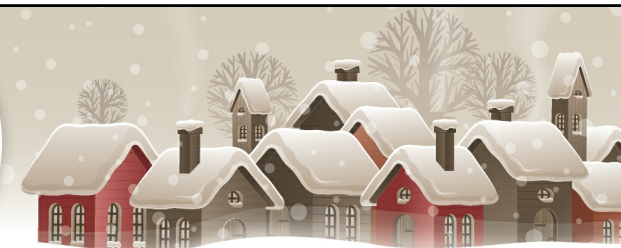


# January 2019

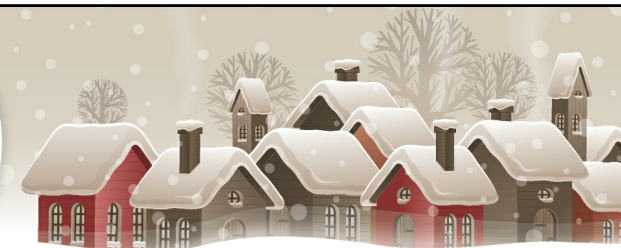
Arlington Place Health Campus  
Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>CD</b> - Clinical Distinction <b>CC</b> - Community Connections <b>CC</b> - Creative Cooking <b>GF</b> - Gathering of Friends <b>GG</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>M</b> - Music to My Ears <b>O</b> - Out &amp; About</p>	<p>Calendar is subject to change without notice. Due to weather conditions some outings may be postponed</p>	<p><b>1</b> <b>New Year's Day</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>M 10:30</b> Live Music-Nicole Bridgens-*CR <b>I 1:30</b> Bible Study -*MR</p>	<p><b>2</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> Tai Chi-*CR <b>M 10:30</b> Live Music W/ Nicole Bridges <b>CC 10:30</b> Tasty Creations <b>GG 11:15</b> WI-GAMES <b>GG 3:00</b> Bingo w/ JULIE</p>	<p><b>3</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> Parachute ball toss <b>CD 10:15</b> Hand Massages <b>S 11:00</b> Chef's Circle -*ALD <b>O 1:30</b> Walmart Outing</p>	<p><b>4</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>L 10:30</b> Sing a long <b>S 11:00</b> Inspired Living Committee <b>GF 11:30</b> Residents Council <b>I 1:30</b> Bible Study- w/Juanita &amp; Delores <b>S 3:00</b> Happy Hour -w/Lynn</p>	<p><b>5</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>I 10:00</b> R&amp;T Ministries <b>GG 11:30</b> Life Share Games <b>CC 1:45</b> The Ladies in RED</p>
<p><b>6</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>I 11:00</b> Morning Inspiration w/ (Robinson temple) <b>GG 11:30</b> Life Share Games <b>GG 3:00</b> Bingo w/Carol</p>	<p><b>7</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> Parachute ball toss <b>CC 10:30</b> Tasty Creations <b>A 1:30</b> Crafts/ Necklace <b>GF 2:00</b> Popcorn &amp; Movie*MR</p>	<p><b>8</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>O 12:00</b> McDonalds <b>I 1:30</b> Bible Study -*MR <b>GF 3:00</b> Puzzle club <b>GF 6:00</b> Living Room Social-*LR</p>	<p><b>9</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>CC 10:30</b> Tasty Creations <b>A 11:15</b> Crafts (shirts) <b>GF 2:00</b> Living room board games <b>GG 3:00</b> Bingo w/ JULIE</p>	<p><b>10</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>M 10:00</b> Bongo-Bongo w/Lisa <b>S 11:00</b> Chef's Circle -*ALD <b>O 9:00</b> AMC movies</p>	<p><b>11</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>L 10:30</b> Sing a long <b>GG 11:30</b> Life Share Games <b>I 1:30</b> Bible Study- w/Juanita &amp; Delores <b>S 3:00</b> Happy Hour -w/ D.J Skipp</p>	<p><b>12</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>GG 11:30</b> Life Share Games <b>A 1:30</b> Crafts (earrings) <b>K 2:45</b> Hand massages <b>GG 3:15</b> living room games</p>
<p><b>13</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>S 11:00</b> Sunday Brunch 11:00am - 1:00pm RSVP <b>I 11:00</b> Morning Inspiration w/ (Robinson temple) <b>GG 11:30</b> Life Share Games <b>GG 3:00</b> Bingo w/Carol</p>	<p><b>14</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>O 10:30</b> Casino Outing <b>GF 2:00</b> Popcorn &amp; Movie*MR</p>	<p><b>15</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>I 1:30</b> Bible Study -*MR <b>GF 6:00</b> Living Room Social-*LR</p>	<p><b>16</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>CC 10:30</b> Tasty Creations <b>GG 1:30</b> living room board games <b>GF 2:00</b> Ladies in red <b>GG 3:00</b> Bingo w/ JULIE</p>	<p><b>17</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>S 11:00</b> Chef's Circle -*ALD <b>K 1:30</b> hand massages <b>O 2:00</b> Dollar General</p>	<p><b>18</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>L 10:30</b> Glee club <b>GG 11:30</b> Life Share Games <b>I 1:30</b> Bible Study- w/Juanita &amp; Delores <b>S 3:00</b> Happy Hour -w/ Greg Bacon</p>	<p><b>19</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>I 10:30</b> R&amp;T Ministries <b>GG 11:30</b> Life Share Games <b>K 1:30</b> Activity Cart <b>GF 3:00</b> popcorn and movie</p>
<p><b>20</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>I 11:00</b> Morning Inspiration w/ (Robinson temple) <b>GG 11:30</b> Life Share Games <b>GG 3:00</b> Bingo w/Carol</p>	<p><b>21</b> <b>Martin Luther King Day</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>CC 10:30</b> Tasty Creations <b>GF 2:00</b> Popcorn &amp; Movie*MR</p>	<p><b>22</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>O 10:30</b> Irvington Library <b>I 1:30</b> Bible Study -*MR <b>GF 6:00</b> Living Room Social-*LR</p>	<p><b>23</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>CC 10:30</b> Tasty Creations <b>A 11:15</b> Canvassing <b>S 12:00</b> Taste of Town <b>GG 3:00</b> Bingo w/ JULIE</p>	<p><b>24</b></p> <p><b>S 2:30</b> Inspired Living Committee- *LR <b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>O 10:15</b> I.U.P.U.I Basketball Game <b>S 11:00</b> Chef's Circle -*ALD</p>	<p><b>25</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>L 10:30</b> Sing a long <b>GG 11:30</b> Life Share Games <b>I 1:30</b> Bible Study- w/Juanita &amp; Delores <b>S 3:00</b> Happy Hour -w/ Chad Collyer</p>	<p><b>26</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>K 10:00</b> Coffee and News-*LR <b>GG 11:30</b> Life Share Games <b>GF 3:00</b> popcorn and movie</p>
<p><b>27</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>I 11:00</b> Morning Inspiration w/ (Robinson temple) <b>GG 11:30</b> Life Share Games <b>GG 3:00</b> Bingo w/Carol</p>	<p><b>28</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>O 10:15</b> Casino Outing <b>CC 10:30</b> Tasty Creations <b>GF 2:00</b> Popcorn &amp; Movie*MR</p>	<p><b>29</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>K 10:30</b> Painting w/twist <b>I 1:30</b> Bible Study -*MR <b>M 3:00</b> Glee club</p>	<p><b>30</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>CC 10:30</b> Tasty Creations <b>V 11:00</b> Parachute ball toss <b>GG 3:00</b> Bingo w/ JULIE</p>	<p><b>31</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>A 10:00</b> Crafts ( necklaces) <b>S 11:00</b> Chef's Circle -*ALD <b>O 2:00</b> Dollar Tree <b>3:30</b> End of the month discussion</p>	<p>Looking for gently used bingo prizes.</p>	<p>LR- Living Room CR - Community Room MR - Movie Room ALD - Assisted Living Dining HCD- Health Center Dining</p>

# January 2019

Arlington Place Health Campus  
Health Center



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>CD</b> - Clinical Distinction <b>CC</b> - Community Connections <b>CC</b> - Creative Cooking <b>GF</b> - Gathering of Friends <b>GG</b> - Group Games <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>MN</b> - Mindful Moments <b>M</b> - Music to My Ears</p>	<p>Calendar is subject to change without notice. Due to weather conditions some outings may be postponed.</p>	<p><b>1</b> <b>New Year's Day</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>M 10:30</b> Live Music-Nicole Bridgens-*CR <b>I 1:30</b> Bible Study -*MR <b>MM 2:30</b> Mindful Moments</p>	<p><b>2</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> Tai Chi-*CR <b>M 10:30</b> Live Music W/ Nicole Bridges <b>CC 10:30</b> Tasty Creations <b>GG 11:15</b> WI-GAMES <b>GG 3:00</b> Bingo w/ JULIE <b>MN 3:30</b> Mindful Moments</p>	<p><b>3</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> Parachute ball toss <b>CD 10:15</b> Hand Massages <b>S 11:00</b> Chef's Circle -*ALD <b>O 1:30</b> Walmart Outing <b>MN 3:00</b> Mindful Moments</p>	<p><b>4</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>L 10:30</b> Sing a long <b>S 11:00</b> Inspired Living Committee <b>I 1:30</b> Bible Study- w/Juanita &amp; Delores <b>S 3:00</b> Happy Hour -w/Lynn Cheri</p>	<p><b>5</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>I 10:00</b> R&amp;T Ministries <b>GG 11:30</b> Life Share Games <b>CC 1:45</b> The Ladies in RED <b>GG 2:30</b> Parachute ball toss</p>
<p><b>6</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>I 11:00</b> Morning Inspiration w/ (Robinson temple) <b>GG 11:30</b> Life Share Games <b>MM 2:00</b> Color Therapy-*LR <b>GG 3:00</b> Bingo w/Carol</p>	<p><b>7</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> Parachute ball toss <b>CC 10:30</b> Tasty Creations <b>GF 2:00</b> Popcom &amp; Movie*MR <b>MN 3:00</b> Hand Massages</p>	<p><b>8</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>O 12:00</b> McDonalds <b>I 1:30</b> Bible Study -*MR <b>MM 2:30</b> Mindful Moments <b>GF 6:00</b> Living Room Social-*LR</p>	<p><b>9</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>CC 10:30</b> Tasty Creations <b>A 11:15</b> Crafts (shirts) <b>GF 2:00</b> Living room board games <b>GG 3:00</b> Bingo w/ JULIE <b>MN 3:30</b> Mindful Moments</p>	<p><b>10</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>M 10:00</b> Bongo-Bongo w/Lisa <b>S 11:00</b> Chef's Circle -*ALD <b>V 11:30</b> Resident Council - HC * CR <b>MN 3:00</b> Mindful Moments <b>O 9:00</b> AMC movies</p>	<p><b>11</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>L 10:30</b> Sing a long <b>GG 11:30</b> Life Share Games <b>I 1:30</b> Bible Study- w/Juanita &amp; Delores <b>S 3:00</b> Happy Hour -w/ D.J Skipp</p>	<p><b>12</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>GG 11:30</b> Life Share Games <b>K 2:45</b> Hand massages <b>GG 3:15</b> living room games</p>
<p><b>13</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>S 11:00</b> Sunday Brunch 11:00am - 1:00pm RSVP <b>I 11:00</b> Morning Inspiration w/ (Robinson temple) <b>GG 11:30</b> Life Share Games <b>MM 2:00</b> Color Therapy-*LR</p>	<p><b>14</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>O 10:30</b> Casino Outing <b>GF 2:00</b> Popcom &amp; Movie*MR <b>MN 3:00</b> Hand Massages</p>	<p><b>15</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>I 1:30</b> Bible Study -*MR <b>MM 2:30</b> Mindful Moments <b>GF 6:00</b> Living Room Social-*LR</p>	<p><b>16</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>CC 10:30</b> Tasty Creations <b>GG 1:30</b> living room board games <b>GF 2:00</b> Ladies in red <b>GG 3:00</b> Bingo w/ JULIE <b>MN 3:30</b> Mindful Moments</p>	<p><b>17</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>S 11:00</b> Chef's Circle -*ALD <b>K 1:30</b> hand massages <b>O 2:00</b> Dollar General <b>MN 3:00</b> Mindful Moments</p>	<p><b>18</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>L 10:30</b> Glee club <b>GG 11:30</b> Life Share Games <b>I 1:30</b> Bible Study- w/Juanita &amp; Delores <b>S 3:00</b> Happy Hour -w/ Greg Bacon</p>	<p><b>19</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>I 10:30</b> R&amp;T Ministries <b>GG 11:30</b> Life Share Games <b>GF 3:00</b> popcom and movie</p>
<p><b>20</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>I 11:00</b> Morning Inspiration w/ (Robinson temple) <b>GG 11:30</b> Life Share Games <b>MM 2:00</b> Color Therapy-*LR <b>GG 3:00</b> Bingo w/Carol</p>	<p><b>21</b> <b>Martin Luther King Day</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>CC 10:30</b> Tasty Creations <b>GF 2:00</b> Popcom &amp; Movie*MR <b>MN 3:00</b> Hand Massages</p>	<p><b>22</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>O 10:30</b> Irvington Library <b>I 1:30</b> Bible Study -*MR <b>MM 2:30</b> Mindful Moments <b>GF 6:00</b> Living Room Social-*LR</p>	<p><b>23</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>CC 10:30</b> Tasty Creations <b>A 11:15</b> Canvassing <b>S 12:00</b> Taste of Town <b>GG 3:00</b> Bingo w/ JULIE <b>MN 3:30</b> Mindful Moments</p>	<p><b>24</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>S 11:00</b> Chef's Circle -*ALD <b>MN 3:00</b> Mindful Moments</p>	<p><b>25</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>L 10:30</b> Sing a long <b>GG 11:30</b> Life Share Games <b>I 1:30</b> Bible Study- w/Juanita &amp; Delores <b>S 3:00</b> Happy Hour -w/ Chad Collyer</p>	<p><b>26</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>K 10:00</b> Coffee and News-*LR <b>GG 11:30</b> Life Share Games <b>GF 3:00</b> popcom and movie</p>
<p><b>27</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>I 11:00</b> Morning Inspiration w/ (Robinson temple) <b>GG 11:30</b> Life Share Games <b>MM 2:00</b> Color Therapy-*LR <b>GG 3:00</b> Bingo w/Carol</p>	<p><b>28</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>O 10:15</b> Casino Outing <b>CC 10:30</b> Tasty Creations <b>GF 2:00</b> Popcom &amp; Movie*MR <b>MN 3:00</b> Hand Massages</p>	<p><b>29</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>K 10:30</b> Painting w/twist <b>I 1:30</b> Bible Study -*MR <b>MM 2:30</b> Mindful Moments <b>M 3:00</b> Glee club</p>	<p><b>30</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>CC 10:30</b> Tasty Creations <b>V 11:00</b> Parachute ball toss <b>GG 3:00</b> Bingo w/ JULIE <b>MN 3:30</b> Mindful Moments</p>	<p><b>31</b></p> <p><b>K 9:00</b> Chronicles-Room Visits <b>V 9:30</b> chair aerobics <b>A 10:00</b> Crafts ( necklaces) <b>S 11:00</b> Chef's Circle -*ALD <b>O 2:00</b> Dollar Tree <b>MN 3:00</b> Mindful Moments</p>	<p>LR- Living Room CR - Community Room MR - Movie Room ALD - Assisted Living Dining HCD- Health Center Dining</p>	<p>Looking for gently use bingo prizes.</p>