

December 2017

Life Enrichment Activities Park Terrace Health Campus

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans C - Connections CC - Creative Cooking I - Inspirations K - Keeping it Sharp L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>Happy Birthday! Zula T 12-15</p>	<p>Join Us For Family Night With Santa December 14th at 5:00 to 7:00 1st floor Cafe</p>	<p>The true Christmas spirit is putting others' happiness before our own, and finding you've never known such happiness. Toni Sorenson</p>		<p>1 MM 10:00 Aromatherapy/Hand Massage A 10:30 Artisans K 1:00 IN2L Games V 1:30 Trilogy Fit S 3:00 Happy Hour 1st Floor Cafe with Pat Portman</p>	<p>2 MM 10:00 Musical Movements V 10:30 IN2L Vitality K 1:00 Media Cart K 2:30 Game Time</p>
<p>3 C 10:00 Communion V 10:00 Meditation Movement K 10:15 World News & Coffee I 10:30 Mass of the Air on ABC I 11:00 Southeast Christian Church on TV on NBC MM 1:30 Tickle Your Senses M 2:00 IN2L Sing Along</p>	<p>4 I 10:00 Morning Motivations MM 10:15 Themed Baskets CC 10:45 Kitchen Corner C 2:00 Glamour Shots K 6:00 Gathering of Friends</p>	<p>5 MM 10:00 Musical Movements V 10:30 Bowling S 1:30 Chef's Circle K 2:00 Bingo L 3:30 Lifelong Learning</p>	<p>6 C 10:00 Communion w/Gil MM 10:00 Yoga Breathing and Movement S 10:30 Resident Council Mtg-ACT A 10:30 Artisans K 1:00 IN2L Games O 3:00 Scenic Drive</p>	<p>7 MM 10:00 Grab Bag V 10:15 Moving to Music CC 10:45 Kitchen Corner S 1:30 Inspired Living Committee K 2:00 Bingo K 6:00 Gathering of Friends</p>	<p>8 MM 10:00 Aromatherapy/Hand Massage A 10:30 Artisans K 1:00 IN2L Games V 1:30 Trilogy Fit S 3:00 Happy Hour 1st Floor Cafe with Dave Hunt</p>	<p>9 MM 10:00 Musical Movements V 10:30 IN2L Vitality K 1:00 Media Cart I 1:15 Ministry with Susan K 2:30 Game Time</p>
<p>10 C 10:00 Communion V 10:00 Meditation Movement K 10:15 World News & Coffee I 10:30 Mass of the Air on ABC I 11:00 Southeast Christian Church on TV on NBC MM 1:30 Tickle Your Senses M 2:00 IN2L Sing Along</p>	<p>11 I 10:00 Morning Motivations MM 10:15 Themed Baskets CC 10:45 Kitchen Corner K 2:00 IN2L Games L 2:30 Lifelong Learning K 6:00 Gathering of Friends</p>	<p>12 MM 10:00 Musical Movements V 10:30 Bowling S 1:30 Chef's Circle K 2:00 Bingo M 3:30 Tom Cunningham Performs</p>	<p>13 Hanukkah Begins C 10:00 Communion w/Gil MM 10:00 Yoga Breathing and Movement K 1:00 IN2L Games A 3:30 X-mas Ornaments with Saige S 5:00 Family Forum</p>	<p>14 MM 10:00 Grab Bag V 10:15 Moving to Music CC 10:45 Kitchen Corner K 2:00 Bingo S 5:00 Family Night with Santa K 6:00 Gathering of Friends</p>	<p>15 MM 10:00 Aromatherapy/Hand Massage A 10:30 Artisans K 1:00 IN2L Games V 1:30 Trilogy Fit S 3:00 Happy Hour 1st Floor Cafe with TBA</p>	<p>16 MM 10:00 Musical Movements V 10:30 IN2L Vitality K 1:00 Media Cart K 2:30 Game Time</p>
<p>17 C 10:00 Communion V 10:00 Meditation Movement K 10:15 World News & Coffee I 10:30 Mass of the Air on ABC S 11:00 Sunday Brunch 1st floor Cafe I 11:00 Southeast Christian Church on TV on NBC</p>	<p>18 I 10:00 Morning Motivations MM 10:15 Themed Baskets CC 10:45 Kitchen Corner K 2:00 IN2L Games K 6:00 Gathering of Friends</p>	<p>19 MM 10:00 Musical Movements V 10:30 Bowling S 1:30 Chef's Circle K 2:00 Bingo L 3:30 Lifelong Learning</p>	<p>20 C 10:00 Communion w/Gil MM 10:00 Yoga Breathing and Movement A 10:30 Artisans K 1:00 IN2L Games O 3:00 Scenic Drive</p>	<p>21 Winter Begins MM 10:00 Grab Bag V 10:15 Moving to Music CC 10:45 Kitchen Corner S 12:00 Taste of Town K 2:00 Bingo K 6:00 Gathering of Friends</p>	<p>22 MM 10:00 Aromatherapy/Hand Massage A 10:30 Artisans K 1:00 IN2L Games V 1:30 Trilogy Fit S 3:00 Happy Hour 1st Floor Cafe with Elvis</p>	<p>23 MM 10:00 Musical Movements V 10:30 IN2L Vitality K 1:00 Media Cart K 2:30 Game Time</p>
<p>24 C 10:00 Communion V 10:00 Meditation Movement K 10:15 World News & Coffee I 10:30 Mass of the Air on ABC I 11:00 Southeast Christian Church on TV on NBC MM 1:30 Tickle Your Senses M 2:00 IN2L Sing Along</p>	<p>25 Christmas Day I 10:00 Morning Motivations MM 10:15 Themed Baskets CC 10:45 Kitchen Corner K 2:00 IN2L Games</p>	<p>26 Kwanzaa Begins MM 10:00 Musical Movements V 10:30 Bowling S 1:30 Chef's Circle K 2:00 Bingo L 3:30 Lifelong Learning</p>	<p>27 C 10:00 Communion w/Gil MM 10:00 Yoga Breathing and Movement A 10:30 Artisans K 1:00 IN2L Games O 3:00 Scenic Drive</p>	<p>28 MM 10:00 Grab Bag V 10:15 Moving to Music CC 10:45 Kitchen Corner K 2:00 Bingo K 6:00 Gathering of Friends</p>	<p>29 MM 10:00 Aromatherapy/Hand Massage A 10:30 Artisans K 1:00 IN2L Games V 1:30 Trilogy Fit S 3:00 Happy Hour 1st Floor Cafe with Artis Seay</p>	<p>30 MM 10:00 Musical Movements V 10:30 IN2L Vitality K 1:00 Media Cart K 2:30 Game Time</p>
<p>31 New Year's Eve C 10:00 Communion V 10:00 Meditation Movement K 10:15 World News & Coffee I 10:30 Mass of the Air on ABC I 11:00 Southeast Christian Church on TV on NBC MM 1:30 Tickle Your Senses M 2:00 IN2L Sing Along</p>						



**Park Terrace Legacy Lane
Daily Rythms**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans C - Connections CC - Creative Cooking I - Inspirations K - Keeping it Sharp M - Music to My Ears S - Signature Events V - Vitality</p>	<p>Happy Birthday! Ruth K. 12/2 Wanda M. 12/28 Betty K. 12/28 Patsy C. 12/31</p>	<p>Family Forum 2nd Wednesday of the Month 5:00p.m.</p>	<p>Join Us For Family Night With Santa December 14th at 5:00p.m.-7:00p.m. 1st Floor Café</p>	<p>The true Christmas spirit is putting other's happiness before our own, and finding you've never known such happiness. Toni sorenson</p>	<p>1 V 9:30 Jogging in the Jungle K 10:00 Christmas Countdown! A 10:45 Salt and Water Color Winter Scenes 1:00 Rest & Recharge C 1:30 Holiday Celebrations S 3:00 Happy Hour 1st Floor Cafe with Pat Portman</p>	<p>2 V 9:30 1,2,3,4.. Try Again K 10:00 Counting Cards for Christmas 1:00 Rest & Recharge C 1:30 Animals & Puppets A 2:00 Salt and Watercolor Winter Scenes M 3:00 Christmas Movie Sing A</p>
<p>3 V 9:30 Celebration of Life K 10:00 Spell It and Use It! 1:00 Rest & Recharge C 1:30 Monday Moments A 2:00 Holiday Relief M 3:00 Alive and Inspired C 4:00 Let's Create A Story K 4:45 Finishing Lines</p>	<p>4 V 9:30 Mindful Movements K 10:00 How Many Shopping Days Left? CC 10:45 Spearment Thins 1:00 Rest & Recharge C 1:30 Monday Moments M 3:00 Name that Christmas Croon</p>	<p>5 V 9:30 Christmas Kitchen Moves K 10:00 Christmas Countdown Dice Roll 1:00 Rest & Recharge CC 1:30 Chef's Circle K 2:00 Bingo M 3:00 I Hear Music! C 4:00 Let's Create A Story</p>	<p>6 V 9:30 BallFit K 10:00 Unpack a Winter Bag A 10:45 Tie holiday Wreath 1:00 Rest & Recharge C 1:30 Jingle Loose A Memory M 3:00 Get Up - Dance! K 4:00 Let's Create A Story C 4:45 Finishing Words</p>	<p>7 V 9:30 DanceFit K 10:00 Seasonal Treasures CC 10:45 Kitchen Korner 1:00 Rest & Recharge C 1:30 Holiday Celebrations K 2:00 Bingo M 3:00 Holiday Lights C 4:00 Let's Create A Story</p>	<p>8 V 9:30 Jogging in the Jungle K 10:00 Christmas Countdown! A 10:45 Ziplock Sensory Painting 1:00 Rest & Recharge C 1:30 Holiday Celebrations S 3:00 Happy Hour 1st Floor Cafe with Dave Hunt C 4:00 Let's Create A Story</p>	<p>9 V 9:30 1,2,3,4.. Try Again K 10:00 Counting Cards for Christmas K 10:45 IN2L Games 1:00 Rest & Recharge I 1:15 Ministry with Susan C 1:30 Animals & Puppets A 2:00 Rain Stick</p>
<p>10 V 9:30 Celebration of Life K 10:00 Spell It and Use It! K 10:45 LifeShare Games 1:00 Rest & Recharge C 1:30 Monday Moments A 2:00 Rain Stick M 3:00 Alive and Inspired C 4:00 Let's Create A Story</p>	<p>11 V 9:30 Mindful Movements K 10:00 How Many Shopping Days Left? CC 10:45 Kitchen Korner 1:00 Rest & Recharge C 1:30 Monday Moments M 3:00 Name that Christmas Croon</p>	<p>12 V 9:30 Christmas Kitchen Moves K 10:00 Christmas Countdown Dice Roll CC 10:45 Barley Turkey Soup 1:00 Rest & Recharge C 1:30 Inspired Tales of Winter A 2:00 Aromatic Holiday Potpourri M 3:00 I Hear Music!</p>	<p>13 Hanukkah Begins V 9:30 BallFit K 10:00 Unpack a Winter Bag A 10:45 Holiday Memories Personal Collage 1:00 Rest & Recharge C 1:30 Jingle Loose A Memory K 2:00 IN2L Games M 3:00 Get Up - Dance!</p>	<p>14 V 9:30 DanceFit K 10:00 Seasonal Treasures CC 10:45 Kitchen Korner 1:00 Rest & Recharge C 1:30 Holiday Celebrations K 2:00 Bingo M 3:00 Holiday Lights C 4:00 Let's Create A Story</p>	<p>15 V 9:30 Jogging in the Jungle K 10:00 Christmas Countdown! A 10:45 Cupcake Ornaments 1:00 Rest & Recharge C 1:30 Holiday Celebrations K 2:00 Life Share Games S 3:00 Happy Hour 1st Floor Cafe with TBA</p>	<p>16 V 9:30 1,2,3,4.. Try Again K 10:00 Counting Cards for Christmas 1:00 Rest & Recharge C 1:30 Animals & Puppets A 2:00 UnWINEd Bottles M 3:00 Christmas Movie Sing A long!</p>
<p>17 V 9:30 Celebration of Life K 10:00 Spell It and Use It! S 11:00 Sunday Brunch 1:00 Rest & Recharge C 1:30 Monday Moments A 2:00 Painting and Drawing to Music M 3:00 Alive and Inspired</p>	<p>18 V 9:30 Mindful Movements K 10:00 How Many Shopping Days Left? CC 10:45 Kitchen Korner 1:00 Rest & Recharge C 1:30 Monday Moments K 2:00 IN2L Games M 3:00 Name that Christmas</p>	<p>19 V 9:30 Christmas Kitchen Moves K 10:00 Christmas Countdown Dice Roll A 10:45 Foil Art 1:00 Rest & Recharge CC 1:30 Chef's Circle K 2:00 Bingo M 3:00 I Hear Music!</p>	<p>20 V 9:30 BallFit K 10:00 Unpack a Winter Bag A 10:45 Ball Abstract 1:00 Rest & Recharge C 1:30 Jingle Loose A Memory K 2:00 Life Share Games S 2:00 Christmas Party with Santa</p>	<p>21 Winter Begins V 9:30 DanceFit K 10:00 Seasonal Treasures CC 10:45 Kitchen Korner S 12:00 Taste of Town -Marks Feed Store 1:00 Rest & Recharge C 1:30 Holiday Celebrations A 2:00 Sensory Discovery Bottles</p>	<p>22 V 9:30 Jogging in the Jungle K 10:00 Christmas Countdown! A 10:45 Painting and Drawing to Music 1:00 Rest & Recharge C 1:30 Holiday Celebrations K 2:00 IN2L Games S 3:00 Happy Hour-1st Floor Cafe</p>	<p>23 V 9:30 1,2,3,4.. Try Again K 10:00 Counting Cards for Christmas 1:00 Rest & Recharge C 1:30 Animals & Puppets A 2:00 Holiday Cards M 3:00 Christmas Movie Sing A long!</p>
<p>24 V 9:30 Celebration of Life K 10:00 Twas the Night Before Christmas 1:00 Rest & Recharge C 1:30 Monday Moments A 2:00 Felt Christmas Trees M 3:00 Alive and Inspired C 4:00 Let's Create A Story</p>	<p>25 Christmas Day V 9:30 Mindful Movements K 10:00 Christmas Day! CC 10:45 Kitchen Korner 1:00 Rest & Recharge C 1:30 Monday Moments K 2:00 Christmas Trivia M 3:00 Name that Christmas Croon</p>	<p>26 Kwanzaa Begins V 9:30 Christmas Kitchen Moves K 10:00 2018 Countdown Dice Roll 1:00 Rest & Recharge CC 1:30 Chef's Circle K 2:00 Bingo M 3:00 I Hear Music! C 4:00 Let's Create A Story K 4:45 Merry Humor</p>	<p>27 V 9:30 BallFit K 10:00 Unpack a Winter Bag A 10:45 Ball Abstract 1:00 Rest & Recharge C 1:30 Jingle Loose A Memory K 2:00 Life Share Games M 3:00 Get Up - Dance! C 4:00 Let's Create A Story</p>	<p>28 V 9:30 DanceFit K 10:00 Seasonal Treasures CC 10:45 Kitchen Korner 1:00 Rest & Recharge C 1:30 Holiday Celebrations K 2:00 Bingo M 3:00 Holiday Lights C 4:00 Let's Create A Story</p>	<p>29 V 9:30 Jogging in the Jungle A 10:45 Painting and Drawing to Music 1:00 Rest & Recharge C 1:30 Holiday Celebrations S 3:00 Happy Hour 1st Floor Cafe with Artis Seay C 4:00 Let's Create A Story</p>	<p>30 V 9:30 1,2,3,4.. Try Again K 10:00 Counting Cards for 2018! 1:00 Rest & Recharge C 1:30 Animals & Puppets M 3:00 Christmas Movie Sing A long! C 4:00 Let's Create A Story K 4:45 Apple Pie for Thought</p>
<p>31 New Year's Eve V 9:30 Celebration of Life K 10:00 New Year Word Poem 1:00 Rest & Recharge C 1:30 Monday Moments M 3:00 Alive and Inspired C 4:00 Christmas Time Slip K 4:45 Finishing Lines C 6:00 Christmas Celebrations!</p>						