

# Memory Care

For those with memory loss, many things are uncertain. Simple moments that may have been taken for granted become both meaningful and comforting. Setting the table, and feeling the familiar shape of each plate and platter. Tending to the garden, and catching the scent of a rose. Reaching out for a hand, and finding that another's is there to grasp. In our memory care neighborhood, we understand the each day is made up of these moments. That is why we treat each moment and each person in our care with respect, patience, and understanding.

*A loss of memory does not have to mean a loss of dignity, peace, or joy.*

When your loved one moves to our campus, they become our family. Our home becomes their home, and like their home, our neighborhood is a place that promotes peace, freedom, and security.

We understand the challenges faced by caregivers, and respect the many roles they play; from mother, to father, to daughter, son, granddaughter, grandson, and so many more. When your role as a caregiver becomes overwhelming, we're here to provide you with the peace of mind that comes with knowing that someone is caring for your loved one as you would.

When it comes to our residents, every story is unique, and every story matters. Our care and activities are based on personal preferences and histories, and caring for those with memory loss is both the purpose and the passion of each trained professional on our team.

For those experiencing memory loss, fluctuating energy levels can make maintaining life's daily rhythm exhausting. Our *Daily Rhythms* program provides a regular schedule that our residents can rely on, and gives them a chance to exercise their minds, share their passions, and relax in comfort. With less anxiety, better sleep, and decreased depression, it's easier to experience days full of joy and fulfillment.

### *Our Memory Care Program Offers:*

- Personalized care based on each resident's specific needs and abilities
- Preservation of residents' historical habits and preferences
- Specially selected and trained caregivers
- Daily programs and activities to ensure healthy energy patterns
- A comforting environment that encourages reminiscence
- Family-style meal service
- Secure outdoor courtyard that encourages interaction with nature
- Monthly Alzheimer's/ dementia support groups for family members



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