

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>CC</b> - Community Connections <b>GC</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>M</b> - Music to My Ears <b>O</b> - Out &amp; About <b>S</b> - Signature Events <b>V</b> - Vitality</p>	<p>All activities are subject to change!</p> <p>Transportation is provided on Mondays and Wednesdays to Doctor Appointments. See Becky Dunaway LED for details!</p>	<p>Volunteers enrich the lives of others. Become a volunteer today!</p> <p>Beauty Shop Open: Tuesday and Thursday's. To make an appointment see Angelo, Guest Relations</p>	<p><b>1</b></p> <p><b>I 9:00</b> Catholic Communion R to R <b>V 10:30</b> Trilogy Fit- 400 Hall <b>K 11:45</b> Mealtme Chronicles-DR <b>S 2:00</b> BrainFit- CH <b>S 2:00</b> Chef's Circle - HCRR <b>K 2:30</b> Bingocize- HCRR</p>	<p><b>2</b></p> <p><b>V 9:30</b> Music &amp; Movement- HCRR <b>A 10:00</b> Hawaiian Lanterns- HCRR <b>O 11:15</b> Lunch Outing - Cracker Barrel <b>K 11:45</b> Mealtme Chronicles-DR <b>L 2:30</b> Hanalei Bay- HCRR*</p>	<p><b>3</b></p> <p><b>A 9:30</b> Hawaiian Lei's- HCRR <b>K 10:30</b> Name That Sound- HCRR* <b>V 10:30</b> Trilogy Fit- 400 Hall <b>K 11:45</b> Mealtme Chronicles-DR <b>M 2:00</b> Happy Hour/ Tom Cunningham- LR</p>	<p><b>4</b></p> <p><b>V 9:30</b> Parachute Time- HCRR <b>I 10:00</b> Bible Study with Brian- HCRR <b>K 11:45</b> Mealtme Chronicles-DR <b>GC 2:00</b> Scoops &amp; Scriptures- HCRR <b>K 2:30</b> Bingo- HCRR</p>
<p><b>5</b></p> <p><b>K 9:30</b> Which Came First?- HCRR* <b>K 10:30</b> Tell Me A Joke- HCRR* <b>I 10:30</b> Mass on the Air Ch- 5 <b>I 11:00</b> South East Christian Ch 102 <b>K 11:45</b> Mealtme Chronicles-DR <b>K 2:00</b> Bunco With Our Villa</p>	<p><b>6</b></p> <p><b>V 9:30</b> Sit &amp; Be Fit- HCRR <b>V 10:30</b> Trilogy Fit- 400 Hall <b>K 10:30</b> Wellness Group- 100 Hall <b>K 11:45</b> Mealtme Chronicles-DR <b>K 2:30</b> Bingocize - HCRR</p>	<p><b>7</b></p> <p><b>A 9:30</b> Under the Sea Foil Fish- HCRR <b>I 10:00</b> Bible Stories- HCRR <b>O 11:00</b> Olive Garden- HCRR <b>K 11:45</b> Mealtme Chronicles-DR <b>S 2:30</b> Tool Trivia/Just the Guys- HCRR* <b>K 6:00</b> Games/ Resident's</p>	<p><b>8</b></p> <p><b>I 9:00</b> Catholic Communion R to R <b>V 10:30</b> Trilogy Fit- 400 Hall <b>K 11:45</b> Mealtme Chronicles-DR <b>S 12:00</b> Taste of Town- ADA <b>S 2:00</b> Chef's Circle - HCRR <b>S 2:00</b> BrainFit- CH <b>K 2:30</b> Bingocize- HCRR</p>	<p><b>9</b></p> <p><b>A 9:30</b> Tissue Pineapples- HCRR <b>V 9:30</b> Sittercize- HCRR <b>O 10:30</b> Technology Outing to Thrive Center; Lunch at Old Chicago Pizza <b>K 10:30</b> Spelling Bee- HCRR <b>K 11:45</b> Mealtme Chronicles-DR</p>	<p><b>10</b></p> <p><b>CC 10:00</b> St. Al's Visits- HCRR <b>V 10:30</b> Trilogy Fit- 400 Hall <b>K 11:45</b> Mealtme Chronicles-DR <b>M 2:00</b> Happy Hour/Elvis- HCRR</p>	<p><b>11</b></p> <p><b>V 9:30</b> Making Music/Exercise- HCRR <b>I 10:00</b> Bible Study with Brian- HCRR <b>K 11:45</b> Mealtme Chronicles-DR <b>M 2:00</b> Singing with Suzie Q- HCRR <b>K 2:30</b> Bingo- HCRR</p>
<p><b>12</b></p> <p><b>GC 9:30</b> Bunco- HCRR <b>K 10:30</b> Vegetable Garden Trivia- HCRR* <b>I 10:30</b> Mass on the Air Ch- 5 <b>S 11:00</b> Sunday Brunch- DR <b>I 11:00</b> South East Christian Ch 102 <b>K 11:45</b> Mealtme Chronicles-DR</p>	<p><b>13</b></p> <p><b>L 9:30</b> Making Coconut Cake- PCRR <b>V 10:30</b> Trilogy Fit- 400 Hall <b>K 10:30</b> Wellness Group- 100 Hall <b>K 11:45</b> Mealtme Chronicles-DR <b>S 2:00</b> Calendar Planning Meeting- PCRR</p>	<p><b>14</b></p> <p><b>L 9:30</b> Beach Visulaization Relazation- HCRR <b>I 10:00</b> Bible Stories- HCRR <b>O 11:00</b> Lunch at Shogun <b>K 11:45</b> Mealtme Chronicles-DR <b>L 2:00</b> South Pacific- HCRR <b>K 6:00</b> Games/ Resident's Choice- PCRR</p>	<p><b>15</b></p> <p><b>I 9:00</b> Catholic Communion R to R <b>V 10:30</b> Trilogy Fit- 400 Hall <b>K 11:45</b> Mealtme Chronicles-DR <b>2:00</b> Tropical Fruit Tasting- HCRR <b>S 2:00</b> Chef's Circle - HCRR <b>S 2:00</b> BrainFit- CH</p>	<p><b>16</b></p> <p><b>V 9:30</b> Tahitian Dancing- HCRR <b>V 10:30</b> Learning to Hula Hoop- HCRR <b>K 11:45</b> Mealtme Chronicles-DR <b>S 4:00</b> South Pacific Happy Hour - PP <b>S 5:00</b> South Pacific Theme Dinner - ADA</p>	<p><b>17</b></p> <p><b>9:00</b> Baking Pineapple Upside Down Cake- HCRR <b>GC 10:00</b> Elite Daycare - HCRR <b>V 10:30</b> Trilogy Fit- 400 Hall <b>K 11:45</b> Mealtme Chronicles-DR <b>M 2:00</b> South Pacific Happy Hour- LR</p>	<p><b>18</b></p> <p><b>V 9:30</b> Morning Stretch- HCRR <b>I 10:00</b> Bible Study with Brian- HCRR <b>K 11:45</b> Mealtme Chronicles-DR <b>2:00</b> Ice Cream Social - PP <b>K 2:30</b> Bingo- HCRR</p>
<p><b>19</b></p> <p><b>K 9:30</b> Happy Neurons- HCRR* <b>K 10:30</b> Puzzle Packets- HCRR <b>I 10:30</b> Mass on the Air Ch- 5 <b>I 11:00</b> South East Christian Ch 102 <b>K 11:45</b> Mealtme Chronicles-DR <b>K 2:00</b> Bunco With Our Villa Friends- PCRR</p>	<p><b>20</b></p> <p><b>V 9:30</b> Tai Chi- HCRR* <b>V 10:30</b> Trilogy Fit- 400 Hall <b>K 10:30</b> Wellness Group- 100 Hall <b>K 11:45</b> Mealtme Chronicles-DR <b>K 2:00</b> Summer Field Trip Talk- HCRR* <b>K 2:30</b> Bingocize - HCRR</p>	<p><b>21 Senior Citizens Day</b></p> <p><b>A 9:30</b> Sand Art- HCRR <b>I 10:00</b> Bible Stories- HCRR <b>K 11:45</b> Mealtme Chronicles-DR <b>O 2:00</b> Scenic Ride <b>S 4:00</b> Family Night- Tacos and Trivia</p>	<p><b>22</b></p> <p><b>I 9:00</b> Catholic Communion R to R <b>V 10:30</b> Trilogy Fit- 400 Hall <b>K 11:45</b> Mealtme Chronicles-DR <b>S 2:00</b> Trains &amp; Railroads- Just The Guys- PCRR <b>S 2:00</b> Chef's Circle - HCRR <b>S 2:00</b> BrainFit- CH</p>	<p><b>23</b></p> <p><b>V 9:30</b> Octaband- HCRR <b>A 10:30</b> Flip Flop Decor- HCRR <b>K 11:45</b> Mealtme Chronicles-DR <b>O 2:00</b> Dollar Tree /Outing <b>CC 6:00</b> Metal Job Network Bingo- HCRR</p>	<p><b>24</b></p> <p><b>A 9:30</b> Washer Neclaces- HCRR <b>V 10:30</b> Trilogy Fit- 400 Hall <b>K 11:45</b> Mealtme Chronicles-DR <b>M 4:30</b> Happy Hour/ Don Stegmiller- LR</p>	<p><b>25</b></p> <p><b>V 9:30</b> Lets Get Moving- HCRR <b>I 10:00</b> Bible Study with Brian- HCRR <b>K 11:45</b> Mealtme Chronicles-DR <b>K 2:00</b> Comedy Time- HCRR <b>K 2:30</b> Bingo- HCRR</p>
<p><b>26</b></p> <p><b>I 9:30</b> Moments from the Bible- HCRR <b>I 10:30</b> Mass on the Air Ch- 5 <b>I 11:00</b> South East Christian Ch 102 <b>K 11:45</b> Mealtme Chronicles-DR <b>K 2:00</b> Bunco With Our Villa Friends- PCRR</p>	<p><b>27</b></p> <p><b>V 9:30</b> Chair Dancing- HCRR <b>V 10:30</b> Trilogy Fit- 400 Hall <b>K 10:30</b> Wellness Group- 100 Hall <b>K 11:45</b> Mealtme Chronicles-DR <b>S 2:00</b> AL Resident Council Meeting- HCRR <b>K 2:30</b> Bingocize - HCRR</p>	<p><b>28</b></p> <p><b>A 9:30</b> Button Flowers- HCRR <b>I 10:00</b> Bible Stories- HCRR <b>K 11:45</b> Mealtme Chronicles-DR <b>O 2:00</b> Comfy Cow/ Outing <b>K 6:00</b> Games/ Resident's Choice- PCRR</p>	<p><b>29</b></p> <p><b>I 9:00</b> Catholic Communion R to R <b>V 10:30</b> Trilogy Fit- 400 Hall <b>K 11:45</b> Mealtme Chronicles-DR <b>2:00</b> Homemade Ice Cream- PP <b>S 2:00</b> Chef's Circle - HCRR <b>S 2:00</b> BrainFit- CH</p>	<p><b>30</b></p> <p><b>A 9:30</b> Plate Yam Art- HCRR <b>K 10:30</b> Family Fued- HCRR <b>K 11:45</b> Mealtme Chronicles-DR <b>O 1:30</b> Speed Art Museum/Outing <b>M 2:30</b> Glee Club- HCRR <b>K 6:00</b> Games Resident's Choice- PCRR</p>	<p><b>31</b></p> <p><b>M 2:30</b> Happy Hour/ Sam Brown- LR <b>A 10:00</b> Art w/ Gary - LRR <b>V 10:30</b> Trilogy Fit- 400 Hall <b>K 11:45</b> Mealtme Chronicles-DR</p>	<p>Room Key Code: SC- The Slugger Café SJB- St., James Bistro DR- Dining Room PP- Paddock Parlor LR- Living Room</p>

**Forest Springs Health Campus  
Life Enrichment Programming**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>CC</b> - Community Connections <b>GC</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>MM</b> - Mindful Moments <b>M</b> - Music to My Ears <b>O</b> - Out &amp; About <b>S</b> - Signature Events <b>V</b> - Vitality</p>	<p>Room Key Code SC- The Slugger Cafe SJB- St. James Bistro DR- Dining Room TSL- Tom Sawyer Lane PP- Paddock Parlor</p>	<p>Room Key Code LR- Living Room PCRR- Personal Care Rec Room HCRR- Health Center Rec Room CY- Court Yard ADA-All Dining Areas</p>	<p><b>1</b> <b>I</b> 9:00 Catholic Communion R to R <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>S</b> 2:00 Chef's Circle - HCRR <b>K</b> 2:30 Bingocize- HCRR <b>K</b> 4:00 Media Cart RtoR</p>	<p><b>2</b> <b>V</b> 9:30 Music &amp; Movement- HCRR <b>A</b> 10:00 Hawaiian Lanterns- HCRR <b>MM</b> 11:00 Sensory Themed Baskets <b>O</b> 11:15 Lunch Outing - Cracker Barrel <b>K</b> 11:45 Mealtme Chronicles-</p>	<p><b>3</b> <b>A</b> 9:30 Hawaiian Lei's- HCRR <b>K</b> 10:30 Name That Sound- HCRR* <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>M</b> 2:00 Happy Hour/ Tom Cunningham- LR</p>	<p><b>4</b> <b>V</b> 9:30 Parachute Time- HCRR <b>I</b> 10:00 Bible Study with Brian- HCRR <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>GC</b> 2:00 Scoops &amp; Scriptures- HCRR</p>
<p><b>5</b> <b>K</b> 9:30 Which Came First?- HCRR* <b>K</b> 10:30 Tell Me A Joke- HCRR* <b>I</b> 10:30 Mass on the Air Ch- 5 <b>I</b> 11:00 South East Christian Ch 102 <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-</p>	<p><b>6</b> <b>V</b> 9:30 Sit &amp; Be Fit- HCRR <b>K</b> 10:30 Wellness Group- 100 Hall <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>S</b> 2:00 Resident Council HC- HCRR</p>	<p><b>7</b> <b>A</b> 9:30 Under the Sea Foil Fish- HCRR <b>I</b> 10:00 Bible Stories- HCRR <b>O</b> 11:00 Olive Garden- HCRR <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>S</b> 2:30 Tool Trivia/Just the</p>	<p><b>8</b> <b>I</b> 9:00 Catholic Communion R to R <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>S</b> 12:00 Taste of Town- ADA <b>S</b> 2:00 Chef's Circle - HCRR <b>K</b> 2:30 Bingocize- HCRR</p>	<p><b>9</b> <b>A</b> 9:30 Tissue Pineapples- HCRR <b>V</b> 9:30 Sittercize- HCRR <b>O</b> 10:30 Technology Outing to Thrive Center; Lunch at Old Chicago Pizza <b>K</b> 10:30 Spelling Bee- HCRR <b>MM</b> 11:00 Sensory Themed Baskets</p>	<p><b>10</b> <b>CC</b> 10:00 St. Al's Visits- HCRR <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>M</b> 2:00 Happy Hour/Elvis- HCRR <b>K</b> 4:00 Media Cart</p>	<p><b>11</b> <b>V</b> 9:30 Making Music/Exercise- HCRR <b>I</b> 10:00 Bible Study with Brian- HCRR <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>M</b> 2:00 Singing with Suzie Q-</p>
<p><b>12</b> <b>GC</b> 9:30 Bunco- HCRR <b>K</b> 10:30 Vegetable Garden Trivia- HCRR* <b>I</b> 10:30 Mass on the Air Ch- 5 <b>S</b> 11:00 Sunday Brunch- DR <b>I</b> 11:00 South East Christian Ch 102 <b>MM</b> 11:00 Sensory Themed Baskets</p>	<p><b>13</b> <b>L</b> 9:30 Making Coconut Cake- PCRR <b>K</b> 10:30 Wellness Group- 100 Hall <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>S</b> 2:00 Calendar Planning</p>	<p><b>14</b> <b>L</b> 9:30 Beach Visulaization Relazation- HCRR <b>I</b> 10:00 Bible Stories- HCRR <b>O</b> 11:00 Lunch at Shogun <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>L</b> 2:00 South Pacific- HCRR</p>	<p><b>15</b> <b>I</b> 9:00 Catholic Communion R to R <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>2:00</b> Tropical Fruit Tasting- HCRR <b>S</b> 2:00 Chef's Circle - HCRR</p>	<p><b>16</b> <b>V</b> 9:30 Tahitian Dancing- HCRR <b>V</b> 10:30 Learning to Hula Hoop- HCRR <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>S</b> 4:00 South Pacific Happy Hour - PP</p>	<p><b>17</b> <b>9:00</b> Baking Pineapple Upside Down Cake- HCRR <b>GC</b> 10:00 Elite Daycare - HCRR <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>M</b> 2:00 South Pacific Happy</p>	<p><b>18</b> <b>V</b> 9:30 Morning Stretch- HCRR <b>I</b> 10:00 Bible Study with Brian- HCRR <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>2:00</b> Ice Cream Social - PP <b>K</b> 2:30 Bingo- HCRR</p>
<p><b>19</b> <b>K</b> 9:30 Happy Neurons- HCRR* <b>K</b> 10:30 Puzzle Packets- HCRR <b>I</b> 10:30 Mass on the Air Ch- 5 <b>I</b> 11:00 South East Christian Ch 102 <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR</p>	<p><b>20</b> <b>V</b> 9:30 Tai Chi- HCRR* <b>K</b> 10:30 Wellness Group- 100 Hall <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>K</b> 2:00 Summer Field Trip Talk- HCRR*</p>	<p><b>21 Senior Citizens Day</b> <b>A</b> 9:30 Sand Art- HCRR <b>I</b> 10:00 Bible Stories- HCRR <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>O</b> 2:00 Scenic Ride <b>S</b> 4:00 Family Night- Tacos and Trivia</p>	<p><b>22</b> <b>I</b> 9:00 Catholic Communion R to R <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>S</b> 2:00 Trains &amp; Railroads- Just The Guys- PCRR <b>S</b> 2:00 Chef's Circle - HCRR</p>	<p><b>23</b> <b>V</b> 9:30 Octaband- HCRR <b>A</b> 10:30 Flip Flop Decor- HCRR <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>O</b> 2:00 Dollar Tree /Outing <b>CC</b> 6:00 Metal Job Network Bingo- HCRR</p>	<p><b>24</b> <b>A</b> 9:30 Washer Neclaces- HCRR <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>K</b> 4:00 Media Cart <b>M</b> 4:30 Happy Hour/ Don Stegmiller- LR</p>	<p><b>25</b> <b>V</b> 9:30 Lets Get Moving- HCRR <b>I</b> 10:00 Bible Study with Brian- HCRR <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>K</b> 2:00 Comedy Time- HCRR <b>K</b> 2:30 Bingo- HCRR</p>
<p><b>26</b> <b>I</b> 9:30 Moments from the Bible- HCRR <b>I</b> 10:00 Christ Fellowship Worship - LRR <b>I</b> 10:30 Mass on the Air Ch- 5 <b>I</b> 11:00 South East Christian Ch 102 <b>MM</b> 11:00 Sensory Themed Baskets</p>	<p><b>27</b> <b>V</b> 9:30 Chair Dancing- HCRR <b>K</b> 10:30 Wellness Group- 100 Hall <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>K</b> 2:30 Bingocize - HCRR <b>K</b> 4:00 Media Cart- RtoR</p>	<p><b>28</b> <b>A</b> 9:30 Button Flowers- HCRR <b>I</b> 10:00 Bible Stories- HCRR <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>O</b> 2:00 Comfy Cow/ Outing Games/ Resident's Choice- PCRR</p>	<p><b>29</b> <b>I</b> 9:00 Catholic Communion R to R <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>2:00</b> Homemade Ice Cream- PP <b>S</b> 2:00 Chef's Circle - HCRR</p>	<p><b>30</b> <b>A</b> 9:30 Plate Yam Art- HCRR <b>K</b> 10:30 Family Fued- HCRR <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>O</b> 1:30 Speed Art Museum/Outing <b>M</b> 2:30 Glee Club- HCRR</p>	<p><b>31</b> <b>M</b> 2:30 Happy Hour/ Sam Brown- LR <b>A</b> 10:00 Art w/ Gary - LRR <b>MM</b> 11:00 Sensory Themed Baskets <b>K</b> 11:45 Mealtme Chronicles-DR <b>K</b> 4:00 Media Cart</p>	<p>All outings are subject to change due to unsafe weather conditions.  We provide transportation to doctors appointments on Mondays and Wednesdays. See Becky Dunaway LED for details.</p>