

# January 2019

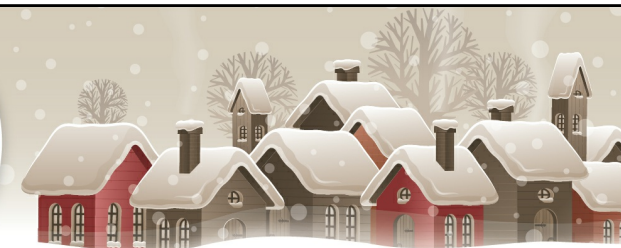
Franciscan Healthcare  
Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>A</b> - Artisans <b>CC</b> - Creative Cooking <b>GF</b> - Gathering of Friends <b>GG</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>MR</b> - Mindful Moments <b>M</b> - Music to My Ears <b>O</b> - Out & About <b>S</b> - Signature Events <b>V</b> - Vitality	Location Guide: MPR - Multipurpose Room DR - Dining Room CY - Courtyard C - Chapel	<b>1</b> <b>New Year's Day</b> <b>I</b> 10:00 Communion <b>V</b> 10:30 Armchair Aerobics - MPR <b>O</b> 11:00 Lunch Outing - China Buffet <b>K</b> 1:30 Word Games - MPR <b>M</b> 2:00 Sing-A-Long w/Susie - MPR <b>5:00</b> Bingo - MPR	<b>2</b> <b>I</b> 10:00 Communion/Rosary <b>V</b> 10:30 Trilogy Fit - MPR <b>GF</b> 12:30 Glamour Girls - MPR <b>CC</b> 12:30 Creative Cooking (Sweet Strawberry Smoothies) - MPR <b>GG</b> 12:30 Poker Party! - MPR <b>A</b> 12:30 Jewelry & Gems Group - MPR	<b>3</b> <b>MR</b> 10:00 Happy "Tails" with Sophia <b>I</b> 10:00 Communion/Rosary <b>V</b> 10:30 Morning Yoga with Nicole - MPR <b>O</b> 1:00 Shopping Outing to Big Lots <b>S</b> 1:00 Chef's Circle - MPR <b>M</b> 1:30 Name That Tune! - MPR	<b>4</b> <b>I</b> 10:00 Communion <b>V</b> 10:30 Trilogy Fit - MPR <b>GG</b> 12:30 Poker Party! - MPR <b>A</b> 1:00 Crafty Creations (Calendar Creations) - MPR <b>2:00</b> Bingo - MPR <b>M</b> 3:00 Happy Hour w/David Pitt - MPR	<b>5</b> <b>I</b> 10:00 Communion & Rosary <b>V</b> 10:30 Saturday Stretches - DBL <b>K</b> 12:30 Trivia Time (All About January) - MPR <b>V</b> 1:00 Bingocise - MPR
<b>6</b> <b>I</b> 9:30 Sunday Mass and Rosary <b>K</b> 10:00 Master Your Memory - MPR <b>K</b> 12:00 Classic TV Time - MPR <b>I</b> 3:30 Devotions with Maryville Baptist Church - C	<b>7</b> <b>I</b> 10:00 Communion Service w/Sam King <b>V</b> 10:30 Trilogy Fit - MPR <b>GG</b> 12:30 Poker Party! - MPR <b>A</b> 1:00 Crafty Creations (2019 Door Burst Decor) - MPR <b>GF</b> 2:00 Movies & Memories - "Hello Dolly!" - MPR	<b>8</b> <b>I</b> 10:00 Communion <b>V</b> 10:30 Armchair Aerobics - MPR <b>O</b> 11:00 Lunch Outing - Cracker Barrel <b>K</b> 1:30 Word Games - MPR <b>M</b> 2:00 Sing-A-Long w/Susie - MPR <b>M</b> 3:00 Musical Memories	<b>9</b> <b>I</b> 10:00 Communion/Rosary <b>V</b> 10:30 Trilogy Fit - MPR <b>CC</b> 12:30 Creative Cooking (Oatmeal Cookies) - MPR <b>GG</b> 12:30 Poker Party! - MPR <b>A</b> 12:30 Jewelry & Gems Group - MPR <b>M</b> 1:00 Sing Along - MPR	<b>10</b> <b>MR</b> 10:00 Happy "Tails" with Sophia <b>I</b> 10:00 Communion/Rosary <b>V</b> 10:30 Morning Yoga with Nicole - MPR <b>O</b> 1:00 An Afternoon Drive to Taylorsville Lake <b>S</b> 1:00 Chef's Circle - MPR <b>M</b> 1:30 Name That Tune! - MPR	<b>11</b> <b>I</b> 10:00 Communion <b>V</b> 10:30 Trilogy Fit - MPR <b>GG</b> 12:30 Poker Party! - MPR <b>A</b> 1:00 Crafty Creations (Snowman Art) - MPR <b>2:00</b> Bingo - MPR <b>M</b> 3:00 Happy Hour with Doug Pinson! - MPR	<b>12</b> <b>I</b> 10:00 Communion & Rosary <b>V</b> 10:30 Saturday Stretches - DBL <b>K</b> 12:30 Trivia Time (January Birthdays) - MPR <b>V</b> 1:00 Bingocise - MPR
<b>13</b> <b>I</b> 9:30 Sunday Mass and Rosary <b>K</b> 10:00 Master Your Memory - MPR <b>S</b> 11:00 Sunday Family Brunch! <b>K</b> 12:00 Classic TV Time - MPR	<b>14</b> <b>I</b> 10:00 Communion Service w/Sam King <b>V</b> 10:30 Trilogy Fit - MPR <b>GG</b> 12:30 Poker Party! - MPR <b>A</b> 1:00 Crafty Creations (Tree Branch Bird Art) - MPR <b>GF</b> 2:00 Movies & Memories - "Steel Magnolias" - MPR <b>5:00</b> Bingo - MPR	<b>15</b> <b>I</b> 10:00 Communion <b>V</b> 10:30 Armchair Aerobics - MPR <b>O</b> 11:00 Lunch Outing - Skyline Chili <b>S</b> 1:00 Resident Council Meeting - MPR <b>K</b> 1:30 Word Games - MPR <b>M</b> 2:00 Sing-A-Long w/Susie - MPR	<b>16</b> <b>I</b> 10:00 Communion/Rosary <b>V</b> 10:30 Trilogy Fit - MPR <b>GF</b> 12:30 Glamour Girls - MPR <b>CC</b> 12:30 Creative Cooking (Chocolatey Chocolate Haystacks) - MPR <b>GG</b> 12:30 Poker Party! - MPR <b>A</b> 12:30 Jewelry & Gems Group - MPR	<b>17</b> <b>MR</b> 10:00 Happy "Tails" with Sophia <b>I</b> 10:00 Communion/Rosary <b>V</b> 10:30 Morning Yoga with Nicole - MPR <b>O</b> 1:00 Shopping Outing to The Dollar Tree <b>S</b> 1:00 Chef's Circle - MPR <b>M</b> 1:30 Name That Tune! - MPR	<b>18</b> <b>I</b> 10:00 Communion <b>V</b> 10:30 Trilogy Fit - MPR <b>GG</b> 12:30 Poker Party! - MPR <b>A</b> 1:00 Crafty Creations (Hanging Snowflake Decor) - MPR <b>2:00</b> Bingo - MPR <b>M</b> 3:00 Happy Hour w/Karaoke! - MPR	<b>19</b> <b>I</b> 10:00 Communion & Rosary <b>V</b> 10:30 Saturday Stretches - DBL <b>K</b> 12:30 Trivia Time (Winter Weather trivia) - MPR <b>V</b> 1:00 Bingocise - MPR
<b>20</b> <b>I</b> 9:30 Sunday Mass and Rosary <b>K</b> 10:00 Master Your Memory - MPR <b>K</b> 12:00 Classic TV Time - MPR <b>I</b> 3:30 Devotions with Maryville Baptist Church - C	<b>21</b> <b>Martin Luther King Day</b> <b>I</b> 10:00 Communion Service w/Sam King <b>V</b> 10:30 Trilogy Fit - MPR <b>GG</b> 12:30 Poker Party! - MPR <b>A</b> 1:00 Crafty Creations (Pinecone Craft) - MPR <b>GF</b> 2:00 Movies & Memories - "The King's Speech" - MPR	<b>22</b> <b>I</b> 10:00 Communion <b>V</b> 10:30 Armchair Aerobics - MPR <b>O</b> 11:00 Lunch Outing - Frisch's Big Boy <b>K</b> 1:30 Word Games - MPR <b>M</b> 2:00 Sing-A-Long w/Susie - MPR <b>5:00</b> Bingo - MPR	<b>23</b> <b>I</b> 10:00 Communion/Rosary <b>V</b> 10:30 Trilogy Fit - MPR <b>S</b> 11:00 Taste of Town <b>CC</b> 12:30 Creative Cooking (Cherry Cheesecake Bars) - MPR <b>GG</b> 12:30 Poker Party! - MPR <b>A</b> 12:30 Jewelry & Gems Group - MPR	<b>24</b> <b>MR</b> 10:00 Happy "Tails" with Sophia <b>I</b> 10:00 Communion/Rosary <b>V</b> 10:30 Morning Yoga with Nicole - MPR <b>O</b> 1:00 Outing to The Speed Art Museum <b>S</b> 1:00 Chef's Circle - MPR <b>M</b> 1:30 Name That Tune! - MPR	<b>25</b> <b>I</b> 10:00 Communion <b>V</b> 10:30 Trilogy Fit - MPR <b>GG</b> 12:30 Poker Party! - MPR <b>A</b> 1:00 Crafty Creations (Wintertime Wreath Decor) - MPR <b>2:00</b> Bingo - MPR <b>M</b> 3:00 Happy Hour with Gil Kaelin - MPR	<b>26</b> <b>I</b> 10:00 Communion & Rosary <b>V</b> 10:30 Saturday Stretches - DBL <b>K</b> 12:30 Trivia Time (What Do You Know About Snow?) - MPR <b>V</b> 1:00 Bingocise - MPR
<b>27</b> <b>I</b> 9:30 Sunday Mass and Rosary <b>K</b> 10:00 Master Your Memory - MPR <b>K</b> 12:00 Classic TV Time - MPR <b>I</b> 2:00 Devotions with Farndale Church of the Nazarene - C	<b>28</b> <b>V</b> 10:30 Trilogy Fit - MPR <b>GG</b> 12:30 Poker Party! - MPR <b>A</b> 1:00 Crafty Creations (Winter Watercolors) - MPR <b>GF</b> 2:00 Movies & Memories - "Miracle" - MPR <b>5:00</b> Bingo - MPR	<b>29</b> <b>I</b> 10:00 Communion <b>V</b> 10:30 Armchair Aerobics - MPR <b>O</b> 11:00 Lunch Outing - Hometown Pizza <b>K</b> 1:30 Word Games - MPR <b>M</b> 2:00 Sing-A-Long w/Susie - MPR <b>5:00</b> Bingo - MPR	<b>30</b> <b>I</b> 10:00 Communion/Rosary <b>V</b> 10:30 Trilogy Fit - MPR <b>GF</b> 12:30 Glamour Girls - MPR <b>CC</b> 12:30 Creative Cooking (Apple Pie Bites) - MPR <b>GG</b> 12:30 Poker Party! - MPR <b>A</b> 12:30 Jewelry & Gems Group - MPR <b>M</b> 1:00 Sing Along - MPR	<b>31</b> <b>MR</b> 10:00 Happy "Tails" with Sophia <b>I</b> 10:00 Communion/Rosary <b>V</b> 10:30 Morning Yoga with Nicole - MPR <b>O</b> 1:00 Shopping Outing to The Dollar Tree <b>S</b> 1:00 Chef's Circle - MPR <b>M</b> 1:30 Name That Tune! - MPR	Cards, puzzles, movies, books, magazines, a tablet and games are available from the Life Enrichment Team per resident request.  All activities are subject to change - any additions or changes will be posted.	Volunteers enhance the lives of our residents - become a volunteer today! For more information about volunteering, please see a member of the Life Enrichment Team!

# January 2019

Franciscan Healthcare Center  
Healthcare



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>CC</b> - Creative Cooking <b>GF</b> - Gathering of Friends <b>GG</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>MM</b> - Mindful Moments <b>M</b> - Music to My Ears <b>O</b> - Out &amp; About <b>S</b> - Signature Events</p>	<p>DBL - Derby/Belle Lounge A - Activity Room DR - Dining Room CY - Courtyard C - Chapel</p>	<p><b>1</b> <b>New Year's Day</b> <b>I</b> 10:00 Communion <b>V</b> 10:00 Morning Yoga with Nicole - DBL <b>O</b> 11:00 Lunch Outing - China Buffet <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>CC</b> 1:00 Chef's Circle - DBL <b>A</b> 2:30 Crafty Creations</p>	<p><b>2</b> <b>I</b> 10:00 Communion/Rosary <b>V</b> 10:00 Armchair Aerobics (exercise)- DBL <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>K</b> 1:30 Trivia Time! (All About January) - AR <b>CC</b> 2:00 Bingo - AR <b>CC</b> 3:30 Creative Cooking</p>	<p><b>3</b> <b>MR</b> 10:00 Happy "Tails" with Sophia <b>V</b> 10:00 Sittercise (exercise) - DBL <b>L</b> 10:30 Resident Spotlight <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>O</b> 1:00 Shopping Outing to Big Lots</p>	<p><b>4</b> <b>I</b> 10:00 Communion <b>V</b> 10:00 Fitness Fun (exercise) - DBL <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>S</b> 1:30 "Guy Day" Friday - Wii Bowling - CY <b>K</b> 2:30 Jingo - AR <b>M</b> 4:00 Happy Hour with David</p>	<p><b>5</b> <b>I</b> 10:00 Communion &amp; Rosary <b>V</b> 10:00 Saturday Stretches - DBL <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>A</b> 2:30 Crafty Creations - (Calendar Creations) - AR <b>M</b> 4:00 Music with Misha - DR</p>
<p><b>6</b> <b>I</b> 9:30 Sunday Mass and Rosary <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>L</b> 11:15 Purple Primer Program - AR <b>CC</b> 2:30 Bingo - AR <b>I</b> 3:30 Devotions with Maryville Baptist</p>	<p><b>7</b> <b>I</b> 10:00 Communion Service w/Sam King <b>V</b> 10:00 Morning Movements (exercise)- DBL <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>CC</b> 2:00 Bingo - AR <b>M</b> 3:00 iN2I Sing-A-Long - DBL</p>	<p><b>8</b> <b>I</b> 10:00 Communion <b>V</b> 10:00 Morning Yoga with Nicole - DBL <b>O</b> 11:00 Lunch Outing - Cracker Barrel <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>CC</b> 1:00 Chef's Circle - DBL <b>A</b> 2:30 Crafty Creations (2019)</p>	<p><b>9</b> <b>I</b> 10:00 Communion/Rosary <b>V</b> 10:00 Armchair Aerobics (exercise)- DBL <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>GF</b> 1:00 Glamour Girls - AR <b>K</b> 1:30 Trivia Time! (January Birthday trivia) - AR <b>CC</b> 2:00 Bingo - AR</p>	<p><b>10</b> <b>MR</b> 10:00 Happy "Tails" with Sophia <b>V</b> 10:00 Sittercise (exercise) - DBL <b>L</b> 10:30 Resident Spotlight <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>O</b> 1:00 An Afternoon Drive to Taylorsville Lake</p>	<p><b>11</b> <b>I</b> 10:00 Communion <b>V</b> 10:00 Fitness Fun (exercise) - DBL <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>S</b> 1:30 "Guy Day" Friday - Sports Trivia - CY <b>K</b> 2:30 Jingo - AR <b>M</b> 4:00 Happy Hour with Doug</p>	<p><b>12</b> <b>I</b> 10:00 Communion &amp; Rosary <b>V</b> 10:00 Saturday Stretches - DBL <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>A</b> 2:30 Crafty Creations - (Snowman Art) - AR</p>
<p><b>13</b> <b>I</b> 9:30 Sunday Mass and Rosary <b>S</b> 11:00 Sunday Family Brunch! <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>L</b> 11:15 Purple Primer Program - AR <b>CC</b> 2:30 Bingo - AR</p>	<p><b>14</b> <b>I</b> 10:00 Communion Service w/Sam King <b>V</b> 10:00 Morning Movements (exercise)- DBL <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>CC</b> 2:00 Bingo - AR <b>M</b> 3:00 iN2I Sing-A-Long - DBL</p>	<p><b>15</b> <b>I</b> 10:00 Communion <b>V</b> 10:00 Morning Yoga with Nicole - DBL <b>O</b> 11:00 Lunch Outing - Skyline Chili <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>CC</b> 1:00 Chef's Circle - DBL <b>A</b> 2:30 Crafty Creations (Tree)</p>	<p><b>16</b> <b>I</b> 10:00 Communion/Rosary <b>V</b> 10:00 Armchair Aerobics (exercise)- DBL <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>K</b> 1:30 Trivia Time! (Winter Weather trivia) - AR <b>CC</b> 2:00 Bingo - AR <b>CC</b> 3:30 Creative Cooking</p>	<p><b>17</b> <b>MR</b> 10:00 Happy "Tails" with Sophia <b>V</b> 10:00 Sittercise (exercise) - DBL <b>L</b> 10:30 Resident Spotlight <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>O</b> 1:00 Shopping Outing to The Dollar Tree</p>	<p><b>18</b> <b>I</b> 10:00 Communion <b>V</b> 10:00 Fitness Fun (exercise) - DBL <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>S</b> 1:30 "Guy Day" Friday - Cornhole Fun! - CY <b>K</b> 2:30 Jingo - AR <b>M</b> 4:00 Happy Hour w/Karaoke!</p>	<p><b>19</b> <b>I</b> 10:00 Communion &amp; Rosary <b>V</b> 10:00 Saturday Stretches - DBL <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>A</b> 2:30 Crafty Creations - (Hanging Snowflake Decor) - AR</p>
<p><b>20</b> <b>I</b> 9:30 Sunday Mass and Rosary <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>L</b> 11:15 Purple Primer Program - AR <b>M</b> 11:30 Live Music with Lamont Butler - DR <b>CC</b> 2:30 Bingo - AR</p>	<p><b>21</b> <b>Martin Luther King Day</b> <b>I</b> 10:00 Communion Service w/Sam King <b>V</b> 10:00 Morning Movements (exercise)- DBL <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>CC</b> 2:00 Bingo - AR <b>M</b> 3:00 iN2I Sing-A-Long - DBL</p>	<p><b>22</b> <b>I</b> 10:00 Communion <b>V</b> 10:00 Morning Yoga with Nicole - DBL <b>O</b> 11:00 Lunch Outing - Frisch's Big Boy <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>CC</b> 1:00 Chef's Circle - DBL <b>A</b> 2:30 Crafty Creations</p>	<p><b>23</b> <b>I</b> 10:00 Communion/Rosary <b>V</b> 10:00 Armchair Aerobics (exercise)- DBL <b>S</b> 11:00 Taste of Town <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>GF</b> 1:00 Glamour Girls - AR <b>K</b> 1:30 Trivia Time! (What Do You Know About</p>	<p><b>24</b> <b>MR</b> 10:00 Happy "Tails" with Sophia <b>V</b> 10:00 Sittercise (exercise) - DBL <b>L</b> 10:30 Resident Spotlight <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>O</b> 1:00 Outing to The Speed Art Museum</p>	<p><b>25</b> <b>I</b> 10:00 Communion <b>V</b> 10:00 Fitness Fun (exercise) - DBL <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>S</b> 1:30 "Guy Day" Friday - Fishin' Fun! - CY <b>K</b> 2:30 Jingo - AR <b>M</b> 4:00 Happy Hour w/Gil Kaelin</p>	<p><b>26</b> <b>I</b> 10:00 Communion &amp; Rosary <b>V</b> 10:00 Saturday Stretches - DBL <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>A</b> 2:30 Crafty Creations - (Wintertime Wreath Decor) - AR</p>
<p><b>27</b> <b>I</b> 9:30 Sunday Mass and Rosary <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>L</b> 11:15 Purple Primer Program - AR <b>I</b> 2:00 Devotions with Farndale Church of the Nazarene - C</p>	<p><b>28</b> <b>V</b> 10:00 Morning Movements (exercise)- DBL <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>CC</b> 2:00 Bingo - AR <b>M</b> 3:00 iN2I Sing-A-Long - DBL</p>	<p><b>29</b> <b>I</b> 10:00 Communion <b>V</b> 10:00 Morning Yoga with Nicole - DBL <b>O</b> 11:00 Lunch Outing - Hometown Pizza <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>A</b> 2:30 Crafty Creations (Beaded Earring Craft) -</p>	<p><b>30</b> <b>I</b> 10:00 Communion/Rosary <b>V</b> 10:00 Armchair Aerobics (exercise)- DBL <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>K</b> 1:30 Trivia Time! (All About The Oscars!) - AR <b>CC</b> 2:00 Bingo - AR <b>CC</b> 3:30 Creative Cooking</p>	<p><b>31</b> <b>MR</b> 10:00 Happy "Tails" with Sophia <b>V</b> 10:00 Sittercise (exercise) - DBL <b>L</b> 10:30 Resident Spotlight <b>MM</b> 11:00 Themed Sensory Baskets - DBL <b>O</b> 1:00 Shopping Outing to The Dollar Tree</p>	<p>Cards, puzzles, movies, books, magazines, a tablet and games are available from the Life Enrichment Team per resident request.</p> <p>All activities are subject to change - any additions or changes will be posted.</p>	<p>Volunteers enhance the lives of our residents - become a volunteer today! For more information about volunteering, please see a member of the Life Enrichment Team!</p>