

November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Creative Cooking GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>Sunday Brunch is November 11th. Please call to RSVP. 11:00am-12:00pm 12:00pm-1:00pm</p>	<p>ALAR- Assisted Living Activity Room HCAR- Health Center Activity Room OUT- Outing SICP- Simmon's Ice Cream Parlor HCPD- Health Center Private Dining HC- Health Center \$- Money required</p>	<p>-All activity time and locations are subject to change. -Outings are weather permitting. -Please sign up for outings at Life Enrichment office located in ALAR</p>	<p>1 MR 9:45 Mindful Moments (HCAR) M 10:00 Glee Club (ALAR) V 10:30 Sit & Get Fit (ALAR) O 1:30 Dollar Tree (Out) K 6:15 Card-O (HCAR)</p>	<p>2 M 10:00 Cardio Drumming (HCAR) CC 10:30 Cooking Hour (ALAR) L 1:30 Rick Steve's Travel S 3:00 Happy Hour & Entertainment: Tom Birchler (SICP)</p>	<p>3 MM 9:45 Mindful Moments (HCAR) K 10:30 Name that TV Show (HCAR) K 1:30 Pictionary (HCAR) K 3:00 Bingo (HCAR)</p>
<p>4 Daylight Savings Ends</p> <p>I 10:00 Hymn Singing Vol. 2 (HCAR) L 11:00 Weekly Trivia (HCAR) MM 2:00 Coffee and Current Events (HCAR) V 3:00 Sunday Stretch (ALAR) K 3:30 Left, Right, Center (ALAR)</p>	<p>5 S 9:15 Hospitality Cart (Room to Room) MM 9:45 Mindful Moments (HCAR) V 10:00 Monday Exercise (ALAR) S 10:30 Assisted Living Chef's Circle (ALAR) A 1:30 Artisans (ALAR)</p>	<p>6 Election Day MM 9:45 Mindful Moments (HCAR) M 10:00 Glee Club (ALAR) I 10:30 Communion & Rosary (HCAR) O 11:30 Olive Garden \$(OUT) S 2:30 Movie Afternoon (ALAR) S 3:30 Assisted Living Resident Council (ALAR)</p>	<p>7 S 9:15 Hospitality Cart (Room to Room) MM 9:45 Mindful Moments (HCAR) V 10:30 Noodle Exercises (HCAR) A 1:30 Artisans (ALAR) S 3:00 Veteran's Day Service (HC Dining Room)</p>	<p>8 MR 9:45 Mindful Moments (HCAR) M 10:00 Glee Club (ALAR) V 10:30 Sit & Get Fit (ALAR) O 12:30 Henry Ford Museum \$21 (OUT) K 6:15 Card-O (HCAR)</p>	<p>9 S 9:15 Hospitality Cart (Room to Room) M 10:00 Cardio Drumming (HCAR) CC 10:30 Cooking Hour (ALAR) L 1:30 Sentimental Reflections (ALAR) S 3:00 Happy Hour & Entertainment: Bryan</p>	<p>10 MM 9:45 Mindful Moments (HCAR) V 10:30 Balloon Volleyball (HCAR) S 1:30 Bingo Store (ALAR) K 3:00 Bingo (HCAR)</p>
<p>11 Veterans Day I 10:00 Hymn Singing Vol. 1 (HCAR) GG 11:00 Sunday Brunch V 1:30 Movie Afternoon (ALAR) V 3:00 Sunday Stretch (ALAR) K 3:30 Uno (ALAR)</p>	<p>12 S 9:15 Hospitality Cart (Room to Room) MM 9:45 Mindful Moments (HCAR) V 10:00 Monday Exercise (ALAR) S 10:30 Assisted Living Chef's Circle (ALAR) A 1:30 Artisans (ALAR)</p>	<p>13 MM 9:45 Mindful Moments (HCAR) M 10:00 Glee Club (ALAR) I 10:30 Communion & Rosary (HCAR) O 12:30 Novi Library (OUT) K 6:15 Bingo (HCAR)</p>	<p>14 S 9:15 Hospitality Cart (Room to Room) I 9:45 Non-Denominational Service w/Bill Roberts (HCAR) MM 9:45 Mindful Moments (HCAR) V 10:30 Noodle Exercises (HCAR)</p>	<p>15 MR 9:45 Mindful Moments (HCAR) M 10:00 Glee Club (ALAR) V 10:30 Sit & Get Fit (ALAR) O 11:30 Thanksgiving Luncheon at Meadowbrook \$9 (Out) S 3:00 Movie Afternoon (ALAR) K 6:15 Card-O (HCAR)</p>	<p>16 S 9:15 Hospitality Cart (Room to Room) M 10:00 Cardio Drumming (HCAR) CC 10:30 Cooking Hour (ALAR) L 1:30 Rick Steve's Travel S 3:00 Happy Hour & Entertainment: Thanksgiving Theme</p>	<p>17 MM 9:45 Mindful Moments (HCAR) K 10:30 Family Fued (HCAR) K 1:30 Whiteboard Word Fun (HCAR) K 3:00 Bingo (HCAR)</p>
<p>18 I 10:00 Hymn Singing Vol. 2 (HCAR) L 11:00 Weekly Trivia (HCAR) MM 2:00 Coffee and Current Events (HCAR) V 3:00 Sunday Stretch (ALAR) K 3:30 Concentration (ALAR)</p>	<p>19 S 9:15 Hospitality Cart (Room to Room) MM 9:45 Mindful Moments (HCAR) V 10:00 Monday Exercise (ALAR) S 10:30 Assisted Living Chef's Circle (ALAR) A 1:30 Artisans (ALAR)</p>	<p>20 MM 9:45 Mindful Moments (HCAR) M 10:00 Glee Club (ALAR) I 10:30 Communion & Rosary (HCAR) O 12:30 Bingo at Meadowbrook \$(OUT) S 5:00 Family Night & Entertainment Paul</p>	<p>21 S 9:15 Hospitality Cart (Room to Room) MM 9:45 Mindful Moments (HCAR) V 10:30 Noodle Exercises (HCAR) M 10:30 Glee Club (ALAR) A 1:30 Artisans (ALAR) S 3:30 Ladies Tea (ALAR)</p>	<p>22 Thanksgiving MR 9:45 Mindful Moments (HCAR) M 10:00 Glee Club (ALAR) V 10:30 Sit & Get Fit (ALAR) A 1:30 Thanksgiving Craft (ALAR) K 3:00 Card-O (HCAR)</p>	<p>23 S 9:15 Hospitality Cart (Room to Room) M 10:00 Cardio Drumming (HCAR) CC 10:30 Cooking Hour (ALAR) L 1:30 Sentimental Reflections (ALAR) S 3:00 Happy Hour & Entertainment: Carol</p>	<p>24 MM 9:45 Mindful Moments (HCAR) K 10:30 Name that TV Show (HCAR) S 1:30 Bingo Store (ALAR) K 3:00 Bingo (HCAR)</p>
<p>25 I 10:00 Hymn Singing Vol. 1 (HCAR) L 11:00 Weekly Trivia (HCAR) MM 2:00 Coffee and Current Events (HCAR) V 3:00 Sunday Stretch (ALAR) K 3:30 Dominos (ALAR)</p>	<p>26 S 9:15 Hospitality Cart (Room to Room) MM 9:45 Mindful Moments (HCAR) V 10:00 Monday Exercise (ALAR) S 10:30 Assisted Living Chef's Circle (ALAR) A 1:30 Artisans (ALAR)</p>	<p>27 MM 9:45 Mindful Moments (HCAR) M 10:00 Glee Club (ALAR) V 10:30 Exercises w/Jim (ALAR) I 10:30 Communion & Rosary (HCAR) O 11:30 Gumsey (OUT) V 3:30 Ladderball (HCAR) K 6:15 Bingo (HCAR)</p>	<p>28 S 9:15 Hospitality Cart (Room to Room) MM 9:45 Mindful Moments (HCAR) V 10:30 Noodle Exercises (HCAR) A 1:30 Artisans (ALAR) S 3:30 Men's Group (ALAR)</p>	<p>29 MR 9:45 Mindful Moments (HCAR) M 10:00 Glee Club (ALAR) V 10:30 Sit & Get Fit (ALAR) O 1:30 Movies \$8 (Out) K 6:15 Card-O (HCAR)</p>	<p>30 S 9:15 Hospitality Cart (Room to Room) M 10:00 Cardio Drumming (HCAR) CC 10:30 Cooking Hour (ALAR) L 1:30 Rick Steve's Travel S 3:00 Happy Hour & Entertainment: George Stepulla-Violin (SICP)</p>	

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4 Daylight Savings Ends	5	6 Election Day	7	8	9	10
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