizza from Scratch Relax & Recharge Snowflake Wreath 2 A Bicycle Built for Two Fly Swatter Volleyball Healthy Hands Hangman	<b>25</b> Noodle Hockey Card Suit Showdown Slow Cooker Lava Cake Relax & Recharge Orange Bird Feeder Let's Go To the Hop Happy Hour Animal Bingo Healthy Hands Famous Faces	<b>26</b> Snowball Fight Superlatives! Chocolate Chip Oatmeal Muffins Relax & Recharge Salty Sand Craft Saturday Night Fever Price is Right Healthy Hands Old Time Theater
<b>27</b> Breathing In Life Spell It! Snickerdoodles Relax & Recharge Foil Relief Art Songs of Faith Snowflake Toss Healthy Hands A Time For Tea!	<b>28</b> Whole Body Fitness Story Words Chewy Granola Bars Relax & Recharge Salt and Watercolor Winter Scenes Marching Monday All About "Birds" Healthy Hands Fireside Chats	<b>29</b> 80s Flashback Categories Breakfast Oatmeal Muffins Relax & Recharge Foam Fortune Cookies On the Road Again Basketball Healthy Hands Lifeshare Games	<b>30</b> Wednesday Wellness Walk Unpack a Winter Bag Movement and Music Chocolate Brownies Relax & Recharge Lavender & Oatmeal Homemade Soap Goin' to the Chapel Color Wheel	<b>31</b> Ping Pong Double the Fun Chocolate Chip Cookies Relax & Recharge Mason Jar Snow Globes A Bicycle Built for Two Fly Swatter Volleyball Healthy Hands Hangman	Every Evening About 6:30-Gathering of Friends Bedtime Snack Night Time Traditions  Activities Subject to change and flexibility	Residents Birthday Party - January 4th @ 2:00 p.m. Family Forum- January 21 st @ 6:00p.m. Sunday Brunch -January 20th @11:00a.m.