

**Life Enrichment Activities
Park Terrace Health Campus**

April 2018

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|---|--|---|
| <p>1 Easter</p> <p>C 10:00 Communion V 10:00 Meditation Movement K 10:15 World News & Coffee I 10:30 Mass of the Air on ABC I 11:00 Southeast Christian Church on TV on NBC MM 1:30 Tickle Your Senses M 2:00 IN2L Sing Along</p> | <p>2</p> <p>I 10:00 Morning Motivations MM 10:15 Themed Baskets MM 10:45 Coffee Chat K 1:30 IN2L Games O 3:00 Scenic Drive K 6:00 Gathering of Friends</p> | <p>3</p> <p>MM 10:00 Musical Movements K 10:30 IN2L Games V 1:30 Joint Efforts K 2:00 Bingo L 3:30 Lifelong Learning/Spring Fling</p> | <p>4</p> <p>C 10:00 Communion w/Gil MM 10:00 Yoga Breathing and Movement A 10:30 Art with a Heart /Hand Made Cards K 1:30 IN2L Games O 3:00 Scenic Drive</p> | <p>5</p> <p>MR 10:00 Grab Bag V 10:15 Moving to Music K 10:30 Coffee, Tea and Trivia K 2:00 Bingo S 3:00 Inspired Living Committee K 6:00 Gathering of Friends</p> | <p>6</p> <p>MM 10:00 Aromatherapy/Hand Massage V 10:30 Trilogy Fit K 10:45 IN2L Games A 1:30 Make Your Own Sugar Scrub M 3:00 Happy Hour 1st Floor Cafe with Mike Hutchens</p> | <p>7</p> <p>MM 10:00 Musical Movements V 10:30 IN2L Vitality K 1:00 Media Cart K 2:30 Game Time</p> |
| <p>8</p> <p>C 10:00 Communion V 10:00 Meditation Movement K 10:15 World News & Coffee I 10:30 Mass of the Air on ABC I 11:00 Southeast Christian Church on TV on NBC MM 1:30 Tickle Your Senses M 2:00 IN2L Sing Along</p> | <p>9</p> <p>I 10:00 Morning Motivations MM 10:15 Themed Baskets MM 10:45 Coffee Chat K 1:30 IN2L Games O 3:00 Scenic Drive K 6:00 Gathering of Friends</p> | <p>10</p> <p>MM 10:00 Musical Movements S 10:30 Chef's Circle V 1:30 Joint Efforts K 2:00 Bingo L 3:30 Lifelong Learning/Facebook</p> | <p>11</p> <p>C 10:00 Communion w/Gil MM 10:00 Yoga Breathing and Movement A 10:30 Design your own Stamp K 1:30 IN2L Games O 3:00 Scenic Drive S 5:00 Family Forum Support Group</p> | <p>12</p> <p>MR 10:00 Grab Bag S 10:15 Just the Guys with Don K 10:30 Coffee, Tea and Trivia K 2:00 Bingo S 3:00 Resident Council Meeting K 6:00 Gathering of Friends</p> | <p>13</p> <p>MM 10:00 Aromatherapy/Hand Massage V 10:30 Trilogy Fit K 10:45 IN2L Games A 1:30 Jewelry Making with Susan M 3:00 Happy Hour 1st Floor Cafe with Dave Hunt</p> | <p>14</p> <p>MM 10:00 Musical Movements V 10:30 IN2L Vitality K 1:00 Media Cart I 1:15 Ministry with Susan K 2:30 Game Time</p> |
| <p>15</p> <p>C 10:00 Communion V 10:00 Meditation Movement K 10:15 World News & Coffee I 10:30 Mass of the Air on ABC I 11:00 Southeast Christian Church on TV on NBC MM 1:30 Tickle Your Senses M 2:00 IN2L Sing Along</p> | <p>16</p> <p>I 10:00 Morning Motivations MM 10:15 Themed Baskets MM 10:45 Coffee Chat K 1:30 IN2L Games O 3:00 Scenic Drive K 6:00 Gathering of Friends</p> | <p>17 Tax Day</p> <p>MM 10:00 Musical Movements K 10:30 IN2L Games V 1:30 Joint Efforts K 2:00 Bingo M 3:30 Special Guest Tom Cunningham</p> | <p>18</p> <p>C 10:00 Communion w/Gil MM 10:00 Yoga Breathing and Movement A 10:30 Art with a Heart /Hand Made Cards K 1:30 Lifelong Learning/Earth Day O 3:00 High Tea celebrating Earth Day</p> | <p>19</p> <p>MR 10:00 Grab Bag V 10:15 Moving to Music K 10:30 Coffee, Tea and Trivia K 2:00 Bingo S 3:00 Taste Of Town K 6:00 Gathering of Friends</p> | <p>20</p> <p>MM 10:00 Aromatherapy/Hand Massage V 10:30 Trilogy Fit K 10:45 IN2L Games A 1:30 Make your own Terrariums M 3:00 Happy Hour 1st Floor Cafe with Elvis</p> | <p>21</p> <p>MM 10:00 Musical Movements V 10:30 IN2L Vitality K 1:00 Media Cart K 2:30 Game Time</p> |
| <p>22 Earth Day</p> <p>C 10:00 Communion V 10:00 Meditation Movement K 10:15 World News & Coffee I 10:30 Mass of the Air on ABC S 11:00 Sunday Brunch- 1st floor Cafeteria I 11:00 Southeast Christian Church on TV on NBC MM 1:30 Tickle Your Senses</p> | <p>23</p> <p>I 10:00 Morning Motivations MM 10:15 Themed Baskets MM 10:45 Coffee Chat K 1:30 IN2L Games O 3:00 Scenic Drive K 6:00 Gathering of Friends</p> | <p>24</p> <p>MM 10:00 Musical Movements S 10:30 Chef's Circle V 1:30 Joint Efforts K 2:00 Bingo L 3:30 Lifelong Learning/Derby History</p> | <p>25</p> <p>C 10:00 Communion w/Gil MM 10:00 Yoga Breathing and Movement A 10:30 Derby Hats Week K 1:30 IN2L Games O 3:00 Scenic Drive</p> | <p>26</p> <p>MR 10:00 Grab Bag V 10:15 Moving to Music K 10:30 Coffee, Tea and Trivia K 2:00 Bingo K 6:00 Gathering of Friends</p> | <p>27</p> <p>MM 10:00 Aromatherapy/Hand Massage V 10:30 Trilogy Fit K 10:45 IN2L Games A 1:30 Derby Hats Week M 3:00 Happy Hour 1st Floor Cafe with Doug Pinson</p> | <p>28</p> <p>MM 10:00 Musical Movements V 10:30 IN2L Vitality K 1:00 Media Cart K 2:30 Game Time</p> |
| <p>29</p> <p>C 10:00 Communion V 10:00 Meditation Movement K 10:15 World News & Coffee I 10:30 Mass of the Air on ABC I 11:00 Southeast Christian Church on TV on NBC MM 1:30 Tickle Your Senses M 2:00 IN2L Sing Along</p> | <p>30</p> <p>I 10:00 Morning Motivations MM 10:15 Themed Baskets MM 10:45 Coffee Chat K 1:30 IN2L Games O 3:00 Scenic Drive K 6:00 Gathering of Friends</p> | <p>A - Artisans C - Connections I - Inspirations K - Keeping it Sharp L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p> | <p>We must not, in trying to think about how we can make a big difference, ignore the small daily differences we can make which, over time, add up to big differences that we often cannot foresee. Marian Wright Edleman</p> | <p>Join us for our Alzheimer's Support Group Wednesday April, 11th at 5:00 PM</p> | <p>Join us for High Tea celebrating Earth Day Wednesday April, 18th at 3:00</p> | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|---|--|---|
| 1 Easter V 9:00 Sunday Stretch K 9:30 Easter Devotion CC 10:45 Chocolate Caramel Easter Egg 12:45 Relax & Recharge A 2:00 Shaving Cream Marbling M 3:30 Easter Choir C 4:00 Life on the Farm 4:30 Healthy Hands | 2 V 9:00 Balloon Baseball K 9:30 Double the Fun CC 10:45 Apple Streusel Bread 12:45 Relax & Recharge A 2:00 Rainy Day Abstract Painting M 3:30 Shake It Up Baby! V 4:00 Parachute Fun 4:30 Healthy Hands | 3 V 9:00 Wildflower Tour K 9:30 Color My World CC 10:45 Sweet Coffee Raisin Bread 12:45 Relax & Recharge A 2:00 Spring Themed Collage M 3:30 Tambourine Tuesday C 4:00 Which is Longer? 4:30 Healthy Hands | 4 V 9:00 Chair Yoga K 9:30 Garden Beginnings CC 10:45 Navy Bean Vegetable Soup 12:45 Relax & Recharge A 2:00 Tulip Door Decor M 3:30 Scarf Dance C 4:00 Flip'n Chips 4:30 Healthy Hands | 5 V 9:00 Garden Dancing K 9:30 Roll to 20! CC 10:45 Creamy Caramel Dip 12:45 Relax & Recharge A 2:00 Favorite Things Collage M 3:30 Movin' & Groovin' C 4:00 Price is Right 4:30 Healthy Hands 6:00 Scavenger Hunt | 6 V 9:00 Golf Club K 9:30 Fun with Babies CC 10:45 Amish Sugar Cookies 12:45 Relax & Recharge A 2:00 Flower Vegetable Printmaking M 3:00 Happy Hour 1st Floor Cafe with Mike Hutchens | 7 V 9:00 Ribbon Dance K 9:30 Famous Couples CC 10:45 Reuben Spread 12:45 Relax & Recharge A 2:00 Cloth Tie Wreath M 3:30 Name That Croon C 4:00 Horseracing 4:30 Healthy Hands 6:00 Saturday Night |
| 8 V 9:00 Sunday Stretch K 9:30 Penny Ante CC 10:45 Glazed Cinnamon Apples 12:45 Relax & Recharge A 2:00 Cosmic Sun Catchers M 3:30 Sunday Choir C 4:00 Life on the Farm 4:30 Healthy Hands | 9 V 9:00 Balloon Baseball K 9:30 Double the Fun CC 10:45 Chocolate Chip Muffins 12:45 Relax & Recharge A 2:00 Fly Swatter Collaborative Painting M 3:30 Shake It Up Baby! V 4:00 Parachute Fun 4:30 Healthy Hands | 10 V 9:00 Wildflower Tour K 9:30 Color My World CC 10:45 Pumpkin Bread 12:45 Relax & Recharge A 2:00 Ziploc Sensory Painting M 3:30 Tambourine Tuesday C 4:00 Which is Longer? 4:30 Healthy Hands I 6:00 Word Play! | 11 V 9:00 Chair Yoga K 9:30 Garden Beginnings CC 10:45 Healthy Tomato Soup 12:45 Relax & Recharge A 2:00 Tulip Door Decor M 3:30 Scarf Dance C 4:00 Flip'n Chips 4:30 Healthy Hands 6:00 Old Time Theater | 12 V 9:00 Garden Dancing K 9:30 Roll to 20! CC 10:45 Peanut Butter Jelly Bites 12:45 Relax & Recharge A 2:00 Essential Oils Diffuser Necklace M 3:30 Movin' & Groovin' C 4:00 Price is Right | 13 V 9:00 Golf Club K 9:30 Fun with Babies CC 10:45 Peanut Butter Choc. Chip Cookies 12:45 Relax & Recharge A 2:00 Essential Oils Diffuser Necklace S 3:00 Happy Hour with Dave Hunt | 14 V 9:00 Ribbon Dance K 9:30 Famous Couples CC 10:45 Cherry Cheesecake Dip 12:45 Relax & Recharge I 1:15 Ministry with Susan A 2:00 Cloth Tie Wreath M 3:30 Name That Croon C 4:00 Horseracing 4:30 Healthy Hands |
| 15 V 9:00 Sunday Stretch K 9:30 Penny Ante CC 10:45 Butterscotch Pecan Pudding 12:45 Relax & Recharge A 2:00 Shaving Cream Marbling M 3:30 Sunday Choir C 4:00 Life on the Farm 4:30 Healthy Hands | 16 V 9:00 Balloon Baseball K 9:30 Double the Fun CC 10:45 Apple Pie Oatmeal Dessert 12:45 Relax & Recharge A 2:00 Rainy Day Abstract Painting M 3:30 Shake It Up Baby! V 4:00 Parachute Fun | 17 Tax Day V 9:00 Wildflower Tour K 9:30 Color My World CC 10:45 Banana Wheat Bread 12:45 Relax & Recharge A 2:00 Spring Themed Collage M 3:30 Special Guest Tom Cunningham C 4:00 Which is Longer? 4:30 Healthy Hands | 18 V 9:00 Chair Yoga K 9:30 Garden Beginnings CC 10:45 Slow Cooked Chili 12:45 Relax & Recharge A 2:00 Tulip Door Decor S 3:00 High Tea Celebrating Earth DAY C 4:00 Flip'n Chips 4:30 Healthy Hands | 19 V 9:00 Garden Dancing K 9:30 Roll to 20! CC 10:45 Oatmeal Jam Squares S 12:00 Taste of Town 12:45 Relax & Recharge A 2:00 Favorite Things Collage M 3:30 Movin' & Groovin' C 4:00 Price is Right 4:30 Healthy Hands | 20 V 9:00 Golf Club K 9:30 Fun with Babies CC 10:45 Snickerdoodles 12:45 Relax & Recharge A 2:00 Flower Vegetable Printmaking S 3:00 Happy Hour 1st Floor Cafe with Elvis V 4:00 Horseshoes | 21 V 9:00 Ribbon Dance K 9:30 Famous Couples CC 10:45 Creamed Ham Dip 12:45 Relax & Recharge A 2:00 Cloth Tie Wreath M 3:30 Name That Croon C 4:00 Horseracing 4:30 Healthy Hands 6:00 Saturday Night |
| 22 Earth Day V 9:00 Sunday Stretch K 9:30 Penny Ante CC 10:45 Pumpkin Pie Pudding 12:45 Relax & Recharge A 2:00 Earth Day Collage M 3:30 Sunday Choir C 4:00 Life on the Farm 4:30 Healthy Hands 6:00 Evening Inspirations | 23 V 9:00 Balloon Baseball K 9:30 Double the Fun CC 10:45 Peanut Butter Cream Pie 12:45 Relax & Recharge A 2:00 Fly Swatter Collaborative Painting M 3:30 Shake It Up Baby! V 4:00 Parachute Fun | 24 V 9:00 Wildflower Tour K 9:30 Color My World CC 10:45 Sugar Cone Choc. Chip Cookies 12:45 Relax & Recharge A 2:00 Ziploc Sensory Painting M 3:30 Tambourine Tuesday C 4:00 Which is Longer? 4:30 Healthy Hands | 25 V 9:00 Chair Yoga K 9:30 Garden Beginnings CC 10:45 Savory Beef Soup 12:45 Relax & Recharge A 2:00 Tulip Door Decor M 3:30 Scarf Dance C 4:00 Flip'n Chips 4:30 Healthy Hands 6:00 Old Time Theater | 26 V 9:00 Garden Dancing K 9:30 Roll to 20! CC 10:45 Apple Kuchen Bars 12:45 Relax & Recharge A 2:00 Essential Oils Diffuser Necklace M 3:30 Movin' & Groovin' C 4:00 Price is Right 4:30 Healthy Hands | 27 V 9:00 Golf Club K 9:30 Fun with Babies CC 10:45 Chewy Oatmeal Cookies 12:45 Relax & Recharge A 2:00 Essential Oils Diffuser Necklace S 3:00 Happy Hour 1st Floor Cafe with Doug Pinson | 28 V 9:00 Ribbon Dance K 9:30 Famous Couples CC 10:45 BLT Dip 12:45 Relax & Recharge A 2:00 Cloth Tie Wreath M 3:30 Name That Croon C 4:00 Horseracing 4:30 Healthy Hands 6:00 Saturday Night |
| 29 V 9:00 Sunday Stretch K 9:30 Penny Ante CC 10:45 Cinnamon Apple Brown Betty 12:45 Relax & Recharge A 2:00 Cosmic Sun Catchers M 3:30 Sunday Choir C 4:00 Life on the Farm 4:30 Healthy Hands | 30 V 9:00 Balloon Baseball K 9:30 Double the Fun CC 10:45 Elvis Pudding Cake 12:45 Relax & Recharge A 2:00 Color Collage M 3:30 Shake It Up Baby! V 4:00 Parachute Fun 4:30 Healthy Hands 6:00 Shake Loose A Memory | A - Artisans C - Connections CC - Creative Cooking I - Inspirations K - Keeping it Sharp M - Music to My Ears S - Signature Events V - Vitality | Happy Birthday! Bonnie T. 4/13 | Park Terrace Alzheimer's & Dementia Support Group 2nd Wednesday of the Month April 11, 2018 5:00p.m.-6:00p.m | "We must not, in trying to think about how we can make a big difference, ignore the small daily differences we can make which, over time, add up to big differences that we often cannot foresee." -Marian Wright Edleman | |