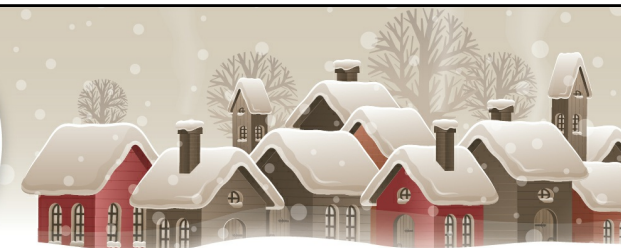


January 2019

Lakeland Rehab & Health Care
Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events</p>	<p>Outings may be cancelled or postponed due to the following weather conditions:</p> <p>20 degrees or 20 degree below Wind Chill factor or Threatening weather conditions Forecasted heat advisory Heat index of 94 or above</p>	<p>1 New Year's Day</p> <p>K 9:30 America's firsts (C) L 10:00 Acronyms K 10:30 Sensory MM 11:45 Mindful Moments O 1:30 Mystery Outing (V)</p>	<p>2</p> <p>GG 9:30 Glamour Nails (S) S 10:00 Chef Circle S 10:30 Resident Council (C) K 11:00 Sensory MM 11:45 Mindful Moments K 1:30 Wacky Word Wednesday A 1:45 Creative Crafting (sock snowman with)</p>	<p>3</p> <p>GF 9:30 Gentleman's Club (Alaska day) K 11:00 Sensory MM 11:45 Mindful Moments O 1:30 Fall Drive (V) K 6:15 Bingo</p>	<p>4</p> <p>V 9:30 Chair Yoga (C) CC 10:15 Cooking Corner (Turkey & Cheese crescent rolls) K 11:00 Sensory MM 11:45 Mindful Moments GF 1:30 Movie time (C) S 2:45 Happy Hour (C)</p>	<p>5</p> <p>K 9:30 Daily Chronicle/ Current Events(C) V 10:00 Saturday Stretching K 11:00 Sensory MM 11:45 Mindful Moments K 1:30 Bingo</p>
<p>6</p> <p>K 9:30 Current Events/Daily Chronicle (C) A 10:00 Creative Crafting (Winter Tree) K 11:00 Sensory MM 11:45 Mindful Moments I 1:30 Milford Chapel (C)</p>	<p>7</p> <p>V 9:30 Forever Fit (C) K 10:30 Daily Chronicle/Current Events K 11:00 Sensory MM 11:45 Mindful Moments M 1:30 Name that crooner (C) L 2:00 Lifelong learning (Braille) M 6:00 Game/singing (C)</p>	<p>8</p> <p>M 9:30 Glee Club (C) S 10:00 Chef Circle S 10:30 Inspired Living Committee (C) K 11:00 Sensory MM 11:45 Mindful Moments O 1:30 Walmart (V)</p>	<p>9</p> <p>GG 9:30 Glamour Nails (S) I 10:45 Relaxation/Writing/Life Stories K 11:00 Sensory MM 11:45 Mindful Moments K 1:30 Wacky Word Wednesday A 1:45 Creative Crafting (sparkle snowflake)</p>	<p>10</p> <p>M 10:00 Songs of Faith (C) I 10:30 Devotions* (C) K 11:00 Sensory MM 11:45 Mindful Moments S 12:00 Taste of the Town O 1:30 Fall Drive (V) K 6:15 Bingo</p>	<p>11</p> <p>V 9:30 Chair Yoga (C) K 10:15 Trivia K 11:00 Sensory MM 11:45 Mindful Moments M 2:00 Fun Friday (C) S 2:45 Happy Hour (John's dad)</p>	<p>12</p> <p>K 9:30 Daily Chronicle/ Current Events(C) V 10:00 Saturday Stretching K 11:00 Sensory MM 11:45 Mindful Moments K 1:30 Bingo</p>
<p>13</p> <p>K 9:30 Current Events/Daily Chronicle (C) A 10:00 Creative Crafting (Popsicle snowman face) K 11:00 Sensory MM 11:45 Mindful Moments K 2:00 Game day/Trivia</p>	<p>14</p> <p>V 9:30 Forever Fit K 10:30 Daily Chronicle/Current Events K 11:00 Sensory MM 11:45 Mindful Moments M 1:30 Name that crooner (C) L 2:00 Lifelong learning (Signing the alphabet) M 6:00 Game/singing (C)</p>	<p>15</p> <p>M 9:30 Glee Club (C) S 10:00 Chef Circle K 10:30 Spelling bee (C) K 11:00 Sensory MM 11:45 Mindful Moments O 1:30 Goodwill (V)</p>	<p>16</p> <p>GG 9:30 Glamour Nails (S) I 10:45 Relaxation/Writing/Life Stories K 11:00 Sensory MM 11:45 Mindful Moments K 1:30 Wacky Word Wednesday A 1:45 Creative Crafting (book wreath)</p>	<p>17</p> <p>GF 9:30 Gentleman's Club (Coffee and donuts) I 10:30 Devotions* (C) K 11:00 Sensory MM 11:45 Mindful Moments O 1:30 Fall Drive (V) K 6:15 Bingo</p>	<p>18</p> <p>V 9:30 Chair Yoga (C) K 10:30 Trivia K 11:00 Sensory MM 11:45 Mindful Moments GF 1:30 Movie time (C) S 2:45 Happy Hour (Anna)</p>	<p>19</p> <p>K 9:30 Daily Chronicle/ Current Events(C) V 10:00 Saturday Stretching K 11:00 Sensory MM 11:45 Mindful Moments K 1:30 Bingo</p>
<p>20</p> <p>K 9:30 Current Events/Daily Chronicle (C) A 10:00 Creative Crafting (Cardinal) K 11:00 Sensory MM 11:45 Mindful Moments I 2:00 Lakeland Church* (C)</p>	<p>21 Martin Luther King Day</p> <p>V 9:30 Forever Fit K 10:30 Daily Chronicle/Current Events K 11:00 Sensory MM 11:45 Mindful Moments M 1:30 Name that crooner (C) L 2:00 Lifelong learning (signing gesture) M 6:00 Game/singing (C)</p>	<p>22</p> <p>M 9:30 Glee Club (C) S 10:00 Chef Circle K 10:30 Spelling Bee (C) K 11:00 Sensory MM 11:45 Mindful Moments O 1:30 Mystery Outing (V)</p>	<p>23</p> <p>GG 9:30 Glamour Nails (S) I 10:45 Relaxation/Writing/Life Stories K 11:00 Sensory MM 11:45 Mindful Moments K 1:30 Wacky Word Wednesday A 1:45 Creative Crafting (Hanging pine cones)</p>	<p>24</p> <p>M 10:00 Songs of Faith (C) I 10:30 Devotions* (C) K 11:00 Sensory MM 11:45 Mindful Moments O 1:30 Fall Drive (V) K 6:15 Bingo</p>	<p>25</p> <p>V 9:30 Chair Yoga (C) K 10:15 Trivia K 11:00 Sensory MM 11:45 Mindful Moments M 2:00 Fun Friday (C) S 2:45 Happy Hour (Bryan Edington)</p>	<p>26</p> <p>K 9:30 Daily Chronicle/ Current Events(C) V 10:00 Saturday Stretching K 11:00 Sensory MM 11:45 Mindful Moments K 1:30 Bingo</p>
<p>27</p> <p>K 9:30 Current Events/Daily Chronicle (C) A 10:00 Creative Crafting (yarn wrap snowman) K 11:00 Sensory MM 11:45 Mindful Moments GG 1:30 Movie (C)</p>	<p>28</p> <p>V 9:30 Forever Fit K 10:30 Daily Chronicle/Current Events K 11:00 Sensory MM 11:45 Mindful Moments M 1:30 Name that crooner (C) L 2:00 Lifelong learning (Braille message) M 6:00 Game/singing (C)</p>	<p>29</p> <p>M 9:30 Glee Club (C) S 10:00 Chef Circle K 11:00 Sensory MM 11:45 Mindful Moments O 1:30 Mystery Outing</p>	<p>30</p> <p>GG 9:30 Glamour Nails (S) I 10:45 Relaxation/Writing/Life Stories K 11:00 Sensory MM 11:45 Mindful Moments K 1:30 Wacky Word Wednesday A 1:45 Creative Crafting (Cinnamon stick candle)</p>	<p>31</p> <p>M 10:00 Songs of Faith I 10:30 Devotions* (C) K 11:00 Sensory MM 11:45 Mindful Moments O 1:30 Fall Drive (V) K 6:15 Bingo</p>	<p>Mail Delivery Six Days a Week</p> <p>Calendar is subject to change. Any changes will be posted on the Life Share Monitor (TV) in the hall by the dining room.</p>	<p>This months residents birthdays 9 Myrtle B</p>