

**HIGHLAND OAKS HEALTH CENTER
MAY**

May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans C - Connections CC - Creative Cooking I - Inspirations K - Keeping it Sharp L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	THEME SENSATIONS DAILY	<p>1</p> <p>K 7:00 CURRENT EVENTS O 9:00 GREENHOUSE SHOPPING MM 9:00 NURSERY-THEME SENSATIONS S 9:30 CHEF'S CIRCLE K 10:00 BINGO K 11:15 DAILY CHRONICLE I 1:30 BIBLE READING GROUP</p>	<p>2</p> <p>MM 9:00 MEN'S-THEME SENSATIONS S 9:15 INSPIRED LIVING V 9:30 EXERCISE GROUP M 10:00 MUSIC STICKS K 11:00 SEEK N FIND K 11:15 DAILY CHRONICLE A 2:00 DERBY HATS</p>	<p>3</p> <p>MM 9:00 TOUCH-THEME SENSATION S 9:30 RESIDENT COUNCIL V 10:00 PLANTING FLOWER K 11:00 CROSSWORD K 11:15 DAILY CHRONICLE O 1:30 LEGACY LANE RIDES V 2:00 PLANTING FLOWERS</p>	<p>4</p> <p>MM 9:00 LAUNDRY-THEME SENSATIONS V 9:30 EXERCISE GROUP K 10:00 BINGO K 11:00 SEEK AND FIND K 11:15 DAILY CHRONICLE S 2:00 CINCO DE MAYO M 2:30 RON JACKSON M 3:00 HAPPY HOUR</p>	<p>5 Cinco de Mayo</p> <p>MM 9:00 GARDEN- THEME SENSATIONS I 9:45 DEVOTIONS K 10:00 HANGMAN K 11:00 WEEKLY UPDATE K 11:15 DAILY CHRONICLE V 2:00 DERBY RACING</p>
<p>6</p> <p>MM 9:00 MUSIC- THEME SENSATIONS L 10:00 COOKIES AND CHAT K 11:15 DAILY CHRONICLE M 11:30 GOSPEL MUSIC I 2:00 7TH ST. CHURCH OF CHRIST</p>	<p>7 May Day</p> <p>MM 9:00 KITCHEN-THEME SENSATIONS V 9:30 EXERCISE GROUP V 10:00 TARGET GOLF L 10:00 HISTORY BUFFS K 11:00 WORD SEARCH K 11:15 DAILY CHRONICLE</p>	<p>8</p> <p>K 7:00 CURRENT EVENTS MM 9:00 NURSERY-THEME SENSATION S 9:30 CHEF'S CIRCLE K 10:00 BINGO K 11:15 DAILY CHRONICLE I 1:30 BIBLE READING GROUP O 2:00 LEGACY LANE RIDE</p>	<p>9</p> <p>MM 9:00 MEN'S-THEME SENSATIONS V 9:30 EXERCISE GROUP M 10:00 SONG PICK K 11:00 SEEK N FIND K 11:15 DAILY CHRONICLE M 2:00 RAY GALLO</p>	<p>10</p> <p>MM 9:00 TOUCH-THEME SENSATION CC 10:00 CHOCOLATE COCA COLA CAKE K 11:00 CROSSWORD K 11:15 DAILY CHRONICLE L 2:00 HAVE YOUR CAKE & EAT IT TOO</p>	<p>11</p> <p>O 9:00 DOGWOOD PASS MM 9:00 LAUNDRY-THEME SENSATIONS V 9:30 EXERCISE GROUP K 10:00 BINGO K 11:00 SEEK AND FIND K 11:15 DAILY CHRONICLE M 3:00 HAPPY HOUR</p>	<p>12</p> <p>MM 9:00 GARDEN- THEME SENSATIONS I 9:45 DEVOTIONS K 11:00 WEEKLY UPDATE K 11:15 DAILY CHRONICLE V 2:00 PENNY PITCHING</p>
<p>13 Mother's Day</p> <p>MM 9:00 MUSIC- THEME SENSATIONS K 10:00 JACKPOT K 11:15 DAILY CHRONICLE M 11:30 GOSPEL MUSIC I 2:00 MALTA UNITED METHODIST</p>	<p>14</p> <p>MM 9:00 KITCHEN-THEME SENSATIONS V 9:30 EXERCISE GROUP L 10:00 HISTORY BUFFS K 11:00 WORD SEARCH K 11:15 DAILY CHRONICLE CC 2:00 MILKY WAY ICE CREAM</p>	<p>15 Ramadan Begins</p> <p>K 7:00 CURRENT EVENTS MM 9:00 NURSERY-THEME SENSATION S 9:30 CHEF'S CIRCLE K 10:00 BINGO K 11:15 DAILY CHRONICLE O 1:30 ROCK HUNTING @ THE BALL FIELD I 1:30 BIBLE READING GROUP</p>	<p>16</p> <p>MM 9:00 MEN'S-THEME SENSATIONS V 9:30 EXERCISE GROUP CC 10:00 CHERRY COBBLER K 11:00 SEEK N FIND K 11:15 DAILY CHRONICLE 1:00 SOUND OF MUSIC</p>	<p>17</p> <p>MM 9:00 TOUCH-THEME SENSATION A 10:00 SPRING WREATH K 11:00 CROSSWORD K 11:15 DAILY CHRONICLE M 2:00 DENVER LEE S 4:00 HAPPY HOUR S 4:30 THEME DINNER- THE SOUND OF MUSIC</p>	<p>18</p> <p>MM 9:00 LAUNDRY-THEME SENSATIONS V 9:30 EXERCISE GROUP K 10:00 BINGO K 11:00 SEEK AND FIND K 11:15 DAILY CHRONICLE L 2:00 TRIVIA</p>	<p>19</p> <p>MM 9:00 GARDEN- THEME SENSATIONS I 9:45 DEVOTIONS K 10:00 THE PRICE IS RIGHT K 11:00 WEEKLY UPDATE K 11:15 DAILY CHRONICLE A 2:00 SPRING PAINTING</p>
<p>20</p> <p>MM 9:00 MUSIC- THEME SENSATIONS V 10:00 TARGET GOLF K 11:15 DAILY CHRONICLE M 11:30 GOSPEL MUSIC I 2:00 PRESBYTERIAN</p>	<p>21</p> <p>MM 9:00 KITCHEN-THEME SENSATIONS V 9:30 EXERCISE GROUP L 10:00 HISTORY BUFFS K 11:00 WORD SEARCH K 11:15 DAILY CHRONICLE M 2:00 BRIAN & JUDY</p>	<p>22</p> <p>K 7:00 CURRENT EVENTS MM 9:00 NURSERY-THEME SENSATION S 9:30 CHEF'S CIRCLE K 10:00 BINGO O 11:00 DEANO'S K 11:15 DAILY CHRONICLE I 1:30 BIBLE READING GROUP V 2:00 AIM FOR THE HEART</p>	<p>23</p> <p>MM 9:00 MEN'S-THEME SENSATIONS V 9:30 EXERCISE GROUP V 10:00 BALLOON POP K 11:00 SEEK N FIND K 11:15 DAILY CHRONICLE A 2:00 MOSAIC ART</p>	<p>24</p> <p>S 7:00 RED NOSE DAY MM 9:00 TOUCH-THEME SENSATION CC 10:00 STRAWBERRY CHEESE CAKE K 11:00 CROSSWORD K 11:15 DAILY CHRONICLE O 1:30 LEGACY LANE RIDE V 2:00 DARTS</p>	<p>25</p> <p>MM 9:00 LAUNDRY-THEME SENSATIONS V 9:30 EXERCISE GROUP K 10:00 BINGO K 11:00 SEEK AND FIND K 11:15 DAILY CHRONICLE S 11:45 TASTE OF THE TOWN- CHELO'S V 2:30 DICE AND GRAB</p>	<p>26</p> <p>MM 9:00 GARDEN- THEME SENSATIONS I 9:45 DEVOTIONS L 10:00 DONUTS & COFFEE K 11:00 WEEKLY UPDATE K 11:15 DAILY CHRONICLE K 2:00 JINGO</p>
<p>27</p> <p>MM 9:00 MUSIC- THEME SENSATIONS I 10:00 BEAD WORK K 11:15 DAILY CHRONICLE M 11:30 GOSPEL MUSIC I 2:00 EBENEZER MENNONITE FELLOWSHIP</p>	<p>28 Memorial Day</p> <p>MM 9:00 KITCHEN-THEME SENSATIONS V 9:30 EXERCISE GROUP L 10:00 HISTORY BUFFS K 11:00 WORD SEARCH K 11:15 DAILY CHRONICLE K 2:00 ALL BOXED IN</p>	<p>29</p> <p>K 7:00 CURRENT EVENTS O 9:00 WALMART & GOLDEN CORRAL MM 9:00 NURSERY-THEME SENSATION S 9:30 CHEF'S CIRCLE K 10:00 BINGO K 11:15 DAILY CHRONICLE I 1:30 BIBLE READING GROUP</p>	<p>30</p> <p>MM 9:00 MEN'S-THEME SENSATIONS V 9:30 EXERCISE GROUP A 10:00 POPSICLE FLOWERS K 11:00 SEEK N FIND K 11:15 DAILY CHRONICLE K 2:00 BOARD GAMES</p>	<p>31</p> <p>MM 9:00 TOUCH-THEME SENSATION K 10:00 MEMORY TEASER K 11:00 CROSSWORD K 11:15 DAILY CHRONICLE O 1:30 LEGACY LANE RIDE MM 2:00 DRUM CIRCLE</p>	ACTIVITIES ARE SUBJECT TO CHANGE	<p>MAY BIRTHDAYS CHARLES H. MAY 5TH NANCY S. MAY 16TH MYRA B. MAY 19TH JON C. MAY 20TH</p>

Highland Oaks Daily Rhythm
May

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans C - Connections CC - Creative Cooking I - Inspirations K - Keeping it Sharp M - Music to My Ears S - Signature Events V - Vitality</p>	<p>Every morning (approx. times) 9:30 Vitality 10:00 Keeping it Sharp 10:15 Morning Refreshers 10:30 Housekeeping 10:45 Creative Cooking 11:30 Lunch Prep</p>	<p>1 V Wildflower Tour K Color My World CC Apple Pie Oatmeal Dessert Relax & Recharge A Shaving Cream Marbling M Tambourine Tuesday C Which is Longer? Healthy Hands I Word Play!</p>	<p>2 V Chair Yoga K Yard Sale CC Pepperoni Pizza Soup Relax & Recharge A Rainy Day Abstract Painting M Scarf Dance C Flip'n Chips Healthy Hands C Old Time Theater</p>	<p>3 V Garden Dancing K Roll to 20! CC Chocolate Chip Cookie Bars Relax & Recharge A Spring Theme Collage M Movin' & Groovin' C Price is Right Healthy Hands C Scavenger Hunt</p>	<p>4 V Golf Club K Fun with Baby Animals CC Butterscotch Pecan Br. Pudding Relax & Recharge A Tulip Door Decor S Happy Hour M My Sunshine! V Horseshoes Healthy Hands</p>	<p>5 Cinco de Mayo V Cinco De Mayo Dance K Famous Couples CC Cinco de Mayo Corn Dip Relax & Recharge A Favorite Things Collage M Macarena! C Horseracing Healthy Hands C Saturday Night Jamboree</p>
<p>6 V Sunday Stretch K Remembering Mothers CC Basil Garlic Bread Relax & Recharge A Flower Printmaking M Sunday Choir C Life on the Farm Healthy Hands C Evening Inspirations</p>	<p>7 May Day V Balloon Baseball K Double the Fun CC Milky Way Fudge Relax & Recharge A Cloth Tie Wreath M Shake It Up Baby! V Parachute Fun Healthy Hands C Shake Loose A Memory</p>	<p>8 V Wildflower Tour K Color My World CC Chocolate Chip Raspberry Bars Relax & Recharge A Cosmic Sun Catchers M Tambourine Tuesday C Which is Longer? Healthy Hands I Word Play!</p>	<p>9 V Chair Yoga K Yard Sale CC Italian Cabbage Soup Relax & Recharge A Flyswatter Collaborative Painting M Scarf Dance C Flip'n Chips Healthy Hands C Old Time Theater</p>	<p>10 V Garden Dancing K Roll to 20! CC Peanut Butter Brownies Relax & Recharge A Ziplock Painting M Movin' & Groovin' C Price is Right Healthy Hands C Scavenger Hunt</p>	<p>11 V Golf Club K Fun with Baby Animals CC Soft Buttermilk Sugar Cookies Relax & Recharge A Tulip Door Decor S Happy Hour M My Sunshine! V Horseshoes Healthy Hands</p>	<p>12 V Ribbon Dance K Famous Couples CC Cheesy Pizza Fondue Relax & Recharge A Relief Printmaking M Name That Croon C Horseracing Healthy Hands C Saturday Night Jamboree</p>
<p>13 Mother's Day V Sunday Stretch K Remembering Mothers CC Banana Wheat Bread Relax & Recharge A Spring Collage M Sunday Choir C Life on the Farm Healthy Hands C Mother's Day Tea</p>	<p>14 V Balloon Baseball K Double the Fun CC Blueberry Muffins Relax & Recharge A Cloth Tie Wreath M Shake It Up Baby! V Parachute Fun Healthy Hands C Shake Loose A Memory</p>	<p>15 Ramadan Begins V Wildflower Tour K Color My World CC Caramel Butter Pecan Bars Relax & Recharge A Spring Collage M Tambourine Tuesday C Which is Longer? Healthy Hands I Word Play!</p>	<p>16 V Chair Yoga K Yard Sale CC Hearty Hash Brown Soup Relax & Recharge A Rainy Day Abstract Painting M Scarf Dance C Flip'n Chips Healthy Hands C Old Time Theater</p>	<p>17 V Sound of Music Moves K My Favorite Things CC Dad's Chocolate Chip Cookies Relax & Recharge A Favorite Things Collage M The Sound of Music C Price is Right Healthy Hands C Scavenger Hunt</p>	<p>18 V Golf Club K Fun with Baby Animals CC Grandma's Honey Muffins Relax & Recharge A Tulip Door Decor S Happy Hour M My Sunshine! V Horseshoes Healthy Hands</p>	<p>19 V Ribbon Dance K Famous Couples CC Chocolate Lover's Dream Cookies Relax & Recharge A Maracas M Armed Forces Appreciation C Horseracing Healthy Hands</p>
<p>20 V Sunday Stretch K Remembering Mothers CC Golden Wheat Bread Relax & Recharge A Flower Printmaking M Sunday Choir C Life on the Farm Healthy Hands C Evening Inspirations</p>	<p>21 V Balloon Baseball K Double the Fun CC Candy Bar Apple Salad Relax & Recharge A Cloth Tie Wreath M Shake It Up Baby! V Parachute Fun Healthy Hands C Shake Loose A Memory</p>	<p>22 V Wildflower Tour K Color My World CC Creamy Chocolate Cookie Dip Relax & Recharge A Flyswatter Collaborative Painting M Tambourine Tuesday C Which is Longer? Healthy Hands I Word Play!</p>	<p>23 V Chair Yoga K Yard Sale CC Chicken Noodle Soup Relax & Recharge A Flyswatter Collaborative Painting M Scarf Dance C Flip'n Chips Healthy Hands C Old Time Theater</p>	<p>24 V Garden Dancing K Roll to 20! CC Peanut Butter Cup Cupcakes Relax & Recharge A Ziplock Sensory Painting M Movin' & Groovin' C Price is Right Healthy Hands C Scavenger Hunt</p>	<p>25 V Golf Club K Fun with Baby Animals CC Creamy Lemon Pie Relax & Recharge A Tulip Door Decor S Happy Hour M My Sunshine! V Horseshoes Healthy Hands</p>	<p>26 V Ribbon Dance K Famous Couples CC Taco Joe Dip Relax & Recharge A Essential Oils Diffuser Necklace M Name That Croon C Horseracing Healthy Hands C Saturday Night Jamboree</p>
<p>27 V Sunday Stretch K Remembering Mothers CC Soft Oatmeal Bread Relax & Recharge A Essential Oils Diffuser Necklace M Sunday Choir C Life on the Farm Healthy Hands C Evening Inspirations</p>	<p>28 Memorial Day V Balloon Baseball K A Day to Remember and Honor CC Cinnamon Fr. Toast Casserole Relax & Recharge A Cloth Tie Wreath M America The Beautiful V Parachute Fun Healthy Hands C Shake Loose A Memory</p>	<p>29 V Wildflower Tour K Color My World CC Sweet Cream Cheese Strawberry Bread Relax & Recharge A Cosmic Sun Catcher M Tambourine Tuesday C Which is Longer? Healthy Hands</p>	<p>30 V Chair Yoga K Yard Sale CC Smooth Strawberry Soup Relax & Recharge A Color Collage M Scarf Dance C Flip'n Chips Healthy Hands C Old Time Theater</p>	<p>31 V Garden Dancing K Roll to 20! CC Cinnamon Oatmeal Cookies Relax & Recharge A Color Collage M Movin' & Groovin' C Price is Right Healthy Hands C Scavenger Hunt</p>	<p>Every afternoon: 12:45 Relax and Recharge 1:30 Connection:Reminisce 2:00 Artisan 3:00 Musical Celebration 3:30 Afternoon Refreshers 4:00 Connection: Group Games 4:30 Dinner Prep 4:45 Keeping it Sharp</p>	<p>6:00 Gathering of Friends 7:00 Nighttime Traditions</p>