

# November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans  <b>CC</b> - Creative Cooking  <b>GC</b> - Group Games  <b>I</b> - Inspirations  <b>K</b> - Keeping it Sharp/Reminisce  <b>L</b> - Lifelong Learning  <b>M</b> - Music to My Ears  <b>O</b> - Out &amp; About  <b>S</b> - Signature Events  <b>V</b> - Vitality</p>	<p>Key Code:                      B-Basement                      HC-Health Center                      HCA-Health Center Activities Room                      HCL-Health Center Library                      MDR-Main Dining Room                      ML-Main Lobby                      PDR-Private Dining Room</p>	<p>Theme: Fantastic Fall</p>	<p>Our Ombudsman:                      Terry Holtz                      574-737-2169</p>	<p><b>1</b>  <b>V 10:00</b> TrilogyFit (MDR)  <b>O 1:00</b> CVS/ Walgreens  <b>S 2:15</b> Chef's Corner (MDR)  <b>K 2:30</b> Bingo (MDR)  <b>L 3:30</b> Community Connections (MDR)</p>	<p><b>2</b>  <b>M 10:00</b> Glee Club (ML)  <b>V 1:30</b> Ski-ball (MDR)  <b>M 3:00</b> Happy Hour w/Don Smith (MDR)  <b>V 6:00</b> Horse Racing (MDR)</p>	<p><b>3</b>  <b>V 10:00</b> TrilogyFit-Strength (MDR)  <b>M 2:00</b> Name that Tune (ML)  <b>K 3:00</b> Brain Games (MDR)  <b>O 4:00</b> Mystery Drive</p>
<p><b>4 Daylight Savings Ends</b></p> <p><b>I 10:00</b> Espresso and Expressions (ML)  <b>V 1:30</b> Balloon Volleyball (ML)  <b>M 2:30</b> Christian Songs  <b>K 3:00</b> Bingo (HCA)</p>	<p><b>5</b>  <b>S 10:00</b> Nails with Leslie (Bistro)  <b>A 10:30</b> Crochet/Knitting (PD)  <b>O 1:00</b> Kroger  <b>CC 2:30</b> Cooking w/Life Enrichment (MDR)  <b>S 4:00</b> Bingo Store (HCA)</p>	<p><b>6 Election Day</b></p> <p><b>V 10:00</b> TrilogyFit-Strength (MDR)  <b>K 1:45</b> Bingo (MDR)  <b>S 2:30</b> Pet Visit w/Sadie  <b>S 3:30</b> Wellness Check (ML)  <b>K 4:00</b> Healthy You (PDR)</p>	<p><b>7</b>  <b>K 10:00</b> Bingo (HCA)  <b>L 1:30</b> Living Arts (PD)  <b>K 3:00</b> Skip-bo (MDR)  <b>K 4:00</b> LifeShare Games (ML)  <b>K 6:00</b> Spelling Bee (ML)</p>	<p><b>8</b>  <b>V 10:00</b> TrilogyFit (MDR)  <b>K 10:00</b> St. Charles Mass (B)  <b>O 1:00</b> Dollar Tree  <b>S 2:15</b> Chef's Corner (MDR)  <b>K 2:30</b> Bingo (MDR)  <b>L 3:30</b> Community Connections (MDR)</p>	<p><b>9</b>  <b>M 10:00</b> Glee Club (ML)  <b>V 1:30</b> Ski-ball (MDR)  <b>S 3:00</b> Happy Hour w/Brad Bahler (HC)  <b>K 6:00</b> Horse Racing (MDR)</p>	<p><b>10</b>  <b>V 10:00</b> TrilogyFit-Strength (MDR)  <b>M 2:00</b> Name that Tune (ML)  <b>K 3:00</b> Brain Games (MDR)  <b>O 4:00</b> Mystery Drive  <b>O 7:00</b> Quigley Jazz Festival</p>
<p><b>11 Veterans Day</b></p> <p><b>I 10:00</b> Espresso and Expressions (ML)  <b>S 11:30</b> Sunday Brunch  <b>V 1:30</b> Balloon Volleyball (ML)  <b>L 2:00</b> Bunker Hill UM Church (B)  <b>K 3:00</b> Bingo (HCA)</p>	<p><b>12</b>  <b>A 10:30</b> Crochet/Knitting (PD)  <b>O 11:30</b> Fried Egg-Wabash  <b>CC 2:30</b> Cooking w/Life Enrichment (MDR)  <b>K 3:30</b> Dominos (MDR)</p>	<p><b>13</b>  <b>V 10:00</b> TrilogyFit-Strength (MDR)  <b>K 1:45</b> Bingo (MDR)  <b>S 2:30</b> Pet Visit w/Sadie  <b>S 3:30</b> Wellness Check (ML)  <b>K 4:00</b> Healthy You (PDR)</p>	<p><b>14</b>  <b>K 10:00</b> Bingo (HCA)  <b>L 1:30</b> Living Arts (PD)  <b>K 3:00</b> Skip-bo (MDR)  <b>K 4:00</b> LifeShare Games (ML)  <b>K 6:00</b> Trivia (ML)</p>	<p><b>15</b>  <b>V 10:00</b> TrilogyFit (MDR)  <b>S 2:15</b> Chef's Corner (MDR)  <b>K 2:30</b> Bingo (MDR)  <b>L 3:30</b> Community Connections (MDR)</p>	<p><b>16</b>  <b>M 10:00</b> Glee Club (ML)  <b>V 1:30</b> Ski-ball (MDR)  <b>M 3:00</b> Happy Hour w/Mike Almon (MDR)  <b>S 5:00</b> Dinner/Movie (PD)</p>	<p><b>17</b>  <b>V 10:00</b> TrilogyFit-Strength (MDR)  <b>M 2:00</b> Name that Tune (ML)  <b>K 3:00</b> Brain Games (MDR)  <b>O 4:00</b> Mystery Drive</p>
<p><b>18</b></p> <p><b>I 10:00</b> Espresso and Expressions (ML)  <b>O 1:00</b> Honeywell Trip  <b>L 2:00</b> Church w/Andrew  <b>K 3:00</b> Bingo (HCA)</p>	<p><b>19</b>  <b>A 10:30</b> Crochet/Knitting (PD)  <b>O 1:00</b> Kroger  <b>CC 2:30</b> Cooking w/Life Enrichment (MDR)  <b>K 3:30</b> Dominos (PDR)</p>	<p><b>20</b>  <b>V 10:00</b> TrilogyFit-Strength (MDR)  <b>K 1:45</b> Bingo (MDR)  <b>S 2:30</b> Pet Visit w/Sadie  <b>S 3:30</b> Wellness Check (ML)  <b>K 4:00</b> Healthy You (PDR)</p>	<p><b>21</b>  <b>K 10:00</b> Bingo (MDR)  <b>S 11:30</b> Juliet's Club (B)  <b>GC 12:00</b> Inspired Living Committee (B)  <b>S 12:30</b> Resident Council (B)  <b>L 1:30</b> Living Arts (PD)  <b>K 3:00</b> Skip-bo (MDR)  <b>K 4:00</b> LifeShare Games (ML)  <b>K 6:00</b> Brain Games (ML)</p>	<p><b>22 Thanksgiving</b></p> <p><b>V 10:00</b> TrilogyFit (MDR)  <b>O 1:00</b> Walmart  <b>S 2:15</b> Chef's Corner (MDR)  <b>K 2:30</b> Bingo (MDR)  <b>L 3:30</b> Community Connections (MDR)</p>	<p><b>23</b>  <b>M 10:00</b> Glee Club (ML)  <b>V 1:30</b> Ski-ball (MDR)  <b>S 3:00</b> Happy Hour w/Sam Piercy (HC)  <b>K 6:00</b> Horse Racing (MDR)</p>	<p><b>24</b>  <b>V 10:00</b> TrilogyFit-Strength (MDR)  <b>M 2:00</b> Name that Tune (ML)  <b>K 3:00</b> Brain Games (MDR)  <b>O 4:00</b> Mystery Drive</p>
<p><b>25</b></p> <p><b>I 10:00</b> Espresso and Expressions (ML)  <b>K 2:00</b> Bingo (HCA)  <b>K 3:30</b> Balloon Volleyball (ML)  <b>L 4:00</b> Erie UM Church (B)</p>	<p><b>26</b>  <b>A 10:30</b> Crochet/Knitting (PD)  <b>O 1:00</b> Aldi's  <b>CC 2:30</b> Cooking w/Life Enrichment (MDR)  <b>M 6:00</b> New Jerusalem (MDR)</p>	<p><b>27</b>  <b>V 10:00</b> TrilogyFit-Strength (MDR)  <b>K 1:45</b> Bingo (MDR)  <b>S 2:30</b> Pet Visit w/Sadie  <b>S 3:30</b> Wellness Check (ML)  <b>K 4:00</b> Healthy You (PDR)</p>	<p><b>28</b>  <b>K 10:00</b> Bingo (HCA)  <b>S 12:00</b> Romeo's Club (PD)  <b>L 1:30</b> Living Arts (PD)  <b>L 3:00</b> Creature Comforts (MDR)  <b>K 4:00</b> LifeShare Games (ML)  <b>K 6:00</b> Timeless Treasures (ML)</p>	<p><b>29</b>  <b>V 10:00</b> TrilogyFit (MDR)  <b>S 2:15</b> Chef's Corner (MDR)  <b>K 2:30</b> Bingo (MDR)  <b>L 3:30</b> Community Connections (MDR)</p>	<p><b>30</b>  <b>M 10:00</b> Glee Club (ML)  <b>V 1:30</b> Ski-ball (MDR)  <b>M 3:00</b> Happy Hour w/John Bahler (MDR)  <b>V 6:00</b> Exercise (MDR)</p>	<p>Birthdays:                      11/1 Kathryn G.                      11/1 Dallas E.                      11/4 Joyce D.                      11/6 Alice B.                      11/11 Deloris C.                      11/11 Joan F.                      11/18 Barbara N.                      11/19 Kazuko C.                      11/20 Eileen W.</p>

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<p><b>4</b> Daylight Savings Ends</p>	<p><b>5</b></p>	<p><b>6</b> Election Day</p>	<p><b>7</b></p>	<p><b>8</b></p>	<p><b>9</b></p>	<p><b>10</b></p>
<p><b>V</b> The Scientific 7 Workout <b>K</b> Turn Over <b>CC</b> Banana Berry Muffins Relax &amp; Recharge <b>A</b> Personal Collage <b>M</b> Up In The Air <b>GG</b> Turkey Toss Healthy Hands <b>I</b> Evening Inspirations</p>	<p><b>V</b> Basketball <b>K</b> Create a Caption <b>CC</b> Apple Walnut Broccoli Salad Relax &amp; Recharge <b>A</b> Cloth Tie Wreath <b>M</b> Workin' Songs <b>GG</b> Roll the Dice &amp; Break the Ice Healthy Hands <b>GG</b> Charades</p>	<p><b>V</b> Foam BallFit <b>K</b> Sentence Story <b>CC</b> Apple Streusel Bread Relax &amp; Recharge <b>A</b> Cloth Tie Wreath <b>M</b> Let's Dance <b>GG</b> Lollipop Paddle Healthy Hands <b>GG</b> Mathematic Mavens</p>	<p><b>V</b> Balloon Battle <b>K</b> Fall's Common Place <b>CC</b> Chocolate Chip Cookies Relax &amp; Recharge <b>A</b> Floral Arrangements <b>M</b> Pass the Beat <b>GG</b> Animal Bingo Healthy Hands <b>GG</b> Fireside Chats</p>	<p><b>V</b> A Walk to Grandmother's House <b>K</b> Autumn Word Poem <b>CC</b> Amish Sugar Cookies Relax &amp; Recharge <b>A</b> Bookmaking <b>M</b> Float With Me <b>GG</b> Name 3 Toss &amp; Catch Healthy Hands <b>GG</b> A Time For Tea</p>	<p><b>V</b> Parachute Games <b>K</b> Hang the Great Pumpkin <b>CC</b> Pumpkin Spice Cupcakes Relax &amp; Recharge <b>A</b> Bookmaking <b>M</b> A Taste of Autumn Happy Hour <b>GG</b> What's in the Bag Healthy Hands <b>GG</b> LifeShare Games</p>	<p><b>V</b> A Flex-Kick Saturday <b>K</b> Football Frenzy <b>CC</b> Savory Beef Soup Relax &amp; Recharge <b>A</b> Color Collage <b>M</b> Game Day <b>GG</b> Image Snap Healthy Hands <b>GG</b> Inspirational Coloring</p>
<p><b>11</b> Veterans Day</p>	<p><b>12</b></p>	<p><b>13</b></p>	<p><b>14</b></p>	<p><b>15</b></p>	<p><b>16</b></p>	<p><b>17</b></p>
<p><b>V</b> The Scientific 7 Workout <b>K</b> Turn Over <b>CC</b> Bacon Blueberry Scones Relax &amp; Recharge <b>A</b> Veterans Day Heart Card <b>M</b> A Salute to Veterans <b>GG</b> Turkey Toss Healthy Hands <b>I</b> Evening Inspirations</p>	<p><b>V</b> Basketball <b>K</b> Create a Caption <b>CC</b> Candy Bar Apple Salad Relax &amp; Recharge <b>A</b> Creative Storytelling <b>M</b> Workin' Songs <b>GG</b> Roll the Dice &amp; Break the Ice Healthy Hands <b>GG</b> Charades</p>	<p><b>V</b> Foam BallFit <b>K</b> Sentence Story <b>CC</b> Apple Pie Oatmeal Dessert Relax &amp; Recharge <b>A</b> Orange You Happy For Thanksgiving! <b>M</b> Let's Dance <b>GG</b> Lollipop Paddle Healthy Hands</p>	<p><b>V</b> Balloon Battle <b>K</b> Fall's Common Place <b>CC</b> Chocolate Dream Cookies Relax &amp; Recharge <b>A</b> Floral Arrangements <b>M</b> Pass the Beat <b>GG</b> Animal Bingo Healthy Hands <b>GG</b> Fireside Chats</p>	<p><b>V</b> A Walk to Grandmother's House <b>K</b> Autumn Word Poem <b>CC</b> Oatmeal Bread Relax &amp; Recharge <b>A</b> Poppy Field Collage <b>M</b> Float With Me <b>GG</b> Name 3 Toss &amp; Catch Healthy Hands <b>GG</b> A Time For Tea</p>	<p><b>V</b> Parachute Games <b>K</b> Hang the Great Pumpkin <b>CC</b> Pumpkin Spice Bread Relax &amp; Recharge <b>A</b> Deck of Wit &amp; Wisdom <b>M</b> A Taste of Autumn Happy Hour <b>GG</b> What's in the Bag Healthy Hands <b>GG</b> LifeShare Games</p>	<p><b>V</b> A Flex-Kick Saturday <b>K</b> Football Frenzy <b>CC</b> Barley Turkey Soup Relax &amp; Recharge <b>A</b> Creative Storytelling <b>M</b> Game Day <b>GG</b> Image Snap Healthy Hands <b>GG</b> Inspirational Coloring</p>
<p><b>18</b></p>	<p><b>19</b></p>	<p><b>20</b></p>	<p><b>21</b></p>	<p><b>22</b> Thanksgiving</p>	<p><b>23</b></p>	<p><b>24</b></p>
<p><b>V</b> The Scientific 7 Workout <b>K</b> Turn Over <b>CC</b> Pecan Coffee Cake Relax &amp; Recharge <b>A</b> Q-Tip Autumn Tree Painting <b>M</b> Up In The Air <b>GG</b> Turkey Toss Healthy Hands <b>I</b> Evening Inspirations</p>	<p><b>V</b> Basketball <b>K</b> Create a Caption <b>CC</b> Butterscotch Apple Crisp Relax &amp; Recharge <b>A</b> Thumbprint Dandelion <b>M</b> Workin' Songs <b>GG</b> Roll the Dice &amp; Break the Ice Healthy Hands <b>GG</b> Charades</p>	<p><b>V</b> Foam BallFit <b>K</b> Sentence Story <b>CC</b> Apple Cinnamon Cookies Relax &amp; Recharge <b>A</b> Fall Leaves Prints <b>M</b> Let's Dance <b>GG</b> Lollipop Paddle Healthy Hands <b>GG</b> Mathematic Mavens</p>	<p><b>V</b> Balloon Battle <b>K</b> Fall's Common Place <b>CC</b> Oatmeal Kiss Cookies Relax &amp; Recharge <b>A</b> Floral Arrangements <b>M</b> Pass the Beat <b>GG</b> Animal Bingo Healthy Hands <b>GG</b> Fireside Chats</p>	<p><b>V</b> A Walk to Grandmother's House <b>K</b> Autumn Word Poem <b>CC</b> Golden Wheat Bread Relax &amp; Recharge <b>A</b> Thankful Tree <b>M</b> Give Thanks <b>GG</b> Name 3 Toss &amp; Catch Healthy Hands <b>GG</b> A Time For Tea</p>	<p><b>V</b> Parachute Games <b>K</b> Hang the Great Pumpkin <b>CC</b> Pumpkin Pie Pudding Relax &amp; Recharge <b>A</b> Sequin Acorn Magnets <b>M</b> A Taste of Autumn Happy Hour <b>GG</b> What's in the Bag Healthy Hands <b>GG</b> LifeShare Games</p>	<p><b>V</b> A Flex-Kick Saturday <b>K</b> Football Frenzy <b>CC</b> Texas Turkey Soup Relax &amp; Recharge <b>A</b> Button Tree Canvas <b>M</b> Game Day <b>GG</b> Image Snap Healthy Hands <b>GG</b> Inspirational Coloring</p>
<p><b>25</b></p>	<p><b>26</b></p>	<p><b>27</b></p>	<p><b>28</b></p>	<p><b>29</b></p>	<p><b>30</b></p>	<p>Birthdays: 11/1 Kathryn G. 11/1 Dallas E. 11/4 Joyce D. 11/6 Alice B. 11/11 Deloris C. 11/11 Joan F. 11/18 Barbara N. 11/19 Kazuko C. 11/20 Eileen W.</p>
<p><b>V</b> The Scientific 7 Workout <b>K</b> Turn Over <b>CC</b> Cinnamon Chip Scones Relax &amp; Recharge <b>A</b> Sensory Spice Painting <b>M</b> Up In The Air <b>GG</b> Turkey Toss Healthy Hands <b>I</b> Evening Inspirations</p>	<p><b>V</b> Basketball <b>K</b> Create a Caption <b>CC</b> Pecan Bread Pudding Relax &amp; Recharge <b>A</b> Foil Relief Art <b>M</b> Workin' Songs <b>GG</b> Roll the Dice &amp; Break the Ice Healthy Hands <b>GG</b> Charades</p>	<p><b>V</b> Foam BallFit <b>K</b> Sentence Story <b>CC</b> Apple Streusel Muffins Relax &amp; Recharge <b>A</b> Oil Pastel Resist <b>M</b> Let's Dance <b>GG</b> Lollipop Paddle Healthy Hands <b>GG</b> Mathematic Mavens</p>	<p><b>V</b> Balloon Battle <b>K</b> Fall's Common Place <b>CC</b> Peanut Butter Cookies Relax &amp; Recharge <b>A</b> Floral Arrangements <b>M</b> Pass the Beat <b>GG</b> Animal Bingo Healthy Hands <b>GG</b> Fireside Chats</p>	<p><b>V</b> A Walk to Grandmother's House <b>K</b> Autumn Word Poem <b>CC</b> Chocolate Chip Banana Bread Relax &amp; Recharge <b>A</b> Colorful Group Mandala <b>M</b> Float With Me <b>GG</b> Name 3 Toss &amp; Catch Healthy Hands <b>GG</b> A Time For Tea</p>	<p><b>V</b> Parachute Games <b>K</b> Hang the Great Pumpkin <b>CC</b> Spice Cookies Relax &amp; Recharge <b>A</b> Ink Dyed Coasters <b>M</b> A Taste of Autumn Happy Hour <b>GG</b> What's in the Bag Healthy Hands <b>GG</b> LifeShare Games</p>	