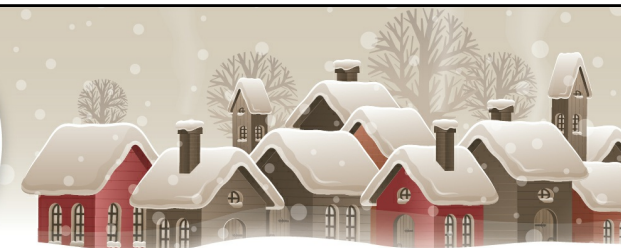




January 2019



ASHFORD PLACE HEALTH CAMPUS VILLA CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GC - Group Games I - Inspirations M - Music to My Ears O - Out & About S - Signature Events V - Vitality	NUMERIC CODES: 1) Health Center Activity 2) Health Center Main Dining 3) Health Center Riley Café 4) Covered Courtyard 5) Assisted Living Activity 6) A.L Living Room 7) Villa Clubhouse	1 New Year's Day O 10:15 Country Cruise GC 10:30 Euchre at the Clubhouse O 2:00 Errands V 4:00 Strength Training at The Clubhouse I 4:30 Soothing Sounds Meditation at The Clubhouse	2 GC 9:45 Muffins and Socialize at The Clubhouse GC 2:00 Trivia at the Clubhouse GC 4:30 Dominoes at the Clubhouse	3 O 10:30 Errands GC 10:30 Current Events Club at The Clubhouse O 2:00 Trip to Walmart V 3:00 Stretching and Balancing at the Clubhouse GC 4:30 Puzzles at Clubhouse	4 GC 2:30 Baked Goods at the Clubhouse S 3:30 Happy Hour with Gill Miller (6) V 3:30 Walking Club at the Clubhouse	5
6	7 GC 10:00 Villa Social Hour at The Clubhouse GC 10:30 Book Club at The Clubhouse M 3:30 The Sheppard Brothers (6) GC 4:00 Board Games at The Clubhouse	8 O 10:15 Country Cruise GC 10:30 Euchre at the Clubhouse O 2:00 Errands V 4:00 Strength Training at The Clubhouse I 4:30 Soothing Sounds Meditation at The Clubhouse	9 GC 9:45 Muffins and Socialize at The Clubhouse GC 2:00 Trivia at the Clubhouse GC 4:30 Dominoes at the Clubhouse	10 O 10:30 Errands GC 10:30 Current Events Club at The Clubhouse O 2:00 Trip to Dollar General V 3:00 Stretching and Balancing at the Clubhouse GC 4:30 Puzzles at Clubhouse	11 GC 2:30 Baked Goods at the Clubhouse S 3:30 Happy Hour with 'Music by Noteworthy' V 3:30 Walking Club at the Clubhouse	12
13 S 11:00 SUNDAY BRUNCH 11 to 1 PM	14 GC 10:00 Villa Social Hour at The Clubhouse GC 10:30 Book Club at The Clubhouse GC 4:00 Board Games at The Clubhouse	15 O 10:15 Country Cruise GC 10:30 Euchre at the Clubhouse O 2:00 Errands V 4:00 Strength Training at The Clubhouse I 4:30 Soothing Sounds Meditation at The Clubhouse	16 GC 9:45 Muffins and Socialize at The Clubhouse GC 2:00 Trivia at the Clubhouse GC 4:30 Dominoes at the Clubhouse	17 O 10:30 Errands GC 10:30 Current Events Club at The Clubhouse O 2:00 Trip to Big Lots V 3:00 Stretching and Balancing at the Clubhouse GC 4:30 Puzzles at Clubhouse	18 GC 2:30 Baked Goods at the Clubhouse S 3:30 Happy Hour with Don Stegemiller (6) V 3:30 Walking Club at the Clubhouse	19
20	21 Martin Luther King Day GC 10:00 Villa Social Hour at The Clubhouse GC 10:30 Book Club at The Clubhouse GC 4:00 Board Games at The Clubhouse	22 O 10:15 Country Cruise GC 10:30 Euchre at the Clubhouse 11:45 Lunch at Grandmas Pancake House O 2:00 Errands V 4:00 Strength Training at The Clubhouse I 4:30 Soothing Sounds	23 GC 9:45 Muffins and Socialize at The Clubhouse GC 2:00 Trivia at the Clubhouse GC 4:30 Dominoes at the Clubhouse	24 GC 10:30 Current Events Club at The Clubhouse O 10:30 Errands O 2:00 Trip to Walmart V 3:00 Stretching and Balancing at the Clubhouse O 4:00 Dinner at the Blue Bird GC 4:30 Puzzles at Clubhouse	25 GC 2:30 Baked Goods at the Clubhouse S 3:30 Happy Hour with (6) V 3:30 Walking Club at the Clubhouse	26
27	28 GC 10:00 Villa Social Hour at The Clubhouse GC 10:30 Book Club at The Clubhouse GC 4:00 Board Games at The Clubhouse	29 O 10:15 Country Cruise GC 10:30 Euchre at the Clubhouse O 2:00 Errands V 4:00 Strength Training at The Clubhouse I 4:30 Soothing Sounds Meditation at The Clubhouse	30 GC 9:45 Muffins and Socialize at The Clubhouse GC 2:00 Trivia at the Clubhouse GC 4:30 Dominoes at the Clubhouse	31 GC 10:30 Current Events Club at The Clubhouse O 10:30 Errands O 2:00 Trip to Dollar General V 3:00 Stretching and Balancing at the Clubhouse GC 4:30 Puzzles at Clubhouse	JANUARY EVENTS: Taste of Town 1/01 Sunday Brunch 1/13 Senior Executive Club 1/16 Out to Lunch 1/22	JANUARY BIRTHDAYS: Charles Kocher: 1/11