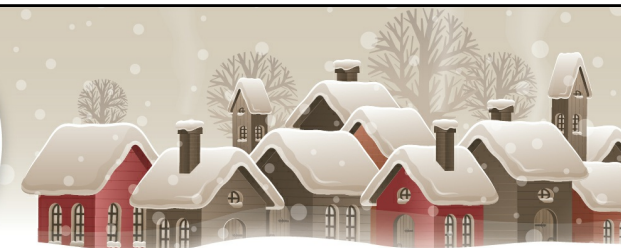


January 2019

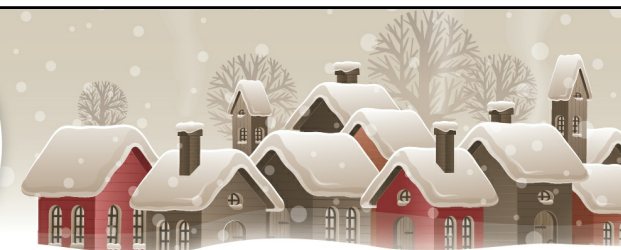
Forest Park Health Campus
Life Enrichment-Assisted Living



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|---|---|
| <p>A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About</p> | <p>KEY: Assisted Living AS= A. L Sitting Room AA= A. L Act Room AL= A. L Living Room AC= A. L Courtyard AD= A. L Dining Room AE= A. L Entrance</p> | <p>1 New Year's Day</p> <p>L 10:15 Healthy U/New Year-HA V 11:00 Balance/Fit-AA O 1:30 Scenic Ride GC 2:30 Busy Bees-HA A 3:30 Looming Class-AA GF 6:05 Holiday Movie/Popcom-HA</p> | <p>2</p> <p>V 10:15 Heart/Fit-AA K 10:45 LifeShare Games-AA GF 12:00 Ladies Luncheon/Taco Bell-AA I 2:30 Bible Study-HA</p> | <p>3</p> <p>I 9:00 Meditation-HA S 9:25 Inspired Com Meeting-HA S 10:15 Res. Council Meeting-AA O 2:15 Library A 3:30 Craft Comer-AA M 3:45 Music & Motion-HA K 6:30 Tom's Bingo-HD</p> | <p>4</p> <p>M 9:40 Trivial Music/Motion-AA CC 10:15 Chefs/Sausage & Cabbage-AA CC 1:00 Loose Change Charity-RR K 1:15 Euchre/Table Games-AA M 3:00 Happy Hour/Dave Sizemore-AL</p> | <p>5</p> <p>M 9:15 Drum Circle-HA L 10:15 Mad Science-AA A 1:00 Artisans-HA V 1:45 Noodle Hockey-AL K 3:00 Bingo-HD</p> |
| <p>6</p> <p>K 8:45 LifeShare/Check in Visits-RR L 9:30 Destination Scandinavia- HA V 10:30 Basketball Toumey-HA L 1:00 Stories from the Attic-HA I 2:30 Religious Service-AL</p> | <p>7</p> <p>CC 10:00 Alvin & Arlo/Pet Visit-AA V 10:45 Heart Fit-AA I 1:30 Rachael'sBible Buds-HA JG 2:05 Men's Afternoon Ale-HA V 3:15 Wii Bowling-HA</p> | <p>8</p> <p>L 10:15 Healthy U/New Year-HA V 11:00 Balance/Fit-AA O 1:15 Shop @ Meijer GC 3:15 Busy Bees-HA A 3:30 Looming Class-AA O 6:05 Movie/Popcom-HA</p> | <p>9</p> <p>L 10:30 Cope Environment-AL V 1:15 Heart/Fit-AA K 1:45 LifeShare Games-AA I 2:30 Bible Study-HA</p> | <p>10</p> <p>I 9:00 Meditation-HA V 10:25 Sit/Fit-AA O 11:30 Lunch @ Clara's M 3:00 Music & Motion-HA A 3:30 Craft Comer-AA K 6:30 Tom's Bingo-HD</p> | <p>11</p> <p>M 9:40 Trivial Music/Motion-AA CC 10:15 Chefs/Donuts-AA CC 1:00 Loose Change Charity-RR K 1:15 Euchre/Table Games-AA M 3:00 Happy Hour/Mark Snow-AL</p> | <p>12</p> <p>M 9:15 Drum Circle-HA L 10:15 Mad Science-AA A 1:00 Artisans-HA V 1:45 Noodle Hockey-AL K 3:00 Bingo-HD</p> |
| <p>13</p> <p>K 8:45 LifeShare/Check in Visits-RR L 9:30 Destination Scandinavia- HA V 10:30 Basketball Toumey-HA L 1:00 Stories from the Attic-HA I 2:30 Religious Service-AL</p> | <p>14</p> <p>V 9:30 Heart Fit-AA GC 10:00 Hibberd Kids & Crafts-AA I 1:30 Rachael'sBible Buds-HA M 2:00 Wade Abrams Gospel-HD V 3:15 Wii Bowling-HA</p> | <p>15</p> <p>L 10:15 Healthy U/New Year-HA V 11:00 Balance/Fit-AA O 1:15 Shop @ Fountain Acres GC 3:15 Busy Bees-HA A 3:30 Looming Class-AA O 6:05 Movie/Popcom-HA</p> | <p>16</p> <p>V 10:15 Heart/Fit-AA K 10:45 LifeShare Games-AA I 2:30 Bible Study-HA</p> | <p>17</p> <p>I 9:00 Meditation-HA V 10:25 Sit/Fit-AA O 1:15 Shop @ Dollar Tree A 3:30 Craft Comer-AA K 6:30 Tom's Bingo-HD</p> | <p>18</p> <p>M 9:40 Trivial Music/Motion-AA CC 10:15 Chefs/Peanut Butter Loaf-AA CC 12:00 Taste of Town/Cracker Barrel CC 1:00 Loose Change Charity-RR K 1:15 Euchre/Table Games-AA</p> | <p>19</p> <p>M 9:15 Drum Circle-HA L 10:15 Mad Science-AA A 1:00 Artisans-HA V 1:45 Noodle Hockey-AL K 3:00 Bingo-HD</p> |
| <p>20</p> <p>K 8:45 LifeShare/Check in Visits-RR L 9:30 Destination Scandinavia- HA V 10:30 Basketball Toumey-HA S 11:00 Sunday Brunch L 1:00 Stories from the Attic-HA I 2:30 Religious Service-AL</p> | <p>21 Martin Luther King Day</p> <p>V 9:30 Heart Fit-AA L 10:15 Remember Martin Luther King-AA I 1:30 Rachael'sBible Buds-HA V 2:45 Wii Bowling-HA</p> | <p>22</p> <p>L 10:15 Healthy U/New Year-HA V 11:00 Balance/Fit-AA O 1:15 Meltown Winter Ice Fest GC 3:15 Busy Bees-HA A 3:30 Looming Class-AA O 6:05 Movie/Popcom-HA</p> | <p>23</p> <p>V 10:15 Heart/Fit-AA K 10:45 LifeShare Games-AA S 11:30 Men's Luncheon/Taco Bell-AA I 2:30 Bible Study-HA</p> | <p>24</p> <p>I 9:00 Meditation-HA V 10:25 Sit/Fit-AA O 1:15 Meltown Winter Ice Fest I 2:30 Communion Service-HA A 3:30 Craft Comer-AA K 6:30 Tom's Bingo-HD</p> | <p>25</p> <p>M 9:40 Trivial Music/Motion-AA CC 10:15 Chefs/Grilled PB&J-AA CC 1:00 Loose Change Charity-RR K 1:15 Euchre/Table Games-AA M 3:00 Happy Hour/Tom Benner-AL</p> | <p>26</p> <p>M 9:15 Drum Circle-HA L 10:15 Mad Science-AA A 1:00 Artisans-HA V 1:45 Noodle Hockey-AL K 3:00 Bingo-HD</p> |
| <p>27</p> <p>K 8:45 LifeShare/Check in Visits-RR L 9:30 Destination Scandinavia- HA V 10:30 Basketball Toumey-HA L 1:00 Stories from the Attic-HA I 2:30 Memorial Service-AL</p> | <p>28</p> <p>V 9:30 Heart Fit-AA K 10:15 Spelling Bee-AA I 1:30 Rachael'sBible Buds-HA V 3:15 Wii Bowling-HA</p> | <p>29</p> <p>L 10:15 Healthy U/New Year-HA V 11:00 Balance/Fit-AA O 12:00 Lunch @ IHOP GC 3:15 Busy Bees-HA A 3:30 Looming Class-AA O 6:05 Movie/Popcom-HA</p> | <p>30</p> <p>V 10:15 Heart/Fit-AA K 10:45 LifeShare Games-AA I 2:30 Bible Study-HA</p> | <p>31</p> <p>I 9:00 Meditation-HA A 9:25 Crafts 10:15 Scenic Ride S 1:00 Makeovers-AA S 2:00 Winterfest Ball-HD I 2:30 Catholic Mass/Father Kevin-HA K 6:30 Tom's Bingo-HD</p> | <p>KEY: Health Care RR= Room to Room HA= H C Act Room HD= H C Dining Room HC= H C Courtyard HE= H C Entrance L= Library D= Both Dining Rooms SH=Service Hall CR=Com. Room</p> | <p>Theme Of The Month: Winter Wonderland</p> <p>Life Enrichment Brochures Handed out and LifeShare Assistance on Sunday and Thursday. Puzzlers on dining room tables daily.</p> |

January 2019

Forest Park Health Campus
Life Enrichment-Health Care



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|---|---|--|
| <p>A - Artisans CD - Clinical Distinction CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments</p> | <p>KEY: Health Care RR= Room to Room HA= H C Act Room HD= H C Dining Room HC= H C Courtyard HE= H C Entrance L= Library D=Both Dining Rooms SH=Service Hall CR=Com Room</p> | <p>1 New Year's Day</p> <p>V 9:15 Sit/Fit-HA M 9:35 Glee Club-HA L 10:15 Healthy U/New Year-HA O 1:30 Scenic Ride GG 2:30 Busy Bees-HA A 3:30 Looming Class-AA MN 4:00 Sensations Group-HA GF 6:05 Holiday Movie/Popcom-HA</p> | <p>2</p> <p>V 9:15 Sit/fit-HA K 9:30 LifeShare Games-HA GF 12:00 Ladies Luncheon/Taco Bell-AA I 2:30 Bible Study-HA GG 2:35 Check in Visits-RR MN 3:45 Sensations Group-HA</p> | <p>3</p> <p>I 9:00 Meditation-HA S 9:25 Inspired Com Meeting-HA A 1:15 Craft Comer-HA S 2:00 Resident Council Meeting-HA O 2:15 Library M 3:45 Music & Motion-HA K 6:30 Tom's Bingo-HD</p> | <p>4</p> <p>V 9:15 Sit/Fit-HA M 9:40 Trivial Music/Motion-AA CC 1:00 Loose Change Charity-RR CC 1:30 HC Chefs/Lemon Whip-HA MN 2:00 Sensations Group-HA M 3:00 Happy Hour/Dave Sizemore-AL</p> | <p>5</p> <p>M 9:15 Drum Circle-HA L 10:15 Mad Science-AA MN 11:15 Sensations Group-HA A 1:00 Artisans-HA V 1:45 Noodle Hockey-AL K 3:00 Bingo-HD</p> |
| <p>6</p> <p>K 8:45 LifeShare/Check in Visits-RR L 9:30 Destination Scandinavia- HA V 10:30 Basketball Toumey-HA L 1:00 Stories from the Attic-HA I 2:30 Religious Service-AL MN 3:45 Sensations Group -HA</p> | <p>7</p> <p>V 9:15 Morning Stretch-HA CC 10:00 Alvin & Arlo/Pet Visit-AA I 1:30 Rachael'sBible Buds-HA JG 2:05 Men's Afternoon Ale-HA V 3:15 Wii Bowling-HA MN 4:00 Sensations Group-CR</p> | <p>8</p> <p>V 9:15 Sit/Fit-HA M 9:35 Glee Club-HA L 10:15 Healthy U/New Year-HA O 1:15 Shop @ Meijer GG 3:15 Busy Bees-HA A 3:30 Looming Class-AA MN 4:00 Sensations Group-HA O 6:05 Movie/Popcom-HA</p> | <p>9</p> <p>V 9:05 Sit/fit-HA K 9:30 LifeShare Games-HA L 10:30 Cope Environment-AL I 2:30 Bible Study-HA GG 2:35 Check in Visits-RR MN 3:45 Sensations Group-HA</p> | <p>10</p> <p>I 9:00 Meditation-HA V 9:25 Sit/Fit-HA O 11:30 Lunch @ Clara's A 1:30 Craft Comer-HA M 3:00 Music & Motion-HA K 6:30 Tom's Bingo-HD MN 6:30 Sensations Group-HA</p> | <p>11</p> <p>V 9:15 Sit/Fit-HA M 9:40 Trivial Music/Motion-AA CC 1:00 Loose Change Charity-RR CC 1:30 HC Chefs/Fried Apples-HA MN 2:00 Sensations Group-HA M 3:00 Happy Hour/Mark Snow-AL</p> | <p>12</p> <p>M 9:15 Drum Circle-HA L 10:15 Mad Science-AA MN 11:15 Sensations Group-HA A 1:00 Artisans-HA V 1:45 Noodle Hockey-AL K 3:00 Bingo-HD</p> |
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