

**HIGHLAND OAKS HEALTH CENTER
NOVEMBER**

November 2018

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|---|--|--|
| <p>A - Artisans CC - Community Connections G - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events</p> | THEME SENSATIONS DAILY | ACTIVITIES ARE SUBJECT TO CHANGE RC= RESIDENT COUNCIL T OF T = TASTE OF TOWN | | <p>1 MM 9:00 TOUCH-THEME SENSATION L 10:00 SCIENCE EXPERIMENT K 11:00 CROSSWORD K 11:15 DAILY CHRONICLE O 1:30 COUNTRY RIDE V 2:00 WALKING CLUB</p> | <p>2 MM 9:00 LAUNDRY-THEME SENSATIONS V 9:15 EXERCISE GROUP GG 10:00 BINGO K 11:00 SEEK AND FIND K 11:15 DAILY CHRONICLE M 2:30 RON JACKSON M 3:00 HAPPY HOUR</p> | <p>3 MM 9:00 GARDEN- THEME SENSATIONS I 9:45 DEVOTIONS K 10:00 JACKPOT K 11:00 WEEKLY UPDATE K 11:15 DAILY CHRONICLE V 2:00 RACING</p> |
| <p>4 Daylight Savings Ends</p> | <p>5</p> | <p>6 Election Day</p> | <p>7</p> | <p>8 O 9:00 WALMART MM 9:00 TOUCH-THEME SENSATION K 10:00 JINGO K 11:00 CROSSWORD K 11:15 DAILY CHRONICLE V 2:00 DICE & GRAB G 6:00 BUTTERFLY GIRLS</p> | <p>9 MM 9:00 LAUNDRY-THEME SENSATIONS V 9:15 EXERCISE GROUP CC 9:30 VETEREN'S BRUNCH GG 10:00 BINGO K 11:00 SEEK AND FIND K 11:15 DAILY CHRONICLE M 2:30 MUSIC CHOICE M 3:00 HAPPY HOUR</p> | <p>10 MM 9:00 GARDEN- THEME SENSATIONS I 9:45 DEVOTIONS A 10:00 FALL CRAFT K 11:00 WEEKLY UPDATE K 11:15 DAILY CHRONICLE G 1:30 AGATHA CHRISTIE MOVIE</p> |
| <p>11 Veterans Day</p> | <p>12</p> | <p>13</p> | <p>14</p> | <p>15 MM 9:00 TOUCH-THEME SENSATION L 10:00 SCIENCE EXPERIMENT K 11:00 CROSSWORD K 11:15 DAILY CHRONICLE O 11:30 SENIOR CITIZEN HOLIDAY DINNER @ THE MASONIC TEMPLE G 6:00 BUTTERFLY GIRLS</p> | <p>16 MM 9:00 LAUNDRY-THEME SENSATIONS V 9:15 EXERCISE GROUP GG 10:00 BINGO K 11:00 SEEK AND FIND K 11:15 DAILY CHRONICLE V 2:30 TARGET GOLF M 3:00 HAPPY HOUR</p> | <p>17 MM 9:00 GARDEN- THEME SENSATIONS I 9:45 DEVOTIONS A 10:00 TURKEY CRAFT K 11:00 WEEKLY UPDATE K 11:15 DAILY CHRONICLE K 2:00 ALL BOXED IN</p> |
| <p>18</p> | <p>19</p> | <p>20</p> | <p>21</p> | <p>22 Thanksgiving</p> | <p>23</p> | <p>24</p> |
| <p>MM 9:00 MUSIC- THEME SENSATIONS L 10:00 FUDGE AND CHAT K 11:15 DAILY CHRONICLE M 11:30 GOSPEL MUSIC I 2:00 MEIGS CHURCH OF CHRIST M 2:20 GOSPEL SINGING</p> | <p>MM 9:00 KITCHEN-THEME SENSATIONS V 9:15 EXERCISE GROUP L 10:00 HISTORY BUFFS K 11:00 WORD SEARCH K 11:15 DAILY CHRONICLE M 2:00 BRIAN & JUDY</p> | <p>O 9:00 ZANESVILLE MUSEUM OF ART MM 9:00 NURSERY-THEME SENSATION S 9:30 CHEF'S CIRCLE GG 10:00 BINGO K 11:15 DAILY CHRONICLE I 1:30 BIBLE READING GROUP M 6:15 BILL & BARB</p> | <p>MM 9:00 MEN'S-THEME SENSATIONS V 9:15 EXERCISE GROUP V 10:00 TURKEY SHOOT K 11:00 SEEK N FIND K 11:15 DAILY CHRONICLE M 2:00 DENVER LEE</p> | <p>MM 9:00 TOUCH-THEME SENSATION K 10:00 TURKEY TAIL BINGO K 11:00 CROSSWORD K 11:15 DAILY CHRONICLE O 1:30 COUNTRY RIDE V 2:00 TURKEY RACING G 6:00 BUTTERFLY GIRLS</p> | <p>MM 9:00 LAUNDRY-THEME SENSATIONS V 9:15 EXERCISE GROUP GG 10:00 BINGO K 11:00 SEEK AND FIND K 11:15 DAILY CHRONICLE V 2:30 DICE & GRAB M 3:00 HAPPY HOUR</p> | <p>MM 9:00 GARDEN- THEME SENSATIONS I 9:45 DEVOTIONS V 10:00 KNOCK 'EM OVER GAME K 11:00 WEEKLY UPDATE K 11:15 DAILY CHRONICLE V 2:00 CAR RACING</p> |
| <p>25 MM 9:00 MUSIC- THEME SENSATIONS V 10:00 RING TOSS K 11:15 DAILY CHRONICLE M 11:30 GOSPEL MUSIC I 2:00 NEELYSVILLE CHURCH OF CHRIST M 2:20 GOSPEL SINGING</p> | <p>26 MM 9:00 KITCHEN-THEME SENSATIONS V 9:15 EXERCISE GROUP L 10:00 HISTORY BUFFS K 11:00 WORD SEARCH K 11:15 DAILY CHRONICLE S 2:00 TREE DECORATING</p> | <p>27 MM 9:00 NURSERY-THEME SENSATION S 9:30 CHEF'S CIRCLE GG 10:00 BINGO K 11:15 DAILY CHRONICLE O 11:30 LUNCH IN MOCO I 1:30 BIBLE READING GROUP GG 6:00 TABLE GAMES</p> | <p>28 MM 9:00 MEN'S-THEME SENSATIONS V 9:15 EXERCISE GROUP S 10:00 TREE DECORATING K 11:00 SEEK N FIND K 11:15 DAILY CHRONICLE M 2:00 DONNA ARNOLD DUCIMER</p> | <p>29 MM 9:00 TOUCH-THEME SENSATION S 10:00 H.O. TICKET SHOPPING K 11:00 CROSSWORD K 11:15 DAILY CHRONICLE O 1:30 COUNTRY RIDE V 2:00 WALKING CLUB G 6:00 BUTTERFLY GIRLS</p> | <p>30 MM 9:00 LAUNDRY-THEME SENSATIONS V 9:15 EXERCISE GROUP GG 10:00 BINGO K 11:00 SEEK AND FIND K 11:15 DAILY CHRONICLE S 11:45 TASTE OF THE TOWN TAYLOR'S DARI WHIP K 2:30 ALL BOXED IN</p> | |

November 2018

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|--|---|
| <p>A - Artisans CC - Creative Cooking GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality</p> | <p>Every morning (approx. times) 9:30 Vitality 10:00 Keeping it Sharp 10:15 Morning Refreshers 10:30 Housekeeping 10:45 Creative Cooking 11:30 Lunch Prep</p> | <p>Every afternoon: 12:45 Relax and Recharge 1:30 Connection:Reminisce 2:00 Artisan 3:00 Musical Celebration 3:30 Afternoon Refreshers 4:00 Connection: Group Games 4:30 Dinner Prep 4:45 Keeping it Sharp</p> | <p>6:00 Gathering of Friends 7:00 Nighttime Traditions</p> | <p>1 V A Walk to Grandmother's House K Autumn Word Poem CC Basil Garlic Bread Relax & Recharge A Fall Sensory Collage M Float With Me GG Name 3 Toss & Catch Healthy Hands GG A Time For Tea</p> | <p>2 V Parachute Games K Hang the Great Pumpkin CC Pumpkin Streusel Muffins Relax & Recharge A Colorful Sponge Art M A Taste of Autumn Happy Hour GG What's in the Bag Healthy Hands GG LifeShare Games</p> | <p>3 V A Flex-Kick Saturday K Football Frenzy CC Navy Bean Vegetable Soup Relax & Recharge A Rolling Pin Printmaking M Game Day GG Image Snap Healthy Hands GG Inspirational Coloring</p> |
| <p>4 Daylight Savings Ends</p> <p>V The Scientific 7 Workout K Turn Over CC Banana Berry Muffins Relax & Recharge A Personal Collage M Up In The Air GG Turkey Toss Healthy Hands I Evening Inspirations</p> | <p>5 V Basketball K Create a Caption CC Apple Walnut Broccoli Salad Relax & Recharge A Cloth Tie Wreath M Workin' Songs GG Roll the Dice & Break the Ice Healthy Hands GG Charades</p> | <p>6 Election Day</p> <p>V Foam BallFit K Sentence Story CC Apple Streusel Bread Relax & Recharge A Cloth Tie Wreath M Let's Dance GG Lollipop Paddle Healthy Hands GG Mathematic Mavens</p> | <p>7 V Balloon Battle K Fall's Common Place CC Chocolate Chip Cookies Relax & Recharge A Fly Swatter Collaborative Painting M Pass the Beat GG Animal Bingo Healthy Hands</p> | <p>8 V A Walk to Grandmother's House K Autumn Word Poem CC Amish Sugar Cookies Relax & Recharge A Bookmaking M Float With Me GG Name 3 Toss & Catch Healthy Hands GG A Time For Tea</p> | <p>9 V Parachute Games K Hang the Great Pumpkin CC Pumpkin Spice Cupcakes Relax & Recharge A Bookmaking M A Taste of Autumn Happy Hour GG What's in the Bag Healthy Hands GG LifeShare Games</p> | <p>10 V A Flex-Kick Saturday K Football Frenzy CC Savory Beef Soup Relax & Recharge A Color Collage M Game Day GG Image Snap Healthy Hands GG Inspirational Coloring</p> |
| <p>11 Veterans Day</p> <p>V The Scientific 7 Workout K Turn Over CC Bacon Blueberry Scones Relax & Recharge A Veterans Day Heart Card M A Salute to Veterans GG Turkey Toss Healthy Hands I Evening Inspirations</p> | <p>12 V Basketball K Create a Caption CC Candy Bar Apple Salad Relax & Recharge A Creative Storytelling M Workin' Songs GG Roll the Dice & Break the Ice Healthy Hands GG Charades</p> | <p>13 V Foam BallFit K Sentence Story CC Apple Pie Oatmeal Dessert Relax & Recharge A Orange You Happy For Thanksgiving! M Let's Dance GG Lollipop Paddle Healthy Hands</p> | <p>14 V Balloon Battle K Fall's Common Place CC Chocolate Dream Cookies Relax & Recharge A Gourd-geous Craft M Pass the Beat GG Animal Bingo Healthy Hands GG Fireside Chats</p> | <p>15 V A Walk to Grandmother's House K Autumn Word Poem CC Oatmeal Bread Relax & Recharge A Poppy Field Collage M Float With Me GG Name 3 Toss & Catch Healthy Hands GG A Time For Tea</p> | <p>16 V Parachute Games K Hang the Great Pumpkin CC Pumpkin Spice Bread Relax & Recharge A Deck of Wit & Wisdom M A Taste of Autumn Happy Hour GG What's in the Bag Healthy Hands GG LifeShare Games</p> | <p>17 V A Flex-Kick Saturday K Football Frenzy CC Barley Turkey Soup Relax & Recharge A Creative Storytelling M Game Day GG Image Snap Healthy Hands GG Inspirational Coloring</p> |
| <p>18 V The Scientific 7 Workout K Turn Over CC Pecan Coffee Cake Relax & Recharge A Q-Tip Autumn Tree Painting M Up In The Air GG Turkey Toss Healthy Hands I Evening Inspirations</p> | <p>19 V Basketball K Create a Caption CC Butterscotch Apple Crisp Relax & Recharge A Thumbprint Dandelion M Workin' Songs GG Roll the Dice & Break the Ice Healthy Hands GG Charades</p> | <p>20 V Foam BallFit K Sentence Story CC Apple Cinnamon Cookies Relax & Recharge A Fall Leaves Prints M Let's Dance GG Lollipop Paddle Healthy Hands GG Mathematic Mavens</p> | <p>21 V Balloon Battle K Fall's Common Place CC Oatmeal Kiss Cookies Relax & Recharge A Fall Trees Canvas Painting M Pass the Beat GG Animal Bingo Healthy Hands GG Fireside Chats</p> | <p>22 Thanksgiving</p> <p>V A Walk to Grandmother's House K Autumn Word Poem CC Golden Wheat Bread Relax & Recharge A Thankful Tree M Give Thanks GG Name 3 Toss & Catch Healthy Hands GG A Time For Tea</p> | <p>23 V Parachute Games K Hang the Great Pumpkin CC Pumpkin Pie Pudding Relax & Recharge A Sequin Acorn Magnets M A Taste of Autumn Happy Hour GG What's in the Bag Healthy Hands GG LifeShare Games</p> | <p>24 V A Flex-Kick Saturday K Football Frenzy CC Texas Turkey Soup Relax & Recharge A Button Tree Canvas M Game Day GG Image Snap Healthy Hands GG Inspirational Coloring</p> |
| <p>25 V The Scientific 7 Workout K Turn Over CC Cinnamon Chip Scones Relax & Recharge A Sensory Spice Painting M Up In The Air GG Turkey Toss Healthy Hands I Evening Inspirations</p> | <p>26 V Basketball K Create a Caption CC Pecan Bread Pudding Relax & Recharge A Foil Relief Art M Workin' Songs GG Roll the Dice & Break the Ice Healthy Hands GG Charades</p> | <p>27 V Foam BallFit K Sentence Story CC Apple Streusel Muffins Relax & Recharge A Oil Pastel Resist M Let's Dance GG Lollipop Paddle Healthy Hands GG Mathematic Mavens</p> | <p>28 V Balloon Battle K Fall's Common Place CC Peanut Butter Cookies Relax & Recharge A Tissue Paper Leaves M Pass the Beat GG Animal Bingo Healthy Hands GG Fireside Chats</p> | <p>29 V A Walk to Grandmother's House K Autumn Word Poem CC Chocolate Chip Banana Bread Relax & Recharge A Colorful Group Mandala M Float With Me GG Name 3 Toss & Catch Healthy Hands GG A Time For Tea</p> | <p>30 V Parachute Games K Hang the Great Pumpkin CC Spice Cookies Relax & Recharge A Ink Dyed Coasters M A Taste of Autumn Happy Hour GG What's in the Bag Healthy Hands GG LifeShare Games</p> | |