



**Novi Lakes Health Campus
Life Enrichment - Assisted Living**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans C - Connections CC - Creative Cooking I - Inspirations K - Keeping it Sharp L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>Sunday Brunch is December 10th. Please call to RSVP. 11:00am-11:45am 12:00pm-12:45pm</p>	<p>ALAR- Assisted Living Activity Room HCAR- Health Center Activity Room Out- Outing SICP- Simmon's Ice Cream Parlor HCPD- Health Center Private Dining HC- Health Center</p>	<p>-All activity time and locations are subject to change. -Outings are weather permitting. -Please sign up for outings at Life Enrichment office located in ALAR</p>		<p>1 V 9:45 Balloon Volleyball (HCAR) L 10:30 Mind Joggers (HCAR) CC 1:30 Cooking Hour (ALAR) C 2:00 Kitchen Help! (ALAR) S 3:00 Happy Hour (SICP)</p>	<p>2 V 10:00 Trilogy Fit Exercises (HCAR) K 10:30 Name that TV Show (HCAR) K 1:30 Pictionary (HCAR) K 3:00 Bingo (HCAR)</p>
<p>3 I 10:00 Hymn Singing Vol. 2 (HCAR) L 11:00 Weekly Trivia (HCAR) MM 2:00 Coffee and Current Events (HCAR) K 3:15 Left, Right, Center (ALAR)</p>	<p>4 M 9:45 LifeShare "Name that Croone" V 10:30 Monday Movements (HCAR) I 11:00 Bible Study w/Arlene (ALAR) A 1:30 Artisans (ALAR) S 3:15 Ice Cream Social (SICP)</p>	<p>5 O 10:15 Bronner's- \$\$ (Out) CC 10:45 Baking Hour for Charity (ALAR) CC 1:30 Baking Hour for Charity (ALAR) I 3:30 Communion & Rosary (HCAR) K 6:15 Bingo (HCAR)</p>	<p>6 CC 9:45 Baking Hour for Charity (ALAR) A 2:00 Artisans (ALAR) V 3:30 Noodle Exercises (ALAR) K 3:45 Cateogory Trivia (ALAR)</p>	<p>7 M 9:45 Karaoke (HCAR) V 10:30 Sit & Get Fit (HCAR) O 1:30 Dollar Tree (Out) S 3:30 Assited Living Resident Council (ALAR) K 6:15 Card-O (HCAR)</p>	<p>8 V 9:45 Pool Noodle Javelin (HCAR) L 10:30 Utah State Trivia (HCAR) CC 1:30 Cooking Hour (ALAR) C 2:00 Kitchen Help! (ALAR) S 3:00 Happy Hour (SICP)</p>	<p>9 V 10:00 Trilogy Fit Exercises (HCAR) K 10:30 Hang Man (HCAR) S 1:30 Bingo Store (ALAR) K 3:00 Bingo (HCAR)</p>
<p>10 I 10:00 Hymn Singing Vol. 1 (HCAR) C 11:00 Sunday Brunch MM 2:00 Coffee and Current Events (HCAR) K 3:15 Uno (ALAR)</p>	<p>11 S 9:45 Inspired Living Committee (HCAR) V 10:30 Monday Movements (HCAR) A 1:30 Artisans (ALAR) S 3:15 Ice Cream Social (SICP)</p>	<p>12 I 10:30 Communion & Rosary (HCAR) O 12:30 Holocaust Memorial -\$\$ (Out) A 3:00 Artisans (HCAR) K 6:15 Bingo (HCAR)</p>	<p>13 Hanukkah Begins I 9:45 Non-Denominational Service w/Bill Roberts (HCAR) V 10:30 Noodle Exercises (HCAR) L 1:30 Hanukkah Trivia (ALAR) K 1:45 What am I? (ALAR) K 2:00 Dreidel Game (ALAR) A 3:00 Artisans (ALAR)</p>	<p>14 M 9:45 Story Behind the Carols (HCAR) V 10:30 Sit & Get Fit (HCAR) O 11:15 Meadowbrook Holiday Luncheon -\$\$ (Out) A 3:00 Artisans (ALAR) K 6:15 Card-O (HCAR)</p>	<p>15 V 9:45 Washer Toss (HCAR) K 10:30 Short Stories & Discuss (HCAR) CC 1:30 Cooking Hour (ALAR) C 2:00 Kitchen Help! (ALAR) S 3:00 December Birthday Party- Happy Hour (SICP)</p>	<p>16 V 10:00 Trilogy Fit Exercises (HCAR) K 10:30 Family Fued (HCAR) K 1:30 Toss & Talk (HCAR) K 3:00 Bingo (HCAR)</p>
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<p>31 New Year's Eve I 10:00 Hymn Singing Vol. 2 (HCAR) L 11:00 Weekly Trivia (HCAR) MM 2:00 Coffee and Current Events (HCAR) K 3:15 Left, Right, Center (ALAR)</p>			<p>Happy Hour Every Friday 3:00pm-4:00pm</p>	<p>Family Night December 20th 5:00pm-7:00pm</p>	<p>Look for our Angel Tree in the Assisted Living entrance to see what you can help donate today! Our charity is the Care House of Oakland County.</p>	<p>Happy Holidays!</p>



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