

JULY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 K 9:30 Current Events/Daily Chronicle (C) GG 10:15 Relaxing on the porch MM 11:45 Mindful Moments I 1:30 Milford Chapel (C)	2 V 9:30 Forever Fit (C) K 10:00 Daily Chronicle (D) MM 11:30 Mindful Moments (D) M 2:00 Name that crooner (C) L 2:30 Lifelong learning (C) M 6:00 Game/singing (C)	3 S 9:30 Chef Circle K 10:00 Daily Chronicle (D) S 10:30 Resident Council (C) MM 11:30 Mindful Moments (D) O 1:30 Mystery Outing (V)	4 Independence Day GG 9:30 Glamour Nails (S) K 10:00 Daily Chronicle (D) A 10:30 Creative Crafting MM 11:30 Mindful Moments (D) K 1:30 Wacky Word Wednesday V 2:00 Fitness Walk	5 GG 9:30 Gentleman's Club (C) K 10:00 Daily Chronicle (D) M 10:30 Devotions* (C) MM 11:30 Mindful Moments (D) O 1:30 Scenic Drive (V) GG 6:15 Bingo	6 V 9:30 Chair Yoga (C) K 10:00 Daily Chronicle (D) GG 10:15 Cooking Corner (C) MM 11:30 Mindful Moments (D) M 2:00 Fun Friday (C) S 2:45 Happy Hour David "Saw" (C)	7 A 9:30 Expressive Art MM 11:45 Mindful Moments K 12:00 Daily Chronicle (C) K 1:30 Bingo
8 K 9:30 Current Events/Daily Chronicle (C) GG 10:15 Relaxing on the porch MM 11:45 Mindful Moments K 2:00 Game day/Trivia	9 V 9:30 Forever Fit K 10:00 Daily Chronicle (D) MM 11:30 Mindful Moments (D) M 2:00 Name that crooner (C) L 2:30 Lifelong learning (C) M 6:00 Game/singing (C) I 6:30 Living Word (C)	10 S 9:30 Chef Circle K 10:00 Daily Chronicle (D) S 10:30 Inspired Living Committee (C) MM 11:30 Mindful Moments (D) O 1:30 Walmart (V)	11 GG 9:30 Glamour Nails (S) K 10:00 Daily Chronicle (D) A 10:30 Creative Crafting MM 11:30 Mindful Moments (D) K 1:30 Wacky Word Wednesday V 2:00 Fitness Walk	12 V 9:30 Forever Fit (C) K 10:00 Daily Chronicle (D) M 10:30 Devotions* (C) MM 11:30 Mindful Moments (D) S 12:00 Taste of the Town O 1:30 Scenic Drive (V) GG 6:15 Bingo	13 V 9:30 Chair Yoga (C) K 10:00 Daily Chronicle (D) GG 10:15 Cooking Corner (C) MM 11:30 Mindful Moments (D) M 2:00 Fun Friday (C) S 2:45 Happy Hour John Bahlar (C)	14 A 9:30 Expressive Art MM 11:45 Mindful Moments K 12:00 Daily Chronicle (C) K 1:30 Bingo
15 K 9:30 Current Events/Daily Chronicle (C) GG 10:15 Relaxing on the porch MM 11:45 Mindful Moments I 2:00 Lakeland Church* (C)	16 V 9:30 Forever Fit K 10:00 Daily Chronicle (D) MM 11:30 Mindful Moments (D) M 2:00 Name that crooner (C) L 2:30 Lifelong learning (C) M 6:00 Game/singing (C)	17 S 9:30 Chef Circle K 10:00 Daily Chronicle (D) M 10:30 Music to My Ears (C) MM 11:30 Mindful Moments (D) O 1:30 Goodwill (V)	18 GG 9:30 Glamour Nails (S) K 10:00 Daily Chronicle (D) A 10:30 Creative Crafting MM 11:30 Mindful Moments (D) K 1:30 Wacky Word Wednesday V 2:00 Fitness Walk	19 G 9:30 Gentleman's club (C) K 10:00 Daily Chronicle (D) M 10:30 Devotions* (C) MM 11:30 Mindful Moments (D) O 1:30 Scenic Drive (V) GG 6:15 Bingo	20 V 9:30 Chair Yoga (C) K 10:00 Daily Chronicle (D) GG 10:15 Cooking Corner (C) MM 11:30 Mindful Moments (D) M 2:00 Fun Friday (C) S 2:45 Happy Hour Birthday (C)	21 A 9:30 Expressive Art MM 11:45 Mindful Moments K 12:00 Daily Chronicle (C) K 1:30 Bingo
22 K 9:30 Current Events/Daily Chronicle (C) GG 10:15 Relaxing on the porch MM 11:45 Mindful Moments GG 1:30 Movie (C)	23 V 9:30 Forever Fit K 10:00 Daily Chronicle (D) MM 11:30 Mindful Moments (D) M 2:00 Name that crooner (C) L 2:30 Lifelong learning (C) M 6:00 Game/singing (C)	24 S 9:30 Chef Circle K 10:00 Daily Chronicle (D) M 10:30 Music to My Ears (C) MM 11:30 Mindful Moments (D) O 1:30 Mystery Outing (V)	25 GG 9:30 Glamour Nails (S) K 10:00 Daily Chronicle (D) A 10:30 Creative Crafting MM 11:30 Mindful Moments (D) K 1:30 Wacky Word Wednesday V 2:00 Fitness Walk	26 V 9:30 Forever Fit (C) K 10:00 Daily Chronicle (D) M 10:30 Devotions* (C) MM 11:30 Mindful Moments (D) O 1:30 Scenic Drive (V) GG 6:15 Bingo	27 V 9:30 Chair Yoga (C) K 10:00 Daily Chronicle (D) GG 10:15 Cooking Corner (C) MM 11:30 Mindful Moments (D) M 2:00 Fun Friday (C) S 2:45 Happy Hour Bryan Edington (C)	28 A 9:30 Expressive Art MM 11:45 Mindful Moments K 12:00 Daily Chronicle (C) K 1:30 Bingo
29 K 9:30 Current Events/Daily Chronicle (C) GG 10:15 Relaxing on the porch S 11:30 Brunch (C) MM 11:45 Mindful Moments	30 V 9:30 Forever Fit K 10:00 Daily Chronicle (D) M 10:30 Jerry Vernon MM 11:30 Mindful Moments (D) M 2:00 Name that crooner (C) L 2:30 Lifelong learning (C) M 6:00 Game/singing (C)	31 S 9:30 Chef Circle K 10:00 Daily Chronicle (D) M 10:30 Music to My Ears (C) MM 11:30 Mindful Moments (D) O 1:30 Mystery Outing (V)	A - Artisans G - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality	Outings may be cancelled or postponed due to the following weather conditions: 20 degrees or 20 degree below Wind Chill factor or Threatening weather conditions Forecasted heat advisory Heat index of 94 or above	Mail Delivery Six Days a Week Calendar is subject to change. Any changes will be posted on the Life Share Monitor (TV) in the hall by the dining room.	BeckyJo 7/28 Eddie 7/30