

JULY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 I 10:00 Hymn Singing Vol. 2 (HCAR) L 11:00 Weekly Trivia (HCAR) MM 2:00 Coffee and Current Events (HCAR) V 3:00 Sunday Stretch (ALAR) K 3:30 Jenga (ALAR)	2 MM 9:45 Mindful Moments (HCAR) V 10:30 Monday Exercise (HCAR) A 1:30 Artisans (ALAR) S 3:15 Ice Cream Social (SICP)	3 MM 9:45 Mindful Moments (HCAR) I 10:30 Communion & Rosary (HCAR) O 1:30 Novi Bowling \$10 (OUT) K 6:15 Bingo (HCAR)	4 Independence Day MM 9:45 Mindful Moments (HCAR) M 10:30 Glee Club (ALAR) A 1:30 Artisans (ALAR) S 3:00 Movie Afternoon (ALAR)	5 MM 9:45 Mindful Moments (HCAR) V 10:30 Sit & Get Fit (ALAR) O 1:30 Dollar Tree \$ (OUT) K 6:15 Card-O (HCAR)	6 V 9:45 Balloon Volleyball (HCAR) CC 10:30 Cooking Hour (ALAR) L 1:30 Sentimental Reflections (ALAR) S 3:00 Happy Hour (SICP)	7 MM 9:45 Mindful Moments (HCAR) M 10:30 Lifeshare "Name that Croone" (HCAR) S 1:30 Bingo Store (ALAR) K 3:00 Bingo (HCAR)
8 I 10:00 Hymn Singing Vol. 1 (HCAR) GG 11:00 Sunday Brunch MM 2:00 Coffee and Current Events (HCAR) V 3:00 Sunday Stretch (ALAR) K 3:30 Dominos (ALAR)	9 MM 9:45 Mindful Moments (HCAR) V 10:30 Monday Exercise (HCAR) A 1:30 Artisans (ALAR) S 3:15 Ice Cream Social (SICP)	10 MM 9:45 Mindful Moments (HCAR) M 10:30 Whiteboard Word Fun (ALAR) I 10:30 Communion & Rosary (HCAR) O 11:30 Bravo Resturant \$ (OUT) M 3:30 Sing Along with Special	11 I 9:45 Non-Denominational Service w/Bill Roberts (HCAR) MM 9:45 Mindful Moments (HCAR) L 10:00 BrainFIT (HCAR) V 10:30 Walking Club (ALAR) A 1:30 Artisans (ALAR) S 2:30 Movie Afternoon (ALAR)	12 M 9:45 Sing Along (ALAR) MM 9:45 Mindful Moments (HCAR) V 10:30 Sit & Get Fit (ALAR) O 1:30 English Tea Garden \$ (OUT) K 6:15 Card-O (HCAR)	13 V 9:45 Pool Noodle Javelin (HCAR) CC 10:30 Cooking Hour (ALAR) L 1:30 Rick Steve's Travel (ALAR) S 3:00 Happy Hour (SICP)	14 MM 9:45 Mindful Moments (HCAR) K 10:30 Family Fued (HCAR) K 1:30 Pictionary (HCAR) K 3:00 Bingo (HCAR)
15 I 10:00 Hymn Singing Vol. 2 (HCAR) L 11:00 Weekly Trivia (HCAR) MM 2:00 Coffee and Current Events (HCAR) V 3:00 Sunday Stretch (ALAR) K 3:30 Left, Right, Center (ALAR)	16 MM 9:45 Mindful Moments (HCAR) V 10:30 Monday Exercise (HCAR) A 1:30 Artisans (ALAR) S 3:15 Ice Cream Social (SICP)	17 MM 9:45 Mindful Moments (HCAR) I 10:30 Communion & Rosary (HCAR) O 1:30 Twelve Oaks Mall \$ (OUT) S 5:00 Novi Lakes BBQ	18 MM 9:45 Mindful Moments (HCAR) K 9:45 Whiteboard Word Fun (ALAR) L 10:00 BrainFIT (HCAR) M 10:30 Glee Club (ALAR) A 1:30 Artisans (ALAR) S 3:30 Ladies Tea (ALAR)	19 MM 9:45 Mindful Moments (HCAR) V 10:30 Sit & Get Fit (ALAR) O 1:30 Bee's Knee's Pottery \$15-20 (OUT) K 6:15 Card-O (HCAR)	20 V 9:45 Washer Toss (HCAR) CC 10:30 Cooking Hour (ALAR) L 1:30 Sentimental Reflections (ALAR) S 3:00 Happy Hour (SICP)	21 MM 9:45 Mindful Moments (HCAR) K 10:30 Name that TV Show (HCAR) S 1:30 Bingo Store (ALAR) K 3:00 Bingo (HCAR)
22 I 10:00 Hymn Singing Vol. 1 (HCAR) L 11:00 Weekly Trivia (HCAR) MM 2:00 Coffee and Current Events (HCAR) V 3:00 Sunday Stretch (ALAR) K 3:30 Uno (ALAR)	23 MM 9:45 Mindful Moments (HCAR) V 10:30 Monday Exercise (HCAR) A 1:30 Artisans (ALAR) S 3:15 Ice Cream Social (SICP)	24 MM 9:45 Mindful Moments (HCAR) V 10:30 Exercises w/Jim (ALAR) I 10:30 Communion & Rosary (HCAR) O 11:30 Greektown Casino \$ (OUT) K 6:15 Bingo (HCAR)	25 MM 9:45 Mindful Moments (HCAR) L 10:00 BrainFIT (HCAR) V 10:30 Noodle Exercises (ALAR) A 1:30 Artisans (ALAR) S 3:30 Men's Group (ALAR)	26 M 9:45 Sing Along (ALAR) MM 9:45 Mindful Moments (HCAR) V 10:30 Sit & Get Fit (ALAR) O 11:30 Lulu's Coney Island \$ (OUT) S 2:30 Movie Afternoon (ALAR) K 6:15 Card-O (HCAR)	27 M 9:45 Glee Club (ALAR) CC 10:30 Cooking Hour (ALAR) L 1:30 Rick Steve's Travel (HCAR) S 3:00 Happy Hour (SICP)	28 MM 9:45 Mindful Moments (HCAR) M 10:30 Lifeshare "Name that Croone" (HCAR) K 1:30 Toss & Talk (HCAR) K 3:00 Bingo (HCAR)
29 I 10:00 Hymn Singing Vol. 2 (HCAR) L 11:00 Weekly Trivia (HCAR) MM 2:00 Coffee and Current Events (HCAR) V 3:00 Sunday Stretch (ALAR) K 3:30 Dominos (ALAR)	30 MM 9:45 Mindful Moments (HCAR) V 10:30 Monday Exercise (HCAR) A 1:30 Artisans (ALAR) S 3:15 Ice Cream Social (SICP)	31 MM 9:45 Mindful Moments (HCAR) I 10:30 Communion & Rosary (HCAR) O 11:30 Michigan Science Center \$11 (OUT) K 6:15 Bingo (HCAR)	A - Artisans CC - Creative Cooking GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality	Sunday Brunch is July 8th. Please call to RSVP. 11:00am-12:00pm 12:00pm-1:00pm	ALAR- Assisted Living Activity Room HCAR- Health Center Activity Room OUT- Outing SICP- Simmon's Ice Cream Parlor HCPD- Health Center Private Dining HC- Health Center \$- Money required	-All activity time and locations are subject to change. -Outings are weather permitting. -Please sign up for outings at Life Enrichment office located in ALAR

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