

**Cypress Pointe
Assisted Living Calendar**

August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Community Connections G - Gathering of Friends I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>AUGUST USHERS IN THE DOG DAYS OF SUMMER, COUNTY FAIRS AND A DINNER IN THE SOUTH PACIFIC</p>	<p>YOU ARE NEVER TOO OLD TO SET ANOTHER GOAL OR TO DREAM A NEW DREAM!</p>	<p>1 M 9:30 Sing Fit - 200 common area S 10:00 Resident Council - AR S 11:00 Inspired Living Meeting AR I 2:00 Bible Study 500 Hall Common Area L 3:30 Hello August</p>	<p>2 V 9:30 Sittercise - GR 10:00 Cookie Baking - AR O 10:30 Rollin' n Strollin' in the August Sun K 10:30 Bunco G 2:00 Bingo-DR S 3:30 Rehab to Home "Tips"</p>	<p>3 M 9:15 Sing Fit 200 common area K 10:00 Jingo -AR A 10:45 What is TSUGUA?-WBC V 1:15 Trilogy Fit S 2:30 Happy Hour with Dave Millikin</p>	<p>4 V 9:30 Exercise - AR 10:00 Saturday Surprise - AR K 1:00 Book review - AR I 2:00 Bible Study - LR 2:30 Popcom and Chit Chat</p>
<p>5 K 10:00 Sunday News - AR I 2:00 Luke's Bible Study- LR A 3:00 Artisans Hour -AR</p>	<p>6 V 9:15 Trilogy Fit - 500 hall common area O 10:00 Sunshine Seekers 10:00 Cookie Baking - AR K 10:30 Bunco -AR O 1:30 Walmart Shopping (Load at 1:15) S 1:30 Chef's Circle - AR S 2:30 Brain Fit - AR</p>	<p>7 V 9:30 Exercise for Fun -GR K 10:15 Tea and "Dog Days" Trivia - AR 1:00 Catholic Mass- LR G 2:00 Bingo - DR 6:30 Union Pentecostal Youth Group</p>	<p>8 M 9:30 Sing Fit - 200 common area CC 10:35 Lee's Chicken Fingers and Fries- Carry in I 2:00 Bible Study 500 Hall Common Area L 3:30 Dog Star Sirius</p>	<p>9 V 9:30 Sittercise - GR 10:00 Cookie Baking - AR K 10:30 Bunco O 10:30 Rollin' n Strollin' G 2:00 Brilliant Bingo-DR S 3:30 Rehab to Home "Tips"</p>	<p>10 M 9:15 Sing Fit 200 common area K 10:00 Jingo -AR A 10:45 Treasured Poem Writing- WBC V 1:15 Trilogy Fit S 2:30 Happy Hour with Thomas Mac</p>	<p>11 V 9:30 Exercise - AR G 10:00 Table Game of Resident's Choice - AR K 1:00 Book review - AR I 2:00 Bible Study - LR 2:30 Popcom and Chit Chat</p>
<p>12 K 10:00 Sunday News - AR S 11:30 Family Brunch (reservations required) I 2:00 Inspirational Hymns -LR A 3:00 Artisans Hour -AR</p>	<p>13 V 9:15 Trilogy Fit - 500 hall common area O 10:00 Sunshine Seekers 10:00 Cookie Baking - AR K 10:30 "Honey Bun" Bunco -AR S 1:30 Chef's Circle - AR M 5:30 Music Magic - AR K 6:00 Card Club- AR</p>	<p>14 V 9:30 Exercise for Fun -GR K 10:15 Tea and South Pacific Trivia Trivia - AR G 2:00 Bingo - DR I 6:30 First Pentecostal Church Service - AL Lobby</p>	<p>15 M 9:30 Sing Fit - 200 common area O 10:00 "Goodwill" Shopping (load at 9:45) I 2:00 Bible Study 500 Hall Common Area L 3:30 Flowet Leis</p>	<p>16 V 9:30 Sittercise - GR 10:00 Cookie Baking - AR K 10:30 Bunco O 10:30 Rollin' n Strollin' G 2:00 Bingo-DR S 3:30 Rehab to Home "Tips" S 5:00 Themed Dinner "South Pacific"</p>	<p>17 M 9:15 Sing Fit 200 common area K 10:00 Jingo -AR A 10:45 Treasured Poem Writing- WBC V 1:15 Trilogy Fit S 2:30 "Happy Talk" Happy Hour</p>	<p>18 V 9:30 Exercise - AR K 10:00 Who/What Am I? - AR K 1:00 Book review - AR I 2:00 Bible Study - LR 2:30 Popcom and Chit Chat</p>
<p>19 K 10:00 Sunday News - AR A 2:00 Artisans Hour -AR I 3:00 Abundant Life Church Service - WBC</p>	<p>20 V 9:15 Trilogy Fit - 500 hall common area O 10:00 Sunshine Seekers 10:00 Cookie Baking - AR K 10:30 Bunco -AR S 1:30 Chef's Circle - AR K 6:00 Card Club- AR</p>	<p>21 Senior Citizens Day V 9:30 Exercise for Fun -GR K 10:15 Tea and County Fair Trivia - AR S 10:30 Men's Club - Out for Morning Ice Cream G 2:00 Bingo - DR K 6:00 Game Night - AR</p>	<p>22 M 9:30 Sing Fit - 200 common area S 12:00 Red Hat Ladies Luncheon - AR I 2:00 Bible Study 500 Hall Common Area L 3:30 Fair Rides and Their History</p>	<p>23 V 9:30 Sittercise - GR O 10:00 Going to the Fair (load at 9:30 am) S 3:30 Rehab to Home "Tips"</p>	<p>24 M 9:15 Sing Fit 200 common area K 10:00 Jingo -AR A 10:45 Treasured Poem Writing- WBC V 1:15 Trilogy Fit S 2:30 Happy Hour with John Wildenhaus</p>	<p>25 V 9:30 Exercise - AR K 10:00 Do You Remember.....? - AR K 1:00 Book review - AR I 2:00 Bible Study - LR 2:30 Popcom and Chit Chat</p>
<p>26 I 10:00 Psalm Rading - AR G 1:00 Sunday Matinee - AR A 3:00 Artisans Hour -AR</p>	<p>27 V 9:15 Trilogy Fit - 500 hall common area O 10:00 Sunshine Seekers 10:00 Cookie Baking - AR K 10:30 Bunco -AR S 1:30 Chef's Circle - AR G 2:30 "Funny Money" Store - AL Lobby M 5:30 Music Magic - AR</p>	<p>28 V 9:30 Exercise for Fun -GR K 10:15 Tea and Trivia - AR G 2:00 Bingo - DR CC 6:00 Northwest Men's Club to Visit</p>	<p>29 M 9:30 Sing Fit - 200 common area O 12:00 Lunch Outing to Cracker Barrel (load at 11:15 am) I 2:00 Bible Study 500 Hall Common Area L 3:30 Summer Solace</p>	<p>30 V 9:30 Sittercise - GR 10:00 Cookie Baking - AR K 10:30 Bunco O 10:30 Rollin' n Strollin' G 2:00 Bye Bye August Bingo-DR S 3:30 Rehab to Home "Tips"</p>	<p>31 M 9:15 Sing Fit 200 common area K 10:00 Jingo -AR A 10:45 Treasured Poem Writing- WBC V 1:15 Trilogy Fit S 2:30 Happy Hour with Tom Benner</p>	<p>COME ENJOY A DELIGHTFUL EVENING BY THE CYPRESS POINTE "BEACH".</p>

August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Creative Cooking GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>Daily "About" Times: Morning 10:00 Vitality 10:30 Keeping it Sharp 10:45 Morning Refresher 10:45 Housekeeping 11:00 Creative Cooking 11:30 Lunch Prep</p>	<p>Early Afternoon 12:45 Relax & Recharge 2:00 Connections: Reminisce 2:30 Artisans Late Afternoon 3:00 Musical Celebration 3:30 Afternoon Refresher 4:00 Connections: Group Games (Cognitive/Physical) 4:30 Dinner Prep</p>	<p>1 V Dance With Singfit K Word Definitions CC Chocolate Brownies Relax & Recharge A Personal Portfolio M Singfit GG Matching Scents Healthy Hands GG Riddle Me This</p>	<p>2 V Seated Soccer K Message In The Story CC Apple Salad Relax & Recharge A Painting and Drawing to Music M Singfit GG Noodleball Healthy Hands GG Movie & Snacks</p>	<p>3 V Imaginary Fishing Trip K Take a Trip CC Chocolate Chip Cookie Bars Relax & Recharge S Happy Hour Refreshments M Singfit GG Shake Loose A Memory Healthy Hands Watering Garden</p>	<p>4 V Table Balloon Ball K Picture Puzzles CC Butterscotch Bread Pudding Relax & Recharge A American Flag Collage M 1950 Favorites GG Afternoon Exercise Healthy Hands GG Hang Man</p>
<p>5 V Mindful Movements K Gospel Music CC Blueberry Muffins Relax & Recharge A Homemade Hydrengas M Singfit GG Parachute Healthy Hands I Evening Inspirations</p>	<p>6 V Bubble Stomp K Create a Caption O Sunshine Seekers CC Banana Pudding Relax & Recharge A Painting with Shapes and Scissors M Singfit GG Grocery Game</p>	<p>7 V Morning Stretches K Create a Word CC Cinnamon Rolls Relax & Recharge A All About Watercolor! M Singfit GG Tai Chi Healthy Hands GG Games & Cards</p>	<p>8 V Ribbon Dance K Word Definitions CC Peanut Butter Cookies Relax & Recharge A Color Collage M Singfit GG Matching Scents Healthy Hands GG Evening Stories</p>	<p>9 V Seated Soccer K Message In The Story CC Strawberry Cheesecake Relax & Recharge A Painting and Drawing to Music M Singfit GG Noodleball Healthy Hands GG Movie & Snacks</p>	<p>10 V Imaginary Fishing Trip K Take a Trip CC Key Lime Pie Bar Relax & Recharge S Happy Hour Refreshments M Live Entertainment: John Wildenhaus GG Shake Loose A Memory Healthy Hands</p>	<p>11 V Table Balloon Ball K Picture Puzzles CC Spiced Carrot Cupcakes Relax & Recharge A Circle Collage M Enjoy That Tune! GG Afternoon Exercise Healthy Hands GG Hang Man</p>
<p>12 V Mindful Movements K Gospel Music S Sunday Family Brunch Relax & Recharge A Scribble Art M Hymn Sing GG Hat Chat Healthy Hands I Evening Inspirations</p>	<p>13 V Bubble Stomp K Create a Caption O Sunshine Seekers CC Apple Bread Relax & Recharge A Painting Shapes M Singfit GG Grocery Game Healthy Hands</p>	<p>14 V Morning Stretches K Create a Word CC Cherry Dump Cake Relax & Recharge A All About Watercolor! M Singfit GG Tai Chi Healthy Hands GG Games & Cards</p>	<p>15 V Scarf Dance K Word Definitions CC Pretzel Cookies Relax & Recharge A Shapes Collage M Singfit GG Matching Scents Healthy Hands GG Evening Repose</p>	<p>16 Themed Dinner Event V Seated Soccer K Message In The Story CC Warm Biscuits Relax & Recharge A South Pacific Themed Pictures M Singfit GG Decorating Tables Healthy Hands</p>	<p>17 V Imaginary Fishing Trip K Take a Trip CC Snickerdoodles Relax & Recharge S Happy Hour Refreshments M Live Entertainment: Glenn Parks GG Shake Loose A Memory Healthy Hands Watering Garden</p>	<p>18 V Table Balloon Ball K Picture Puzzles CC Lemon Cupcakes Relax & Recharge A Tissue Art M Enjoy That Tune! GG Afternoon Exercise Healthy Hands GG Hang Man</p>
<p>19 V Mindful Movements K Gospel Music CC Chocolate Dream Cookies Relax & Recharge A Shaving Cream Marbling M Gospel Traditions GG Parachute Healthy Hands I Evening Inspirations</p>	<p>20 V Bubble Stomp K Create a Caption O Sunshine Seekers CC Honey Spice Bread Relax & Recharge A Q-Tip Art M Singfit GG Grocery Game Healthy Hands</p>	<p>21 Senior Citizens Day V Morning Stretches K Create a Word CC Strawberry Short Cake Relax & Recharge A All About Watercolor! M Singfit GG Tai Chi Healthy Hands GG Games & Cards</p>	<p>22 V Dance To The Music K Word Definitions CC Tropical Muffins Relax & Recharge A Alphabet Collage M Singfit GG Matching Scents Healthy Hands GG Evening Game</p>	<p>23 V Seated Soccer K Message In The Story CC Cherry Pie Bars Relax & Recharge A Painting and Drawing to Music M Singfit GG Noodleball Healthy Hands GG Movie & Snacks</p>	<p>24 V Imaginary Fishing Trip K Take a Trip CC Oven Baked Banana Bread Relax & Recharge S Happy Hour Refreshments M Singfit GG Shake Loose A Memory Healthy Hands Watering Garden</p>	<p>25 V Table Balloon Ball K Picture Puzzles CC Orange Chocolate Cupcakes Relax & Recharge A Magazine Collage M Enjoy That Tune! GG Afternoon Exercise Healthy Hands GG Hang Man</p>
<p>26 V Mindful Movements K Gospel Music CC Oatmeal Butterscotch Cookies Relax & Recharge A Cotton Ball Flower Painting M Gospel Traditions GG Music Band Healthy Hands I Evening Inspirations</p>	<p>27 V Bubble Stomp K Create a Caption O Sunshine Seekers CC Parmesan Italian Loaf Relax & Recharge A Fork Flower Painting M Singfit GG Grocery Game Healthy Hands</p>	<p>28 V Morning Stretches K Create a Word CC Chocolate Chip Cookies Relax & Recharge A All About Watercolor! M Singfit GG Tai Chi Healthy Hands GG Life Share Games</p>	<p>29 V Dance With Singfit K Word Definitions CC Banana Bread Relax & Recharge M Singfit GG Matching Scents Healthy Hands GG Evening Volleyball Nighttime Traditions</p>	<p>30 V Seated Soccer K Message In The Story CC Peach Pie Relax & Recharge A Painting and Drawing to Music M Singfit GG Noodleball Healthy Hands GG Movie & Snacks</p>	<p>31 V Imaginary Fishing Trip K Take a Trip CC Oreo Cookie Dip Dessert Relax & Recharge S Happy Hour Refreshments M Singfit GG Shake Loose A Memory Healthy Hands Watering Garden</p>	<p>Evening 6:00 Gathering of Friends 7:00 Nighttime Traditions</p>