

JULY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 I 10:00 Espresso and Expressions (ML) M 1:15 Christian Songs K 2:00 Bingo (HCA) V 3:30 Balloon Volleyball (ML)	2 S 10:00 Nails with Leslie (Bistro) A 1:00 Peru Garden Club O 1:00 Kroger K 1:30 BrainFit (PDR) K 2:30 4th Themed Cooking (MDR) S 4:00 Bingo Store (HCA)	3 V 10:00 TrilogyFit-Strength (MDR) K 2:00 Bingo (MDR) S 2:30 Pet Visit w/Sadie S 3:30 Wellness Check (ML) K 4:00 Healthy You (PDR)	4 Independence Day K 10:00 Bingo (HCA) L 1:30 Straw Fireworks (PD) K 3:00 Skip-bo (MDR) V 4:00 Balloon Volleyball(ML) K 6:00 4th of July Trivia (ML)	5 V 10:00 TrilogyFit (MDR) O 1:00 CVS/ Walgreens S 2:15 Chef's Corner (MDR) K 2:30 Bingo (MDR) L 3:30 Community Connections (MDR)	6 M 10:00 Glee Club (ML) V 1:30 Ski-ball (MDR) S 3:00 Happy Hour w/Don Smith (HC) V 6:00 Horse Racing (MDR)	7 V 10:00 TrilogyFit-Strength (MDR) M 2:00 Name that Tune (ML) K 3:00 Brain Games (MDR) O 4:00 Mystery Drive
8 I 10:00 Espresso and Expressions (ML) S 11:30 Sunday Brunch K 2:00 Bingo (HCA) L 2:00 Bunker Hill UM Church (B) V 3:30 Balloon Volleyball (ML)	9 S 10:00 Garden Club O 1:00 Aldi's K 1:30 BrainFit (PDR) I 2:00 Bible Study w/Pastor James (PD) K 2:30 Cooking w/Life Enrichment (MDR)	10 V 10:00 TrilogyFit-Strength (MDR) K 2:00 Bingo (MDR) S 2:30 Pet Visit w/Sadie S 3:30 Wellness Check (ML) K 4:00 Healthy You (PDR)	11 K 10:00 Bingo (HCA) L 1:30 Living Arts (PD) K 3:00 Skip-bo (MDR) V 4:00 Balloon Volleyball(ML) K 6:00 Trivia (ML)	12 V 10:00 TrilogyFit (MDR) K 10:00 St. Charles Mass (B) O 1:00 East End Ice Cream S 2:15 Chef's Corner (MDR) K 2:30 Bingo (MDR) L 3:30 Community Connections (MDR)	13 M 10:00 Glee Club (ML) V 1:30 Ski-ball (MDR) M 3:00 Happy Hour w/Cathy Musselman (MDR) K 6:00 Horse Racing (MDR)	14 V 10:00 TrilogyFit-Strength (MDR) M 2:00 Name that Tune (ML) K 3:00 Brain Games (MDR) O 4:00 Mystery Drive
15 I 10:00 Espresso and Expressions (ML) K 2:00 Bingo (HCA) L 2:00 Church w/Andrew V 3:30 Balloon Volleyball (ML)	16 S 10:00 Garden Club O 1:00 Kroger K 1:30 BrainFit (PDR) K 2:30 Elephant Ears (MDR) O 6:30 Circus	17 V 10:00 TrilogyFit-Strength (MDR) K 2:00 Bingo (MDR) S 2:30 Pet Visit w/Sadie L 3:00 Creature Comforts (MDR) S 3:30 Wellness Check (ML) K 4:00 Healthy You (PDR)	18 K 10:00 Bingo (MDR) S 11:30 Juliet's Club (B) GG 12:00 Inspired Living Committee (B) S 12:30 Resident Council (B) L 1:30 Cotton Ball Water Color Art (PD) K 3:00 Skip-bo (MDR) V 4:00 Balloon Volleyball(ML)	19 V 10:00 TrilogyFit (MDR) O 1:00 Dollar General S 2:15 Chef's Corner (MDR) K 2:30 Bingo (MDR) L 3:30 Community Connections (MDR)	20 M 10:00 Glee Club (ML) V 1:30 Ski-ball (MDR) S 3:00 Happy Hour (HC) S 5:00 Dinner/Movie (PD)	21 O 9:00 Circus Parade M 2:00 Name that Tune (ML) K 3:00 Brain Games (MDR) O 4:00 Mystery Drive
22 I 10:00 Espresso and Expressions (ML) K 2:00 Bingo (HCA) V 3:30 Balloon Volleyball (ML) L 4:00 Erie UM Church (B)	23 L 9:00 Bible Study w/Virgil (PD) S 10:00 Garden Club K 1:30 BrainFit (PDR) K 2:30 Cooking w/Life Enrichment (MDR) M 6:00 New Jerusalem (MDR)	24 V 10:00 TrilogyFit-Strength (MDR) K 2:00 Bingo (MDR) S 2:30 Pet Visit w/Sadie S 3:30 Wellness Check (ML) K 4:00 Healthy You (PDR)	25 K 10:00 Bingo (HCA) L 1:30 Living Arts (PD) K 3:00 Skip-bo (MDR) V 4:00 Balloon Volleyball(ML) S 5:00 Romeo's Club (HCA) K 6:00 Timeless Treasures (ML)	26 V 10:00 TrilogyFit (MDR) O 1:00 Walmart S 2:15 Chef's Corner (MDR) K 2:30 Bingo (MDR) L 3:30 Community Connections (MDR)	27 M 10:00 Glee Club (ML) V 1:30 Bottle Ring Toss (MDR) M 3:00 Happy Hour w/Sam Piercy (MDR) K 6:00 Horse Racing (MDR)	28 V 10:00 TrilogyFit-Strength (MDR) M 2:00 Name that Tune (ML) K 3:00 Brain Games (MDR) O 4:00 Mystery Drive
29 I 10:00 Espresso and Expressions (ML) K 2:00 Bingo (HCA) V 3:30 Balloon Volleyball (ML) L 4:00 Church w/Warrell (B)	30 S 10:00 Garden Club O 1:00 Kroger K 1:30 BrainFit (PDR) K 2:30 Cooking w/Life Enrichment (MDR)	31 V 10:00 TrilogyFit-Strength (MDR) K 2:00 Bingo (MDR) S 2:30 Pet Visit w/Sadie S 3:30 Wellness Check (ML) K 4:00 Healthy You (PDR)	A - Artisans GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events V - Vitality	Key Code: B-Basement HC-Health Center HCA-Health Center Activities Room HCL-Health Center Library MDR-Main Dining Room ML-Main Lobby PDR-Private Dining Room	Theme: Independence Our Ombudsman: Terry Holtz 574-737-2169	Birthdays: 7/4 Mary G. 7/6 Gladys A. 7/20 Betsy G. 7/22 Sue C. 7/29 John W.

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<p>8</p> <p>I 9:00 Espresso and Expressions (HC) S 11:30 Sunday Brunch K 2:00 Bingo (HCA) L 2:00 Bunker Hill UM Church (B) V 3:30 Balloon Volleyball (ML)</p>	<p>9</p> <p>S 10:00 Garden Club O 1:00 Aldi's K 1:30 Let's Keep it Sharp (HCA) I 2:00 Bible Study w/Pastor James (PD) K 2:30 Cooking w/Life Enrichment (MDR) MM 3:30 Mindful Moments (HC)</p>	<p>10</p> <p>V 10:40 Golden Age Movers (HC) K 2:00 Bingo (MDR) S 2:00 Pet Visits w/Sadie (HC) MM 3:30 Mindful Moments (HC)</p>	<p>11</p> <p>K 10:00 Bingo (HCA) L 1:30 Living Arts (PD) K 3:00 Skip-bo (MDR) MM 3:30 Mindful Moments (HC) V 4:00 Balloon Volleyball(ML) K 6:00 Trivia (ML)</p>	<p>12</p> <p>K 10:00 St. Charles Mass (B) V 10:40 Golden Age Movers (HC) O 1:00 East End Ice Cream S 2:15 Chef's Comer (MDR) K 2:30 Bingo (MDR) MM 3:30 Mindful Moments (HC) L 3:30 Community Connections (MDR)</p>	<p>13</p> <p>M 10:00 Glee Club (ML) V 1:30 Ski-ball (MDR) M 3:00 Happy Hour w/Cathy Musselman (MDR) MM 3:30 Mindful Moments (HC) K 6:00 Horse Racing (MDR)</p>	<p>14</p> <p>V 10:40 Golden Age Movers (HC) M 2:00 Name that Tune (ML) K 3:00 Brain Games (MDR) O 4:00 Mystery Drive</p>
<p>15</p> <p>I 9:00 Espresso and Expressions (HC) K 2:00 Bingo (HCA) L 2:00 Church w/Andrew V 3:30 Balloon Volleyball (ML)</p>	<p>16</p> <p>S 10:00 Garden Club O 1:00 Kroger K 1:30 Let's Keep it Sharp (HCA) K 2:30 Elephant Ears (MDR) MM 3:30 Mindful Moments (HC) O 6:30 Circus</p>	<p>17</p> <p>V 10:40 Golden Age Movers (HC) K 2:00 Bingo (MDR) S 2:00 Pet Visits w/Sadie (HC) L 3:00 Creature Comforts (MDR) MM 3:30 Mindful Moments (HC)</p>	<p>18</p> <p>K 10:00 Bingo (MDR) S 10:30 Resident Council (HCA) S 11:30 Juliet's Club (B) GG 12:00 Inspired Living Committee (B) L 1:30 Cotton Ball Water Color Art (PD) K 3:00 Skip-bo (MDR) MM 3:30 Mindful Moments (HC)</p>	<p>19</p> <p>V 10:40 Golden Age Movers (HC) O 1:00 Dollar General S 2:15 Chef's Comer (MDR) K 2:30 Bingo (MDR) MM 3:30 Mindful Moments (HC) L 3:30 Community Connections (MDR)</p>	<p>20</p> <p>M 10:00 Glee Club (ML) V 1:30 Ski-ball (MDR) S 3:00 Happy Hour (HC) MM 3:30 Mindful Moments (HC) S 5:00 Dinner/Movie (PD)</p>	<p>21</p> <p>O 9:00 Circus Parade M 2:00 Name that Tune (ML) K 3:00 Brain Games (MDR) O 4:00 Mystery Drive</p>
<p>22</p> <p>I 9:00 Espresso and Expressions (HC) K 2:00 Bingo (HCA) V 3:30 Balloon Volleyball (ML) L 4:00 Erie UM Church (B)</p>	<p>23</p> <p>L 9:00 Bible Study w/Virgil (PD) S 10:00 Garden Club K 1:30 Let's Keep it Sharp (HCA) K 2:30 Cooking w/Life Enrichment (MDR) MM 3:30 Mindful Moments (HC) M 6:00 New Jerusalem (MDR)</p>	<p>24</p> <p>V 10:40 Golden Age Movers (HC) K 2:00 Bingo (MDR) S 2:00 Pet Visits w/Sadie (HC) MM 3:30 Mindful Moments (HC)</p>	<p>25</p> <p>K 10:00 Bingo (HCA) L 1:30 Living Arts (PD) K 3:00 Skip-bo (MDR) MM 3:30 Mindful Moments (HC) V 4:00 Balloon Volleyball(ML) S 5:00 Romeo's Club (HCA) K 6:00 Timeless Treasures (ML)</p>	<p>26</p> <p>V 10:40 Golden Age Movers (HC) O 1:00 Walmart S 2:15 Chef's Comer (MDR) K 2:30 Bingo (MDR) MM 3:30 Mindful Moments (HC) L 3:30 Community Connections (MDR)</p>	<p>27</p> <p>M 10:00 Glee Club (ML) V 1:30 Bottle Ring Toss (MDR) M 3:00 Happy Hour w/Sam Piercy (MDR) MM 3:30 Mindful Moments (HC) K 6:00 Horse Racing (MDR)</p>	<p>28</p> <p>V 10:40 Golden Age Movers (HC) M 2:00 Name that Tune (ML) K 3:00 Brain Games (MDR) O 4:00 Mystery Drive</p>
<p>29</p> <p>I 9:00 Espresso and Expressions (HC) K 2:00 Bingo (HCA) V 3:30 Balloon Volleyball (ML) L 4:00 Church w/Warrell (B)</p>	<p>30</p> <p>S 10:00 Garden Club O 1:00 Kroger K 1:30 Let's Keep it Sharp (HCA) K 2:30 Cooking w/Life Enrichment (MDR) MM 3:30 Mindful Moments (HC)</p>	<p>31</p> <p>V 10:40 Golden Age Movers (HC) K 2:00 Bingo (MDR) S 2:00 Pet Visits w/Sadie (HC) MM 3:30 Mindful Moments (HC)</p>	<p>A - Artisans GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>Key Code: B-Basement HC-Health Center HCA-Health Center Activities Room HCL-Health Center Library MDR-Main Dining Room ML-Main Lobby PDR-Private Dining Room</p>	<p>Theme: Independence</p> <p>Our Ombudsman: Terry Holtz 574-737-2169</p>	<p>Birthdays: 7/4 Mary G. 7/6 Gladys A. 7/20 Betsy G. 7/22 Sue C. 7/29 John W.</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 V Mindful Movements K Penny Ante CC Broccoli Salad Supreme Relax & Recharge A Personal Portfolio M Gospel Traditions GG Velcro Catch Healthy Hands I Evening Inspirations	2 V Bubble Stomp K Create a Caption CC Raspberry Peach Delight Relax & Recharge A Painting and Drawing to Music M My Bonnie GG Grocery Game Healthy Hands GG Evening Stories	3 V A Walk On The Beach K Create a Word CC Buttons and Bows Relax & Recharge A Favorite Things Collage M Big Band Beats GG Bowling Healthy Hands GG Life Share Games	4 Independence Day V Robot Dance K American Symbols CC Independence Day Red Velvet Cupcakes Relax & Recharge A Floral Arrangements M Yankee Doodle Dandy GG Matching Scents Healthy Hands	5 V Seated Soccer K Message in a Bottle CC Chocolate Strawberry Trifle Relax & Recharge A Homemade Hydregas M Don't Fence Me In GG Water Balloon Toss Healthy Hands GG Movie & Snacks	6 V Imaginary Fishing Trip K Take a Trip CC Banana Nut Bread Relax & Recharge A Painting with Scissors M Margaritaville Happy Hour GG Horseracing Healthy Hands GG Shake Loose A Memory	7 V Bocce Ball K Picture Puzzles CC Roast Beef Pinwheels Relax & Recharge A Bubble Wrap Printmaking M Take Me Out to the Ballgame GG Ladderball Healthy Hands GG Hang Man
8 V Mindful Movements K Penny Ante CC Peanut Butter Cookies Relax & Recharge A Color Collage M Gospel Traditions GG Velcro Catch Healthy Hands I Evening Inspirations	9 V Bubble Stomp K Create a Caption CC Strawberry Cheesecake Pie Relax & Recharge A Painting and Drawing to Music M My Bonnie GG Grocery Game Healthy Hands GG Evening Stories	10 V A Walk On The Beach K Create a Word CC Key Lime Bread Relax & Recharge A Spring Theme Collage M Big Band Beats GG Bowling Healthy Hands GG Life Share Games	11 V Robot Dance K American Symbols CC Spiced Cocoa Cupcakes Relax & Recharge A Floral Arrangements M Gone Fishin' GG Matching Scents Healthy Hands GG Evening Repose	12 V Seated Soccer K Message in a Bottle CC Chocolate Toffee Biscuits Relax & Recharge A Rainy Day Art M Don't Fence Me In GG Water Balloon Toss Healthy Hands GG Movie & Snacks	13 V Imaginary Fishing Trip K Take a Trip CC Apple Zucchini Bread Relax & Recharge A Ziploc Sensory Painting M Margaritaville Happy Hour GG Horseracing Healthy Hands GG Shake Loose A Memory	14 V Bocce Ball K Picture Puzzles CC Pineapple Cheddar Spread Relax & Recharge A Complete the Picture M Take Me Out to the Ballgame GG Ladderball Healthy Hands GG Hang Man
15 V Mindful Movements K Penny Ante CC Pretzel Cookies Relax & Recharge A Shapes Collage M Gospel Traditions GG Velcro Catch Healthy Hands I Evening Inspirations	16 V Bubble Stomp K Create a Caption CC Peanut Butter Pie Relax & Recharge A Alphabet Collage M My Bonnie GG Grocery Game Healthy Hands GG Evening Stories	17 V A Walk On The Beach K Create a Word CC Banana Wheat Bread Relax & Recharge A All Things Green Collage M Big Band Beats GG Bowling Healthy Hands GG Life Share Games	18 V Robot Dance K American Symbols CC Lemon Cupcakes Relax & Recharge A Floral Arrangements M Gone Fishin' GG Matching Scents Healthy Hands GG Evening Repose	19 V Seated Soccer K Message in a Bottle CC Giant Chocolate Chip Cookies Relax & Recharge A Shaving Cream Marbling M Don't Fence Me In GG Water Balloon Toss Healthy Hands GG Movie & Snacks	20 V Imaginary Fishing Trip K Take a Trip CC Honey Spice Bread Relax & Recharge A Ball Abstract Art M Margaritaville Happy Hour GG Horseracing Healthy Hands GG Shake Loose A Memory	21 V Bocce Ball K Picture Puzzles CC Strawberry Salsa Relax & Recharge A Colorful Sculptures M Take Me Out to the Ballgame GG Ladderball Healthy Hands GG Hang Man
22 V Mindful Movements K Penny Ante CC Tropical Muffins Relax & Recharge A Alphabet Collage M Gospel Traditions GG Velcro Catch Healthy Hands I Evening Inspirations	23 V Bubble Stomp K Create a Caption CC Cherry Pie Relax & Recharge A Painting and Drawing to Music M My Bonnie GG Grocery Game Healthy Hands GG Evening Stories	24 V A Walk On The Beach K Create a Word CC Orange Banana Nut Bread Relax & Recharge A Sensory Texture Collage M Big Band Beats GG Bowling Healthy Hands GG Life Share Games	25 V Robot Dance K American Symbols CC Chocolate Zucchini Cupcakes Relax & Recharge A Floral Arrangements M Gone Fishin' GG Matching Scents Healthy Hands GG Evening Repose	26 V Seated Soccer K Message in a Bottle CC Oatmeal Butterscotch Cookies Relax & Recharge A Ink Blot Art M Don't Fence Me In GG Water Balloon Toss Healthy Hands GG Movie & Snacks	27 V Imaginary Fishing Trip K Take a Trip CC Parmesan Italian Loaf Relax & Recharge A Thematic Door Wreath M Margaritaville Happy Hour GG Horseracing Healthy Hands GG Shake Loose A Memory	28 V Bocce Ball K Picture Puzzles CC Veggie Pizza Squares Relax & Recharge A Complete the Picture M Take Me Out to the Ballgame GG Ladderball Healthy Hands GG Hang Man
29 V Mindful Movements K Penny Ante CC Pumpkin Bread Relax & Recharge A Sensory Texture Collage M Gospel Traditions GG Velcro Catch Healthy Hands I Evening Inspirations	30 V Bubble Stomp K Create a Caption CC Peach Pie Relax & Recharge A Painting and Drawing to Music M My Bonnie GG Grocery Game Healthy Hands GG Evening Stories	31 V A Walk On The Beach K Create a Word CC Zucchini Cupcakes Relax & Recharge A Oil Diffuser Necklace M Big Band Beats GG Bowling Healthy Hands GG Life Share Games	A - Artisans CC - Creative Cooking GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality	EVERY MORNING (Times may vary) 9:30 Vitality 10:00 Keeping it Sharp 10:15 Morning Refresher 10:30 Housekeeping 10:45 Creative Cooking 11:30 Lunch Prep	12:45 Relax & Recharge 2:00 Artisans Late Afternoon 3:00 Musical Celebration 3:30 Afternoon Refresher 4:00 Connections: Group Games (Cognitive/Physical) 4:30 Dinner Prep 4:45 Keeping It Sharp Evening	Theme: Independence Our Ombudsman: Terry Holtz 574-737-2169 Birthdays: 7/4 Mary G. 7/6 Gladys A. 7/20 Betsy G.