

# On the Road to Recovery

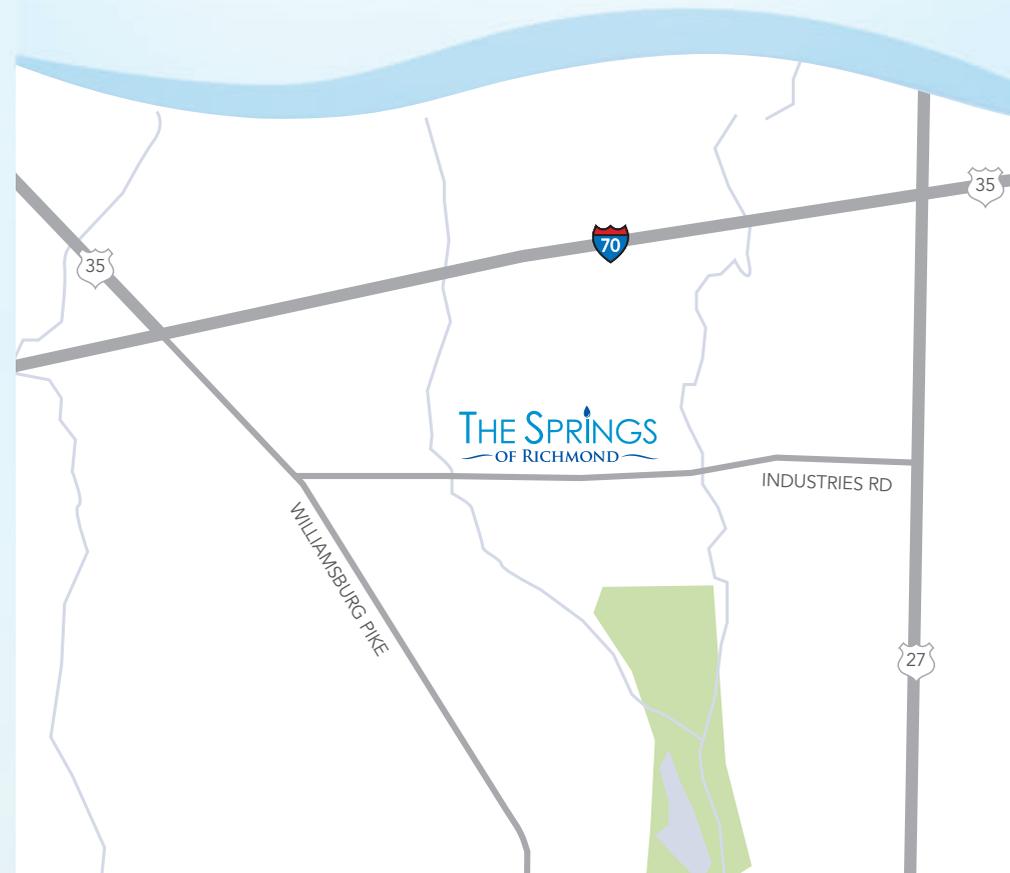
## Faster and Stronger

At The Springs of Richmond, our commitment to exceeding customer service expectations is apparent in everything we do. Our comprehensive rehabilitation services focus on helping residents return home faster and stronger following an illness, injury or surgery. With the use of our state-of-the-art therapy gym, nurturing campus environment and five-star amenities, we help residents regain the strength, functioning and mobility they need to return home as independently as possible. And should you need additional nursing care following your rehab stay, we have several alternatives you can consider.



# THE SPRINGS

## OF RICHMOND



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To see how we can help you or your loved one transition smoothly back to maximum independence and return home after an illness, injury or surgery, please stop by or call our health campus today.

 A Trilogy Health Services Partner

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# THE SPRINGS

## OF RICHMOND



## Helping You on Your Path Home

## Welcome Home

The moment you walk through our campus doors, you'll feel the difference...From the private resident suites, to the calming and attractive double-sided fireplace and cozy seating areas and the friendly, smiling faces of our staff, our welcoming atmosphere surrounds you. You'll even find surprising features such as an art studio, movie theater, salon and spa. That's because our campus is designed to help residents maximize their independence and encourage social engagement, while our personalized services and amenities provide freedom of choice and the comfort of peace of mind.

## Elegance and Style with the Comforts of Home

- Beautifully appointed resident rooms
- Comfortable and spacious living rooms
- Complimentary wireless internet
- Chef-prepared meals
- Private dining rooms
- Beauty salon and spa
- Movie theater
- Patio
- Fire pit

## Short-Term Rehabilitation

Our *Home Again* rehabilitation program helps you return home following illness or injury by utilizing a full range of medical and rehabilitation services, including physical therapy, occupational therapy and speech language pathology. Our large rehab gym and therapy room apartment allow you to make use of real world environments during your rehabilitation process, and a multi-use, therapeutic courtyard is also available should you prefer to exercise outdoors. Our team works directly with you and your physician to make sure that all your therapy goals are met, so you can return home faster, stronger.

### Home Again Amenities Include:

- Tastefully furnished private suites
- Chef-prepared meals
- Fine linens
- Cable television
- Telephone
- Concierge service
- Wireless Access
- Much more!

We also provide **Prehabilitation**, a pre-surgical exercise program designed to improve your strength and performance of every-day tasks, as well as reduce the amount of pain and recovery time following your surgery, allowing you to return to maximum independence as quickly as possible.

## Home Again Personal Wellness Plans

We are proud to be an industry leader in reducing hospital readmissions. Once you're ready to return home, we'll send you back with a Personal Wellness Plan, designed to reduce your chances of being readmitted to the hospital. Personal Wellness Plans help you manage symptoms for many common diagnoses, such as Congestive Heart Failure, Pneumonia, and hip and knee replacement.



If there ever comes a time when you find that you may need additional care, let us know, and we can provide you with information regarding our sister campuses, who share our passion for quality of care and dedication to our residents.

## Respite Care

Caregiving is a demanding task, and it's easy to overlook your own health and well-being while focusing on your loved one's needs. Our Respite Care services provide you with the opportunity to take some time for yourself, while allowing your loved one to experience our five-star amenities and expert care.

## Outpatient Therapy

Whether you've had a knee, shoulder or back injury, or are recovering from surgery, a total joint replacement or stroke, our expert team therapists will work directly with both you and your doctor to identify the source of your pain, improve your symptoms, and put you on the road to recovery.