

# JULY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>I 9:30</b> Sunday Mass and Rosary <b>K 10:00</b> Master Your Memory - MPR <b>1:00</b> Bingo - MPR <b>I 3:30</b> Devotions with Maryville Baptist Church - C	<b>2</b> <b>I 10:00</b> Communion Service w/Sam King <b>V 10:30</b> Trilogy Fit - MPR <b>GC 12:30</b> Poker Party! - MPR <b>A 1:30</b> Crafty Creations (Fireworks Painting Fun!) - MPR <b>GC 3:00</b> Front Porch Fun & Games	<b>3</b> <b>I 10:00</b> Communion <b>V 10:30</b> Armchair Aerobics - MPR <b>O 11:00</b> Lunch Outing - Chick-fil-A <b>K 12:30</b> You Be The Judge - MPR <b>L 2:00</b> Where in the World? - Bora Bora - MPR <b>V 5:30</b> Bingocize - MPR	<b>4 Independence Day</b> <b>I 10:00</b> Communion/Rosary <b>V 10:30</b> Trilogy Fit - MPR <b>GG 12:30</b> Poker Party! - MPR <b>CC 1:00</b> Creative Cooking! - (Red, White & Blue Berry Salad) - MPR <b>L 2:00</b> 4th of July Fun Facts! - CY <b>M 2:30</b> 4th of July Concert! -	<b>5</b> <b>MR 10:00</b> Happy "Tails" with Sophia <b>I 10:00</b> Communion/Rosary <b>V 10:30</b> Morning Yoga w/ Nicole - MPR <b>O 1:00</b> Outing to the Peddlers Mall <b>S 1:00</b> Chef's Circle - CY <b>CC 2:00</b> Gardening Group - CY	<b>6</b> <b>I 10:00</b> Communion <b>V 10:30</b> Trilogy Fit - MPR <b>GG 12:30</b> Poker Party! - MPR <b>A 1:30</b> Crafty Creations (Celery Stamp Rainbow Fish) - MPR <b>A 1:30</b> Crafty Creations (Flower Pot Painting) - MPR	<b>7</b> <b>V 10:00</b> Saturday Stretches - DBL <b>I 10:00</b> Communion & Rosary <b>K 12:30</b> Trivia Time (All About July) - MPR <b>V 1:00</b> Bingocize - MPR
<b>8</b> <b>I 9:30</b> Sunday Mass and Rosary <b>K 10:00</b> Master Your Memory - MPR <b>S 11:00</b> Sunday Family Brunch! <b>1:00</b> Bingo - MPR	<b>9</b> <b>I 10:00</b> Communion Service w/Sam King <b>V 10:30</b> Trilogy Fit - MPR <b>GC 12:30</b> Poker Party! - MPR <b>A 1:30</b> Crafty Creations (Around the Rosy Centerpiece) - MPR <b>GC 3:00</b> Front Porch Fun & Games	<b>10</b> <b>I 10:00</b> Communion <b>V 10:30</b> Armchair Aerobics - MPR <b>O 11:00</b> Lunch Outing - Arby's <b>K 12:30</b> You Be The Judge - MPR <b>L 2:00</b> Where in the World? - Italy <b>A 3:00</b> Visual Arts Program <b>V 5:30</b> Bingocize - MPR	<b>11</b> <b>I 10:00</b> Communion/Rosary <b>V 10:30</b> Trilogy Fit - MPR <b>GG 12:30</b> Poker Party! - MPR <b>CC 1:00</b> Creative Cooking (Very Banana Pudding) - MPR <b>S 2:00</b> Inspired Living Committee Meeting (calendar planning) - MPR	<b>12</b> <b>MR 10:00</b> Happy "Tails" with Sophia <b>I 10:00</b> Communion/Rosary <b>V 10:30</b> Morning Yoga w/ Nicole - MPR <b>O 1:00</b> Shopping at Walmart <b>S 1:00</b> Chef's Circle - CY <b>CC 2:00</b> Gardening Group - CY <b>L 2:30</b> BrainFIT	<b>13</b> <b>I 10:00</b> Communion <b>V 10:30</b> Trilogy Fit - MPR <b>GG 12:30</b> Poker Party! - MPR <b>G 1:30</b> Chit Chat Club - Friday the 13th (trivia & superstitions) - MPR <b>A 1:30</b> Crafty Creations (Summer Wreath Designs) - MPR	<b>14</b> <b>V 10:00</b> Saturday Stretches - DBL <b>I 10:00</b> Communion & Rosary <b>K 12:30</b> Trivia Time (The History of Coca-Cola) - MPR <b>V 1:00</b> Bingocize - MPR
<b>15</b> <b>I 9:30</b> Sunday Mass and Rosary <b>K 10:00</b> Master Your Memory - MPR <b>1:00</b> Bingo - MPR	<b>16</b> <b>I 10:00</b> Communion Service w/Sam King <b>V 10:30</b> Trilogy Fit - MPR <b>GC 12:30</b> Poker Party! - MPR <b>A 1:30</b> Crafty Creations (Beaded Bookmarks)) - MPR <b>GC 3:00</b> Front Porch Fun & Games	<b>17</b> <b>I 10:00</b> Communion <b>V 10:30</b> Armchair Aerobics - MPR <b>O 11:00</b> Lunch Outing - Cracker Barrel <b>K 12:30</b> You Be The Judge - MPR <b>S 1:00</b> Resident Council Meeting - MPR <b>L 2:00</b> Where in the World? -	<b>18</b> <b>I 10:00</b> Communion/Rosary <b>V 10:30</b> Trilogy Fit - MPR <b>GG 12:30</b> Poker Party! - MPR <b>CC 1:00</b> Creative Cooking (Homemade Pizzas) - MPR <b>S 2:00</b> July Birthday Celebration! - MPR <b>5:30</b> Bingo - MPR	<b>19</b> <b>O 10:00</b> Outing to Bernheim Forest <b>MR 10:00</b> Happy "Tails" with Sophia <b>I 10:00</b> Communion/Rosary <b>V 10:30</b> Morning Yoga w/ Nicole - MPR <b>S 1:00</b> Chef's Circle - CY <b>CC 2:00</b> Gardening Group - CY	<b>20</b> <b>I 10:00</b> Communion <b>V 10:30</b> Trilogy Fit - MPR <b>GG 12:30</b> Poker Party! - MPR <b>A 1:30</b> Crafty Creations (Sunflower Art) - MPR <b>Bingo - MPR</b> <b>S 3:00</b> Happy Hour with Tyrone Cotton - MPR	<b>21</b> <b>V 10:00</b> Saturday Stretches - DBL <b>I 10:00</b> Communion & Rosary <b>K 12:30</b> Trivia Time (Let's go to the Beach) - MPR <b>V 1:00</b> Bingocize - MPR
<b>22</b> <b>I 9:30</b> Sunday Mass and Rosary <b>K 10:00</b> Master Your Memory - MPR <b>1:00</b> Bingo - MPR	<b>23</b> <b>I 10:00</b> Communion Service w/Sam King <b>V 10:30</b> Trilogy Fit - MPR <b>GC 12:30</b> Poker Party! - MPR <b>A 1:30</b> Crafty Creations (A Rainy Day Display) - MPR <b>GC 3:00</b> Front Porch Fun & Games	<b>24</b> <b>I 10:00</b> Communion <b>V 10:30</b> Armchair Aerobics - MPR <b>O 11:00</b> Lunch Outing - White Castle <b>K 12:30</b> You Be The Judge - MPR <b>L 2:00</b> Where in the World? - Australia <b>V 5:30</b> Bingocize - MPR	<b>25</b> <b>I 10:00</b> Communion/Rosary <b>V 10:30</b> Trilogy Fit - MPR <b>S 11:00</b> Taste of the Town <b>GG 12:30</b> Poker Party! - MPR <b>CC 1:00</b> Creative Cooking (The Ultimate Chocolate Frosty) - MPR <b>5:30</b> Bingo - MPR	<b>26</b> <b>O 10:00</b> Outing to The Dollar Tree <b>MR 10:00</b> Happy "Tails" with Sophia <b>I 10:00</b> Communion/Rosary <b>V 10:30</b> Morning Yoga w/ Nicole - MPR <b>S 1:00</b> Chef's Circle - CY <b>CC 2:00</b> Gardening Group - CY	<b>27</b> <b>I 10:00</b> Communion <b>V 10:30</b> Trilogy Fit - MPR <b>GG 12:30</b> Poker Party! - MPR <b>A 1:30</b> Crafty Creations (Celery Stamp Rainbow Fish) - MPR <b>Bingo - MPR</b> <b>S 3:00</b> Happy Hour - MPR	<b>28</b> <b>V 10:00</b> Saturday Stretches - DBL <b>I 10:00</b> Communion & Rosary <b>K 12:30</b> Trivia Time (Fruits & Veggies) - MPR <b>V 1:00</b> Bingocize - MPR
<b>29</b> <b>I 9:30</b> Sunday Mass and Rosary <b>K 10:00</b> Master Your Memory - MPR <b>1:00</b> Bingo - MPR	<b>30</b> <b>I 10:00</b> Communion Service w/Sam King <b>V 10:30</b> Trilogy Fit - MPR <b>GC 12:30</b> Poker Party! - MPR <b>A 1:30</b> Crafty Creations (Golf Ball Lady Bug) - MPR <b>GC 3:00</b> Front Porch Fun & Games	<b>31</b> <b>I 10:00</b> Communion <b>V 10:30</b> Armchair Aerobics - MPR <b>O 11:00</b> Lunch Outing - Roosters <b>K 12:30</b> You Be The Judge - MPR <b>L 2:00</b> Where in the World? - Brazil <b>V 5:30</b> Bingocize - MPR	<b>A</b> - Artisans <b>CC</b> - Community Connections <b>CC</b> - Creative Cooking <b>G</b> - Gathering of Friends <b>GG</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>MR</b> - Mindful Moments <b>M</b> - Music to My Ears <b>O</b> - Out & About	Location Guide: MPR - Multipurpose Room DR - Dining Room CY - Courtyard C - Chapel	Cards, puzzles, movies, books, magazines, a tablet and games are available from the Life Enrichment Team per resident request.  All activities are subject to change - any additions or changes will be posted.	Volunteers enhance the lives of our residents - become a volunteer today! For more information about volunteering, please see a member of the Life Enrichment Team!

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p><b>I 9:30</b> Sunday Mass and Rosary</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>L 11:15</b> IN2L Games - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p> <p><b>I 3:30</b> Devotions with Maryville Baptist</p>	<p><b>2</b></p> <p><b>V 10:00</b> Morning Movements (exercise)- DBL</p> <p><b>I 10:00</b> Communion Service w/Sam King</p> <p><b>L 10:30</b> IN2L Brain Games - DBL</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p>	<p><b>3</b></p> <p><b>I 10:00</b> Communion</p> <p><b>V 10:30</b> Morning Yoga w/Nicole - DBL</p> <p><b>O 11:00</b> Lunch Outing - Chick-fil-A</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p>	<p><b>4 Independence Day</b></p> <p><b>V 10:00</b> Armchair Aerobics (exercise)- DBL</p> <p><b>I 10:00</b> Communion/Rosary</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p> <p><b>K 1:30</b> Trivia Time! (All About July) - AR</p>	<p><b>5</b></p> <p><b>V 10:00</b> Sittercise (exercise) - DBL</p> <p><b>MM 10:00</b> Happy "Tails" with Sophia</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p> <p><b>O 1:00</b> Outing to the Peddlers</p>	<p><b>6</b></p> <p><b>I 10:00</b> Communion</p> <p><b>V 10:00</b> Fitness Fun (exercise) - DBL</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p> <p><b>S 1:30</b> "Guy Day" Friday - Remember When... -</p>	<p><b>7</b></p> <p><b>I 10:00</b> Communion &amp; Rosary</p> <p><b>K 10:30</b> IN2L Games - DBL</p> <p><b>V 10:45</b> Saturday Stretches - DBL</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p> <p><b>A 2:30</b> Crafty Creations -</p>
<p><b>8</b></p> <p><b>I 9:30</b> Sunday Mass and Rosary</p> <p><b>S 11:00</b> Sunday Family Brunch !</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>L 11:15</b> IN2L Games - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p> <p><b>3:30</b> Bingo - AR</p>	<p><b>9</b></p> <p><b>I 10:00</b> Communion Service w/Sam King</p> <p><b>V 10:00</b> Morning Movements (exercise)- DBL</p> <p><b>L 10:30</b> IN2L Brain Games - DBL</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p>	<p><b>10</b></p> <p><b>I 10:00</b> Communion</p> <p><b>V 10:30</b> Morning Yoga w/Nicole - DBL</p> <p><b>O 11:00</b> Lunch Outing - Arby's</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p> <p><b>CC 1:00</b> Chef's Circle - DBL</p>	<p><b>11</b></p> <p><b>I 10:00</b> Communion/Rosary</p> <p><b>V 10:00</b> Armchair Aerobics (exercise)- DBL</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p> <p><b>K 1:30</b> Trivia Time! (The History of Coca-Cola) -</p>	<p><b>12</b></p> <p><b>MM 10:00</b> Happy "Tails" with Sophia</p> <p><b>V 10:00</b> Sittercise (exercise) - DBL</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p> <p><b>O 1:00</b> Shopping at Walmart</p>	<p><b>13</b></p> <p><b>I 10:00</b> Communion</p> <p><b>V 10:00</b> Fitness Fun (exercise) - DBL</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p> <p><b>S 1:30</b> "Guy Day" Friday - Miniature Golf - CY</p>	<p><b>14</b></p> <p><b>I 10:00</b> Communion &amp; Rosary</p> <p><b>K 10:30</b> IN2L Games - DBL</p> <p><b>V 10:45</b> Saturday Stretches - DBL</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p> <p><b>A 2:30</b> Crafty Creations -</p>
<p><b>15</b></p> <p><b>I 9:30</b> Sunday Mass and Rosary</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>L 11:15</b> IN2L Games - DBL</p> <p><b>M 11:30</b> Live with Lamont Butler - DR</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p>	<p><b>16</b></p> <p><b>I 10:00</b> Communion Service w/Sam King</p> <p><b>V 10:00</b> Morning Movements (exercise)- DBL</p> <p><b>L 10:30</b> IN2L Brain Games - DBL</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p>	<p><b>17</b></p> <p><b>I 10:00</b> Communion</p> <p><b>V 10:30</b> Morning Yoga w/Nicole - DBL</p> <p><b>O 11:00</b> Lunch Outing - Cracker Barrel</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p>	<p><b>18</b></p> <p><b>I 10:00</b> Communion/Rosary</p> <p><b>V 10:00</b> Armchair Aerobics (exercise)- DBL</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p> <p><b>K 1:30</b> Trivia Time! (Let's go to the Beach)) - AR</p>	<p><b>19</b></p> <p><b>O 10:00</b> Outing to Bernheim Forest</p> <p><b>MM 10:00</b> Happy "Tails" with Sophia</p> <p><b>V 10:00</b> Sittercise (exercise) - DBL</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles -</p>	<p><b>20</b></p> <p><b>I 10:00</b> Communion</p> <p><b>V 10:00</b> Fitness Fun (exercise) - DBL</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p> <p><b>S 1:30</b> "Guy Day" Friday - Cornhole - AR</p>	<p><b>21</b></p> <p><b>I 10:00</b> Communion &amp; Rosary</p> <p><b>K 10:30</b> IN2L Games - DBL</p> <p><b>V 10:45</b> Saturday Stretches - DBL</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p> <p><b>A 2:30</b> Crafty Creations -</p>
<p><b>22</b></p> <p><b>I 9:30</b> Sunday Mass and Rosary</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>L 11:15</b> IN2L Games - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p> <p><b>3:30</b> Bingo - AR</p>	<p><b>23</b></p> <p><b>I 10:00</b> Communion Service w/Sam King</p> <p><b>V 10:00</b> Morning Movements (exercise)- DBL</p> <p><b>L 10:30</b> IN2L Brain Games - DBL</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p>	<p><b>24</b></p> <p><b>I 10:00</b> Communion</p> <p><b>V 10:30</b> Morning Yoga w/Nicole - DBL</p> <p><b>O 11:00</b> Lunch Outing - White Castle</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p>	<p><b>25</b></p> <p><b>I 10:00</b> Communion/Rosary</p> <p><b>V 10:00</b> Armchair Aerobics (exercise)- DBL</p> <p><b>S 11:00</b> Taste of the Town</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p> <p><b>K 1:30</b> Trivia Time! (Fruits &amp;</p>	<p><b>26</b></p> <p><b>O 10:00</b> Outing to The Dollar Tree</p> <p><b>MM 10:00</b> Happy "Tails" with Sophia</p> <p><b>V 10:00</b> Sittercise (exercise) - DBL</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles -</p>	<p><b>27</b></p> <p><b>I 10:00</b> Communion</p> <p><b>V 10:00</b> Fitness Fun (exercise) - DBL</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p> <p><b>S 1:30</b> "Guy Day" Friday - Gone Fishin' - CY</p>	<p><b>28</b></p> <p><b>I 10:00</b> Communion &amp; Rosary</p> <p><b>K 10:30</b> IN2L Games - DBL</p> <p><b>V 10:45</b> Saturday Stretches - DBL</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p> <p><b>A 2:30</b> Crafty Creations -</p>
<p><b>29</b></p> <p><b>I 9:30</b> Sunday Mass and Rosary</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>L 11:15</b> IN2L Games - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p> <p><b>3:30</b> Bingo - AR</p>	<p><b>30</b></p> <p><b>I 10:00</b> Communion Service w/Sam King</p> <p><b>V 10:00</b> Morning Movements (exercise)- DBL</p> <p><b>L 10:30</b> IN2L Brain Games - DBL</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p>	<p><b>31</b></p> <p><b>I 10:00</b> Communion</p> <p><b>V 10:30</b> Morning Yoga w/Nicole - DBL</p> <p><b>O 11:00</b> Lunch Outing - Roosters</p> <p><b>MM 11:00</b> Themed Sensory Baskets - DBL</p> <p><b>K 11:45</b> Mealtme Chronicles - DR</p>	<p><b>A</b> - Artisans</p> <p><b>CC</b> - Creative Cooking</p> <p><b>I</b> - Inspirations</p> <p><b>K</b> - Keeping it Sharp/Reminisce</p> <p><b>L</b> - Lifelong Learning</p> <p><b>MM</b> - Mindful Moments</p> <p><b>M</b> - Music to My Ears</p> <p><b>O</b> - Out &amp; About</p> <p><b>S</b> - Signature Events</p> <p><b>V</b> - Vitality</p>	<p>DBL - Derby/Bluegrass Lounge</p> <p>A - Activity Room</p> <p>DR - Dining Room</p> <p>CY - Courtyard</p> <p>C - Chapel</p>	<p>Cards, puzzles, movies, books, magazines, a tablet and games are available from the Life Enrichment Team per resident request.</p> <p>All activities are subject to change - any additions or changes will be posted.</p>	<p>Volunteers enhance the lives of our residents - become a volunteer today! For more information about volunteering, please see a member of the Life Enrichment Team!</p>