



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>C</b> - Connections <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp <b>L</b> - Lifelong Learning <b>MR</b> - Mindful Moments <b>M</b> - Music to My Ears <b>O</b> - Out &amp; About <b>S</b> - Signature Events <b>V</b> - Vitality</p>	<p>Other sister campuses within Trilogy are visiting on March 15th for the Triathlon competition games. Be sure to practice!</p>	<p>Television and Movies up stairs for your enjoyment in library .</p> <p>Interested in volunteering? Please see a Life Enrichment staff member for more info.</p>	<p>MPR - Multi Purpose Room C- Chapel DR- Dining room</p>	<p><b>1</b></p> <p><b>I 10:00</b> COMMUNION/ ROSARY <b>10:00</b> PET THERAPY DAY W/ SOPHIA <b>V 10:30</b> Morning Yoga w/ Nicole <b>C 1:00</b> Chef Circle <b>V 2:30</b> Triathlon Practice <b>K 5:30</b> LUCKY DOG <b>K 6:30</b> Resident's Choice Board Games</p>	<p><b>2</b></p> <p><b>I 10:00</b> Communion <b>O 1:00</b> Scenic Drive <b>K 1:00</b> Poker w/Dale - MPR <b>I 2:00</b> Bingo <b>S 3:00</b> Happy Hour Sing-A-Long</p>	<p><b>3</b></p> <p><b>V 10:00</b> Stretch and Strength Exercise <b>10:00</b> Communion &amp; Rosary <b>L 1:00</b> Group Games <b>K 3:00</b> Trivia</p>
<p><b>4</b></p> <p><b>I 9:30</b> SUNDAY MASS AND ROSARY - C <b>K 10:00</b> Morning Brain Games <b>K 1:00</b> Bingo <b>I 2:30</b> Hymn Sing in Chapel</p>	<p><b>5</b></p> <p><b>I 10:00</b> COMMUNION SERVICE W/ SAM KING <b>O 1:00</b> Scenic Drive <b>K 1:00</b> Poker w/Dale - MPR <b>K 3:00</b> Lucky Dog</p>	<p><b>6</b></p> <p><b>I 10:00</b> Communion <b>10:30</b> White Board Games <b>A 1:00</b> Artisan Crafts <b>2:30</b> MUSIC W/ DON WATSON <b>K 5:30</b> Bingo</p>	<p><b>7</b></p> <p><b>I 9:30</b> COMMUNION/ ROSARY <b>V 10:30</b> Trilogy Fit <b>K 1:00</b> Poker w/Dale - MPR <b>2:00</b> IN2L Games <b>K 3:00</b> Free Day Bingo- MPR</p>	<p><b>8</b></p> <p><b>I 10:00</b> COMMUNION/ ROSARY <b>V 10:30</b> Morning Yoga w/ Nicole <b>C 1:00</b> Chef Circle <b>V 2:30</b> Triathlon Practice <b>K 5:30</b> LUCKY DOG <b>K 6:30</b> Resident's Choice Board Games</p>	<p><b>9</b></p> <p><b>I 10:00</b> Communion <b>K 1:00</b> Poker w/Dale - MPR <b>O 1:00</b> Scenic Drive <b>I 2:00</b> Bingo <b>S 3:00</b> Happy Hour w/ Music Doug Pinson</p>	<p><b>10</b></p> <p><b>V 10:00</b> Stretch and Strength Exercise <b>10:00</b> Communion &amp; Rosary <b>L 1:00</b> Group Games <b>K 3:00</b> Trivia</p>
<p><b>11 Daylight Savings Begins</b></p> <p><b>I 9:30</b> SUNDAY MASS AND ROSARY - C <b>K 10:00</b> Morning Brain Games <b>K 1:00</b> Bingo <b>I 2:30</b> Hymn Sing in Chapel</p>	<p><b>12</b></p> <p><b>I 10:00</b> COMMUNION SERVICE W/ SAM KING <b>O 11:30</b> Lunch Outing-Mr. Gatti's <b>K 1:00</b> Poker w/Dale - MPR <b>K 3:00</b> Lucky Dog <b>C 3:30</b> Activity Calendar Planning</p>	<p><b>13</b></p> <p><b>I 10:00</b> Communion <b>10:30</b> White Board Games <b>A 1:00</b> Artisan Crafts <b>K 5:30</b> Bingo</p>	<p><b>14</b></p> <p><b>I 9:30</b> COMMUNION/ ROSARY <b>V 10:30</b> Trilogy Fit <b>K 1:00</b> Poker w/Dale - MPR <b>C 1:30</b> National Pi Day Social <b>K 3:00</b> Free Day Bingo- MPR</p>	<p><b>15</b></p> <p><b>MR 10:00</b> Pet Therapy visits w/ Sophia <b>I 10:00</b> COMMUNION/ ROSARY <b>V 10:30</b> Morning Yoga w/ Nicole <b>C 1:00</b> Chef Circle <b>C 2:00</b> Trilogy Triathlon Games-Chapel <b>K 5:30</b> LUCKY DOG <b>K 6:30</b> Resident's Choice</p>	<p><b>16</b></p> <p><b>I 10:00</b> Communion <b>K 1:00</b> Poker w/Dale - MPR <b>O 1:00</b> Scenic Drive <b>I 2:00</b> Bingo <b>S 3:00</b> Happy Hour Sing-A-Long</p>	<p><b>17 St. Patrick's Day</b></p> <p><b>V 10:00</b> Stretch and Strength Exercise <b>10:00</b> Communion &amp; Rosary <b>L 1:00</b> Group Games <b>K 3:00</b> Irish Trivia</p>
<p><b>18</b></p> <p><b>I 9:30</b> SUNDAY MASS AND ROSARY - C <b>K 10:00</b> Morning Brain Games <b>S 11:00</b> CSS Celebration Brunch <b>K 1:00</b> Bingo <b>I 2:30</b> Hymn Sing in Chapel <b>I 3:30</b> Maryville Baptist Church - C</p>	<p><b>19</b></p> <p><b>I 10:00</b> COMMUNION SERVICE W/ SAM KING <b>O 1:00</b> Dollar Tree Shopping <b>K 1:00</b> Poker w/Dale - MPR <b>K 3:00</b> Lucky Dog</p>	<p><b>20 Spring Begins</b></p> <p><b>I 10:00</b> Communion <b>10:30</b> White Board Games <b>S 1:00</b> Resident Council Meeting - MPR <b>A 1:00</b> Artisan Crafts <b>K 5:30</b> Bingo</p>	<p><b>21</b></p> <p><b>I 9:30</b> COMMUNION/ ROSARY <b>V 10:30</b> Trilogy Fit <b>K 1:00</b> Poker w/Dale - MPR <b>2:00</b> IN2L Games <b>K 3:00</b> Free Day Bingo- MPR</p>	<p><b>22</b></p> <p><b>I 10:00</b> COMMUNION/ ROSARY <b>V 10:30</b> Morning Yoga w/ Nicole <b>C 1:00</b> Chef Circle <b>V 2:30</b> Triathlon Practice <b>K 5:30</b> LUCKY DOG <b>K 6:30</b> Resident's Choice Board Games</p>	<p><b>23</b></p> <p><b>I 10:00</b> Communion <b>K 1:00</b> Poker w/Dale - MPR <b>O 1:00</b> Scenic Drive <b>I 2:00</b> Bingo <b>S 3:00</b> Happy Hour w/ Music David Pitt <b>S 3:00</b> Happy Hour Sing-A-Long</p>	<p><b>24</b></p> <p><b>V 10:00</b> Stretch and Strength Exercise <b>10:00</b> Communion &amp; Rosary <b>L 1:00</b> Group Games <b>K 3:00</b> Trivia</p>
<p><b>25</b></p> <p><b>I 9:30</b> SUNDAY MASS AND ROSARY - C <b>K 10:00</b> Morning Brain Games <b>C 11:00</b> Eggstravaganza Egg Hunt <b>K 1:00</b> Bingo <b>I 2:30</b> Hymn Sing in Chapel</p>	<p><b>26</b></p> <p><b>I 10:00</b> COMMUNION SERVICE W/ SAM KING <b>O 11:00</b> Lunch Outing-Frisch's Big Boy <b>K 1:00</b> Poker w/Dale - MPR <b>M 3:30</b> Music w/ Tyrone Cotton</p>	<p><b>27</b></p> <p><b>I 10:00</b> Communion <b>10:30</b> White Board Games <b>A 1:00</b> Artisan Crafts <b>K 5:30</b> Bingo</p>	<p><b>28</b></p> <p><b>I 9:30</b> COMMUNION/ ROSARY <b>V 10:30</b> Trilogy Fit <b>S 11:00</b> Taste of the Town <b>K 1:00</b> Poker w/Dale - MPR <b>2:00</b> IN2L Games <b>K 3:00</b> Free Day Bingo- MPR</p>	<p><b>29</b></p> <p><b>I 10:00</b> COMMUNION/ ROSARY <b>V 10:30</b> Morning Yoga w/ Nicole <b>C 1:00</b> Chef Circle <b>V 2:30</b> Triathlon Practice <b>K 5:30</b> LUCKY DOG <b>K 6:30</b> Resident's Choice Board Games</p>	<p><b>30 Passover Begins</b></p> <p><b>I 10:00</b> Communion <b>K 1:00</b> Poker w/Dale - MPR <b>O 1:00</b> Scenic Drive <b>I 2:00</b> Bingo <b>S 3:00</b> Happy Hour and Trivia</p>	<p><b>31</b></p> <p><b>V 10:00</b> Stretch and Strength Exercise <b>10:00</b> Communion &amp; Rosary <b>L 1:00</b> Group Games <b>K 3:00</b> Trivia</p>



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>C</b> - Connections <b>CC</b> - Creative Cooking <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp <b>L</b> - Lifelong Learning <b>MN</b> - Mindful Moments <b>M</b> - Music to My Ears <b>O</b> - Out &amp; About <b>S</b> - Signature Events <b>V</b> - Vitality</p>	<p>DR- Dining room AR- Activities Room Chapel- C \$- Money for lunch or shopping needed!</p>	<p>Activities are subject to change!  Interested in volunteering? See a Life Enrichment staff member for more information.</p>	<p>GET READY FOR THE TRILOGY TRIATHLON!!! March 15th at 2pm Make sure to show up for practice!</p>	<p><b>1</b> <b>V 10:00</b> EXERCISE <b>10:00</b> PET THERAPY DAY W/ SOPHIA <b>K 10:30</b> IN2L games <b>K 1:00</b> Triathlon Practice <b>M 3:00</b> MUSIC W/ DAVID PITT <b>K 5:00</b> IN2L Games</p>	<p><b>2</b> <b>V 10:00</b> Exercise <b>I 10:00</b> Communion <b>K 10:30</b> Mindful Moments Sensory Group <b>O 1:00</b> Scenic Drive <b>M 4:00</b> HAPPY HOUR/ MUSIC W/ TYRONE COTTON</p>	<p><b>3</b> <b>10:00</b> Communion &amp; Rosary <b>MN 10:45</b> Exercise <b>11:15</b> IN2L Games <b>M 3:30</b> MUSIC W/ DANNY DALE</p>
<p><b>4</b> <b>I 9:30</b> SUNDAY MASS AND ROSARY - C <b>K 10:45</b> SMALL GROUP SENSORY BASKETS <b>L 11:15</b> IN2L Games <b>I 2:30</b> Hymn Sing in Chapel <b>K 4:00</b> BINGO</p>	<p><b>5</b> <b>V 10:00</b> EXERCISE <b>I 10:00</b> COMMUNION SERVICE W/ SAM KING <b>L 10:30</b> IN2L Brain Games <b>O 1:00</b> Scenic Drive <b>K 2:00</b> BINGO <b>K 3:30</b> Name That Tune</p>	<p><b>6</b> <b>V 10:00</b> Exercise <b>I 10:00</b> Communion <b>10:30</b> Mindful Moments Sensory Group <b>CC 1:00</b> Chef's Circle <b>A 2:30</b> Artisans-Adult Coloring <b>K 5:00</b> Movie Night</p>	<p><b>7</b> <b>I 9:30</b> COMMUNION/ ROSARY <b>V 10:00</b> Exercise Class <b>L 10:30</b> IN2L Games <b>K 2:00</b> Bingo <b>C 3:30</b> Cooking Creations</p>	<p><b>8</b> <b>V 10:00</b> EXERCISE <b>K 1:00</b> Triathlon Practice <b>M 1:30</b> MUSIC THERAPY W/JACKIE <b>L 3:30</b> MATINEE/SNACK <b>L 5:00</b> IN2L Learning Game</p>	<p><b>9</b> <b>I 10:00</b> Communion <b>V 10:00</b> Exercise <b>K 10:30</b> Mindful Moments Sensory Group <b>O 1:00</b> Scenic Drive <b>M 4:00</b> HAPPY HOUR /MUSIC DOUG PINSON</p>	<p><b>10</b> <b>10:00</b> Communion &amp; Rosary <b>MN 10:45</b> Exercise <b>11:15</b> IN2L Games <b>K 4:00</b> Lucky Dog</p>
<p><b>11 Daylight Savings Begins</b> <b>I 9:30</b> SUNDAY MASS AND ROSARY - C <b>K 10:45</b> SMALL GROUP SENSORY BASKETS <b>I 2:30</b> Hymn Sing in Chapel <b>K 4:00</b> BINGO</p>	<p><b>12</b> <b>V 10:00</b> EXERCISE <b>I 10:00</b> COMMUNION SERVICE W/ SAM KING <b>M 10:30</b> MUSIC W/ KEVIN HILL <b>O 11:30</b> Lunch Outing-Mr. Gatti's <b>K 2:00</b> BINGO <b>K 3:30</b> Name That Tune</p>	<p><b>13</b> <b>I 10:00</b> Communion <b>V 10:30</b> YOGA W/ NICOLE <b>CC 1:00</b> Chef's Circle <b>A 2:30</b> Artisans-Adult Coloring <b>K 5:00</b> Movie Night</p>	<p><b>14</b> <b>I 9:30</b> COMMUNION/ ROSARY <b>V 10:00</b> Exercise Class <b>K 2:00</b> Bingo <b>C 3:30</b> Cooking Creations-Pi Day</p>	<p><b>15</b> <b>M 10:00</b> Pet Therapy visits w/ Sophia <b>V 10:00</b> EXERCISE <b>K 1:00</b> Pass the Bag-AR <b>C 2:00</b> Trilogy Triathlon Games-Chapel <b>L 5:00</b> IN2L Learning Game</p>	<p><b>16</b> <b>I 10:00</b> Communion <b>V 10:00</b> Exercise <b>K 10:30</b> Mindful Moments Sensory Group <b>O 1:00</b> Scenic Drive <b>M 2:00</b> KAROKE/ Happy Hour <b>S 4:00</b> Happy Hour</p>	<p><b>17 St. Patrick's Day</b> <b>10:00</b> Communion &amp; Rosary <b>10:30</b> Luck O' The Irish Game <b>MN 10:45</b> Exercise <b>M 2:30</b> St. Patty's Day Music <b>K 4:00</b> Lucky Dog</p>
<p><b>18</b> <b>I 9:30</b> SUNDAY MASS AND ROSARY - C <b>K 10:45</b> SMALL GROUP SENSORY BASKETS <b>S 11:00</b> CSS Celebration Brunch <b>L 11:15</b> IN2L Games <b>I 2:30</b> Hymn Sing in Chapel <b>I 3:30</b> Maryville Baptist Church - C</p>	<p><b>19</b> <b>V 10:00</b> EXERCISE <b>I 10:00</b> COMMUNION SERVICE W/ SAM KING <b>L 10:30</b> IN2L Brain Games <b>O 1:00</b> Dollar Tree Shopping <b>K 2:00</b> BINGO <b>K 3:30</b> Name That Tune</p>	<p><b>20 Spring Begins</b> <b>I 10:00</b> Communion <b>10:30</b> Mindful Moments Sensory Group <b>V 10:30</b> YOGA W/ NICOLE <b>CC 1:00</b> Chef's Circle <b>S 2:00</b> Resident Council Meeting!- AR <b>M 2:30</b> MUSIC W/ DON WATSON</p>	<p><b>21</b> <b>I 9:30</b> COMMUNION/ ROSARY <b>V 10:00</b> Exercise Class <b>L 10:30</b> IN2L Games <b>K 2:00</b> Bingo <b>M 3:30</b> Good News Choir <b>C 3:30</b> Cooking Creations</p>	<p><b>22</b> <b>V 10:00</b> EXERCISE <b>K 1:00</b> Pass the Bag-AR <b>L 3:30</b> MATINEE/SNACK <b>L 5:00</b> IN2L Learning Game</p>	<p><b>23</b> <b>I 10:00</b> Communion <b>V 10:00</b> Exercise <b>K 10:30</b> Mindful Moments Sensory Group <b>O 1:00</b> Scenic Drive <b>M 2:00</b> Happy Hour/Music <b>C 4:00</b> Happy Hour w/ Trivia</p>	<p><b>24</b> <b>10:00</b> Communion &amp; Rosary <b>10:30</b> IN2L Games <b>MN 10:45</b> Exercise <b>K 4:00</b> Lucky Dog</p>
<p><b>25</b> <b>I 9:30</b> SUNDAY MASS AND ROSARY - C <b>K 10:45</b> SMALL GROUP SENSORY BASKETS <b>C 11:00</b> Eggstravaganza Egg Hunt <b>L 11:15</b> IN2L Games <b>I 2:30</b> Hymn Sing in Chapel</p>	<p><b>26</b> <b>V 10:00</b> EXERCISE <b>I 10:00</b> COMMUNION SERVICE W/ SAM KING <b>L 10:30</b> IN2L Brain Games <b>O 11:00</b> Lunch Outing-Frisch's Big Boy <b>K 2:00</b> BINGO <b>K 3:30</b> Name That Tune</p>	<p><b>27</b> <b>I 10:00</b> Communion <b>10:30</b> Mindful Moments Sensory Group <b>V 10:30</b> YOGA W/ NICOLE <b>CC 1:00</b> Chef's Circle <b>A 2:30</b> Artisans-Adult Coloring <b>K 5:30</b> IN2L - GAMES</p>	<p><b>28</b> <b>I 9:30</b> COMMUNION/ ROSARY <b>V 10:00</b> Exercise Class <b>L 10:30</b> IN2L Games <b>S 11:00</b> Taste of the Town <b>K 2:00</b> Bingo <b>C 3:30</b> Cooking Creations</p>	<p><b>29</b> <b>V 10:00</b> EXERCISE <b>K 1:00</b> Pass the Bag-AR <b>L 3:30</b> MATINEE/SNACK <b>L 5:00</b> IN2L Learning Game</p>	<p><b>30 Passover Begins</b> <b>I 10:00</b> Communion <b>V 10:00</b> Exercise <b>K 10:30</b> Mindful Moments Sensory Group <b>O 1:00</b> Scenic Drive <b>M 2:00</b> KAROKE/HAPPY HOUR <b>C 4:00</b> Happy Hour and Trivia</p>	<p><b>31</b> <b>10:00</b> Communion &amp; Rosary <b>10:30</b> IN2L Games <b>MN 10:45</b> Exercise <b>L 1:00</b> MATINEE <b>K 4:00</b> Lucky Dog</p>