

February 2018

Novi Lakes Health Campus Life Enrichment - Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans C - Connections CC - Creative Cooking I - Inspirations K - Keeping it Sharp L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>Sunday Brunch is February 11th. Please call to RSVP. 11:00am-11:45am 12:00pm-12:45pm</p>	<p>ALAR- Assisted Living Activity Room HCAR- Health Center Activity Room Out- Outing SICP- Simmon's Ice Cream Parlor HCPD- Health Center Private Dining HC- Health Center \$\$- Money required</p>	<p>-All activity time and locations are subject to change. -Outings are weather permitting. -Please sign up for outings at Life Enrichment office located in ALAR</p>	<p>1 M 9:45 Karaoke (ALAR) V 10:30 Sit & Get Fit (ALAR) O 1:30 Dollar Tree (Out) K 3:30 Random Trivia (ALAR) K 6:15 Card-O (HCAR)</p>	<p>2 Groundhog Day V 9:45 Pool Noodle Javelin (HCAR) L 10:30 All about Groundhogs (HCAR) CC 1:30 Cooking Hour (ALAR) S 3:00 Happy Hour (SICP)</p>	<p>3 V 10:00 Trilogy Fit Exercises (HCAR) K 10:30 Name that TV Show (HCAR) S 1:30 Bingo Store (ALAR) K 3:00 Bingo (HCAR)</p>
<p>4 I 10:00 Hymn Singing Vol. 1 (HCAR) L 11:00 Weekly Trivia (HCAR) MM 2:00 Coffee and Current Events (HCAR) V 3:00 Sunday Stretch (ALAR) K 3:30 Uno (ALAR)</p>	<p>5 M 9:45 LifeShare "Name that Croone" V 10:30 Monday Movements (HCAR) A 1:30 Artisans (ALAR) S 3:15 Ice Cream Social (SICP)</p>	<p>6 I 10:30 Communion & Rosary (HCAR) O 1:00 Out to the Movies- Leave Time TBD (Out) V 3:30 Balloon Volleyball (HCAR) K 6:15 Bingo (HCAR)</p>	<p>7 V 9:45 Noodle Exercises (ALAR) I 10:30 Catholic Mass w/Father Jim (HCPD) A 2:00 Artisans (ALAR) S 3:15 Men's Blackjack (ALAR)</p>	<p>8 M 9:45 Sing Along (ALAR) V 10:30 Sit & Get Fit (ALAR) O 1:30 Winter Drive (Out) S 3:30 Assited Living Resident Council (ALAR) K 6:15 Card-O (HCAR)</p>	<p>9 V 9:45 Washer Toss (HCAR) L 10:30 Louisiana State Trivia (HCAR) CC 1:30 Cooking Hour (ALAR) S 3:00 Happy Hour (SICP)</p>	<p>10 V 10:00 Trilogy Fit Exercises (HCAR) K 10:30 Hang Man (HCAR) K 1:30 Toss & Talk (HCAR) K 3:00 Bingo (HCAR)</p>
<p>11 I 10:00 Hymn Singing Vol. 2 (HCAR) C 11:00 Sunday Brunch MM 2:00 Coffee and Current Events (HCAR) V 3:00 Sunday Stretch (ALAR) K 3:30 Concentration (ALAR)</p>	<p>12 K 9:45 LifeShare "Guess What" (HCAR) V 10:30 Monday Movements (HCAR) A 1:30 Artisans (ALAR) S 3:15 Ice Cream Social (SICP)</p>	<p>13 Mardi Gras I 10:30 Communion & Rosary (HCAR) O 1:30 Winter Drive (Out) L 3:00 Mardi Gras (HCAR) K 6:15 Bingo (HCAR)</p>	<p>14 Valentine's Day I 9:45 Non-Denominational Service w/Bill Roberts (HCAR) V 10:30 Noodle Exercises (HCAR) A 1:30 Artisans (ALAR) M 3:00 Name That Heart Tune (HCAR)</p>	<p>15 M 9:45 Karaoke (ALAR) V 10:30 Sit & Get Fit (ALAR) O 1:30 Dollar Tree (Out) K 3:30 Bird Trivia (ALAR) K 6:15 Card-O (HCAR)</p>	<p>16 Chinese New Year V 9:45 Kickball (HCAR) K 10:30 Chinese New Year Story (HCAR) CC 1:30 Cooking Hour (ALAR) S 3:00 Happy Hour (SICP)</p>	<p>17 V 10:00 Trilogy Fit Exercises (HCAR) K 10:30 Family Fued (HCAR) S 1:30 Bingo Store (ALAR) K 3:00 Bingo (HCAR)</p>
<p>18 I 10:00 Hymn Singing Vol. 1 (HCAR) L 11:00 Weekly Trivia (HCAR) MM 2:00 Coffee and Current Events (HCAR) V 3:00 Sunday Stretch (ALAR) K 3:30 Dominos (ALAR)</p>	<p>19 Presidents' Day K 9:45 All About President's Day (HCAR) V 10:30 Monday Movements (HCAR) A 1:30 Artisans (ALAR) S 3:15 Ice Cream Social (SICP)</p>	<p>20 I 10:30 Communion & Rosary (HCAR) O 11:30 Big Boy Lunch- \$ (Out) V 3:30 Cornhole (HCAR) K 6:15 Bingo (HCAR)</p>	<p>21 K 9:45 Whiteboard Word Fun (HCAR) V 10:30 Noodle Exercises (HCAR) S 1:30 Chef's Circle (ALAR) A 3:00 Artisans (ALAR)</p>	<p>22 M 9:45 Sing Along (ALAR) V 10:30 Sit & Get Fit (ALAR) O 1:30 Winter Drive (Out) K 3:00 My Fair Lady Presentation (HCAR) C 5:00 Theme Dinner - My Fair Lady</p>	<p>23 V 9:45 Balloon Volleyball (HCAR) L 10:30 Mind Joggers (HCAR) CC 1:30 Cooking Hour (ALAR) S 3:00 Happy Hour (SICP)</p>	<p>24 V 10:00 Trilogy Fit Exercises (HCAR) K 10:30 Name that TV Show (HCAR) K 1:30 Pictionary (HCAR) K 3:00 Bingo (HCAR)</p>
<p>25 I 10:00 Hymn Singing Vol. 2 (HCAR) L 11:00 Weekly Trivia (HCAR) MM 2:00 Coffee and Current Events (HCAR) V 3:00 Sunday Stretch (ALAR) K 3:30 Left, Right, Center (ALAR)</p>	<p>26 M 9:45 LifeShare "Name that Croone" V 10:30 Monday Movements (HCAR) A 1:30 Artisans (ALAR) S 3:15 Ice Cream Social (SICP)</p>	<p>27 V 10:30 Exercises w/Jim (ALAR) I 10:30 Communion & Rosary (HCAR) O 11:30 Henry Ford Museum- \$10 (Out) K 6:15 Bingo (HCAR)</p>	<p>28 I 9:45 Bible Trivia (HCAR) V 10:30 Noodle Exercises (HCAR) A 1:30 Artisans (ALAR) S 3:15 Ladies Tea Time (HCAR)</p>			

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